

# MANSFIELD PARKS & RECREATION

*Family, Fitness, and Fun*

## **Non-Residents Welcome!**

## **Many New Programs**

- Registration begins May 26 for members - *Fitness & Aquatic programs only*
- June 1 for residents

- June 6 for non-members, non-residents
- Registration form on page 53



**SUMMER 2022**

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# this summer

# on family, fitness, and fun

30% off applies to 3-month memberships only. Rates reflect approximate 30% discount. \$35 enrollment fee applies and is not included in below pricing. Offer expires June 30, 2022.



## 3-Month Sale Rates:

### Residents

Family/Household: \$166  
Adult/Child: \$102  
Individual: \$94

### Ashford/Willington

Family/Household: \$183  
Adult/Child: \$111  
Individual: \$102

### Non-Resident

Family/Household: \$192  
Adult/Child: \$119  
Individual: \$111

[www.mansfieldcc.com](http://www.mansfieldcc.com) 860-429-3015

# A Message from the Mansfield Parks & Recreation Team

## A New Look for Summer

As you look through this seasons brochure you may find our look has changed a bit. Some of your favorite classes are listed under new headings; we've moved away from age-specific titles to provide more targeted listings based on interest areas. We hope you love it, but take your time this go around; perhaps you'll find something new to enjoy like Community Band at Lenard Hall, Saturday morning youth art class, Beavers: Nature's Ecosystem Engineers, SUP (standup paddleboard) Yoga, and the Great American Campout!

As you spend some quality time with your family, and on your own health and fitness goals, don't forget to take advantage of the Mansfield Community Center summer membership special: offering new members a 30% discount this summer on 3-month memberships! The Community Center is the coolest place in the area for all your summer family fun, rain or shine! Our air-conditioned gymnasium and walking/jogging track offer a great way to get in exercise and a respite from the heat. Our indoor pools also offer a great place to cool off on a hot summer day. The Teen Center is open for middle and high-schoolers, and families, to hangout. Come take a tour and learn about your options for daily visits or membership.

If summer is your favorite time to get outside, be sure to check out the equipment rentals for kayaks, paddleboards, and your favorite backyard games like bocce, badminton, and cornhole! Backyard game rentals are a great addition to any summer party. Rent them for your party at home, or for use at either of our two pavilions (space available for rent). The Community Center is also a great place for a birthday party! We plan to bring the games down for an extra bit of fun at the Great American Campout event: see pg. 47 to find out how to join us for this family-friendly adventure at one of Mansfield's favorite parks: Bicentennial Pond Recreation Area!

The pond will be open soon for summer swimming and beach access. It's a great spot for a family fishing trip, hike, time at the playground, and is of course home to our beloved Camp Mansfield! Summer camps are already filling up quickly (camp registration is open!), as will other popular classes and programs, so don't delay in registering for the programs you are interested in as soon as possible. Fitness classes, Lenard Hall music lessons, Open Art Studio, Dance classes, sports programs, and swim lessons are all back for another season of fun. We look forward spending time with you and your family this summer.



<b>General Information</b> .....	5
<b>Inclement Weather Information</b> .....	6
<b>Membership</b> .....	7
<b>Free to Members</b> .....	8
<b>Teen Center &amp; Mustangs</b> .....	9
<b>Aquatics</b> .....	11
<b>Camp Calendar</b> .....	16
<b>Camp Mansfield</b> .....	17
<b>Camps</b> .....	19
<b>Certifications</b> .....	25
<b>Fitness Class Schedule</b> .....	28
<b>Fitness Center</b> .....	30
<b>Community School of the Arts</b> .....	36
<b>Dance</b> .....	38
<b>Language Programs</b> .....	39
<b>Parks &amp; Preserves</b> .....	40
<b>Party Planning Form</b> .....	43
<b>Rentals</b> .....	45
<b>Family &amp; Special Events</b> .....	46
<b>Sports</b> .....	49
<b>Trips</b> .....	51
<b>How to Register</b> .....	52
<b>Activity Registration Form</b> .....	53

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Visit us online at [www.mansfieldcc.com](http://www.mansfieldcc.com) or e-mail us at: [parks&rec@mansfieldct.org](mailto:parks&rec@mansfieldct.org)

The Mansfield Parks & Recreation Department staff has made every effort to prepare this brochure as accurately as possible. Nonetheless, errors may make it into print. Circumstances may require that adjustments be made to the program, fees, schedules, etc. We reserve the right to make such changes. We do apologize for any inconveniences these errors or adjustments may cause.

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# General Information

## Parks & Recreation Office Information

**Location:** Mansfield Community Center,  
10 South Eagleville Road  
Storrs/Mansfield, CT 06268-2599

**Office Hours:** Monday - Wednesday, 8:15 a.m. - 4:30 p.m.  
Thursday, 8:15 a.m. - 6:30 p.m.; Friday, 8 a.m. - noon

**Center Hours:** Monday - Friday, 5:30 a.m.-8 p.m.  
Saturday 7 a.m.-2 p.m., Sunday, 8 a.m.-2 p.m.

**Holidays:** Independence Day, Labor Day, Memorial Day

**Phone:** 860-429-3015

**Fax:** 860-429-9773

**E-mail:** [parks&rec@mansfieldct.org](mailto:parks&rec@mansfieldct.org)

**Staff:**

Jay M. O'Keefe	Director of Parks & Rec
Jennifer Caldwell	Recreation Supervisor/Aquatics
Steven Capobianco	Recreation Coordinator
Bethany Cologna	Recreation Coordinator
Jennifer Kaufman	Senior Planner
Lynda Lambert	Administrative Services Specialist
Sebby Reale	Head Custodian
Kimberly Rontey	Member Services Coordinator
Raymond Torres	Custodian
Jessica Tracy	Recreation Supervisor/Health and Fitness

### INCLUSIVE STATEMENT (Programs for all Abilities)

The Parks and Recreation Department is committed to providing quality leisure services for people of all abilities. We encourage and support people with disabilities to participate in programs offered by the Department. We will work with individuals to make reasonable accommodations to foster their participation in activities of interest. Please contact the Parks and Recreation Department for more information.

### On-line Registration

- Log on to the Department's website at [www.mansfieldcc.com](http://www.mansfieldcc.com)
- Click the green online registration button on the homepage.

### Inclement Weather

- Help our receptionists. Please use the information line.
- Full day cancellations or major storm causing partial day cancellations are also listed on the three major Connecticut TV broadcasts. (See page

## Summer Registration Dates

Registration start dates are grouped into the following categories:

- May 26** **Members of the Community Center** may register for Aquatic and Fitness related programs ONLY
- June 1** **Mansfield residents** who are members begin registration for all other programs/activities  
**Mansfield Residents who are not members** of the community center begin registration for all programs/activities
- June 6** **Non-residents who are members** begin to register for all other programs/activities.  
**Non-resident, non-members** begin registration for all programs/activities.  
**In person registration** available during all Mansfield Community Center operational hours.



6 for more information)

- Call our Info Line at 860-429-3015, ext. 4
- Visit [www.mansfieldcc.com](http://www.mansfieldcc.com) or [facebook.com/MansfieldCommunityCenter](https://facebook.com/MansfieldCommunityCenter)

### Advisory Committees

- Agriculture Committee
- Arts Advisory Committee
- Recreation Advisory Committee
- Parks and Natural Resources Committee

### Recorded Information

Program information and cancellations are available on a daily recorded voice-mail system (860-429-3015, ext. 4).

### Facilities

A full list of Parks & Recreation facilities and their locations can be found on our website and in a brochure entitled "Mansfield Parks & Preserves" which is available at the Community Center.

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# Inclement Weather Policy

## Snow, Thunder, Lightning and Rain

Call **860-429-3015, ext. 4**  
Check **www.mansfieldcc.com**

Some programs may be held in inclement weather and some may not. Contact our program information line for weather related program status updates. Thunder and lightning are a serious safety concern and may force last minute cancellations on site. Active thunder and lightning in the area may force the temporary closing of the indoor pool and programs until the threat has moved out of the area.

### Programs and Classes Held in **NON-School** Facilities (Community Center, Lenard hall, Senior Center)

Classes, workshops, leagues, etc. will NOT be determined by school cancellation or delays. Decisions will be made by taking into account road conditions, facility access, and other factors to determine if programs will be held or not for the full day or a portion of the day. Information on full or partial cancellations will be listed on the Parks and Recreation information line (860-429-3015, #4) and posted on the Parks and Recreation web site ([www.mansfieldcc.com](http://www.mansfieldcc.com)). Local TV and radio postings will only be used in the event of when all Mansfield Parks and Recreation classes, workshops, leagues, etc. are canceled for the full day.

#### General Estimated Decision Times for Cancellations

5:30am-11:59am classes, programs, etc.	No later than 5:15am
Noon-5:00pm classes, programs, etc..	No later than 10:30am
5:00pm and later classes, programs, etc.	No later than 3:30pm

### Programs and Classes Held in **School** Facilities

Cancelled for <b>FULL DAY</b>	When Mansfield Public Schools are cancelled for the full day
Cancelled for <b>MORNING to NOON</b>	When Mansfield Public Schools have a delayed opening
Cancelled for the <b>EVENING</b>	When Mansfield Public Schools are cancelled early for the day.

Information on full or partial cancellations will be listed on the Parks and Recreation information line (860-429-3015, #4) and posted on the Parks and Recreation web site ([www.mansfieldcc.com](http://www.mansfieldcc.com)). Local TV and radio postings will only be used in the event of when all Mansfield Parks and Recreation classes, workshops, leagues, etc. are cancelled for the full day.

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5:00pm and later classes, programs, etc.	No later than 3:30pm

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# Mansfield Community Center Membership

## Hours

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### MCC General Open Hours:

	SUMMER (EFFECTIVE JUNE 1)	REGULAR (EFFECTIVE SEPT. 6)
<b>Monday-Friday</b>	5:30 a.m.-8 p.m.	5:30 a.m.-8:30 p.m.
<b>Saturday</b>	7 a.m.-2 p.m.	7 a.m.-4 p.m.
<b>Sunday</b>	8 a.m.-2 p.m.	8 a.m.-4 p.m.
<b>Holidays</b>	Closed Independence Day, Labor Day	

### Child Care Hours - Now Free to Members!

Drop-in childcare is available for children of members and daily visit participants. Children, ages 1-7, can play, listen to stories, and participate in arts and crafts. Parents must remain on site. Hours subject to change.

**Days & Times\*:** Mon./Wed., 9 a.m.-12 p.m. and 4:45-7:15p.m.  
Tues./Thurs., 4:45 p.m.-7:15 p.m.  
Sat./Sun., 9 a.m.-12 p.m.

**Fee:** FREE for members; Non-member \$4/hour per child

### Teen Center Summer Hours (June 27-August 31)

Monday & Wednesday, 1-4 p.m.

Fridays, 4-8 p.m.

Closed Tuesday, Thursday, Saturday, Sunday

### Membership Includes:

- Priority Fitness & Aquatic Program Registration
- Aquatic Center – 6-lane, 25-yard Pool & Therapy Pool
- Cardiovascular Equipment
- Child Care
- Community Room
- Daily Locker Usage
- Dance & Exercise Studio (general use during non-scheduled times)
- Discounted Programs
- Drop-in Sports
- Family Changing Rooms
- Fitness Center
- Free Family Fun Nights
- Free On-Site Parking
- Free Starting Strong Fitness Orientation Program
- Guest Passes
- Gymnasium
- Periodic Workshops, Seminars, Lectures and Special Events
- Professional Staff
- Selectorized Strength Equipment
- Teen Center (teen use and general use during designated times)
- Walking & Jogging Track

## Free Mansfield Days at the Community Center

Whether you're new to the community center or have been here often, if you're a Mansfield Resident you can come for FREE during all facility hours on dates listed below. Proof of residency required.

**Location:** Mansfield Community Center

**Dates:** Sun., May 15  
Sat., June 11  
Fri., July 15  
Sun., Aug. 7

### Non-Member Daily Admission

Non-members have the ability to purchase Day Passes for all-day facility use. The day pass grants the bearer access to the full facility for the day. Please note: to use the fitness center, the day pass holder must be at least 14 years of age. Additionally, fitness classes and child care services are not included in the day pass rate.

	Residents	Ashford/Wilmington	Non-Residents
<b>Adult</b>	\$10	\$11	\$12
<b>Child</b>	\$6	\$7	\$8
<b>Senior</b>	\$8	\$9	\$10
<b>Under 3</b>	\$2	\$3	\$4

Proof of age and residency may be required. Adherence of all posted facility rules is required of all day pass holders.

## Membership Rates and Options

### RESIDENTS:

	Annual Pass	3-Month Pass	1-Month Pass
<b>Family</b>	\$717 (\$61.54 monthly)	\$237	N/A
<b>Adult/Child</b>	\$432 (\$37.08 monthly)	\$146	N/A
<b>Individual</b>	\$401 (\$34.42 monthly)	\$134	\$61

Family/Household membership rates listed above reflect all household members. Adult/Child membership rates above reflect 1 adult and all children under 14 in the household.

### NON-RESIDENTS:

	Annual Pass	3-Month Pass	1-Month Pass
<b>Family</b>	\$833 (\$71.50 monthly)	\$274	N/A
<b>Adult/Child</b>	\$510 (\$43.78 monthly)	\$170	N/A
<b>Individual</b>	\$474 (\$40.69 monthly)	\$158	\$73

Family/Household membership rates listed above reflect all household members. Adult/Child membership rates above reflect 1 adult and all children under 14 in the household.

### ASHFORD/WILLINGTON RESIDENTS:

	Annual Pass	3-Month Pass	1-Month Pass
<b>Family</b>	\$790 (\$67.80 monthly)	\$261	N/A
<b>Adult/Child</b>	\$474 (\$40.69 monthly)	\$158	N/A
<b>Individual</b>	\$432 (\$37.08 monthly)	\$146	\$67

Family/Household membership rates listed above reflect all household members. Adult/Child membership rates above reflect 1 adult and all children under 14 in the household.

### Miscellaneous Fees:

Enrollment Fee – \$35 (for full year and 3 month memberships)

Enrollment Fee - \$15 (for one month memberships)

Insufficient Funds Fee (auto debit accounts) - \$25

### Membership Add-On Options: Fitness Flex Pass

We offer our members the opportunity to have the flexibility of dropping in to fitness classes. By purchasing a Fitness Flex pass you will receive 25 or 15 class visits. Fitness Flex passes expire 1 year from date of purchase.

**15 Drop-In Classes - \$125 | 25 Drop-In Classes - \$206**

## Membership Special - See Page 3!

Mansfield Community Center Open House Friday,

June 17-Sunday June 19. Free Facility Access.

Includes Family Fun Special Event

# Free to Members

## Child Care (Ages 1-7) Now Free to Members!

Drop-in childcare is available for children of members and daily visit participants. Bring your children, ages 1-7, to play, listen to stories, and participate in arts and crafts, while you take a class, workout, swim, play basketball, accompany another child to a program, or just take some time to yourself in the sitting room. Parents must remain on site and children may only attend childcare for two hours maximum per day. Space is limited; reservations are not accepted. The following times are planned for the season, however the Parks and Recreation Department reserves the right to adjust time to reflect demands. Look for the ☺ throughout the brochure for corresponding programs.

**Location:** CC Child Care Room  
**Days & Times:** Mon./Wed., 9 a.m.-noon and 4:45-7:15 p.m.  
Tues./Thurs., 4:45-7:15 p.m.  
Sat./Sun., 9 a.m.-noon  
**Fee:** FREE for members,  
Non-member Fees: \$4/hour per child

## Parent/Tot Open Gym (Birth to 5)

Come and play! This ongoing, unsupervised program is for children up to the age of 5, and their parents. There will be age-appropriate riding toys, mats, tunnels, balls, etc. available to use. Come build a fort, tumble, or just burn some energy!

**Location:** CC Gym  
**Days:** Mon. ☺, & Thurs. (could be cancelled for special events and some programs)  
**Time:** 9:30 a.m.-noon  
**Fee:** FREE for members, Non-members pay the regular daily admission fee for parent/guardian and children.

## Family Fun Events!

Join us this summer for some fun as a family during Family Fun Events at the Mansfield Community Center! Play in the pools, build a fort, tumble and play with the tot toys in the gym, or get a little adventurous on the giant inflatable slide in the gym. Family track time is on, and the Teen Center is available to families for ping pong, billiards, and more! Watch for special activities associated with each nights theme on [www.mansfieldcc.com](http://www.mansfieldcc.com). FREE to members. No pre-registration required.

**Location:** Mansfield Community Center  
**Dates/Times:** Fri., May 27, 4:30-7:30 p.m.  
Sat., June 11, 10:30 a.m.-1:30 p.m.  
Fri., June 17, 4-7 p.m.  
Sat., July 2, 12 noon-4 p.m. at Bicentennial Pond!  
Fri., July 22, 4-7 p.m.  
Fri., Aug. 5, 4-7 p.m.  
Sat., Aug. 27, 2:30-5:30 p.m. -Members Only!  
**Fee:** There is no fee for Community Center Members.  
Nonmembers pay the daily fee and see what the fun is all about!

## Adult Drop-In Activities

Due to the current Covid-19 Pandemic, activities may have specific rules limiting players, increased disinfecting of equipment, and requiring masks. These rules are subject to change based on updates from local, state and CDC health officials. Activity times are subject to change depending on MPRD programming. All drop-in program times take effect June 1. Please reference the gymnasium schedule.

## FACILITY YOUTH POLICIES



- Childcare hours service 1-7 year olds.
  - Children ages 8-11 are able to use the facility independently while a parent/guardian is in the facility.
  - A sibling or supervisor who is 14 or older is able to serve as the "caretaker" for a sibling who is 8-11.
  - All minors (ages 12-17) are limited to visiting the facility for no longer than 4 hours per day without a parent or guardian.
  - If a child is at least 8 years old and can pass a swim test, parents or guardians can allow them to use the pool independently. All parents/guardians will need to remain in the pool area until the swim test is administered. Swim tests include successfully swimming the equivalent of one length of the pool (25 yards), tread water for 30 seconds, and back float 10 seconds without assistance and without touching the bottom or side.
  - Any child 6-8 years old who passes a swim test only needs to have a parent actively supervise them from the pool deck.
  - Children 5 years of age and under must be accompanied in the water by an adult (18 years or older) who is within arms reach.
  - Children 5 years of age or older must use gender appropriate locker rooms. Families and individuals with special needs have the option to use family changing rooms.
  - Members and guests must be at least 14 years old to use the fitness equipment upstairs.
  - Tuesday, Thursday, and Friday 4-8 p.m., and Saturday and Sunday all day, youth, ages 10-13 may use select cardiovascular equipment with proper parental supervision. Additionally, they may use our Youth Resistance Training program during the above hours as long as they have completed the Youth Resistance Training Orientation. (See current program brochure for class dates and times.)
  - During Family Track Hours children may use the Walking/Jogging Track along side their parent or guardian.
- \*Teen Center Members under the age of 12 and in the 5th grade may be in the facility independently provided the following:**
- Only during scheduled Teen Center School hours; See page 9. During Family Fun Night there is no supervised teen time. Teen Center is open for families.
  - They remain in the Teen Center with the exception of use of the bathroom or vending machines.
  - Their parents or guardians must sign out their children in the Teen Center when picking them up from the Community Center.

- 18+ Basketball:** Monday & Wednesday 6:30-7:55 p.m.  
**40+ Basketball:** Tuesday & Friday 7:15-9:15 a.m.  
**Pickleball:** Wednesday 4-6 p.m. Friday 9:30-11:30 a.m.,  
Saturday 8:15-10:15 a.m. ☺  
**Futsal:** Tuesday 6:30-7:55 p.m.  
**Volleyball:** Thursday 6:30-7:55 p.m.

## Mansfield Teen Center

Looking for something to do? Need a place to relax with friends? Looking to make new friends? MTC is a safe, fun environment for teens to hang out! **FREE Teen Center membership are available for all kids in grades 5 to 12** (Mansfield and surrounding area). Play pool, foosball, air hockey, board games, xbox, use the computers, or just hang out. Stop by and fill out a registration form today! Or download one online at <https://mansfieldct.gov/1675/Teen-Center>.

Teens have the opportunity to provide input on the types of activities and special events they would like to see. Talk to Teen Center staff, or submit ideas and Teen Center questions to [parksandrec@mansfieldct.org](mailto:parksandrec@mansfieldct.org).

