



~ Senior Happenings ~ February

Mansfield Senior & Wellness Center, 303 Maple Road, Storrs/Mansfield CT 06268

February 2014 Volume 3, Issue 6

860-429-0262 FAX: 860-429-3208

Mansfield Senior Center 860-429-0262, ext. 0

Fax: (860) 429-3208

E-mail:

SeniorCenter@mansfieldct.org

www.mansfieldct.org

Hours: Monday to Friday

8:30 AM to 4:30 PM

Senior Center Coordinator:

Cindy Dainton, ext. 9

daintonch@mansfieldct.org

Adult Services Social Worker:

Kathy Ann Easley, ext. 1

Volunteer Transportation Manager:

Gianna Stebbins, ext. 2

Receptionist:

Kathy Yaffee, ext. 4

Site Server

Sharon, Caron, ext. 8

The Municipal Agent for the Elderly: Kathy Ann Easley, MSW, (860) 429-0262, ext. 1.

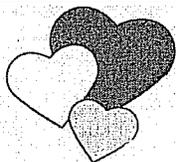
Transportation: Dial-a-Ride Transportation (860) 456-1462, 48 hours in advance.

UPCOMING TRANSPORTATION DAY GETAWAYS!!!

Tuesday, February 11th – LUNCH BUNCH – Wooden Spoon, Ashford. Van departs center at 11AM/ van returns to center approx. 1:30PM. Deadline to sign up: Friday, February 7th.

Friday, February 21st – CT FLOWER SHOW, XL Center, Hartford. Van departs center at 9:30 AM/ van returns to center approx. 3:30 pm. Deadline to sign up: Wednesday, February 19th. Senior Price \$14.00 at door.

Tuesday, February 25th – LUNCH BUNCH – Aero Diner, Windham. Van departs center at 11AM/van returns to center approx. 1:30PM. Deadline to sign up: Friday, February 21st.



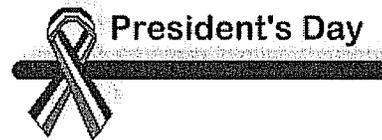
Happy Valentine's Day

Hello to Everyone!

In doing some research online for the calendar, I realized that there are a number of different events that happen in February. Please make sure that you review the calendar to be sure that you do not miss something that you really wanted to attend. Deadlines have been posted for signing up for various events and van trips. The calendar is subject to change so feel free to come in and see all that is going on at the Senior & Wellness Center. I hope to see you at the center in February!

Cindy Dainton

Mansfield Senior Center Coordinator



President's Day

If you are in a Medicare Advantage Plan, you have until February 14th to leave your plan, and switch to Original Medicare and join a Medicare Prescription Drug Plan. Visit the Medicare Plan Finder at Medicare.gov/find-a-plan to find and compare plans in

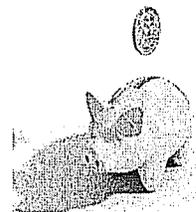
Financial Awareness Seminar

Webster Bank is sponsoring a seminar on Wednesday, February 5th at 11am. Come to step out on the right financial foot in the New Year!

TAX SEASON



We have FREE



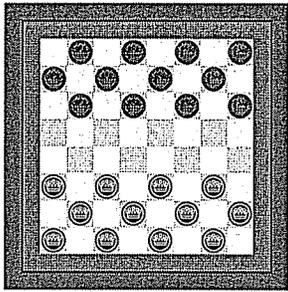
Tax Assistance for Seniors

*Sign up or call to make an
appointment with our Tax Volunteers*

Cabin Fever Checkers Tournament

Are you tired of being confined in the house this winter? Then come to the senior center on Wednesday, February 12th for a checkers tournament. Sign up at the front desk by Monday, February 10th. It promises to be a good time for all!

If you have a checkers board that you are willing to let the Mansfield Senior Center borrow for the tournament, please let Kathy @ (ext. 4) know as soon as possible. Thank you so much!



Daily Hot Lunch Served

Sign up for the Month

Coffee and Dessert
included

Suggested Donation:
\$3.00



Winter Storm Closing Policy

When Mansfield public schools are closed or have a delayed opening, the Senior Center/Wellness Center will also close or have a delayed opening. Watch WFSB.

We can not open until Public Works has time to plow and shovel the parking lot.



Take Time to RELAX....

