

Itty Bitty Sports (Ages 3-5)

This clinic is to get children 3-5 years old active in a trio of sports. Children will learn the fundamentals of basketball, soccer and tennis. The focus will be on having fun while learning how to balance, eye-hand coordination activities dribbling, kicking and swinging. Clinics will be held on Monday nights. Parent involvement is required. This is a parent/care-giver participation class. You are their best friend!

Instructor:	TBA
Location:	CC Gym
Dates:	Mon., Sept. 12-Nov. 7 (7 classes) *no 10/10, 10/31
Times:	4-5 p.m.
Fee:	\$40 for residents, \$50 for non-residents
Activity #:	220055-A

Micro Sports (Grades K-2)

This clinic is to get Kindergarten – 2nd grade children active in a trio of sports. Children will learn the fundamentals of basketball, soccer and tennis. Children will learn the skills necessary to play the game and have fun doing it. Clinics will be held on Monday nights.

Location:	CC Gym
Dates:	Mon., Sept. 12-Nov. 7 (7 classes) *no 10/10, 10/31
Times:	5:15-6:15 p.m.
Fee:	\$40 for residents, \$50 for non-residents
Activity #:	220058-A

Youth Basketball Program (Grades K-8)

(Recreation and Travel Divisions)

This comprehensive program for boys and girls in grades K-8 features skill development, sportsmanship, and team participation. Volunteer head and assistant coaches are needed for most divisions. All new basketball volunteer candidates must complete an application. Play begins in November for grades 5-8 and December for K-4. **A detailed flyer will be available online at mansfieldcc.com, Mansfield Public Schools and the Mansfield Community Center in early September.** Those interested in volunteer coaching or as paid officials should complete an application packet located under youth sports at mansfieldcc.com.

Day:	Grades K-2, Saturday mornings
	Grades 3-4, 1-weeknight and Saturday mornings
	Grades 5-8, weeknights and weekends (TBD)

NEW! Flag Football Program (Grades 6-8)

This program will offer flag football to youth. In this program there will instruction of the basics of football as well as organized games between program teams if numbers accommodate. The main focus will be on developing football skills such as throwing fundamentals, catching drills, route running, and other important aspects of football. The participants will get the chance to learn how to run plays and compete against other teams in 5-on-5 or 7-on-7 games. This program is for children grades 6-8 only. Space is limited.

Instructor:	TBD
Location:	Goodwin School Field
Dates:	Sept. 6-Oct. 25 *no 10/11
Practices:	Tues., 4-5:30 p.m.
Games:	Sat., 10-11 a.m.
Fees:	\$156 for residents; \$166 for non-residents
Activity #:	220057-A



Mansfield Parks and Recreation Programs

Mansfield Recreation and Travel Basketball:

Boys and girls grades K-8 recreation and travel divisions. Registration begins in early September with practices and games November to March. Flyers distributed through Mansfield public school and the Mansfield Community Center beginning in September.

Co-Sponsored Youth Sports Organizations:

The Mansfield Parks and Recreation Department encourages and supports the formation, continuance, and growth of all recreation programs through the Department's Co-sponsorship Policy.

Mansfield Area Panther Lacrosse

The Mansfield youth lacrosse program previously administered by Mansfield Parks and Recreation is now organized by Mansfield Area Panther Lacrosse (MAPL). Visit <http://pantherlaxct.com/> to learn more. MAPL is an official Town of Mansfield Co-sponsored Youth Sports Organization. MAPL serves boys and girls ages 5-14. Inquiries regarding the program should be directed to: dunstans@pantherlaxct.com

Mansfield Little League

MLL provides organized, instructional and competitive baseball and softball programs for boys and girls ages 5-15, and includes Spring, Summer and Fall seasons. MLL also offers Umpire Training Programs for ages 13 and up. Please visit www.mansfieldll.org for registration and additional information.

WAM United Soccer Club

WAM (Willington, Ashford, Mansfield) United offers youth soccer programs in the spring, including: Saturday Instructional Clinic for grades 2 and younger. Two alternative programs for grades 3 through 8 that form teams to compete in the Northeast District League of the Connecticut Junior Soccer Association; and pick-up soccer games for grades 9-12. For additional information please visit the WAM United webpage for the Mansfield representative contact information ([www. WAMUnited.com](http://www.WAMUnited.com))

Other Youth Sport Organizations serving Mansfield Residents

Northeast Youth Hockey:

Offers learn-to-skate and hockey programs at UCONN from beginner to experienced. For more information go to northeastyouthhockey.org.

Don't miss:

Mansfield Community Center drop-in activities in the gymnasium on pg. 11. Free to Community Center members; non-members welcome any time with the purchase of a day-pass.

For **Fitness Programs** available to ages 14+, see pg. 32

Find **Dance programs** for all ages starting on pg. 27

YOUTH TENNIS LESSONS

FALL SESSION

9/11-10/16

NO CLASS 10/9



INSTRUCTOR:
DEVIN PALLANCK

LOCATION:
**E.O.SMITH
TENNIS
COURTS/CC GYM**



Quick Start Tennis (Ages 4 - 7)

In these introductory skill development sessions, tennis goals are to gradually improve hand-eye coordination, learn proper grip and stroke, and have a positive introduction to the game. Larger, lighter foam tennis balls are used during instruction and are particularly effective with children because they are easier to control and react to. Typical kids games are used to incorporate and enforce proper use of a racquet and shadowing the coach.

Activity #: 220060-A

Fee: \$30 for residents: \$40 for non-residents

Time: 8:15-8:45 am

Beginner Tennis (Ages 7 - 10)

The perfect introduction to tennis! A few changes in size and format from the younger group with practice in stroke development and modified match play. In this class participants will learn the basic strokes of tennis, making clean contact with the ball, and encourage movement on the court. Group games are played that further develop these skills. Please make sure your child has the correct sized racquet.

Activity #: 220061-A

Fee: \$46 for residents/\$56 for non-residents

Time: 8:55-9:40 am

Beginner Tennis (Ages 10 - 13)

The perfect introduction to tennis! A few changes in size and format from the younger group with practice in stroke development and modified match play. In this class participants will learn the basic strokes of tennis, making clean contact with the ball, and encourage movement on the court. Group games are played that further develop these skills. Please make sure your child has the correct sized racquet.

Activity #: 220063-A

Fee: \$46 for residents \$56 for non-residents

Time: 9:50-10:35 am

Intermediate Tennis (Ages 10 - 13)

Participants must have completed at least two seasonal sessions of tennis with the orange or red ball to participate in this level. If you child does not meet those guidelines, please register them for the Beginner Tennis program.

In this tennis program for more advanced players, there will be a different focus for each lesson (forehand, serve, consistency, angles, etc.) and play will range from drills to games and matches. The aim for the more advanced players is to have them hitting as many balls as possible and get in a good mix of drills and competitive (but friendly) games. There will be significantly more focus on instructing proper technique, grips, and strategies.

Activity #: 220064-A

Fee: \$46 for residents \$56 for non-residents

Time: 10:45-11:30 am

www.mansfieldcc.com

860.429.3015

Register online, or in-person at the
Mansfield Community Center

