



***Goodwin Elementary
Announcements & Events
Notices for 10/9/20***

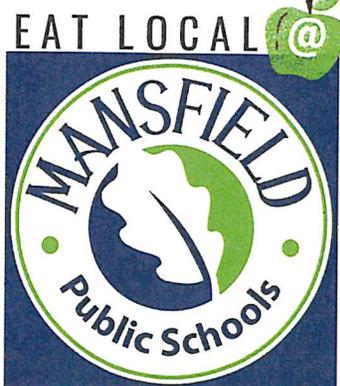
- **Lunch Menu Week of Oct. 12**
- **Mansfield Community Center
Recreation Rescue**
- **TVCCA Winter Boots Project**
- **COVID-19 Protocols**

OCTOBER ELEMENTARY MENU

WWW.MANSFIELDCT.GOV/1595/LUNCH-MENUS-ONLINE-PAYMENT



FACEBOOK.COM/EATLOCALATMPS



Breakfast & Lunch Price: **FREE***

*Free for ALL children through 12/31/20

Milk Only: \$0.50

BREAKFAST

LOCAL OFFERING

Mondays

Mini Pancakes
or
Mini Waffles

Tuesdays

Bagel &
Cream Cheese

Wednesdays

Breakfast Bar

**Cereal Served
Daily**

Thursdays

Egg & Cheese
Sandwich

Fridays

Bread Slice
or
Muffin

NO SCHOOL OCT 12-13

Alternate Lunches by Week

10/14 - Turkey Sandwich

10/19 - Bagel & Yogurt

10/26 - Turkey Sandwich

Salad Plate Meal offered daily

10/14

Chicken Nuggets w/
Dinner Roll
Broccoli
Fries/Wedges
Fruit of the Day

10/15

Beef & Bean Chili
Cornbread &
Tortilla Chips
Baby Carrots
Fruit & Juice

10/16

Cheese or
Pepperoni Pizza
Veggie Sticks
Hummus
Fruit of the Day

10/19

Mac 'n' Cheese

LOCAL SUMMER

SQUASH MEDLEY

Roasted Chickpeas
Fruit of the Day

10/20

Hot Dog w/ Bun

(VN Turkey, GW/SE Beef)

Vegetarian Baked

Beans

Broccoli

Fruit & Juice

10/21

Cheese Ravioli
w/ marinara sauce
Mixed Greens Salad
Steamed Carrots
Fruit of the day

10/22

Brunch for Lunch!

