

MANSFIELD SENIOR & WELLNESS CENTER

303 Maple Road, Mansfield, CT 06268

JUNE 2016 CLASSES AND EVENTS

Name: _____ Phone: _____

Address/Town/Zip: _____ E-mail: _____

Your Emergency Contact/Phone: _____

Date	<input checked="" type="checkbox"/>	Class/Event/Trip	Details	Fee
Mon		Senior Aerobics / 9am-10am	No class 6/20,6/27	Res-\$10, Non-Res \$12
		Quilting/ 10am-4pm	June 6	Res-\$30, Non-Res \$35
		Quilting/ 10am-4pm	June 20	Res-\$30, Non-Res \$35
		Sparkettes/ 10:15am-11:45am	4 classes	Res-\$30, Non-Res \$36
		Yoga / 1:30pm-2:30pm	4 classes	Res-\$20, Non-Res \$24
Tues		Strength & stability / 9am-10am	4 classes	Res- \$20, Non-Res \$24
		Power of Aging / 11am-12pm	4 classes	Res- \$20, Non-Res \$24
Wed		Yoga / 11am-12pm	No class June 1	Res -\$20, Non-Res \$24
		Begin Tap / 1pm-2pm	5 classes	Res- \$25, Non-Res \$30
Thur		Strength & stability /9am-10am	5 classes	Res -\$25, Non-Res \$30
		Power of aging/ 12pm-1pm	5 classes	Res- \$25, Non-Res \$30
		Senior Aerobics/ 3:15pm-4:15pm	No class June 23	Res- \$20, Non-Res \$24
Fri		Yoga/ 9:30am-10:30am	No class June 3	Res- \$15, Non-Res \$18
		Special programs		
		<i>Bistro meal with Christine Cooney</i>	June 15 at noon	Cost: \$5.00
		<i>Summer Night Event</i>	June 24 at 4:30pm	Cost: \$7.00
		<i>Crafty Creations</i>	June 28 at 1pm	\$3.00 includes supplies
Trips		Gillette castle & lunch	Fri, June 3	9:30am-4:00pm
		Twin ponds farm & lunch	Fri, June 10	12:30pm-3:30pm
		US coast guard concert & lunch	Sun, June 12	11:30am-5:00pm
		Day at Watch hill	Mon, June 13	9:00am-4:00pm
		Hartford blooms & lunch	Thurs, June 16	9:30am-4:30pm
		Wadsworth athenaeum & lunch	Fri, June 17	9:30am-3:30pm
		Lunch bunch- dad's in niantic	Tues, June 21	11:00am-3:00pm
		Elizabeth park & lunch	Mon, June 20	10:00am-3:00pm
		Quilting shopping in mass.	Wed, June 22	9:00am-4:00pm
		Thimble island boat cruise & lunch	Wed, June 29	9:30am-4:30pm
		Lunch bunch-point breeze	Thurs, June 30	11:00am-3:00pm

WAIVER OF PARTICIPANT BY SELF: I hereby agree to release, discharge, and hold harmless the Town of Mansfield, its directors, employees, agents, contractors, and/or volunteers from any and all liability that may occur during either my participation in the above listed recreational activities. I understand that participation in any recreational sport or activity involves risk, and I grant permission to the Town of Mansfield to utilize any medical emergency services it deems necessary to treat any injuries that I may incur. I further understand that the Town does not provide insurance for recreational program participants.

PHOTO RELEASE: I understand that for promotional purposes, the Town videotapes and/or takes photographs of participants enrolled in recreational activities, classes or programs. I hereby release and permit the Town of Mansfield to utilize for said promotional purposes any photographs and/or videotapes of me engaging in the above listed recreational activities.

Signature _____ Date: _____