

## MMS Athletic Clearance for School Sports

**To: Parents/Guardians of students entering Grade 7 and Grade 8**

Students are eligible to try out for Mansfield Middle School sports teams in 7<sup>th</sup> and 8<sup>th</sup> grade. Students who plan to participate in school sports must have the required forms on file **prior to tryouts and practices.**

Required Forms Include:

1. **Sports Permission Form**-completed by parent/guardian and signed by parent/guardian.
2. **Sports Participation Health Record**-completed and signed by parent/guardian and student
3. **Physical Exam**-Completed by an MD, PA or APRN. **Physicals are valid for 2 calendar years and may expire during the school year.**

Fall Sports	Winter Sports	Spring Sports
<i>Tryouts in September</i>	<i>Tryouts in November</i>	<i>Tryouts in March</i>
Boys & Girls Soccer	Boys & Girls Basketball	Boys Baseball & Girls Softball
Boys & Girls Cross Country		Boys and Girls Track & Field

**Copies of the required forms are available in the MMS health room or can be downloaded from the MMS website @[www.mansfieldct.gov/mms](http://www.mansfieldct.gov/mms), under “Health Services”.**

If your child is planning on participating in a fall sport, we suggest you make the necessary medical appointments early in the summer to avoid delays in completing the forms.

Information from these forms will be shared with the appropriate coaches so that they can safely supervise your child. If you have any questions or concerns, please call the school office (429-9341) to speak with Mr. Harris or Mrs. Molloy.

### **STATE REGULATION FOR SPORTS PARTICIPANTS REGARDING MEDICATION:**

Student medications (inhaler or EpiPen) from the health room cannot be shared with coaches for use during interscholastic sports. If your child has an authorization for these medications on file in the health room, an additional inhaler or EpiPen must be provided for use during interscholastic sports.

Sincerely,

Stan Harris, Athletic Director

Karen Molloy, School Nurse

### **Important Note to Parents/Guardians:**

The MMS Health Room closes daily at 3:00. There is **no nursing coverage** for after school clubs, sports or activities. If your child has a known medical need (such as; asthma, severe allergy, seizures, diabetes...) and may need medication or medical supervision during after school sports, a parent/guardian must contact the school nurse in order to make the necessary plans or arrangements. The appropriate care and guidelines will be delegated to the coaches. MMS does not provide nursing coverage beyond the school day. These arrangements will need to be updated for each sport your child participates in each quarter.