### Family Use Times

The Teen Center is open for families and adults to use outside of "Teen Center Hours". An adult (18 and not in high school) must be present in the room supervising any children at all times.



### MTC Summer Hours:

June 27 to August 31

**Monday & Wednesday, 1-4 p.m.**

**Fridays, 4-8 p.m.**

Closed Tuesday, Thursday, Saturday, Sunday

For more information  
about the MTC contact,  
[parksandrec@mansfieldct.org](mailto:parksandrec@mansfieldct.org)

## *Work some, play some, and develop friendships!*

### Mustangs is back for their 13th consecutive summer!

July 6 – August 10 (Mondays and Wednesdays)

**Location:** Mansfield Community Center Teen Center (meet/end site)

**Time:** 9:00 AM – 1:00 PM

Youth entering grades 5 through 9 are invited to participate in a fun and rewarding service learning program focused on nature, animals and supporting sustainability.

Registration opens June 1, 2022. Please go to [mansfieldct.gov](http://mansfieldct.gov)



[gov/youthservices](http://mansfieldct.gov/youthservices) for more information and registration forms.

Participants will volunteer with local organizations such as Tara Rescue Farm, Our Companions Animal Rescue and Goodwin State Forest doing some maintenance and community service. We then head to Bicentennial Pond where participants eat lunch and can take a quick swim. We end our day back at the Teen Center.

Participants will need to bring their own lunch, snacks and drinks. We ask that you be able to attend at least 70% of the time.

# **SUMMER FUN**

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Welcome to the Mansfield Community Center Indoor Aquatic Center. The Center has one 6-lane 25 yard competitive lap pool with diving area, and a mid-size therapy pool for specialized use and classes. We offer a wide range of activities and programs to accommodate all ages and abilities including swimming lessons, water fitness classes, general recreational swimming, lap swimming and much more. Pools operate under the supervision of certified Lifeguards at all times. The pools also host several special events including our Family Fun Events and are available for birthday party rentals. The Aquatics Center closes each day 30 minutes prior to the Mansfield Community Center closing time.

For an overview of pool usage and designated activity time, please pick up a weekly pool schedule located at the kiosk in the front lobby or visit our website at [www.mansfieldcc.com](http://www.mansfieldcc.com).

### You Can Choose to Swim Healthy!

Healthy Swimming behaviors are needed to protect you and your kids from RWIs (Recreational Water Illnesses) and will help prevent germs from getting in the pool.

Here are three "PLEAs" that promote Healthy Swimming:

#### Three "PLEAs" for All Swimmers

Practice these three "PLEAs" to stop germs from causing illness at the pool:

**Please** practice good hygiene. Take a shower before swimming and wash your hands after using the toilet or changing diapers. Germs on your body end up in the water.

**Please** don't swim when you have diarrhea. This is especially important for kids in diapers. You can spread germs in the water and make other people sick.

**Please** don't swallow the pool water. In fact, avoid getting water in your mouth.

A graphic with a blue background and water ripples. It features a young girl with blue goggles on her head, smiling. Below her is a thermometer icon. The text "POOL TEMPERATURE" is in large, bold, white letters with a red outline. Below that, it lists "Therapy Pool: 92°-94°" and "Main Pool: 80°-82°".

**POOL TEMPERATURE**

Therapy Pool: 92°-94°

Main Pool: 80°-82°

## GENERAL INFORMATION

### Main Pool

Our 6-lane, 25-yard lap pool is available for General Swim, Lap Swim, and hosts several aquatic classes and lessons. Please see our weekly schedule for an overview of designated times.

### General Swim

The Main Pool is open for recreational and leisure swimming for individuals and families at designated times. All non-swimmers must be in the water with an adult at all times. Diving board will be open at various times, please see weekly schedule for details. General swim cannot be used for lap swimming.

### Lap Swim

Lap swim times are available at designated times. Lap swimming is intended for fitness and requires continuous movement with appropriate swimming strokes at your own pace. Snorkels are allowed at lap swim times only. Masks covering the nose are prohibited.

### Therapy Pool

The Therapy Pool has designated time for specialized classes, therapeutic use, and family swim. This pool's intended purpose is to provide a warmer, more comfortable environment for those with therapeutic needs such as arthritis, chronic joint pain and fatigue, as well as individuals needing rehabilitation for injuries. This pool is available for families and swim lessons at designated times. Please see the weekly schedule for an overview of times.

### Therapeutic Use

This time is designated for individuals with therapeutic needs only. Limited water exercise equipment is available for individual use upon request. Specialized water fitness equipment is allowed with staff approval.

### Family Use

This time is designated for families to utilize and enjoy the warm comfortable environment of the Therapy Pool. Please be respectful of those using the pool for therapeutic purposes. There is no jumping in the therapy pool.

A graphic with a red background. It features two young girls smiling and looking through a circular opening in a red inflatable ring. The text "POOL PARTIES" is written in large, yellow, bubbly letters across the top. Below the girls, it says "Have a birthday party to remember at the Mansfield Community Center! More info available at [www.mansfieldct.gov/parties](http://www.mansfieldct.gov/parties)".

**POOL PARTIES**

Have a birthday party to remember at the Mansfield Community Center! More info available at [www.mansfieldct.gov/parties](http://www.mansfieldct.gov/parties)

## Mansfield Marlins Youth Swim Club (Age 8– High School)

### Returning Swimmer Registration:

Returning swimmers need to register for the program every season. Please register your child according to when your registration date becomes available. Our pool/lane space is limited and we do not hold spots for returning swimmers. We encourage all participants to register as soon as possible! Practice groups will be the same as the last attended session unless you are explicitly communicated with regarding a practice group time change.

### New Swimmer Registration:

All new swimmers must be pre-registered into the program before the evaluation night on **Thurs., June 16th at 6 p.m.** (See next column for more information about the swim evaluation night). Please register your child according to when your registration date becomes available. We encourage all participants to register as soon as possible!

**Join the Mansfield Marlins Youth Swim Club!** This instructional team will help young swimmers develop their swimming skills, their stroke techniques, and teach new fundamentals such as flip turns and racing starts in the sport of competitive swimming. The Youth Swim Club season runs from Tues., June 21 to Thurs., August 11. Program meets Tuesdays and Thursdays from 5:30 p.m. to 6:30 p.m. or 6:30 p.m. to 7:30 p.m. depending on age/ability. The team will also compete in 3 scrimmage swim meets here at the community center and have periodic time trials as well. Participants may register for more than one evening of practice if desired. All pre-registered returning swimmers will attend regular practice times unless notified of a practice time change by a coach. It is recommended that swimmers have passed Level 4 swim lessons. Please keep in mind that practice consists of approximately 50 - 55 minutes of lap swimming. *We will not be running Sunday morning practices during the summer season.*

### NEW SWIMMERS EVALUATION NIGHT

**ALL** new swimmers should be pre-registered into the program before the evaluation night. If for any reason, your child does not get placed on the team, we would issue a full refund for any registration fees at that time. Because of the progressive nature of this program, space in the program may be limited according to the number of returning registered swimmers per season, therefore space in the program may vary by season. **Thurs., June 16th at 6 p.m.** will be a mandatory evaluation night for all NEW swimmers. **Participants will be evaluated on overall safety and comfort level in the water, freestyle with rotary breathing, breaststroke, and backstroke. Swimmers may be asked to complete 25 or 50 yards of these strokes depending on age and ability.** After the evaluation night, new participants will receive an email assigning swimmers to a practice time slot for the rest of the season. Please register using the information below.

#### Coaches:

Head Coach Daniel Furman &  
Assistant Coach Jaxon Rash

#### Location:

MCC Pool

#### Dates:

Tues. and/or Thurs., June 21 to August 11

Swimmers will be placed in practice group times according to age/ability.

#### Fees & Activity #:

**161031-A Practices once a week** (8 weeks):  
\$77 for members, \$100 for non-members

**161031-B Practices twice a week** (8 weeks):  
\$154 for members, \$200 for non-members



## Lap Swim Etiquette

Due to the limited number of lap lanes, it is mandatory that patrons share lanes accordingly:

- Please group yourselves according to ability.
- Two swimmers – each swimmer stays on his/her respective side of the lane.
- Three swimmers – swim counter-clockwise in a single file line, staying on the right side of the lane.
- Make sure it is safe to pass if necessary.
- Safety First – When entering a lane that is already occupied by a swimmer, please alert that swimmer that you will be sharing a lane with him/her.

## Working on your Merit badge?

Scouts, complete your lifesaving skills in our pools! Group reservations must be requested 2 weeks in advance. Call or come by to pick up a group rental form that includes facility information and group pricing.





## American Red Cross Swimming & Water Safety Program

The Mansfield Community Center is proud to be an authorized provider of the American Red Cross (ARC) Swimming and Water Safety Program. If you have a passing certificate from last year or last session, then please select the next level for your child. Proper swim lesson placement is key in providing a successful, enjoyable swim lesson experience and in ensuring participant safety in the water. Please see the level descriptions page as a guide when registering your child. Summer group swim lessons are held twice a week on Monday & Wednesday evenings, for 30 minute sessions. Please see summer class schedule for details and class fees. Classes at the MCC may be cancelled in the event of lightning or thunder storms, and/or other unsafe pool conditions. Participants will be notified if any cancelled classes will be made up. Please see summer class schedule for details and class fees.

**Private Lessons:** Private lessons are available, though times and instructors are limited. Please submit a lesson inquiry through email to [Caldwelljr@mansfieldct.org](mailto:Caldwelljr@mansfieldct.org) or call us at 860-429-3015 ext. 6122 for more details.

### ☺ **Adult Beginner Swim Lessons** (Ages 18+)

These lessons are designed for adults with minimal or no swimming experience, or those who need assistance adjusting to a water environment. This course will take adults through the beginning Levels I and II of the American Red Cross *Swimming and Water Safety Program*. This group setting class will provide an appropriate level of instruction for adults wanting to discover the benefits of learning how to swim and be safe in and around water. Please see Level Descriptions (page 14) for class skills.

**Instructor:** TBA  
**Location:** MCC Pool  
**Session:** 3 weeks with 6 classes session/ 30 min per class  
**Dates:** Mon./Wed., June 20 - July 13 (no classes Mon., July 4 & Wed., July 6)  
**Time:** 6:30 - 7 p.m.  
**Fee:** \$60 for members, \$78 for non-members  
**Activity #:** 161020 - A

### ☺ **Adult Intermediate Swim Lessons** (Ages 18+)

These lessons are designed for adults with minimal swimming experience who are already comfortable in and around water. This course will take adults through Level III and begin Level IV skills of the American Red Cross *Swimming and Water Safety Program*. This group setting class will provide an appropriate level of instruction for adults wanting to discover the benefits of learning how to swim and continuing to improve their stroke development. Please see Level Descriptions (page 14) for class skills. **Pre-requisite for Intermediate class: Must be able to swim one 25 yard length of the pool freestyle with rotary breathing comfortably.**

**Instructor:** TBA  
**Location:** MCC Pool  
**Session:** 4 weeks with 8 classes session/ 30 min per class  
**Dates:** Mon./Wed., July 18 - August 10  
**Time:** 6:30 - 7 p.m.  
**Fee:** \$80 for members, \$104 for non-members  
**Activity #:** 161021 - A

## Private Swim Lessons

Private Lessons and Semi Private Lessons (max 2 individuals) are available for both children and adults. All lessons are instructed by one of our qualified Swim Lesson Instructors and are one half hour in length. You will need to fill out a Private Lesson Request Form available at the MCC Reception Desk. You will be contacted by an instructor within 2 weeks regarding the status of your request and to set up your initial lesson. Lessons at the requested time are not guaranteed and may result in scheduling alternate times with an instructor. Call 429-3015 ext. 0 for more information.

### Private Lesson Fees:

**Member Private:** \$39      **Non Member Private:** \$45  
**Member Semi-Private:** \$57      **Non Member Semi Private:** \$68

**Semi-Private Lessons (Max 2 kids, price includes both kids)**

### Pre-Pay for Private Lessons:

#### 5 Swim Lessons Pre-Payment

Member Private: \$195  
 Non-Member Private: \$225  
 Member Semi-Private: \$285  
 Non-Member Semi-Private: \$340

#### 10 Swim Lessons Pre-Payment

Member Private: \$390  
 Non-Member Private: \$450  
 Member Semi-Private: \$570  
 Non-Member Semi-Private: \$680

Loving your private swim lessons? Planning to take more? Prepay for lessons! Prepayments are applied to household as credits and are used upon lesson entry request by the instructor. Receipts still required and can be requested at the reception desk.

## MANSFIELD YOUNG STARS CAMP

JULY 25 - 29, 2022 - 9AM TO NOON

LIONS CLUB FIELD, MANSFIELD

(BOYS AND GIRLS GRADES K-8)



• TO LEARN MORE, CONTACT:  
**VALARIE REID @ 631.455.1782,**  
[VALARIEREID07@GMAIL.COM](mailto:VALARIEREID07@GMAIL.COM) OR  
**MANSFIELD PARKS & RECREATION AT**  
**860.429.3015**



• **CAMP DIRECTOR**  
**RAY REID**

# American Red Cross Summer 2022

## Group Lesson Schedule

**Instructor:** Announced at First Class  
**Location:** MCC Pool  
**NOTE:** *Session I is only 6 classes due to holiday.*

**SESSION I:** 3 weeks/ 6 Classes/ 30 min per class

**Days/Dates:** Mon., June 20 – Wed., July 13

**Fees:** \$60 for members  
\$78 for non-members

**SESSION II:** 4 weeks/ 8 classes/ 30 min per class

**Days/Dates:** Mon., July 18 – Wed., August 10

**Fees:** \$80 for members  
\$104 for non-members

## Full Session Lessons

**SESSION I:** June 20 – July 13

**Monday & Wednesday Evening Swim Lessons** (No class Mon. July 4 & Wed. July 6)

Session is only 6 classes due to holiday.

	5-5:30 p.m.	5:35-6:05 p.m.	6:10-6:40 p.m.	6:45-7:05 p.m.
Parent/Child	161007-A1			
Preschool Level 1			161008-A1	
Preschool Level 2		161009-A1		
Level 1		161001-A2		161009-A2
Level 2	161002-A1		161002-A2	
Level 3 (Shallow)		161003-A1		
Level 3 (Deep)	161010-A1			161003-A3
Level 4			161004-A2	

**SESSION II:** July 18 – August 10

**Monday & Wednesday Evening Swim Lessons**

	5-5:30 p.m.	5:35-6:05 p.m.	6:10-6:40 p.m.	6:45-7:05 p.m.
Parent/Infant (3 max)	161007-B1			
Preschool Level 1 (3 max)			161008-B1	
Preschool Level 2 (3 max)		161009-B1		161009-B2
Level 1 (5 max)		161001-B1		161001-B2
Level 2 (5 max)	161002-B1			
Level 3 (Shallow) (5 max)			161003-B1	
Level 3 (Deep) (5 max)		161010-B1		
Level 4 (5 max)	161004-B1		161004-B2	



## Parent and Child Aquatics

(Ages 6 month - 2 years)

Children will have fun in the water while being exposed to basic swimming skills through games, songs, and activities. Each child must be accompanied in the water with one adult.

## Preschool Aquatics (Ages 3 and 4)

**Purpose:** Familiarize children to the aquatic environment

**Water Adjustment I** participants learn skills centering on water acclimation and water comfort which include: water entry, blowing bubbles, floating on front and back, gliding on front and back and exploring independent movement with combined arm and leg movement. This level is great for very beginner swimmers and children with water fear or apprehension.

**Water Adjustment II** participants build and improve skills learned in Water Adjustment I. These skills include: becoming more comfortable with submersion and putting the face in while swimming, reinforcing and building the floating and gliding skills introduced in Water Adjustment I,

and moving independently farther and stronger with combined arm and leg movement.

### Level 1: Introduction to Water Skills

**Purpose:** Helps students feel comfortable in the water.

**Level 1** participants learn to:

submerge nose, mouth and eyes, explore arm and hand movements, alternating and simultaneous leg and arm action on front and back, blow bubbles, bobbing, open eyes underwater and pick up submerged objects, float on front and back, front and back glides with recovery, combined arm and leg swim on front and back. This level is great for very beginner swimmers and children 5+ with water fear or apprehension.

### Level 2: Fundamental Aquatics Skills

**Purpose:** Gives students success with fundamental skills.

**Level 2 participants must have completed and Passes level 1:**

Enter water by stepping or jumping from the side, exit water safely using ladder or side, fully submerge and hold breath, open eyes under water and pick up a submerged object, float on front and back, tread water, perform front and back glide with recovery, roll over from front to back, back to front, swim on front and back using combined strokes front and back, bobbing. This is a great class to build a strong foundation for swimming.

### Level 3: Stroke Development (Shallow)

**Purpose:** Builds on the skills in Level 2 through additional guided practice.

**Level 3 participants must have completed and Passes level 2:**

perform a survival float, submerged and retrieve an object, perform front and back glide using rotary breathing, tread water, perform freestyle, perform elementary backstroke, flutter, scissor, breaststroke and dolphin kicks, push off in streamlined position and begin kicking, change from horizontal to vertical position on front and back and reaching assist from deck. This class is mostly held in the shallow end of the pool working on skills and building up to the deep end.

### Level 3: Stroke Development (Deep)

**Purpose:** Builds on the skills in Level 3 Shallow through additional guided practice.

**Level 3 participants must have completed and Passes level 3 shallow:**

Jump into deep water from the side, dive from kneeling or standing position, perform a survival float, submerged and retrieve an object, bob with the head fully submerged, perform front and back glide using rotary breathing, tread water, perform freestyle, perform elementary backstroke, flutter, scissor, breaststroke and dolphin kicks, push off in streamlined position and begin kicking, change from horizontal to vertical position on front and back and reaching assist from deck. This class is held in the deep end and prepares kids for level 4. While still working on skills for level 3 but in deep water.

### Level 4: Stroke Improvement

**Purpose:** Develops confidence in the skills learned and improves other aquatic skills

**Level 4 participants must have completed and Passes level 3 Deep:**

Swim underwater, perform feet first surface dive, tread water with 2 different kicks, freestyle, elementary backstroke, backstroke, breaststroke, butterfly, sidestroke, 15 to 25 yards each stroke push off in streamlined position and begin kicking, perform open turn on front/back using any stroke, use safe diving rules, perform a throwing assist and reaching assist and to recognize recreational water illness.

### Levels 5 – 6

**Levels 5 – 6** will be encouraged to join our rec swim team the Marlins or private lessons. This will help to keep them swimming and moving towards preparation for High School swimming or other fun programs.

# POOL RULES

-for your safety-

## Some Pool Rules in helping you to prepare your day!

- All patrons must shower before entering the pools.
- Children 5 years and under must be accompanied into the water by an adult (18 years or older) who is within arms reach.
- Children 6 – 8 years old must be accompanied by an adult (18 years or older) into the pool area if they have not passed a swim test.
- Children who are 8 and over who have passed a swim test are allowed in the pool and pool area without an adult.
- Lifejackets and life vests (including swim suits with foam inserts) are acceptable and permitted in the pool. **Any child/patron wearing a lifejacket or life vest must be accompanied into the water by an adult 18 years or older and must be within arms reach.** No noodles, inflatables, swimmies, or water wings are allowed. Any patron wearing a lifejacket or vest is NOT Permitted to use the diving board. Other flotation devices considered at the discretion of the Aquatic Director or Manager on Duty.
- Kickboards, pull buoys, and training paddles are available for use.
- Masks, snorkels, and fins are allowed for lap swimming ONLY.
- Diving is permitted in the deep end of the lanes and off the diving board ONLY.
- Adults may NOT catch children off the diving board or provide assistance on the board.
- Questionable swimmers may be asked to take a swim test consisting of one comfortable 25 yard lap of front crawl, 30 second water tread, and 10 second back float.

Lifeguard Certification Courses are available! See pg. 26





camp info pg. 17-23



WE MAKE  
HAPPY CAMPERS!

# Summer Camps 2022

NON-RESIDENTS WELCOME

## CAMP REGISTRATION IS OPEN! SIGN UP TODAY!

June 27-29 Youth Football with Coach Kelly  
June 27-July 1 "I Can Decoupage That!" Art Camp  
June 27-July 1 **NEW!** Food Explorers: Taste the Rainbow!

