


~ TVCCA SENIOR CAFÉ FEBRUARY MENU ~

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Menu is subject to change without notice.				I. <u>SUPER BOWL CELEBRATION</u> CHICKEN AND BEAN CHILI BBQ CHICKEN WINGS CORN & PEPPERS CORN BREAD BOSTON CREAM PIE JUICE SUG. DONATION \$4.50 *SIGN UP BY 1/24*
4. SALISBURY STEAK WITH GRAVY EGG NOODLES MIXED VEGETABLES PEARS WITH MANDARIN ORANGES	5. CUBAN PULLED PORK RICE & BEANS BROCCOLI SWEET TREAT JUICE	6. BUTTERNUT SQUASH SOUP POT ROAST GARLIC MASHED POTATOES PEAS & CARROTS FRESH ORANGE	7. CHICKEN CACCIATORE PENNE PASTA ZUCCHINI PINEAPPLE TIDBITS	8. <u>BIRTHDAY LUNCH</u> CORN CHOWDER BEEF STEW EGG NOODLES BROCCOLI, GREEN BEANS & PEPPERS APPLESAUCE
11. ROASTED PORK LOIN HERB POTATOES MIXED VEGETABLES DICED PEACHES	12. STUFFED SHELLS WITH MARINARA ZUCCHINI YELLOW SQUASH PINEAPPLE TIDBITS	13. <u>VALENTINES DAY CELEBRATION</u> GARDEN SALAD GARLIC BREAD PENNE WITH MEATBALLS MARINARA DOUBLE CHOCOLATE CAKE JUICE SUG. DONATION \$4.50 *SIGN UP BY 2/6*	14. SEAFOOD STEW SPANISH RICE BROCCOLI, GREEN BEANS & PEPPERS PEARS WITH MANDARIN ORANGES	15. CHICKEN NOODLE SOUP WESTERN OMELET SWEET POTATO HASH PEAS & PEARL ONIONS FRESH FRUIT
18. SENIOR CENTER CLOSED 	19. BAKED SALMON FILET LIME SCENTED RICE MIXED VEGETABLES FRESH ORANGE	20. SPLIT PEA SOUP COUNTRY STYLE CHICKEN MASHED POTATOES CORN WITH PEPPERS & ONIONS PEARS WITH MANDARIN ORANGES	21. CRISPY COD PATTY MACARONI & CHEESE ZUCCHINI, PEAS & CARROTS APPLESAUCE	22. <u>FRESH FRIDAY</u> FISH & CHIPS COLESLAW CHOCOLATE CREAM PIE \$7/PERSON *SIGN UP BY 2/15*
25. PHILLY CHEESE STEAK SANDWICH TATER TOTS CORN WITH PEPPERS & ONIONS FRESH FRUIT	26. STUFFED CHICKEN CORDON BLEU PASTA SHELLS MIXED VEGETABLES SWEET TREAT JUICE	27. CHICKEN NOODLE SOUP LEMON DILL HADDOCK RICE PILAF BROCCOLI PEARS	28. CHICKEN POT PIE MASHED POTATOES SUGAR SNAP PEAS PINEAPPLE TIDBITS	1% milk & whole grain bread are served with each meal.

Lunch is served at 12:00pm Monday through Friday for individuals aged 60 & over and their spouses. Suggested voluntary donation is \$3.00, payable the day of the meal. The price for those under 60 is \$8.46. Please remember to make your reservation by 10:00am the day before you plan to come for lunch. Reservations can be made with our Site Server Sharon Caron by calling 860-487-9876.