

# MANSFIELD PARKS & RECREATION

*Family, Fitness, and Fun*

*Mansfield  
Community Center  
memberships,  
pg. 5!*

### **Non-Residents Welcome!**

- Registration begins March 21 for members - *Fitness & Aquatic programs only*
- March 25 for residents

### **Many New Programs**

- March 28 for non-members, non-residents
- Registration form on page 53



\*  
**Community  
School of  
the Arts,**  
see pg. 50



*Summer  
Camp Registration  
opens in March!  
Details pg. 55!*

**SPRING 2022**

# UCONN HEALTH

# DOWNTOWN STORRS

UConn Health offers primary and specialty care, dental services, and urgent care right in Downtown Storrs. We also have a Sports Medicine Walk-In Clinic for quick assessment and treatment of athletic injuries. Adjacent to our Storrs campus, our world-class providers offer comprehensive medical care for you and your family.

[health.uconn.edu/storrs](http://health.uconn.edu/storrs)

**UCONN**  
HEALTH

## WE OFFER:

**Family Medicine**

**Obstetrics and Gynecology**

**Orthopedics and  
Sports Medicine**

**Cardiology**

**Dermatology**

**Neurology**

**Psychiatry**

**Radiology**

**Podiatry**

**Sleep Medicine**

**Vascular Surgery**

**Blood Draw Station**

**Dental Care**

**Urgent Care**



GET THE WHOLE FAMILY GOING

# SPRING FORWARD

ALL TOWNS WELCOME

## MEMBERSHIP

Membership Offer valid thru April 30, 2022  
Coupons Valid through June 30, 2022



**\$35 ENROLLMENT FEE WAIVED PLUS  
CHOOSE ONE 30-30-30 DEAL  
WITH ANY \*NEW ANNUAL MEMBERSHIP**

WWW.MANSFIELDCC.COM  
860.429.3015, EXT. 0  
10 S. EAGLEVILLE RD.  
STORRS, CT 06268

**STOP BY FOR  
ADDITIONAL DETAILS!**



**MANSFIELD  
COMMUNITY CENTER**  
*Family, Fitness & Fun!*



INTRODUCING

## LENARD HALL

COMMUNITY SCHOOL  
OF THE ARTS

450 S. EAGLEVILLE  
ROAD, STORRS, CT

**YOU'RE INVITED!**

OPEN HOUSE EVENT

WEDNESDAY, MARCH 23RD  
4:30 P.M.-6:30 P.M.

- MEET INSTRUCTORS
- TOUR THE FACILITY
- REGISTER FOR PROGRAMS



WWW.MANSFIELDCT.GOV/CSA | 860.429.3015 EXT. 6

# A Message from the Mansfield Parks & Recreation Team

The spring brings an opportunity for new beginnings, and a bright, colorful new look at the world in your backyard, including chances to re-engage with your community and friends. We have been innovatively working to provide you with many recreational choices this season that include everything from programs with the Community School of the Arts, Mansfield Community Center, and our wonderful town parks.

The Town of Mansfield is highlighting efforts and initiatives in sustainability this spring, and Parks and Recreation is dedicated to providing opportunities for healthy activities and experiences in nature. Engaging with the natural world benefits residents physically and mentally, and also contributes to a healthier environment. Research shows that people who are exposed to nature are more likely to act responsibly toward it. In addition, Mansfield's vast town parks system provides valuable habitat space for wildlife. Are you looking for outdoor activities? In addition to over 55 miles of trails in Mansfield, we also have kayak, paddleboard, and backyard game rentals; several of our town parks offer easy access to paddling. Our "hidden gem" at the Bicentennial Pond Recreational Area offers grills and picnic tables, fishing, a playscape, and miles of trails; including a universal access loop for all to enjoy. Check out the Parks and Preserves section for ways to engage in the Mansfield Parks systems, and don't miss the *Passport to Explore Your Backyard*, a free program complete with prizes! Info on pg. 46

Taking sustainability one-step further, we invite all residents to participate in the return of the seasonal favorite, the Tag Sale Trail on April 30th! One person's trash is another's treasure, so start sorting through yours now and sign-up for a space on the map soon. Or mark your calendars to pick up a free event map (available starting April 24th) at the Community Center for a treasure hunt of your own.

The month of May focuses on Family Wellness & Physical Fitness and Sports. Bring your family and join us in our many fitness program options from outdoor, indoor, in-person and virtual recreational fitness opportunities. May is also Water Safety Month! Now is the time to get your child comfortable in the water and ready to have fun for a safe and happy summer. Check out our swim lesson program in the Aquatics section.

As always, we strive to provide you with the best experience and customer service possible. If you have any suggestions on how we can better serve you, please feel free to contact us. We look forward to seeing you this spring!



<b>Membership</b> .....	5
<b>General Information</b> .....	6
<b>Inclement Weather Information</b> .....	7
<b>Preschool Programs</b> .....	8
<b>Before/After School Friends</b> .....	12
<b>Youth Programs</b> .....	13
<b>Birthday Party Form</b> .....	17
<b>Mansfield Teen Center</b> .....	19
<b>Teen Programs</b> .....	20
<b>Fitness Center</b> .....	24
<b>Family &amp; Special Events</b> .....	27
<b>Fitness Class Schedule</b> .....	32
<b>Adult Programs</b> .....	36
<b>Aquatics</b> .....	40
<b>Parks &amp; Preserves</b> .....	46
<b>Rentals</b> .....	49
<b>Community School of the Arts</b> .....	50
<b>April Vacation Activities</b> .....	53
<b>Camp Mansfield</b> .....	55
<b>Summer Day Camp</b> .....	56
<b>Specialty Camps</b> .....	57
<b>How to Register</b> .....	60
<b>Activity Registration Form</b> .....	61

Mansfield Parks and Recreation appreciates the support of advertisers, advertisements in this brochure do not express or imply an endorsement of the business sponsors or their products or services by the Town of Mansfield. Current advertisements are not guaranteed future listing and all ads will be reviewed seasonally.

Visit us online at [www.mansfieldcc.com](http://www.mansfieldcc.com) or e-mail us at:

[parks&rec@mansfieldct.org](mailto:parks&rec@mansfieldct.org)

The Mansfield Parks & Recreation Department staff has made every effort to prepare this brochure as accurately as possible. Nonetheless, errors may make it into print. Circumstances may require that adjustments be made to the program, fees, schedules, etc. We reserve the right to make such changes. We do apologize for any inconveniences these errors or adjustments may cause.

Produced by

**the Chronicle**

**Publisher:** Michael Schroeder

**Advertising Manager:** Jan Koivisto

**Production Manager:** Lynn Coleman

**Cover Design & Layout:** Heidi Graf

**To advertise please contact:**

Jean Beckley, *Sales Representative* 860-423-8466 x3305

Jackie Gottlieb, *Sales Representative* 860-423-8466 x3348

# Mansfield Community Center Membership

## Hours

**Your place for Family, Fitness & Fun!**

860.429.3015 • www.mansfieldcc.com

 MansfieldCommunityCenter |  @MansfieldCommunityCenter

### MCC General Open Hours:

REGULAR (EFFECTIVE SEPT. 7)      SUMMER (EFFECTIVE JUNE 1)

<b>Monday-Friday</b>	5:30 a.m.-8:30 p.m.	5:30 a.m.-8 p.m.
<b>Saturday</b>	7 a.m.-4 p.m.	7 a.m.-2 p.m.
<b>Sunday</b>	8 a.m.-4 p.m.	8 a.m.-2 p.m.
<b>Holidays</b>	Closed Easter Sunday, Memorial Day 9-5	

### Child Care Hours - Now Free to Members!

Drop-in childcare is available for children of members and daily visit participants. Children, ages 1-7, can play, listen to stories, and participate in arts and crafts. Parents must remain on site. Hours subject to change.

**Days & Times\*:** Mon./Wed., 9 a.m.-12 p.m. and 4:45-7:15p.m.  
Tues./Thurs., 4:45 p.m.-7:15 p.m.  
Sat./Sun., 9 a.m.-12 p.m.

**Fee:** FREE for members; Non-member \$4/hour per child

### Teen Center Hours

**Middle School, Mon/Tues/Wed, 3 p.m.-6 p.m.**

**High School, Thurs/Fri, 2:30 p.m.-6 p.m.**

FREE Teen Center membership required

### Spring Family Fun Events!

Join us this spring for some fun as a family during Family Fun Events at the Mansfield Community Center! Jump and slide on the floating Wibit inflatable obstacle in the main pool, build a fort, tumble and play with the tot toys in the gym, or get a little adventurous and giant inflatable slide in the gym. Family track time is on, and the Teen Center is available to families for ping pong, billiards, and more! Watch for special activities associated with each nights theme on www.mansfieldcc.com. FREE to members. No pre-registration required.

**Location:** Mansfield Community Center

**Dates/Times:** Sat., Mar. 12, 12:30-3:30 p.m.  
Fri., Mar. 25, 4:30-7:30 p.m.  
Fri., Apr. 15, 12:30-3:30 p.m. \*Family Play Day!  
Sat., Apr. 23, 12:30-3:30 p.m. - Celebrate Spring Event  
Sun., May 15, 12:30-3:30 p.m. - Free Mansfield Day!  
Fri., May 27, 4:30-7:30 p.m.  
Sat., June 11, 12:30-3:30 p.m.

**Fee:** There is no fee for Community Center Members. Nonmembers pay the daily fee and see what the fun is all about!

### Adult Drop-In Activities

Due to the current Covid-19 Pandemic, activities have specific rules limiting players, increased disinfecting of equipment, and mask wearing. These rules are subject to change based on updates from local, state and CDC health officials. Times subject to change depending on MPRD programming. All adult evening program end times will be adjusted June 1. Please reference the gymnasium schedule.

**18+ Basketball:** Monday & Wednesday 7-8:25 p.m.

**40+ Basketball:** Tuesday & Friday 7:15-9:15 a.m.

**Pickleball:** Wednesday 4-6 p.m. Friday 9:30-11:30 a.m., Sunday 10-12

**Futsal:** Tuesday 7-8:25 p.m., Sunday 2:30-3:55 p.m.

**Senior Women's Basketball:** Thursday 1-3 p.m.

### Membership Add-On Options: Fitness Flex Pass

We offer our members the opportunity to have the flexibility of dropping in to fitness classes. By purchasing a Fitness Flex pass you will receive 25 or 15 class visits for a cost of \$8.25 per class to drop-in. Fitness Flex passes expire 1 year from date of purchase.

15 Drop-In Classes - \$125 | 25 Drop-In Classes - \$206

### Non-Member Daily Admission

Non-members have the ability to purchase Day Passes for all-day facility use. The day pass grants the bearer access to the full facility for the day. Please note: to use the fitness center, the day pass holder must be at least 14 years of age. Additionally, fitness classes and child care services are not included in the day pass rate.

	Residents	Ashford/Wilmington	Non-Residents
<b>Adult</b>	\$10	\$11	\$12
<b>Child</b>	\$6	\$7	\$8
<b>Senior</b>	\$8	\$9	\$10
<b>Under 3</b>	\$2	\$3	\$4

Proof of age and residency may be required. Adherence of all posted facility rules is required of all day pass holders.

### Membership Rates and Options

#### RESIDENTS:

	Annual Pass	3-Month Pass	1-Month Pass
<b>Family</b>	\$717 (\$61.54 monthly)	\$237	N/A
<b>Adult/Child</b>	\$432 (\$37.08 monthly)	\$146	N/A
<b>Individual</b>	\$401 (\$34.42 monthly)	\$134	\$61

Family/Household membership rates listed above reflect all household members. Adult/Child membership rates above reflect 1 adult and all children under 14 in the household.

#### NON-RESIDENTS:

	Annual Pass	3-Month Pass	1-Month Pass
<b>Family</b>	\$833 (\$71.50 monthly)	\$274	N/A
<b>Adult/Child</b>	\$510 (\$43.78 monthly)	\$170	N/A
<b>Individual</b>	\$474 (\$40.69 monthly)	\$158	\$73

Family/Household membership rates listed above reflect all household members. Adult/Child membership rates above reflect 1 adult and all children under 14 in the household.

#### ASHFORD/WILLINGTON RESIDENTS:

	Annual Pass	3-Month Pass	1-Month Pass
<b>Family</b>	\$790 (\$67.80 monthly)	\$261	N/A
<b>Adult/Child</b>	\$474 (\$40.69 monthly)	\$158	N/A
<b>Individual</b>	\$432 (\$37.08 monthly)	\$146	\$67

Family/Household membership rates listed above reflect all household members. Adult/Child membership rates above reflect 1 adult and all children under 14 in the household.

#### Miscellaneous Fees:

Enrollment Fee - \$35 (for full year and 3 month memberships)

Enrollment Fee - \$15 (for one month memberships)

Insufficient Funds Fee (auto debit accounts) - \$25

### Free Mansfield Days at the Community Center

Whether you're new to the community center or have been here often, if you're a Mansfield Resident you can come for FREE during all facility hours on dates listed below. Proof of residency required.

**Location:** Mansfield Community Center

**Dates:** Fri., March 4  
Fri., April 23  
Sun., May 15  
Sat., June 18

# General Information

## Office Information

**Location:** Mansfield Community Center,  
10 South Eagleville Road  
Storrs/Mansfield, CT 06268-2599

**Office Hours:** Monday - Wednesday, 8:15 a.m. - 4:30 p.m.  
Thursday, 8:15 a.m. - 6:30 p.m.; Friday, 8 a.m. - noon

**Center Hours:** Monday - Friday, 5:30 a.m.-1:30 p.m. and 3:30-8 p.m.  
Saturday and Sunday, 7 a.m.-4 p.m.

**Holidays:** Closed Easter Sunday, Memorial Day 9-5

**Phone:** 860-429-3015

**Fax:** 860-429-9773

**E-mail:** [parks&rec@mansfieldct.org](mailto:parks&rec@mansfieldct.org)

**Staff:**

Jay M. O'Keefe	Director of Parks & Rec
Jennifer Caldwell	Recreation Supervisor/Aquatics
Bethany Cologna	Recreation Coordinator
Jennifer Kaufman	Senior Planner
Lynda Lambert	Administrative Services Specialist
Sebby Reale	Head Custodian
Kimberly Rontey	Member Services Coordinator
Raymond Torres	Custodian
Jessica Tracy	Recreation Supervisor/Health and Fitness



### **INCLUSIVE STATEMENT (Programs for all Abilities)**

The Parks and Recreation Department is committed to providing quality leisure services for people of all abilities. We encourage and support people with disabilities to participate in programs offered by the Department. We will work with individuals to make reasonable accommodations to foster their participation in activities of interest. Please contact the Parks and Recreation Department for more information.

### **On-line Registration**

- Log on to the Department's website at [www.mansfieldcc.com](http://www.mansfieldcc.com)
- Click the green online registration button on the homepage.

### **Inclement Weather**

- Help our receptionists. Please use the information line.
- Full day cancellations or major storm causing partial day cancellations are also listed on the three major Connecticut TV broadcasts. (See page 7 for more information)
- Call our Info Line at 860-429-3015, ext. 4
- Visit [www.mansfieldcc.com](http://www.mansfieldcc.com) or [facebook.com/MansfieldCommunityCenter](https://www.facebook.com/MansfieldCommunityCenter)

### **Advisory Committees**

- Agriculture Committee
- Arts Advisory Committee
- Recreation Advisory Committee
- Parks and Natural Resources Committee

### **Recorded Information**

Program information and cancellations are available on a daily recorded voice-mail system (860-429-3015, ext. 4).

### **Facilities**

A full list of Parks & Recreation facilities and their locations can be found on our website and in a brochure entitled "Mansfield Parks & Preserves" which is available at the Community Center.

## Tolland Veterinary Hospital

Dr. Laura Roy • Dr. Eran Shemer  
Dr. Shaleighne McKiernan



70 Hartford Turnpike  
Tolland

Monday-Friday: 9am-6pm  
Saturday: 9am-1pm

860-875-5748

[www.TollandVetHospital.Com](http://www.TollandVetHospital.Com)

Proudly Serving the Community for 50 Years!

## Spring Registration Dates

Registration start dates are grouped into the following categories:

- Mar 21** **Members of the Community Center** may register for Aquatic and Fitness related programs ONLY
- Mar 25** **Mansfield residents** who are members begin registration for all other programs/activities  
**Mansfield Residents who are not members** of the community center begin registration for all programs/activities
- Mar 28** **Non-residents who are members** begin to register for all other programs/activities.  
**Non-resident, non-members** begin registration for all programs/activities.

# Inclement Weather Policy

## Programs and Classes Held in **NON-School** Facilities (Community Center, Lenard hall, Senior Center)

Classes, workshops, leagues, etc. will NOT be determined by school cancellation or delays. Decisions will be made by taking into account road conditions, facility access, and other factors to determine if programs will be held or not for the full day or a portion of the day. Information on full or partial cancellations will be listed on the Parks and Recreation information line (860-429-3015, #4) and posted on the Parks and Recreation web site ([www.mansfieldcc.com](http://www.mansfieldcc.com)). Local TV and radio postings will only be used in the event of when all Mansfield Parks and Recreation classes, workshops, leagues, etc. are canceled for the full day.

### General Estimated Decision Times for Cancellations

5:30am-11:59am classes, programs, etc.	No later than 5:15am
Noon-5:00pm classes, programs, etc..	No later than 10:30am
5:00pm and later classes, programs, etc.	No later than 3:30pm

## Programs and Classes Held in **School** Facilities

Cancelled for <b>FULL DAY</b>	When Mansfield Public Schools are cancelled for the full day
Cancelled for <b>MORNING to NOON</b>	When Mansfield Public Schools have a delayed opening
Cancelled for the <b>EVENING</b>	When Mansfield Public Schools are cancelled early for the day.

Information on full or partial cancellations will be listed on the Parks and Recreation information line (860-429-3015, #4) and posted on the Parks and Recreation web site ([www.mansfieldcc.com](http://www.mansfieldcc.com)). Local TV and radio postings will only be used in the event of when all Mansfield Parks and Recreation classes, workshops, leagues, etc. are cancelled for the full day.

### Estimated General Decision Times for Cancellations

5:30am-11:59am classes, programs, etc.	No later than 5:15am
Noon-5:00pm classes, programs, etc.	No later than 10:30am
5:00pm and later classes, programs, etc.	No later than 3:30pm

## County Line Septic LLC

INSPECTIONS • INSTALLATIONS • REPAIRS • PUMPING

**Full Service Septic  
Company Serving  
Central and Eastern CT.**

**860-331-0444**  
[www.countylineseptic.com](http://www.countylineseptic.com)

## Snow, Thunder, Lightning and Rain

**Call 860-429-3015, ext. 4**  
**Check [www.mansfieldcc.com](http://www.mansfieldcc.com)**

Some programs may be held in inclement weather and some may not. Contact our program information line for weather related program status updates. Thunder and lightning are a serious safety concern and may force last minute cancellations on site. Active thunder and lightning in the area may force the temporary closing of the indoor pool and programs until the threat has moved out of the area.

mansfield



Hebron • Mansfield

Roa Alammari  
MD, FACOG

Robert Gildersleeve  
MD, FACOG

Lesley Gumbs  
MD, FACOG

Veronica Helgans  
MD, FACOG

Yvette Martas  
MD, FACOG

Lindsay Collins  
CNM, DNP

Stephanie Welsh  
CNM, DNP

Lindsay Collins, CNM  
Shannon Morgan, CNM

**Lifelong Women's Healthcare**  
Adolescence • Pregnancy • Menopause

860-450-7227 (phone) • 860-450-7231 (fax)

A member of



Find us on Facebook  
[www.Mansfieldobgyn.com](http://www.Mansfieldobgyn.com)

# Preschool Programs

## Potential COVID-19 Impact on Spring Programs

We are committed to maintaining healthy, fun and engaging parks and recreation options for everyone during the unusual and challenging impacts of the COVID-19 pandemic. At the time of the content deadline for the spring brochure, we planned a combination of traditional in person and virtual programs, activities and events. We will adapt to meet recommendations by state and local officials as well as the interests of our patrons. As a result, ongoing assessment, planning and potential adjustment will continue after the printing of the spring brochure in order to offer a continuum of activity options during the spring season. Please frequently visit [mansfieldcc.com](http://mansfieldcc.com), our Facebook page and monitor emails for updates regarding spring programs throughout the spring registration and program season.

Watch for Virtual Programs designated with a !



Explore the programs listed below with your littles, but don't forget to check out these sections for additional fun:

- **Aquatics (pg. 42)** for swim lessons for babies and toddlers as young as six months old
- **Family & Special Events (pg. 22)** for Family Fun Days, Easter egg making, and other special events for all ages!
- **Parks & Preserves (pg. 46)** for guided walks on local trails!

### **Child Care** (Ages 1-7) Now Free to Members!

Drop-in childcare is available for children of members and daily visit participants. Bring your children, ages 1-7, to play, listen to stories, and participate in arts and crafts, while you take a class, workout, swim, play basketball accompany another child to a program, or just take some time to yourself in the sitting room. Parents must remain on site and children may only attend childcare for two hours maximum per day. Space is limited; reservations are not accepted. The following times are planned for the spring, however the Parks and Recreation Department reserves the right to adjust time to reflect demands. Look for the  throughout the brochure for corresponding programs.

**Location:** CC Child Care Room

**Days & Times:** Mon./Wed., 9 a.m.-12 p.m. and 4:45-7:15 p.m.  
Tues./Thurs., 4:45 p.m.-7:15 p.m.  
Sat./Sun., 9 a.m.-12 p.m.

**Fee:** FREE for members, Non-member Fees: \$4/hour per child

### **Parent/Tot Open Gym** (Birth to 5)

Come and play! This ongoing, unsupervised program is for children up to the age of 5 and their parents. There will be age-appropriate riding toys, mats, tunnels, balls, etc. available for use. Come build a fort, tumble, or just burn some energy!

**Location:** CC Gym

**Days:** Mon. , & Thurs. (could be cancelled for special events and some programs)

**Time:** 9:30 a.m.-noon

**Fee:** FREE for members; Non-members pay the regular daily admission fee for parent/guardian and children.



## DO YOU HAVE A HIDDEN TALENT?

*Are you interested in teaching a class?*

Mansfield Parks and Recreation is seeking part time quality instructors for a variety of programs! Whether your passion is dog training, line dancing, children's workshops, gardening, or some other gem, we would love to hear from you! A great opportunity for stay at home parents, those who work part time, and retired enthusiasts. Does this sound like you? If you have an idea for a class, let us know! Submit a proposal at [www.mansfieldct.gov/jobs](http://www.mansfieldct.gov/jobs) under the General Program Instructor posting.

**MANSFIELD**  
CONNECTICUT  
Community Center

FIND US ON FACEBOOK



and INSTAGRAM!



@MansfieldCommunityCenter



Sonya Maher, L.O.

# eyeTrade Optical & Sunglass in Coventry



# Buy 1 Get 1 50% off!

**\*See shop for details**



**Having fun in the sun with  
eyeTrades polarized sunglasses!**

**Call Sonya for your  
personalized eyeglass/sunglass  
fitting appointment today!**

**860-498-0717**



Voted #1 Optical Shop  
in the Chronicle's  
Readers Choice 2021



**eyeTrade, LLC, Optical Shop**  
1197 Main St., Coventry, CT • [www.eyetrade.vision](http://www.eyetrade.vision)

**A Portion of Every  
Purchase Helps Others See!**

Sat, Mar 12, 8 pm

TIX \$25-55

**DANÚ** IN-PERSON & LIVESTREAM



For over two decades, the traditional Irish ensemble, Danú, has been taking its audience on a musical journey to their native Ireland. Their high-energy performance and a mix of ancient Irish music and new repertoire is sure to transport the audience overseas.

"...impressive, immersive, and uniquely and unmistakably Irish." - *Strings Magazine*

Livestream Sponsor: NICABM

Media Sponsors: CT Public, Lite 100.5 FM, CT Magazine

Tue, Apr 12, 7:30 pm

TIX \$32-36

**SMALL ISLAND, BIG SONG**



Through depicting the experiences of the souls from the Pacific and Indian Ocean Islands, Small Island, Big Song showcases a production of strong vocals and cinematic scenes. The journey through the show teaches individuals of the environmental, political, social, and cultural history behind the islands of our oceans.

"The oceanic songlines they present will fill your ears with some of the most heartfelt and evocative sounds imaginable." - *Roots World*

Recommended Ages 12+

Media Sponsors: 100.9 K-Hits, CT Kids and Family, Seasons Media, The Chronicle

Tue, Apr 19, 7:30 pm

TIX \$30-35

**MOMIX**



Transporting audiences from their everyday lives to a fantasy world through its trademark use of magical lighting and imagery, MOMIX has thrilled dance fans in over 22 countries. Astonishing Jorgensen fans for more than 30 years, they return to Jorgensen with "Viva MOMIX" to perform a collection of audience and company favorites.

Media Sponsors: WILL, Seasons Media, The Daily Campus

Note: all artists, events, dates, programs and COVID-19 policies are subject to change.

jorgensen.uconn.edu | 860.486.4226 | M-F, 10-5pm

Phone & Web Sales Only



Located on the UConn campus in Storrs, CT

☺ **Music & Movement for Babies & Young Children** (For children ages 6 months to 5 years and their adult)



This is an interactive music class for young children and their families. Using engaging songs, basic percussion instruments and musical storybooks, Bobbi Giardina will lead children and their families through age appropriate music and movement experiences. As the adults sing and clap along, children are encouraged to participate at their own level and to sing, move, explore, or simply observe, as they feel comfortable. This class will support families to share their love of music with their children, and families will be provided with ideas and resources to continue sharing music with their child at home.

**Instructor:**

Bobbi Giardina, is a musician and certified teacher celebrating 35 years in the field of early childhood education. She has always used singing and music in her classroom to teach, soothe, celebrate, and build community. Bobbi believes that creating music together in a group has the power to help people feel more connected. She wants young children to feel this joy of making music with others, as they explore their musical competency through play, movement, and vocalizing.



**Location:**

CC Community Room, outside the CC when the weather allows

**Dates:**

Mon., Apr. 9-May 14 (6 classes)

**Time:**

9:45-10:30 a.m.