July 5- 8 Co-Ed Basketball with Coach Pires

July 11-15 Chemical Creations with Minds in Motion  
July 11-15 Girls Basketball with Coach Roickle and Coach Parker  
July 11-15 Painting Mini Master Piece Studio  
July 11-15 Outer Space and Physics Fun with Minds in Motion

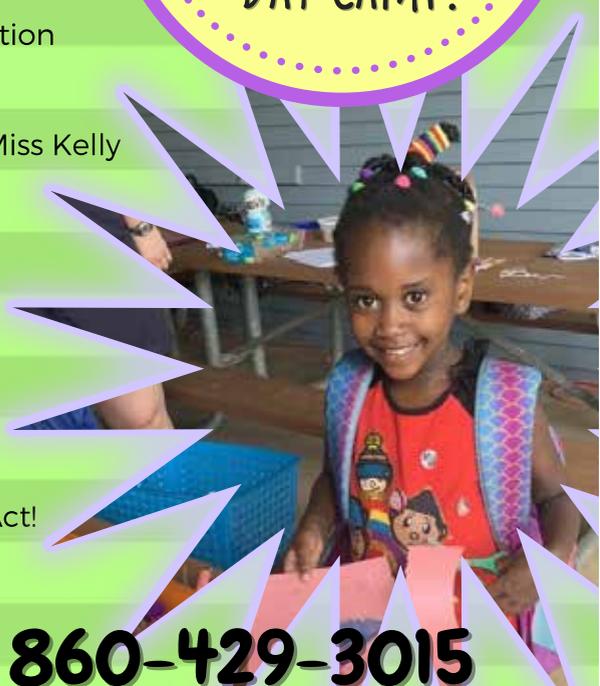
July 18-22 Pop Up Books STEAM  
July 18-29 TWO WEEKS! Theater Camp - Peter Pan with Miss Kelly

July 25-29 Chess Wizards!  
July 25-29 Nature and Art Mini Master Piece Studio  
July 25-29 Ray Reid Soccer School, Young Stars

August 8-12 Take Me to the Tate! Art Camp  
August 8-12 Live Action Flix Film Camp  
August 8-12 Lego Flix Film Camp

August 15-19 **NEW!** Mansfield's Got Talent - Sing, Dance, Act!  
August 15-19 Adventures in STEM using LEGO  
August 15-19 STEM Explorations using LEGO

8 WEEKS OF  
CAMP MANSFIELD  
DAY CAMP!



[www.mansfieldcc.com](http://www.mansfieldcc.com)

860-429-3015

## CAMP MANSFIELD

*We make happy campers!*

### General Camp Information

Camp Mansfield is a traditional outdoor summer day camp with a wide variety of activities for camper's age 4½ to 15 years old! Camp Mansfield is held on the grounds of Mansfield Middle School, Schoolhouse Brook Park and Bicentennial Pond. Camp is tentatively scheduled to begin on June 27 this year. Activities include archery, arts and crafts, canoeing/kayaking, nature and science activities, sports, variety block (counselors & campers choice), free swim, swim activity, camp songs and themed special event weeks. Campers are separated into groups based on the grade they will be entering in the fall. All campers must be potty trained and be able to follow the camp rules of safe and positive behavior for themselves and others to participate. The camp runs Monday - Friday from 9 a.m.-3 p.m. rain or shine. Three daily lunch choices are included in the camp fee for full day campers. Extended "Camp Care" is available before and after the regular camp day to campers for an additional fee.



### CAMP MANSFIELD GOALS

*How we make happy campers!*

- Create an environment that is in every way healthful and safe, where encouragement, laughter and fun are the norm. We are smiling underneath our masks!
- Encourage the development of leadership skills in campers of all ages.
- Develop in each camper an appreciation for their natural surroundings, including a concern for preserving our environment.
- Nurture each individual's confidence in their own strengths and skills, while fostering the confidence in the discovery and development of new talents.
- Cultivate an atmosphere that promotes the building of healthy relationships and group problem solving while keeping our distance.

**KinderCamp** - Special ½ day camp for children entering Kindergarten. Camp meets Monday-Friday from 9 a.m.-Noon. Activities include games, sports, crafts, nature, swimming and more. A daily lunch is provided. (please note full day Kindergarten option below). Half day campers may not participate in all camp activities due to the structure of the day.

**Explorers** - Our main camp group runs Monday - Friday, 9 a.m.-3 p.m. for children entering grades K-6. Activities include outdoor games, sports, nature, archery, arts & crafts, canoeing/kayaking, creative games, swimming and special events. Lunch is provided to campers daily. Campers choose from a choice of 4 options each day. (Please note ½ day option above for Kindergarteners)

**Adventurers** - Our oldest camper group runs Monday - Friday, 9 a.m.-3 p.m. for children entering grades 7-9. Those entering grade 9, have a choice of the Adventurers or C.I.T. programs. Campers have the opportunity to participate in the same activities listed under "Explorers" plus have 2 off site adventure trips, which may include hiking at local parks, kayaking at Mansfield Hollow, Adventure Park, Ocean Beach, river tubing and more. On Wednesday nights ADVENTS can be dropped off at Bicentennial Pond at 7pm - 9:30pm. Campers will play games, movie nights and make s'mores at a bonfire. This program is specifically geared towards helping build confidence, group problem solving and more. Trip fees are included in the camp fee and a daily lunch is provided. Space in this program is limited.

**Counselor-In-Training** - This leadership training program meets Monday - Friday, 9 a.m.-3 p.m. for teens entering grades 9 and 10. Those entering grade 9 have a choice between the C.I.T. or Adventurer programs. The C.I.T. program is designed to teach leadership skills in the area of child development, activity planning and group management and lends itself to personal growth that can also be applied to all aspects of life. C.I.T.s can be dismissed if they are not making a positive addition to the program. Maximum age is 15 and space in this program is limited. A C.I.T shirt will be provided for the summer.

**Camp Care** - Specially designed for the working parents who require additional care for their child beyond the regular day camp. Camp care hours are 7:30-9 a.m. and 3-5:30 p.m. It includes a supervised and partially structured time before and after the camp day. PM camp care is not available on the last day of camp.

Camp Care will be in the Mansfield Middle School gymnasium.

**Campers with Special Needs** - All of our department's summer camp programs support children with special needs. With the assistance of specialized camp staff, campers will be participating inclusively within their same age/grade groups throughout the camp day. Participants with a need for modifications and/or additional support during camp will need to fill out a special assistance form no later than 15 days prior to the start of the camp session.

### SUMMER SCHOOL KIDS!

Join Camp Mansfield for a half day of fun after school. Registration for Summer school does not save a spot for Camp Mansfield. You must register separately for camp to be on the list. Rates are 50% Mon - Thur and full price Fridays for each week. Must register for full week. More information will be released in regards to summer school and camp, so check back with us on our website.



### Camp Mansfield Registration Instructions

- Registration for Camp Mansfield is open! Campers must enroll for a minimum of one full session. Partial session enrollment is NOT permitted. All camp sessions must be paid in full at the time of registration.
- The activity registration form, additional camp form and covid-19 waiver form (available copies in back of brochure) must be completely filled out to be registered for camp. Please be sure to indicate the appropriate camp program and session code on the registration form.
- Although we do everything possible to accommodate all children, we require to meet certain camper to staff ratios. Therefore, it is possible that some camp sections may fill regardless of registration closing date. Please register early.
- Campers requiring special assistance or accommodations must follow the same registration process listed above and must complete a Special Assistance Form at a minimum of 15 working days prior to the start of a new session and must contact the camp director.

# Camp Mansfield



## CAMP MANSFIELD 2022 - We Make Happy Campers!

- Session 1 June 27 – July 1, Disney Week!
- Session 2 July 5 – July 8, Stars & Stripes Week!
- Session 3 July 11 – July 15, Animal Planet Week!
- Session 4 July 18 – July 22, Mansfield's Got Talent!
- Session 5 July 25 – July 29, Olympic Week!
- Session 6 August 1 – August 5, Mystery Week!
- Session 7 August 8 – August 12, Super Hero Week!
- Session 8 August 15 – August 19, Carnival Week!\*

(No PM Camp Care on Last Day, August 19)

Start date subject to change if Mansfield Schools end later than anticipated at time of print.

\* Session 8 individual days may be cancelled in the event of inclement weather.

## Explorers Activity Codes

USE THE GRADE THE CAMPER IS ENTERING IN FALL 2022

Grade	Activity #
K	151200- add session #
1	151201- add session #
2	151202- add session #
3	151203- add session #
4	151204- add session #
5	151205- add session #
6	151206- add session #

## CAMP MANSFIELD 2022

### COST PER SESSION

	Resident Rate	Non-Resident Rate
<b>KinderCamp ½ Day</b> 151105-(plus session #)	\$74 (Ses 2) \$117 (Ses 1, 3-8)	\$84 (Ses 2) \$127 (Ses 1, 3-8)
<b>Explorers Grades K-6</b> (See Activity # table above)	\$184 (Ses 2) \$230 (Ses 1, 3-8)	\$194 (Ses 2) \$240 (Ses 1, 3-8)
<b>Adventurers Grades 7-9</b> 151301-(plus session #)	\$228 (Ses 2) \$285 (Ses 1, 3-8)	\$238 (Ses 2) \$295 (Ses 1, 3-8)
<b>Counselor In Training</b> 151207-(plus session #)	\$65 (Ses 2) \$105 (Ses 1, 3-8)	\$75 (Ses 2) \$115 (Ses 1, 3-8)
<b>AM Camp Care</b> 151401-(plus session #)	\$25 (Ses 2) \$37 (Ses 1, 3-8)	\$30 (Ses 2) \$42 (Ses 1, 3-8)
<b>PM Camp Care</b> 151402-(plus session #)	\$26 (Ses 2 & 8) \$40 (Ses 1, 3-7)	\$31 (Ses 2 & 8) \$45 (Ses 1, 3-7)
<b>Combo Camp Care</b> (AM & PM) 151403-(plus session #)	\$57 (Ses 2 & 8) \$70 (Ses 1, 3-7)	\$62 (Ses 2 & 8) \$75 (Ses 1, 3-7)

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email: [tony.s.garage@snet.net](mailto:tony.s.garage@snet.net)  
Fax: **(860) 429-5954**  
[www.tonysgarage.com](http://www.tonysgarage.com)





**Visual Arts Camps Note:** Each day we will spend a part of the day outside, weather permitting. Bring plenty of snacks, a full lunch, and a water bottle.

## I Can Decoupage That! (Ages 7-14)

Decoupage is the art of cutting and pasting to simulate painting. This camp will have kids making art on oyster shells, second hand bowls, recycled glass, wood and more. Campers will practice story telling through decoupage as well as pay close attention to colors and patterns.

**Instructor:** Reagen O'Reigaekn  
**Location:** CC Arts & Crafts Room  
**Dates:** Mon.-Fri., Jun. 27-Jul. 1  
**Time:** 9 a.m.-4 p.m.  
**Fee:** \$205 for residents, \$215 for non-residents  
**Materials Fee:** \$25 due at time of registration, fee waivers do not apply to materials fee  
**Activity #:** 134202-A

## Painting Mini Master Piece Studio (Ages 7-14)

This camp is for the child who loves painting! We will use acrylic and

watercolors while learning about the lives and works for famous painters. We will explore several different styles of painting based on artists Vincent van Gogh, Helen Frankenthaler, Sophie Tauber Arp, Audubon, and George Rodrigue! Dress for a mess. We will make a mini-masterpiece every day!

**Instructor:** Reagen O'Reigaekn  
**Location:** CC Arts & Crafts Room  
**Dates:** Mon.-Fri., Jul. 11-15  
**Time:** 9 a.m.-4 p.m.  
**Fee:** \$205 for residents, \$215 for non-residents  
**Materials Fee:** \$25 due at time of registration, fee waivers do not apply to materials fee  
**Activity #:** 134203-A

## Pop Up Books STEM (Ages 8-16)

Camper will explore half a dozen Pop-up Books by different authors and illustrators. Using paper, glue, and scissors, students will reverse engineer their own pop up cards from premade samples. Stories will come to life as students write and illustrate their own pop-up book. Sure to inspire a new hobby!

**Instructor:** Reagen O'Reigaekn  
**Location:** CC Arts & Crafts Room  
**Dates:** Mon.-Fri., Jul. 18-22  
**Time:** 9 a.m.-4 p.m.  
**Fee:** \$205 for residents, \$215 for non-residents  
**Materials Fee:** \$25 due at time of registration, fee waivers do not apply to materials fee  
**Activity #:** 134205-A

## Do you need a helping hand with food or childcare?

食物与儿童保育援助

المساعدة في الغذاء ورعاية الأطفال

식품 및 보육 지원

Asistencia con alimentos y cuidado de niños

**QUESTIONS?**

**HelpingHand@MansfieldCT.org**

**860.429.3330**



**CHILDCARE ASSISTANCE**

- Up to \$9,000 of assistance with childcare costs over a 6-month period
- Summer camps licensed by the State as childcare providers are eligible
- Care4Kids families are eligible for assistance
- Family is responsible for childcare costs equal to 7% of gross income



**FOOD ASSISTANCE**

- All household types are eligible, including families, seniors and adults without children
- Grocery staples-perishable and non-perishable
- May include prepared meals and meal kits
- Contactless pick-up and delivery

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**INCOME LIMITS**

Assistance is limited to households that meet certain income limits. Maximum income is based on household size, and ranges from \$55,950 for a single person to \$105,500 for a family of 8 people. More information is available at [www.mansfieldct.gov/2089/COVID-Assistance](http://www.mansfieldct.gov/2089/COVID-Assistance).

SCAN ME



FOR MORE INFORMATION

Funding provided through a Small Cities Grant from the State of Connecticut Department of Housing as part of the HUD Community Development Block Grant

# Camps

**Visual Arts Camps Note: Each day we will spend a part of the day outside, weather permitting. Bring plenty of snacks, a full lunch, and a water bottle.**

## Nature and Art Mini Master Piece Studio

(Ages 7-14)

Artist have been inspired by nature for centuries. This camp will spend the AM's making reproductions of famous artwork inspired by nature (painting, drawing, sculpture) and the afternoons exploring different ways to make art using natural materials (sticks, stones, mud).

**Instructor:** Reagen O'Reigaekn  
**Location:** CC Arts & Crafts Room  
**Dates:** Mon.-Fri., Jul. 25-29  
**Time:** 9 a.m.-4 p.m.  
**Fee:** \$205 for residents, \$215 for non-residents  
**Materials Fee:** \$25 due at time of registration, fee waivers do not apply to materials fee  
**Activity #:** 134206-A

## Take Me to the TATE! (Ages 7-14)

Campers will go on an imaginary trip to the TATE Modern and TATE Britain in London. We will learn about important works of art in their collection and we will make our own creative replicas in various media such as painting, drawing, and sculpture!

**Instructor:** Reagen O'Reigaekn  
**Location:** CC Arts & Crafts Room

**Dates:** Mon.-Fri., Aug. 8-12  
**Time:** 9 a.m.-4 p.m.  
**Fee:** \$205 for residents, \$215 for non-residents  
**Materials Fee:** \$25 due at time of registration, fee waivers do not apply to materials fee  
**Activity #:** 134207-A



## Theater Camp - Peter Pan! (Entering grades 3-8)

Join us for a summer theater adventure! Participants will be introduced to theater skills; be involved with theater games that help develop concentration, creativity, public speaking, and confidence; and will get to help produce a theatrical production. This year we will concentrate on a version of Peter Pan. Each participant will audition for and receive a role in the cast, learn teamwork skills to put on the show, and help to make simple props and sets. The last day of the program will end with a show for parents at 2 p.m. Bring plenty of snacks, a full lunch, and a water bottle.

**Lead Instructor:** Miss Kelly Production Staff  
**Location:** Lenard Hall  
**Dates:** Mon.-Fri., July 18-29 (10 classes)  
**Time:** 9 a.m. - 3 p.m.  
**Fee:** \$328 for residents, \$338 for non-residents  
**Activity #:** 134208-A



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## **NEW! Mansfield's Got Talent - Triple Threat Camp - Singing, Acting, & Dancing!**

(Entering Grades 1-5)

Explore performing through acting, singing, and dancing - the Triple Threat! We'll create a finished multi-media project to share with our friends and family. **Be sure to pack a lunch, snack, and water.**

**Instructor:** Mansfield Academy of Dance Staff  
**Location:** Lenard Hall  
**Dates:** Mon.-Fri., Aug. 15-19 (5 classes)  
**Time:** 9 a.m. - 3 p.m.  
**Fee:** \$180 for residents, \$190 for non-residents  
**Activity #:** 134211-A



## **NEW! Food Explorers: Taste the Rainbow!**

(Entering Grades 2-5)

Join Food Explorers to Taste the Rainbow! Explore new flavors, cooking techniques and recipes by delving into a new color each day, learning all about foods of that color. You'll also discover fun facts about food and nutrition through interactive games and activities between recipes. Each day will feature a snack and meal. All recipes are nut free and some will contain dairy and/or eggs.

**Instructor:** Food Explorers Registered Dietician Staff  
**Location:** CC Community Room  
**Date:** Mon.-Fri., June 27-July 1 (5 classes)  
**Time:** 9 a.m.-noon  
**Fee:** \$175 for residents, \$185 for non-residents  
**Activity #:** 120038-A

## **Chess Wizards!** (Ages 6-12)



Join Chess Camp this summer! There's tons of challenging chess lessons, exciting games, and cool prizes! You'll improve your chess skills, meet new friends, and work out your most powerful muscle - your brain! Our camps include fun team chess games (like bughouse), recess time (of course), snacks, tournaments, and puzzles. Each camper receives a T-shirt, trophy, and puzzle folder. Unleash your brain power and spend part of your vacation with Chess Wizards! Pack a lunch, snacks and water.

**Instructor:** Chess Wizards Staff  
**Location:** CC Arts and Crafts Room  
**Dates:** Mon.-Fri., July 25-29  
**Time:** 9 a.m.-noon or 12-3 p.m., or Full day option 9 a.m.-3 p.m.  
**Half Day Fees:** \$195 for residents, \$205 for non-residents  
**Full Day Fees:** \$310 for residents, \$320 for non-residents  
**Activity #:** **152005-A** (FULL day-9 a.m.-3 p.m.)  
**152005-B** (HALF day-9 a.m.-noon)  
**152005-C** (HALF day noon-3 p.m.)



## **Adventures in STEM using LEGO** (Ages 5-7)

Let your imagination run wild with tens of thousands of LEGO® parts! Build engineer-designed projects such as: Trains, Helicopters, Treehouses, and Beam Bridges. Design and build as never before, and explore your craziest ideas in a supportive environment. There are no prerequisites for this course.

**Instructor:** PlayWell TEKnologies Staff  
**Location:** CC Arts and Crafts Room  
**Dates:** Mon.-Fri., Aug. 15-19  
**Time:** 9 a.m.-noon  
**Fees:** \$176 for residents, \$186 for non-residents  
**Activity #:** 152106-A

## **STEM Explorations using LEGO** (Ages 7-12)

Let your imagination run wild with tens of thousands of LEGO® parts! Build engineer-designed projects such as: Trains, Helicopters, Treehouses, and Beam Bridges. Design and build as never before, and explore your craziest ideas in a supportive environment. There are no prerequisites for this course.

**Instructor:** PlayWell TEKnologies Staff  
**Location:** CC Arts and Crafts Room  
**Dates:** Mon.-Fri., Aug. 15-19  
**Time:** 1 p.m.-4 p.m.  
**Fees:** \$176 for residents, \$186 for non-residents  
**Activity #:** 152106-B

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## Incrediflix Film Camps

### Live Action Flix (Ages 7-13)

**9:00am-12:00pm**

Discover your Filmmaking talents! You don't have to be an actor to take part, as we'll guide you through the Hollywood process to create, direct, film, act, and more. You won't just make an incredible movie, you'll have the skills to make your own movies with friends. \*All Flix emailed within a month after program ends.

**Instructor:** Incrediflix Staff  
**Location:** Lenard Hall, Recital Room  
**Dates:** Mon.-Fri., Aug. 8-12  
**Time:** 9 a.m.-noon  
**Fees:** \$247 for residents, \$257 for non-residents  
**Activity #:** 152200-A

### Lego Flix (Ages 7-13)

**1:00pm-4:00pm**

Bring Lego worlds to life! We provide Legos. You provide your imagination. Work in groups to create a Lego set with Lego characters for a stop-motion movie you'll storyboard, shoot, and add voice-overs too. \*All Flix emailed within a month after program ends.

