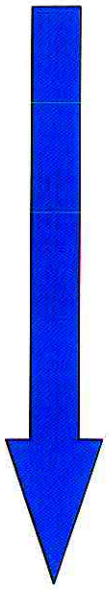
Take Home Notices for

Week Ending November 4, 2016

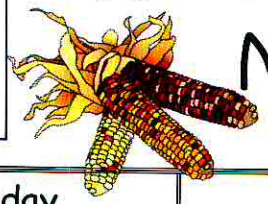
- ***NO SCHOOL ON TUESDAY, NOV. 8TH***
- ***NO SCHOOL ON FRIDAY, NOV. 11TH***
- *November Lunch Menu*
- *Book Fair– Nov. 18th—23rd*

SCROLL DOWN TO SEE NOTICES



Mansfield Elementary Schools
Daily Lunch: $2.25 (w/ milk)
Breakfast: $1.30 (w/ milk)
Milk only: $ .50

November 2016 MENU



Join us for a **Thanksgiving Feast!**
Friday November 18, 2016

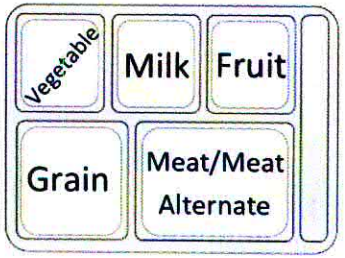
Want to see pictures from October's Farm-to-School Month offerings?
Follow us on Facebook!
https://www.facebook.com/MPSfoodservice

Monday	Tuesday	Wednesday	Thursday	Friday
10/31 **Spooky Southwest Soup** Tostito Scoops Celery Sticks Assorted Fruits & Juice Milk Breakfast: French Toast Sticks*	11/1 **Crunchy Fish Filet** w/ Brown Rice Mixed Greens Salad Baby Carrots Assorted Fruits & Juice Milk Breakfast: Bagel and Cream Cheese	11/2 **Hot Dog** (Vinton Turkey; Goodwin & SE Beef) on Wheat Bun Chickpea Hummus Grape Tomatoes Assorted Fruits & Juice Milk Breakfast: Sunrise Sandwich*	11/3 **Chicken Nuggets** w/ Wheat Roll Mashed Potatoes Cucumber Slices Assorted Fruits & Juice Milk Breakfast: Cinnamon Sugar Donut*	11/4 **Cheese Pizza*** Steamed Broccoli Baby Carrots Assorted Fruits & Juice Milk FIRST FRIDAY BREAKFAST: Cranberry Orange Muffin Breakfast: Bagel & Cream Cheese*
Alternate Lunch: Bagel Lunch, PB&J Pack* or Fruit, Cheese, & Yogurt Pack*	Alternate Lunch: Ham & Cheese Sandwich Pack, PB&J Pack*, or Salad Plate	Alternate Lunch: Bagel Lunch, PB&J Pack* or Fruit, Cheese, & Yogurt Pack*	Alternate Lunch: Turkey & Cheese Sandwich Pack, PB&J Pack*, or Salad Plate	Alternate Lunch: Bagel Lunch, PB&J Pack* or Fruit, Cheese, & Yogurt Pack*
11/7 **Crispy Chicken Patty Sandwich** on Wheat Bun Tater Tots Cucumber Slices Assorted Fruits & Juice Milk Breakfast: French Toast Sticks*	11/8 **No School** Election Day	11/9 **Bosco Sticks*** w/ Marinara Dipping Sauce Steamed Broccoli Baby Carrots Assorted Fruits & Juice Milk Breakfast: Sunrise Sandwich*	11/10 **Hamburger or Cheeseburger** on Wheat Bun New England Style Baked Beans** Red Pepper Strips Assorted Fruits & Juice Milk Breakfast: Waffle Stix*	11/11 **No School** Remember Our VETERANS
Alternate Lunch: Bagel Lunch, PB&J Pack* or Fruit, Cheese, & Yogurt Pack*	**No School**	Alternate Lunch: Bagel Lunch, PB&J Pack* or Fruit, Cheese, & Yogurt Pack*	Alternate Lunch: Turkey & Cheese Sandwich Pack, PB&J Pack*, or Salad Plate	**No School**

Alternate lunches include all food group components:

- **Bagel Lunch** includes bagel, cream cheese, fruit/veg, cheese stick, milk
- **Fruit, Cheese & Yogurt Pack** includes yogurt, muffin, graham crackers, cheese stick, assorted fruit/veg, milk
- **Sandwich Pack** includes goldfish, assorted fruit/veg, milk
- **Salad Plate** includes salad, goldfish/dinner roll, protein, fruit/veg, milk

What makes a complete school lunch?



For a complete lunch choose 3 out of 5 food groups including ***at least*** one FRUIT or VEGETABLE.

For best nutrition, Choose all 5!