**Fee:**

\$30 for residents, \$40 for non-residents

**Activity #:**

430200-A

☺ **Tumble and Twirl** (Ages 3-5)

Get your body moving on Sunday morning! Allow your little one to explore the fundamentals of tumbling, acrobatic movements, gross motor skills, dance and basic stretching skills. Each day will start with a warm up dance, basic stretching to warm up the body and then children will move through a series of combination on the floor, mats, wedges, balance beam and other tumbling equipment. Tumblers will focus on balance and body awareness while improving their strength and coordination. Parent involvement is highly encouraged to assist their child in class.

**Instructors:**

Mia (John) Pomeranke and professional dance instructors from Mansfield Academy of Dance. See description on page 14

**Location:**

CC Gymnasium

**Time:**

10:25-11:10 a.m.

**Dates:**

Sun. Apr. 10 – Jun. 5 \*no class 4/17 (8 classes)

**Fee:**

\$42 for residents, \$52 for non-residents

**Activity #:**

420047-A

**FIND US ON FACEBOOK**



**and INSTAGRAM!**



**@MansfieldCommunityCenter**

# Preschool Programs

## ☺ **Pre-Ballet** (Ages 3-5)



Skip, march, gallop and more in this introduction to ballet dance! Active young dancers learn through basic movement and dance-along songs, developing motor skills and learning basic ballet positions. Leotard, tights, and leather ballet shoes recommended. Please contact instructor for help ordering: [miapomerenke@gmail.com](mailto:miapomerenke@gmail.com)

**Instructors:** Mia (John) Pomerenke and professional dance instructors from Mansfield Academy of Dance. See description on page 14

**Location:** CC Dance/Fitness Studio  
**Time:** 11:20 a.m.-12:05 p.m.  
**Dates:** Sun. Apr. 10 – Jun. 5 \*no class 4/17 (8 classes)  
**Fee:** \$42 for residents, \$52 for non-residents  
**Activity #:** 420045-A

## ☺ **Egg Dyeing with Wax Resist!** (All Ages & with Family-Friendly Pricing!)



Celebrate Spring with this fun and festive workshop! Enjoy watching the unique canvas of an egg transform with this coloring technique. Learn to mix your own colors and hand draw designs. Each registered participant will leave with a minimum of three completed eggs! Participants ages 5 and under must be accompanied by a parent or guardian. Parent participation is encouraged for all young children. Solo adults welcome! Pre-registration required due to material purchase needs.

**Instructor:** N. Yilmaz, a recent Eastern graduate with a BA in Studio Arts, enjoys working in a wide variety of mediums, and teaching others about the visual arts.

**Time:** 10-11:30 a.m.  
**Date:** Sat, April 16  
**Location:** CC Arts and Crafts Room  
**Individual Fee:** \$4 for residents, \$14 for non-residents  
**Pair Fee:** \$7 for residents, \$17 for non-residents  
**Family of 3:** \$10 for residents, \$20 for non-residents  
**Family of 4:** \$12 for residents, \$22 for non-residents  
**Materials Fee:** \$5/person due at the time of registration. Fee waivers do not apply to materials fees.  
**Activity #:** 420001-A



## CHANGING LIVES A SMILE AT A TIME



**Accepting  
 New  
 Patients**

**Financing  
 available**

Call for a consultation today **860-742-6665**

**JENKINS DENTAL**

2991 A South St., Coventry, CT 06238

[www.bynesfallsdentistry.com](http://www.bynesfallsdentistry.com) • email: [info@jenkinsdentalpros.com](mailto:info@jenkinsdentalpros.com)

# After School Programs

Enroll by month, regular individual days per month, or on a drop-in basis!



4 Locations:  
MCC,  
Goodwin,  
Vinton and  
Southeast  
Schools

## BEFORE/AFTER SCHOOL FRIENDS

**The Before/After School Friends Program** offers a safe, fun and relaxed atmosphere for children at the end of the school day. The program is for children in grades K–4th grade whose parents want them to join special activities in a peer setting. The Before School Program starts at 7 a.m. The After School program concludes at 6 p.m. each day.

**The Before/After School Friends Program** designs activities to provide children with experiences that enhance physical, emotional and social growth. Children not only develop peer relationships, but also develop a connection with the staff who is sensitive to their needs and interests. Children develop social skills needed for successful group interaction in future settings.

**The Before/After School Friends Program** consists of options based on each child's interests, wants and needs.

The weekly schedule can include activities such as arts and crafts, sports, outside time, creative group games and special themed events. We encourage the children and staff to be involved in planning together.

**The Before/After School Friends Program** recognizes individuality in all children. We encourage cooperation between all participants at our program. We feel daily

communication with parents and staff is important to keep you up to date on how your child is doing with Before/After School Friends.

**The Before/After School Friends Program** is open all days that the Mansfield Public Schools are in operation including

scheduled half days. Registration and payment is required prior to the start of each month. Children may be enrolled by the month or for certain consistent days of the week per month. Fees vary from month to month based on the number of days/hours the program runs. On days where there is a late opening, there is no before school care. If there is a late opening there will still be the after school program. On scheduled early dismissal days there is no after school care.

For more information contact the Parks and Recreation

office by email: [parcsandrec@mansfieldct.org](mailto:parcsandrec@mansfieldct.org) or by phone 860-429-3015 ext. 0.

### Registered days:

\$11.54 each morning, \$14.11 each afternoon

### Drop-in:

\$19.00 each morning, \$23.00 each afternoon





## Mansfield Parks and Recreation Programs

### Mansfield Recreation and Travel Basketball:

Boys and girls grades K-8 recreation and travel divisions. Registration begins in early September with practices and games November to March. Flyers distributed through Mansfield public school and the Mansfield Community Center beginning in September.

### Co-Sponsored Youth Sports Organizations:

The Mansfield Parks and Recreation Department encourages and supports the formation, continuance, and growth of all recreation programs through the Department's Co-sponsorship Policy.

#### Mansfield Area Panther Lacrosse

The Mansfield youth lacrosse program previously administered by Mansfield Parks and Recreation is now organized by Mansfield Area Panther Lacrosse (MAPL). Visit <http://pantherlaxct.com/> to learn more. MAPL is an official Town of Mansfield Co-sponsored Youth Sports Organization. MAPL serves boys and girls ages 5-14. Inquiries regarding the program should be directed to: [dunstans@pantherlaxct.com](mailto:dunstans@pantherlaxct.com)

#### Mansfield Little League

MLL provides organized, instructional and competitive baseball and softball programs for boys and girls ages 5-15, and includes Spring, Summer and Fall seasons. MLL also offers Umpire Training Programs for ages 13 and up. Please visit [www.mansfieldll.org](http://www.mansfieldll.org) for registration and additional information.

#### WAM United Soccer Club

WAM (Willington, Ashford, Mansfield) United offers youth soccer programs in the spring, including: Saturday Instructional Clinic for grades 2 and younger. Two alternative programs for grades 3 through 8 that form teams to compete in the Northeast District League of the Connecticut Junior Soccer Association; and pick-up soccer games for grades 9-12. For additional information please visit the WAM United webpage for the Mansfield representative contact information ([www.WAMUnited.com](http://www.WAMUnited.com))

## Other Youth Sport Organizations serving Mansfield Residents

### Northeast Youth Hockey:

Offers learn-to-skate and hockey programs at UCONN from beginner to experienced. For more information go to [northeastyouthhockey.org](http://northeastyouthhockey.org).



## FACILITY YOUTH POLICIES



- Childcare hours service 1-7 year olds.
- Children ages 8-11 are able to use the facility independently while a parent/guardian is in the facility.
- A sibling or supervisor who is 14 or older is able to serve as the "caretaker" for a sibling who is 8-11.
- All minors (ages 12-17) are limited to visiting the facility for no longer than 4 hours per day without a parent or guardian.
- If a child is at least 8 years old and can pass a swim test, parents or guardians can allow them to use the pool independently. All parents/guardians will need to remain in the pool area until the swim test is administered. Swim tests include successfully swimming the equivalent of one length of the pool (25 yards), tread water for 30 seconds, and back float 10 seconds without assistance and without touching the bottom or side.
- Any child 6-8 years old who passes a swim test only needs to have a parent actively supervise them from the pool deck.
- Children 5 years of age and under must be accompanied in the water by an adult (18 years or older) who is within arms reach.
- Children 5 years of age or older must use gender appropriate locker rooms. Families and individuals with special needs have the option to use family changing rooms.
- Members and guests must be at least 14 years old to use the fitness equipment upstairs.
- Tuesday, Thursday, and Friday evenings from 4-8:30 p.m. and Saturday and Sunday from 12-4 p.m., youth, ages 10-13 may use select cardiovascular equipment with proper parental supervision. Additionally, they may use our Youth Resistance Training program during the above hours as long as they have completed the Youth Resistance Training Orientation. (See current program brochure for class dates and times.)
- During Family Track Hours children may use the Walking/Jogging Track along side their parent or guardian.

### \*Teen Center Members under the age of 12 and in the 5th grade may be in the facility independently provided the following:

- Only during scheduled Teen Center School hours; See page 19. During Family Fun Night there is no supervised teen time. Teen Center is open for families.
- They remain in the Teen Center with the exception of use of the bathroom or vending machines.
- Their parents or guardians must sign out their children in the Teen Center when picking them up from the Community Center.

# Youth Programs

In this section explore opportunities for after school fun,

## ☺ **Rockhound Roundup** (Grades 2-5)

Do you love to pick up cool rocks? Here is your chance to really learn what they are. We will find out the difference between rocks and minerals and learn how to identify the most common ones. Start your own collection and see what you can find. We'll even get a chance to see some really interesting fossils!

**Instructor:** Sue Harrington  
**Location:** CC Arts & Crafts Room  
**Date:** Tues., Apr. 5-May 3 (4 classes), \*no class 4/19  
**Time:** 4:45-5:45 p.m.  
**Fee:** \$29 for residents, \$39 for non-residents  
**Activity #:** 420031-A



## ☺ **Going Buggy** (Grades 1 & 2)

Beetles, butterflies, bees and bedbugs... all are members of the animal group we call insects. We'll learn what makes a creature an insect as we try to find insect outside, do insect activities and visit some real live insects. Let's become real entomologists or insect scientists as we get acquainted with our buggy neighbors.

**Instructor:** Sue Harrington  
**Location:** CC Community Room  
**Date:** Thurs., Apr. 28-May 19 (4 classes)  
**Time:** 4:45-5:45 p.m.  
**Fee:** \$29 for residents, \$39 for non-residents  
**Activity #:** 420030-A



## Dance

**Instructors:** *Mia (John) Pomeranke* and professional dance instructors from Mansfield Academy of Dance. Instructors at the Mansfield Academy of Dance pride themselves on being lifelong learners who continually educate themselves through certification programs, teacher-training schools, conferences, and other learning opportunities. They are certified by test to teach dance through Dance Masters of America. Mansfield Academy of Dance instructors offer high-level dance education with focus on age appropriate physical and mental development as well as proper dance technique and terminology. Our goal is to prepare young dancers for any path they wish to pursue in life. Our dancers are inspired, confident, healthy, passionate, disciplined, focused, and proud.

## ☺ **Tumble and Twirl** (Ages 3-5)

Get your body moving on Sunday morning! Allow your little one to explore the fundamentals of tumbling, acrobatic movements, gross motor skills, dance and basic stretching skills. Each day will start with a warm up dance, basic stretching to warm up the body and then children will move through a series of combination on the floor, mats, wedges, balance beam and other tumbling equipment. Tumblers will focus on balance and body awareness while improving their strength and coordination. Parent involvement is highly encouraged to assist their child in class.

**Location:** CC Gymnasium  
**Time:** 10:25-11:10 a.m.  
**Dates:** Sun. Apr. 10 – Jun. 5 \*no class 4/17 (8 classes)  
**Fee:** \$42 for residents, \$52 for non-residents  
**Activity #:** 420047-A

## ☺ **Pre-Ballet** (Ages 3-5)

Skip, march, gallop and more in this introduction to ballet dance! Active young dancers learn through basic movement and dance-along songs, developing motor skills and learning basic ballet positions. Leotard, tights, and leather ballet shoes recommended. Please contact instructor for help ordering: [miapomeranke@gmail.com](mailto:miapomeranke@gmail.com)

**Location:** CC Dance/Fitness Studio  
**Time:** 11:20 a.m.-12:05 p.m.  
**Dates:** Sun. Apr. 10 – Jun. 5 \*no class 4/17 (8 classes)  
**Fee:** \$42 for residents, \$52 for non-residents  
**Activity #:** 420045-A

## **Ballet 1** (Ages 6-9)

Children will learn basic ballet positions and movements while exploring music and dance. Themes, props and creative dance will be incorporated to make learning steps and terminology exciting and fun.

**Location:** CC Dance/Fitness Studio  
**Time:** 12:10-12:55 p.m.  
**Dates:** Sun. Apr. 10 – Jun. 5 \*no class 4/17 (8 classes)  
**Fee:** \$42 for residents, \$52 for non-residents  
**Activity #:** 420046-A

## **Hip Hop Class** (Ages 7-10)

This energetic and exciting class will incorporate some of the latest styles of dance featured in music videos and on television with popular music in an age appropriate manner. Students will focus on building strength and stamina while working on such skills as body awareness, isolation and musicality. Creativity and self-expression will be encouraged through free dance and student choreography.

**Location:** CC Dance/Fitness Studio  
**Time:** 1-1:45 p.m.  
**Dates:** Sun. Apr. 10 – Jun. 5 \*no class 4/17 (8 classes)  
**Fee:** \$42 for residents, \$52 for non-residents  
**Activity #:** 420049-B

## **Musical Theatre** (Ages 6-10)

The perfect introduction to theater dance! Dancers will explore theater through games and group activities, while focusing on all three aspects of becoming a musical theatre "triple threat" including dance, singing, and acting! Jazz shoes recommended.

**Location:** CC Fitness/Dance Studio  
**Dates:** Sun. Apr. 10 – Jun. 5 \*no class 4/17 (8 classes)  
**Times:** 1:50-2:35 p.m.  
**Fee:** \$42 for residents; \$52 for non-residents  
**Activity #:** 420040-A



## Micro Sports (Grades K-2)

This clinic is to get Kindergarten – 2nd grade children active in a trio of sports. Children will learn the fundamentals of basketball, soccer and t-ball. Children will learn the skills necessary to play the game and have fun doing it. Clinics will be held on Tuesday nights outside pending inclement weather.

**Instructor:** TBD  
**Location:** Local Elementary School  
**Dates:** Tues., March 29 – May 10 (No Class 4/19)  
**Time:** 5:30-6:30 p.m.  
**Fee:** \$42 for residents, \$52 for non-residents  
**Activity #:** 420062-A

## Youth Resistance Training Orientation - UPDATED in January 2022!

This Personal Trainer led class allows youth ages 10-13 and their parent or guardian (18+) to learn the basics of a safe progressive Resistance Training Program. After completion of this orientation, youth are then allowed to take this pre-designed program to the fitness area during youth fitness hours, under a parent/guardian's supervision. This class is mandatory for use of the fitness center by this age group. This program is available to Community Center Members only. Pre-registration required.

**Instructor:** Mansfield Community Center Personal Trainers  
**Location:** CC Dance/Exercise Studio  
**Days/Times:** Fri., April 8, 5-6:30 p.m. (470090-A)  
 Sat., May 21, 1-2:30 p.m. (470090-B)  
 ☺ Sun., June 5, 9-10:30 a.m. (470090-C)  
**Fees:** \$10 per youth/parent pair – Members Only.  
 Pre-registration required.

## Youth Fitness – Cardiovascular



Youth ages 10-13 may utilize the cardiovascular equipment (ellipticals, bikes, rower and indoor track) with proper parental supervision. Parent or guardian (18+) must be actively supervising youth at all times. Youth and parent must check in with Fitness Assistant upon arriving on

the fitness floor. Only cardiovascular equipment may be used, unless Youth Resistance Training Class has been completed. Orientation to cardiovascular equipment is not mandatory, but strongly suggested. Please ask for help from our Fitness Assistants.

**Days:** Tues., Thurs., Fri., 4-8:30 p.m., Sat/Sun 12-4  
**Fee:** FREE! – Members only!

## Planter Painting and Planting Fun!

(Ages 5+ with adult)



Come and paint your own terracotta planter! Use fun stencils, or free hand your masterpiece. Examples and demoing by the instructor will help provide inspiration. Come join the fun! \*Fee below includes completion of one planter. Register only one family member per project desired.

**Instructor:** N. Yilmaz, a recent Eastern graduate with a BA in Studio Arts, enjoys working in a wide variety of mediums, and teaching others about the visual arts.  
**Time:** 10-11:30 a.m.  
**Date:** Sun, April 10  
**Location:** CC Arts and Craft Room  
**Fee\*:** \$5 for residents, \$15 for non-residents  
**Materials Fee\*:** \$10 due at the time of registration. Fee waivers do not apply to materials fees.  
**Activity #:** 420004-A

## Mother's Day Mosaics (Ages 5+ with adult)

Come create a special gift and special memory for a mom or mother figure in your life. Join us in making Garden Stone Mosaics! Choose your own colors to create a spectacular design in plaster. A great activity to do with mom, or gift to surprise her with! \*Fee below includes completion of one mosaic stone. Register only one family member per project desired.

**Instructor:** N. Yilmaz, a recent Eastern graduate with a BA in Studio Arts, enjoys working in a wide variety of mediums, and teaching others about the visual arts.  
**Time:** 10-11:30 a.m.  
**Date:** Sun., May 1  
**Location:** CC Arts and Craft Room  
**Fee\*:** \$7 for residents, \$17 for non-residents  
**Materials Fee\*:** \$20 due at the time of registration. Fee waivers do not apply to materials fees.  
**Activity #:** 420003-A

## Paint Your Own Birdhouse (Ages 5+ with adult)



Add some cheery-tweeting and color to your backyard with a custom painted birdhouse! A fun family activity, come celebrate spring and paint a birdhouse with your child or grandchild. Fun for all ages! \*Fee below includes one birdhouse. Register only one family member per birdhouse desired.

**Instructor:** N. Yilmaz, a recent Eastern graduate with a BA in Studio Arts, enjoys working in a wide variety of mediums, and teaching others about the visual arts.  
**Location:** Outside in front of the Community Center (Rain location- CC Arts and Craft Room)  
**Date:** Sat., May 21  
**Time:** 10-11 a.m.  
**Fee\*:** \$5 for residents, \$15 for non-residents  
**Materials Fee\*:** \$20 due at time of registration. Fee waivers do not apply to materials fees  
**Activity #:** 420002-A



# Youth Programs



**Instructor:** Devin Pallanck  
**Location:** E.O. Smith Tennis Courts  
All participants are required to bring their own appropriately sized tennis racquet.  
**Early Spring Dates:** Sun., Apr. 24-May 15 (4 classes)  
**Late Spring Dates:** Sun., June 5-June 25 (4 classes)

## Quick Start Tennis (Ages 4-7)

In these introductory skill development sessions, tennis goals are to gradually improve hand-eye coordination, learn proper grip and stroke, and have a positive introduction to the game. Larger, lighter foam tennis balls are used during instruction and are particularly effective with children because they are easier to control and reach to. Typical kids games are used to incorporate and enforce proper use of a racquet and shadowing the coach.

**Early Spring Act. #:** 420060-A  
**Late Spring Act. #:** 420060-B  
**Time:** 8:15-8:45 a.m.  
**Fee:** \$27 for residents, \$37 for non-residents

## Beginner Tennis (Ages 7-10)

The perfect introduction to tennis! A few changes in size and format from the younger group with practice in stroke development and modified match play. In this class, participants will learn the basic strokes of tennis, making clean contact with the ball, and encourage movement on the court. Group games are played that further develop these skills.

Please make sure your child has the correct sized racquet.

**Early Spring Act. #:** 420061-A  
**Late Spring Act. #:** 420061-B  
**Time:** 8:55-9:40 a.m.  
**Fee:** \$45 for residents, \$55 for non-residents

## Beginner Tennis (Ages 10-13)

The perfect introduction to tennis! A few changes in size and format from the younger group with practice in stroke development and modified match play. In this class, participants will learn the basic strokes of tennis, making clean contact with the ball, and encourage movement on the court. Group games are played that further develop these skills. Please make sure your child has the correct sized racquet.

**Late Spring Act. #:** 420063-B  
**Time:** 9:50-10:35 a.m.  
**Fee:** \$45 for residents, \$55 for non-residents

## Intermediate Tennis (Ages 10-13)

*Participants must have completed at least two seasonal sessions of tennis with the orange or red ball to participate in this level. If your child doesn't meet those guidelines, please register them for the Beginner Tennis program.*

In this tennis program for more advanced players, there will be a different focus for each lesson (forehand, serve, consistency, angles, etc.) and play will range from drills to games and matches. The aim for the more advanced players is to have them hitting as many balls as possible and get in a good mix of drills and competitive (but friendly) games. There will be significantly more focus on instructing proper technique, grips, and strategies.

**Late Spring Act. #:** 420064-B  
**Time:** 10:45-11:30 a.m.  
**Fee:** \$45 for residents, \$55 for non-residents

# EARTH EXTRAVAGANZA!

SATURDAY, APRIL 23, 2022

1:00 - 3:00 PM

MANSFIELD COMMUNITY CENTER

**Come celebrate spring, community and our earth!**

Join the Town of Mansfield and members of our community for an afternoon filled with family-fun and exciting activities.

**Earth Day Celebration . Compost Kit Giveaways . Plant/Seedling Sale  
Egg Hunt . Resource Fair . AND More!**



# Youth Programs

## Around the World in 64 Days (Ages 6-12)

An experienced, creative art teacher brings her own unique, wild and wonderful skills to the children's program! Have fun experimenting with multi-media, drawing, and painting. Your tour stops are: Monster fish in the Carribean, Mandellas and toucans in Mexico, Henna hands in India, and more. Use your imagination! Students are encouraged to observe carefully, to experiment with materials, shape, color, line, and texture and to create unique artworks using their imagination.

**Instructor:** Nancy Cooke-Bunnell, an award-winning pastel and acrylic painter, is an experienced state certified art teacher for over 18 years teaching to all ages. She has taught art at the Community School of Arts, Art Center East, West Hartford Art League, and others. Her pastels have won first in the state at the CT Pastel Society and has won numerous high-ranking awards at Art Center East, The Munson Art Center., and throughout the state. Nancy has also shown work on Canyon Rd. in New Mexico.

**Location:** CC Arts & Crafts Room

**Time:** 4:45-5:45 p.m.

**Date:** Wed., April 6-May 11 \*no class 4/20 (5 classes)

**Fee:** \$50 for residents, \$60 for non-residents

**Materials Fee:** \$15 due at registration. Fee waivers do not apply.

**Activity #:** 420035-A

## NEW! Abstract Double Explosion: Drawing and Painting (Ages 6-12)

An experienced, creative art teacher brings her own unique, wild and wonderful skills to the children's program! Have fun experimenting with multi-media, drawing, and painting. Use your imagination! Students are encouraged to observe carefully, to experiment with materials, shape, color, line, and texture and to create unique artworks using imagination as they increase their understanding of art history. This is an exciting class that encourages creativity, invention, and increasing skills. Students will create their own distinctive designs and will also reference 20th century artists like W. Kandinsky, Frankenther, Paul Klee, Miro, and others.

**Instructor:** Nancy Cooke- Bunnell

**Location:** CC Arts & Crafts Room

**Time:** 4:45-5:45 p.m.

**Date:** Wed., May 26-June 15 (5 classes)

**Fee:** \$50 for residents, \$60 for non-residents

**Materials Fee:** \$15 due at registration. Fee waivers do not apply.

**Activity #:** 420036-A



### BIRTHDAY PACKAGE OPTIONS:

- GIANT GYM SLIDE
- PAINT PARTY
- POOL PARTY
- PRESCHOOL PLAY
- SPORTS AND GAMES
- DECORATIONS
- PIZZA & JUICE!



**ROOM RENTALS FOR UP TO 25 PARTY-GOERS!**

**THINK OUTSIDE THE BOX!**  
RENT A ROOM FOR YOUR:

- BABY SHOWER
- SCOUT MEETING
- BRIDAL SHOWER
- BUSINESS MEETING
- AND MORE!

MORE INFO AT:  
[WWW.MANSFIELDCT.GOV/PARTIES](http://WWW.MANSFIELDCT.GOV/PARTIES)  
OR CALL 860-429-3015 EXT. 6108



camp info starts  
on pg. 55!



WE MAKE  
HAPPY CAMPERS!

# Summer Camps 2022

NON-RESIDENTS WELCOME

## REGISTER AS SOON AS MARCH 25TH FOR:

June 27-29 Youth Football with Coach Kelly  
June 27-July 1 "I Can Decoupage That!" Art Camp

July 5- 8 Co-Ed Basketball with Coach Pires

July 11-15 Chemical Creations with Minds in Motion  
July 11-15 Girls Basketball with Coach Roickle and Coach Parker  
July 11-15 Painting Mini Master Piece Studio  
July 11-15 Outer Space and Physics Fun with Minds in Motion

July 18-22 Pop Up Books STEAM  
July 18-29 TWO WEEKS! Theater Camp - Peter Pan with Miss Kelly

July 25-29 Chess Wizards!  
July 25-29 Nature and Art Mini Master Piece Studio  
July 25-29 Ray Reid Soccer School, Young Stars

August 8-12 Take Me to the Tate! Art Camp  
August 8-12 Live Action Flix Film Camp  
August 8-12 Lego Flix Film Camp

August 15-19 Adventures in STEM using LEGO  
August 15-19 STEM Explorations using LEGO

[www.mansfieldcc.com](http://www.mansfieldcc.com)

860-429-3015



## Mansfield Teen Center

Looking for something to do after school? Need a place to relax with friends during the week or on weekends? MTC is a safe fun environment for teens to hang out with their friends. Teens have the opportunity to give us their input on the types of activities and specials they would like to see. FREE Teen Center memberships for all kids' grades 5-12 (Mansfield and surrounding communities). Stop by and fill out a registration form.

Fifth graders under the age of 12 may use the Teen Center without a guardian. They must remain in the Teen Center with the exception of trips to the bathroom and vending machines. Fifth graders must be signed out by a parent or guardian.

During Family Fun Nights the teen center is open for families to use. You will need to check with a manager on duty if you want to play pool, ping pong, air hockey or foosball. There is an equipment sign out sheet for pool sticks and pool balls at the front desk that you will need to fill out in order to play pool.

- Located in the Community Center (MTC is the last room on the left on the first floor), within walking distance EOS and with busing available from MMS.

- 2 pool tables, foosball, air hockey, board games, 2 computers & Xbox One.