**Instructor:** Incrediflix Staff  
**Location:** Lenard Hall, Recital Room  
**Dates:** Mon.-Fri., Aug. 8-12  
**Time:** 1-4 p.m.  
**Fees:** \$247 for residents, \$257 for non-residents  
**Activity #:** 152201-A

### Live Action & Lego Flix - Full Day (Ages 7-13)

**9:00am-4:00pm**

Join us for the full day combo for a discount plus free lunch supervision! Please see both half day descriptions. Bring snack, lunch and drink. \*All Flix emailed within a month after program ends.

**Instructor:** Incrediflix Staff  
**Location:** Lenard Hall, Recital Room  
**Dates:** Mon.-Fri., Aug. 8-12  
**Time:** 9 a.m.-4 p.m.  
**Fees:** \$481 for residents, \$491 for non-residents  
**Activity #:** 152202-A



## Sports Camps

### Youth Football (Entering Grades 4-8)

Kick-off your summer at Football Camp! Children will learn football basics and fundamentals position specific from quarterback, running back, receiver, linebacker, to lineman, and will learn the basic skills of each position. The camp-style clinic is non-contact, but will teach the basics of how to properly tackle as well. Players will be grouped based on age and similar physical maturity for flag football teams and game play. Bring water, a water bottle, and a passion for winning. Registration includes a t-shirt!

**Lead Instructor:** James Kelly, E.O. Smith Football Coach & Staff  
**Location:** E.O. Smith High School  
**Dates:** Mon.-Wed., June 27-29 (3 days)  
**Time:** 9:30 a.m.-noon  
**Fee:** \$90 for residents, \$100 for non-residents  
**Activity #:** 152009-A



### Co-ed Basketball (Entering Grades 3-9)

Participants will be coached in basketball fundamentals such as dribbling, passing, rebounding, shooting, and offensive and defensive positioning. Daily game play and mini tournaments will round out the day. Participants will be separated as much as possible by experience and physical maturity. Boys and girls have separate and co-ed playtime. Bring your own lunch and drinks that will not require refrigeration. Registrations fee includes a t-shirt!

**Lead Instructor:** Ron Pires, E.O. Smith Boys Basketball Coach  
**Location:** E.O. Smith High School  
**Dates:** Tues.-Fri., July 5-8 (4 days)  
**Time:** 9 a.m.-3 p.m.  
**Fee:** \$152 for residents, \$162 for non-residents  
**Activity #:** 152004-A



### Girls Basketball (Entering Grades 3-9)



Girls will learn and practice fundamentals such as dribbling, passing, rebounding, shooting, and offensive and defensive positioning. There will be daily game play. Campers will be separated by experience and physical maturity when possible. Bring a lunch that does not require refrigeration and lots of water. Registration fee includes a t-shirt!

**Lead Instructors:** Mary Roickle, E.O. Smith Girls Basketball Coach & Betsy Parker, Youth Basketball Coach

**Location:** E.O. Smith High School  
**Dates:** Mon.-Fri., July 11-15 (5 days)  
**Time:** 8:45 a.m.-3 p.m.  
**Fee:** \$190 for residents, \$200 for non-residents  
**Activity #:** 152007-A



## Minds in Motion



### Outer Space and Physics Fun (Ages 6-11)

Come join an exciting world of space exploration as you build and take home your very own Solar System Kit! Put your mind in motion as you paint and create your own planets and learn all about our planetary neighborhood with your solar system model. Check out our real meteorite fragment samples! Take part in other exciting activities involving physics, air pressure, and density. Take home your own reaction rocket and watch it shoot up into the air! Be mesmerized as you assemble and take home your own stunt plane and learn about the four major forces of flight. You will also witness some really neat demonstrations from your instructor. Watch as an egg is magically sucked into a bottle, behold a tornado being created, and much, much more in this fun and exciting program!

**Instructor:** Minds in Motion Staff  
**Location:** CC Arts and Crafts Room  
**Dates:** Mon.-Fri., July 11-15  
**Time:** 9 a.m.-noon  
**Fees:** \$182 for residents, \$192 for non-residents  
**Activity #:** 152151-A

### Chemical Creations (Ages 6-11)

Come experience a hands-on world of fun as you conduct a variety of scientific experiments! You will make and take home a wide assortment of doodads and formations that you created all on your own. Learn and discover many different scientific concepts in an entertaining and innovative approach. Generate your own growing cube and make a shiny clean penny! Make your very own UV bracelet and watch it react to the sun. Learn all about energy and molecules, create a crazy bouncy glob from glue, and some scary green slime! You will also get to witness some really cool scientific demonstrations from your instructor. Watch snow being created and feel how cold it is! Experience a really powerful magnet, a cool blue light, a soda explode, and many other exciting experiments in this fascinating and educational workshop!

**Instructor:** Minds in Motion Staff  
**Location:** CC Arts and Crafts Room  
**Dates:** Mon.-Fri., July 11-15  
**Time:** 1-4 p.m.  
**Fees:** \$182 for residents, \$192 for non-residents  
**Activity #:** 152150-A

### Ray Reid Soccer School, Young Stars

(Ages 4-14)

Working in conjunction with Men's Head Soccer Coach Ray Reid, we again offer one of the finest soccer camps in the state. This three-hour a day, weeklong program offered for children ages 4-14, 9am-noon is aimed at developing and improving technique. All players will be exposed to dribbling, passing, receiving, and shooting. The emphasis for players ages 4-8 will be to improve their technique in a fun-filled environment. Players ages 9-14 will be taught technical refinement and receive an introduction to the tactical side of the game. This is a great way for your child to refine and improve his/her skills in a week. All campers will participate in fun, small-sided matches with their appropriate age groups. Players will receive a T-shirt, a ball, and a certificate of attendance.

**Camp Director:** Ray Reid & Staff  
**Location:** Lions Club Memorial Park; Fields 1 & 2  
**Dates:** Mon.-Fri., July 25-29  
**Time:** 9 a.m.-noon  
**Fee:** \$170 for residents, \$180 for non-residents  
**Activity #:** 152006-A



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## American Red Cross Adult & Pediatric CPR BL (Ages 13-Adults)



This course provides participants with the knowledge and skills necessary to prevent, recognize, and provide basic care for breathing and cardiac emergencies in adults until advanced medical personnel arrive. Participants who pass the course will receive an American Red Cross certificate which is valid for two years. The course fee includes all course materials and certification costs. This course is a blended learning course and does require the completion of online materials and work. You will be required to have completed the online material prior to the in-person class date. You will be emailed the link of online material 1 week prior to the class date. Any questions please feel free to reach out to us.

**Instructor:** Jeanne Goffinet  
**Location:** CC Community Room  
**Dates:** Sun., July 24 (160002 - A) Register by 7/15  
 Sat., Aug. 6 (160002 - B) Register by 7/29  
**Time:** 10 a.m. - 1 p.m.  
**Fee:** \$80 for members, \$90 for non-members

## Babysitter Safety (Ages 11-17)

\*Registration deadline July 29



This course is for youth's age 11 to 17 years of age. This is an entry level course intended to teach age appropriate skills necessary to care for children of all ages using team babysitting, mother's helper and individual babysitting concepts. The course focuses on safety with emphasis on prevention. Other topics

include hand washing, diapering, bottle feeding, and personal safety and interview skills. Basic first aid and obstructed airway management for a conscious choking adult/child and infant will be covered. First Aid including adult and child CPR (requires passing written and skills testing to receive 2 year certification; certification is not guaranteed). Booklet, handouts and babysitter Safety Certificate of completion included.

**Instructor:** LifeSafe Services Staff  
**Location:** CC Community Room  
**Date:** Sat., Aug. 6  
**Time:** 8:30 a.m.-1:30 p.m.  
**Fee:** \$97 for residents, \$107 for non-residents  
**Activity #:** 120175-A

## 1-Day Combination Safe Boating & Personal Watercraft Safety Certification

(Ages 10-16 with an adult, and/or Ages 17-Adult)



A complete updated safe boating certification course taught in one (8 hour) day. This class includes the newest requirement for towing skiers & tubes. Successful completion will allow the student to purchase a Connecticut Certificate of Personal Watercraft Operation with Safe Waterski Endorsement, which enables them to operate any recreational vessel up to 65 feet in length, with some age restrictions for younger operators. An easy to understand classroom format is designed for students age 10 and over. **PRIOR TO TAKING THIS CLASS** each student should create an account online at <https://www.ct.wildlifelicenses.com/internetsales>, and click the START button. Create an account if you don't already have one, and then print the page that includes your Conservation ID number and bring it to class. Once we have entered your score in the DEEP system you will use your account to purchase & print the certificate after the class.

**Instructor:** Current Boating Education, LLC Staff  
**Location:** CC Community Room  
**Dates:** Fri., June 24 (110060-A)  
 Fri., Aug. 5 (110060-B)  
**Time:** 8 a.m. - 4 p.m.  
**Fees:** \$75 for residents, \$85 for non-residents

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# Certifications



## Lifeguard Training- Blended Learning

(Ages 15-Adults)

\*Registration Deadline: June 24



The Mansfield Community Center is proud to provide the most current and up to date training course for lifeguard certification. This course will present the newest lifeguarding curriculum available through the American Red Cross released earlier this year. The purpose of the ARC Lifeguard Training Program is to teach candidates safety and rescue techniques designed to prevent and respond to a variety of aquatic emergencies. This course does have a pre-test that is administered during the first hour of the class. The course prerequisites include: a continuous 300 yard swim with proficiency in both freestyle and breaststroke, a two minute tread of water without the use of hands and a

timed 20 yard swim with surface dive to retrieve a submerged 10 pound object in which candidate return to the starting point with the object and exit the pool without using the stairs or a ladder. Students are only allowed to use goggles for the prerequisite 300 yard swim portion of the class, students must be able to demonstrate all skills in the class without the use of goggles to pass the course.

**This is a Blended Learning Course which means there are approximately 10 hours of online learning that must be finished before the first in class session.** Upon registration (once the minimum to run the course has been met) the candidate will receive a welcome email to the course with instructions on how to access the online content. Candidates **MUST** provide the MCC a valid email address upon registration. Registration fees include: one course manual, one pocket mask and processing fees for successful candidates to be issued a certification.

Students will receive an American Red Cross Lifeguard, First Aid and CPR for the Professional Rescuer certification upon successful completion of this course. **Please bring a bathing suit and towel to each class. Candidates MUST register by the deadline date.**

- Instructor:** TBD
- Location:** CC Community Room and Pool
- Dates:** Sat., July 2, Sun., July 3, Sat., July 9
- Time:** 8 a.m. – 1:30 p.m.
- Fee:** \$242 for members, \$324 for non-members
- Activity #:** 161022- A





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## Lifeguard Training Recertification and Bridge Class (Ages 15-Adults)

**Update to the newest version of ARC Curriculum!**

*\*Registration Deadline: July 1*

The objective of this course is to enable currently certified ARC lifeguards to update their certification to the newest curriculum and safety standards (released Jan. 2017) and who are looking to renew their certification because they are close to expiration. This course is for current ARC lifeguards who are already certified, or those who have expired no more than 4 weeks prior to the date of this class. Participants are required to demonstrate the following pre-course skills: a continuous 300 yard swim with proficiency in both freestyle and breaststroke, a two minute tread of water without the use of hands and a timed 20 yard swim with surface dive to retrieve a submerged 10 pound object in which candidate return to the starting point with the object and exit the pool without using the stairs or a ladder. Students should bring their pocket masks with them to class as these are not provided with this course. Please bring a bathing suit, goggles and towel to class. A lunch break will be provided. Please bring a bathing suit and towel. Candidates MUST register by the deadline date.

**Instructor:** TBD  
**Location:** Community Room, MCC Pool  
**Dates:** Sun., July 10  
**Time:** 9 a.m. – 1:30 p.m.  
**Fee:** \$110 for members, \$137 for non-members  
**Activity #:** 161023-A

## Lifeguard Training- Upgrade to Waterfront Lifeguarding (Ages 15-Adults)

This course will upgrade a currently certified ARC lifeguard to the waterfront certification. All students must hold a current American Red Cross Lifeguard Certification to attend this class. Students will need to demonstrate skills in the pool and at a waterfront facility and must be able to travel between the two facilities. The class will begin at the Mansfield Community Center and will end at Bicentennial Pond located in Schoolhouse Brook Park in Mansfield. Directions will be provided, distance three miles. Course pre-requisites include: a continuous 550 yard swim (22 lengths) with proficiency in both freestyle and breaststroke, a two minute tread of water without the use of hands, and underwater swim test and a timed 20 yard swim with surface dive to retrieve a submerged 10 pound object in which candidate return to the starting point with the object and exit the pool without using the stairs or a ladder. Course skills include, but are not limited to, beach entries, victim removal and rescue board skills. Upon successful completion students will receive a two year certification for Waterfront Lifeguarding, First Aid and CPR/AED for the Professional Rescuer. Participants will take the written tests for Waterfront Lifeguarding. A 30 minute lunch break will be provided, students should provide with own lunch.

**Instructor:** TBD  
**Location:** Community Room, MCC Pool, Bicentennial Pond  
**Dates:** Sun., June 5  
**Time:** 9 a.m. - 4 p.m.  
**Fee:** \$125 for members \$165 for non-members  
**Activity #:** 161032-A

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# FITNESS SCHEDULE SUMMER 2022

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
<b>Spin</b> <b>5:45-6:45 a.m. M/W/F</b> 170001-A, \$150/\$300 26 classes, no 7/4 Instructor: Ron	<b>Hardcore Bootcamp</b> <b>5:35-6:20 a.m.</b> 170012-B, \$42/\$84 6 classes, 6/28-8/2 Instructor: Jerry Gym	<b>Spin</b> <b>5:45-6:45 a.m. M/W/F</b> 170001-A, \$150/\$300 26 classes, no 7/4 Instructor: Ron	<b>Hardcore Bootcamp</b> <b>5:35-6:20 a.m.</b> 170012-C, \$42/\$84 6 classes, 6/30-8/4 Instructor: Jerry Gym	<b>Spin</b> <b>5:45-6:45 a.m. M/W/F</b> 170001-A, \$150/\$300 26 classes, no 7/4 Instructor: Ron		<b>SUP Yoga</b> <b>12-1:305 p.m.</b> 170082-A, \$56 for residents/\$66 for non-residents 1 class (July 10) Instructor: SeaTurtle SUP
<b>TRX</b> <b>9-9:30 a.m. ☺</b> 170076-A, \$18/\$36 5 classes, no 6/20, 7/4, 7/18, 8/15 Instructor: Jess Gym A	<b>Outdoor Bootcamp</b> <b>7-7:45 a.m.</b> 170012-D, \$42/\$84 6 classes, 6/28-8/2 Instructor: Jerry Outside	<b>Water Fitness</b> <b>8:45-9:45 a.m. ☺</b> 170037-B, \$56/\$112 8 classes, no 7/13 Instructor: Colleen	<b>Outdoor Bootcamp</b> <b>7-7:45 a.m.</b> 170012-E, \$42/\$84 6 classes, 6/30-8/4 Instructor: Jerry Outside	<b>Functional Strength</b> <b>9-10 a.m.</b> 170014-B, \$56/\$112 8 classes, no 7/15 Instructor: Colleen		
<b>Mat Pilates</b> <b>9-10 a.m. ☺</b> 170028-A, \$49/\$98 7 classes, no 7/4, 7/11 Instructor: Colleen	<b>Aqua Therapy</b> <b>10:30-11:15 a.m. T/Th</b> 170041-A, \$95/\$190 18 classes Instructor: Dorinda	<b>Silver Sneakers Classic</b> <b>10-10:45 a.m. ☺</b> 170015-B, \$42/\$84 8 classes, no 7/13 Instructor: Colleen	<b>Chair Circuit</b> <b>9:15-10 a.m.</b> 170008-B, \$32/\$64 6 classes, no 6/23, 6/30, 8/11 Instructor: Mandy	<b>Water Fitness</b> <b>10:15-11:15 a.m.</b> 170037-C, \$56/\$112 8 classes, no 7/15 Instructor: Colleen		
<b>Silver Sneakers Classic</b> <b>10-10:45 a.m. ☺</b> 170015-A, \$26/\$52 5 classes, 6/27-8/1, no 7/4 Instructor: Jerry	<b>Silver Sneakers Stability</b> <b>11-11:45 a.m.</b> 170019-A, \$26/\$52 5 classes, no 6/21, 7/5 7/19, 8/16 Instructor: TBD	<b>Chair Classic</b> <b>10-10:45 a.m.</b> 170015-Z, \$42/\$84 8 classes, no 7/13 Instructor: Colleen	<b>Aqua Therapy</b> <b>10:30-11:15 a.m. T/Th</b> 170041-A, \$95/\$190 18 classes Instructor: Dorinda	<b>Yoga/Pilates for Strength &amp; Stamina</b> <b>10:30-11:30 a.m.</b> 170023-A, \$63/\$126 9 classes Instructor: Sharon		
<b>Chair Classic</b> <b>10-10:45 a.m.</b> 170015-V, \$26/\$52 5 classes, 6/7-8/1, no 7/4 Instructor: Jerry Gym A	<b>Aqua Therapy</b> <b>11:20-12:05 p.m. T/Th</b> 170041-B, \$95/\$190 18 classes Instructor: Dorinda	<b>Gentle Yoga</b> <b>10:30-11:30 a.m. ☺</b> 170046-A, \$63/\$126 9 classes Instructor: Sharon	<b>Chair Yoga</b> <b>10:15-11 a.m.</b> 170022-A, \$32/\$64 6 classes, no 6/23, 6/30, 8/11 Instructor: Mandy			

**Functional Strength**  
10:15-11:15 a.m. ☺

170014-A, \$49/\$98  
7 classes, no 7/4, 7/11  
Instructor: Colleen

**Youth Tri Training**  
4:45-5:15 p.m. ☺

170070-A, \$18/\$36  
5 classes, no 6/21, 7/5,  
7/19, 8/16  
Instructor: TBD

**Silver Sneakers Circuit**  
11-11:45 a.m. ☺

170008-B, \$42/\$84  
8 classes, no 7/13  
Instructor: Colleen

**Aqua Therapy**  
11:20 a.m.-12:05 p.m. 1/Th

170041-B, \$95/\$190  
18 classes  
Instructor: Dorinda

**Silver Sneakers Circuit**  
11-11:45 a.m. ☺

170008-A, \$26/\$52  
5 classes, 6/27-8/1,  
no 7/4  
Instructor: Jerry  
Gym A

**Chair Circuit**  
11-11:45 a.m.

170008-Z, \$42/\$84  
8 classes, no 7/13  
Instructor: Colleen

**1st Year Tai Chi**  
5:15-6:30 p.m. ☺

170029-A, \$79/\$158  
9 classes  
Instructor: George

**Chair Circuit**  
11-11:45 a.m.

170008-V, \$26/\$52  
5 classes, 6/27-8/1,  
no 7/4  
Instructor: Jerry

**Paddleit Basics**  
5:30-7 p.m.

170080-A, \$56 for non-  
residents, \$66 for non-  
residents  
1 classes, 7/6  
Instructor: SeaTurtle SUP

**Continuing Tai Chi**  
6:45-8 p.m.

170030-A, \$79/\$158  
9 classes  
Instructor: George

**Kettlebells**  
12:15-12:45 p.m.

170075-A, \$18/\$36  
5 classes, no 6/20, 7/4,  
7/18, 8/15  
Instructor: Jess  
Gym A

**Yoga Foundations**  
6-7 p.m. ☺

170071-A, \$56/\$112  
8 classes, no 7/4  
Instructor: TBD

# SUMMER FITNESS CLASSES

## Session 1: Monday, June 20- Sunday, August 21

please see each block for skip dates

First fee listed is for MCC Member, second fee is for non-members

See class descriptions on pages 34-35

For help finding the right class for your needs, see page 33

Please check your receipt for information updated after printing of brochure

### KEY

- ☐ Class is in Gym
- ☐ Class is in Pool
- ☐ Class is Studio
- ☐ Class is Virtual via Zoom
- ☐ Class is in Community Room
- ☐ Outdoor Program
- ☺ Child Care Available



## COMING SOON:

MOSSA classes (virtual program streaming) at Community Center Studio! Watch [www.mansfieldcc.com](http://www.mansfieldcc.com) for more info!

**MINIMUMS & MAXIMUMS:** The Parks & Recreation Department reserves the right to set a minimum and maximum for each program and to cancel any program due to insufficient enrollment.  
**DON'T BE DISAPPOINTED! REGISTER EARLY!** Unfortunately we are sometimes forced to cancel programs 2-3 days before the listed program start date because of under-enrollment.

