


# ~TVCCA SENIOR CAFÉ MAY MENU~

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p><b>Menu is subject to change without notice.</b>  <b>1% milk &amp; whole grain bread are served with each meal.</b></p>		<p><b>1.</b>            CHEESE TORTELLINI            TOMATO SOUP            CREAMY CHICKEN            DIJON            GARLIC ROASTED            POTATOES            PEAS &amp; CARROTS            SWEET TREAT            JUICE</p>	<p><b>2.</b>            BAKED HADDOCK w/            SALSA            YELLOW RICE &amp;            BLACK BEANS            BROCCOLI            FRUIT COCKTAIL</p>	<p><b>3. <u>BIRTHDAY LUNCH</u></b>            SPLIT PEA &amp; HAM            SOUP            BEEF &amp; BEAN CHILI            EGG NOODLES            SQUASH MIX w/            CARROTS &amp; STRING            BEANS            FRESH ORANGE            CAKE &amp; ICE CREAM</p>
<p><b>6.</b>            WESTERN OMELET            SWEET POTATO            TATER TOTS            PEAS &amp; PEARL            ONIONS            DICED PEACHES</p>	<p><b>7.</b>            SWEET &amp; SOUR            PULLED PORK            STEAMED RICE            CORN w/ PEPPERS &amp;            ONIONS            FRESH FRUIT</p>	<p><b>8. <u>MOTHER'S DAY CELEBRATION</u></b>            GRILLED CHICKEN            PASTA PRIMAVERA            CAESAR SALAD            GARLIC BREAD            STRAWBERRY            SHORTCAKE            JUICE  <b>SUG. DONATION \$4.50</b>  <b>*SIGN UP BY 5/1*</b></p>	<p><b>9.</b>            CRISPY COD TACOS            CILANTRO LIME RICE            MIXED VEGETABLE            MEDLEY            PINEAPPLE TIDBITS</p>	<p><b>10. <u>PIZZA PARTY!</u></b>            PIZZA            GARDEN SALAD            ICE CREAM   <p style="text-align: center;"><b>COST: \$5</b>  <b>*SIGN UP BY 5/7*</b></p> </p>
<p><b>13.</b>            CHICKEN &amp; BEAN            CHILI            STEAMED RICE            CORN w/ PEPPERS            &amp; ONIONS            FRESH ORANGE</p>	<p><b>14.</b>            CHEESE OMELET            HOME FRIES            BROCCOLI, PEPPERS, &amp;            MUSHROOMS            DICED PEACHES</p>	<p><b>15. <u>MASONICARE LUNCH &amp; LEARN</u></b>            ASSORTED WRAPS &amp;            SANDWICHES            FRUIT            CHIPS            SWEET TREAT   <p style="text-align: center;"><b>*SIGN UP BY 5/8*</b></p> </p>	<p><b>16.</b>            CHICKEN SAUSAGE &amp;            PEPPERS            PENNE PASTA w/            MARINARA            CAULIFLOWER,            CARROTS &amp; SNAP            PEAS            FRUIT COCKTAIL</p>	<p><b>17.</b>            CHICKEN NOODLE SOUP            POT ROAST            MASHED POTATOES            PEAS &amp; CARROTS            SWEET TREAT            JUICE</p>
<p><b>20.</b>            BEEF HOT DOG            BAKED BEANS            MIXED VEGETABLE            MEDLEY            APPLESAUCE</p>	<p><b>21.</b>            CHICKEN CURRY            JASMINE RICE            SUGAR SNAP PEAS            SWEET TREAT            JUICE</p>	<p><b>22.</b>            RUSTIC ONION SOUP            FISHERMAN STEW            PARSLEY STEAMED            POTATOES            GREEN BEANS            FRESH FRUIT</p>	<p><b>23.</b>            SHREDDED PORK            YELLOW RICE &amp;            BLACK BEANS            SQUASH MIX w/            CARROTS &amp; STRING            BEANS            PINEAPPLE TIDBITS</p>	<p><b>24. <u>MEMORIAL DAY FRESH FRIDAY</u></b>            BURGERS &amp; HOT DOGS            BAKED BEANS            COLESLAW            PASTA SALAD            POPSICLES   <p style="text-align: center;"><b>COST: \$7</b>  <b>*SIGN UP BY 5/17*</b></p> </p>
<p><b>27.</b>  <b>SENIOR CENTER CLOSED</b>   </p>	<p><b>28.</b>            SALISBURY STEAK w/            GRAVY            GARLIC MASHED            POTATOES            BROCCOLI            FRUIT COCKTAIL</p>	<p><b>29.</b>            STUFFED SHELLS w/            MARINARA            GARDEN SALAD            GARLIC BREAD            SWEET TREAT            JUICE</p>	<p><b>30.</b>            EGGPLANT            PARMESAN            CANNELLINI BEANS            w/ TOMATOES            BROCCOLI            FRESH FRUIT</p>	<p><b>31.</b>            PESTO GRILLED            CHICKEN            ROASTED GARLIC RICE            CAULIFLOWER,            CARROTS, &amp; SNAP            PEAS            PEARS w/ MANDARIN            ORANGES</p>

Lunch is served at 12:00pm Monday through Friday for individuals aged 60 & over and their spouses. Suggested voluntary donation is \$3.00, payable the day of the meal. The price for those under 60 is \$10.24. Please remember to make your reservation by 10:00am the day before you plan to come for lunch. Reservations can be made with our Site Server Sharon Caron by calling 860-487-9876.