

Southeast Parent News

February 2005

KEEPING OUR CHILDREN SAFE



Please drop off and pick up your children through the Fine Arts Entrance near the kitchen and gym. It is

important for the safety of your children that you escort them into the school and sign them in, if necessary. We have reserved all of the parking near the Fine Arts entrance for you to do this. Please do not park in the front circle.

MANY THANKS

Dear Southeast School Students, Staff and Friends,
Many, many thanks for the generous donations for the Tsunami fundraising. The school raised \$1,600 and a generous Southeast family donated \$1000, for a total of \$2,600. And this amount was doubled by a business, so the total donation to Red Cross is \$5,200.
Thanks Again!
Miss Treadow's Grade 2 Class

Stories for Southeast The Gift That Keeps on Giving



The Southeast Elementary School PTO would like to thank the individuals below for their purchase of the following books for our school library:

- Adelita: A Mexican Cinderella Story... in memory of Sergeant Fernando Padilla-Ramirez, who lost his life in Iraq on

March 28, 2003... from the Southeast Staff;

- The Babe and I... dedicated to the life and dreams of my dad, Bernard Bellows... with love, Margie Ouimette;
- The Carpet Boy's Gift... in memory of Captain Aaron Contreras, who lost his life in Iraq on March 30, 2003... from the Southeast Staff;
- Encantado: Pink Dolphin of the Amazon... for Weston Henry, our favorite naturalist!... love, Mom and Dad;
- Indian Shoes... in memory of Private First Class Jeffrey Braun of Stafford, CT, who lost his life in Iraq on December 12, 2003... from the Southeast Staff;
- Jam & Jelly by Holly & Nellie... in memory of Specialist Joshua Neusche, who lost his life in Iraq on July 12, 2003... from the Southeast Staff;
- Lemony Snicket's The Series of Unfortunate Events: The Hostile Hospital... for our daughter, Miranda, a sweet, very smart girl who LOVES to read... love, Mom, Dad, and Sarah;
- Lou Gehrig... in memory of our "Pop-Pop," Bernie Bellows, whose love of the game will live in our hearts forever... with love, Matthew, Ryan, and Katie Ouimette;
- Mercedes and the Chocolate Pilot... in memory of Second Lieutenant Frederick Pokorney Jr., who lost his life in Iraq... from the Southeast Staff;
- The Patchwork Quilt... in memory of Bernard Bellows, a treasured "Pop Pop" to all of us ... from the Robichaud Family;
- When the Bees Fly Home... for Margie Ouimette, in remembrance of your dad... from the Southeast PTO.



If you are interested in purchasing a book for our library, please contact Mickey Maheu for information.

\$ STUDENT BANKING \$

Student Banking at Southeast School is every Monday morning. If you want more information on how to join, please call Stacy Fulton at 456-2143. Keep Saving!

SNACK ATTACK - HEALTHY SNACKING

Here are some ideas for healthy snacking. Children (and adults) are more likely to eat what is readily available to them. Keep healthy options in sight and unhealthy foods out of site and out of mind.

- ☆ Snacks should be small and simple so that they do not replace a meal.
- ☆ Make it a combo. Combine a grain, fruit and vegetable and a dairy or meat group.

Healthy snack ideas:

Thin apple slices with cheese
 Kabobs with cheese, fruit, vegetables, and cubed cooked meat
 Celery sticks with peanut butter or cream cheese
 Muffins with carrots, zucchini, pumpkin, bananas, nuts, or raisins
 Fruit shake

Children derive nearly 25% of their total daily calories from snacks. Snacks are not "extras" and we need to use snacks as an opportunity to offer more fruits, vegetables and dairy food to children.



Take a look at what's happening in February and March

All events at Southeast unless stated otherwise

FEBRUARY

Dental Hygiene Presentations	Monday, Feb. 7
PAC Meeting	Monday, Feb. 7, 6:00 p.m. Room 19
PTO Meeting	Monday, Feb. 7 7:00 p.m. Room 19

Board of Education Meeting	Thursday, Feb. 10 7:30 Conf. Room C
Pres. Lincoln's Birthday	Saturday, Feb. 12
Valentine's Day	Monday, Feb. 14
Archeologist-In-Residence Grade 2	Wednesday, Feb. 16
Enrichment Team Meeting	Thursday, Feb. 17 8:15 a.m.
Green Thumbs Club	Thursday, Feb. 17
February Vacation No School	Monday through Friday Feb. 21 - 25
Presidents' Day	Monday, Feb. 21
Pres. Washington's Birthday	Tuesday, Feb. 22
<u>March</u> Science Fair and Invention Convention	Wednesday, March 2
PAC Meeting	Monday, March 7, 6:00 p.m. Room 19
PTO Meeting	Monday, March 7 7:00 p.m. Room 19
Progress Reports	Friday, March 11
Enrichment Team Meeting	Thursday, March 17 8:15 a.m.
Archeologist-In-Residence Grade 3	Thursday, March 17
Green Thumbs Club	Thursday, March 17
Archeologist-In-Residence Grade 3	Friday, March 18
Das Puppenspiel Peter And the Wolf Assembly	Monday, March 21 1:30 p.m.
Elizabeth Thomas, Author Presentation	Wednesday, March 23
Good Friday No School	Friday, March 25
Professional Day No School	Monday, March 28