

Southeast PTO and Mansfield School Food Services
Presents:

NuVal Nutrition System

Monday, February 4, 2013

6:00 - 7:00 PM

Parents' Hour

What is the Program about?

New NuVal Nutritional Scoring System

NuVal® was developed by an independent team of researchers, scientists and nutrition experts in response to the many nutrition- and weight-related health concerns of Americans. Their goal was to help Americans improve their overall health by helping them to make smarter choices at the grocery store. For more information visit: www.NuVal.com



NuVal® provides foods with a score from 1 to 100. The higher the score, the higher the overall nutritional value of the item.

This new system will make it amazingly easy for you to make split-second healthy decisions as you shop.

Who will present the information?

Guest Speakers: NuVal Trainer Jerry O'Connor

Who is invited to attend?

All Southeast School Parents and children that are 3rd grade or older who are interested in learning more about the NuVal system and how it will be implemented in the cafeteria.

Where will the program be held?

Southeast School - Multi Purpose Room
Rt 89 (Warrenville Rd) Mansfield Center, CT

Sponsors

Southeast PTO, Mansfield School Food Service,
Mansfield School Wellness Committee

Light Refreshments will be served