

# MANFIELD PARKS & RECREATION

*Family, Fitness, and Fun*



## Spring Registration Dates

Registration start dates are grouped into the following categories:

**MARCH 23** **Members of the Community Center** may register for Aquatic and Fitness related programs **ONLY**

**MARCH 26** **Mansfield residents** who are members begin registration for all other programs/activities  
**Mansfield Residents who are *not* members** of the community center begin registration for all programs/activities

**MARCH 30** **Non-residents who are members** begin to register for all other programs/activities.  
**Non-resident, non-members** begin registration for all programs/activities.

**In person registration** available during all Mansfield Community Center operational hours.

**Online registration** opens at 5:30 a.m. on dates above at [www.mansfieldcc.com](http://www.mansfieldcc.com)

## SPRING 2026



MANFIELD COMMUNITY CENTER  
10 S. EAGLEVILLE ROAD  
STORRS, CT 06268  
860-429-3015  
[WWW.MANSFIELDCC.COM](http://WWW.MANSFIELDCC.COM)

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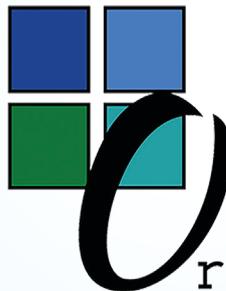
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# MANSFIELD CONNECTICUT

Community Center



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- Indoor basketball court
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- Locker rooms
- Teen Center
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\*\*Valid April 1-30, 2026, for new members that have not had a membership or trial membership in the past TWO years.



# A Message from the Mansfield Parks & Recreation Team

## SPRING Outside, Stay Connected, and Try Something New

The past winter brought a good share of snow and cold temperatures, and now it's time to defrost and welcome Spring! At Mansfield Parks and Recreation, it's our favorite time to welcome the community back to movement, connection, and discovery. As the days grow longer and the weather warms, we invite you to take the opportunity to engage in new programs, get out onto the trails, playgrounds, and attend community spaces like the Mansfield Community Center and Lenard Hall Community School of the Arts. The parks and recreation options in Mansfield are endless and offered to improve you and your family's quality of life. So, don't hesitate to make this spring the most memorable ever. This season's brochure is filled with opportunities for all ages — from family programs, health & fitness classes, art & music, gardening, playgrounds, hikes, kayaking, and special events that bring neighbors together. Whether you're looking to try something new, meet new friends, or simply enjoy the beauty of your parks, we encourage you to SPRING into the new season!

### Move with Purpose, Play with Confidence

Whether you're building a new fitness routine, learning a skill, or preparing your family for summer, we're here to support you. May is also Water Safety Month, and water safety remains a top priority with Mansfield Parks and Recreation. We offer swim lessons for all ages—from infants through adults—to help build confidence and essential lifesaving skills. Swimming is more than recreation; it's a skill that promotes safety, independence, and lifelong enjoyment.

### We're Listening

Your feedback helps shape our programs and facilities. If you have suggestions on how we can better serve the community, we encourage you to reach out in person or by sending a message to [parcsandrec@mansfieldct.org](mailto:parcsandrec@mansfieldct.org). Together, we continue to build a stronger, more connected Mansfield.

## A Farewell Message from the Director of Parks and Recreation

Spring is a great opportunity for new beginnings—to take time to appreciate the beauty of the season, and make the most of the longer days. I announced my retirement this past December, and the time for me to enjoy more leisure and recreation will soon arrive at the end of April. Alongside a dedicated and talented Mansfield leadership team, staff, committee members, volunteers and many other individuals, I have been privileged to serve the Mansfield community in a variety of roles over the past 32 years. As a longtime Mansfield resident, I also appreciate this community that entrusted and supported my team. For that support, I am eternally grateful.

Although I will miss my role in helping to provide parks and recreation opportunities for residents, I look forward to welcoming the next Director and I'm excited about the future. I am confident that they will continue to enhance the quality resources and services to residents and visitors that Parks and Recreation, and the Town of Mansfield, are known for.

Thank you for the memories!

Jay O'Keefe

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Visit us online at [www.mansfieldcc.com](http://www.mansfieldcc.com) or e-mail us at: [parcs&rec@mansfieldct.org](mailto:parcs&rec@mansfieldct.org)

The Mansfield Parks & Recreation Department staff has made every effort to prepare this brochure as accurately as possible. Nonetheless, errors may make it into print. Circumstances may require that adjustments be made to the program, fees, schedules, etc. We reserve the right to make such changes. We do apologize for any inconveniences these errors or adjustments may cause.

