

~TVCCA SENIOR CAFÉ DECEMBER MENU~

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
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| 2. APPLESAUCE & SAGE GLAZED PORK LOIN W/ ROOT VEGETABLES RICE PILAF BROCCOLI DICED PEACHES | 3. SEWDISH MEATBALLS EGG NOODLES ZUCCHINI, PEAS, & CARROTS SWEET TREAT JUICE | 4. PORK SAUSAGE & GRAVY W/ BISCUIT TATER TOTS MIXED VEGETABLE MEDLEY APPLESAUCE | 5. STUFFED GREEN PEPPERS CARROT COINS CAULIFLOWER PINEAPPLE TIDBITS | 6. <u>BIRTHDAY LUNCH</u> CORN CHOWDER TERIYAKI CHICKEN STEAMED RICE JAPANESE VEGETABLE BLEND FRESH ORANGE CAKE & ICE CREAM |
| 9. STUFFED CHICKEN CORDON BLEU GLAZED SWEET POTATOES BRUSSEL SPROUTS FRUIT COCKTAIL | 10. LEMON DILL HADDOCK STEAMED PARSLEY POTATOES SQUASH MIX W/ CARROTS & STRING BEANS DICED PEACHES | 11. CHICKEN FAJITA SPANISH RICE CORN W/ ONIONS & PEPPERS FRESH FRUIT | 12. SALISBURY STEAK W/ GRAVY MASHED POTATOES MIXED VEGETABLE MEDLEY PINEAPPLE TIBITS | 13. BROCCOLI, POTATO, & CHEDDAR SOUP BAKED HAM TURNIPS W/ HERBS GLAZED CARROTS SWEET TREAT JUICE |
| 16. STUFFED SHELLS W/ MARINARA GARLIC BREAD SQUASH MIX W/ CARROTS & STRING BEANS CAULIFLOWER DICED PEARS | 17. CHICKEN CHILI CHEDDAR BAKED POTATO GREEN BEANS CORN W/ PEPPERS & ONIONS FRESH ORANGE | 18. MINESTRONE SOUP BRAISED BEEF TIPS HERB ROASTED POTATOES MIXED VEGETABLE MEDLEY PINEAPPLE TIDBITS | 19. STUFFED HADDOCK W/ SHELLFISH CARROT COINS BROCCOLI FRUIT COCKTAIL | 20. <u>HOLIDAY LUNCH</u> HERB ROASTED PRIME RIB GARLIC ROASTED POTATOES PEAS & PEARL ONIONS HOLIDAY COOKIES JUICE |
| 23. CHICKEN CACCIATORE EGG NOODLES GREEN BEANS SWEET TREAT JUICE | 24. PORK STIR FRY STEAMED RICE JAPANESE VEGETABLE BLEND PEARS W/ MANDARIN ORANGES | 25. SENIOR CENTER CLOSED  | 26. ITALIAN SAUSAGE & PEPPERS PENNE PASTA W/ MARINARA GREEN & WAXED BEANS FRESH FRUIT | 27. CHICKEN NOODLE SOUP CRISPY COD MACARONI & CHEESE STEWED TOMATOES DICED PEARS |
| 30. CHEESE PIEROGIS GROATS W/ ROASTED VEGETABLES SUGAR SNAP PEAS FRESH ORANGE | 31. <u>NEW YEAR BRUNCH</u>  PLEASE SIGN UP IN OFFICE BY 12/23 | Menu is subject to change without notice. 1% milk & whole grain bread are served with each meal. | | |

Lunch is served at 12:00pm Monday through Friday for individuals aged 60 & over and their spouses. Suggested voluntary donation is \$3.00, payable the day of the meal. The price for those under 60 is \$9.27. Please remember to make your reservation by 10:00am the day before you plan to come for lunch. Reservations can be made circling your choices on the menu and submitting it in the office or by calling 860-487-9876.