## Youth Resistance Training Orientation

- **UPDATED!**

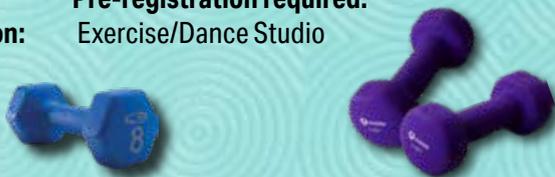
This Personal Trainer led class allows youth ages 10-13 and their parent or guardian (18+) to learn the basics of a safe progressive Resistance Training Program. After completion of this orientation, youth are then allowed to take this pre-designed program to the fitness area during youth fitness hours, under a parents/guardians supervision. This class is mandatory for use of the fitness center by this age group. **This program is available to Community Center Members only. Pre-registration required.**

**Instructor:** Mansfield Community Center Personal Trainers

**Days/Times:** 170090-A, Fri. July 15, 5:30-6:30 p.m., 170090-B, Sat. August 6, 9:30-10:30 a.m. ☺

**Fees:** \$10 per youth/parent pair – Members Only  
**Pre-registration required.**

**Location:** Exercise/Dance Studio



## Health & Fitness Seminars

### ☺ **Functional Movement Screen and How it Can Help**

First move well, then move often! The functional movement screen is comprised of 7 tests that look at your balance, mobility and stability. These patterns of movement will show you where your weaknesses, imbalances and asymmetries lie. No matter your fitness level, this test can benefit your exercise program by finding your faulty movement patterns. All attendees will have the option to try one of the movement patterns during this seminar and receive a discount off of a future session.

**Instructor:** Jessica Tracy

**Location:** Exercise Studio

**Date:** Tues., July 12

**Time:** 5:30-6:30 pm

**Fee:** FREE to members, \$10 for non-members

**Activity #:** 170091-A

### **Habit Based Health**

21 days at a minimum to establish a new habit! What happens when you try to overall your health, eating, sleeping and exercise all at once? How can you create habits that are effective for you, no matter your goal? Come to this seminar for immediate hints and suggestions that you can put into practice that day.

**Instructor:** Jessica Tracy

**Location:** Exercise Studio

**Date:** Wed., Aug. 3

**Time:** 12-1 pm

**Fee:** FREE to members, \$10 for non-members

**Activity #:** 170091-B

mansfield



Hebron • Mansfield

Roa Alammari  
MD, FACOG

Robert Gildersleeve  
MD, FACOG

Lesley Gumbs  
MD, FACOG

Veronica Helgans  
MD, FACOG

Yvette Martas  
MD, FACOG

Lindsay Collins  
CNM, DNP

Stephanie Welsh  
CNM, DNP

Lindsay Collins, CNM  
Shannon Morgan, CNM

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## Youth Fitness – Cardiovascular

Youth ages 10-13 may utilize the cardiovascular equipment (ellipticals, bikes, rower and indoor track) with proper parental supervision. Parent or guardian (18+) must be actively supervising youth at all times. Youth and parent must check in with Fitness Assistant upon arriving on the fitness floor. Only cardiovascular equipment may be used, unless Youth Resistance Training Class has been completed. Orientation to cardiovascular equipment is not mandatory, but strongly suggested. Please ask for help from our Fitness Assistants.

**Days:** Tues., Thurs., Fri., 4-8 p.m., Sat 7-2, Sun 8-2

**Fee:** FREE! – Members only!

**See page 47 for a fun healthy family activity!**

## Health Assessment & Coaching

### **V** Nutrition Counseling



Good nutrition can help you reach your goals! What exactly is "good nutrition"? How can nutrition counseling help you to never diet again? Do you eat well, but still can't reach your body composition or performance goals? Do you feel sluggish or tired? Do you look at nutrition labels and just get more confused? Sign up for a good look at how we can help you.

**2- 30 minute sessions** - \$60 (initial meeting to determine goals, submit diet and lifestyle assessment, session 2 presents an analysis of your diet and important action steps you can take). Virtual Options available.

### **Functional Movement Screen**

First Move Well, Then Move Often! The Functional Movement Screen is comprised of 7 tests that look at your balance, mobility and stability. These patterns of movement will show you where your weaknesses, imbalances, asymmetries and limitations lie. No matter your fitness level, this test can benefit your exercise program by finding faulty movement patterns. Find out where you are compensating in your movement; improve your biomechanics; help prevent future injuries.

**2-30 minute sessions** - \$60 (initial measurement taken at first appointment, analysis of results with specific exercise demonstration at second appointment)

### **V** Stress Management- Finding a Balance

Are you struggling with day to day stress, trying to get on top of it all and still feel joy? Learn how to create effective habits for YOU, that will help you to manage your stress. 2-30 minute sessions \$60. Virtual Options available.

For information on above packages email [tracyja@mansfieldct.org](mailto:tracyja@mansfieldct.org)

### **Body Composition Testing**

Being healthy or getting fit is more than just exercise. We can help you look at YOUR body and give you information that you can use more effectively than just a number on the scale. Did you know...lean muscle weighs more than fat? The location of changes in skinfold measurements can provide clues about your hormone levels. Analyzing your body composition can help you set and reach goals. Initial measurements of skinfold and girth taken at 4-7 sites. Calculation of body fat and lean mass percentages.

**2-30 minute sessions** - \$60 (initial measurement and 6-week follow-up)

### **COMING SOON:**

MOSSA classes (virtual program streaming)  
at Community Center Studio! Watch  
[www.mansfieldcc.com](http://www.mansfieldcc.com) for more info!

## Personal Trainers



**Jerry Kleinman**  
860-617-1161



**Mandy Ivory**  
860-933-4852



**Jessica Tracy**  
860-429-3015

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# Starting Strong



Let our  
Fitness Staff  
Help You  
**GET STARTED  
ON YOUR  
FITNESS JOURNEY**  
the Right Way!

For a member-only appointment, stop by the Fitness Desk or call  
860.429.3015 x6200

You will receive a one-on-one orientation to our fitness  
equipment with a Fitness Assistant.

You will leave with a basic workout as well as the information  
and confidence to continue on your fitness journey.



## Track Distances

Inside lane—19 laps = 1 mile  
Outside lane—17.2 laps = 1 mile



### Please note—

parents must run  
or walk beside their  
children at all times  
and follow all posted  
policies regarding  
use of the track.

## Family Track Hours

Mon, Tues, Wed,  
Thurs, Fri:  
12-8 pm  
Sat 7 am-2 pm  
Sun 8 am-2 pm



**MOSSA**  
ON DEMAND

**YOUR WORKOUTS  
ANYTIME // ANYWHERE**

LEARN MORE &  
START FREE TRIAL!

## LOOKING FOR MORE AT-HOME OPTIONS?

Try the Mansfield Community Center's new affiliate link with  
MOSSA ON DEMAND! <https://mansfieldct.gov/2237/MOSSA-ON-DEMAND>

MOSSA has a long history of inspiring millions of people to MOVE. Through the years, MOSSA has touched every part of the fitness industry. This company has its roots in successful health club ownership during the 1970s and 80s, and were the originators of the step fitness craze in the 90s. Today they are the leading developer of professional group fitness programs for health clubs and fitness centers. In 2013, MOSSA was selected by Microsoft to create home workouts, quickly becoming the most popular workouts on Xbox Fitness. We now bring you the opportunity to receive MOSSA workouts anytime, anywhere by subscribing to the digital streaming service MOSSA On Demand.



**FIND US ON FACEBOOK**

 **and INSTAGRAM!** 

**@MansfieldCommunityCenter**

## Find your perfect fitness class!

**Looking to improve flexibility, range of motion or balance?**

Stability & Fall Prevention  
Pilates  
Tai Chi  
Yoga  
TRX

**Need a gentle class or have mobility issues?**

Stability & Fall Prevention  
Silver Sneakers Classes  
Gentle Yoga  
Tai Chi

**Silver Sneakers classes**

Stability  
Classic  
Circuit

**Fun and Challenging**

Kettlebells  
Bootcamp  
SUP Yoga  
Spin  
TRX

**Prefer a water class?**

Aqua Therapy  
Water Fitness

**Looking for Cardio?**

Kettlebells  
Spin

**Build Strength & Endurance with:**

Functional Strength  
Kettlebells  
Bootcamp  
TRX

**NEW!**

Yoga Foundations  
Youth Tri Training  
Outdoor Bootcamp  
SUP Yoga

**V**

**Mossa Streaming- See weekly schedule for available programs**

Chair Strength  
Chair Circuit  
Chair Yoga

**Actively Seeking Fitness Instructors**

Certified applicants email  
[tracyja@mansfieldct.org](mailto:tracyja@mansfieldct.org)

We have a variety of fitness classes to satisfy participants of all abilities. Our instructors will keep you motivated while teaching you safely and effectively. You will learn new moves while challenging your body. Be part of group fitness and put the fun back into your workout!

## Class descriptions

CLASS	DESCRIPTION
<b>Spin</b>	Special stationary bikes, trained instructors and motivating music provide a great workout. We STRONGLY encourage participants to come to class 5 minutes early allowing time for set up and to bring a water bottle and sweat towel.
<b>Hardcore Bootcamp</b>	A major challenge. This is a total body workout with emphasis on core and muscle endurance as well as specific athletic applications for any sport. Be prepared to work hard. Please be on time for proper exercise instruction at the beginning of class. Bring a water bottle and sweat towel.
<b>Outdoor Bootcamp</b>	Would you prefer to take your workouts outside? This bootcamp is perfect for you. You will use your bodyweight and things found in the great outdoors to get a great workout. Please be on time for proper exercise instruction at the beginning of class. Bring a water bottle and sweat towel.
<b>Paddlefit Basics</b>	The PaddleFit Basic class will introduce you to the sport of Stand-Up Paddling (SUP). Our coach will teach you the fundamentals of SUP in a fun and safe environment. Only basic swimming experience required. <b>This course includes:</b> Stand-Up Paddleboard, Paddle, PFD, Leash. <b>On land instruction:</b> Laws and Safety for SUP, sizing equipment paddle, technique, turns and stance. <b>On Water:</b> Getting on the board, knee paddling, transition to feet,, vision, focus and momentum.
<b>SUP Yoga</b>	Add a new twist to your yoga routine with a SUP yoga class. This class includes the following: Stand-Up Paddleboard, Paddle, PFD, Leash, Anchor, SUP safety
<b>All Levels Yoga</b>	This class offers yoga instruction that challenges all levels of ability. Beginners through seasoned yogis are welcome.
<b>Yin/Pilates for Stamina &amp; Strength</b>	A class that flows from Yoga vinyasa and Pilates mat workout. This class is a blend of strength, core stability, balance and flexibility. This class is open to all levels with modifications offered as needed.
<b>Gentle Yoga</b>	A class for true beginners and those requiring a very basic gentle class. Gentle yoga will emphasize breath work, proper body alignment, and begin the process of improving health through the practice of yoga. Focus will also be on linking breath with the movement. Participants should be able to get on/off the floor.
<b>Mat Pilates</b>	This full body workout is performed on a mat and will include movements in a sitting, standing and lying down position. Using your own body weight and small props, you will isolate and work your deep core muscles. Variations will be provided, allowing all to participate in a safe and challenging workout. Those with past injuries are encouraged to participate, but those currently under a doctor's care should not attend.
<b>1st Year Tai Chi</b>	This class will introduce students to this ancient Chinese martial and movement system that can help alleviate stress, calm the mind, improve balance and circulation and increase flexibility. We'll use various Yang style Tai Chi movement and classical Qigong healing exercises to help us learn to direct our life force (Chi) to relax and energize the mind and body and move toward a more relaxed mindfulness. This course can be repeated as many times as the student feels necessary before moving on to the Continuing class.
<b>Continuing Tai Chi</b>	This class is designed for experienced practitioners to bring their Tai Chi skills to the next level. We will focus our practice on Tai Chi fundamentals and principles, improved energy and body balance and an enhanced body-mind connection using more complex form movements and Chi (life force) cultivation exercises. <b>Requirement:</b> two years experience or permission of the instructor.
<b>Silver Sneakers Circuit</b>	Combine fun with fitness to increase your cardiovascular and muscular endurance power with a standing circuit workout. Upper-body strength work with hand-held weights, elastic tubing with handles, and a SilverSneakers ball is alternated with low-impact aerobics choreography. A chair is used for standing support, stretching and relaxation exercises. Class is FREE for SilverSneakers members.
<b>Silver Sneakers Classic</b>	Have fun and move to the music through a variety of exercised designed to increase muscular strength, range of movement and activities for daily living. Hand-held weights, elastic tubing with handles and a SilverSneakers ball are offered for resistance. A chair is available if need for seated or standing support. Class is FREE for SilverSneakers members.
<b>Silver Sneakers Stability</b>	Stability is the newest SilverSneakers class designed to help you become stronger and improve balance. The movements taught in class focus on specific exercises to improve strength and power around the ankle, knee and hip joints, while improving your reaction time. Class is FREE for SilverSneakers members.
<b>Chair Yoga</b>	You will move your whole body through a complete series of seated and standing yoga poses. Chair support is offered to safely perform a variety of seated and standing postures designed to increase flexibility, balance and range of movement. Restorative breathing exercises and final relaxation will promote stress reduction and mental clarity. Class is virtual only
<b>Chair Circuit</b>	Combine fun with fitness to increase your cardiovascular and muscular endurance power with a standing circuit workout. Upper-body strength work with hand-held weights, elastic tubing with handles, and a small lightweight ball is alternated with low-impact aerobics choreography. A chair is used for standing support, stretching and relaxation exercises. Virtual only. Options will be given for alternate resistance tools.

## Class descriptions

CLASS	DESCRIPTION
<b>Chair Strength</b>	Have fun moving through a variety of exercises designed to increase muscular strength, range of movement and activities for daily living. Hand-held weights, elastic tubing with handles and a small lightweight ball are offered for resistance. A chair is available if need for seated or standing support. Virtual only. Options will be given for alternate resistance tools.
<b>Kettlebells</b>	This class is a high intensity class incorporating all basic Kettlebell movements as well as learning some advanced moves. This class will help you gain strength while improving cardiovascular health, balance and flexibility. Pre-req: Kettlebells Basics or instructor permission required.
<b>Functional Strength</b>	This program will work on strengthening your major muscle groups with simple athletic movements. This class uses bands, weights, a step, balance training and your own body weight to help you get stronger and to do what you want and need to do every day. This class also incorporates simple stretching to maintain flexibility and to leave you relaxed and calm. Please bring a water bottle and sweat towel.
<b>TRX</b>	Learn to use this equipment to challenge yourself in new ways! This class is offered in both half hour and hour long formats and will incorporate the entire body, focusing on movement, strength, and balance. Workout can be adjusted to your fitness level, but still requires you to work hard!
<b>Aqua Therapy</b>	A gentle therapeutic water exercise class designed to increase flexibility, strength, endurance and help improve posture in the warm therapy pool! Great for individuals with arthritis, moderate joint pain, back pain or other musculoskeletal issues.
<b>Water Fitness</b>	A non-impact workout in the lap pool, using both deep and shallow end of the pool. Participants can expect a total body workout!
<b>Youth Tri Training</b>	Join us August 27th 9:30 for a USA Triathlon sanctioned event at Bicentennial Pond. Leading up to this event, enroll your child in a triathlon training program. This 45 minute program will alternate between running and cycling training. Combine this class with the Marlins Swim club for a perfect training program!



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for a subway!**

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# Community School of the Arts at Lenard Hall



## Lenard Hall Community School of the Arts

The fall of 2019 marked a very special time in the over 40-year history of the Community School of the Arts with the opening of Lenard Hall; new home to music, visual arts, and performance instruction in Mansfield. Through the generosity of principal donors John and Jean Lenard, and others including the Jeffrey P. Ossen Family Foundation, the Lenard Hall facility was made possible. The program has continued to persevere during the COVID-19 pandemic, expanding to include virtual instruction opportunities. Mansfield Parks & Recreation is eager to continue to grow the program in this new location as we return to more social and in-person programs and events. Participants can be reassured that Mansfield Parks and Recreation is committed to providing high quality instruction, offering students of all ages and ability levels professional, affordable instruction in the performing and visual arts. Come learn, grow, and create with us!

450 South Eagleville Road, Storrs-Mansfield, CT 06268 | 860-429-3015 ext. 6250 | [www.mansfieldct.gov/csa](http://www.mansfieldct.gov/csa)

## Individual Instrumental and Voice Lessons

(Virtual & In-person)

Please visit the Lenard Hall Reception desk or [www.mansfieldct.gov/csa](http://www.mansfieldct.gov/csa) for a list of virtual and select in-person lessons and instructors. Register online or in person with activity numbers below. Once registered, you will be contacted within two weeks to discuss your lesson appointments, once scheduled you will receive lesson schedule via email. Students meet with an instructor once per week for 30, 45, or 60 minutes. Depending upon the instrument, age requirements may apply. Lessons are offered in-person on Tuesdays, Wednesdays, and Fridays at Lenard Hall or virtually weekdays. **Please note there will be a once per season \$10 non-resident charge for those participating in lesson that do not live in Storrs/Mansfield.** Summer season lessons will be held in 2 sessions - July and August. \*Fees below represent an estimated 4-class season; however, final fee is adjusted for the number of lessons, additional fees will apply if there are additional lessons available in the season. **For the summer season, lessons can be purchased 1-month at a time – 4 weeks for July (July 3-30), and 4 weeks for August (August 1-27). Register now with the activity numbers below!**

### JULY SERIES (July 3-30)

**Activity #:** 130700-A (30 mins)  
130700-B (45 mins)  
130700-C (60 mins)

### AUGUST SERIES (August 1-27)

**Activity #:** 130701-A (30 mins)  
130701-B (45 mins)  
130701-C (60 mins)

LESSON LENGTH	30 MINUTES	45 MINUTES	60 MINUTES
*Approximate Summer Series (4 lessons)	\$126	\$172	\$227



## Electronic Music Production - FREE 30 Minute DEMO! (Ages 10+)

Want to learn to make beats? You've come to the right place! Schedule a FREE one-on-one demo lesson focusing on producing instrumental soundtracks! Learn to create drum patterns and compose melodies for genres including Pop, Rock, Hip Hop, EDM, and more. The best part is no experience or equipment is required; though it is very helpful if students have access to a computer (iPads and iPhones are also great alternatives if a computer is not available.) Electronic production is the primary topic but lessons can be customized to include other related skills, such as recording live instruments and vocals. Small group lessons can also be arranged. **If you enjoyed your demo, submit an individual music lesson request form to get started!**

**Instructor:** Walker Suib has been practicing Electronic Music Production (his favorite activity) for the last 6 years. He makes beats for singers and rappers, but also enjoys sound design, sound engineering, and songwriting.

**Location:** Lenard Hall

**Demo Fee:** FREE! – Email Recreation Coordinator, Bethany Cologna at [ColognaB@mansfieldct.org](mailto:ColognaB@mansfieldct.org) to schedule your free 30-minute demo now!

**Fee:** Free 30-minute demo lesson. Can register for 30, 45, or 60-minute individual lessons (see above rates).

## Summertime Suzuki Violin Program!

The Suzuki philosophy emphasizes how learning music in the early years is crucial for developing mental processes a muscle coordinator. Don't let the "lazy days" of summer halt your progress! Keep up your musicianship skills by joining us for group playing sessions each week. All Suzuki violin players welcome in group. Private lesson registration optional during the summer, and handled separately. Please register for our Individual Instrumental Lesson Summer Series above for private lessons, if desired. Parent attendance required.

**Instructor:** Bobby Luan

**Location:** Lenard Hall

**Dates:** Wed., Aug 3-31 (5 lessons)

**Books 1 & 2 Time:** (130105-A) 5-5:45 p.m.

**Books 3 & 4 Time:** (130106-A) 6-6:45 p.m.

**Fee:** \$225 for residents, \$235 for non-residents

# Community School of the Arts at Lenard Hall

## NEW! Community Band

Are you interested in joining a Community Band? For intermediate-level musicians of any age, regardless of band experience. Whether you have played in your school band, participated in Suzuki groups, or have only played solo, this is a great step to develop skills of working in a group band setting. Participants must be able to read music and should have at least 2 years' experience on their instrument (percussion, brass, and woodwind). The program will be adjusted to the needs and abilities of the group, and may include chamber music breakout sessions or full ensemble work. The program season will end with a performance for family and friends!

