

American Red Cross Adult & Pediatric CPR (Ages 14+)

Registration deadlines apply

Update to the newest version of ARC Curriculum! This course provides participants with the knowledge and skills necessary to prevent, recognize, and provide basic care for breathing and cardiac emergencies in adults until advanced medical personnel arrive. Participants who pass the course will receive an American Red Cross certificate which is valid for two years. The course fee includes all course materials and certification costs. There is an online component that must be completed prior to the first day of class. This online course work will be sent out 1 week prior to the first day of class. Deadline to Register please see below

Location: CC Community Room
Day: 460002 – A Sun., Apr. 19 reg. deadline Thurs., Apr. 9
460002 – B Mon., May 11 reg. deadline Thurs., May 1
Time: Mon. 3:00 p.m. - 8:00 p.m.
Sun. 11:00 a.m. - 4:00 p.m.
Fee: \$120 for members, \$150 for non-members

American Red Cross Babysitter's Training and Pediatric First Aid CPR (Ages 12-14)

Registration deadlines Thurs., Apr. 2

This course provides youth who are planning to babysit with the knowledge and skills necessary to safely and responsibly give care for children and infants. This training will help participants to develop leadership, learn how to develop a babysitting business, keep themselves and others safe and help behave, and learn about basic child care and pediatric first aid/CPR. This online course work will be sent out 1 week prior to the first day of class. Deadline to Register please see below

Location: CC Community Room
Dates: Sun. Apr. 12
Time: 9 a.m. – 3:30 p.m.
Fee: \$120 Members, \$150 non-members
Activity #: 460003 – A

Lifeguard Training Recertification and Bridge Class (Ages 15+)

Registration deadline Thur., Apr. 23

Update to the newest version of ARC Curriculum! The objective of this course is to enable currently certified ARC lifeguards to update their certification to the newest curriculum and safety standards (released Feb. 2024) and who are looking to renew their certification because they are close to expiration. This course is for current ARC lifeguards who are already certified or those who have expired no more than 4 weeks prior to the date of this class. Participants are required to demonstrate the following pre-course skills: a continuous 150-yard swim, two-minutes of treading water without using hands, 50 yard swim with proficiency in both freestyle and breaststroke, and a timed 20-yard swim with surface dive to retrieve a submerged 10-pound object in which candidate returns to the starting point with the object and exit the pool without using the stairs or a ladder. Students should bring their pocket masks with them to class as these are not provided with this course. Please bring a bathing suit, goggles and towel to class. A lunch break will be provided.

Location: CC Community Room
Dates: Sun., May 3
Time: 8 a.m.-4 p.m.
Fee: \$170 for members, \$220 for non-members
Activity #: 461023-A

www.mansfieldcc.com

Lifeguard Training- Blended Learning (Ages 15 +)

Registration deadline Fri., Apr. 10

Update to the newest version of ARC Curriculum! The Mansfield Community Center is proud to provide the most current and up to date training course for lifeguard certification. This course will present the newest lifeguarding curriculum available through the American Red Cross released earlier this year (released Feb. 2024). The purpose of the ARC Lifeguard Training Program is to teach candidates safety and rescue techniques designed to prevent and respond to a variety of aquatic emergencies. This course does have pre-test that is administered during the first hour of the class. The course pre-requisites include: a continuous 150-yard swim, two-minutes of treading water without using hands, 50 yard swim with proficiency in both freestyle and breaststroke, and a timed 20 yard swim with surface dive to retrieve a submerged 10 pound object in which candidate return to the starting point with the object and exit the pool without using the stairs or a ladder. Students are only allowed to use goggles for the pre-requisite swim/ tread portion of the class, students must be able to demonstrate all skills in the class without the use of goggles to pass the course.

This is a Blended Learning Course which means there are approximately 6 hours of online learning that must be finished before the first in class session. Upon registration (once the 5 person minimum to run the course has been met) the candidate will receive a welcome email to the course with instructions on how to access the online content. Candidates MUST provide the MCC a valid email address upon registration. Registration fees include: one online course manual, one pocket mask and processing fees for successful candidates to be issued a certification.

Students will receive an American Red Cross Lifeguard, First Aid and CPR for the Professional Rescuer certification upon successful completion of this course. Please bring bathing suit and towel to each class.

Location: CC Community Room & Main Pool
Dates: Sat. & Sun., Apr. 26, May 2, and May 3 (3 classes)
Time: 8:30 a.m. – 4 p.m.
Fee: \$270 for members, \$335 for non-members
Activity #: 461022- A