# General Information

## Parks & Recreation Office Information

**Location:** Mansfield Community Center,  
10 S. Eagleville Road  
Storrs/Mansfield, CT 06268-2599

### Community Center Hours:

Monday - Friday, 5:30 a.m.-8:30 p.m.  
Saturday 7 a.m.-4 p.m., Sunday, 8 a.m.-4 p.m.

**Holidays:** Easter Day, Sunday, April 5 – Closed  
Memorial Day,

**Monday, May 25 – Open 5:30am-8:30pm**  
9:00 a.m.-5 p.m.

**UPDATED**

**Phone:** 860-429-3015

**Fax:** 860-429-9773

**E-mail:** [parks&rec@mansfieldct.org](mailto:parks&rec@mansfieldct.org)

**Staff:** Jay M. O'Keefe, *Director of Parks & Recreation*  
Jennifer Caldwell, *Recreation Services Manager*  
Justin Hicks, *Member Service Coordinator*  
Ariel Blair, *Administrative Support Specialist*  
Jillian Funk, *Recreation Supervisor (Health & Fitness)*  
Travis Morse, *Recreation Supervisor (Aquatics & Outdoor Recreation)*  
Bethany Burns, *Recreation Coordinator (Community School of the Arts, Youth, Adult & Specialty Camps)*  
Steven Capobianco, *Recreation Coordinator (Before & Afterschool, Teen, Youth, Camp Mansfield, Youth Basketball)*  
Dan Fichera, *Head Custodian*

### INCLUSIVE STATEMENT (Programs for all Abilities)

The Parks and Recreation Department is committed to providing quality leisure services for people of all abilities. We encourage and support people with disabilities to participate in programs offered by the Department. We will work with individuals to make reasonable accommodations to foster their participation in activities of interest. Please contact the Parks and Recreation Department for more information.

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**In person registration** available during all Mansfield Community Center operational hours.

**Online registration** opens at 5:30 a.m. on dates above at [www.mansfieldcc.com](http://www.mansfieldcc.com)



### On-line Registration

- Log on to the Department's website at [www.mansfieldcc.com](http://www.mansfieldcc.com)
- Click the online registration button on the homepage.

### Inclement Weather

- Help our Customer Service Representatives. Please use the information line.
- Full day cancellations or major storm causing partial day cancellations are also listed on the three major Connecticut TV broadcasts. (See page 6 for more information)
- Call our Info Line at 860-429-3015, ext. 4
- Visit [www.mansfieldcc.com](http://www.mansfieldcc.com) or [facebook.com/MansfieldCommunityCenter](https://facebook.com/MansfieldCommunityCenter)

### Advisory Committees

- Agriculture Committee
- Arts Advisory Committee
- Recreation Advisory Committee
- Parks and Natural Resources Committee

### Recorded Information

Program information and cancellations are available on a daily recorded voice-mail system (860-429-3015, ext. 4).

### Facilities

A full list of Parks & Recreation facilities and their locations can be found on our website and in a brochure entitled "Mansfield Parks & Preserves" which is available at the Community Center.

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INDEPENDENT STYLIST

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APPOINTMENTS SUGGESTED

## Inclement Weather Policy

### Snow, Thunder, Lightning and Rain

**Call 860-429-3015, ext. 4**  
**Check [www.mansfieldcc.com](http://www.mansfieldcc.com)**

Some programs may be held in inclement weather and some may not. Contact our program information line for weather related program status updates. Thunder and lightning are a serious safety concern and may force last minute cancellations on site. Active thunder and lightning in the area may force the temporary closing of the indoor pool and programs until the threat has moved out of the area.

### Programs and Classes Held in **NON-School Facilities** (Community Center, Lenard hall, Senior Center)

Classes, workshops, leagues, etc. will NOT be determined by school cancellation or delays. Decisions will be made by taking into account road conditions, facility access, and other factors to determine if programs will be held or not for the full day or a portion of the day. Information on full or partial cancellations will be listed on the Parks and Recreation information line (860-429-3015, ext. 4) and posted on the Parks and Recreation web site ([www.mansfieldcc.com](http://www.mansfieldcc.com)). Local TV and radio postings will only be used in the event of when all Mansfield Parks and Recreation classes, workshops, leagues, etc. are canceled for the full day.