Chicken & Waffles

Hashbrown

Corn

Fruit & Juice

10/23

Cheese or
Pepperoni Pizza
Cucumber Slices
Baby Carrots
Fruit of the Day

10/26

Mozzarella Sticks
w/ marinara sauce
Mixed Greens Salad
Broccoli
Fruit of the Day

10/27

Pulled Pork
Nachos
Shredded Lettuce
& Tomatoes
Fruit & Juice

10/28

Hamburger or
Cheeseburger
Roasted Chickpeas
LOCAL WINTER SQUASH
Fruit of the Day

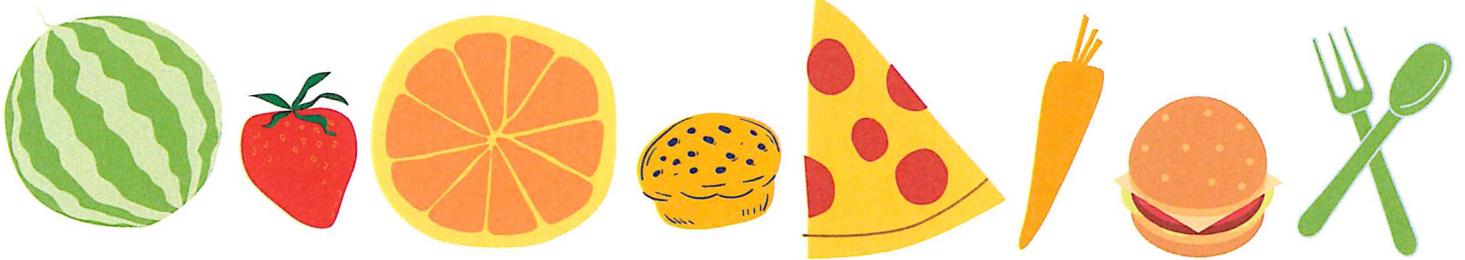
10/29

Chicken & Mashed
Potato Bar
Dinner Roll
Corn
Fruit & Juice

10/30

Cheese or
Pepperoni Pizza
Veggie Sticks
Hummus
Fruit of the Day





MPS FOOD SERVICES - ELEMENTARY

BREAKFAST MEALS

ALL INCLUDE 100% ORANGE JUICE, ½ CUP OF FRUIT, AND 1% REGULAR MILK

LUNCH MEALS

ALL INCLUDE A CHOICE OF 1% REGULAR MILK OR FAT-FREE CHOCOLATE MILK

ALTERNATE LUNCH CHOICES

BAGEL & YOGURT MEAL INCLUDES BAGEL, CREAM CHEESE, YOGURT, STRING CHEESE, VEGETABLE, FRUIT, CHOICE OF MILK

SALAD PLATE MEAL INCLUDES: ENTRÉE SIZE GARDEN SALAD, PROTEIN, CROUTONS, ADDITIONAL GRAIN, FRUIT, CHOICE OF MILK

TURKEY SANDWICH MEAL INCLUDES TURKEY SANDWICH W/ LETTUCE & CHEESE, VEGETABLE, FRUIT, CHOICE OF MILK

DIETARY MODIFICATIONS

GLUTEN FREE: WE CARRY THE FOLLOWING GLUTEN FREE ITEMS – HAMBURGER BUNS, HOT DOG BUNS, SLICED BREAD, CHICKEN TENDERS, PASTA, PIZZA CRUST, BAGELS, MUFFINS, CEREAL

DAIRY FREE: OUR VENDORS ONLY OFFER LACTAID FOR A MILK SUBSTITUTE. WE DO REALIZE MANY OF OUR ENTRÉE ITEMS INCLUDE CHEESE AS THE MEAT/MEAT ALTERNATE COMPONENT. WE CAN WORK WITH FAMILIES ON ALTERNATE OPTIONS

DISTANT & REMOTE LEARNING MEALS

MEALS ARE AVAILABLE FOR 5-DAY REMOTE LEARNERS

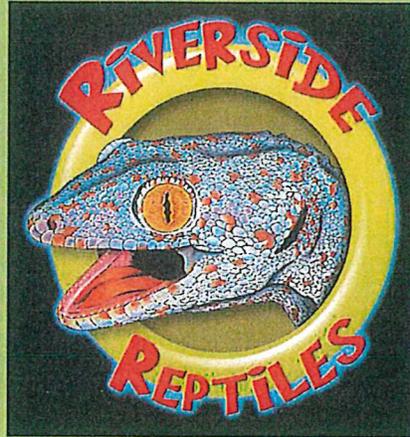
CONTACT

FOODSERVE@MANSFIELDCT.ORG
TO MAKE ARRANGEMENTS OR FOR ANY OTHER FOOD SERVICES RELATED NEEDS!

MENU IS SUBJECT TO CHANGE WITHOUT NOTICE
THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER

Recreation Rescue

Riverside Reptiles



Tuesday, October 13, 2020

Time: 7:30 a.m. - 5:30 p.m.

Location: Mansfield Middle School

Fee: \$50 residents \$60 non-residents

Activity #: 254010-1

Grades: K-8

Lunch/Snack: Please pack a lunch and snack that does not require refrigeration with your child today. The kids will participate in games, activities and outdoor time, weather permitting while at the school. Children will be required to wear a mask while in the school. When outdoors as long as social distancing can happen, children will be able to take off their masks. **Check-In:** A parent or guardian **MUST** walk their children to the gym door and staff member will sign them in. Parents and guardians will not be allowed in the school. This is for the safety and protection of your children. Thank you for your cooperation. Riverside Reptiles will be coming to show off their reptiles.

REGISTER NOW - SPACE IS LIMITED!



MANSFIELD
COMMUNITY CENTER
Family, Fitness & Fun!

