


~ TVCCA SENIOR CAFÉ JANUARY MENU ~

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>Menu is subject to change without notice.</p>	<p>1. SENIOR CENTER CLOSED</p> <p style="font-size: 2em; font-family: cursive;"><i>Happy New Year</i></p>	<p>2. CHICKEN NOODLE SOUP SEAFOOD STEW SPANISH RICE GREEN BEANS SWEET TREAT JUICE</p>	<p>3. SALISBURY STEAK EGG NOODLES ZUCCHINI, PEAS & CARROTS FRESH FRUIT</p>	<p>4. BIRTHDAY LUNCH BUTTERNUT SQUASH SOUP CUBAN PULLED PORK RICE & BEANS BROCCOLI FRUIT COCKTAIL CAKE & ICE CREAM</p>
<p>7. BBQ CHICKEN DRUMSTICKS GARLIC ROASTED POTATOES MIXED VEGETABLES FRESH ORANGE</p>	<p>8. CHEESE OMELET WITH SALSA HOME FRIES PEAS & PEARL ONIONS PINEAPPLE TIDBITS</p>	<p>9. CORN CHOWDER CHICKEN CORDON BLEU PASTA SHELLS MIXED VEGETABLES SWEET TREAT JUICE</p>	<p>10. PHILLY CHEESE STEAK SANDWICH TATER TOTS CORN WITH PEPPERS & ONIONS APPLESAUCE</p>	<p>11. CHICKEN NOODLE SOUP CHICKEN PARMESAN BOW TIE PASTA ZUCCHINI DICED PEACHES</p>
<p>14. BEEF STEW PARSLEY POTATOES MIXED VEGETABLES FRUIT COCKTAIL</p>	<p>15. LEMON DILL BAKED HADDOCK BROWN RICE STEWED TOMATOES PEARS</p>	<p>16. NEW YEAR CELEBRATION ROASTED PORK LOIN CRANBERRY STUFFING ROASTED POTATOES BROCCOLI APPLE CRUMB PIE JUICE SUG. DONATION \$4.50 *SIGN UP BY 1/8*</p>	<p>17. STUFFED SHELLS WITH MARINARA ZUCCHINI YELLOW SQUASH PINEAPPLE TIDBITS</p>	<p>18. SPLIT PEA & HAM SOUP POT ROAST MASHED POTATOES PEAS & CARROTS FRESH ORANGE</p>
<p>21. SENIOR CENTER CLOSED</p> 	<p>22. CHICKEN CACCIATORE LEMON GARLIC ORZO GREEN BEANS FRUIT COCKTAIL</p>	<p>23. CHEESE TORTELLINI & TOMATO SOUP MEATLOAF WITH GRAVY GARLIC MASHED POTATOES STEWED TOMATOES FRESH FRUIT</p>	<p>24. BAKED SALMON FILET LIME SCENTED RICE BROCCOLI DICED PEACHES</p>	<p>25. FRESH FRIDAY BUILD YOUR OWN SALAD BAR DINNER ROLL BROWNIE SUNDAE \$7/PERSON *SIGN UP BY 1/18*</p>
<p>28. STUFFED CHICKEN WITH BROCCOLI & CHEESE SHREDDED HERB POTATOES ZUCCHINI SWEET TREAT JUICE</p>	<p>29. PUB BURGER BAKED BEANS CORN WITH PEPPERS & ONIONS FRESH FRUIT</p>	<p>30. CHICKEN NOODLE SOUP CHICKEN ALA KING RICE PILAF MIXED VEGETABLES APPLESAUCE</p>	<p>31. BROCCOLI & CHEESE OMELET HOME FRIES PEAS & PEARL ONIONS APPLESAUCE</p>	<p>1% milk & whole grain bread are served with each meal.</p>

Lunch is served at 12:00pm Monday through Friday for individuals aged 60 & over and their spouses. Suggested voluntary donation is \$3.00, payable the day of the meal. The price for those under 60 is \$8.46. Please remember to make your reservation by 10:00am the day before you plan to come for lunch. Reservations can be made with our Site Server Sharon Caron by calling 860-487-9876.

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