**Instructor:** Gracie Martin  
**Location:** Lenard Hall  
**Dates:** Mon., July 11-Aug. 29 (8 classes)  
**Time:** 5-6:30 p.m.  
**Fee:** \$90 for residents, \$100 for non-residents  
**Activity #:** 130301-A

## Open Studio Space for Artists (Ages 14+)

Artists of all mediums are welcome to enjoy the open studio space at the Community School of the Arts Lenard Hall, Tuesdays from 5 to 7pm. Bring your own materials, and come create and collaborate with your peers. Please leave yourself enough time to clean up! All skill levels welcome. No instruction provided. Dates and times subject to change or cancellation due to holidays and facility scheduling needs, fees will not be prorated or refunded. Attendance requires monthly registration. Additional details below.

**Location:** Lenard Hall  
**Dates:** Tues., July 5, 12, 19, 26 (130000-A)  
Tues., Aug. 2, 9, 16, 23, 30 (130000-B)  
Tues., Sept. 6, 13, 20, 27 (130000-C)  
**Times:** 5-7 p.m.  
**Fees:** \$10 per month for residents,  
\$20 per month for non-residents



## NEW! Fantasy: Fairies, Fish, & Dragons - Art Kid's Drawing/Multi-Media (Ages 6-12)

An experienced, creative art teacher brings her own unique, wild and wonderful skills to the children's program! Have fun experimenting with drawing, and painting. Entertain fairies and dragons, and are you kidding, a fantasy fish? Delight in a journey into your imagination! Students are encouraged to observe carefully, to experiment with materials, shape, color, line, and texture and to create unique artworks using their imagination.

**Instructor:** Nancy Cooke-Bunnell, an award-winning pastel and acrylic painter, is an experienced state certified art teacher for over 18 years art teaching to all ages. She has taught art at the Community School of Arts at MCC, the Art Center East, West Hartford Art League, and others. Her pastels have won first in the state at the CT Pastel Society and has won numerous high-ranking awards at Art Center East, the Munson Art Center and throughout the state.

**Location:** CC Arts & Crafts Room  
**Time:** 4:45-5:45 p.m.  
**Date:** Mon., July 18-Aug 8 (4 classes)  
**Fee:** \$40 for residents, \$50 for non-residents  
**Materials Fee:** \$12; fee waivers do not apply to materials fees  
**Activity #:** 130011-A

## NEW! Things that Crawl, Hop, & Fly - Art Kid's Drawing/Multi-Media (Ages 6-12)

An experienced, creative art teacher brings her own unique, wild and wonderful skills to the children's program! Have fun experimenting with drawing, and painting reptiles, amphibians, insects, and butterflies. Improve your drawing and painting skills. Explore your imagination! Students are encouraged to observe carefully, to experiment with materials, shape, color, line, and texture and to create unique artworks using their imagination.

**Instructor:** Nancy Cooke-Bunnell, see biography under "Fantasy: Fairies, Fish, & Dragons"  
**Location:** CC Arts & Crafts Room  
**Time:** 10-11 a.m.  
**Date:** Sat., July 23-Aug 13 (4 classes)  
**Fee:** \$40 for residents, \$50 for non-residents  
**Materials Fee:** \$12; fee waivers do not apply to materials fees  
**Activity #:** 130012-A



Be sure to check pg.19-20 for Visual Art and Theater summer camps!

MANSFIELD  
ARTS ADVISORY COMMITTEES

# CALL TO ARTISTS!

The Mansfield Arts Advisory Committee is proud to announce the Annual Juried Art Show.

**SUBMISSIONS WILL BE ACCEPTED  
UNTIL SEPTEMBER 6, 2022.**

Selected works will be on display from  
October 1, 2022 - November 12, 2022.  
Watch for more information on submission guidelines  
coming soon at  
<https://www.mansfieldct.gov/Arts-Advisory-Committee>

MANSFIELD  
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Your place to grow



## Youth Dance

**Instructors:** Mia (John) Pomeranke and professional dance instructors from Mansfield Academy of Dance. Instructors at the Mansfield Academy of Dance pride themselves on being lifelong learners who continually educate themselves through certification programs, teacher-training schools, conferences, and other learning opportunities. They are certified by test to teach dance through Dance Masters of America. Mansfield Academy of Dance instructors offer high-level dance education with focus on age appropriate physical and mental development as well as proper dance technique and terminology. Our goal is to prepare young dancers for any path they wish to pursue in life. Our dancers are inspired, confident, healthy, passionate, disciplined, focused, and proud.

### ☺ Tumble and Twirl (Ages 3-5)

Get your body moving on Sunday morning! Allow your little one to explore the fundamentals of tumbling, acrobatic movements, gross motor skills, dance and basic stretching skills. Each day will start with a warm up dance, basic stretching to warm up the body and then children will move through a series of combination on the floor, mats, wedges, balance beam and other tumbling equipment. Tumblers will focus on balance and body awareness while improving their strength and coordination. **Parent involvement is highly encouraged to assist their child in class.**

**Location:** CC Gymnasium  
**Dates:** Sun. July 10-Aug. 14 (6 classes)  
**Time:** 10:50-11:35 a.m.  
**Fee:** \$39 for residents, \$49 for non-residents  
**Activity #:** 120047-A

### Pre-Ballet (Ages 5-6)

Skip, march, gallop and more in this introduction to ballet dance! Active young dancers learn through basic movement and dance-along songs, developing motor skills and learning basic ballet positions. Leotard, tights, and leather ballet shoes recommended. Please contact instructor for help ordering: [miapomeranke@gmail.com](mailto:miapomeranke@gmail.com)

**Location:** CC Dance/Fitness Studio  
**Dates:** Sun. July 10-Aug. 14 (6 classes)  
**Time:** 11:45 a.m.-12:25 p.m.  
**Fee:** \$39 for residents, \$49 for non-residents  
**Activity #:** 120045-A

### NEW! Dance Explorers (Ages 6-10)

A discovery dance-zone to keep your child active and engaged! Each week will cover a different dance form or focus within jazz, hip-hop, ballet, and more! Children will learn basic positions and movements while exploring music and dance. Themes, props, and creative dance make learning steps and terminology exciting and fun. Allow our child to realize their favorite dance type in the explorative and educational program. Leotard, tights, and leather ballet shoes recommended.

Please contact instructor for help ordering; [miapomeranke@gmail.com](mailto:miapomeranke@gmail.com)

**Location:** CC Dance/Fitness Studio  
**Dates:** Sun. July 10-Aug. 14 (6 classes)  
**Time:** 12:35-1:35 p.m.  
**Fee:** \$39 for residents, \$49 for non-residents  
**Activity #:** 120046-A



### Adult/Teen Ballet

(Beg/Adv. Beg.) (Ages 14-Adult)

Ballet is a great way to develop flexibility, strength and body awareness. This class is designed to introduce new students to ballet and technique. The class will include ballet positions and movements. The level of difficulty will be adjusted to suit the experience of the students. All ability levels welcome!

**Instructor:** Arlene Albert, grew up in New Orleans and studied ballet for 15 years under Lelia Haller, the first American dancer appointed premiere danseuse of the Paris Opera Ballet. A lifelong lover of ballet, Arlene enjoys sharing her love through teaching, and has been teaching in Mansfield for over 15 years.

**Location:** Mansfield Senior Center  
**Dates:** Tues., July 5-Aug. 30 (9 classes)  
**Times:** 6-7:30 p.m.  
**Fee:** \$98 for residents, \$108 for non-residents  
**Activity #:** 110040-A



### ☺ Beginner Line Dancing (Ages 16-Adult)

Come dance with us! This class is all about line dancing and having fun. We will dance to a variety of music—not just country, but also to pop, big band, oldies, Latin and R&B. This is a BEGINNER level line dance class and the dances taught in class will reflect that. We will start with basic steps and patterns and build on those each week. If you have never line danced before, or if you have some dance experience but want to continue to work on your basic skills, this class is for you!

**Instructor:** Sarah Preston Britto, has been line dancing for almost 30 years, and has been teaching almost as long!  
**Location:** CC Fitness/Dance Studio  
**Dates:** Tues., July 12-Aug. 16 (6 classes)  
**Times:** 6-7:15 p.m.  
**Fee:** \$66 for residents, \$76 for non-residents  
**Activity #:** 110043-A



# Language Programs

**SAVE THE DATE! Tuesday, August 30th**  
**5-6 p.m. • FREE TO ATTEND**

## French and Italian Classes will resume this fall.

Have you always wanted to learn a new language? Are you wondering what level French or Italian class you need? Come meet our instructors and find out what level class you should take for the upcoming fall season! Pre-registration is not required. We look forward to speaking with you!



### French Level Placement Meet and Greet (Ages 17+)

**Instructor:** Dr. Valerie Ursin is an experienced educator who has been teaching French for 15 years. She received her PhD from University of Connecticut and is a Connecticut professional Educator. She earned the professional certification endorsement for French (#108) and has taught all levels from beginner to Honors French 5.

**Location:** CC Community Room  
**Date:** Tues., Aug. 30  
**Time:** 5-6 p.m.  
**Fees:** Free



### Italian Level Placement Meet and Greet (Ages 18+)

**Instructor:** Margherita Balsamo is a native of Italy, where she visits her family as often as possible. She graduated from the University of Padua (IT) and then lived in Germany for several years before moving to the United States some years ago. She taught Italian adult classes in Germany including classes at the Ruhr University of Bochum (Germany). She enjoys learning new languages herself. She has two kids who are growing up successfully trilingual. Margherita loves to teach about her country and her culture with a lot of humor.

**Location:** CC Community Room  
**Date:** Tues., Aug. 30  
**Time:** 5-6 p.m.  
**Fees:** Free



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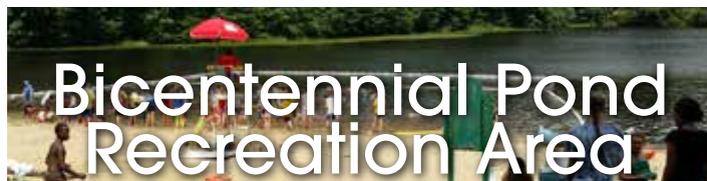
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# Parks & Preserves



This pond was created for the 1976 bicentennial. It is the site of recreational activities, including summer swimming, picnicking, fishing, universal access trail use, hiking, playground play and the Parks & Recreation led "Camp Mansfield" summer day camp. The Pavilion space at BCP is for rent. Please fill out our request form (found at [www.mansfieldcc.com](http://www.mansfieldcc.com)) and submit it to the Mansfield Community Center Parks and Recreation office for approval.

## 2022 Beach Season Dates

Sat., June 25th - Sun., August 21st

**Swim Hours:** Monday-Friday, noon-7 p.m.  
Saturdays & Sundays, noon-6 p.m.  
BCP will be open on Mon., July 4th from noon-6 p.m.

**Fishing:** (Individuals age 16 and over need a valid CT Fishing License which can be obtained at your Town Clerk's office OR at [ct.gov/DEEP/sportsmanlicensing](http://ct.gov/DEEP/sportsmanlicensing))

**Pavilion Rental:** In season only. Please call the Mansfield Community Center at 860-429-3015 ext. 0 for more information. \$20 for a 4 hour block of time for Mansfield Residents. \$30 for 4 hours for non-residents.

## FREE Family Fun Day at Bicentennial Pond

**Location:** Bicentennial Pond  
**Day:** Sat., July 2 (need to confirm this date)  
**Time:** 12 p.m. - 4 p.m.

Great American Campout, more info pg. 47



## Guided Hike in Sawmill Brook/Wolf Rock Preserves

Join hiking enthusiast and Joshua's Trust Regional Trail Steward, Justin Manville, for a guided hike in Sawmill Brook Preserve to celebrate CT Trails Weekend. Over three miles of trails wind through historic stone walls and rock ledges and lead to the Wolf Rock Scenic overlook. Learn more about this preserve before you go by downloading the trail guide at [www.Mansfieldct.gov/sawmillbrookpreserve](http://www.Mansfieldct.gov/sawmillbrookpreserve).

**Instructor:** Justin Manville  
**Location:** Meet at the Sawmill Brook Preserve Trailhead on Puddin Lane (approximately 2/3 of a mile from the intersection of Rte. 195 and Puddin Lane)  
**Date:** Sun., June 5  
**Time:** 1:30-3:30 p.m.  
**Fee:** Free (Registration by 6/2 is mandatory)  
**Activity #:** 411005-A

## Beavers: Nature's Ecosystem Engineers

Naturalist Michael Soares will lead a family-friendly tour on beaver ingenuity. Beavers currently live in School House Brook Park's Barrows Pond, a historic mill pond now being maintained by beavers. We will learn how and why beavers create ponds and how they benefit other wildlife and our environment as a whole. Learn more about this park before you go by downloading the trail guide at [MansfieldCT.gov/SchoolhouseBrookPark](http://MansfieldCT.gov/SchoolhouseBrookPark).

**Instructor:** Michael Soares  
**Location:** Schoolhouse Brook Park, Clover Mill Rd Parking Area  
From the intersection of Rte. 275 and Rte. 195, head south on Rte. 195 for 2.5 miles. Turn right onto Clover Mill Rd. Follow Clover Mill Rd to the right and the parking area will be 0.6 miles on the right.

**Date:** Sat., July 16  
**Time:** 1 p.m.  
**Fee:** Free  
**Activity #:** 111001-A



## The Wildflowers and Pollinators of Merrow Meadow Park

Discover the wonderful diversity of wildflowers and plant life that provide habitat for pollinators at Merrow Meadow Park. Sue and Tom Harrington will lead you in an exploration of this park's diverse habitats and the plant species that can be seen there. They will provide you with some "tricks of the trade", direct you to resources so you can start learning how to identify plants on your own, and discuss ideas for creating pollinator habitat in your own yard. Learn more about the park before you venture out by downloading the trail guide at [www.mansfieldct.gov/MerrowMeadowPark](http://www.mansfieldct.gov/MerrowMeadowPark)

**Walk Leaders:** Naturalists Sue and Tom Harrington  
**Location:** Merrow Meadow Park



From the intersection of Route 195 and Route 32, head south on Route 32 for .83 miles. Turn right onto Merrow Road and travel for 0.1 miles. Parking area entrance is on the left.  
**Date:** Sat., Aug. 20 (Rain Date, Sun., Aug. 21)  
**Time:** 1-3 p.m.  
**Fee:** FREE  
**Activity #:** 111002-A

## Plein Air Painting in the Parks

Looking for additional opportunities to paint with your peers, and get outdoors? Come enjoy some scenery and experience the many beautiful parks Mansfield is fortunate to have. Participated before? How have the views changed? View the location schedule below; meeting time is 10 a.m. on Thursdays. Bring your own supplies, easels, chairs/stools, and paint (or draw, or sketch, whatever your fancy!). No instruction or supervision provided. Inclement weather cancels. All skill levels welcome. Please visit [mansfieldct.gov/1698/Trail-Guides](http://mansfieldct.gov/1698/Trail-Guides) for directions and parking information.

**July 7** – Fifty-foot Cliff Preserve  
**July 21** – River Park  
**August 11** – Coney Rock Preserve  
**August 25** – Moss Sanctuary



## Mansfield Community Gardens



Enjoy fresh air and fresh produce through gardening. 20' x 30' plots, located on Route 195 north of Mansfield Supply. Planting begins mid to late May. Returning gardeners will be notified by mail about pre-registration and will receive first priority. A few over-winter plots may be available. Once you have registered, you will receive a letter about the location of your garden plot and the recommended gardening practices. Gardeners are required to remove all large weeds, rocks, weed barrier from their plot by the end of the season.

**Location:** Rt. 195, North of Mansfield Supply  
**Fee:** \$25/plot for residents, \$35/plot for non-residents  
 Add Taste of Mansfield Logo  
**Activity#:** 411004-A (Seasonal)  
 411004-B (Overwinter)

## Connecticut Trails Day is June 4-5, 2022!



Join CFPA and trail enthusiasts around CT to celebrate the largest Trails Day event in the country. Visit [ctwoodlands.org](http://ctwoodlands.org) to learn about hundreds of guided hikes, bike rides, paddles & more! Learn more at [www.CTwoodlands.org](http://www.CTwoodlands.org)

With over 850 acres of preserved land in Mansfield, Joshua's Trust offers great places to explore.



Learn more at [www.JoshuasTrust.org](http://www.JoshuasTrust.org)

## GET INVOLVED

### with your parks and preserves

Do you like to build things? Like to be outside? Parks and Recreation is looking for people of all ages who are independent workers interested in building bridges, wildlife observation decks and more in town-owned parks and preserves. Town staff will work with you on a design and getting the necessary permitting. We also have a small fund available for supplies directly related to the project. If you have a project in mind or would like a suggestion, please contact Jennifer Kaufman, at [Jennifer.Kaufman@MansfieldCT.org](mailto:Jennifer.Kaufman@MansfieldCT.org) or 860-429-3335.

Show Your  For Local



[www.tasteofmansfieldct.org](http://www.tasteofmansfieldct.org)

Taste of Mansfield is made possible by these community partners:



Your place to grow

Mansfield Advocates for Children  
 Mansfield Agriculture Committee  
 Mansfield Department of Human Services  
 Mansfield Downtown Partnership  
 Mansfield Economic Development Commission  
 Mansfield Parks and Recreation  
 Mansfield Public Library  
 Mansfield Public Schools  
 Mansfield Senior Center  
 Storrs Farmers Market



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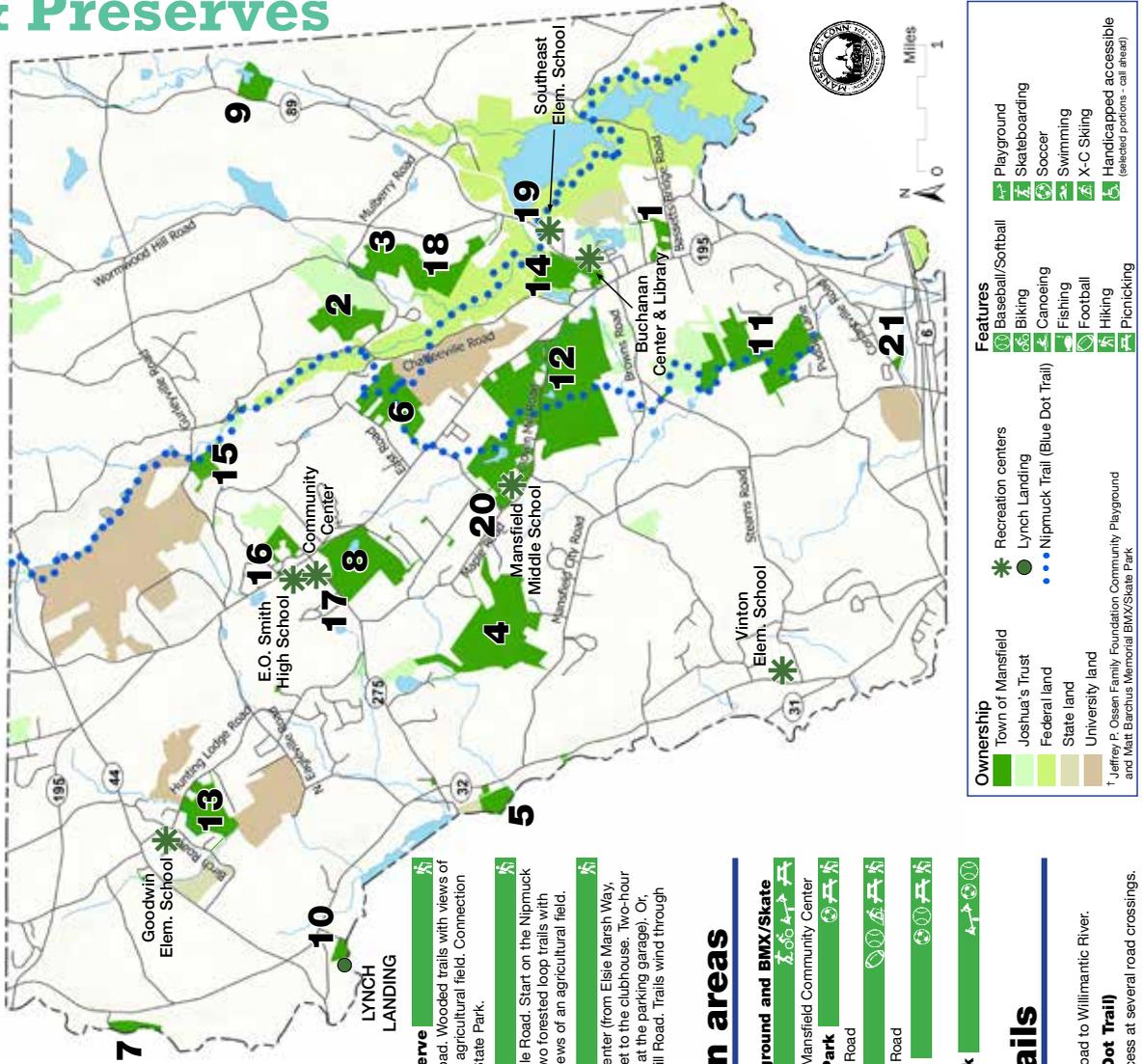
# Take a Walk With Us!

