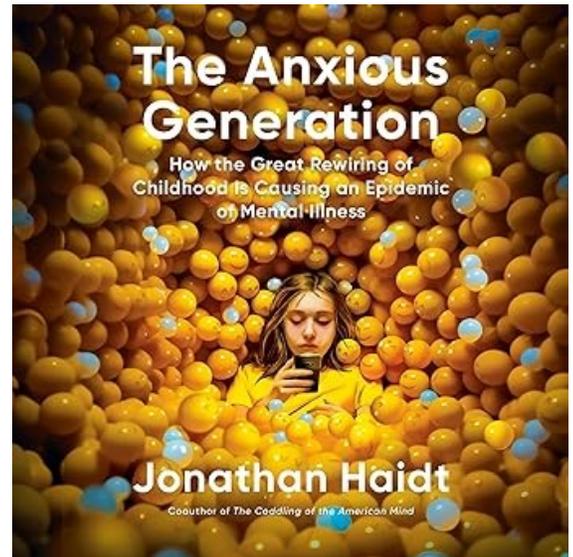


Join Us for a Summer Read:

The Anxious Generation: How the Great Rewiring of Childhood Is Causing an Epidemic of Mental Illness

by [Jonathan Haidt](#)



Mansfield Public School leaders and Board of Education Members invite parents, staff, and community members to join us in reading this timely book by psychologist Jonathan Haidt.

This book explores youth mental health in the era of smartphones, social media, and big tech—and outlines a plan for a healthier, freer childhood.

Obtain a copy through the Mansfield Public Library Circulation Desk. The book is also available as an E-Books through Overdrive. For questions on availability, contact the Main Desk at (860) 423-2501.



Community Book Discussion

Thursday, August 22 at 6:00 PM

at Mansfield Public Library (Rain or Shine)



Children are welcome to stay with their parents during the discussion, or the Mansfield Public Library will also offer engaging activities in the playground area (or activity room in case of rain.)

A light dinner will be provided.