

~ TVCCA SENIOR CAFÉ DECEMBER MENU ~

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3. SALISBURY STEAK WITH GRAVY GARLIC ROASTED POTATOES BROCCOLI FRUIT COCKTAIL	4. CHICKEN MARSALA RICE PILAF PEAS & CARROTS SWEET TREAT JUICE	5. CHICKEN NOODLE SOUP POT ROAST MASHED POTATOES SQUASH MIX FRESH FRUIT	6. BAKED HADDOCK WITH SALSA YELLOW RICE & BLACK BEANS MIXED VEGETABLES PINEAPPLE TIDBITS	7. <u>BIRTHDAY LUNCH</u> BEAN & SPINACH SOUP BBQ CHICKEN DRUMSTICKS HERB ROASTED POTATOES ZUCCHINI PEARS CAKE & ICE CREAM
10. GRILLED CHICKEN WITH BROCCOLI & CHEESE SHREDDED HERB POTATOES PEAS & CARROTS PINEAPPLE TIDBITS	11. SWEDISH MEATBALLS EGG NOODLES CORN WITH PEPPERS & ONIONS FRESH ORANGE	12. CHEESE TORTELLINI & TOMATO SOUP HERB & TOMATOES HADDOCK PENNE PASTA WITH MARINARA GREEN BEANS SWEET TREAT JUICE	13. SLOPPY JOES BAKED BEANS BROCCOLI DICED PEACHES	14. <u>FRESH FRIDAY</u> SHRIMP COCKTAIL PRIME RIB BAKED POTATO GREEN BEANS ALMANDINE CHEESECAKE \$12/PERSON *SIGN UP BY 12/10*
17. EGGPLANT ROULETTE WITH MARINARA PENNE PASTA SQUASH MIX WITH STRING BEANS & CARROTS FRESH FRUIT	18. BROCCOLI & CHEESE OMELET HOME FRIES PEAS & PEARL ONIONS APPLESAUCE	19. <u>HOLIDAY CELEBRATION</u> CHICKEN NOODLE SOUP GLAZED HAM SWEET POTATOES MIXED VEGETABLES GINGERBREAD CAKE WITH CREAM CHEESE FROSTING SUG. DONATION \$4.50 SIGN UP W/ SHARON BY 12/11	20. CHICKEN SAUSAGE & PEPPERS BOW TIE PASTA WITH MARINARA GREEN BEANS PEARS	21. RUSTIC ONION SOUP MEATLOAF WITH GRAVY GARLIC MASHED POTATOES STEWED TOMATOES FRUIT COCKTAIL
24. PHILLY CHEESE STEAK SANDWICH TATER TOTS MIXED VEGETABLES DICED PEACHES	25. SENIOR CENTER CLOSED 	26. CHICKEN TORTILLA SOUP CHICKEN CACCIATORE LEMON GARLIC ORZO MIXED VEGETABLES SWEET TREAT JUICE	27. STUFFED SHELLS WITH MARINARA DILL CARROT COINS BROCCOLI FRUIT COCKTAIL	28. <u>PIZZA PARTY</u> PIZZA GARDEN SALAD POTATO CHIPS ICE CREAM CONES \$5/PERSON *SIGN UP BY 12/21*
31. <u>NEW YEAR BRUNCH</u> FRECH TOAST CASSEROLE BACON SAUSAGE FRESH FRUIT \$5/PERSON *SIGN UP BY 12/21*	<p>1% milk & whole grain bread are served with each meal.</p> <p>Menu is subject to change without notice.</p>			

Lunch is served at 12:00pm Monday through Friday for individuals aged 60 & over and their spouses. Suggested voluntary donation is \$3.00, payable the day of the meal. The price for those under 60 is \$8.46. Please remember to make your reservation by 10:00am the day before you plan to come for lunch. Reservations can be made with our Site Server Sharon Caron by calling 860-487-9876.