* Indicates Vegetarian Option
**Contains Pork

Fat-Free OR 1% White Milk

Fat-Free Chocolate Milk

And **100% fruit juice!**

Monday	Tuesday	Wednesday	Thursday	Friday
11/14 **Jumbo Cheese Ravioli** **w/ Sauce*** Garlic Bread Mixed Veggies Mixed Greens Salad Assorted Fruits & Juice Milk Breakfast: Bagel & Cream Cheese*	11/15 **Beef Tacos** Black Beans Golden Corn Assorted Fruits & Juice Milk Breakfast: Breakfast Bar*	11/16 Brunch For Lunch **French Toast Sticks*** w/ Egg Patty or Sausage Hash Browns Red Pepper Strips Assorted Fruits & Juice Milk Breakfast: Sunrise Sandwich*	11/17 **Italian Meatballs** w/ Garlic Bread Green Beans Steamed Cauliflower Assorted Fruits & Juice Milk Breakfast: Banana Bread*	11/18 **Thanksgiving Feast!** Roast Turkey, Gravy Mashed Potatoes, Stuffing Carrots Wheat Dinner Roll Cranberry Sauce Gingerbread Dessert Milk Breakfast: Bagel & Cream Cheese*
Alternate Lunch: Bagel Lunch, PB&J Pack* or Fruit, Cheese, & Yogurt Pack*	Alternate Lunch: Ham & Cheese Sandwich Pack, PB&J Pack*, or Salad Plate	Alternate Lunch: Bagel Lunch, PB&J Pack* or Fruit, Cheese, & Yogurt Pack*	Alternate Lunch: Turkey & Cheese Sandwich Pack, PB&J Pack*, or Salad Plate	Alternate Lunch: Bagel Lunch, PB&J Pack* or Fruit, Cheese, & Yogurt Pack*
11/21 **Corn Puppies** (mini turkey corn dogs) Potato Wedges Cucumber Slices Assorted Fruits & Juice Milk Breakfast: Sunrise Sandwich	11/22 **Crunchy Fish Nuggets** Baby Carrots Hummus Assorted Fruits & Juice Milk Breakfast: Blueberry Muffin	11/23 **Mac 'N Cheese*** Steamed Broccoli Grape Tomatoes Assorted Fruits & Juice Milk Breakfast: Bagel and Cream Cheese*	11/24 THANKSGIVING HOLIDAY **No School**	11/25 **No School**
Alternate Lunch: Bagel Lunch, PB&J Pack* or Fruit, Cheese, & Yogurt Pack*	Alternate Lunch: Ham & Cheese Sandwich Pack, PB&J Pack*, or Salad Plate	Alternate Lunch: Bagel Lunch, PB&J Pack* or Fruit, Cheese, & Yogurt Pack*		
11/28 **Bosco Sticks*** w/ Marinara Dipping Sauce Mixed Veggies Cucumber Slices Assorted Fruits & Juice Milk Breakfast: French Toast Sticks*	11/29 **Beef & Bean Chili Tostada Boat** Tostito Scoops Grape Tomatoes Assorted Fruits & Juice Milk Breakfast: Breakfast Bar*	11/30 **Chicken Nuggets** w/ Wheat Roll Mashed Potatoes Steamed Broccoli Assorted Fruits & Juice Milk Breakfast: Sunrise Sandwich*	12/1 **Hamburger or Cheeseburger** on Wheat Bun Oven Fries Crunchy Roasted Chickpeas Assorted Fruits & Juice Milk Breakfast: Banana Bread*	12/2 **Cheese Pizza*** Red Pepper Strips Celery Sticks Assorted Fruits & Juice Milk FIRST FRIDAY BREAKFAST: Apple Bosco Stick Breakfast: Bagel & Cream Cheese*
Alternate Lunch: Bagel Lunch, PB&J Pack* or Fruit, Cheese, & Yogurt Pack*	Alternate Lunch: Ham & Cheese Sandwich Pack, PB&J Pack*, or Salad Plate	Alternate Lunch: Bagel Lunch, PB&J Pack* or Fruit, Cheese, & Yogurt Pack*	Alternate Lunch: Turkey & Cheese Sandwich Pack, PB&J Pack*, or Salad Plate	Alternate Lunch: Bagel Lunch, PB&J Pack* or Fruit, Cheese, & Yogurt Pack*

Menu is subject to change without notice.

BREAKFAST

Reduced sugar, whole grain cereals will be offered daily in addition to daily offering.
Included with breakfast are entrée, milk, fruit, and 100% fruit juice.
Student must take a fruit or fruit juice.

* Indicates Vegetarian Option
**Contains Pork

Southeast PTO and the UConn Bookstore at Storrs Center present:

Southeast School Book Fair

Do some holiday shopping and support your school library! Funds raised at this book sale go toward the purchase of new books for the Southeast School Library.

Friday, Nov 18th -- 3:30-4:15pm

Monday, Nov 21st -- 8:30-9:00am & 2-5pm

Tuesday, Nov 22nd -- 8:30-9:00am & 6-8pm

Wednesday, Nov 23rd -- 8:30-9:00am

- Students will have a preview day to fill out wish lists on Friday, November 18th.
- Parents may purchase books for the classroom based on teacher wish lists (available at the sale).
- Special orders may be placed for books that are not at the book sale.
- Checks (to UConn Barnes&Noble), cash and credit card accepted.