### MTC Hours:

**Mon/Tues/Wed , 3 p.m.-6 p.m.**  
(Middle School students only)

**Thurs/Fri, 2:30 p.m.-6 p.m.**  
(High School Students only)

**Closed on holidays.**

For more information about  
the MTC contact Bethany Cologna,  
[ColognaB@mansfieldct.org](mailto:ColognaB@mansfieldct.org)



# Teen Programs



## Teen Programs

### Babysitter Safety (Ages 11-17)

*\*registration deadline May 13*

This course is for youth's age 11 to 17 years of age. This is an entry level course intended to teach age appropriate skills necessary to care for children of all ages using team babysitting, mother's helper and individual babysitting concepts. The course focuses on safety with emphasis on prevention. Other topics include hand washing, diapering, bottle feeding, and personal safety and interview skills. Basic first aid and obstructed airway management for a conscious choking adult/child and infant will be covered. First Aid including adult and child CPR (requires passing written and skills testing to receive 2 year certification; certification is not guaranteed). Booklet, handouts and babysitter Safety Certificate of completion included.

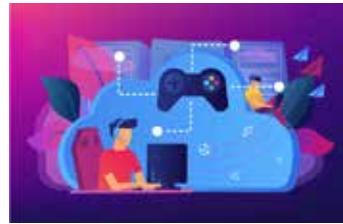
- Location:** CC Community Room
- Time:** 9 a.m.-2 p.m.
- Date:** Sat., May 21
- Fee:** \$97 for residents, \$107 for non-residents
- Activity #:** 420175-A

### **NEW! Teen Entrepreneurship Online Business Course:** Print-On-Demand (Ages 13-16)

Come brainstorm and create your very own Print-On-Demand E-commerce business! Grasp the fundamentals of entrepreneurship and best-business practices which will cement the foundation and mindset for success! Learn how to generate income by creating simple image or text designs and uploading them onto a 3rd party print-on-demand platform. Using these designs, you can sell all types of merchandise like t-shirts, water bottles, and more! With every sale, you will earn a commission while the print-on-demand platform handles printing, shipping, and all the customer details! You will also learn how to drive sales using the power of digital marketing. Work with other students as you strengthen critical thinking, improve communication skills, encourage integrity, and learn leadership qualities. Come think like an entrepreneur and grow your own business right away! (Participants will need to bring their own laptop and use or create their own social media accounts.)

- Instructor:** Minds in Motion Staff
- Location:** CC Community Room
- Time:** 1 p.m.-4 p.m.
- Date:** Mon.-Fri., Apr. 18-22
- Fee:** \$182 for residents, \$192 for non-residents
- Activity #:** 452153-A

### **V Virtual ESports Program**



We are committed to maintaining healthy, fun, and engaging programs for everyone during the challenging times COVID-19 has presented. Mansfield Parks and Recreation will continue to adapt to meet the needs of all of our community members by offering virtual programs in new and exciting ways. Stay tuned to [www.mansfieldcc.com](http://www.mansfieldcc.com) for more information regarding a brand new ESports program initiative that aims to immerse you even further into your favorite gaming experiences!

## Potter's Oil Service

We supply propane tanks for summer cooking!

# 860-423-1684

Quality Heating Oil • Quality Heating Equipment  
Quality Service

A family-owned business serving the area with  
dependable oil heating serving since 1930.

North Windham, CT

## CAMP MANSFIELD 2022 JOB APPLICATIONS

Applications are available until March 31 for 2022 Camp Mansfield employment. Positions available; Seasonal Camp Director, Head Counselor, Specialists, Camp Medical Specialist, Camp Counselors, Adventurers Specialists. Applications and job descriptions are available at [www.Mansfieldct.gov](http://www.Mansfieldct.gov) under "Apply for Job Openings".

### Looking for art or dance?

Check the Adult, Family & Special Events, and  
Community School of the Arts sections  
for more teen-friendly programs!

# Teen Programs

## Beginner Line Dancing (Ages 16-Adult)



Come dance with us! This class is all about line dancing and having fun. We will dance to a variety of music—not just country, but also to pop, big band, oldies, Latin and R&B. This is a BEGINNER level line dance class and the dances taught in class will reflect that. We will start with basic steps and patterns and build on those each week. If you have never line danced before, or if you have some dance experience but want to continue to work on your basic skills, this class is for you!

**Instructor:** Sarah Preston Britto, has been line dancing for almost 30 years, and has been teaching almost as long!

**Location:** CC Fitness/Dance Studio

**Dates:** Tues., April 15-May 31 (9 classes)

**Times:** 6:35-8:05 p.m.

**Fee:** \$40 for residents, \$50 for non-residents

**Activity #:** 410043-A

## Adult/Teen Ballet

(Beg/Adv. Beg.) (Ages 14-Adult)



Ballet is a great way to develop flexibility, strength and body awareness. This class is designed to introduce new students to ballet and technique. The class will include ballet positions and movements. The level of difficulty will be adjusted to suit the experience of the students. All ability levels welcome!

**Instructor:** Arlene Albert, grew up in New Orleans and studied ballet for 15 years under Lelia Haller, the first American dancer appointed premiere danseuse of the Paris Opera Ballet. A lifelong lover of ballet, Arlene enjoys sharing her love through teaching, and has been teaching in Mansfield for over 15 years.

**Location:** Mansfield Senior Center

**Dates:** Tues. April 5-June 14 (10 classes), \*no class 5/31

**Times:** 6-7:30 p.m.

**Fee:** \$109 for residents, \$119 for non-residents

**Activity #:** 410040-A

## Learning Real French for Travel (Ages 17+)



How would you like to correctly roll out a French phrase when you need one? With just a bit of regular time and effort, you can learn the basics to enrich your travels. This program focuses on a clear and concise overview of French so you can speak during your trip.

**Instructor:** Dr. Valerie Ursin is an experienced educator who has been teaching French for 15 years. She received her PhD from University of Connecticut and is a Connecticut professional Educator. She earned the professional certification endorsement for French (#108) and has taught all levels from beginner to Honors French 5.

**TEXTBOOK PURCHASE REQUIRED:** "Real French for Travelers"

**Location:** CC Arts & Crafts Room

**Date:** Tues., April 12-May 31 (8 classes)

**Time:** 1-2 p.m.

**Fees:** \$55 for residents, \$65 for non-residents (8 classes)

**Activity #:** 410015-A

## Open Studio Space for Artists (Ages 14+)



Artists of all mediums are welcome to enjoy the open studio space at the Community School of the Arts Lenard Hall, four Tuesdays per month from 5 to 7pm. Bring your own materials, and come create and

collaborate with your peers. Please leave yourself enough time to clean up! All skill levels welcome. No instruction provided. Dates and times subject to change or cancellation due to holidays and facility scheduling needs, fees will not be prorated or refunded. Attendance requires monthly registration. Additional details below.

**Location:** Lenard Hall

**Dates:** Tues., April 5, 12, 19, 26 (430000-A)  
Tues., May 3, 10, 17, 24 (430000-B)  
Tues., June 7, 14, 21, 28 (430000-C)

**Times:** 6-8 p.m.

**Fees:** \$10 for residents, \$20 for non-residents

## Saturday Social Group (Ages 15+)



The social activity program is designed for those ages 15+ with developmental/cognitive disabilities. The program will typically meet select Saturdays from 1-3 p.m. at the Mansfield Community Center. Participants will enjoy a variety of activities while meeting new friends! Pre-registration is strongly encouraged. There is a \$5 per day participation fee. Feel free to bring a snack. First time participants are required to be accompanied by a parent or guardian. For more information please contact [ColognaB@mansfieldct.org](mailto:ColognaB@mansfieldct.org)

\*Also see Ability Fitness for Saturday fitness opportunity! Pg. 33

**Instructor:** Sarah Kaplan

**Location:** Community Room

**Dates:** Sat., April 16, 1-3 p.m. (410063-A)  
Sat., May 14, 1-3 p.m. (410063-B)  
Sat., June 25, 11:30-1:30 p.m. (410063-C)

**Fees:** \$5 for residents, \$15 for non-residents

**WILLIMANTIC FOOD CO-OP**  
a community market

**NEW HOURS!**  
**8 AM - 8 PM EVERY DAY!**

Masks Required

Curbside Available for a \$5 Fee

91 Valley Street, Willimantic CT 06226  
[WWW.WILLIMANTICFOOD.COOP](http://WWW.WILLIMANTICFOOD.COOP)

# Family & Special Events

The following days and activities are unique because they offer affordable fun to all ages! Keep reading for free or discounted Community Center access, fun seasonal crafts and activities, free family paint days, and other family events! Then review the following sections for even more to do together:

- Parks & Preserves for guided hikes, pg. 46
- Rentals, pg. 49, for equipment rentals (kayaks, paddleboards, backyard games), birthday parties, and pavilion rental info
- April Vacation Activities, pg. 53
- Summer Camps, pg. 56
- Fitness, pg. 35 for family track and youth cardiovascular access hours



## Free Mansfield Days

### Free Mansfield Days at the Community Center

Whether you're new to the community center or have been here often, if you're a Mansfield Resident you can come for FREE during all facility hours on dates listed below. Proof of residency required.

- Location:** Mansfield Community Center
- Dates:** Fri., March 4  
Fri. April 23  
Sun., May 15  
Sat., June 18

## T&B MOTORS

Your Auto, Truck and Diesel Vehicle Experts  
24-Hr Roadside Assistance Emission Testing & Repair

**10% off Discount on labor only for AAA Members, Students, Vets, and Seniors**  
This is an Emissions Testing Facility!

460 Storrs Road • Mansfield Center, CT 06250  
**860-423-1187**



## Crafty Creations & Seasonal Celebrations!

### Planter Painting and Planting Fun!

(Ages 5+ with adult)



Come and paint your own terracotta planter! Use fun stencils, or free hand your masterpiece. Examples and demoing by the instructor will help provide inspiration. Come join the fun! \*Fee below includes completion of one planter. Register only one family member per project desired.

- Instructor:** N. Yilmaz, a recent Eastern graduate with a BA in Studio Arts, enjoys working in a wide variety of mediums, and teaching others about the visual arts.
- Time:** 10-11:30 a.m.
- Date:** Sun, April 10
- Location:** CC Arts and Craft Room
- Fee\*:** \$5 for residents, \$15 for non-residents
- Materials Fee\*:** \$10 due at the time of registration. Fee waivers do not apply to materials fees.
- Activity #:** 420004-A

### Egg Dyeing with Wax Resist!

(All Ages & with Family-Friendly Pricing!)



Celebrate Spring with this fun and festive workshop! Enjoy watching the unique canvas of an egg transform with this coloring technique. Learn to mix your own colors and hand draw designs. Each registered participant will leave with a minimum of three completed eggs! *Participants ages 5 and under must be accompanied by a parent or guardian. Parent participation is encouraged for all young children.*

Solo adults welcome! Pre-registration required due to material purchase needs.

- Instructor:** N. Yilmaz
- Time:** 10-11:30 a.m.
- Date:** Sat, April 16
- Location:** CC Arts and Craft Room
- Individual Fee:** \$4 for residents, \$14 for non-residents
- Pair Fee:** \$7 for residents, \$17 for non-residents
- Family of 3:** \$10 for residents, \$20 for non-residents
- Family of 4:** \$12 for residents, \$22 for non-residents
- Materials Fee:** \$5/person due at the time of registration. Fee waivers do not apply to materials fees.
- Activity #:** 420001-A



**FIND US ON FACEBOOK**



**and INSTAGRAM!**



**@MansfieldCommunityCenter**

# Family & Special Events

## Mother's Day Mosaics (Ages 5+ with adult)

Come create a special gift, and special memory for a mom or mother figure in your life. Join us in making Garden Stone Mosaics! Choose your own colors to create a spectacular design in plaster. A great activity to do with mom, or gift to surprise her with! \*Fee below includes completion of one mosaic stone. Register only one family member per project desired.

**Instructor:** N. Yilmaz, a recent Eastern graduate with a BA in Studio Arts, enjoys working in a wide variety of mediums, and teaching others about the visual arts.

**Time:** 10-11:30 a.m.

**Date:** Sun., May 1

**Location:** CC Arts and Craft Room

**Fee\*:** \$7 for residents, \$17 for non-residents

**Materials Fee\*:** \$20 due at the time of registration. Fee waivers do not apply to materials fees.

**Activity #:** 420003-A



**Piece:** **Van Gogh:** *Starry Night Over the Rhone*

**Location:** CC Arts & Crafts Room

**Dates:** Thurs., April 14

**Time:** 5-7 p.m.

**Fees:** FREE

**Activity #:** 430053-A



**Piece:** **Maurice de Vlaminck:** *La Machine Restaurant at Bougival*

**Location:** CC Arts & Crafts Room

**Dates:** Tues., May 10

**Time:** 5-7 p.m.

**Fees:** FREE

**Activity #:** 430053-B

## Paint Your Own Birdhouse (Ages 5+ with adult)

Add some cheery-tweeting and color to your backyard with a customer painted birdhouse! A fun family activity, come celebrate spring and paint a birdhouse with your child or grandchild. Fun for all ages! \*Fee below includes one birdhouse. Register only one family member per birdhouse desired.

**Instructor:** N. Yilmaz, a recent Eastern graduate with a BA in Studio Arts, enjoys working in a wide variety of mediums, and teaching others about the visual arts.

**Location:** Outside in front of the Community Center (Rain location- CC Arts and Craft Room)

**Date:** Sat., May 21

**Time:** 10-11 a.m.

**Fee\*:** \$5 for residents, \$15 for non-residents

**Materials Fee\*:** \$20 due at time of registration. Fee waivers do not apply to materials fees.

**Activity #:** 420002-A



**Piece:** **Monet:** *Waterlily Pond with the Japanese Bridge*

**Location:** CC Arts & Crafts Room

**Dates:** Thurs., June 2

**Time:** 5-7 p.m.

**Fees:** FREE

**Activity #:** 430053-C



## Family Time Events!

### Family Paint Days! - 1 Day Workshops (Families-Adults)

Put your own spin on a famous artwork in this beginner friendly class with step-by-step instructions. Sign up for each date separately. Each registered participant receives one canvas. All attendees must be registered separately; pre-registration is required. An adult and child pair may choose to work together on one canvas, but both participants must still be registered. Children age 5 and under will be required to share a canvas.

**Instructor:** N. Yilmaz

# FRESH FORK CAFE



**1232 Storrs Rd.**  
**University Plaza, Storrs**  
**Open everyday 10am-9pm**

**Now Serving**  
**Beer, Wine and Cocktails**

 [fresh.fork.cafe](https://www.instagram.com/fresh.fork.cafe)  
 [freshforkcafe](https://www.facebook.com/freshforkcafe)

[www.freshforkcafe.com](http://www.freshforkcafe.com)



**Now accepting new patients.**

**Wendy C. Ernst, DVM  
Kaitlyn M. Way, DVM**

266 Stafford Road  
Mansfield Center, CT 06250



Call (860) 450-0505  
today to schedule an appointment.

**Red Rock Cafe  
Restaurant**

**We're Open for  
Dine-In, and Take Out.**

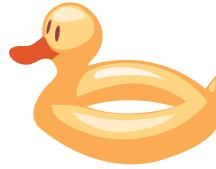
**Order Appetizers, Wings, Pizzas,  
Sandwiches, Party Trays  
and Full Dinners**

**Download our  
New Mobile App to  
make ordering easier than ever!  
Receive exclusive offers for App users only!  
Curbside, Delivery &  
Pickup Available**

**On-Line Ordering @  
www.redrockcafe.net**

591 Middle Turnpike (Rte. 44)  
Storrs, CT 06268 | 860-429-1366

## Family Fun Events!



Join us this spring for some fun as a family during Family Fun Events at the Mansfield Community Center! Jump and slide on the floating Wibit inflatable obstacle in the main pool, build a fort, tumble and play with the tot toys in the gym, or get a little adventurous and giant inflatable slide in the gym. Family track time is on, and the Teen Center is available to families for ping pong, billiards, and more! Watch for special activities associated with each night's theme on [www.mansfieldcc.com](http://www.mansfieldcc.com). FREE to members. No pre-registration required.

**Location:** Mansfield Community Center  
**Dates/Times:** Sat., March 12, 12:30-3:30 p.m.  
 Fri., March 25, 4:30-7:30 p.m.  
 Fri., April 15, 12:30-3:30 p.m. \*Family Play Day!  
 Sat., April 23, 12:30-3:30 p.m.  
 Sun., May 15, 12:30-3:30 p.m. - Free Mansfield Day!  
 Fri., May 27, 4:30-7:30 p.m.  
 Sat., June 11, 12:30-3:30 p.m.

**Fee:** There is no fee for Community Center Members. Nonmembers pay the daily fee and see what the fun is all about!

## Family Play Days!

What to do on these days off from school? Come by the Mansfield Community Center for the day at a discounted family rate (all individuals must reside at the same address; otherwise standard day pass rates apply)! Additionally, members can bring two guests for FREE (two guests per household). Check [www.mansfieldcc.com](http://www.mansfieldcc.com) for current gymnasium, pool, and other center schedules. Special family day-pass rates are available on the following dates only:

**Dates:** Fri., Apr. 15  
**Member Fees:** Members - Bring TWO guests for free! Two guests per household.  
**Non-Member \*Family Day-Pass Special:**  
 Mansfield Family- \$9  
 Ashford/Willington- \$11  
 All other towns- \$12  
 \*Must reside together for family rate to apply.

*Save the Date*  
**06.04.2022**  
**John E. Jackman**  
**Tour de Mansfield**  
[mansfieldct.gov/biketour](http://mansfieldct.gov/biketour)

# let's get outside!

OUTDOOR ACTIVITY OPTIONS WITH MANSFIELD PARKS & REC THIS SPRING & SUMMER!

Park Map/Guide to Fishing, Athletic Fields, Biking, Canoeing, Kayaking, Playgrounds, Hiking, and Skateboarding locations, pg. 48

## ADULT ACTIVITIES

Outdoor Bootcamp, pg. 35  
Paint Au Plein Air with Watercolors, pg. 51  
Playground Exercise, see signboard at Mansfield Community Playground!

## FUN FOR THE KIDS

Music & Movement, pg. 10  
Micro Sports, Pg. 15  
Youth Tennis, pg. 16  
April Vacation Camp, pg. 53  
Camp Mansfield, pg. 55

## ALL-AGE ADVENTURES

Passport to Explore, pg. 46  
Kayak & Paddleboard Rentals, pg. 49  
Backyard Game Rentals, pg. 49  
Pavilion Rentals, pg. 49

John E. Jackman Tour de Mansfield, pg. 24  
Over in the Merrow Meadow Family Hike, pg. 46  
Mansfield Community Garden Plots, pg. 47  
Plein Air Painting in the Parks, pg. 47  
Pickleball at Sunny Acres, pg. 39



# Mansfield's TAG SALE TRAIL



This town-wide tag sale event boasts a full morning of shopping and selling for bargain hunters and spring cleaners alike!

**Mansfield Residents: Register between March 25th and April 18th for your FREE listing ! Activity # 490002**

Limited seller-spots available in the Community Center gymnasium for residents and non-residents. Pre-registration required. Resident registration opens 3/25/22, non-resident registration opens 3/28/22.

**FREE MAPS** available starting April 24, 2022



**Registration Deadline is April 18th!**

Additional event details at [www.mansfieldcc.com](http://www.mansfieldcc.com)



Full Service,  
Local, Independent  
**INSURANCE AGENCY**

# **PROTECTING YOU** and **YOUR LOVED ONES** for More Than 75 Years

We represent over 15 Property and Casualty insurance companies.  
We, also, offer Life and Health Options.

Wilcox & Reynolds would like to *Thank our clients and friends for nominating us for this award.*

We will strive every day to live up to this honor.



922 Stafford Rd, Storrs, CT 06268  
**860-429-9387**

## Find your perfect fitness class!

**Need a gentle class or have mobility issues?**

Stability & Fall Prevention  
Silver Sneakers Classes  
Gentle Yoga  
Tai Chi

**Looking to improve flexibility, range of motion or balance?**

Stability & Fall Prevention  
Pilates  
Tai Chi  
Yoga  
TRX

**Silver Sneakers classes**

Circuit/Yoga Combo  
Stability  
Classic  
Circuit

**Fun and Challenging**

Begin to Spin  
Kettlebells  
Bootcamp  
Salsa Fit  
Spin  
TRX

**Prefer a water class?**

Aqua Therapy

**Looking for Cardio?**

Kettlebells  
Spin

**Build Strength & Endurance with:**

Functional Strength  
Kettlebells  
Bootcamp  
TRX

**NEW!**

All levels Yoga  
Silver Sneakers Stability  
Outdoor Bootcamp  
Yoga Stretch

**Actively Seeking Water Fitness Instructor**

Certified applicants email  
[tracyja@mansfieldct.org](mailto:tracyja@mansfieldct.org)

**V**

Chair Strength  
Functional Strength  
Chair Circuit  
Chair Yoga  
Salsa Fit  
Pilates

We have a variety of fitness classes to satisfy participants of all abilities. Our instructors will keep you motivated while teaching you safely and effectively. You will learn new moves while challenging your body. Be part of group fitness and put the fun back into your workout!

# Fitness Center

## Class descriptions

CLASS	DESCRIPTION
<b>Spin</b>	Special stationary bikes, trained instructors and motivating music provide a great workout. We <b>STRONGLY</b> encourage participants to come to class 5 minutes early allowing time for set up and to bring a water bottle and sweat towel.
<b>Hardcore Bootcamp</b>	A major challenge. This is a total body workout with emphasis on core and muscle endurance as well as specific athletic applications for any sport. Be prepared to work hard. Please be on time for proper exercise instruction at the beginning of class. Bring a water bottle and sweat towel.
<b>Outdoor Bootcamp</b>	Would you prefer to take your workouts outside? This bootcamp is perfect for you. You will use your bodyweight and things found in the great outdoors to get a great workout. Please be on time for proper exercise instruction at the beginning of class. Bring a water bottle and sweat towel.
<b>All Levels Yoga</b>	This class offers yoga instruction that challenges all levels of ability. Beginners through seasoned yogis are welcome.
<b>Yin/Yang</b>	With a Yin Yang Yoga class, we combine both a more dynamic style of yoga followed by some gentle yin poses. The first half of the class is devoted to standing poses, flowing from one pose to the next in a more dynamic style. The second half of the class is yin, a slow stilling practice where all the poses are either seated or lying down.
<b>Gentle Yoga</b>	A class for true beginners and those requiring a very basic gentle class. Gentle yoga will emphasize breath work, proper body alignment, and begin the process of improving health through the practice of yoga. Focus will also be on linking breath with the movement. Participants should be able to get on/off the floor.
<b>Pilates with Props</b>	This full body workout is performed on a mat and will include movements in a sitting, standing and lying down position. Using your own body weight and small props, you will isolate and work your deep core muscles. Variations will be provided, allowing all to participate in a safe and challenging workout. Those with past injuries are encouraged to participate, but those currently under a doctor's care should not attend.
<b>Pilates Level 2</b>	Join us for an invigorating and fun experience! Safety and core strength are at the root of this Pilates Method class. Pre-requisite: 6 months of former Pilates or permission from instructor.
<b>Corefusion</b>	A class combining the fundamental movements of both Pilates & yoga. Emphasis on breath work and core strength.
<b>1st Year Tai Chi</b>	This class will introduce students to this ancient Chinese martial and movement system that can help alleviate stress, calm the mind, improve balance and circulation and increase flexibility. We'll use various Yang style Tai Chi movement and classical Qigong healing exercises to help us learn to direct our life force (Chi) to relax and energize the mind and body and move toward a more relaxed mindfulness. This course can be repeated as many times as the student feels necessary before moving on to the Continuing class.
<b>Continuing Tai Chi</b>	This class is designed for experienced practitioners to bring their Tai Chi skills to the next level. We will focus our practice on Tai Chi fundamentals and principles, improved energy and body balance and an enhanced body-mind connection using more complex form movements and Chi (life force) cultivation exercises. Requirement: two years experience or permission of the instructor.
<b>Salsa Fit</b>	Have some Salsa with your workout! This class is a Latin dance cardio workout and will focus on core movement using Meringue, Salsa, Rumba, Samba, and Tango inspired steps. Great music, lots of fun – you won't even know it's exercise.
<b>Silver Sneakers Yoga</b>	You will move your whole body through a complete series of seated and standing yoga poses. Chair support is offered to safely perform a variety of seated and standing postures designed to increase flexibility, balance and range of movement. Restorative breathing exercises and final relaxation will promote stress reduction and mental clarity. Class offered in person this session only in conjunction with Circuit Combo. See Below. This class is offered only as a portion of Circuit/Yoga combo at this time
<b>Silver Sneakers Circuit</b>	Combine fun with fitness to increase your cardiovascular and muscular endurance power with a standing circuit workout. Upper-body strength work with hand-held weights, elastic tubing with handles, and a SilverSneakers ball is alternated with low-impact aerobics choreography. A chair is used for standing support, stretching and relaxation exercises. Class is <b>FREE</b> for SilverSneakers members.
<b>Silver Sneakers Classic</b>	Have fun and move to the music through a variety of exercised designed to increase muscular strength, range of movement and activities for daily living. Hand-held weights, elastic tubing with handles and a SilverSneakers ball are offered for resistance. A chair is available if need for seated or standing support. Class is <b>FREE</b> for SilverSneakers members.
<b>Silver Sneakers Circuit/Yoga Combo</b>	Same description as classes above, class begins with circuit and winds down with Yoga. Class is <b>FREE</b> for SilverSneakers members.

