


~ TVCCA SENIOR CAFÉ NOVEMBER MENU ~

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>1% milk & whole grain bread are served with each meal.</p> <p>Menu is subject to change without notice.</p>			<p>1. PHILLY CHEESE STEAK SANDWICH TATER TOTS BROCCOLI FRESH FRUIT</p>	<p>2. SPANISH STYLE PORK YELLOW RICE & BLACK BEANS MIXED VEGETABLES APPLESAUCE ~WITH~ CHICKEN NOODLE SOUP</p>
<p>5. CHICKEN CACCIATORE PASTA SHELLS WITH MARINARA ZUCCHINI PEARS</p>	<p>6. CHEESE OMELET HOME FRIES STEWED TOMATOES DICED PEACHES</p>	<p>7. <u>BIRTHDAY LUNCH</u> POT ROAST WITH GRAVY MASHED POTATOES SQUASH, CARROTS & STRING BEANS FRESH ORANGE ~WITH~ CHICKEN NOODLE SOUP</p>	<p>8. HERB & TOMATOES HADDOCK PENNE PASTA WITH MARINARA GREEN BEANS APPLESAUCE</p>	<p>9. <u>VETERANS DAY CELEBRATION</u> NO CAFÉ MEAL TODAY PLEASE SEE MARY BY OCT 29TH TO SIGN UP FOR VETERAN'S DAY CELEBRATION MEAL</p>
<p>12. SENIOR CENTER CLOSED</p> <div style="text-align: center;">  </div>	<p>13. BBQ CHICKEN DRUMSTICKS HERB ROASTED POTATOES ZUCCHINI FRESH FRUIT</p>	<p>14. <u>THANKSGIVING CELEBRATION</u> TURKEY WITH GRAVY & STUFFING CRANBERRY SAUCE BUTTERNUT SQUASH GREEN BEAN CASSEROLE PUMPKIN PIE & JUICE SUG. DONATION \$4.50 SIGN UP W/ SHARON BY 11/7</p>	<p>15. CHICKEN SAUSAGE & PEPPERS BOW TIE PASTA WITH MARINARA PEAS & CARROTS FRUIT COCKTAIL</p>	<p>16. MEATLOAF WITH GRAVY GARLIC MASHED POTATOES STEWED TOMATOES PINEAPPLE TIDBITS ~WITH~ CHICKEN TORTILLA SOUP</p>
<p>19. SLOPPY JOES BAKED BEANS MIXED VEGETABLES FRESH FRUIT</p>	<p>20. CHEESE MANICOTTI WITH MARINARA & ITALIAN SAUSAGE GREEN BEANS YELLOW SQUASH FRUIT COCKTAIL</p>	<p>21. PORK LOIN WITH ROASTED APPLES ISRAELI COUSCOUS ZUCCHINI, PEAS & CARROTS SWEET TREAT & JUICE ~WITH~ CHICKEN NOODLE SOUP</p>	<p>22. SENIOR CENTER CLOSED</p> <p style="text-align: center; color: #D9534F; font-style: italic; font-size: 1.2em;">Happy Thanksgiving</p>	<p>23. SENIOR CENTER CLOSED</p>
<p>26. CHICKEN CORDON BLEU RICE PILAF SQUASH, CARROTS & STRING BEANS PINEAPPLE TIDBITS</p>	<p>27. CRISPY COD PATTY MACARONI & CHEESE SNAP PEAS APPLESAUCE</p>	<p>28. HUNGARIAN GOULASH EGG NOODLES BROCCOLI, WAX BEANS & CARROTS SWEET TREAT & JUICE ~WITH~ RUSTIC ONION SOUP</p>	<p>29. WESTERN OMELET SHREDDED HERB POTATOES PEAS & PEARL ONIONS PEARS</p>	<p>30. SWEDISH MEATBALLS EGG NOODLES CORN WITH PEPPERS & ONIONS FRESH ORANGE ~WITH~ CHICKEN NOODLE SOUP</p>

Lunch is served at 12:00pm Monday through Friday for individuals aged 60 & over and their spouses. Suggested voluntary donation is \$3.00, payable the day of the meal. The price for those under 60 is \$8.46. Please remember to make your reservation by 10:00am the day before you plan to come for lunch. Reservations can be made with our Site Server Sharon Caron by calling 860-487-9876.

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