



THE MANSFIELD MINUTE SEPTEMBER 2016

www.mansfieldct.gov



Sunday, September 18th
Details inside!

- *The Town Hall will be closed on Monday, Sept. 5 for Labor Day.*
- *Friends of the Library Book Sale: Saturday, Sept. 10, 9 AM—4 PM & Sunday, Sept. 11, 9 AM-3 PM. Great selection!*
- *The next Repair Café will take place on Saturday, Oct. 1, 10AM-2PM, First Congregational Church, Arnold Auditorium, 199 Valley Street, Willimantic.*

Find Your Balance

September is National Senior Center month.

This year's theme is Find Balance at Your Center, and we're celebrating all month long! We invite you to join us and discover all that our Senior & Wellness Center has to offer!



Introducing: Passport to a Balanced Life

This is a great way to sample a variety of our diverse programs! During September, pick up your passport and get it stamped at select activities like our Woodcarving Group, Mindfulness Series, a progressive lunch with the Coventry and Columbia Senior Centers, or a Healthy Eating on a Budget workshop, to name a few. Collect 8 stamps by the end of the month and you'll receive a complimentary aluminum water bottle from us! Please see our monthly newsletter, *Senior Sparks*, for more details and a full list of passport-eligible activities.

Working closely with the Senior Center Association and the Commission on Aging, we strive to create a welcoming, enriching and responsive Senior-centered program. With our recently renovated dining room and our fully re-licensed kitchen, we look forward to offering home-made meals for some of our special events and launching a variety of new culinary programs! From our affordable fitness classes, health & wellness programs, creative arts groups and technology workshops to popular day trips, fantastic shows, recreational games and special events, we hope that you'll find something that fits for you! (if you don't, please let us know!)

Free Fitness Week

Want to try a fitness class before committing to a whole session? Check the calendar in our September newsletter for information on our free fitness classes during the week of September 26th-30th!

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Best wishes on your next adventure...

Pat Michalak is retiring on September 1st after 27 years of dedicated service to Mansfield youth and their families. Pat has spent her entire tenure with the Town in its Youth Service Bureau, serving the last 10 years as the Youth Services Supervisor. A retirement reception/brunch will be held on September 1, from 10 AM - Noon in Council Chambers of Town Hall. All are welcome to attend and wish her well in her retirement.

(MSWC, cont. from page 1)

Need help with transportation?

Take advantage of our Medical Transportation Program for free round-trip rides to medical and dental appointments. Or, hop on board for our twice monthly routed grocery and library runs. We also offer transportation to certain Senior Center special events. This service is available to Mansfield Residents aged 60 and above and those receiving social security disability benefits. Advanced reservations required, please call our Transportation Coordinator, Gianna Stebbins, for more information at 860-487-9877.

Information & Referral

With the support of the Human Services Department, Seniors have access to information on all of the services they may need including needs assessments, follow up services, advocacy, benefits counseling, information and referrals. For more information on Senior Services, please contact our Social Worker, Kathy Ann Easley, at 860-487-9873 or our Outreach Worker, Sarah Dufresne, at 860-487-9875.

Volunteering

We love our volunteers, and we couldn't offer the wide variety of



classes, activities and events that we do without their dedication and

support! Volunteering at our Center is a great way to share your time and talents, strengthen our community and connect with others!

Our volunteers facilitate groups, work as receptionists, help prepare and serve meals, plan programs, provide transportation and so much more! If you're interested in joining our team, contact Program Coordinator, Cara Webb, at 860-487-9872.

The Senior & Wellness Center is located at 303 Maple Road. You can reach us at 860-429-0262 or seniorcenter@mansfieldct.org. Follow us on Facebook at www.facebook.com/Mansfield-Senior-Wellness-Center! (If you're not sure how, come on in for one of our technology classes and we'll help you get started!)

Find Your Balance at the Senior & Wellness Center!



Storrs Parking Update

The Town has instituted new time limits for on-street parking in Storrs Center: either 30 minutes or 1 hour. Make sure to check the signs when you park.