## Class descriptions

CLASS	DESCRIPTION
<b>Silver Sneakers Stability</b>	Stability is the newest SilverSneakers class designed to help you become stronger and improve balance. The movements taught in class focus on specific exercises to improve strength and power around the ankle, knee and hip joints, while improving your reaction time. Class is FREE for SilverSneakers members.
<b>Chair Yoga</b>	You will move your whole body through a complete series of seated and standing yoga poses. Chair support is offered to safely perform a variety of seated and standing postures designed to increase flexibility, balance and range of movement. Restorative breathing exercises and final relaxation will promote stress reduction and mental clarity. Class is virtual only
<b>Chair Circuit</b>	Combine fun with fitness to increase your cardiovascular and muscular endurance power with a standing circuit workout. Upper-body strength work with hand-held weights, elastic tubing with handles, and a small lightweight ball is alternated with low-impact aerobics choreography. A chair is used for standing support, stretching and relaxation exercises. Virtual only. Options will be given for alternate resistance tools.
<b>Chair Strength</b>	Have fun moving through a variety of exercised designed to increase muscular strength, range of movement and activities for daily living. Hand-held weights, elastic tubing with handles and a small lightweight ball are offered for resistance. A chair is available if need for seated or standing support. Virtual only. Options will be given for alternate resistance tools.
<b>Kettlebells</b>	This class is a high intensity class incorporating all basic Kettlebell movements as well as learning some advanced moves. This class will help you gain strength while improving cardiovascular health, balance and flexibility. Pre-req: Kettlebells Basics or instructor permission required.
<b>Functional Strength</b>	This program will work on strengthening your major muscle groups with simple athletic movements. This class uses bands, weights, a step, balance training and your own body weight to help you get stronger and to do what you want and need to do every day. This class also incorporates simple stretching to maintain flexibility and to leave you relaxed and calm. Please bring a water bottle and sweat towel.
<b>TRX</b>	Learn to use this equipment to challenge yourself in new ways! This class is offered in both half hour and hour long formats and will incorporate the entire body, focusing on movement, strength, and balance. Workout can be adjusted to your fitness level, but still requires you to work hard!
<b>Aqua Therapy</b>	A gentle therapeutic water exercise class designed to increase flexibility, strength, endurance and help improve posture in the warm therapy pool! Great for individuals with arthritis, moderate joint pain, back pain or other musculoskeletal issues.
<b>Yoga Stretch</b>	A low impact yoga class with movement through a range of poses. A great class for beginners to seasoned yogis.
<b>Ability Fitness</b>	For adults and teens with special needs  We welcome individuals ages 14 and up to join us for a fun and healthy introduction to two popular fitness classes, Spinning and functional strength. Classes will be modified to meet the special needs of people with cognitive and developmental disabilities. The format will be supportive, fun and welcoming for all! All participants must be pre-registered prior to the first day of class. Individuals requiring special accommodations such as additional staff support should register at least 15 days in advance. *Please be sure to note any special accommodations or medical alerts on the registration form.  <b>Spinning:</b> Individuals with cognitive and developmental disabilities will participate in an introductory exercise program on stationary bicycles called a "spinning bike." This is a cardiovascular based program and program instructors will make modifications to meet the individual needs of the participants as best as possible.  <b>Functional Strength:</b> Individuals with cognitive and developmental disabilities will participate in an introductory exercise program using small hand weights, exercise bands, stability balls, and steps. There will be a combination of toning, strengthening and cardiovascular exercise. Instructors will make modifications to meet the needs of the participants as best as possible.



# Fitness Center

## Youth Resistance Training Orientation

- **UPDATED!**

This Personal Trainer led class allows youth ages 10-13 and their parent or guardian (18+) to learn the basics of a safe progressive Resistance Training Program. After completion of this orientation, youth are then allowed to take this pre-designed program to the fitness area during youth fitness hours, under a parents/guardians supervision. This class is mandatory for use of the fitness center by this age group. **This program is available to Community Center Members only. Pre-registration required.**

**Instructor:** Mansfield Community Center Personal Trainers

**Days/Times:** 470090-A Fri. April 8th 5-6:30 p.m.,  
470090-B Sat. May 21 1-2:30 p.m.,  
470090-C June 5 9-10:30 a.m.

**Fees:** \$10 per youth/parent pair – Members Only  
**Pre-registration required.**

**Location:** Exercise/Dance Studio



## Health & Fitness Seminars

### Stress, Sleep and Recovery



Getting the most out of your workouts and your daily life can be greatly enhanced by reducing stress, getting better quality and/or quantity sleep and allowing yourself to get a full recovery.

Come to this seminar to learn some tricks of the trade.

**Instructor:** Jessica Tracy

**Location:** CC Community Room

**Date:** Tues. April 5

**Time:** 6-7 pm

**Fee:** FREE to members, \$10 for non-members

**Activity #:** 470091-A

### “Resistance Training” for those over 50

Maintaining your overall strength is important for everyone. As we get older it is even more vital to our daily life. This class will discuss the importance of strength as well as the varied different methods of adding this to your exercise routine.

**Instructor:** Jerry Kleinman

**Location:** CC Community Room

**Date:** Thurs. May 26

**Time:** 4-5 pm

**Fee:** FREE to members, \$10 for non-members

**Activity #:** 470091-B

### Brains and Balance

Did you know that there is a deep connection between thinking, processing and balance? Come to this hands on seminar to work on skills that can integrate both your brain and your balance.

**Instructor:** Jessica Tracy

**Location:** CC Community Room

**Date:** Tues. June 7

**Time:** 12-1 pm

**Fee:** FREE to members, \$10 for non-members

**Activity #:** 470091-C

## Mansfield Discovery Depot

*“where children learn and grow”*

**Infants, Toddlers,  
Preschool and Kindergarten**  
*sliding fee spaces for qualifying families*



**Now  
Enrolling!**

Summer Camp  
available!

Meals Included

Part-Time and  
Full-Time Care

50 Depot Road, Storrs-Mansfield, CT

**860-487-0062**

[mdd@mansfieldct.org](mailto:mdd@mansfieldct.org)



Our program is proud to have earned NAEYC accreditation - the mark of quality for early learning programs.



**See page 46 for a  
fun family fitness challenge  
for spring!**

## Health Assessment & Coaching

### **V** Nutrition Counseling



Good nutrition can help you reach your goals! What exactly is "good nutrition"? How can nutrition counseling help you to never diet again? Do you eat well, but still can't reach your body composition or performance goals? Do you feel sluggish or tired? Do you look at nutrition labels and just get more confused? Sign up for a good look at how we can help you.

**2- 30 minute sessions** - \$60 (initial meeting to determine goals, submit diet and lifestyle assessment, session 2 presents an analysis of your diet and important action steps you can take). Virtual Options available.

### **Functional Movement Screen**

First Move Well, Then Move Often! The Functional Movement Screen is comprised of 7 tests that look at your balance, mobility and stability. These patterns of movement will show you where your weaknesses, imbalances, asymmetries and limitations lie. No matter your fitness level, this test can benefit your exercise program by finding faulty movement patterns. Find out where you are compensating in your movement; improve your biomechanics; help prevent future injuries.

**2-30 minute sessions** - \$60 (initial measurement taken at first appointment, analysis of results with specific exercise demonstration at second appointment)

### **V** Stress Management- Finding a Balance

Are you struggling with day to day stress, trying to get on top of it all and still feel joy? Learn how to create effective habits for YOU, that will help you to manage your stress. 2-30 minute sessions \$60. Virtual Options available.

For information on above packages email [tracyja@mansfieldct.org](mailto:tracyja@mansfieldct.org)

### **Body Composition Testing**

Being healthy or getting fit is more than just exercise. We can help you look at YOUR body and give you information that you can use more effectively than just a number on the scale. Did you know...lean muscle weighs more than fat? The location of changes in skinfold measurements can provide clues about your hormone levels. Analyzing your body composition can help you set and reach goals. Initial measurements of skinfold and girth taken at 4-7 sites. Calculation of body fat and lean mass percentages.

**2-30 minute sessions** - \$60 (initial measurement and 6-week follow-up)

### **COMING SOON:**

MOSSA classes (virtual program streaming) at Community Center Studio! Watch [www.mansfieldcc.com](http://www.mansfieldcc.com) for more info!

## Personal Trainers



**Jerry Kleinman**  
860-617-1161



**Mandy Ivory**  
860-933-4852



**Jessica Tracy**  
860-429-3015



**Jodi Farno**  
860-966-0594

## Youth Fitness – Cardiovascular

Youth ages 10-13 may utilize the cardiovascular equipment (ellipticals, bikes, rower and indoor track) with proper parental supervision. Parent or guardian (18+) must be actively supervising youth at all times. Youth and parent must check in with Fitness Assistant upon arriving on the fitness floor. Only cardiovascular equipment may be used, unless Youth Resistance Training Class has been completed. Orientation to cardiovascular equipment is not mandatory, but strongly suggested. Please ask for help from our Fitness Assistants.

**Days:** Tues., Thurs., Fri., 4-8:30 p.m., Sat/Sun 12-4  
**Fee:** FREE! – Members only!

**DICK'S**  
644 Middle Turnpike  
Storrs, CT

**AUTO CARE LLC**

10% off labor with this ad

Professional Family Owned

**860-429-6448**

# FITNESS SCHEDULE SPRING 2022

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
<b>Spin</b> <b>5:45-6:45 a.m. M/W/F</b> 470001-A, \$183/\$366 32 classes, no 5/30 Instructor: Ron	<b>Hardcore Bootcamp</b> <b>5:35-6:20 a.m.</b> 470012-B, \$77/\$154 11 classes Instructor: Jerry Gym	<b>Spin</b> <b>5:45-6:45 a.m. M/W/F</b> 470001-A, \$183/\$366 32 classes, no 5/30 Instructor: Ron	<b>Hardcore Bootcamp</b> <b>5:35-6:20 a.m.</b> 470012-C, \$77/\$154 11 classes Instructor: Jerry Gym	<b>Spin</b> <b>5:45-6:45 a.m. M/W/F</b> 470001-A, \$183/\$366 32 classes, no 5/30 Instructor: Ron		<b>Chair Yoga</b> <b>10:15-11 a.m.</b> 470022-B, \$32/\$64 6 classes, no 4/17, 4/24, 5/8, 5/22 6/10 Instructor: Mandy
<b>TRX</b> <b>9-9:30 a.m.</b> 470076-A, \$28/\$56 8 classes, no 4/18, 5/16, 5/30 Instructor: Jess Gym A	<b>Outdoor Bootcamp</b> <b>7-7:45 a.m.</b> 470012-D, \$77/\$154 11 classes Instructor: Jerry Outside	<b>Salsa Fit</b> <b>9-10 a.m.</b> 470037-B, \$77/\$154 11 classes Instructor: Kelly	<b>Outdoor Bootcamp</b> <b>7-7:45 a.m.</b> 470012-E, \$77/\$154 11 classes Instructor: Jerry Outside	<b>Functional Strength</b> <b>9-10 a.m.</b> 470014-B, \$23/\$46 4 classes, 4/4-4/29 Instructor: Jodi		
<b>Silver Sneakers Classic</b> <b>10-10:45 a.m.</b> 470015-A, \$53/\$106 10 classes, no 4/4 Instructor: Jerry Gym A	<b>All Levels Yoga</b> <b>9:30-10:30 a.m.</b> 470025-A, \$70/\$140 10 classes, no 4/5 Instructor: Sharon	<b>Silver Sneakers Classic</b> <b>10-10:45 a.m.</b> 470015-B, \$42/\$84 8 classes, no 4/20, 5/4, 6/15 Instructor: TBD	<b>Chair Circuit</b> <b>9:15-10 a.m.</b> 470008-B, \$42/\$84 8 classes, no 4/21, 5/19, 5/26 Instructor: Mandy	<b>Yin/Yang Yoga</b> <b>10:30-11:30 a.m.</b> 470023-A, \$70/\$140 10 classes, no 4/8 Instructor: Sharon		
<b>Chair Classic</b> <b>10-10:45 a.m.</b> 470015-V, \$53/\$106 10 classes, no 4/4 Instructor: Jerry Gym A	<b>Aqua Therapy</b> <b>10:30-11:15 a.m. T/Th</b> 470041-A, \$115/\$230 22 classes Instructor: Dorinda	<b>Chair Classic</b> <b>10-10:45 a.m.</b> 470015-Z, \$42/\$84 8 classes, no 4/20, 5/4, 6/15 Instructor: TBD	<b>Aqua Therapy</b> <b>10:30-11:15 a.m. T/Th</b> 470041-A, \$115/\$230 22 classes Instructor: Dorinda	<b>Silver Sneakers Stability</b> <b>11:45-12:30 p.m.</b> 470019-A, \$32/\$64 6 classes, no 4/15, 4/22, 5/6, 5/13, 6/10 Instructor: Jess Gym A	<b>Ability Fitness</b> <b>12:15-1 p.m.</b> 470005-A, \$42/\$84 8 classes, no 4/23, 5/14, 5/21 Instructor: Mandy	
<b>Functional Strength</b> <b>10:15-11:15 a.m.</b> 470014-A, \$17/\$34 3 classes, 4/4-4/25, no 4/18 Instructor: Jodi	<b>Silver Sneakers Circuit/ Yoga</b> <b>11-11:45 a.m.</b> 470021-A, \$47/\$94 9 classes, no 4/19, 6/14 Instructor: Jess Gym A	<b>Gentle Yoga</b> <b>10:30-11:30 a.m.</b> 470046-A, \$70/\$140 10 classes, no 4/6 Instructor: Sharon	<b>Chair Yoga</b> <b>10:15-11 a.m.</b> 470022-A, \$42/\$84 8 classes, no 4/21, 5/19, 5/26 Instructor: Mandy			

	Gym A					
<p>☺ <b>Silver Sneakers Circuit</b> 11-11:45 a.m.</p> <p>470008-A, \$53/\$106 10 classes, no 4/4 Instructor: Jerry Gym A</p>	<p><b>Aqua Therapy</b> 11:20-12:05 p.m. T/Th</p> <p>470041-B, \$115/\$230 22 classes Instructor: Dorinda</p>	<p><b>Silver Sneakers Circuit</b> 11-11:45 a.m.</p> <p>470008-C, \$42/\$84 8 classes, no 4/20, 5/4, 6/15 Instructor: TBD</p>	<p><b>Aqua Therapy</b> 11:20-12:05 p.m. T/Th</p> <p>470041-B, \$115/\$230 22 classes Instructor: Dorinda</p>			
<p>Ⓥ <b>Chair Circuit</b> 11-11:45 a.m.</p> <p>470008-V, \$53/\$106 10 classes, no 4/4 Instructor: Jerry Gym A</p>		<p>Ⓥ <b>Chair Circuit</b> 11-11:45 a.m.</p> <p>470008-Z, \$42/\$84 8 classes, no 4/20, 5/4, 6/15 Instructor: TBD</p>	<p>☺ <b>1st Year Tai Chi</b> 5:30-6:45 p.m.</p> <p>470029-A, \$96/\$192 11 classes Instructor: George</p>			
<p><b>Kettlebells</b> 12:15-12:45 p.m.</p> <p>470075-A, \$28/\$56 8 classes, no 4/18, 5/16, 5/30 Instructor: Jess Gym A</p>		<p><b>Corefusion</b> 5:20-6:20 p.m.</p> <p>470055-A, \$63/\$126 11 classes Instructor: Dorinda Studio</p>	<p><b>Continuing Tai Chi</b> 6:45-8 p.m.</p> <p>470030-A, \$96/\$192 11 classes Instructor: George</p>			
<p>Ⓥ <b>Pilates Level 2</b> 4-5 p.m.</p> <p>470047-A, \$63/\$126 9 classes, no 4/18, 6/13 Instructor: Margherita</p>						
<p>☺ <b>Yoga Stretch</b> 5:30-6:30 p.m.</p> <p>470071-A, \$70/\$140 10 classes, no 5/30 Instructor: Ayaa</p>						

## SPRING FITNESS CLASSES

### Session 1: Monday, April 4- Sunday, June 19

First fee listed is for MCC Member, second fee is for non-members

See class descriptions on pages 28-29

For help finding the right class for your needs, see page 27

Please check your receipt for information updated after printing of brochure

#### KEY

- ☐ Class is in Gym
- ☐ Class is in Pool
- ☐ Class is Studio
- Ⓥ Class is Virtual via Zoom
- ☐ Class is in Community Room
- ☐ Outdoor Program
- ☺ Child Care Available



### COMING SOON:

MOSSA classes (virtual program streaming) at Community Center Studio! Watch [www.mansfieldcc.com](http://www.mansfieldcc.com) for more info!

**MINIMUMS & MAXIMUMS:** The Parks & Recreation Department reserves the right to set a minimum and maximum for each program and to cancel any program due to insufficient enrollment.

**DON'T BE DISAPPOINTED! REGISTER EARLY!** Unfortunately we are sometimes forced to cancel programs 2-3 days before the listed program start date because of under-enrollment.

# Fitness Center



## LOOKING FOR MORE AT-HOME OPTIONS?

Try the Mansfield Community Center's new affiliate link with MOSSA ON DEMAND! <https://mansfieldct.gov/2237/MOSSA-ON-DEMAND>

MOSSA has a long history of inspiring millions of people to MOVE. Through the years, MOSSA has touched every part of the fitness industry. This company has its roots in successful health club ownership during the 1970s and 80s, and were the originators of the step fitness craze in the 90s. Today they are the leading developer of professional group fitness programs for health clubs and fitness centers. In 2013, MOSSA was selected by Microsoft to create home workouts, quickly becoming the most popular workouts on Xbox Fitness. We now bring you the opportunity to receive MOSSA workouts anytime, anywhere by subscribing to the digital streaming service MOSSA On Demand.



FIND US ON FACEBOOK



and INSTAGRAM!



@MansfieldCommunityCenter



## Personal Training

**...for all levels of fitness! Virtual, and Outdoor options available.**

The decision to hire a personal trainer is different for everyone but all our trainers have a common link . . . the commitment to improve your health! We have a variety of devoted and caring certified personal trainers who will assist you with reaching your personal fitness goals. Whether you have never tried personal training before or are looking to hire a new trainer, they have the potential to profoundly impact your life. Their commitment to you includes a personal fitness program tailored to meet your needs, active involvement in your training, and a wealth of knowledge to approach your fitness program with confidence.

**How do I find a Personal Trainer at MCC that best meets my needs?**

Each trainer has a wide range of skills, knowledge and experience but some trainers focus on a specific area within the profession. Our staff can review profiles of our trainers with you (and we have a Personal Trainers bulletin board), connect you to an agreed upon person and then you can interview the trainer before you make a commitment. This way you are in charge of creating a match that best works for you.

**How often do I meet with a Personal Trainer?**

This varies based upon the individual needs of the client. Normally at least 3-6 sessions are required for a program to be designed and learned. It is not uncommon for clients to make personal training sessions a part of their on-going fitness program.

**What is the cost per session for Personal Training?**

This varies but a range you can expect to pay is \$55-\$70 per hour. Group Training is also available for up to four people (arranged by the participants) of similar abilities. Group Training can be an additional motivator, fun and a great cost savings.

- Rehabilitative Needs
- Weight Loss
- Specific Athletic Conditioning
- Challenging Your Fitness Routine
- Motivation
- Group Training



Are you returning to fitness after a period of time away?

Are you new to our facility?  
Do you just need a refresher?

## Try STARTING STRONG!!!

A member only benefit bought to you by the Mansfield Community Center.

For an appointment—stop at the Fitness Desk or call 860.429.3015, ext. 6200

You will get an introduction to the equipment and speak one-on-one with a Fitness Assistant about your goals at the MCC, go through a sample workout and fill out a Health and Fitness Questionnaire.

You will leave with a basic workout as well as the confidence and knowledge to continue on your fitness journey.



**MANSFIELD**  
COMMUNITY CENTER  
*Family, Fitness & Fun!*

### Track Distances

Inside lane—19 laps = 1 mile  
Outside lane—17.2 laps = 1 mile



**Please note—**  
parents must run or walk beside their children at all times and follow all posted policies regarding use of the track.

### Family Track Hours

Mon, Tues, Wed,  
Thurs, Fri:

12:130 pm

3:30-8 pm

Sat 12-4 pm

Sun 12-4 pm



# ROOFING!



**Klaus Larsen,**  
CO-OWNER  
Klaus Larsen Roofing



- ✓ ROOF REPLACEMENT
- ✓ ROOF REPAIR
- ✓ GUTTERS
- ✓ SKYLIGHTS
- ✓ DOWNSPOUTS

## \$500 OFF

**A COMPLETE KLAUS ROOFING SYSTEM**

Coupon to be presented and redeemed at time of estimate. Not valid for prior work or estimates given. Not valid with other offers. Some exclusions apply. Residential use only. Expiration 3/31/22.

Contact us for a  
**FREE ESTIMATE**

**860-485-7730**  
EastCTRoofer.com

**FINANCING AVAILABLE**

HIC-0646137

# Adult Programs



## 1-Day Combination Safe Boating & Personal Watercraft Safety Certification (Adult)

A complete updated safe boating certification course taught in one (8 hour) day. This class includes the newest requirement for towing skiers & tubes. Successful completion will allow the student to purchase a Connecticut Certificate of Personal Watercraft Operation with Safe Waterski Endorsement, which enables them to operate any recreational vessel up to 65 feet in length, with some age restrictions for younger operators. An easy to understand classroom format is designed for students age 10 and over. **PRIOR TO TAKING THIS CLASS each student should create an account online at <https://www.ct.wildlifelicenses.com/internetsales>, and click the START button. Create an account if you don't already have one, and then print the page that includes your Conservation ID number and bring it to class. Once we have entered your score in the DEEP system you will use your account to purchase & print the certificate after the class.**

**Instructor:** Current Boating Education, LLC  
**Location:** CC Community Room  
**Dates:** Sat. April 2 (410060-A)  
 Sat. May 28 (410060-B)  
**Time:** 8 a.m.-4 p.m.  
**Fees:** \$75 for residents, \$85 for non-residents

## Profile of Catherine deMedici (Adult)



Catherine deMedici was a member of the famous medieval Italian banking family, niece of the pope, Queen of France and Queen Mother of France for her 3 successive sons who became kings as minors. Influential figure during Frances' Wars of Religion in the 16th century.

**Instructor:** Janet Avery, a native of CT, has been fascinated by British history-particularly the monarchy-since her first road trip to England at the age of 15. Janet, who holds a BA in History from UConn, is a Richardian (i.e. a member off the Richard III Society).

**Location:** CC Community Room  
**Date:** Thurs., June 23  
**Time:** 6-7:30 p.m.  
**Fees:** \$6 for residents, \$16 for non-residents  
**Activity #:** 410030-A



## Saturday Social Group (Ages 15+)

The social activity program is designed for those ages 15+ with developmental/cognitive disabilities. The program will typically meet select Saturdays from 1-3 p.m. at the Mansfield Community Center. Participants will enjoy a variety of activities while meeting new friends! Pre-registration is strongly encouraged. There is a \$5 per day participation fee. Feel free to bring a snack. First time participants are required to be accompanied by a parent or guardian. For more information please contact [ColognaB@mansfieldct.org](mailto:ColognaB@mansfieldct.org)

\*Also see Ability Fitness for Saturday fitness opportunity! Pg. 32

**Instructor:** Sarah Kaplan  
**Location:** CC Community Room  
**Dates:** Sat., April 16, 1-3 p.m. (410063-A)  
 Sat., May 14, 1-3 p.m. (410063-B)  
 Sat., June 25, 11:30-1:30 p.m. (410063-C)  
**Fees:** \$5 for residents, \$15 for non-residents

## Open Studio Space for Artists (Ages 14+)

Artists of all mediums are welcome to enjoy the open studio space at the Community School of the Arts Lenard Hall, four Tuesdays per month from 6 to 8pm. Bring your own materials, and come create and collaborate with your peers. Please leave yourself enough time to clean up! All skill levels welcome. No instruction provided. Dates and times subject to change or cancellation due to holidays and facility scheduling needs, fees will not be prorated or refunded. Attendance requires monthly registration. Additional details below.

**Location:** Lenard Hall  
**Dates:** Tues., April 5, 12, 19, 26 (430000-A)  
 Tues., May 3, 10, 17, 24 (430000-B)  
 Tues., June 7, 14, 21, 28 (430000-C)  
**Times:** 6-8 p.m.  
**Fees:** \$10 for residents, \$20 for non-residents

## WE'RE HIRING!

Mansfield Parks and Recreation is currently seeking applicants for numerous part time positions within the department. Available positions vary throughout the year, but often include Fitness Assistants, Lifeguards, WSI Certified Swim Instructors, Customer Service Representatives (for the Community Center and Lenard Hall), Child Care Staff, Before and After School Program staff, and Teen Center staff, and Program Instructors for all ages in a variety of categories. Additionally, each spring includes Camp Mansfield staff recruitment, including a seasonal Camp Director, Counselors, Head Counselors, Specialists, and a Camp Medical Specialist. For available positions and descriptions, please visit [www.mansfieldct.gov/jobs](http://www.mansfieldct.gov/jobs) and select "Parks and Recreation".

FIND US ON FACEBOOK



and INSTAGRAM!



@MansfieldCommunityCenter

# Adult Programs



## NEW! Creative Collages with Mixed Media

(Adult) All experience levels welcome!

Use your imagination to explore the medium of collage. Assemble a variety of materials such as paper of all kinds, found objects, photographs, etc. to design a new work. Create handmade cards, decorate 3D forms. Spark a new way to create visual art!

**Participants should bring:** magazines and art paper to use on their collage

**Instructor:** Ann Williams, has been an artist for 45 years and art teacher for 28 years, teaching various mediums. Awarded CT Art Teacher of the Year twice, and Teacher of the Year at her school and UConn. Art works are at Slater Museum, and personal homes. Ann is a signature member of Arts Center East and Mystic Art Museum. She has exhibited regularly in CT Fine Arts Exhibits at Slater Museum, Lyman Allen Art Museum, and Marlborough Arts. Ann graduated from UConn with a Bachelors of Fine Arts.

**Location:** CC Arts & Crafts Room

**Dates:** Thur. Apr. 21- May 26 (6 classes)

**Times:** 6:30-8 p.m.

**Fee:** \$90 for residents, \$100 for non-residents

**Activity #:** 430081-A

## Watercolors for Beginners (Teens and Adults)

Learn the basic techniques of watercolor painting and how to apply them to your own masterpiece in a beginner friendly class. Learn about mixing colors, and tips and tricks to make your paintings spectacular!

**Instructor:** N. Yilmaz, a recent Eastern graduate with a BA in Studio Arts, enjoys working in a wide variety of mediums, and teaching others about the visual arts.

**Location:** CC Arts and Crafts Room

**Dates:** Fri., Apr. 15-May 13 (5 classes)

**Time:** 5-7 p.m.

**Fees:** \$63 for residents, \$73 for non-residents

**Materials Fees:** \$20 due at registration. Fee waivers do not apply to materials

**Activity #:** 430070-A

## Paint Au Plein Air with Watercolors

(Teens and Adults)



Paint au plein air-Learn to paint outdoors! What could be better than enjoying beautiful weather while practicing your watercolor skills? Come and learn about the tradition of Au Plein Air and create your own landscape painting. All levels of experience welcome. First class will be at the Mansfield Community Center, subsequent classes at Bicentennial Pond. Please bring your own folding chair or blanket to sit on! Rain dates will be scheduled as necessary.

