



**Town of Mansfield  
Proclamation  
National Wear Red Day**

*Whereas*, diseases of the heart are the nation's leading cause of death and stroke is the third leading cause of death; and

*Whereas*, more than 5,300 women in Connecticut die of cardiovascular disease each year; and

*Whereas*, cardiovascular diseases (CVD) are the leading cause of death among women; and

*Whereas*, Cardiovascular disease and stroke kill nearly 460,000 women in the US every year; more than the next 5 causes of death combined including all cancers; and

*Whereas*, of every 5 people who die from stroke, about 2 are men and 3 are women; and

*Whereas*, one in 2.6 deaths in women are from cardiovascular disease; and

*Whereas*, about 60,000 more women than men have a stroke each year; and

*Whereas*, the American Heart Association is continuing their Go Red For Women movement to encourage women to pay attention to their hearts and help them live longer, stronger lives by reducing their risk for cardiovascular disease:

**NOW, THEREFORE**, I, Elizabeth C. Paterson, Mayor of the Town of Mansfield, Connecticut, in recognition of the importance of the ongoing fight against heart disease and stroke, do hereby proclaim February 6, 2009 to be Wear Red Day for Women in Mansfield and urge all citizens to wear red in recognition of family, friends and neighbors who have suffered from heart disease, and as a show of support to fight it. By increasing awareness of the risk factors for this devastating disease and taking actions to reduce them, we can save thousand of lives each year.

***IN WITNESS WHEREOF***, I have set my hand and caused the seal of the Town of Mansfield to be affixed on this 12th day of January in the year 2009.

Elizabeth C. Paterson  
Mayor, Town of Mansfield