Other parking options:

The *Dog Lane Parking Lot* offers free, 2-hour parking.

The *Storrs Center parking garage* is free for the first two hours and then just \$1/hour thereafter with a maximum daily charge of \$8. Overnight parking is available in the garage for \$2/hour (between midnight and 6:00 AM) with a maximum overnight charge of \$12. For more downtown parking information, visit

mansfieldct.gov/sc/parking/faqs.

Register to vote now!

Two easy ways to register!



IN PERSON: Fill out an application at the Registrar's Office or the Town Clerk's office. Forms are available during regular town hall hours. Bring a form of ID with you. *Last day to register in person is November 7 at 5 PM.*

ON LINE or BY MAIL:

Go to SOTS.CT.GOV and select elections. Complete a registration form and submit online or print a blank one to mail to our office. *Last day to register online or by mail is November 1 (mail must be postmarked by 5 PM).* You will receive a confirmation letter; review all information to be sure it is correct and note your polling location. *Note: Your registration contains personal information and should be protected.*

Town Hall Hours:

Monday	8:15-4:30
Tuesday	8:15-4:30
Wednesday	8:15-4:30
Thursday	8:15-6:30
Friday	8 - 12



Celebrate Mansfield Festival

Sunday, September 18, Noon – 4 PM
On the Town Square

The Mansfield Downtown Partnership invites area residents to gather for music, food, and fun!

Be sure to arrive early to grab a seat on the street because Storrs Road (Route 195) will close at 11:45AM for the Parade. The UConn Marching Band will anchor an eclectic line-up of community groups, sports teams, local businesses, animals, and more!

The Celebrate Mansfield Parade will lead the way to the Town Square, where nearly 100 businesses and organizations will host activity booths featuring hands-on fun for all ages. Restaurants will have a wide variety of food available for purchase, or you can take a break at one of the many restaurants found throughout Downtown Storrs. Musical entertainment includes performances by Air Traffic Controller and Bronze Radio Return.

New this year: [UConn First Folio! Stage](#). Enjoy Shakespearean-era dance demonstrations, stage fight demonstrations from CRT's upcoming production of *King Lear*, a Shakespearean monologue slam, and tours of UConn's antique printing press.

Free parking will be available in the Storrs Center parking garage, E. O. Smith High School parking lots; and in the Town Hall parking lot. Following the Parade, on-street parking will be available on Storrs Road.

For more information , please visit downtownstorrsfestival.org.

What's Growing in the Compost Pile?

It has been almost a year since the Town began adding a small quantity of food scraps into the leaf compost pile at the transfer station. Over the course of the year, more than 6,500 pounds of food scraps have been incorporated into leaves, avoiding a trip to the trash incinerator. Not only are food scraps transformed into finished compost great for the garden, the compost pile IS a garden! Right now growing out of the pile at the transfer station are "volunteer" cantaloupe, melon, and squash plants. How did that happen?

Seeds are often removed during food prep. Think of a fresh cantaloupe that is being cup up into wedges. What better place for the scooped out seeds and rind than the compost pile? It's the perfect place for a seed to sprout – warm and moist. Things come full circle in the compost pile.

Interested? If you don't compost already, we invite you to participate. As a participant, you will receive a bucket with lid and instructions on what to compost. To get started, contact Virginia Walton, Recycling Coordinator at 860-429-3333 or waltonvd@mansfieldct.org.



First Folio!

The Book That Gave Us Shakespeare

September 1 – 25, 2016, Benton Museum
Sept. 1, 4:30-6:30 PM, Opening Reception
Macbeth, Julius Caesar, Twelfth Night. These famous plays would probably have been lost to us without the [First Folio](#), published in 1623. Only 233 copies exist today. On the 400th anniversary of Shakespeare's death, the Folger Shakespeare Library is sending a First Folio to every state.