**Instructor:** N. Yilmaz, a recent Eastern graduate with a BA in Studio Arts, enjoys working in a wide variety of mediums, and teaching others about the visual arts.

**Location:** First class meets in Arts & Crafts room at the Mansfield Community Center, then moves outside. Subsequent classes will be at Bicentennial Pond.

**Dates:** Sun., May 22, 29 and June 5th (3 classes)

**Time:** 11 a.m.-1 p.m.

**Fees:** \$51 for residents, \$61 for non-residents

**Materials Fees:** \$20 due at registration. Fee waivers do not apply to materials

**Activity #:** 430071-A

## Franc MOTORS INC.



7 Decades of Service,  
Auto Repair,  
Tires,  
Maintenance,  
Diagnostics

ROUTE 32  
WILLINGTON, CT 06279  
(860) 429-2614  
WWW.FRANCMOTORSINC.COM

Monday - Friday  
8 am - 5 pm  
Closed Sat. & Sun.



## Mansfield CT Dental



Dr. Marc Czarnowski



Dr. Demitra Estrada

Quality Care in a relaxed setting

Accepting new Patients

10 Higgins Highway Suite 1  
Perkins Corner, Mansfield Center

860-456-2906

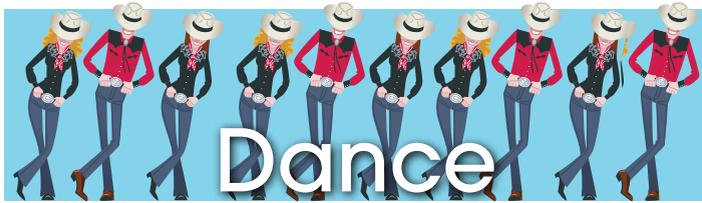
Dr. Marc Czarnowski

Voted Best Dentist by the Chronicle Readers  
2019, 2020 and 2021

Thank You!!!

www.mansfielddental.com

# Adult Programs



## Beginner Line Dancing (Ages 16-Adult)

Come dance with us! This class is all about line dancing and having fun. We will dance to a variety of music—not just country, but also to pop, big band, oldies, Latin and R&B. This is a BEGINNER level line dance class and the dances taught in class will reflect that. We will start with basic steps and patterns and build on those each week. If you have never line danced before, or if you have some dance experience but want to continue to work on your basic skills, this class is for you!

**Instructor:** Sarah Preston Britto, has been line dancing for almost 30 years, and has been teaching almost as long!  
**Location:** CC Fitness/Dance Studio  
**Dates:** Tues., April 15-May 31 (9 classes)  
**Times:** 6:35-8:05 p.m.  
**Fee:** \$40 for residents, \$50 for non-residents  
**Activity #:** 410043-A

## Adult/Teen Ballet

(Beg/Adv. Beg.) (Ages 14-Adult)

Ballet is a great way to develop flexibility, strength and body awareness. This class is designed to introduce new students to ballet and technique. The class will include ballet positions and movements. The level of difficulty will be adjusted to suit the experience of the students. All ability levels welcome!

**Instructor:** Arlene Albert, grew up in New Orleans and studied ballet for 15 years under Lelia Haller, the first American dancer appointed premiere danseuse of the Paris Opera Ballet. A lifelong lover of ballet, Arlene enjoys sharing her love through teaching, and has been teaching in Mansfield for over 15 years.  
**Location:** Mansfield Senior Center  
**Dates:** Tues. April 5-June 14 (10 classes), \*no class 5/31  
**Times:** 6-7:30 p.m.  
**Fee:** \$109 for residents, \$119 for non-residents  
**Activity #:** 410040-A

## Belly Dance (Ages 16-Adult)

Belly dancing, a mystical dance form emphasizing expressive movements, is a fun way to tone your body from head to toe! Participants will move through a warm-up series, classic belly-dance moves, and a cool-down period, engaging your mind and muscle as you learn isolation techniques of this dance. Tuesday's classes are for true beginners, come start with the basics and have fun! Thursday's classes are for those with experience, start putting the pieces together into routines. Socks or slipper-like dance shoes are required.

**Instructor:** Ann Kozikowski has been a dancer all of her adult life. She trained with Arts in Motion School of Dance and Dramatic Arts, Trinity College, Lebanon School of Dance, Mansfield Academy of Dance, Fred Astaire and Arthur Murray Dance Schools, and Vermont Ballroom Dance Camp. She has performed dance all

over Connecticut and Massachusetts and received her Medal Standard Bronze II at Arthur Murray Dance School, along with her work as a choreographer. Her eighteen year study of the Art of Belly dance, Veil, and Zil work began with second-generation belly dancer, Nerine Avital. She has been teaching for eleven years.

**Location:** CC Fitness/Dance Studio  
**All levels:** 5:30-6:30 p.m.  
**Per Session Fee:** \$53 for residents, \$63 for non-residents

### BEGINNER CLASS

**Dates:** Tues., May 31-June 28 (5 classes)  
**Activity #:** 410046-A

### ADVANCED CLASS

**Dates:** Thurs., June 2-June 30 (5 classes)  
**Activity #:** 410046-C



## Learning Real French for Travel (Ages 17+)

 How would you like to correctly roll out a French phrase when you need one? With just a bit of regular time and effort, you can learn the basics to enrich your travels. This program focuses on a clear and concise overview of French so you can speak during your trip.

**Instructor:** Dr. Valerie Ursin is an experienced educator who has been teaching French for 15 years. She received her PhD from University of Connecticut and is a Connecticut professional Educator. She earned the professional certification endorsement for French (#108) and has taught all levels from beginner to Honors French 5.

**TEXTBOOK PURCHASE REQUIRED:** "Real French for Travelers"

**Location:** CC Arts & Crafts Room  
**Date:** Tues., April 12-May 31 (8 classes)  
**Time:** 1-2 p.m.  
**Fees:** \$55 for residents, \$65 for non-residents  
**Activity #:** 410015-A



# Adult Programs

## Italian (Ages 18+)



Always wanted to learn a new language? Participants in these classes will be introduced to the Italian language and to the culture of Italy. **Participants must provide text books if listed in the class descriptions.**

**Instructor:** Margherita Balsamo is a native of Italy, where she visits her family as often as possible. She graduated from the University of Padua (IT) and then lived in Germany for several years before moving to the United States some years ago. She taught Italian adult classes in Germany including classes at the Ruhr University of Bochum (Germany). She enjoys learning new languages herself. She has two kids who are growing up successfully trilingual. Margherita loves to teach about her country and her culture with a lot of humor.

**Location:** CC Community Room

## Italian Beginners 1

This is the class for you if you have taken very little Italian classes before.

**Location:** CC Community Room  
**Date:** Fri., Apr. 1 – Jun. 17, \*no class 4/15 & 4/22 (10 classes)  
**Time:** 12:15-1:45 p.m.  
**Fees:** \$99 for residents, \$109 for non-residents  
**Activity #:** 410011-A  
**TEXTBOOK PURCHASE REQUIRED:** Qui Italia 1 and Qui Italia 2 by A. Mazzetti, M. Falcinelli, B. Servadio

## Italian Beginners Level 4

This is the class for you if you have already taken few basic Italian classes.

**Location:** CC Community Room  
**Date:** Mon., April 11 – June 20, \*no class 4/18 & 5/30 (9 classes)  
**Time:** 6:15-7:45 p.m.  
**Fees:** \$89 for residents, \$99 for non-residents



## Pickleball at Sunny Acres Park!

Did you know we have outdoor pickleball courts at Sunny Acres Park? Sunny Acres is located on Meadowbrook Road in Mansfield and has four courts available for pickleball play. Nets are available to Mansfield residents free of charge. Register for the net access code.

**Activity #** 210000-A

**Activity #:** 410013-A  
**TEXTBOOK PURCHASE REQUIRED:** Qui Italia 1 and Qui Italia 2 by A. Mazzetti, M. Falcinelli, B. Servadio

## Italian Intermediate Beginners 3

This is the class for you if you feel confident about your basic Italian!!

**Location:** CC Community Room  
**Date:** Tues., April 5 – June 14, \*no class 4/19 (10 classes)  
**Time:** 6:15-7:45 p.m.  
**Fees:** \$99 for residents, \$109 for non-residents  
**Activity #:** 410012-A  
**TEXTBOOK PURCHASE REQUIRED:** Qui Italia 1 and Qui Italia 2 by A. Mazzetti, M. Falcinelli, B. Servadio

## Italian Advanced Intermediate 2

This is the class for you if you would like to improve your Italian grammar and learn more conversational Italian.

**Location:** CC Community Room  
**Date:** Wed., April 6 – June 15, \*no class 4/ 20 (10 classes)  
**Time:** 6:15-7:45 p.m.  
**Fees:** \$99 for residents, \$109 for non-residents  
**Activity #:** 410014-A  
**TEXTBOOK PURCHASE REQUIRED:** Nuovo Qui Italia Più - Libro dello Studente e Quaderno di Esercizi by A. Mazzetti, P. Manili, M.R. Bagianti

# Waypoint™

LIVING SPACES

## CABINETS DESIGNED FOR LIVING

*Waypoint® takes pride in building cabinetry that's beautiful and durable, to meet the rigorous needs of the American family.*



**Come in and see the difference..**  
**Customer Service, Experience and**  
**Large Selection**

**DC Design Center East, LLC**



**27 MEADOW STREET, WILLIMANTIC**  
**860-450-8442**

**Hours: Mon.-Fri. 9 to 5; Sat. 9 to 2**

**See us on Houzz**

**[www.pinterest.com/designcentereas/](http://www.pinterest.com/designcentereas/)**



# Aquatics



Welcome to the Mansfield Community Center Indoor Aquatic Center. The Center has one 6-lane 25 yard competitive lap pool with diving area, and a mid-size therapy pool for specialized use and classes. We offer a wide range of activities and programs to accommodate all ages and abilities including swimming lessons, water fitness classes, general recreational swimming, lap swimming and much more. Pools operate under the supervision of certified Lifeguards at all times. The pools also host several special events including our Family Fun Nights and are available for birthday party rentals as well. The Aquatic Center will close at 8 p.m. Monday through Friday, and on Saturday and Sunday, at 3:30 p.m. with the exception of specific holiday hours. Facility hours change June 1; pools will close weekdays 7:30 p.m., weekends 1:30 p.m.

For an overview of pool usage and designated activity time, please pick up a weekly pool schedule located at the kiosk in the front lobby or visit our website at [www.mansfieldcc.com](http://www.mansfieldcc.com).

## You Can Choose to Swim Healthy!

Healthy Swimming behaviors are needed to protect you and your kids from RWIs (Recreational Water Illnesses) and will help prevent germs from getting in the pool.

Here are three "PLEAs" that promote Healthy Swimming:

### Three "PLEAs" for All Swimmers

Practice these three "PLEAs" to stop germs from causing illness at the pool:

**Please** practice good hygiene. Take a shower before swimming and wash your hands after using the toilet or changing diapers. Germs on your body end up in the water.

**Please** don't swim when you have diarrhea. This is especially important for kids in diapers. You can spread germs in the water and make other people sick.

**Please** don't swallow the pool water. In fact, avoid getting water in your mouth.

A graphic with a blue background and water ripples. At the top is a photo of a young girl with blue goggles on her head, smiling. Below the photo, the text "POOL TEMPERATURE" is written in large, bold, white letters with a red outline. Underneath, it lists "Therapy Pool: 92°-94°" and "Main Pool: 80°-82°". A small thermometer icon is positioned between the two temperature ranges.

**POOL TEMPERATURE**

Therapy Pool: 92°-94°

Main Pool: 80°-82°

## GENERAL INFORMATION

### Main Pool

Our 6-lane, 25-yard lap pool is available for General Swim, Lap Swim, as well as hosting several aquatic classes and lessons. Please see our weekly block schedule for an overview of designated times.

### General Swim

The Main Pool is open for recreational and leisure swimming for individuals and families at designated times. All non-swimmers must be in the water with an adult at all times. Diving board will be open at various times, please see weekly schedule for details. General swim cannot be used for lap swimming.

### Lap Swim

Lap swim times are available at designated times. Lap swimming is intended for fitness and requires continuous movement with appropriate swimming strokes at your own pace. Snorkels are allowed at lap swim times only. Masks covering the nose are prohibited.

### Therapy Pool

The Therapy Pool has designated time for specialized classes, therapeutic use, and family swim. This pool's intended purpose is to provide a warmer, more comfortable environment for those with therapeutic needs such as arthritis, chronic joint pain and fatigue, as well as individuals needing rehabilitation for injuries. This pool is available for families and swim lessons at designated times. Please see the weekly schedule for an overview of times.

### Therapeutic Use

This time is designated for individuals with therapeutic needs only. Limited water exercise equipment is available for individual use upon request. Specialized water fitness equipment is allowed with staff approval.

### Family Use

This time is designated for families to utilize and enjoy the warm comfortable environment of the Therapy Pool. Please be respectful of those using the pool for therapeutic purposes. There is no jumping in the therapy pool.

A graphic with a red background. At the top, the text "POOL PARTIES" is written in large, yellow, bubbly letters with a black outline. Below the text is a photo of two young girls smiling and looking through a red inflatable ring. At the bottom, the text "Have a birthday party to remember at the Mansfield Community Center! More info available at [www.mansfieldct.gov/parties](http://www.mansfieldct.gov/parties)" is written in white.

**POOL PARTIES**

Have a birthday party to remember at the Mansfield Community Center! More info available at [www.mansfieldct.gov/parties](http://www.mansfieldct.gov/parties)

## Mansfield Marlins Youth Swim Club (Age 8– High School)

### Returning Swimmer Registration:

Returning swimmers need to register for the program every season. Please register your child according to when your registration date becomes available. Our pool/lane space is limited and we do not hold spots for returning swimmers. We encourage all participants to register as soon as possible! Practice groups will be the same as the last attended session unless you are explicitly communicated with regarding a practice group time change.

### New Swimmer Registration:

All new swimmers must be pre-registered into the program before the evaluation night on Tuesday, April 5 @ 5:30 p.m. (See below for more information about the swim evaluation night). Please register your child according to when your registration date becomes available. We encourage all participants to register as soon as possible!

Join the Mansfield Marlins Youth Swim Club! This instructional team will help young swimmers develop their swimming skills, their stroke techniques, and teach new fundamentals such as flip turns and racing starts in the sport of competitive swimming. The Youth Swim Club season runs from April 10 – June 19 (ten weeks). Practices will be held on Tuesdays and Thursdays from 5:30 p.m. to 6:30 p.m. or 6:30 p.m. to 7:30 p.m. depending on age/ability. The team will also compete in 3 scrimmage swim meets here at the community center and have periodic time trials as well. Participants may register for more than one evening of practice if desired. All pre-registered returning swimmers will attend regular practice times unless notified of a practice time change by a coach. It is recommended that swimmers have passed Level 4 swim lessons. Please keep in mind that practice consists of approximately 50 - 55 minutes of lap swimming.

### NEW SWIMMERS EVALUATION NIGHT, Tuesday, April 5, at the MCC Pool - 5:30 p.m.

ALL new swimmers should be pre-registered into the program before the evaluation night. If for any reason, your child does not get placed on the team, we would issue a full refund for any registration fees at that time. Because of the progressive nature of this program, space in the program may be limited according to the number of returning registered swimmers per season as well. Therefore space in the program may vary by season. **Tuesday, April 5 at 5:30 p.m.**, will be a mandatory evaluation night for all NEW swimmers starting at 6 p.m. Participants will be evaluated on overall safety and comfort level in the water, freestyle with rotary breathing, breaststroke, and backstroke. Swimmers may be asked to complete 25 or 50 yards of these strokes depending on age and ability. After the evaluation night, new participants will receive an email assigning swimmers to a practice time slot for the rest of the season. Please register using the information below.

**Head Coach:** Head Coach Daniel Furman & Assistant Coach Jaxon Rash

**Location:** MCC Pool

**Dates:** Tues., Thurs., Sun.: Tues., April 12 – June 14, Thurs., April 14 – June 16 & Sun., April 10 – June 19  
Swimmers will be placed in practice group times according to age/ability.

**Fees & Activity #:** **461031-A, Practices once a week:** \$96 for members, \$125 for non-members  
**461031-B, Practices twice a week:** \$192 for members, \$250 for non-members  
**461031-C, Practices Three times a week:** \$259 for members, \$337 for non-members  
3x a week practice is discounted by 10% already in price shown



## Lap Swim Etiquette

Due to the limited number of lap lanes, it is mandatory that patrons share lanes accordingly:

- Please group yourselves according to ability.
- Two swimmers – each swimmer stays on his/her respective side of the lane.
- Three swimmers – swim counter-clockwise in a single file line, staying on the right side of the lane.
- Make sure it is safe to pass if necessary.
- Safety First – When entering a lane that is already occupied by a swimmer, please alert that swimmer that you will be sharing a lane with him/her.

## Working on your Merit badge?

Scouts, complete your lifesaving skills in our pools! Group reservations must be requested 2 weeks in advance. Call or come by to pick up a group rental form that includes facility information and group pricing.



## Full Session Lessons

**Monday Evening Lessons:** April 11 – June 6th (No Lesson 5/30)

	5:10-5:40 p.m.	5:50-6:20 p.m.	6:30-7:00 p.m.
Parent/Infant (3 max)	461007-A1		
Preschool Level 1 (3 max)		461008-A1	
Preschool Level 2 (3 max)			461009-A1
Level 1 (5 max)		461001-A1	
Level 2 (5 max)	461002-A1		
Level 3 (Shallow) (5 max)			461003-A1
Level 3 (Deep) (5 max)	461010-A1		
Level 4 (5 max)		461004-A2	

**Wednesday Evening Lessons:** April 13 – June 1

	5:10-5:40 p.m.	5:50-6:20 p.m.	6:30-7:00 p.m.
Parent/Infant (3 max)		461007-B1	
Preschool Level 1 (3 max)	461008-B1		
Preschool Level 2 (3 max)			461009-B1
Level 1 (5 max)	461001-B1		
Level 2 (5 max)		461002-B1	
Level 3 (Shallow) (5 max)			461003-B1
Level 3 (Deep) (5 max)	461010-B1		
Level 4 (5 max)		461004-B1	

**Saturday Morning Lessons:** April 9 – May 28

	8:30-9:00 a.m.	9:20-9:50 a.m.	10:10-10:40 a.m.	10:50-11:20 a.m.	11:30-12 p.m.
Parent/Infant (3 max)		461007-C1			
Preschool Level 1 (3 max)	461008-C1			461008-C2	
Preschool Level 2 (3 max)			461009-C1		461009-C2
Level 1 (5 max)		461001-C1		461001-C2	
Level 2 (5 max)	461002-C1		461002-C2		
Level 3 (Shallow) (5 max)			461003-C1		461003-C2
Level 3 (Deep) (5 max)	461010-C1			461010-C2	
Level 4 (5 max)		461004-C1			461004-C2

# American Red Cross Spring 2022

## Group Lesson Schedule

**Instructor:** To Be Announced at First Class  
**Location:** MCC Pool  
**NOTE:** Mon/Wed/Sat – 8 Classes/  
 30 minutes per class  
**Fees:** \$80 for members  
 \$104 for non-members



## Swim Lesson Level Descriptions

### Parent and Child Aquatics

(Ages 6 month - 2 years)

Children will have fun in the water while being exposed to basic swimming skills through games, songs, and activities. Each child must be accompanied in the water with one adult.

### Preschool Aquatics (Ages 3 and 4)

**Purpose:** Familiarize children to the aquatic environment

**Water Adjustment I** participants learn skills centering on water acclimation and water comfort which include: water entry, blowing bubbles, floating on front and back, gliding on front and back and exploring independent movement with combined arm and leg movement. This level is great for very beginner swimmers and children with water fear or apprehension.

**Water Adjustment II** participants build and improve skills learned in Water Adjustment I. These skills include: becoming more comfortable with submersion and putting the face in while swimming, reinforcing and building the floating and gliding skills introduced in Water Adjustment I, and moving independently farther and stronger with combined arm and leg movement.

## Swim Levels

**Level 1: Introduction to Water Skills**

**Purpose:** Helps students feel comfortable in the water.

Level 1 participants learn to:

submerge nose, mouth and eyes, explore arm and hand movements, alternating and simultaneous leg and arm action on front and back, blow bubbles, bobbing, open eyes underwater and pick up submerged objects, float on front and back, front and back glides with recovery, combined arm and leg swim on front and back. This level is great for very beginner swimmers and children 5+ with water fear or apprehension.

## Level 2: Fundamental Aquatics Skills

**Purpose: Gives students success with fundamental skills.**

Level 2 participants learn to:

Enter water by stepping or jumping from the side, exit water safely using ladder or side, fully submerge and hold breath, open eyes under water and pick up a submerged object, float on front and back, tread water, perform front and back glide with recovery, roll over from front to back, back to front, swim on front and back using combined strokes front and back, bobbing. This is a great class to build a strong foundation for swimming.

## Level 3: Stroke Development (Shallow)

**Purpose: Builds on the skills in Level 2 through additional guided practice.**

Level 3 participants learn to:

perform a survival float, submerged and retrieve an object, perform front and back glide using rotary breathing, tread water, perform freestyle, perform elementary backstroke, flutter, scissor, breaststroke and dolphin kicks, push off in streamlined position and begin kicking, change from horizontal to vertical position on front and back and reaching assist from deck. This class is mostly held in the shallow end of the pool working on skills and building up to the deep end.

## Level 3: Stroke Development (Deep)

**Purpose: Builds on the skills in Level 3 Shallow through additional guided practice.**

Level 3 participants learn to:

Jump into deep water from the side, dive from kneeling or standing position, perform a survival float, submerged and retrieve an object, bob with the head fully submerged, perform front and back glide using rotary breathing, tread water, perform freestyle, perform elementary backstroke, flutter, scissor, breaststroke and dolphin kicks, push off in streamlined position and begin kicking, change from horizontal to vertical position on front and back and reaching assist from deck. This class is held in the deep end and prepares kids for level 4. While still working on skills for level 3 but in deep water.

## Level 4: Stroke Improvement

**Purpose: Develops confidence in the skills learned and improves other aquatic skills**

Level 4 participants learn to:

Swim underwater, perform feet first surface dive, tread water with 2 different kicks, freestyle, elementary backstroke, backstroke, breaststroke, butterfly, sidestroke, 15 to 25 yards each stroke push off in streamlined position and begin kicking, perform open turn on front/back using any stroke, use safe diving rules, perform a throwing assist and reaching assist and to recognize recreational water illness.

## Levels 5 – 6

Levels 5 – 6 will be encouraged to join our rec swim team the Marlins or private lessons. This will help to keep them swimming and moving towards preparation for High School swimming or other fun programs.

# POOL RULES

*-for your safety-*

## Some Pool Rules in helping you to prepare your day!

- All patrons must shower before entering the pools.
- Children 5 years and under must be accompanied into the water by an adult (18 years or older) who is within arms reach.
- Children 6 – 8 years old must be accompanied by an adult (18 years or older) into the pool area if they have not passed a swim test.
- Children who are 8 and over who have passed a swim test are allowed in the pool and pool area without an adult.
- Lifejackets and life vests (including swim suits with foam inserts) are acceptable and permitted in the pool. **Any child/patron wearing a lifejacket or life vest must be accompanied into the water by an adult 18 years or older and must be within arms reach.** No noodles, inflatables, swimmies, or water wings are allowed. Any patron wearing a lifejacket or vest is NOT Permitted to use the diving board. Other flotation devices considered at the discretion of the Aquatic Director or Manager on Duty.
- Noodles, aqua belts, and aqua dumb bells are permitted for water exercise/therapy only.
- Children must be wearing appropriate swim diapers, no exceptions.
- Proper swimming attire is required. No casual clothing, jeans, or T-shirts are allowed.
- Kickboards, pull buoys, and training paddles are available for use.
- Masks, snorkels, and fins are allowed for lap swimming ONLY.
- Diving is permitted in the deep end of the lanes and off the diving board ONLY.
- Adults may NOT catch children off the diving board or provide assistance on the board.
- Questionable swimmers may be asked to take a swim test consisting of one comfortable 25 yard lap of front crawl to prove ability.

# Aquatics



## American Red Cross Swimming and Water Safety Program

The Mansfield Community Center is proud to be an authorized provider of the American Red Cross (ARC) Swimming and Water Safety Program. If you have a passing certificate from last year or last session, then please select the next level for your child. Proper swim lesson placement is key in providing a successful, enjoyable swim lesson experience and in ensuring participant safety in the water. Please see the level descriptions page as a guide when registering your child. Spring group swim lessons are held during Monday or Wednesday evenings or Saturday or Sunday mornings. Classes at the MCC may be cancelled in the event of lightning or thunder storms, any potential significant snow storms, and/or other unsafe pool conditions. Participants will be notified if any cancelled classes will be made up. Monday, Wednesday, Saturday and Sunday group lessons consist of 8 classes/ 30 minutes per class. Please see Spring class schedule for details and class fees.

**Private Lessons:** Private lessons are available again, though times and instructors are limited. Please submit a lesson inquiry through email to [Caldwelljr@mansfieldct.org](mailto:Caldwelljr@mansfieldct.org) or call us at 860-429-3015 for more details.

### Adult Beginner Swim Lessons (Ages 18+)

These lessons are designed for adults with minimal or no swimming experience, or those who need assistance adjusting to a water environment. This course will take adults through the beginning Levels I and II of the *American Red Cross Swimming and Water Safety Program*. This group setting class will provide an appropriate level of instruction for adults wanting to discover the benefits of learning how to swim and be safe in and around water. Please see Level Description page for class skills.

**Instructor:** TBA  
**Location:** MCC Pool  
**Dates:** Mon., April 11 – June 6 (No Lesson 5/30)  
**Time:** 6:30 - 7:00 p.m.  
**Fee:** \$80 for members, \$104 for non-members  
**Activity #:** 461020-A

### Adult Intermediate Swim Lessons (Ages 18+)

These lessons are designed for adults with minimal swimming experience who are already comfortable in and around water. This course will take adults through Level III and begin Level IV skills of the American Red Cross Swimming and Water Safety Program. This group setting class will provide an appropriate level of instruction for adults wanting to discover the benefits of learning how to swim and continuing to improve their stroke development. Please see Level Description page for class skills. Pre-requisite for Intermediate class: Must be able to swim one 25 yard length of the pool freestyle with rotary breathing comfortably.

