

Daily Lunch: \$ 2.50 (w/ milk)
 Breakfast: \$ 1.55 (w/ milk)
 Milk (only) \$.55

Mansfield Middle School

Breakfast & Lunch Menu

♥♥ February 2017 ♥♥

Follow us on Facebook or visit our website!
<https://www.facebook.com/MPSfoodservice>
<http://mansfieldct.gov/lunchmenus>

Monday	Tuesday	Wednesday	Thursday	Friday
1/30	1/31	2/1	2/2	2/3
Grilled Cheese* (on wheat bread) Hummus Grape Tomatoes Assorted Fruits & Juice Milk	Teriyaki Chicken Dippers w/ whole grain Brown Rice Fortune Cookie Steamed Broccoli Fresh Red Pepper Strips Assorted Fruits & Juice Milk	Brunch for Lunch French Toast Sticks* w/ Egg Patty* or Turkey Sausage Tater Tots Cucumber Slices Assorted Fruits & Juice Milk	Crunchy Beef Taco (on whole grain corn tortilla) Red Beans w/ Brown Rice Potato Wedges Assorted Fruits & Juice Milk	Homemade Pizza* (WG crust) Steamed Broccoli Celery Sticks Assorted Fruits & Juice Milk
2/6	2/7	2/8	2/9	2/10
✦ Superbowl Lunch ✦ Beef & Bean Nachos with WG corn tortilla chips Grape Tomatoes Celery Sticks Assorted Fruits & Juice Milk	Bosco Sticks* (WG bread around mozz. cheese) Steamed Broccoli Potato Wedges Assorted Fruits & Juice Milk	WG Breaded Chicken Nuggets w/ Wheat Roll New England Style Baked Beans** Snap Peas Assorted Fruits & Juice Milk	Hamburger or Cheeseburger (on a wheat roll) Tater Tots Steamed Broccoli Assorted Fruits & Juice Milk	French Bread or Stuffed Crust Pizza* (WG crust) Baby Carrots Crunchy Roasted Chickpeas Assorted Fruits & Juice Milk
2/13	2/14	2/15	2/16	2/17
Spicy or Crispy Chicken Patty Sandwich (on a wheat roll) Fresh Red Pepper Strips Steamed Cauliflower Assorted Fruits & Juice Milk	WG Cheese Ravioli w/ Sauce* Mixed Greens Salad Steamed Carrot Coins A Sweet Valentine's Treat Assorted Fruits & Juice Milk	Beef Hot Dog (on a wheat roll) Potato Wedges Steamed Broccoli Assorted Fruits & Juice Milk	WG Mac 'n' Cheese Cucumber Slices Hummus Assorted Fruits & Juice Milk & Juice	No School Professional Development Day
2/20	2/21	2/22	2/23	2/24
No School Presidents' Day	No School	Brunch for Lunch French Toast Sticks* w/ Egg Patty* or Turkey Sausage Hash Brown Baby Carrots Assorted Fruits & Juice Milk	Crispy Fish Filet Sandwich (on a wheat roll) Steamed Broccoli New England Style Baked Beans** Assorted Fruits & Juice Milk & Juice	Homemade Pizza* (WG crust) Green Beans Oven Fries Assorted Fruits & Juice Milk
2/27	2/28	3/1	3/2	3/3
Cheese Quesadilla* Red Beans w/ Brown Rice Steamed Cauliflower Assorted Fruits & Juice Milk & Juice	Teriyaki Chicken Dippers w/ whole grain Brown Rice Fortune Cookie Steamed Broccoli Fresh Red Pepper Strips Assorted Fruits & Juice Milk	WG Pasta w/ Beef Sauce Garlic Bread Mixed Greens Salad Green Peas Assorted Fruits & Juice Milk	WG Breaded Popcorn Chicken w/ Wheat Roll Mashed Potatoes Snap Peas Assorted Fruits & Juice Milk	French Bread or Stuffed Crust Pizza* (WG crust) Crunchy Roasted Chickpeas Grape Tomatoes Assorted Fruits & Juice Milk

BREAKFAST is available every day for **\$1.55**

Assorted Baked Goods (bagels, muffins, breads)
 Egg & Cheese Sandwiches
 Breakfast Pizza
 Pancake on a Stick
 Whole Grain Cinnamon Sugar Donuts
 Various Cereals (including Cinnamon Toast Crunch, Cocoa Puffs, Lucky Charms)

Included with breakfast is milk, assorted fruits, and 100% orange juice.

Daily Alternate Lunch Choices for \$2.50

In addition to the planned menu above, every day we also serve:

- **Cheese*** and **Pepperoni Pizza Slices**
- **Yogurt Pack***– Strawberry/Banana yogurt with muffin, cheese stick, fruit, & goldfish
- **Bagel Lunch***– Bagel with cream cheese, fruit, & hard-boiled egg
- **Assorted Deli Sandwiches** – includes goldfish
- **Salad Bar*** – Fresh lettuce with choice of protein and veggies

ALL lunch choices come with vegetable, fruit and milk

* Indicates Vegetarian Option **Contains Pork WG: Whole grain