



TOWN OF MANSFIELD

Mansfield Senior Center

Cynthia Dainton, Senior Center Supervisor
Kathy Ann Easley, Social Worker
Kathy Yaffee, Receptionist
Gianna Stebbins, Volunteer Transportation Manager
Sharon Caron, Site Server

MANSFIELD SENIOR CENTER
303 Maple Road
Mansfield, Ct.06268

860-429-0262 FAX 860-429-3208

May Press release

Please publicize the following Events for us.
Thank you for your consideration.

Special Picnic Lunch- Friday, May 16th at noon. Menu: Steak Burger, potato salad and coleslaw, dessert and beverage. Cost \$5.00. Sign up and pay by May 8th.

Positive Aging Series- Friday, May 2 @ 10am – Focus is Project Renewment: A Retirement Model for Career Women. The program focuses on making the next chapter of life equal to or more satisfying than their previous one. No registration required.

The Herrmman Blood Pressure Clinic –May 7 @ 11:30am at the Mansfield Senior Center. The Herrmman Blood Pressure Clinic is available to those 55 years of age and older on a first come first serve basis. There is no cost of the clinic and no pre-registration is required.

Thursday Special Evening Programing – Thursday, May 8th @ 5pm – Pasta Dinner followed by Entertainment – Frank Pendola, The Troubadour. Cost for the dinner is \$5.00. Pre-registration and payment is required by Monday, May 5th. Please call 860-429-0262 ext. 4 for more information.

Positive Aging Series – Friday, May 9th @ 10am - Strengthening Your Social Portfolio. Similar to having a balanced financial portfolio where diversification protects investments, having a diversified social portfolio ensures that individuals remain engaged no matter what changes they may experience. No registration required.

Caregivers Support Group- Thursday night at 6:30pm on May 15. The Mansfield Senior & Wellness Center offers a Caregivers Support Group for those individuals who are impacted by the responsibilities of caring for someone. Please call for information at 860-429-0262 ext. 4.

FoodShare Truck- outside in the Mansfield Senior Center back parking lot, May 1, 15, 29 at 11:30am. Please bring your grocery bags. If you need food, stop by.

Mansfield Senior Center, 303 Maple Road, Mansfield, Ct. 06268 860-429-0262

Van Trips

Call to sign up and get more information, seats limited to 10, call 860-429-0262 ext 0

Aqua Turf Luncheon & Entertainment by Yale Whiffenpoofs & Ct. Sweet Adelines-

Wednesday, May 7th, \$38 pp. Van departs at 9:30am and returns 4:30pm. Deadline to register is April 30.

Ringling Brothers Circus- Friday, May 9th, admission is \$13 pp. Lunch at Vernon Diner, your expense. Van departs at 9am and returns 4pm. Deadline to register is May 6.

Magic Wings Butterfly Museum- Tuesday, May 13th, admission is \$11 pp. Lunch at Kringle Candle, at your expense. Van departs at 9am and returns 4pm. Deadline to register is May 9.