**Instructor:** TBA  
**Location:** MCC Pool  
**Dates:** Wed., April 13 – June 1  
**Time:** 6:30 - 7:00 p.m.  
**Fee:** \$80 for members, \$104 for non-members  
**Activity #:** 461021-A

## Private Swim Lessons

Private Lessons and Semi Private Lessons (max 2 individuals) are available for both children and adults. All lessons are instructed by one of our qualified Swim Lesson Instructors and are one half hour in length. You will need to fill out a Private Lesson Request Form available at the MCC Reception Desk. You will be contacted by an instructor within 2 weeks regarding the status of your request and to set up your initial lesson. Lessons at the requested time are not guaranteed and may result in scheduling alternate times with an instructor. Call 429-3015 ext. 0 for more information.

### Private Lesson Fees:

<b>Member Private:</b>	\$39
<b>Member Semi-Private:</b>	\$57
<b>Non Member Private:</b>	\$45
<b>Non Member Semi Private:</b>	\$68

Semi-Private Lessons (Max 2 kids, price includes both kids)  
*For water fitness classes, please see the fitness class schedule.*

## Pre-Pay for Private Lesson Packages & Fees:

### 5 Swim Lessons Pre-Payment

Member Private: \$195
Non-Member Private: \$225
Member Semi-Private: \$285
Non-Member Semi-Private: \$340

### 10 Swim Lessons Pre-Payment

Member Private: \$390
Non-Member Private: \$450
Member Semi-Private: \$570
Non-Member Semi-Private: \$680

Loving your private swim lessons? Planning to take more? Prepay for lessons! Prepayments are applied to household as credits and are used upon lesson entry request by the instructor. Receipts still required and can be requested at the reception desk.



## PADI SCUBA Certification Course

Professional Association of Diving Instructors. Experience scuba diving and get PADI open water certification (valid for life) in this four-session course. PADI is the most popular certification and can be used to dive anywhere internationally. The course consists of an Orientation and three combined classroom and pool sessions. The orientation will be held on April 26th at the Mansfield Community Center from 4:30-7 pm. The following sessions consist of skills in the pool.

Open water dives will take place in the spring/summer (dates TBA) in Jamestown, RI and/or Bigelow Hollow State Park.

**Instructor:** John D. Langlois from Enfield Scuba  
**Location:** MCC Arts & Crafts Room & Pool  
**Days & Times:** Sun., April 24 12:00 p.m. – 3:00 p.m. (orientation).  
Sun., May 8, 15, 22 12:00 p.m. – 3:00 p.m. (pool).  
**Fee:** \$155 for members, \$195 for non-members



**Costs:** E-Learning Package \$202.00, must be completed thru Enfield Scuba Website at Orientation.  
 Tuition, \$175.00. Gear package \$195.00, Includes: Mask, snorkel, fins and boots. Sized to you and yours to keep.  
**Open Water Dives:** Optional. \$250.00. Includes: 4 dives, full gear and suit rental, Log Book and Certification card.

**Activity #:** 461026-A

**Instructor:** TBD  
**Location:** Community Room and Pool  
**Dates:** Sat., May 14, Sun., May 15, Sat., May 21  
**Time:** 9 a.m. – 3:30 p.m.  
**Fee:** \$242 for members, \$324 for non-members  
**Activity #:** 461022-A

## American Red Cross Adult & Pediatric CPR BL

This course provides participants with the knowledge and skills necessary to prevent, recognize, and provide basic care for breathing and cardiac emergencies in adults until advanced medical personnel arrive. Participants who pass the course will receive an American Red Cross certificate which is valid for two years. The course fee includes all course materials and certification costs. **This course is a blended learning course and does require the completion of online materials and work. You will be required to have completed the online material prior to the in-person class date.** You will be emailed the link of online material 1 week prior to the class date. Any questions please feel free to reach out to us.

**Instructor:** Jeanne Goffinet  
**Day:** (460002 – A) Sun., May 1  
 (460002 – B) Sun., June 5  
**Time:** 10 a.m. – 2 p.m.  
**Location:** CC Community Room  
**Fee:** \$80 for members, \$90 for non-members  
**Fee:** \$242 for members, \$324 for non-members



## Lifeguard Training- Blended Learning (Ages 15 +)

The Mansfield Community Center is proud to provide the most current and up to date training course for lifeguard certification. This course will present the newest lifeguarding curriculum available through the American Red Cross released earlier this year. The purpose of the ARC Lifeguard Training Program is to teach candidates safety and rescue techniques designed to prevent and respond to a variety of aquatic emergencies. This course does have a pre-test that is administered during the first hour of the class. The course prerequisites include: a continuous 300 yard swim with proficiency in both freestyle and breaststroke, a two minute tread of water without the use of hands and a timed 20 yard swim with surface dive to retrieve a submerged 10 pound object in which candidate return to the starting point with the object and exit the pool without using the stairs or a ladder. Students are only allowed to use goggles for the prerequisite 300 yard swim portion of the class, students must be able to demonstrate all skills in the class without the use of goggles to pass the course.

**This is a Blended Learning Course which means there are approximately 10 hours of online learning that must be finished before the first in class session.** Upon registration (once the minimum to run the course has been met) the candidate will receive a welcome email to the course with instructions on how to access the online content. Candidates MUST provide the MCC a valid email address upon registration. Registration fees include: one course manual, one pocket mask and processing fees for successful candidates to be issued a certification.

Students will receive an American Red Cross Lifeguard, First Aid and CPR for the Professional Rescuer certification upon successful completion of this course. **Please bring a bathing suit and towel to each class. Candidates MUST register by May 5th.**

## Lifeguard Training Recertification and Bridge Class (Ages 15+)

*Update to the newest version of ARC Curriculum!*

The objective of this course is to enable currently certified ARC lifeguards to update their certification to the newest curriculum and safety standards (released Jan. 2017) and who are looking to renew their certification because they are close to expiration. This course is for current ARC lifeguards who are already certified, or those who have expired no more than 4 weeks prior to the date of this class. Participants are required to demonstrate the following pre-course skills: a continuous 300 yard swim with proficiency in both freestyle and breaststroke, a two minute tread of water without the use of hands and a timed 20 yard swim with surface dive to retrieve a submerged 10 pound object in which candidate return to the starting point with the object and exit the pool without using the stairs or a ladder. Students should bring their pocket masks with them to class as these are not provided with this course. Please bring a bathing suit, goggles and towel to class. A lunch break will be provided. Please bring a bathing suit and towel. Candidates MUST register by TDB.

**Instructor:** TBD  
**Location:** Community Room, MCC Pool  
**Dates:** Sun., May 22  
**Time:** 9 a.m. – 3:30 p.m.  
**Fee:** \$110 for members, \$137 for non-members  
**Activity #:** 461023-A

## 1-Day Combination Safe Boating & Personal Watercraft Safety Certification (Adult)

A complete updated safe boating certification course taught in one (8 hour) day. This class includes the newest requirement for towing skiers & tubes. Successful completion will allow the student to purchase a Connecticut Certificate of Personal Watercraft Operation with Safe Waterski Endorsement, which enables them to operate any recreational vessel up to 65 feet in length, with some age restrictions for younger operators. An easy to understand classroom format is designed for students age 10 and over. **PRIOR TO TAKING THIS CLASS** each student should create an account online at <https://www.ct.wildlifelicenses.com/internetsales>, and click the START button. Create an account if you don't already have one, and then print the page that includes your Conservation ID number and bring it to class. Once we have entered your score in the DEEP system you will use your account to purchase & print the certificate after the class.

**Instructor:** Current Boating Education, LLC  
**Location:** CC Arts & Crafts Room  
**Dates:** Sat. April 2 (410060-A)  
 Sat. May 28 (410060-B)  
**Time:** 8 a.m. – 4 p.m.  
**Fees:** \$75 for residents, \$85 for non-residents

# Parks & Preserves

## See the Forest through the Trees



Earth Weekend is the perfect time to learn about the benefits of sustainable forest management. Chris Kueffner and Lynn Stoddard will share their passion for their land and for healthy forests. We will start at the Storrs Adventure Park and walk through their forest to see examples of how they are managing their forest for recreation, wildlife habitat, water resource protection, carbon sequestration, and forest products, such as lumber, firewood, and maple syrup.

**Walk Leaders:** Chris Kueffner and Lynn Stoddard  
**Location:** Meet at the Storrs Adventure Park, 2007 Storrs Rd, Storrs  
**Date:** Sun., April 24  
**Time:** 1 pm  
**Fee:** FREE (Registration by 4/21 is mandatory)  
**Activity #:** 411001-A

**Passport to Explore Your Backyard**  
This spring, take your family hiking and explore Mansfield's 16 Parks & Preserves right in your own backyard. Complete your Passport for a chance to win prizes.

**Kickoff Event, April 9th 10am-12pm**  
**Mansfield Community Center & Moss Sanctuary**  
Register for FREE! 470100-A

- Pick up your passport
- Learn tricks of the trails
- Learn tips to hike longer distances
- How to pack the 10 essentials
- Hints on keeping the kids engaged

Can't make it to the kickoff event?  
Pick up your passport and other essential information at MCC.



10 South Eagleville Road, Mansfield, CT 06268  
www.mansfieldct.org or 860.429.3015

## Over in the (Merrow) Meadow

Join us on Mothers Day for some family fun at Merrow Meadow along the Willimantic River! In a scavenger hunt, objects will be "hidden" in plain sight along the trail and our young sleuths will have to find them as they hike this fully accessible trail. Learn a little about camouflage along the way. There will be prizes. Most of the path is paved and flat, easily accessible by wheelchair or stroller. All ages welcome. Participants over 2 years of age are required to wear a mask. Heavy rain cancels.

**Walk Leaders:** Naturalists Sue and Tom Harrington  
**Location:** Merrow Meadow Park  
From the intersection of Route 195 and Route 32, head south on Route 32 for .83 miles. Turn right onto Merrow Road and travel for 0.1 miles. Parking area entrance is on the left.  
**Date:** Sun., May 8th  
**Time:** 1-2 pm  
**Fee:** FREE (Registration by 5/5 is mandatory)  
**Activity #:** 411002-A



## Spring Migrant Bird Walk

Grab your binoculars and join us as we look for spring migrating birds as they make their way north to breed. This should be the peak of the spring migration so we will be seeing many of the birds for the first time this year. Dress for the weather and wear boots or sturdy shoes since there may be some damp areas. Bring your bird book if you have one! Participants over 2 years of age are required to wear a mask. Heavy rain cancels.

**Instructor:** Erin King, Wildlife Biologist, US Fish and Wildlife Service  
**Location:** Mt. Hope Park, Rte 89 (From the intersection of Rte., 195 and Rte 89, head north on Rte 89 for 3.4 miles, parking is on right).  
**Date:** Sat., May 14  
**Time:** 8-10 a.m.  
**Fee:** FREE (Registration by 5/11 is mandatory)  
**Activity #** 411003-A

## Guided Hike in Sawmill Brook/Wolf Rock Preserves

Join hiking enthusiast and Joshua's Trust Regional Trail Steward, Juston Manville, for a guided hike in Sawmill Brook Preserve to celebrate CT Trails Weekend. Over three miles of trails wind through historic stone walls and rock ledges and lead to the Wolf Rock Scenic overlook. Learn more about this preserve before you go by downloading the trail guide at [www.Mansfieldct.gov/sawmillbrookpreserve](http://www.Mansfieldct.gov/sawmillbrookpreserve).

**Instructor:** Juston Manville  
**Location:** Meet at the Sawmill Brook Preserve Trailhead on Puddin Lane (approximately 2/3 of a mile from the intersection of Rte. 195 and Puddin Lane)  
**Date:** Sun., June 5  
**Time:** 1:30-3:30 p.m.  
**Fee:** Free (Registration by 6/2 is mandatory)  
**Activity #:** 411005-A

# Parks & Preserves

## Plein Air Painting in the Parks



Looking for additional opportunities to paint with your peers, and get outdoors? Come enjoy some scenery and experience the many beautiful parks Mansfield is fortunate to have. Participated before? How have the views changed? View the location schedule below; meeting time is 10 a.m. on Thursdays. Bring your own supplies, easels, chairs/stools, and paint (or draw, or sketch, whatever your fancy!). No instruction or supervision provided. Inclement weather cancels. All skill levels welcome. Please visit [mansfieldct.gov/1698/Trail-Guides](http://mansfieldct.gov/1698/Trail-Guides) for directions and parking information.

- April 21** – Bicentennial Pond
- May 6** – Commonfields
- May 19** – Mt. Hope Park
- June 2** – Eagleville Dam
- June 16** – Merrow Meadow Park

## Mansfield Community Gardens



Enjoy fresh air and fresh produce through gardening. 20' x 30' plots, located on Route 195 north of Mansfield Supply. Planting begins mid to late May. Returning gardeners will be notified by mail about pre-registration and will receive first priority. A few over-winter plots may be available. Once you have registered, you will receive a letter about the location of your garden plot and the recommended gardening practices. Gardeners are required to remove all large weeds, rocks, weed barrier from their plot by the end of the season.

- Location:** Rt. 195, North of Mansfield Supply  
**Fee:** \$25/plot for residents, \$35/plot for non-residents  
 Add Taste of Mansfield Logo  
**Activity#:** 411004-A (Seasonal)  
 411004-B (Overwinter)

## Connecticut Trails Day is June 4-5, 2022!



Join CFPA and trail enthusiasts around CT to celebrate the largest Trails Day event in the country. Visit [ctwoodlands.org](http://ctwoodlands.org)

to learn about hundreds of guided hikes, bike rides, paddles & more! Learn more at [www.CTwoodlands.org](http://www.CTwoodlands.org)

With over 850 acres of preserved land in Mansfield, Joshua's Trust offers great places to explore.



Learn more at [www.JoshuasTrust.org](http://www.JoshuasTrust.org)



## GET INVOLVED

with your parks and preserves

Do you like to build things? Like to be outside? Parks and Recreation is looking for people of all ages who are independent workers interested in building bridges, wildlife observation decks and more in town-owned parks and preserves. Town staff will work with you on a design and getting the necessary permitting. We also have a small fund available for supplies directly related to the project. If you have a project in mind or would like a suggestion, please contact Jennifer Kaufman, at [Jennifer.Kaufman@MansfieldCT.org](mailto:Jennifer.Kaufman@MansfieldCT.org) or 860-429-3335.

## FIND US ON FACEBOOK

and INSTAGRAM!

 [@MansfieldCommunityCenter](https://www.instagram.com/MansfieldCommunityCenter) 

Show Your  For Local



www.tasteofmansfieldct.org

Taste of Mansfield is made possible by these community partners:



Your place to grow

Mansfield Advocates for Children  
 Mansfield Agriculture Committee  
 Mansfield Department of Human Services  
 Mansfield Downtown Partnership  
 Mansfield Economic Development Commission  
 Mansfield Parks and Recreation  
 Mansfield Public Library  
 Mansfield Public Schools  
 Mansfield Senior Center  
 Storrs Farmers Market



COLLEGE OF AGRICULTURE,  
 HEALTH AND NATURAL  
 RESOURCES

EXTENSION

# Take a Walk With Us!

Go to [www.MansfieldCT.gov/trailguides](http://www.MansfieldCT.gov/trailguides) guides to download interpretive trail guides for parks and preserves owned and managed by the Town of Mansfield.

## parks & preserves

- Commonfields** Access from Bassetts Bridge Road. Features include trails, interpretive information and a bird blind.
- Coney Rock Preserve** Access from Chaffeeville Road (Town land) or Woodland Road (Joshua's Trust land). Trails climb through old pastures reverting to forest. Cliff on top offers views of Mansfield Hollow State Park.
- Dorwart Preserve** Access from Mulberry Road or from Lions Memorial Park off Route 89. Forested trails with diverse wildlife and woodland plants adjacent to Lions Memorial Park soccer fields and pavilion.
- Dunhamtown Forest** Access from White Oak Road. Loop trails and connecting trails to Dunham Pond Road and Max Felix Drive wind through mature forest. Managed as a demonstration forest.
- Eagleville Preserve** Access from Route 275 across from the Eagleville Dam through State land. Loop trail along scenic bend of Willimantic River and through old pasture reverting to forest.
- Fifty-foot Cliff Preserve** Access from behind Mansfield Historical Society on Route 195. Forested trails lead to cliff views across the Fenton River Valley and Mansfield Hollow State Park. Nipmuck Trail connects to UConn land.
- Merrow Meadow Park** Access from Merrow Road. Loop trail through meadows, wetlands and forest. Part of trail paved for handicapped access. Canoe launch along the Willimantic River.
- Moss Sanctuary** Access from South Eagleville Road (behind the Mansfield Apartments) or from Birchwood Heights Road. Parking is available at the Mansfield Community Center. Two loop trails through a variety of forest setting and around a pond.
- Mt. Hope Park** Access from Route 89. Loop trail through meadows and woodlands leading to a pond and the Mt. Hope River.
- River Park** Access from Plains Road. Willimantic River Greenway trail leads to Lynch Landing and Mansfield Depot. Features include a handicapped accessible canoe launch, multi-use recreation field, and interpretive information.
- Sawmill Brook Preserve/Wolf Rock** Access from Puddin Lane or from Joshua's Trust's Wolf Rock Preserve on Crane Hill Road. Follow the Nipmuck Trail along Sawmill Brook's wooded valley.
- Schoolhouse Brook Park** Access from Clover Mill Road and Mansfield Middle School. Nineteen trails, including part of the Nipmuck Trail, through mature forests. Views of colonial mill sites. Park includes Bicentennial Pond Recreation Area.
- Shelter Falls Park** Access from Birch Road. Waterfall and scenic rock formations along Cedar Swamp Brook. Connecting trails to UConn lands and CTDEEP land.

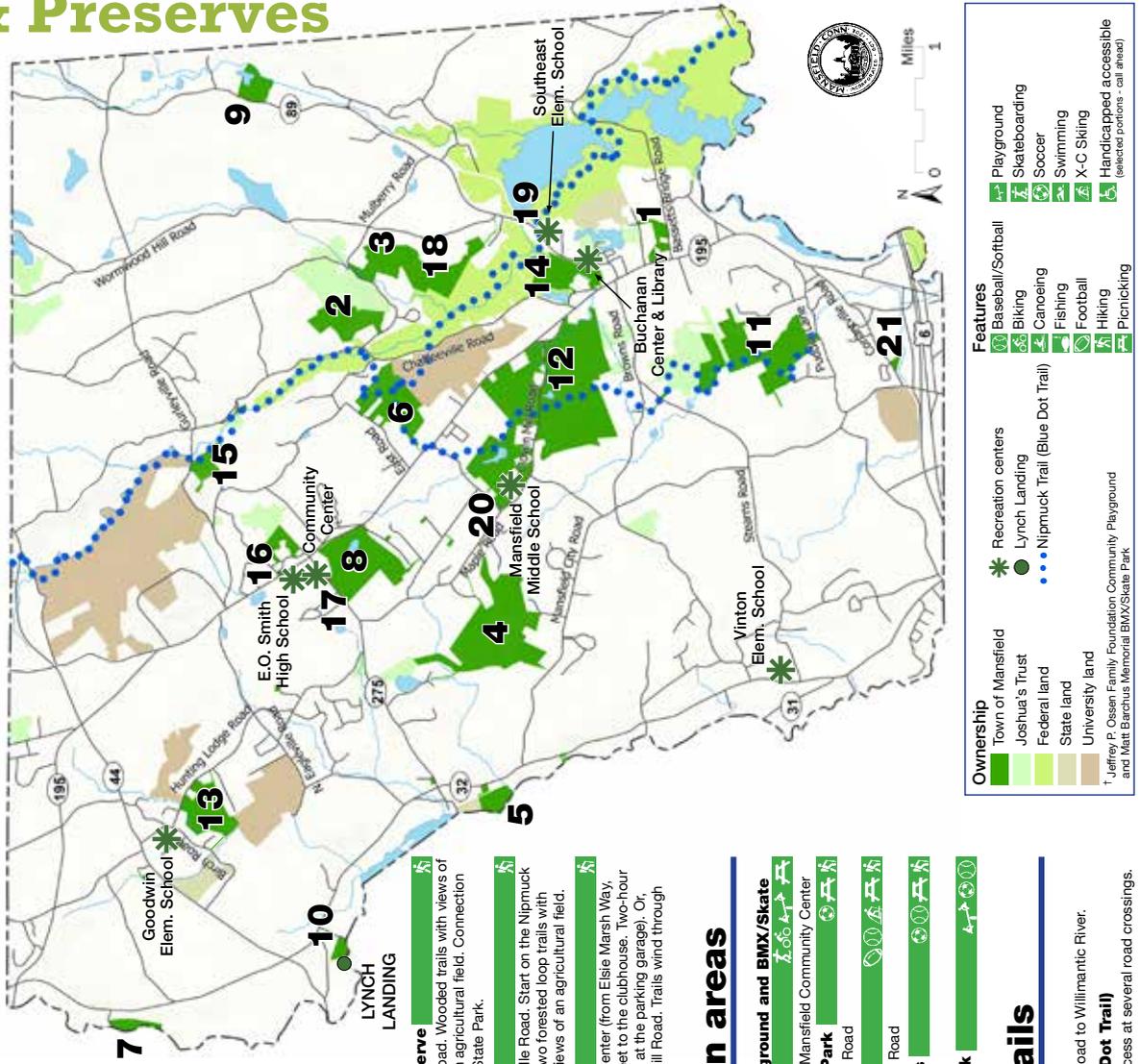
## recreation areas

- Community Playground and BMX/Skate Park!** S. Eagleville Road at Mansfield Community Center
- Lions Memorial Park** Route 89, Warrenville Road
- Southeast Park** Route 89, Warrenville Road
- Spring Hill Fields** Spring Hill Road
- Sunny Acres Park** Meadowbrook Road

## scenic trails

- Lynch Landing**  
Access from Depot Road to Willimantic River.
- Nipmuck Trail (Blue Dot Trail)**  
Regional trail with access at several road crossings.

# Parks & Preserves





## Equipment Rentals

### Kayak & Paddle Board Rentals

Spend a little time out on the water this summer with a kayak or paddleboard rental! Kayak and Paddleboard rentals begin April 25th!

**Kayaks** - Single kayaks with paddles and life jackets are available for rent! The kayaks are 10'5" feet long and weigh about 42 pounds each.

**Paddleboards** - Paddleboards are available for rent! Rental includes 10'6" paddle board weighing about 19 pounds, paddle, paddle board leash and PFD (life jacket).

Reservations (with payment) must be made in person at the Community Center. As the boats do go out regularly, it is important to call ahead to make sure they are available if you are looking to book same-day. Reservations are not guaranteed until in-person reservation with payment is made. Overnight rentals are permitted based on availability, but additional fees will be assessed. Participants are responsible for the loading, unloading, and transporting of kayaks and paddle boards to and from their destination. Straps, tie-downs, and other transporting equipment are not provided.

#### PICK UP/DROP OFF TIMEFRAMES:

**Monday-Friday:** 7:30 a.m.-7:00 p.m.  
**Saturday/Sunday:** 8 a.m.- 3:30 p.m. thru May 31st,  
 8 a.m.-1:30 p.m. starting June 1st  
 Times vary on holidays.

#### KAYAK RENTAL FEES:

**Daily Rental Fee\*:** \$10 per kayak per day  
 (paddles and life jackets included)  
**Overnight Rental Fee\*:** \$30 per kayak rented overnight  
 (paddles and life jackets included)

#### PADDLE BOARD RENTAL FEES:

**Daily Rental Fee\*:** \$25 per paddleboard per day  
 (paddles and life jackets included)  
**Overnight Rental Fee\*:** \$60 per paddleboard rented overnight  
 (paddles and life jackets included)

*\*An additional \$50 deposit (check or credit card only) and copy of driver's license is required at the time of reservation.*

### Backyard Games



**Outdoor Volleyball, Cornhole, Badminton, Bocce Ball, Croquet, and Ladder Ball** sets are available to rent for home use. Reservations (with payment) and a \$25 deposit check and copy of driver's license is required at the time of the rental reservation.

**Fee:** \$10 per set per use (up to 3 days)

### Cornhole, Bocce Ball, Croquet and Ladder Ball

These outdoor games are free for members to use on-site at the Mansfield Community Center. All you need to do is come inside and swipe your membership card. These games are on a first come, first serve basis.

**MANSFIELD Parks & Recreation**

SCAN FOR MORE INFO!

**PAVILION RENTALS**

Host your next gathering at a Mansfield Parks and Rec Pavilion!

Seasonal pavilion rentals are available for outdoor picnics and parties at Lions Club Memorial Park and Schoolhouse Brook Park.

WWW.MANSFIELDDCC.COM  
860.429.3015

**SUBWAY**

it's a great day for a subway!

**2 STORRS LOCATIONS**

125 N Eagleville RD & Storrs Downtown

**EASTERN CAMPUS-WILLIMANTIC**

33 High Street

To order ahead or get delivered to you by DoorDash

**Go to SUBWAY.COM**

and use the app

We also deliver through GrubHub & Uber Eats

Open late 7 days a week

# Community School of the Arts



## Music Lessons

### Individual Instrumental and Voice Lessons

(Virtual & In-person)

Please visit the Lenard Hall Reception desk or [www.mansfieldct.gov/csa](http://www.mansfieldct.gov/csa) for a list of virtual and select in-person lessons and instructors. Register online or in person with activity numbers below. Once registered, you will be contacted within two weeks to discuss your lesson appointments, once scheduled you will receive lesson schedule via email. Students meet with an instructor once per week for 30, 45, or 60 minutes. Depending upon the instrument, age requirements may apply. Lessons are offered in-person on Tuesdays and Wednesdays at Lenard Hall or virtually weekdays. Additional days may be added. Check with us prior to registering. Please note there will be a once per season \$10 non-resident charge for those participating in lesson that do not live in Storrs/Mansfield. Spring season lessons will be held April through June. \*Fees below represent an estimated 10-class season; however, final fee is adjusted for the number of lessons, additional fees will apply if there are additional lessons available in the season.