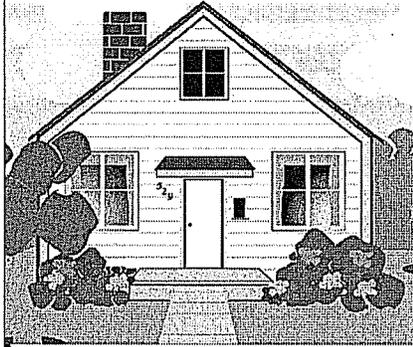
Try a Reiki session. Thursday, February 6th

Call for an appointment , \$30.00 for 50 min.



2014 Homeowners Tax Relief Program for the Elderly and Totally Disabled

Filing Period will begin on February 1st and end on May 15th.



The program is based on your income and the maximum income allowed is \$41,600 for a married couple and \$34,100 for a single person. Should you be interested in more information or applying for the program, please contact Kathy Ann Easley at 860-429-0262 ext. 1.

The Mobile Food Share truck will be here on Feb 6 & 20 at 11:30am. There are no questions on income. Just a need for food in the household.

Bring your shopping bags. Don't miss it!



Play Setback/Pitch -if interested in forming a Card Group call

860-429-0262 ext 4

HEALTH INSURANCE MARKET PLACE

Access Health CT, the name of Connecticut's Official Health Insurance Marketplace is open for enrollment online at www.AccessHealthCT.com or contact the Access agency in Willimantic at (860) 450-7400 for residents who are uninsured or looking for more affordable health insurance. Open enrollment is from Oct 1, 2013 through March 31, 2014. Don't wait until it's too late, act now. Call your local agency or 1-855-805-4325.

MSCA EVENTS

MSCA Executive Board Meeting—February 5th at 10:00am

MSCA Special Lunch and entertainment—February 19th at noon.

MSCA Program Committee Meeting—???

MSCA Computer Council Meeting—February 4th at 2:30pm

MSCA Ways & Means—Suspended until further notice

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SAT. & SUN.

FEBRUARY



1.

Saturday

2.

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Sunday  
Super Bowl



GROUNDHOG DAY

8. Saturday

9. Sunday

15. Saturday

16. Sunday

7. Wear Red Day

14. Valentine's Day



Snow Moon -full moon

6. 8:30-Strength class

3:15- Senior Aerobics

5. 9:00- Tax Assistance

3:00- Gentle Yoga w/ Sue

4. 8:30-Strength & Stability class

2:00 -Art Class

3. 9:00- Tax Assistance

1:00 Tax Assistance

11. 8:30-Strength class

7:00- MS Support Group

12. 9:00- Tax Assistance

7:00-TNT Quilters

13. 8:30-Strength/Stability

3:15- Senior Aerobics

14. Valentine's Day

1:00-Art

Snow Moon -full moon

15. Saturday

16. Sunday

Susan B. Anthony's  
Birthday  
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10. 9:00- Tax Assistance
9:00-Senior Aerobics
9:00 Internet Class
9:30- COA Mtg
10:00-Art Studio
10:00-Computer Help
10:15-Sparkettes
11:00- Low vision
12:00-Lunch
1:00-Mahjongg

11. 8:30-Strength class
10:00-Scrabble
10:00- Genealogy
10:00-Wii Bowl
11:00- Lunch Van Trip
12:00-Lunch
1:00-Bingo
1:00 Advanced Excel
1:30- Power of Aging
2:00- Art Class
7:00- MS Support Group

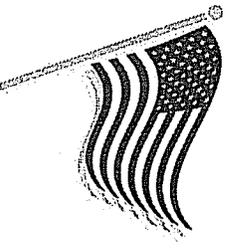
12. 9:00- Tax Assistance
10:00 MSCA Exec Board
10:00-Writing Group
12:00-Causeries
1:00- Cabin Fever
Checkers Tournament
1:00-Fundamentals of Tap
1:00- Tax Assistance
2:00- Non-Fiction Book Club
3:00- Gentle Yoga w/ Sue
7:00-TNT Quilters

13. 8:30-Strength/Stability
10:00-Wii Bowl
10:00 - Quilting
10:15-Sparkettes Practice
12:00-Lunch
1:00-Bridge
1:00 Advanced Excel
1:00-Jewelry
1:30- Power of Aging
2:30- Wii Bowl
3:15- Senior Aerobics

14. Valentine's Day
10:00-Scrabble
10:00-Knitting & Crocheting
10:30- Sit & Get Fit
11:15-Brain aerobics
12:00-Lunch
1:00-Art Studio
Snow Moon -full moon