Appointment News and Notes

- Chris Whitten began work the week of August 22nd as our new economic development graduate student intern with Planning & Development. Chris is a second year MPA student at UCONN. He holds a bachelor's degree from Stonehill College.
- David O'Brien has been appointed to a full-time firefighter/EMT position effective September 4, 2016. Dave is currently a volunteer with the 8th Utilities District in Manchester. Most recently Dave has been working as a EMT. Dave holds a bachelor's degree from Northeastern University.

September Events and Activities in Mansfield

Parks and Recreation

There are lots of new classes and activities this fall at the Community Center.

Check out the Fall sports including Tennis and basketball.

Community School of the Arts

Lessons begin the week of September 6. Call 860-429-3015 to arrange individual, Suzuki or group lessons.



Fall Family Fun Night

Friday, Sept. 16,
5:30-8:30 PM

No fee for members, non-members pay the daily fee.

Family Friday Paint Nights

Friday, Sept. 23, 6:30-8:30 PM
Acrylic paint so dress for a mess! Each person paints a 16" x 20" canvas. Supplies and step-by-step instruction provided. Artist featured this session: Grandma Moses. Fee.

Emergency Preparedness

Family Fun Day

Saturday, Sept. 10, 1-4 PM
Community Center

Hosted by the Offices of Emergency Management and Early Childhood Services. Bring your kids along to play games, learn important safety skills, meet fire and emergency personnel, and participate in the touch-a-truck! The Community Center's parking lot will feature a fire truck and public works truck.

Mansfield Public Library

The library is presenting two programs in celebration of the First Folio! The Book that Gave Us Shakespeare exhibition, on display at the Benton Museum on UConn's Storrs campus September 1 -25.

Word, Words, Words!

Fun with Shakespeare:

A Workshop for Families

Saturday, Sept. 17, 2-3 PM

A fun, hands-on introduction to Shakespeare! Kids explore the language for themselves, using movement and voice to experience it in a creative and lively way.

Entwined Early Music – Popular Music from the Bard to Bach

Friday, Sept. 30, 7–8 PM

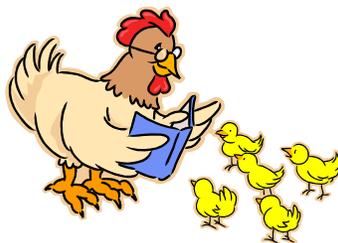
Join us as we enjoy popular music from the time of Shakespeare to the time of Bach.

Three professionally trained and personable musicians will perform a truly delightful repertoire of music from 1600-1750 including Bach, Handel, Telemann, Dowland, and Johnson, using lutes, voice, Baroque flute and viola da gamba.

Preschool Programs

begin again during the week of September 11.

For more information, go to mansfieldpubliclibraryct.org/



Mansfield Senior Center

September is National Senior Center Month



The theme is “*Find Your Balance*” and you’re invited to try one of our fitness classes for free (Sept 26—30), sign up for a trip, attend a presentation, or sign up for lunch and special events. The staff is excited to meet new seniors and share all we offer!

Reiki

Thursday, Sept. 1, 9AM - 12PM
One hour session with Reiki Master Bette Giordana for \$30.00. Reduce stress, stimulate your immune system and manage pain with this gentle ancient therapy. 860-487-9870 for appointment.

FoodShare Distribution

Sept. 1, 15 & 29, 11:30–12:15 PM
If you have a need for food, stop by. No questions about income. Please bring your grocery bags.

Lunch & Entertainment-

Wednesday, Sept. 7, 12 PM
Menu is Chicken Marsala and following the meal Center Stage will perform. Purchase ticket by Sept. 2 for \$7.

Lunch and Learn with Masonicare

Wednesday, Sept. 14, 11:30 AM
Interactive discussion regarding adaptive equipment available to make everyday activities simpler and safer. Menu is Tuna, Turkey and Veggie sandwiches. Purchase your ticket by September 9, \$5.

Town of Mansfield, Connecticut

Audrey P. Beck Municipal Building
4 South Eagleville Road, Mansfield, CT 06268
mansfieldct.gov 860.429.3336