VISIT WWW.MANSFIELDCC.COM

OR CALL 860.429.3015, EXT. 0

FOR MORE INFORMATION

MANSFIELD COMMUNITY CENTER 10 S. EAGLEVILLE RD, STORRS, CT

06268

September 2020
Dear Parent(s) -

TVCCA-RSVP in Killingly is organizing their 25th annual **Winter Boot Project!** TVCCA coordinates retirees and senior citizens to provide winter boots for children in need. If your child/children (PreK- 5th grade) need a pair of *warm winter boots* please return this form to me by **Friday October 9th** with the following information completed. The children's names will **NOT** be shared with the volunteers.

Child: _____
Age: _____
Boot Size: _____

Child: _____
Age: _____
Boot Size: _____

Child: _____
Age: _____
Boot Size: _____



The boots are delivered to Goodwin by mid-December and distributed to the families.

Feel free to call with any questions:
Anne Wiant-Rudd, RN
Goodwin School Nurse
860.429.9082 x2



Eastern Highlands Health District

COVID-19 Protocols



Daily Screening For Parents

Every morning before you send your child to school please check the following:

- ⊕ Does your child have a temperature of **100.4 degrees** or greater?
- ⊕ Any other signs of illness such as:

Congestion or Runny Nose	Cough or Shortness of breath or difficulty breathing	Nausea or vomiting or diarrhea	Sore Throat	Headache	Muscle pain or fatigue or chills	New Loss of taste or smell
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Keep child home and seek medical advice

the district nurses are using "100,0" for our guidelines

- ⊕ Was your child in close contact (within 6 feet for more than 15 minutes) with anyone confirmed with COVID-19 within the last 2 weeks?

- ⊕ Has your child travelled out of state/country to any of the locations on the COVID-19 Travel Advisory?

X If the answer is **YES** to any of these questions, **DO NOT** send your child to school.
 Instead, begin quarantine of your child and contact your healthcare provider. Strongly consider COVID-19 testing.

These health protocols, as related to COVID-19, incorporate recommendations from the Center for Disease Control (CDC), the State of Connecticut and the Department of Education School Reopening 2020 recommendations

COVID-19: When a student, faculty or staff member can return to school



Individual	Symptomatic	No Symptoms
<p>Not tested for COVID-19, No known exposure to COVID19 WITH alternate explanation (strep, influenza etc. as determined by a doctor)</p>	<p>May return to school after 24 hours resolution of fever without fever reducing medications AND Return to School Form completed by the provider stating that the individual has an alternate diagnosis and the provider believes it's appropriate for the patient to return to school</p>	<p>N/A</p>
<p>Not tested WITHOUT alternate explanation</p>	<p>Must remain home for at least 10 days from the first day symptoms appeared AND be 24 hours fever-free without fever reducing medications and with improvement of symptoms</p>	<p>N/A</p>
<p>Tested Negative</p>	<p>The individual can return to school with a negative test AND Return to School Form completed by the provider stating that the individual has an alternate diagnosis and the provider believes it's appropriate for the patient to return to school. If no alternative diagnosis, isolate for at least 10 days from the first day symptoms appeared and be 24 hours fever-free without fever reducing medications and with improvement of symptoms. Test may have been a false negative.</p>	<p>May proceed with attending school. EXCEPTION: A known close contact (within 6 feet of a confirmed case for more than 15 minutes) must complete a 14-day quarantine, even if the test is negative.</p>
<p>Tested Positive</p>	<p>Must remain home in isolation for at least 10 days from the date symptoms began AND be 24 hours fever-free without fever reducing medications and with improvement of symptoms.</p>	<p>Isolate at home for 10 days from when the test was taken. If the individual develops symptoms, MUST in isolate for at least 10 days from the date symptoms began AND be 24 hours fever-free without fever reducing medications and with improvement of symptoms.</p>
<p>Close Contact (within 6 feet for 15 minutes or more with a confirmed COVID – 19 case)</p>	<p>N/A</p>	<p>Quarantine for 14 days before returning to school. Must remain symptom free. If individual develops symptoms, then refer to the symptomatic scenarios.</p>