15. Saturday
Susan B. Anthony's
Birthday
~~~~~  
16. Sunday

**MONDAY**      **TUESDAY**      **WEDNESDAY**      **THURSDAY**      **FRIDAY**      **SAT. & SUN.**

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| <p><b>17.</b><br/><i>Center Closed</i><br/><i>President's Day</i></p>  | <p><b>18.</b><br/>8:30- Strength &amp; Stability class<br/>9:00- Dr. Walter<br/>10:00-Scrabble<br/>10:00-Wii Bowl<br/>12:00-Lunch<br/>1:00- Bingo<br/>1:30- Power of Aging<br/>2:00- Art Class</p> | <p><b>19.</b><br/>9:00- Tax Assistance<br/>10:00-Writing Group<br/>12:00- Causeseries<br/>12:00- MSCA Lunch Entertainment<br/>1:00- Fundamentals of Tap<br/>1:00- Tax Assistance<br/>3:00- Gentle Yoga</p> | <p><b>20.</b><br/>8:30- Strength &amp; Stability class<br/>10:00-Wii Bowl<br/>10:00 Quilting<br/>10:15-Sparkettes Practice<br/>11:30- FoodShare<br/>12:00-Lunch<br/>1:00-Bridge<br/>1:00-Jewelry<br/>1:30- Power of Aging<br/>2:30-Wii Bowl<br/>3:15- Senior Aerobics<br/>6:30 Caregiver Group</p> | <p><b>21.</b><br/>9:30-Flower Show Trip<br/>10:00-Scrabble<br/>10:00- Photo Club<br/>10:00-Knitting/<br/>Crocheting<br/>10:30 - Sit &amp; Get Fit<br/>11:15-Brain aerobics<br/>12:00-Lunch<br/>1:00-Art Studio<br/>1:00- Duplicate Bridge</p> | <p><b>22.</b> Saturday</p> <p>~~~~~</p> <p><b>23.</b> Sunday</p>  |
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| <p><b>24.</b><br/>9:00- Tax Assistance<br/>9:00-Senior Aerobics<br/>9:00- Internet class<br/>10:00-Art Studio<br/>10:00-Computer Help<br/>10:15-Sparkettes<br/>12:00-Lunch<br/>1:00-Mahjongg<br/>1:00-Atty. Gates</p> | <p><b>25.</b><br/>8:30- Strength &amp; Stability Class<br/>10:00- Scrabble<br/>10:00- Wii Bowling<br/>11:00- Lunch Van Trip<br/>12:00- Lunch<br/>1:00- Bingo<br/>1:30- Power of Aging<br/>2:00- Art Class</p> | <p><b>26. Wear Jeans</b><br/>9:00- Tax Assistance<br/>10:00- Writing Group<br/>12:00- Causeseries<br/>12:00- Lunch<br/>1:00- Tax Assistance<br/>1:00- Fundamentals of Tap<br/>2:00-Non-Fiction Book Club<br/>3:00- Gentle Yoga<br/>7:00- TNT Quilters</p> | <p><b>27.</b><br/>8:30- Strength &amp; Stability Class<br/>10:00- Wii Bowling<br/>10:15- Sparkettes Practice<br/>12:00- Lunch<br/>1:00- Bridge<br/>1:00- Jewelry<br/>1:30- Power of Aging<br/>2:30- Wii Bowling<br/>3:15- Senior Aerobics</p> | <p><b>28.</b><br/>10:00- Scrabble<br/>10:00- Knitting/<br/>Crocheting<br/>10:30- Sit &amp; Get Fit<br/>11:15-Brain aerobics<br/>12:00- Lunch<br/>1:00- Art Studio</p> |
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**Current & Coming Events at the Mansfield Senior Center:**

Friday, February 7th is Wear Red Day in Honor of American Heart Month  
 February 10th -16th is the National Random Act of Kindness Week—do something nice for someone else  
 Wednesday, February 12th is Cabin Fever Checkers' Tournament in honor of Abraham Lincoln's Birthday  
 Wednesday, February 26th is Wear Jeans Day in honor of Levi Strauss' Birthday

*Save the Date: Tuesday, April 8th for the Intergenerational Dinner at EOS with UConn!*  
*Holiday Closing: Monday, February 17th for President's Day*  
*Note: Calendar is subject to change without notice*

