


~ TVCCA SENIOR CAFÉ APRIL MENU ~

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1. ITALIAN SAUSAGE & PEPPERS GRINDER ROLL & CHEESE CAULIFLOWER, CARROTS, & SNAP PEAS DICED PEACHES	2. LATIN STYLE CHOPPED STEAK YELLOW RICE GREEN BEANS APPLESAUCE	3. SPLIT PEA & HAM SOUP CHICKEN ALA KING HERBED PASTA SHELLS PEAS & PEARL ONIONS SWEET TREAT JUICE	4. GRILLED SALMON LIME SCENTED RICE CORN WITH PEPPERS & ONIONS PINEAPPLE TIDBITS	5. <u>BIRTHDAY LUNCH</u> BUTTERNUT SQUASH SOUP CHEESE OMELET HOME FRIES GREEN BEANS, CARROTS, & PEPPERS FRESH FRUIT CAKE & ICE CREAM
8. STEAK FAJITAS WITH CHEDDAR CHEESE SPANISH RICE MIXED VEGETABLES APPLESAUCE	9. STUFFED CHICKEN WITH BROCCOLI & CHEESE EGG NOODLES ZUCCHINI FRESH ORANGE	10. <u>SPRING CELEBRATION</u> POT ROAST AU JUS CARROTS & ONIONS CHEDDAR MASHED POTATOES GARDEN SALAD CARROT CAKE JUICE SUG. DONATION \$4.50 *SIGN UP BY 4/3*	11. BBQ PULLED PORK SANDWICH TATER TOTS CORN WITH PEPPERS & ONIONS DICED PEACHES	12. RUSTIC ONION SOUP BAKED HADDOCK WITH CORN SALSA YELLOW RICE & BLACK BEANS BROCCOLI FRUIT COCKTAIL
15. CHEESE MANICOTTI WITH MARINARA LIMA BEANS YELLOW SQUASH WITH OREGANO PEARS	16. CREAMY DIJON CHICKEN GARLIC ROASTED POTATOES PEAS & CARROTS SWEET TREAT JUICE	17. CORN CHOWDER SOUP BEEF & BEAN CHILI EGG NOODLES MIXED VEGETABLES FRESH ORANGE	18. TERIYAKI CHICKEN WITH BROCCOLI STEAMED RICE JAPANESE VEGETABLE BLEND PEARS WITH MANDARIN ORANGES	19. <div style="text-align: center;"> SENIOR CENTER CLOSED  </div>
22. CHICKEN PRIMAVERA HERBED PENNE PASTA BROCCOLI, GREEN BEANS, & PEPPERS FRESH FRUIT	23. WESTERN OMELET SWEET POTATO TATER TOTS PEAS & PEARL ONIONS DICED PEACHES	24. CHICKEN NOODLE SOUP FISHERMAN STEW ROASTED GARLIC RICE BROCCOLI FRUIT COCKTAIL	25. PESTO GRILLED CHICKEN RICE PILAF MIXED VEGETABLES APPLESAUCE	26. <u>LUNCH WITH ELEANOR ROOSEVELT</u> ROASTED TURKEY WITH GRAVY CORNBREAD STUFFING MASHED POTATOES GREEN BEANS BLONDIES WITH VANILLA ICE CREAM JUICE SUG. DONATION \$4.50 *SIGN UP BY 4/17*
29. SHREDDED PORK YELLOW RICE & BLACK BEANS MIXED VEGETABLES PEARS WITH MANDARIN ORANGES	30. MEATLOAF WITH GRAVY GARLIC MASHED POTATOES SUGAR SNAP PEAS FRUIT COCKTAIL	Menu is subject to change without notice. 1% milk & whole grain bread are served with each meal.		

Lunch is served at 12:00pm Monday through Friday for individuals aged 60 & over and their spouses. Suggested voluntary donation is \$3.00, payable the day of the meal. The price for those under 60 is \$10.24. Please remember to make your reservation by 10:00am the day before you plan to come for lunch. Reservations can be made with our Site Server Sharon Caron by calling 860-487-9876.