**Dates:** April 11 - June 18  
**Activity #:** 430700-A (30 mins)  
 430700-B (45 mins)  
 430700-C (60 mins)



LESSON LENGTH	30 MINUTES	45 MINUTES	60 MINUTES
*Approximate Full session (10 lessons)	\$315	\$430	\$567.50

Please note there will be a once per season \$10 non-resident charge for those participating in lesson that do not live in Storrs/Mansfield.

### Electronic Music Production - FREE DEMO!

(Ages 10+)

Want to learn to make beats? You've come to the right place! Schedule a FREE one-on-one demo lesson focusing on producing instrumental soundtracks! Learn to create drum patterns and compose melodies for genres including Pop, Rock, Hip Hop, EDM, and more. The best part is no experience or equipment is required; though it is very helpful if students have access to a computer (iPads and iPhones are also great alternatives if a computer is not available.) Electronic production is the primary topic but lessons can be customized to include other related skills, such as recording live instruments and vocals. Small group lessons can also be arranged. If you enjoyed your demo, submit an individual music lesson request form to get started!

**Instructor:** Walker Suib has been practicing Electronic Music Production (his favorite activity) for the last 6 years. He makes beats for singers and rappers, but also enjoys sound design, sound engineering, and songwriting.

**Location:** Lenard Hall

**Demo Fee:** FREE! - Email Recreation Coordinator, Bethany Cologna at [ColognaB@mansfieldct.org](mailto:ColognaB@mansfieldct.org) to schedule your free 30-minute demo now!

### NEW! Little Actors

(Entering grades 3-8)

Join us for theater games and exercises in this creative class! Fun, engaging, and interactive, this class will help participants develop their curiosity, expression, and sense of self.



**Instructor:** Miss Kelly Production Staff  
**Location:** Lenard Hall  
**Dates:** Tues., Apr. 5-June 7 (10 classes)  
**Time:** 4:45-5:45 p.m.  
**Fee:** \$105 for residents, \$115 for non-residents  
**Activity #:** 430610-A



## Visual Arts

### Around the World in 64 Days (Ages 6-12)

An experienced, creative art teacher brings her own unique, wild and wonderful skills to the children's program! Have fun experimenting with multi-media, drawing, and painting. Your tour stops are: Monster fish in the Caribbean, Mandellas and toucans in Mexico, Henna hands in India, and more. Use your imagination! Students are encouraged to observe carefully, to experiment with materials, shape, color, line, and texture and to create unique artworks using their imagination.

**Instructor:** Nancy Cooke- Bunnell, an award-winning pastel and acrylic painter, is an experienced state certified art teacher for over 18 years teaching to all ages. She has taught art at the Community School of Arts, Art Center East, West Hartford Art League, and others. Her pastels have won first in the state at the CT Pastel Society and has won numerous high-ranking awards at Art Center East, The Munson Art Center., and throughout the state. Nancy has also shown work on Canyon Rd. in New Mexico.

**Location:** CC Arts & Crafts Room

**Time:** 4:45-5:45 p.m.

**Date:** Wed., Apr. 6-May 11 \*no class 4/20 (5 classes)

**Fee:** \$50 for residents, \$60 for non-residents

**Materials Fee:** \$15 due at registration. Fee waivers do not apply.

**Activity #:** 420035-A

# Community School of the Arts

## **NEW! Abstract Double Explosion: Drawing and Painting** (Ages 6-12)

An experienced, creative art teacher brings her own unique, wild and wonderful skills to the children's program! Have fun experimenting with multi-media, drawing, and painting. Use your imagination! Students are encouraged to observe carefully, to experiment with materials, shape, color, line, and texture and to create unique artworks using imagination as they increase their understanding of art history. This is an exciting class that encourages creativity, invention, and increasing skills. Students will create their own distinctive designs and will also reference 20th century artists like W. Kandinsky, Frankenther, Paul Klee, Miro, and others.

**Instructor:** Nancy Cooke- Bunnell  
**Location:** CC Arts & Crafts Room  
**Time:** 4:45-5:45 p.m.  
**Date:** Wed., May 26-June 15 (5 classes)  
**Fee:** \$50 for residents, \$60 for non-residents  
**Materials Fee:** \$15 due at registration. Fee waivers do not apply.  
**Activity #:** 420036-A

## **Watercolors for Beginners** (Teens & Adults)

Learn the basic techniques of watercolor painting and how to apply them to your own masterpiece in a beginner friendly class. Learn about mixing colors, and tips and tricks to make your paintings spectacular!

**Instructor:** N. Yilmaz, a recent Eastern graduate with a BA in Studio Arts, enjoys working in a wide variety of mediums, and teaching others about the visual arts.  
**Location:** CC Arts and Crafts Room  
**Dates:** Fri., Apr. 15-May 13 (5 classes)  
**Time:** 5-7 p.m.  
**Fees:** \$63 for residents, \$73 for non-residents  
**Materials Fees:** \$20 due at registration. Fee waivers do not apply to materials  
**Activity #:** 430070-A

## **Paint Au Plein Air with Watercolors**

(Teens & Adults)



Paint au plein air-Learn to paint outdoors! What could be better than enjoying beautiful weather while practicing your watercolor skills? Come and learn about the tradition of Au Plein Air and create your own landscape painting. All levels of experience welcome. First class will be at the Mansfield Community Center, subsequent classes at Bicentennial Pond. Please bring your own folding chair or blanket to sit on! Rain dates will be scheduled as necessary.

**Instructor:** N. Yilmaz, a recent Eastern graduate with a BA in Studio Arts, enjoys working in a wide variety of mediums, and teaching others about the visual arts.  
**Location:** First class meets in Arts & Crafts room at the Mansfield Community Center, then moves outside. Subsequent classes will be at Bicentennial Pond.  
**Dates:** Sun., May 22, 29 and June 5th - (3 classes)  
**Time:** 11 a.m.-1 p.m.  
**Fees:** \$51 for residents, \$61 for non-residents  
**Materials Fees:** \$20 due at registration. Fee waivers do not apply to materials  
**Activity #:** 430071-A

## **New! Creative Collages with Mixed Media** (Adult)



**All experience levels welcome!** Use your imagination to explore the medium of collage. Assemble a variety of materials such as paper of all kinds, found objects, photographs, etc. to design a new work. Create handmade cards, decorate 3D forms. Spark a new way to create visual art! **Participants should bring:** magazines and art paper to use on their collage.

**Instructor:** Ann Williams, has been an artist for 45 years and art teacher for 28 years, teaching various mediums. Awarded CT Art Teacher of the Year twice, and Teacher of the Year at her school and UConn. Art works are at Slater Museum, and personal homes. Ann is a signature member of Arts Center East and Mystic Art Museum. She has exhibited regularly in CT Fine Arts Exhibits at Slater Museum, Lyman Allen Art Museum, and Marlborough Arts. Ann graduated from UConn with a Bachelors of Fine Arts.  
**Location:** CC Arts & Crafts Room  
**Dates:** Thur. Apr. 21- May 26 (6 classes)  
**Times:** 6:30-8:00 p.m.  
**Fee:** \$90 for residents, \$100 for non-residents  
**Activity #:** 430081-A

## Display Your Art!



Did you know visual art display space is available in the Mansfield Community Center and other Town buildings? **The Mansfield Arts Advisory Committee** invites artists to submit an application, available at the Mansfield Community Center, Lenard Hall, and online at <http://mansfieldct.gov/1502/Arts-Advisory-Committee> to display their work. Visit the website for submission and approval processes and guidelines. Submit your application to display today!



**FIND US ON  
INSTAGRAM!**

**@MPRDCommunitySchooloftheArts**

# Community School of the Arts

## Painting with Joy- Acrylics and Pastels

(Beg. & Adv.) (Teen & Adult)

We find joy in painting when we let go of the rules and then choose to reestablish order from chaos. Painting needs to begin in play and non-judgmental experimentation with our art materials. We will begin with the non-representational process to explore line, color, texture, shape, composition connect with our intuitive painting process. Then we will apply these properties to realism. We will find the abstraction in the realism. Students will examine some of the painters from the 20th c.

**Instructor:** Nancy Cooke- Bunnell, an award-winning pastel and acrylic painter, is an experienced state certified art teacher for over 18 years teaching to all ages. She has taught art at the Community School of Arts, Art Center East, West Hartford Art League, and others. Her pastels have won first in the state at the CT Pastel Society and has won numerous high-ranking awards at Art Center East, The Munson Art Center., and throughout the state. Nancy has also shown work on Canyon Rd. in New Mexico.

**Location:** CC Arts & Crafts Room  
**Dates:** Wed., Apr. 6-May 11 \*no class 4/20 (5 classes)  
**Times:** 6:15-7:45 p.m.  
**Fee:** \$100 for residents, \$110 for non-residents  
**Materials Fee:** \$25 due at registration. Fee waivers do not apply.  
**Activity #:** 430063-A

## Weaving with Paper and Yarn (Adult)



This class will enjoy exploring the art of weaving by making hand woven cards and woven tapestries for hanging on the walls. You will learn techniques using coils, looping, and over/under techniques with focus on textures, color, and shape. Looms will be provided for use during this program. Participants should bring: various textured yarns, sisal, suede, twine, ribbon, beads, etc. to use when creating their yarn weavings on looms. A more detailed list will be provided in a receipt attachment.

Students will create a 12 x 16 inch yarn weaving and woven paper card.

**Instructor:** Ann Williams, has been an artist for 45 years and art teacher for 28 years, teaching various mediums. Awarded CT Art Teacher of the Year twice, and Teacher off the Year at her school and UConn. Art works are at Slater Museum, and personal homes. Ann is a signature member of Arts Center East and Mystic Art Museum. She has exhibited regularly in CT Fine Arts Exhibits at Slater Museum, Lyman Allen Art Museum, and Marlborough Arts. Ann graduated from UConn with a Bachelors of Fine Arts.

**Location:** CC Arts & Crafts Room  
**Dates:** Mon., April, 11-May 30 (8 classes)  
**Times:** 6:15-7:45 p.m.  
**Fee:** \$120 residents, \$130 non-residents  
**Activity #:** 430080-A



**NEED BRAKES**  
**NEED AN OIL CHANGE**  
**NEED A TUNE-UP**  
**NEED TIRES**  
**NEED A RENTAL CAR**  
**NEED ROAD SERVICE**

?

WE DO IT ALL!!

Call the professionals at:  
**Tony's 860-429-0001**  
**Open Monday-Friday 8-6**

**1856 Storrs Rd., Storrs CT**  
 1 mi. North of Route 44  
**(860) 429-0001**  
 email: [tony.s.garage@snet.net](mailto:tony.s.garage@snet.net)  
**Fax: (860) 429-5954**  
[www.tonysgarage.com](http://www.tonysgarage.com)



OPEN HOUSE!

---

Community School  
of the Arts   
at Lenard Hall

YOU'RE INVITED!

Wednesday, March 23rd

4:30 p.m. to 6:30 p.m.

Meet Instructors . Tour the Facility  
Register for Music, Art, and Dance Programs





450 S. Eagleville Road, Storrs, CT 06268  
[www.mansfieldct.gov/csa](http://www.mansfieldct.gov/csa)  
860.429.3015



# April Vacation Activities



Stay busy with Mansfield Parks & Recreation during Mansfield Schools April Vacation Week! In addition to the day-camp programs below, check out:

- April 15th - Family Play Day Community Center access discount – pg. 24
- April 16th - Egg Dyeing with Wax Resist – pg. 22
- April 23rd - Family Fun Day – pg. 24

## April Vacation Camp (Grades K-8)

What do you do with the kids during vacation? Send them to our vacation camp. This popular program is held at Mansfield Middle School from 7:30 a.m.-5:30 p.m. Vacation camp includes games, arts & crafts, special events and outdoor play for students in grades K-8. Activities are similar to those of Camp Mansfield. Children can be registered for one day or any combinations of days. Activity information will be released in early April.

**Location:** Mansfield Middle School

**Dates:** (454004-1) Mon., April 18  
 (454004-2) Tues., April 19  
 (454004-3) Wed., April 20  
 (454004-4) Thurs., April 21  
 (454004-5) Fri., April 22

**Time:** 7:30 a.m.-5:30 p.m.

**Fees:** \$54/day per resident child, \$64/day per non-resident child



## Already planning for summer?

Camp Mansfield and Summer Specialty Camp info starts pg. 54

Registration opens March 25 (Mansfield residents) and March 28 (other towns)

## Do you need a helping hand with food or childcare?

食物与儿童保育援助

المساعدة في الغذاء ورعاية الأطفال

식품 및 보육 지원

Asistencia con alimentos y cuidado de niños

QUESTIONS?

HelpingHand@MansfieldCT.org  
860.429.3330



### CHILDCARE ASSISTANCE

- Up to \$9,000 of assistance with childcare costs over a 6-month period
- Summer camps licensed by the State as childcare providers are eligible
- Care4Kids families are eligible for assistance
- Family is responsible for childcare costs equal to 7% of gross income



### FOOD ASSISTANCE

- All household types are eligible, including families, seniors and adults without children
- Grocery staples-perishable and non-perishable
- May include prepared meals and meal kits
- Contactless pick-up and delivery

### TRANSLATION & INTERPRETATION AVAILABLE

提供翻译与口译服务

번역 및 해석 가능

تتوفر الترجمة التحريرية والترجمة الشفوية

Servicios de traducción e interpretación disponibles

### INCOME LIMITS

Assistance is limited to households that meet certain income limits. Maximum income is based on household size, and ranges from \$55,950 for a single person to \$105,500 for a family of 8 people. More information is available at [www.mansfieldct.gov/2089/COVID-Assistance](http://www.mansfieldct.gov/2089/COVID-Assistance).

SCAN ME



FOR MORE INFORMATION

Funding provided through a Small Cities Grant from the State of Connecticut Department of Housing as part of the HUD Community Development Block Grant

• Today's Oil Heat is Safe Independent Domestic Efficient Clean Abundant Renewable •

Today's Oil Heat is Safe Independent Domestic Efficient Clean Abundant Renewable

# Ives Brothers, Inc.

Delivering dependable oil heat comfort for over 100 years from the same **Address**.



**IVES BROTHERS**  
**FUEL OIL INSTALLATION SERVICE**  
 1244 Main St. Rear, Willimantic, CT 06226  
 860.423.6381 • [www.IvesBrosOil.com](http://www.IvesBrosOil.com)

• Today's Oil Heat is Safe Independent Domestic Efficient Clean Abundant Renewable •



## Combine Home & Auto. Save big.

**Anthony Raggi, Agent**  
 483 Storrs Road  
 Mansfield, CT 06250  
 Bus: 860-429-6941  
[www.anthonyraggisf.com](http://www.anthonyraggisf.com)

Good things happen when you combine your home and auto insurance with State Farm®. Like saving an average of \$889\* Plus, you'll have a good neighbor like me to help life go right.  
**CALL ME TODAY.**



\*Average annual household savings based on 2019 national survey of new policyholders who reported savings by switching to State Farm.

State Farm Mutual Automobile Insurance Company • State Farm Indemnity Company, Bloomington, IL  
 State Farm County Mutual Insurance Company of Texas, Dallas, TX • State Farm Lloyds, Richardson, TX  
 State Farm Fire and Casualty Company • State Farm General Insurance Company, Bloomington, IL  
 1606203 State Farm Florida Insurance Company, Winter Haven, FL

## NEW! Teen Entrepreneurship Online Business Course: Print-On-Demand (Ages 13-16)

Come brainstorm and create your very own Print-On-Demand E-commerce business! Grasp the fundamentals of entrepreneurship and best-business practices which will cement the foundation and mindset for success! Learn how to generate income by creating simple image or text designs and uploading them onto a 3rd party print-on-demand platform. Using these designs, you can sell all types of merchandise like t-shirts, water bottles, and more! With every sale, you will earn a commission while the print-on-demand platform handles printing, shipping, and all the customer details! You will also learn how to drive sales using the power of digital marketing. Work with other students as you strengthen critical thinking, improve communication skills, encourage integrity, and learn leadership qualities. Come think like an entrepreneur and grow your own business right away! (Participants will need to bring their own laptop and use or create their own social media accounts.)

**Instructor:** Minds in Motion Staff  
**Location:** CC Community Room  
**Time:** 1 p.m.-4 p.m.  
**Date:** Mon.-Fri., Apr. 18-22  
**Fee:** \$182 for residents, \$192 for non-residents  
**Activity #:** 452153-A

## Playwell Teknologies Lego Camps

### Spring into STEM with LEGO® (Ages 5-7)

Celebrate the coming of Spring with Play-Well and tens of thousands of LEGO® parts! Build chirping birds, design blossoming flowers, and take a ride on a paddle boat. Design and build as never before and explore your craziest ideas.

**Instructor:** PlayWell TEKnologies Staff  
**Location:** CC Arts and Crafts Room  
**Dates:** Mon.-Fri., April 18-22  
**Time:** 9 a.m.-noon  
**Fees:** \$176 for residents, \$186 for non-residents  
**Activity #:** 452105-A

### Spring into STEM Challenge with LEGO® (Ages 7-12)

Spring is here! Spring into STEM with Play-Well and tens of thousands of LEGO® parts. Play baseball in spring training, visit the Cherry Blossom festival, and explore raging waterfalls. Apply real-world mechanical engineering concepts as you design, build, and explore your craziest ideas.

**Instructor:** PlayWell TEKnologies Staff  
**Location:** CC Arts and Crafts Room  
**Dates:** Mon.-Fri., April 18-22  
**Time:** 1 p.m.-4 p.m.  
**Fees:** \$176 for residents, \$186 for non-residents  
**Activity #:** 452106-A

## CAMP MANSFIELD

*We make happy campers!*

### General Camp Information

Camp Mansfield is a traditional outdoor summer day camp with a wide variety of activities for camper's age 4½ to 15 years old! Camp Mansfield is held on the grounds of Mansfield Middle School, Schoolhouse Brook Park and Bicentennial Pond. Camp is tentatively scheduled to begin on June 27 this year. Activities include archery, arts and crafts, canoeing/kayaking, nature and science activities, sports, variety block (counselors & campers choice), free swim, swim activity, camp songs and themed special event weeks. Campers are separated into groups based on the grade they will be entering in the fall. All campers must be potty trained and be able to follow the camp rules of safe and positive behavior for themselves and others to participate. The camp runs Monday - Friday from 9 a.m.-3 p.m. rain or shine. 3 daily lunch choices are included in the camp fee for full day campers. Extended "Camp Care" is available before and after the regular camp day to campers for an additional fee.



### CAMP MANSFIELD GOALS

#### *How we make happy campers!*

- Create an environment that is in every way healthful and safe, where encouragement, laughter and fun are the norm. We are smiling underneath our masks!
- Encourage the development of leadership skills in campers of all ages.
- Develop in each camper an appreciation for their natural surroundings, including a concern for preserving our environment.
- Nurture each individual's confidence in their own strengths and skills, while fostering the confidence in the discovery and development of new talents.
- Cultivate an atmosphere that promotes the building of healthy relationships and group problem solving while keeping our distance.

**KinderCamp** - Special ½ day camp for children entering Kindergarten. Camp meets Monday-Friday from 9 a.m.-Noon. Activities include games, sports, crafts, nature, swimming and more. A daily lunch is provided. (please note full day Kindergarten option below). Half day campers may not participate in all camp activities due to the structure of the day.

**Explorers** - Our main camp group runs Monday - Friday, 9 a.m.-3 p.m. for children entering grades K-6. Activities include outdoor games, sports, nature, archery, arts & crafts, canoeing/kayaking, creative games, swimming and special events. Lunch is provided to campers daily. Campers choose from a choice of 4 options each day. (Please note ½ day option above for Kindergarteners)

**Adventurers** - Our oldest camper group runs Monday - Friday, 9 a.m.-3 p.m. for children entering grades 7-9. Those entering grade 9, have a choice of the Adventurers or C.I.T. programs. Campers have the opportunity to participate in the same activities listed under "Explorers" plus have 2 off site adventure trips, which may include hiking at local parks, kayaking at Mansfield Hollow, Adventure Park, Ocean Beach, river tubing and more. On Wednesday nights ADVENTS can be dropped off at Bicentennial Pond at 7pm - 9:30pm. Campers will play games, movie nights and make s'mores at a bonfire. This program is specifically geared towards helping build confidence, group problem solving and more. Trip fees are included in the camp fee and a daily lunch is provided. Space in this program is limited.

**Counselor-In-Training** - This leadership training program meets Monday - Friday, 9 a.m.-3 p.m. for teens entering grades 9 and 10. Those entering grade 9 have a choice between the C.I.T. or Adventurer programs. The C.I.T. program is designed to teach leadership skills in the area of child development, activity planning and group management and lends itself to personal growth that can also be applied to all aspects of life. C.I.T.s can be dismissed if they are not making a positive addition to the program. Maximum age is 15 and space in this program is limited. A C.I.T shirt will be provided for the summer.

**Camp Care** - Specially designed for the working parents who require additional care for their child beyond the regular day camp. Camp care hours are 7:30-9 a.m. and 3-5:30 p.m. It includes a supervised and partially structured time before and after the camp day. PM camp care is not available on the last day of camp.

Camp care may be at BCP or one of the elementary schools in town.

**Campers with Special Needs** - All of our department's summer camp programs support children with special needs. With the assistance of specialized camp staff, campers will be participating inclusively within their same age/grade groups throughout the camp day. Participants with a need for modifications and/or additional support during camp will need to fill out a special assistance form no later than 15 days prior to the start of the camp session.



### Camp Mansfield Registration Instructions

- Registration for Camp Mansfield opens on March 25. Campers must enroll for a minimum of one full session. Partial session enrollment is NOT permitted. All camp sessions must be paid in full at the time of registration.
- The activity registration form, additional camp form and covid-19 waiver form (available copies in back of brochure) must be completely filled out to be registered for camp. Please be sure to indicate the appropriate camp program and session code on the registration form.
- Although we do everything possible to accommodate all children, we require to meet certain camper to staff ratios. Therefore, it is possible that some camp sections may fill regardless of registration closing date. Please register early.
- Campers requiring special assistance or accommodations must follow the same registration process listed above and must complete a Special Assistance Form at a minimum of 15 working days prior to the start of a new session and must contact the camp director.

# Summer Day Camp

## Do you have questions about Camp Mansfield?

Meet and Greet Q & A with Mansfield Parks and Recreation Professional Staff. Join us to learn more about Camp Mansfield and ask any questions you have.

Camp Mansfield follows all current COVID-19 related safety guidance from the State of Connecticut and Office of Early Childhood.

Sat., March 12th at 9 a.m., Sun., April 3rd at 1 p.m., and Wed., May 4th at 7 p.m. Online via Zoom Meeting

To receive the Zoom access code call 860-429-3015 ext. 0

## CAMP MANSFIELD 2022 - We Make Happy Campers!

- Session 1 June 27 – July 1, Disney Week!
- Session 2 July 5 – July 8, Stars & Stripes Week!
- Session 3 July 11 – July 15, Animal Planet Week!
- Session 4 July 18 – July 22, Mansfield's Got Talent!
- Session 5 July 25 – July 29, Olympic Week!
- Session 6 August 1 – August 5, Murder Mystery Week!
- Session 7 August 8 – August 12, Super Hero Week!
- Session 8 August 15 – August 19, Carnival Week!

(No PM Camp Care on Last Day, August 19)

Start date subject to change if Mansfield Schools end later than anticipated at time of print.

## Mansfield Family Practice



Mansfield Family Practice has been providing quality medical care for the families of Northeastern Connecticut for over 40 years. We pride ourselves on the personalized care we provide to patients of all ages.

- We are equipped to provide many treatments and tests right here in the office; these include cardiac and pulmonary testing, lab tests, joint injections, cryotherapy, minor surgery and bone density testing for osteoporosis
- Travel medicine and addiction medicine are areas in which we have specialized training and experience
- We now offer FAA Aviation Medical Exams

We are your family's physicians.  
**Accepting New Patients**

**MANSFIELD  
F·A·M·I·L·Y  
PRACTICE**  
A LIMITED LIABILITY COMPANY

34 Professional Park Road  
Storrs, Connecticut 06268  
**P: 860-487-0002**  
**F: 860-429-1663**  
[www.MFPStorrs.com](http://www.MFPStorrs.com)

## Explorers Activity Codes

USE THE GRADE THE CAMPER IS ENTERING IN FALL 2022

Grade	Activity #
K	151200- add session #
1	151201- add session #
2	151202- add session #
3	151203- add session #
4	151204- add session #
5	151205- add session #
6	151206- add session #

Register by  
April 18, 2022  
and lock in 2021  
rates! Approx.  
5% savings!

## CAMP MANSFIELD 2022

COST PER SESSION

	Resident Rate	Non-Resident Rate
<b>KinderCamp ½ Day</b>	\$74 (Ses 2)	\$84 (Ses 2)
151105-(plus session #)	\$117 (Ses 1, 3-8)	\$127 (Ses 1, 3-8)
<b>Explorers Grades K-6</b>	\$184 (Ses 2)	\$194 (Ses 2)
(See Activity # table above)	\$230 (Ses 1, 3-8)	\$240 (Ses 1, 3-8)
<b>Adventurers Grades 7-9</b>	\$185 (Ses 2)	\$195 (Ses 2)
151301-(plus session #)	\$285 (Ses 1, 3-8)	\$295 (Ses 1, 3-8)
<b>Counselor In Training</b>	\$65 (Ses 2)	\$75 (Ses 2)
151207-(plus session #)	\$105 (Ses 1, 3-8)	\$115 (Ses 1, 3-8)
<b>AM Camp Care</b>	\$25 (Ses 2)	\$30 (Ses 2)
151401-(plus session #)	\$37 (Ses 1, 3-8)	\$42 (Ses 1, 3-8)
<b>PM Camp Care</b>	\$26 (Ses 2 & 8)	\$31 (Ses 2 & 8)
151402-(plus session #)	\$40 (Ses 1, 3-7)	\$45 (Ses 1, 3-7)
<b>Combo Camp Care</b>	\$57 (Ses 2 & 8)	\$62 (Ses 2 & 8)
(AM & PM)	\$70 (Ses 1, 3-7)	\$75 (Ses 1, 3-7)
151403-(plus session #)		

## CAMP MANSFIELD · 2022 JOB APPLICATIONS

Applications are available until March 31 for 2022 Camp Mansfield employment. Positions available; Seasonal Camp Director, Head Counselor, Specialists, Camp Medical Specialist, Camp Counselors, Adventurers Specialists. Applications and job descriptions are available at [www.Mansfieldct.gov](http://www.Mansfieldct.gov) under "Apply for Job Openings".