Go to [www.MansfieldCT.gov/trailguides](http://www.MansfieldCT.gov/trailguides) guides to download interpretive trail guides for parks and preserves owned and managed by the Town of Mansfield.

## parks & preserves

1. **Commonfields**  Access from Bassets Bridge Road. Features include trails, interpretive information and a bird blind.
2. **Coney Rock Preserve**  Access from Chaffeeville Road (Town land) or Woodland Road (Joshua's Trust land). Trails climb through old pastures reverting to forest. Cliff on top offers views of Mansfield Hollow State Park.
3. **Dorwart Preserve**  Access from Mulberry Road or from Lions Memorial Park off Route 89. Forested trails with diverse wildlife and woodland plants adjacent to Lions Memorial Park soccer fields and pavilion.
4. **Dunhamtown Forest**  Access from White Oak Road. Loop trails and connecting trails to Dunham Pond Road and Max Felix Drive wind through mature forest. Managed as a demonstration forest.
5. **Eagleville Preserve**  Access from Route 275 across from the Eagleville Dam through State land. Loop trail along scenic bend of Willimantic River and through old pasture reverting to forest.
6. **Fifty-foot Cliff Preserve**  Access from behind Mansfield Historical Society on Route 195. Forested trails lead to cliff views across the Fenton River Valley and Mansfield Hollow State Park. Nipmuck Trail connects to UConn land.
7. **Merrow Meadow Park**  Access from Merrow Road. Loop trail through meadows, wetlands and forest. Part of trail paved for handicapped access. Canoe launch along the Willimantic River.
8. **Moss Sanctuary**  Access from South Eagleville Road (behind the Mansfield Apartments) or from Birchwood Heights Road. Parking is available at the Mansfield Community Center. Two loop trails through a variety of forest setting and around a pond.
9. **Mt. Hope Park**  Access from Route 89. Loop trail through meadows and woodlands leading to a pond and the Mt. Hope River.
10. **River Park**  Access from Plains Road. Willimantic River Greenway trail leads to Lynch Landing and Mansfield Depot. Features include a handicapped accessible canoe launch, multi-use recreation field, and interpretive information.
11. **Sawmill Brook Preserve/Wolf Rock**  Access from Puddin Lane or from Joshua's Trust's Wolf Rock Preserve on Crane Hill Road. Follow the Nipmuck Trail along Sawmill Brook's wooded valley.
12. **Schoolhouse Brook Park**  Access from Clover Mill Road and Mansfield Middle School. Nineteen trails, including part of the Nipmuck Trail, through mature forests. Views of colonial mill sites. Park includes Bicentennial Pond Recreation Area.
13. **Shelter Falls Park**  Access from Birch Road. Waterfall and scenic rock formations along Cedar Swamp Brook. Connecting trails to UConn lands and CTDEEP land.

# Parks & Preserves



## recreation areas

17. **Community Playground and BMX/Skate Park**  S. Eagleville Road at Mansfield Community Center
18. **Lions Memorial Park**  Route 89, Warrenville Road
19. **Southeast Park**  Route 89, Warrenville Road
20. **Spring Hill Fields**  Spring Hill Road
21. **Sunny Acres Park**  Meadowbrook Road

## scenic trails

- Lynch Landing**
- Access from Depot Road to Willimantic River.
- Nipmuck Trail (Blue Dot Trail)**
- Regional trail with access at several road crossings.

## Common Party Times

**Friday Evenings** (4pm to 8pm timeframe)  
**Saturday & Sundays** (11am to 3:30pm regular season 11am to 1:30 in summer)  
*Party time availability changes based on facility schedules and events. Party requests may be made one month to two weeks in advance. Your reservation is not confirmed until you receive a detailed confirmation receipt.*

## Party Rooms

*Headcounts include all attending adults and children.*

**Arts & Crafts Room** (recommended 15 people; 20 max)

**Arts & Crafts Room w/Teen Center**

(recommended 25 people; 35 max)

**Community Room** (recommended 25 people; 35 max)

**Community Room w/Kitchen** (rec. 25 people; 35 max)

## Party Add Ons

Please note: All party rentals require a two-hour room reservation.

Packages listed below are *in addition* to a room reservation.

**SPLASH BASH:** 1<sup>st</sup> hour of your 2 hour party time in the pool during general swim. Choice of one inflatable. Recommended for children ages 7+. *Swim test required. Non-swimmers MUST have a parent/guardian in the water with them at all times. Therapy pool/diving board may not be available.*

**SPORTS AND GAMES:** 1st hour of your 2 hour party time in ½ the gym with MCC staff to run your child's favorite games, available gym equipment included. Recommended for ages 6+.

**GIANT SLIDE PARTY:** 1st hour of your 2 hour party time in ½ the gym with the 12 foot inflatable slide and MCC staff to supervise!

**PRE-SCHOOL PLAY:** 1st hour of your 2 hour party time in ½ the gym. Our fun tot toys and tumbling mats are set up for guests to have free play time! Appropriate for ages 5 and under.

**PAINT PARTY:** 1st hour of your 2 hour party time with MCC Art staff. Choose a general theme and our artists will design an image for your party! Step-by-step instruction provided through the painting process. Each guest will complete their own painting to bring home. Ages 5 and up.

**PIZZA/JUICE:** Take away some party stress by letting us take care of your refreshments. Add pizza from Dominos and/or juice boxes. We'll place the order and have it ready for your party. *Desired counts and payment must be confirmed one week prior to party.*

**DECORATIONS:** Let us decorate for you! You choose up to two colors; we'll put up the streamers, and prepare the tables with all necessary coverings, plates, cups, napkins and cutlery.

# Mansfield Community Center Party Form

Please take the time to review the information below and return this form to the Mansfield Community Center **with payment in full** to request a room for your party. Party requests and full payment **MUST** be received **at least two weeks in advance** for planning purposes. Please call 860-429-3015 for more information. **Please note that parties must include the Arts and Crafts Room or the Community Room.** Your reservation is not confirmed until you receive a detailed confirmation receipt. Pick a second choice in case your first choice is not available.

Parent's Name \_\_\_\_\_ Child's Name \_\_\_\_\_

Phone \_\_\_\_\_ Email \_\_\_\_\_

Child's age \_\_\_\_\_ T-shirt size (circle) **YS YM YL** # of party guests \_\_\_\_\_ # of extra adults \_\_\_\_\_

Address \_\_\_\_\_

Street

City

Zip Code

**Room requested** \_\_\_\_\_ **2nd choice** \_\_\_\_\_

**Date requested** \_\_\_\_\_ **Alternate Date** \_\_\_\_\_

**Time Requested** \_\_\_\_\_ **Alternate time** \_\_\_\_\_

Party Room	Member Price	Non-Member Price	Total	
Community Room	\$100	\$200		
Community Room w/kitchen	\$150	\$270		
Arts & Crafts Room	\$50	\$100		
Arts & Crafts Room w/Teen Center	\$110	\$220		
Add-on Food and Decor	Price		Colors/Flavor	Total
	*paid at form submission based on est. headcount			
Cheese Pizza	\$16 per pizza (feeds 3-5) @ _____ pizzas		N/A	
Juice Boxes (8 count pack)	\$5 per pack @ _____ bottles		Apple ___ Fruit Punch ___	
Decorations (tablecloths, paper goods, streamers)	\$40		Colors (up to 2): _____	
Add-on Activities (1 <sup>st</sup> hour of party)	Member Price	Non-Member Price	Theme	Total
Splash Bash	Up to 15 guests: \$150 16-25 guests: \$200	Up to 15 guests: \$200 16-25 guests: \$250	Inflatable: _____	
Sports & Games	\$75	\$125	Games: _____	
Giant Gym Slide	\$150	\$200	N/A	
Pre-School Play	\$45	\$90	N/A	
Paint Party	\$50 base fee plus \$10 per guest (max 15)	\$100 base fee plus \$10 per guest (max 15)	Theme: _____	

Full payment due at time of submission.

**Party Grand Total:** \_\_\_\_\_

Separate \$25 security deposit required if paying with cash or check.

<b>For Office Use Only</b>	
Received By _____	<b>Method of Deposit:</b> Check or Card
Date _____ Time _____	Card Type: _____ Card Exp. _____

Revised 04/08/2022



## Equipment Rentals

### Kayak & Paddle Board Rentals

Spend a little time out on the water this summer with a kayak or paddleboard rental! Kayak and Paddleboard rentals are open!

**Kayaks** - Single kayaks with paddles and life jackets are available for rent! The kayaks are 10'5" feet long and weigh about 42 pounds each.

**Paddleboards** - Paddleboards are available for rent! Rental includes 10'6" paddle board weighing about 19 pounds, paddle, paddle board leash and PFD (life jacket).

Reservations (with payment) must be made in person at the Community Center. As the boats do go out regularly, it is important to call ahead to make sure they are available if you are looking to book same-day. Reservations are not guaranteed until in-person reservation with payment is made. Overnight rentals are permitted based on availability, but additional fees will be assessed. Participants are responsible for the loading, unloading, and transporting of kayaks and paddle boards to and from their destination. Straps, tie-downs, and other transporting equipment are not provided.

#### PICK UP/DROP OFF TIMEFRAMES:

**Monday-Friday:** 7:30 a.m.-7:00 p.m.  
**Saturday/Sunday:** 8 a.m.- 3:30 p.m. thru May 31st,  
 8 a.m.-1:30 p.m. starting June 1st  
 Times vary on holidays.

#### KAYAK RENTAL FEES:

**Daily Rental Fee\*:** \$10 per kayak per day  
 (paddles and life jackets included)  
**Overnight Rental Fee\*:** \$30 per kayak rented overnight  
 (paddles and life jackets included)

#### PADDLE BOARD RENTAL FEES:

**Daily Rental Fee\*:** \$25 per paddleboard per day  
 (paddles and life jackets included)  
**Overnight Rental Fee\*:** \$60 per paddleboard rented overnight  
 (paddles and life jackets included)

*\*An additional \$50 deposit (check or credit card only) and copy of driver's license is required at the time of reservation.*

### Backyard Games



**Outdoor Volleyball, Cornhole, Badminton, Bocce Ball, Croquet, and Ladder Ball** sets are available to rent for home use. Reservations (with payment) and a \$25 deposit check and copy of driver's license is required at the time of the rental reservation.

**Fee:** \$10 per set per use (up to 3 days)

### Cornhole, Bocce Ball, Croquet and Ladder Ball

These outdoor games are free for members to use on-site at the Mansfield Community Center. All you need to do is come inside and swipe your membership card. These games are on a first come, first serve basis.

**MANSFIELD Parks & Recreation**

SCAN FOR MORE INFO!

**PAVILION RENTALS**

Host your next gathering at a Mansfield Parks and Rec Pavilion!

Seasonal pavilion rentals are available for outdoor picnics and parties at Lions Club Memorial Park and Schoolhouse Brook Park.

WWW.MANSFIELDCC.COM  
860.429.3015

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591 Middle Turnpike (Rte. 44)  
Storrs, CT 06268 | 860-429-1366

# Family & Special Events

## Saturday Social Group (Ages 15+)



The social activity program is designed for those ages 15+ with developmental/cognitive disabilities. The program will typically meet select Saturdays from afternoons at the Mansfield Community Center. Participants will enjoy a variety of activities

while meeting new friends! Pre-registration is strongly encouraged. There is a \$5 per day participation fee participation fee for residents and \$15 per day participation fee for non-residents. First time participants are required to be accompanied by a parent or guardian. For more information, please contact Sarah Kaplan at [KaplanS@mansfieldct.org](mailto:KaplanS@mansfieldct.org). Be sure to pack a lunch and/or a snack!

- Instructor:** Sarah Kaplan  
**Location:** CC Arts & Crafts Room or Community Room  
**Dates:** Sat., July 9, 11 a.m.-1 p.m. (Activity #: 110063-A)  
 Sat., Aug. 13, 11 a.m.-1 p.m. (Activity #: 110063-B)  
 Sat., Sept. 10, 1-3 p.m. (Activity #: 110063-C)  
**Fees:** \$5 for residents, \$15 for non-residents



## Family Fun Events!

Join us this summer for some fun as a family during Family Fun Events at the Mansfield Community Center! Play in the pools, build a fort, tumble and play with the tot toys in the gym, or get a little adventurous on the giant inflatable slide in the gym. Family track time is on, and the Teen Center is available to families for ping pong, billiards, and more! Watch for special activities associated with each nights theme on [www.mansfieldcc.com](http://www.mansfieldcc.com). FREE to members. No pre-registration required.

- Location:** Mansfield Community Center  
**Dates/Times:** Fri., May 27, 4:30-7:30 p.m.  
 Sat., June 11, 10:30 a.m.-1:30 p.m., \*Free Mansfield Day  
 Fri., June 17, 4-7 p.m., \*Open House  
 Sat., July 2, 12 noon-4 p.m. at Bicentennial Pond!  
 Fri., July 22, 4-7 p.m.  
 Fri., Aug. 5, 4-7 p.m.  
 Sat., Aug. 27, 2:30-5:30 p.m. –Members Only!  
**Fee:** There is no fee for Community Center Members. Nonmembers pay the daily fee and see what the fun is all about!



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 Bus: 860-429-6941  
[www.anthonyraggisf.com](http://www.anthonyraggisf.com)

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# Family & Special Events

## 16th Annual Kids Who Tri Succeed Triathlon

Mansfield Parks and Recreation is pleased to be a sponsor of the annual Kids Who Tri Succeed Triathlon. This professionally timed and photographed event is held at Bicentennial Pond and Mansfield

Middle School for children ages 4 - 15 (age by 12/31/2021). Kids will compete in four different distances by age group and receive finisher medals, t-shirts, swim caps, goody bags, packaged refreshments, and other awards. Social distancing accommodations will be in place to keep everyone safe! The event is a USA Triathlon sanctioned event.

**Location:** Bicentennial Pond/ Mansfield Middle School  
**Date:** Sat., August 27  
**Time:** 9:00 a.m.

**Registration & information:** Please visit [www.kidswhotrisucceed.com](http://www.kidswhotrisucceed.com) and visit us on Facebook at Kids Who Tri Succeed Triathlon. Mansfield Parks and Recreation does not accept registrations for this program.



[www.mansfieldcc.com](http://www.mansfieldcc.com) 860.429.3015

IT'S THE  
**GREAT AMERICAN CAMPOUT**

A perfect way for your family to kick off the summer with a close to home Family Campout!  
**Location: Bicentennial Pond**  
 Communal camp fire and smores will be provided.  
 Full list of suggested supplies provided with registration.

(SAT) **JUNE 25, 6PM** } **PRE-REGISTRATION REQUIRED: 420100-A**  
 (SUN) **JUNE 26, 9AM** } **\$25 PER RESIDENT FAMILY**  
 } **\$35 FOR NON-RESIDENTS**

Never been camping before?  
 Email [tracyja@mansfieldct.org](mailto:tracyja@mansfieldct.org) for more information.



## SUMMER in STORRS

### SUMMER STROLL

Thursday, May 26

### SUMMER CONCERTS on the SQUARE

Thursdays in June & July

### JOHN E. JACKMAN TOUR de MANSFIELD

Saturday, June 4

### MOONLIGHT MOVIES

Friday, August 5, 12, & 19

**More Info: [downtownstorrs.org](http://downtownstorrs.org)**

Or scan the code below



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# Family & Special Events



## Partnership Events

### Summer Concerts on the Square

Join the Town of Mansfield and Mansfield Downtown Partnership for live music on Betsy Paterson Square this summer! Enjoy dinner downtown then head to the Square for concerts every Thursday in June and July. The concerts are free and open to the public. You are welcome to bring a blanket or a lawn chair and a picnic, but please note that alcohol and tobacco products (including e-cigarettes) are prohibited on the Square. More info: [mansfieldmusic.org](http://mansfieldmusic.org)

**Location:** Betsy Paterson Square, 2 Dog Lane  
**Parking:** Parking in the Downtown Storrs Parking Garage is free for the first 2 hours, then \$1/hour thereafter. The garage is an approximate 2-minute walk from Betsy Paterson Square.  
**Times:** 6:30 PM – 8:00 PM  
**Dates:** Every Thursday in June and July



### John E. Jackman Tour de Mansfield

The Mansfield Community Center, the Mansfield Downtown Partnership, and the Town of Mansfield are proud to present the 17th Annual John E. Jackman Tour de Mansfield. Explore Mansfield's scenic roads, historic villages, and vibrant downtown with residents and friends. Choose either the 20-mile or 40-mile route based on your experience and comfort level. All rides will take place on open roads. Experience riding on roads is strongly recommended. Older children with road riding experience are welcome to ride with an adult. All participants must wear a helmet and follow the rules of the road.

All rides begin and end at the Mansfield Community Center, where registered participants will enjoy lunch following their rides. The first 100 riders to sign in will receive an event t-shirt. All registered riders receive lunch.

**Volunteers needed!** Please contact the Downtown Partnership (860.429.2740 or [mdp@mansfieldct.org](mailto:mdp@mansfieldct.org)) if you are interested in volunteering at the John E. Jackman Tour de Mansfield.

**More info:** [mansfieldct.gov/biketour](http://mansfieldct.gov/biketour)  
**Location:** All rides begin and end at the Mansfield Community Center  
**Date:** Saturday, June 4 (Rain date: Sunday, June 5)  
**Time:** 7:00 AM – 1:00 PM; Group start times for each distance vary  
**Fee:** **(190001-A)** ages 18+  
 \$30 for registering on or before 6/1  
 \$35 for registering after 6/1  
**(190001-B)** Under age 18 – FREE! Registration required

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### Moonlight Movies

The Mansfield Downtown Partnership invites residents and friends to enjoy free movies on Betsy Paterson Square this summer! Enjoy dinner downtown then head to the Square for free activities starting at 7:30 PM. The movies will begin at dusk.

**More info:** [downtownstorrs.org/movies](http://downtownstorrs.org/movies)  
**Location:** Betsy Paterson Square, 2 Dog Lane  
**Parking:** Parking in the Downtown Storrs Parking Garage is free for the first 2 hours, then \$1/hour thereafter. The garage is an approximate 2-minute walk from Betsy Paterson Square.  
**Times:** Activities begin at 7:30 PM; movies begin at dusk  
**Dates/Movies:** Friday, August 5: *Encanto*  
 Friday, August 12: *Harry Potter and the Prisoner of Azkaban*  
 Friday, August 19: *Spiderman: No Way Home*



**Instructor:** Devin Pallanck  
**Location:** E.O. Smith Tennis Courts  
 All participants are required to bring their own appropriately sized tennis racquet.  
**Dates:** Sun., July 10-August 7 (5 classes)

## Quick Start Tennis (Ages 4-7)

In these introductory skill development sessions, tennis goals are to gradually improve hand-eye coordination, learn proper grip and stroke, and have a positive introduction to the game. Larger, lighter foam tennis balls are used during instruction and are particularly effective with children because they are easier to control and reach to. Typical kids games are used to incorporate and enforce proper use of a racquet and shadowing the coach.

**Act. #:** 120060-A  
**Time:** 9-9:30 a.m.  
**Fee:** \$27 for residents, \$37 for non-residents

## Beginner Tennis (Ages 7-10)

The perfect introduction to tennis! A few changes in size and format from the younger group with practice in stroke development and modified match play. In this class, participants will learn the basic strokes of tennis, making clean contact with the ball, and encourage movement on the court. Group games are played that further develop these skills. Please make sure your child has the correct sized racquet.

**Act. #:** 120061-A  
**Time:** 9:40-10:25 a.m.  
**Fee:** \$45 for residents, \$55 for non-residents

## Beginner Tennis (Ages 10-13)

The perfect introduction to tennis! A few changes in size and format from the younger group with practice in stroke development and modified match play. In this class, participants will learn the basic strokes of tennis, making clean contact with the ball, and encourage movement on the court. Group games are played that further develop these skills. Please make sure your child has the correct sized racquet.