# Specialty Camps



## I Can Decoupage That! (Ages 7-14)

Decoupage is the art of cutting and pasting to simulate painting. This camp will have kids making art on oyster shells, second hand bowls, recycled glass, wood and more. Campers will practice story telling through decoupage as well as pay close attention to colors and patterns.

**Instructor:** Reagen O'Reigaekn  
**Location:** CC Arts & Crafts Room  
**Dates:** Mon.-Fri., Jun. 27-Jul. 1  
**Time:** 9 a.m.-4 p.m.  
**Fee:** \$205 for residents, \$215 for non-residents  
**Materials Fee:** \$25 due at time of registration, fee waivers do not apply to materials fee  
**Activity #:** 134202-A

## Painting Mini Master Piece Studio (Ages 7-14)

This camp is for the child who loves painting! We will use acrylic and watercolors while learning about the lives and works for famous painters. We will explore several different styles of painting based on artists Vincent van Gogh, Helen Frankenthaler, Sophie Tauber Arp, Audubon, and George Rodrigue! Dress for a mess. We will make a mini-masterpiece every day!

**Instructor:** Reagen O'Reigaekn  
**Location:** CC Arts & Crafts Room  
**Dates:** Mon.-Fri., Jul. 11-15  
**Time:** 9 a.m.-4 p.m.  
**Fee:** \$205 for residents, \$215 for non-residents  
**Materials Fee:** \$25 due at time of registration, fee waivers do not apply to materials fee  
**Activity #:** 134203-A



## Theater Camp - Peter Pan! (Entering grades 3-8)

Join us for a summer theater adventure! Participants will be introduced to theater skills; be involved with theater games that help develop concentration, creativity, public speaking, and confidence; and will get to help produce a theatrical production. This year we will concentrate on a version of Peter Pan. Each participant will audition for and receive a role in the cast, learn teamwork skills to put on the show, and help to make simple props and sets. The last day of the program will end with a show for parents at 2 p.m. Materials fees are non-refundable.

**Lead Instructor:** Miss Kelly Production Staff  
**Location:** Lenard Hall  
**Dates:** Mon.-Fri., July 18-29 (10 classes)  
**Time:** 9 a.m. - 3 p.m.  
**Fee:** \$328 for residents, \$338 for non-residents  
**Activity #:** 134208-A

## Pop Up Books STEM (Ages 8-16)

Camper will explore half a dozen Pop-up Books by different authors and illustrators. Using paper, glue, and scissors, students will reverse engineer their own pop up cards from premade samples. Stories will come to life as students write and illustrate their own pop-up book. Sure to inspire a new hobby!

**Instructor:** Reagen O'Reigaekn  
**Location:** CC Arts & Crafts Room  
**Dates:** Mon.-Fri., Jul. 18-22  
**Time:** 9 a.m.-4 p.m.  
**Fee:** \$205 for residents, \$215 for non-residents  
**Materials Fee:** \$25 due at time of registration, fee waivers do not apply to materials fee  
**Activity #:** 134205-A

## Nature and Art Mini Master Piece Studio (Ages 7-14)



Artists have been inspired by nature for centuries. This camp will spend the AM's making reproductions of famous artwork inspired by nature (painting, drawing, sculpture) and the afternoons exploring different ways to make art using natural materials (sticks, stones, mud).

**Instructor:** Reagen O'Reigaekn  
**Location:** CC Arts & Crafts Room  
**Dates:** Mon.-Fri., Jul. 25-29  
**Time:** 9 a.m.-4 p.m.  
**Fee:** \$205 for residents, \$215 for non-residents  
**Materials Fee:** \$25 due at time of registration, fee waivers do not apply to materials fee  
**Activity #:** 134206-A



## Take Me to the TATE! (Ages 7-14)

Campers will go on an imaginary trip to the TATE Modern and TATE Britain in London. We will learn about important works of art in their collection and we will make our own creative replicas in various media such as painting, drawing, and sculpture!

**Instructor:** Reagen O'Reigaekn  
**Location:** CC Arts & Crafts Room  
**Dates:** Mon.-Fri., Aug. 8-12  
**Time:** 9 a.m.-4 p.m.  
**Fee:** \$205 for residents, \$215 for non-residents  
**Materials Fee:** \$25 due at time of registration, fee waivers do not apply to materials fee  
**Activity #:** 134207-A

# Specialty Camps



## Incrediflix Film Camps

### Live Action Flix (Ages 7-13)

9:00am-12:00pm

Discover your Filmmaking talents! You don't have to be an actor to take part, as we'll guide you through the Hollywood process to create, direct, film, act, and more. You won't just make an incredible movie, you'll have the skills to make your own movies with friends. \*All Flix emailed within a month after program ends.

**Instructor:** Incrediflix Staff  
**Location:** Lenard Hall, Recital Room  
**Dates:** Mon.-Fri., Aug. 8-12  
**Time:** 9 a.m.-noon  
**Fees:** \$247 for residents, \$257 for non-residents  
**Activity #:** 152200-A

### Lego Flix (Ages 7-13)

1:00pm-4:00pm

Bring Lego worlds to life! We provide Legos. You provide your imagination. Work in groups to create a Lego set with Lego characters for a stop-motion movie you'll storyboard, shoot, and add voice-overs too. \*All Flix emailed within a month after program ends.

**Instructor:** Incrediflix Staff  
**Location:** Lenard Hall, Recital Room  
**Dates:** Mon.-Fri., Aug. 8-12  
**Time:** 1-4 p.m.  
**Fees:** \$247 for residents, \$257 for non-residents  
**Activity #:** 152201-A

### Live Action & Lego Flix - Full Day (Ages 7-13)

9:00am-4:00pm

Join us for the full day combo for a discount plus free lunch supervision! Please see both half day descriptions. Bring snack, lunch and drink. \*All Flix emailed within a month after program ends.

**Instructor:** Incrediflix Staff  
**Location:** Lenard Hall, Recital Room  
**Dates:** Mon.-Fri., Aug. 8-12  
**Time:** 9 a.m.-4 p.m.  
**Fees:** \$481 for residents, \$491 for non-residents  
**Activity #:** 152202-A

FIND US ON FACEBOOK



and INSTAGRAM!



@MansfieldCommunityCenter



## Playwell Teknologies Lego Camps

### Adventures in STEM using LEGO® (Ages 5-7)

Let your imagination run wild with tens of thousands of LEGO® parts! Build engineer-designed projects such as: Trains, Helicopters, Treehouses, and Beam Bridges. Design and build as never before, and explore your craziest ideas in a supportive environment. There are no prerequisites for this course.

**Instructor:** PlayWell TEKnologies Staff  
**Location:** CC Arts and Crafts Room  
**Dates:** Mon.-Fri., Aug. 15-19  
**Time:** 9 a.m.-noon  
**Fees:** \$176 for residents, \$186 for non-residents  
**Activity #:** 152106-A

### STEM Explorations using LEGO® (Ages 7-12)

Level up your engineering skills with Play-Well TEKnologies and tens of thousands of LEGO® parts! Apply real-world concepts in physics, engineering, and architecture through engineer-designed projects such as: Gear Cars, Gondolas, Merry-Go-Rounds, and Scissor Lifts. Design and build as never before, and explore your craziest ideas in a supportive environment. There are no prerequisites for this course.

**Instructor:** PlayWell TEKnologies Staff  
**Location:** CC Arts and Crafts Room  
**Dates:** Mon.-Fri., Aug. 15-19  
**Time:** 1 p.m.-4 p.m.  
**Fees:** \$176 for residents, \$186 for non-residents  
**Activity #:** 152106-B



## Sports Camps

### Ray Reid Soccer School, Young Stars

(Ages 4-14)

Working in conjunction with Men's Head Soccer Coach Ray Reid, we again offer one of the finest soccer camps in the state. This three-hour a day, weeklong program offered for boys and girls ages 4-14, 9am-noon is aimed at developing and improving technique. All players will be exposed to dribbling, passing, receiving, and shooting. The emphasis for players ages 4-8 will be to improve their technique in a fun-filled environment. Players ages 9-14 will be taught technical refinement and receive an introduction to the tactical side of the game. This is a great way for your child to refine and improve his/her skills in a week. All campers will participate in fun, small-sided matches with their appropriate age groups. Players will receive a T-shirt, a ball, and a certificate of attendance.

**Camp Director:** Ray Reid & Staff  
**Location:** Lions Club memorial park; Fields 1 & 2  
**Dates:** Mon.-Fri., July 25-29  
**Time:** 9 a.m.-noon  
**Fee:** \$170 for residents, \$180 for non-residents  
**Activity #:** 152006-A



# Specialty Camps

## Youth Football (Entering Grades 4-8)

Kick-off your summer at Football Camp! Children will learn football basics and fundamentals position specific from quarterback, running back, receiver, linebacker, to lineman, and will learn the basic skills of each position. The camp-style clinic is non-contact, but will teach the basics of how to properly tackle as well. Players will be grouped based on age and similar physical maturity for flag football teams and game play. Bring water, a water bottle, and a passion for winning. Registration includes a t-shirt!

**Lead Instructor:** James Kelly, E.O. Smith Football Coach & Staff  
**Location:** E.O. Smith High School  
**Dates:** Mon.-Wed., June 27-29  
**Time:** 9:30 a.m.-noon  
**Fee:** \$90 for residents, \$100 for non-residents  
**Activity #:** 152009-A



## Girls Basketball (Entering Grades 3-9)

Girls will learn and practice fundamentals such as dribbling, passing, rebounding, shooting, and offensive and defensive positioning. There will be daily game play. Campers will be separated by experience and physical maturity when possible. Bring a lunch that does not require refrigeration and lots of water. Registration fee includes a t-shirt!

**Lead Instructors:** Mary Roickle, E.O. Smith Girls Basketball Coach & Betsy Parker, Youth Basketball Coach  
**Location:** E.O. Smith High School  
**Dates:** Mon.-Fri., July 11-15 (5 days)  
**Time:** 8:45 a.m.-3 p.m.  
**Fee:** \$190 for residents, \$200 for non-residents  
**Activity #:** 152007-A



## Co-ed Basketball (Entering Grades 3-9)

Participants will be coached in basketball fundamentals such as dribbling, passing, rebounding, shooting, and offensive and defensive positioning. Daily game play and mini tournaments will round out the day. Participants will be separated as much as possible by experience and physical maturity. Boys and girls have separate and co-ed playtime. Bring your own lunch and drinks that will not require refrigeration. Registrations fee includes a t-shirt!

**Lead Instructors:** Ron Pires, E.O. Smith Boys Basketball Coach  
**Location:** E.O. Smith High School  
**Dates:** Tues.-Fri., July 5-8 (4 days)  
**Time:** 9 a.m.-3 p.m.  
**Fee:** \$152 for residents, \$162 for non-residents  
**Activity #:** 152004-A

## Chess Wizards! (Ages 6-12)

Join Chess Camp this summer! There's tons of challenging chess lessons, exciting games, and cool prizes! You'll improve your chess skills, meet new friends, and work out your most powerful muscle - your brain! Our camps include fun team chess games (like bughouse), recess time (of course), snacks, tournaments, and puzzles. Each camper receives a T-shirt, trophy, and puzzle folder. Unleash your brain power and spend part of your vacation with Chess Wizards!

**Instructor:** Chess Wizards Staff  
**Location:** CC Community Room  
**Dates:** Mon.-Fri., July 25-29  
**Time:** 9 a.m.-noon or 12-3 p.m., or Full day option 9 a.m.-3 p.m.  
**Fees:** **Half day:** \$247 for residents, \$257 for non-residents  
**Full day:** \$377 for residents, \$387 for non-residents  
**Activity #:** 152005-A (FULL day-9 a.m.-3 p.m.)  
152005-B (HALF day-9 a.m.-noon)  
152005-C (HALF day noon-3 p.m.)



## Minds in Motion

### Outer Space and Physics Fun (Ages 6-11)

Come join an exciting world of space exploration as you build and take home your very own Solar System Kit! Put your mind in motion as you paint and create your own planets and learn all about our planetary neighborhood with your solar system model. Check out our real meteorite fragment samples! Take part in other exciting activities involving physics, air pressure, and density. Take home your own reaction rocket and watch it shoot up into the air! Be mesmerized as you assemble and take home your own stunt plane and learn about the four major forces of flight. You will also witness some really neat demonstrations from your instructor. Watch as an egg is magically sucked into a bottle, behold a tornado being created, and much, much more in this fun and exciting program!

**Instructor:** Minds in Motion Staff  
**Location:** CC Community Room  
**Dates:** Mon.-Fri., July 11-15  
**Time:** 9 a.m.-noon  
**Fees:** \$182 for residents, \$192 for non-residents  
**Activity #:** 152151-A

### Chemical Creations (Ages 6-11)

Come experience a hands-on world of fun as you conduct a variety of scientific experiments! You will make and take home a wide assortment of doodads and formations that you created all on your own. Learn and discover many different scientific concepts in an entertaining and innovative approach. Generate your own growing cube and make a shiny clean penny! Make your very own UV bracelet and watch it react to the sun. Learn all about energy and molecules, create a crazy bouncy glob from glue, and some scary green slime! You will also get to witness some really cool scientific demonstrations from your instructor. Watch snow being created and feel how cold it is! Experience a really powerful magnet, a cool blue light, a soda explode, and many other exciting experiments in this fascinating and educational workshop!

**Instructor:** Minds in Motion Staff  
**Location:** CC Community Room  
**Dates:** Mon.-Fri., July 11-15  
**Time:** 1-4 p.m.  
**Fees:** \$182 for residents, \$192 for non-residents  
**Activity #:** 152150-A



# How to Register

## Potential COVID-19 Impact on Spring Programs

We are committed to maintaining healthy, fun and engaging parks and recreation options for everyone during the unusual and challenging impacts of the COVID-19 pandemic. At the time of the early January content deadline for the spring brochure, we planned a combination of traditional in person and virtual programs, activities and events. As the Reopen Connecticut Task Force releases information regarding potential implications on our spring parks and recreation services, we will adapt to meet recommendations by state and local officials as well as the interests of our patrons. As a result, ongoing assessment, planning and potential adjustment will continue after the printing of the spring brochure in order to offer a continuum of activity options during the spring season. Please frequently visit [mansfieldcc.com](http://mansfieldcc.com), our Facebook page and monitor emails for updates regarding spring programs throughout the spring registration and program season.

Watch for Virtual Programs designated with a **V!**

## Registration Dates

Registration start dates are grouped into the following categories:

- Mar 21** **Members of the Community Center** may register for Aquatic and Fitness related programs ONLY
- Mar 25** **Mansfield Residents** who are members begin registration for all other programs/activities
- Mansfield Residents who are not members** of the community center begin registration for all programs/activities
- Mar 28** **Non-residents who are members** begin to register for all other programs/activities.
- Non-resident, non-members** begin registration for all programs/activities.



**There are 3 different and convenient ways to register for the program(s) you are interested in. Register now and enjoy all the Community Center and the Parks and Recreation Department offers.**

**1. WEB:** This is the best option. It allows for immediate confirmation. Log onto [www.mansfieldcc.com](http://www.mansfieldcc.com) click on the on-line registration link. Registration begins at 5:30 a.m. on dates listed. 3% convenience fee applies and is non-refundable.

**2. MAIL-IN:** Fill in registration form and send with separate check for each program to Mansfield Parks and Recreation 10 S. Eagleville Road, Storrs, CT 06268. No registration forms will be accepted with credit card numbers handwritten on them.

**3. IN-PERSON OPTION:** You may bring your registration with payment (credit cards need to be in hand so we can swipe them – we are no longer able to take registration forms with credit card numbers handwritten on them) at the Reception Desk of the Community Center.

**SATISFACTION GUARANTEE:** Satisfaction is the goal of the Parks and Recreation Department. We are committed to offering the best programs and services possible. If, at any time, you are not satisfied with our programs, please let us know your reasons in writing as soon as possible. If we cannot satisfactorily correct your concerns, we will arrange one of the following:

- Repeat the program at no additional charge
- Receive a partial credit that may be applied to another activity
- Receive a partial refund.

**FEE WAIVERS/SCHOLARSHIP FUND:** Program and Community Center Fee Waivers are available to qualified applicants (for Mansfield residents only). Scholarship Fund, supported solely by contributions, is available for residents who need financial assistance in addition to the fee waiver. Fee waivers do not apply to trips, rentals, and/or materials fees.

**WAITING LIST:** If your desired class is filled, you will be put on a waitlist and your money will be returned. Our department will notify you if openings become available.

**SENIOR CITIZENS:** Resident individuals aged 62 and over, will receive a 10% discount off activity fees, excluding trips, rentals, materials fees and memberships.

**CONFIRMATION/RECEIPT:** A Confirmation/receipt of your registration, which will give you enrollment or waitlist information, will be mailed to you. Program information and materials list will also be included on this form (for mail-in and drop-off registrations only. On-line registrants will print their own receipt/confirmation.)

**MINIMUMS & MAXIMUMS:** The Parks & Recreation Department reserves the right to set a minimum and maximum for each program and to cancel any program due to insufficient enrollment.

**REFUNDS:** Due to costs associated with operating each program, we rely on a minimum enrollment to hold classes. Please understand that we cannot issue refunds (except for medical reasons, upon receipt of a physician's note) within seven days (14 days for trip) of the start of a program. Refunds for cancellations made more than seven days prior to the start of a program are issued but a \$5 processing fee is charged. Refunds will not be issued for online registration convenience fees.

**DON'T BE DISAPPOINTED! REGISTER EARLY!**

**Unfortunately we are sometimes forced to cancel programs two to three days before the listed program start date because of under-enrollment. Don't be disappointed. Register early!**



# Activity Registration Form

PLEASE CHECK REGISTRATION DATES. PLEASE PRINT CLEARLY!

**Online Registration is available. Go to [www.mansfieldcc.com](http://www.mansfieldcc.com) and click on the on-line registration link. If registering for camp, please also fill out the additional camp form for ALL camps.**

MAIL TO: Mansfield Parks & Recreation Department, 10 South Eagleville Road, Storrs/Mansfield CT 06268

Please check here if any of the below information is new.

Primary Household Contact (Parent/Guardian)		Secondary Household Contact (Parent/Guardian)	
Name:		Name:	
Address:			
Town:	Zip:		
Phone: (H)	(W)	Phone: (H)	(W)
(Cell)	Cell Provider:	(Cell)	Cell Provider:
Email Address:		Email Address:	

**LOCAL** Emergency Contact (Other than parent/guardian, i.e. grandparent, neighbor, etc.)

Name:	Phone:
-------	--------

Activity#/Letters	Activity Name	Participant's Last Name	First Name	Birth Date	Gender	Fee
Contribution to Scholarship Fund						

Please check here if you have purchased a Community Center Membership.

*Some Mansfield residents may be eligible for low-income fee reductions. Check with the Parks & Recreation Office for more information and an application.*

Also fill details below for each participant:

	Grade Entering	School	Allergies, Special Asst., Meds, Other Info:
1.			
2.			
3.			
4.			

PAYMENT INFORMATION: Please make checks payable to: Town of Mansfield/MCC

Payment Method: Check  Cash (in office only)  AMEX/DS/MC/Visa (in office only)

**(Separate checks required for each program)**

**Credit Cards accepted online and in person only!**

**WAIVER OF PARTICIPANT BY PARENT OR SELF:** I hereby agree to release, discharge, and hold harmless the Town of Mansfield, its directors, officers, employees, agents, contractors, and/or volunteers from any and all liability that may occur during either my participation or the participation of my minor child in the above listed recreational activities. I understand that participation in any recreational sport or activity involves risk, and I grant permission to the Town of Mansfield to utilize any medical emergency services it deems necessary to treat any injuries that I or my minor child may incur. I further understand that the Town of Mansfield does not provide insurance for recreational program participants.

**PHOTO RELEASE:** I understand that for promotional purposes, the Town videotapes and/or takes photographs of participants enrolled in recreational activities, classes or programs. I hereby release and permit the Town of Mansfield to utilize for said promotional purposes any photographs and/or videotapes of me or my minor child engaging in the above listed recreational activities.

Signature: \_\_\_\_\_ Date: \_\_\_\_\_



Town of Mansfield  
Parks and Recreation  
Department



REV. (6/15/20)

**WAIVER/RELEASE FOR COMMUNICABLE DISEASES INCLUDING COVID-19**

**ASSUMPTION OF RISK / WAIVER OF LIABILITY / INDEMNIFICATION AGREEMENT**

In consideration of being allowed to participate on behalf of Town of Mansfield Parks and Recreation Department programs, related events, activities, and facilities, the undersigned acknowledges, appreciates, and agrees that:

1. Participation includes inherent risks, including but not limited to possible exposure to and illness from infectious diseases including but not limited to MRSA, influenza, and COVID-19. While particular rules, guidelines and personal discipline may reduce this risk, the risk of serious illness, injury and death does exist; and as such,
2. I KNOWINGLY AND FREELY ASSUME ALL SUCH RISKS, both known and unknown, EVEN IF ARISING FROM THE NEGLIGENCE OF THE RELEASEES or others, and assume full responsibility and liability for my participation; and,
3. I willingly agree to comply with the stated and customary terms and conditions for participation as regards protection against infectious diseases. If, however, I observe and any unusual or significant hazard during my presence or participation, I will remove myself from participation and bring such to the attention of the nearest official immediately; and,
4. I agree to immediately inform the program/facility if the participant and/or any other person living with the participant has been informed that he/she has been tested positive or exposed to any such pathogen; and,
5. I, for myself and on behalf of my heirs, assigns, personal representatives and next of kin, do HEREBY RELEASE AND HOLD HARMLESS the Town of Mansfield their officers, officials, agents, and/or employees, other participants, sponsoring agencies, sponsors, advertisers, and if applicable, owners and lessors of premises used to conduct the event, WITH RESPECT TO ANY AND ALL ILLNESS, DISABILITY, DEATH, claim or loss or damage to person or property, WHETHER ARISING FROM THE NEGLIGENCE OF RELEASEES OR OTHERWISE, to the fullest extent permitted by law.

**I HAVE READ THIS RELEASE OF LIABILITY AND ASSUMPTION OF RISK AGREEMENT, FULLY UNDERSTAND ITS TERMS, UNDERSTAND THAT I HAVE GIVEN UP SUBSTANTIAL LEGAL RIGHTS BY SIGNING IT, AND SIGN IF FREELY AND VOLUNTARILY WITHOUT ANY INDUCEMENT.**

Name of participant: \_\_\_\_\_

Participant signature: \_\_\_\_\_ Date signed: \_\_\_\_\_

**FOR PARTICIPANTS OF MINORITY AGE (UNDER AGE 18 AT THE TIME OF REGISTRATION)**

This is to certify that I, as parent/guardian, with legal responsibility for this participant, have read and explained the provisions in this waiver/release to my child/ward including the risks of presence and participation and his/her personal responsibilities for adhering to the rules and regulations for protection against communicable diseases. Furthermore, my child/ward understands and accepts these risks and responsibilities. I for myself, my spouse, and child/ward do consent and agree to his/her release provided above for all the Releasees and myself, my spouse, and child/ward do release and agree to indemnify and hold harmless the Releasees for any and all liabilities incident to my minor child's/ward's presence or participation in these activities as provided above, EVEN IF ARISING FROM THEIR NEGLIGENCE, to the fullest extent provided by law.

Name of parent/guardian: \_\_\_\_\_

Parent guardian/signature: \_\_\_\_\_ Date signed: \_\_\_\_\_

**MANSFIELD PARKS & RECREATION  
FULL DAY CAMP HEALTH RECORD  
FOR CAMPER  
Please Return Completed Form to Camp**



Name \_\_\_\_\_ Date of Birth \_\_\_\_\_ Grade entering (fall 2022) \_\_\_\_\_

Guardian \_\_\_\_\_ Address \_\_\_\_\_

Emergency Contact \_\_\_\_\_ Telephone \_\_\_\_\_

Camp Sessions: \_\_\_\_\_

Does the individual have allergies? \_\_\_\_\_ NO \_\_\_\_\_ YES, Explain: \_\_\_\_\_

Is the individual on a special diet? \_\_\_\_\_ NO \_\_\_\_\_ YES, Explain: \_\_\_\_\_

Describe any current health conditions requiring medications, treatment, or special restrictions or considerations while at camp.

\_\_\_\_\_  
\_\_\_\_\_

Authorized camp staff may administer limited medication (epipens, asthma inhalers, or approved extraordinary situations) during the camp day in accordance with town policy. Campers are not allowed to carry their own medications with the exception of inhalers and epipens. Self-administration of epipens and asthma inhalers require a self-administration of medication form to be completed. Forms available upon request.

\_\_\_\_ Yes \_\_\_\_ No: Does the camper need special assistance or have any physical, sensorial, or developmental limitation? **If yes, a "Special Assistance" form must be filled out 15 days before attending camp.** Please request a special assistance form and also contact the camp director prior to your child starting camp.

This camper is up-to-date on all the following routine childhood immunizations thru 8/31/22:

	Yes	No		Yes	No
Measles			Hepatitis B		
Mumps			Diphtheria		
Rubella			Pertussis		
Chickenpox			Polio		
Tetanus					

Comments: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_  
Parent/Guardian Signature

\_\_\_\_\_  
Date Form Signed

Mansfield Parks & Recreation  
10 South Eagleville Road  
Storrs/Mansfield, CT 06268

Presort Standard  
U.S. Postage PAID  
ECRWSS  
Hartford  
Connecticut  
Permit #1383

\*\*\*\*\*ECRWSS\*\*\*\*\*  
LOCAL POSTAL CUSTOMER

# ***FERRIGNO, REALTORS***

*Serving the LOCAL community for 65+ years.*

**The RIGHT Choice for  
All Your Real Estate Needs**

The Spring Market is in Full Swing!

Leverage our 65+ years of experience serving the local market to help you maximize your success.

Whether you're buying or selling, get the right real estate team on your side for lightning-fast service and local market expertise.

***www.FerrignoRealtors.com***

The Right  
Choice For All  
Your Real  
Estate  
Needs

**FERRIGNO**  
**REALTORS'**

**STORRS OFFICE**  
1734 STORRS ROAD,  
ROUTE 195, STORRS, CT 06268  
PH: (860) 429-9351

**WILLIMANTIC OFFICE**  
15 MANSFIELD AVENUE,  
WILLIMANTIC, CT 06226  
PH: (860) 456-1554