**Act. #:** 120063-A  
**Time:** 10:35-11:20 a.m.  
**Fee:** \$45 for residents, \$55 for non-residents

## Intermediate Tennis (Ages 10-13)

Participants must have completed at least two seasonal sessions of tennis with the orange or red ball to participate in this level. If your child doesn't not meet those guidelines, please register them for the Beginner Tennis program.

In this tennis program for more advanced players, there will be a different focus for each lesson (forehand, serve, consistency, angles, etc.) and play will range from drills to games and matches. The aim for the more advanced players is to have them hitting as many balls as possible and

get in a good mix of drills and competitive (but friendly) games. There will be significantly more focus on instructing proper technique, grips, and strategies.

**Act. #:** 120064-A  
**Time:** 11:30-12:15 p.m.  
**Fee:** \$45 for residents, \$55 for non-residents



## Mansfield Parks and Recreation Programs

### Mansfield Recreation and Travel Basketball:

Boys and girls grades K-8 recreation and travel divisions. Registration begins in early September with practices and games November to March. Flyers distributed through Mansfield public school and the Mansfield Community Center beginning in September.

## Co-Sponsored Youth Sports Organizations:

The Mansfield Parks and Recreation Department encourages and supports the formation, continuance, and growth of all recreation programs through the Department's Co-sponsorship Policy.

### Mansfield Area Panther Lacrosse

The Mansfield youth lacrosse program previously administered by Mansfield Parks and Recreation is now organized by Mansfield Area Panther Lacrosse (MAPL). Visit <http://pantherlaxct.com/> to learn more. MAPL is an official Town of Mansfield Co-sponsored Youth Sports Organization. MAPL serves boys and girls ages 5-14. Inquiries regarding the program should be directed to: [dunstans@pantherlaxct.com](mailto:dunstans@pantherlaxct.com)

### Mansfield Little League

MLL provides organized, instructional and competitive baseball and softball programs for boys and girls ages 5-15, and includes Spring, Summer and Fall seasons. MLL also offers Umpire Training Programs for ages 13 and up. Please visit [www.mansfieldll.org](http://www.mansfieldll.org) for registration and additional information.

### WAM United Soccer Club

WAM (Willington, Ashford, Mansfield) United offers youth soccer programs in the spring, including: Saturday Instructional Clinic for grades 2 and younger. Two alternative programs for grades 3 through 8 that form teams to compete in the Northeast District League of the Connecticut Junior Soccer Association; and pick-up soccer games for grades 9-12. For additional information please visit the WAM United webpage for the Mansfield representative contact information ([www.WAMUnited.com](http://www.WAMUnited.com))

## Other Youth Sport Organizations serving Mansfield Residents

### Northeast Youth Hockey:

Offers learn-to-skate and hockey programs at UCONN from beginner to experienced. For more information go to [northeastyouthhockey.org](http://northeastyouthhockey.org).



## Youth Fitness – Cardiovascular



Youth ages 10-13 may utilize the cardiovascular equipment (ellipticals, bikes, rower and indoor track) with proper parental supervision. Parent or guardian (18+) must be actively supervising youth at all times. Youth and parent must check in with Fitness Assistant upon arriving on the fitness floor. Only cardiovascular equipment may be used, unless Youth Resistance Training Class has been completed. Orientation to cardiovascular equipment is not mandatory, but strongly suggested. Please ask for help from our Fitness Assistants.

**Days:** Tues., Thurs., Fri., 4-8 p.m., Saturday 7-2 p.m., Sunday 8-2 p.m.

**Fee:** FREE! – Members only!

## Youth Resistance Training Orientation -

UPDATED in January 2022!



This Personal Trainer led class allows youth ages 10-13 and their parent of guardian (18+) to learn the basics of a safe progressive Resistance Training Program. After completion of this orientation, youth are then allowed to take this pre-designed program to the fitness area during youth fitness hours, under a parents/guardians supervision. This class is mandatory for use of the fitness center by this age group. This program is available to Community Center Members only. Pre-registration required.

**Instructor:** Mansfield Community Center Personal Trainers

**Location:** CC Dance/Exercise Studio

**Days/Times:** Fri., July 15, 5:30-6:30 p.m. (170090-A)  
☺ Sat., Aug. 6, 9:30-10:30 a.m. (170090-B)

**Fees:** \$10 per youth/parent pair – Members Only. Pre-registration required.



Now accepting new patients.

**Wendy C. Ernst, DVM**

**Kaitlyn M. Way, DVM**

266 Stafford Road  
Mansfield Center, CT 06250



Call (860) 450-0505  
today to schedule an appointment.



## Pickleball at Sunny Acres Park!

Did you know we have outdoor pickleball courts at Sunny Acres Park? Sunny Acres is located on Meadowbrook Road in Mansfield and has four courts available for pickleball play. Nets are available to Mansfield residents free of charge. Register for the net access code.

**Activity #** 210000-A

**FIND US ON FACEBOOK**



**and INSTAGRAM!**



**@MansfieldCommunityCenter**

*Trips are coordinated with Ashford, Bolton, Coventry, Mansfield, and Tolland. Please register with the recreation department in the town in which you live. If you do not live in any of the listed towns, you may register with any department. The pick-up location for everyone is the commuter lot at I-84 exit 68.*

## Saturday, June 4th - Enjoy a Day at the Bronx Zoo! (Registration already open)



The Bronx Zoo is one of the premier zoos in the world covering more than 265 acres. It is home to more than 4000 animal species. Your all-inclusive ticket allows access to the exhibits, attractions and special rides. You will want to experience the Zoo Shuttle, Dinosaur Safari, the Wild Asia Monorail, the Children's Zoo, the Bug Carousel, Nature Trek, Jungle World, Congo Gorilla Rain Forest and the Butterfly Gardens. It is hard to see this entire amazing zoo in one day. Bring your camera, your best walking shoes and your lunch if you want or you may purchase it at the zoo.

The coach bus will leave from the Tolland Commuter Lot at 7:00 am; we will arrive at the zoo's Southern Blvd parking area about 10:00 a.m. We will leave from the same location at 4:30 p.m. We will plan a quick stop for dinner on the way home at the Darien rest stop. We return to the Tolland Commuter lot about 8:30 p.m.

**Date:** Sat., June 4  
**Departs From:** Tolland Commuter Lot at Exit 68 off of I-84  
**Departure Time:** 7 a.m.  
**Return Time:** Approx. 8:30 p.m.  
**Fee:** Adults (Ages 13-64) - \$80  
 Children (Ages 2-12) & Seniors (Ages 65+) - \$77  
**Activity #:** 480005-A

## Sat., Aug. 13 - A Day on Your Own in Boston



Plan a fun day in Boston. We'll take you to Boston, drop you off at Quincy Market and pick you up at Quincy Market location at the end of the day. Public transportation is available for many others.

**Boston Science Museum:** participants can easily spend an entire day exploring

this museum. More information about exhibits and special events can be found at [www.mos.org](http://www.mos.org).

**Quincy Market and Faneuil Hall:** participants can walk around, shop and get great food at this historic area in Boston. More information can be found at [www.faneuilhallmarketplace.com](http://www.faneuilhallmarketplace.com).

Public Transportation information can be found at: [www.mbta.com](http://www.mbta.com).

**Date:** Saturday, Aug. 13  
**Reg. Deadline:** Fri., July 29  
**Departs From:** The bus will depart from the Tolland Commuter Lot at Exit 68 off of I-84.  
**Departure:** 7 a.m.  
**Return Time:** Approx. 8:30 p.m.  
**Fee:** \$57 per person  
**Activity #:** 180002-A

## 2022 TRIP SCHEDULE - LOOKING TO PLAN AHEAD?

**Check below for more 2022 trips:  
descriptions and fees coming soon!**

**SAT., OCTOBER 15** – A Day on Your Own in Salem, MA. – Act. # 280002-A

**SAT., DECEMBER 3** – A Day on Your Own in New York City – Act. # 280004-A

## Unlock Your Potential with Mansfield Adult Education

- High School Completion - Three options (CDP, GED, NEDP)
- Learn English (ESL) - day and evening programs
- Become a U.S. Citizen
- Prepare for College/Training
- Increase Employability Skills



Mansfield Adult Education is here to support you and help you accomplish your goals. Call today to find out more about our support services.



### FREE ADULT EDUCATION PROGRAMS

Visit [www.vrabe.org](http://www.vrabe.org)

Call 860-870-6060

Text VRABE to 866-436-0005

# How to Register

## Potential COVID-19 Impact on Summer Programs

We are committed to maintaining healthy, fun and engaging parks and recreation options for everyone during the unusual and challenging impacts of the COVID-19 pandemic. At the time of the early April content deadline for the summer brochure, we planned a combination of traditional in person and virtual programs, activities and events. As the Reopen Connecticut Task Force releases information regarding potential implications on our summer parks and recreation services, we will adapt to meet recommendations by state and local officials as well as the interests of our patrons. As a result, ongoing assessment, planning and potential adjustment will continue after the printing of the summer brochure in order to offer a continuum of activity options during the summer season. Please frequently visit [mansfieldcc.com](http://mansfieldcc.com), our Facebook page and monitor emails for updates regarding summer programs throughout the summer registration and program season.

Watch for Virtual Programs designated with a **V!**

## Registration Dates

Registration start dates are grouped into the following categories:

- May 26** **Members of the Community Center** may register for Aquatic and Fitness related programs ONLY
- June 1** **Mansfield Residents** who are members begin registration for all other programs/activities
- Mansfield Residents who are not members** of the community center begin registration for all programs/activities
- June 6** **Non-residents who are members** begin to register for all other programs/activities.
- Non-resident, non-members** begin registration for all programs/activities.



There are 3 different and convenient ways to register for the program(s) you are interested in. Register now and enjoy all the Community Center and the Parks and Recreation Department offers.

**1. WEB:** This is the best option. It allows for immediate confirmation. Log onto [www.mansfieldcc.com](http://www.mansfieldcc.com) click on the on-line registration link. Registration begins at 5:30 a.m. on dates listed. 3% convenience fee applies and is non-refundable.

**2. MAIL-IN:** Fill in registration form and send with separate check for each program to Mansfield Parks and Recreation 10 S. Eagleville Road, Storrs, CT 06268. No registration forms will be accepted with credit card numbers handwritten on them.

**3. IN-PERSON OPTION:** You may bring your registration with payment (credit cards need to be in hand so we can swipe them – we are no longer able to take registration forms with credit card numbers handwritten on them) at the Reception Desk of the Community Center.

**SATISFACTION GUARANTEE:** Satisfaction is the goal of the Parks and Recreation Department. We are committed to offering the best programs and services possible. If, at any time, you are not satisfied with our programs, please let us know your reasons in writing as soon as possible. If we cannot satisfactorily correct your concerns, we will arrange one of the following:

- Repeat the program at no additional charge
- Receive a partial credit that may be applied to another activity
- Receive a partial refund.

**FEE WAIVERS/SCHOLARSHIP FUND:** Program and Community Center Fee Waivers are available to qualified applicants (for Mansfield residents only). Scholarship Fund, supported solely by contributions, is available for residents who need financial assistance in addition to the fee waiver. Fee waivers do not apply to trips, rentals, and/or materials fees.

**WAITING LIST:** If your desired class is filled, you will be put on a waitlist and your money will be returned. Our department will notify you if openings become available.

**SENIOR CITIZENS:** Resident individuals aged 62 and over, will receive a 10% discount off activity fees, excluding trips, rentals, materials fees and memberships.

**CONFIRMATION/RECEIPT:** A Confirmation/receipt of your registration, which will give you enrollment or waitlist information, will be mailed to you. Program information and materials list will also be included on this form (for mail-in and drop-off registrations only. On-line registrants will print their own receipt/confirmation.)

**MINIMUMS & MAXIMUMS:** The Parks & Recreation Department reserves the right to set a minimum and maximum for each program and to cancel any program due to insufficient enrollment.

**REFUNDS:** Due to costs associated with operating each program, we rely on a minimum enrollment to hold classes. Please understand that we cannot issue refunds (except for medical reasons, upon receipt of a physician's note) within seven days (14 days for trip) of the start of a program. Refunds for cancellations made more than seven days prior to the start of a program are issued but a \$5 processing fee is charged. Refunds will not be issued for online registration convenience fees.

**DON'T BE DISAPPOINTED! REGISTER EARLY!**

Unfortunately we are sometimes forced to cancel programs two to three days before the listed program start date because of under-enrollment. Don't be disappointed. Register early!



# Activity Registration Form

PLEASE CHECK REGISTRATION DATES. PLEASE PRINT CLEARLY!

**Online Registration is available. Go to [www.mansfieldcc.com](http://www.mansfieldcc.com) and click on the on-line registration link. If registering for camp, please also fill out the additional camp form for ALL camps.**

MAIL TO: Mansfield Parks & Recreation Department, 10 South Eagleville Road, Storrs/Mansfield CT 06268

Please check here if any of the below information is new.

Primary Household Contact (Parent/Guardian)		Secondary Household Contact (Parent/Guardian)	
Name:		Name:	
Address:			
Town:	Zip:		
Phone: (H)	(W)	Phone: (H)	(W)
(Cell)	Cell Provider:	(Cell)	Cell Provider:
Email Address:		Email Address:	

**LOCAL** Emergency Contact (Other than parent/guardian, i.e. grandparent, neighbor, etc.)

Name:	Phone:
-------	--------

Activity#/Letters	Activity Name	Participant's Last Name	First Name	Birth Date	Gender	Fee
Contribution to Scholarship Fund						

Please check here if you have purchased a Community Center Membership.

*Some Mansfield residents may be eligible for low-income fee reductions. Check with the Parks & Recreation Office for more information and an application.*

Also fill details below for each participant:

	Grade Entering	School	Allergies, Special Asst., Meds, Other Info:
1.			
2.			
3.			
4.			

PAYMENT INFORMATION: Please make checks payable to: Town of Mansfield/MCC

Payment Method: Check  Cash (in office only)  AMEX/DS/MC/Visa (in office only)

**(Separate checks required for each program)**

**Credit Cards accepted online and in person only!**

**WAIVER OF PARTICIPANT BY PARENT OR SELF:** I hereby agree to release, discharge, and hold harmless the Town of Mansfield, its directors, officers, employees, agents, contractors, and/or volunteers from any and all liability that may occur during either my participation or the participation of my minor child in the above listed recreational activities. I understand that participation in any recreational sport or activity involves risk, and I grant permission to the Town of Mansfield to utilize any medical emergency services it deems necessary to treat any injuries that I or my minor child may incur. I further understand that the Town of Mansfield does not provide insurance for recreational program participants.

**PHOTO RELEASE:** I understand that for promotional purposes, the Town videotapes and/or takes photographs of participants enrolled in recreational activities, classes or programs. I hereby release and permit the Town of Mansfield to utilize for said promotional purposes any photographs and/or videotapes of me or my minor child engaging in the above listed recreational activities.

Signature: \_\_\_\_\_ Date: \_\_\_\_\_



Town of Mansfield  
Parks and Recreation  
Department



REV. (6/15/20)

**WAIVER/RELEASE FOR COMMUNICABLE DISEASES INCLUDING COVID-19**

**ASSUMPTION OF RISK / WAIVER OF LIABILITY / INDEMNIFICATION AGREEMENT**

In consideration of being allowed to participate on behalf of Town of Mansfield Parks and Recreation Department programs, related events, activities, and facilities, the undersigned acknowledges, appreciates, and agrees that:

1. Participation includes inherent risks, including but not limited to possible exposure to and illness from infectious diseases including but not limited to MRSA, influenza, and COVID-19. While particular rules, guidelines and personal discipline may reduce this risk, the risk of serious illness, injury and death does exist; and as such,
2. I KNOWINGLY AND FREELY ASSUME ALL SUCH RISKS, both known and unknown, EVEN IF ARISING FROM THE NEGLIGENCE OF THE RELEASEES or others, and assume full responsibility and liability for my participation; and,
3. I willingly agree to comply with the stated and customary terms and conditions for participation as regards protection against infectious diseases. If, however, I observe and any unusual or significant hazard during my presence or participation, I will remove myself from participation and bring such to the attention of the nearest official immediately; and,
4. I agree to immediately inform the program/facility if the participant and/or any other person living with the participant has been informed that he/she has been tested positive or exposed to any such pathogen; and,
5. I, for myself and on behalf of my heirs, assigns, personal representatives and next of kin, do HEREBY RELEASE AND HOLD HARMLESS the Town of Mansfield their officers, officials, agents, and/or employees, other participants, sponsoring agencies, sponsors, advertisers, and if applicable, owners and lessors of premises used to conduct the event, WITH RESPECT TO ANY AND ALL ILLNESS, DISABILITY, DEATH, claim or loss or damage to person or property, WHETHER ARISING FROM THE NEGLIGENCE OF RELEASEES OR OTHERWISE, to the fullest extent permitted by law.

**I HAVE READ THIS RELEASE OF LIABILITY AND ASSUMPTION OF RISK AGREEMENT, FULLY UNDERSTAND ITS TERMS, UNDERSTAND THAT I HAVE GIVEN UP SUBSTANTIAL LEGAL RIGHTS BY SIGNING IT, AND SIGN IF FREELY AND VOLUNTARILY WITHOUT ANY INDUCEMENT.**

Name of participant: \_\_\_\_\_

Participant signature: \_\_\_\_\_ Date signed: \_\_\_\_\_

**FOR PARTICIPANTS OF MINORITY AGE (UNDER AGE 18 AT THE TIME OF REGISTRATION)**

This is to certify that I, as parent/guardian, with legal responsibility for this participant, have read and explained the provisions in this waiver/release to my child/ward including the risks of presence and participation and his/her personal responsibilities for adhering to the rules and regulations for protection against communicable diseases. Furthermore, my child/ward understands and accepts these risks and responsibilities. I for myself, my spouse, and child/ward do consent and agree to his/her release provided above for all the Releasees and myself, my spouse, and child/ward do release and agree to indemnify and hold harmless the Releasees for any and all liabilities incident to my minor child's/ward's presence or participation in these activities as provided above, EVEN IF ARISING FROM THEIR NEGLIGENCE, to the fullest extent provided by law.

Name of parent/guardian: \_\_\_\_\_

Parent guardian/signature: \_\_\_\_\_ Date signed: \_\_\_\_\_

**MANSFIELD PARKS & RECREATION  
FULL DAY CAMP HEALTH EXAM/RECORD  
FOR CAMPERS**



Camper Name \_\_\_\_\_ Date of Birth \_\_\_\_\_ Grade entering (Fall 2022) \_\_\_\_\_

Parent/Guardian \_\_\_\_\_ Address \_\_\_\_\_

Emergency Contact \_\_\_\_\_ Telephone \_\_\_\_\_

Camp Mansfield Sessions Attending:

- Session 1 (6/27-7/1)  
  Session 2 (7/5-7/8)  
  Session 3 (7/11-7/15)  
  Session 4 (7/18-7/22)  
 Session 5 (7/25-7/29)  
  Session 6 (8/1-8/5)  
  Session 7 (8/8-8/12)  
  Session 8 (8/15-8/19)

Other Camp Sessions Attending: \_\_\_\_\_

Does the camper have allergies?      NO       YES       Explain: \_\_\_\_\_

Is the camper on a special diet?      NO       YES       Explain: \_\_\_\_\_

Describe any current health conditions requiring medications, treatment, or special restrictions or considerations while at camp.

\_\_\_\_\_

Authorized camp staff may administer limited medication (epipens, asthma inhalers, or approved extraordinary situations) during the camp day in accordance with town policy. Campers are not allowed to carry their own medications with the exception of inhalers and epipens. Self-administration of epipens and asthma inhalers require a self-administration of medication form to be completed by a parent/guardian **and a medical provider**. Forms available upon request.

Does the camper need special assistance or have any physical, sensorial, or developmental limitation?

NO       YES

**If yes, a "Special Assistance" form must be filled out 15 days before attending camp.**

Please request the special assistance form at the Community Center.

This camper is up-to-date on all the following routine childhood immunizations thru 8/31/22:

	Yes	No		Yes	No
Measles			Hepatitis B		
Mumps			Diphtheria		
Rubella			Pertussis		
Chickenpox			Polio		
Tetanus					

Comments: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_  
Parent/Guardian Signature

\_\_\_\_\_  
Date Form Signed

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