### General Estimated Decision Times for Cancellations

5:30 a.m.-11:59 a.m. classes, programs, etc.	No later than 5:15 a.m.
Noon-5:00 p.m. classes, programs, etc..	No later than 10:30 a.m.
5:00 p.m. and later classes, programs, etc.	No later than 3:30 p.m.



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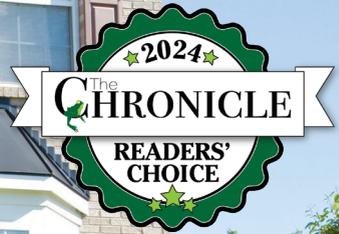
### Programs and Classes Held in **School Facilities**

Cancelled for <b>FULL DAY</b>	When Mansfield Public Schools are cancelled for the full day
Cancelled for <b>MORNING to NOON</b>	When Mansfield Public Schools have a delayed opening
Cancelled for the <b>EVENING</b>	When Mansfield Public Schools are cancelled early for the day.

Information on full or partial cancellations will be listed on the Parks and Recreation information line (860-429-3015, ext. 4) and posted on the Parks and Recreation web site ([www.mansfieldcc.com](http://www.mansfieldcc.com)). Local TV and radio postings will only be used in the event of when all Mansfield Parks and Recreation classes, workshops, leagues, etc. are cancelled for the full day.

### Estimated General Decision Times for Cancellations

5:30 a.m.-11:59 a.m. classes, programs, etc.	No later than 5:15am
Noon-5:00 p.m. classes, programs, etc.	No later than 10:30 a.m.
5:00 p.m. and later classes, programs, etc.	No later than 3:30 p.m.



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# Mansfield Community Center

## Hours

**Your place for Family, Fitness & Fun!**

860.429.3015 • [www.mansfieldcc.com](http://www.mansfieldcc.com)

 MansfieldCommunityCenter |  @MansfieldCommunityCenter

### MCC General Open Hours:

<b>Monday-Friday</b>	5:30 a.m.-8:30 p.m.
<b>Saturday</b>	7 a.m.-4 p.m.
<b>Sunday</b>	8 a.m.-4 p.m.
<b>Holidays</b>	Easter Day, Sunday, April 5 – Closed Memorial Day, Monday, May 25 – Open 9 a.m. - 5 p.m.

### Community Center Membership Includes:

- Priority Fitness & Aquatic Program Registration
- Aquatic Center – 6-lane, 25-yard Pool & Therapy Pool
- Cardiovascular Equipment
- Child Care
- Community Room
- Daily Locker Usage
- Dance & Exercise Studio (general use during non-scheduled times)
- Discounted Programs
- Drop-in Sports
- Family Changing Rooms
- Fitness Center
- Free Family Fun Events
- Free On-Site Parking
- Free Starting Strong Fitness Orientation Program
- Guest Passes
- Gymnasium
- Periodic Workshops, Seminars, Lectures and Special Events
- Professional Staff
- Selectorized Strength Equipment
- Teen Center (teen use and general use during designated times)
- Walking & Jogging Track
- **NEW!** Free Access to Select Fitness Classes

### Free Mansfield Days at the Community Center

Whether you're new to the Community Center or have been here often, if you're a Mansfield Resident you can come for FREE any time during MCC operational hours. Be sure to check area schedules at [www.mansfieldcc.com](http://www.mansfieldcc.com), or call us at 860-429-3015 ext. 0 for more info! Proof of residency required.

**Location:** Mansfield Community Center  
**Dates:** Thur., March 19  
 Sat., April 18  
 Wed., May 30 – May 13  
 Fri., June 26 (Family Fun Day)

## Non-Member Daily Admission

Non-members have the ability to purchase Day Passes for all-day facility use. The day pass grants the bearer access to the full facility for the day. Please note: to use the fitness center, the day pass holder must be at least 14 years of age. Additionally, fitness classes and child care services are not included in the day pass rate.

	Residents	Ashford/Wilmington	Non-Residents
<b>Adult (Ages 27-64)</b>	\$11	\$12	\$13
<b>Young Adult/Youth (Ages 3-26)</b>	\$8	\$9	\$10
<b>Senior (Ages 65+)</b>	\$9	\$10	\$11
<b>Under 3</b>	Free	Free	Free

Proof of age and residency may be required. Adherence of all posted facility rules is required of all day pass holders.

## Membership Rates and Options

### MANSFIELD RESIDENTS:

	Pay in Full   Annual Pass	No-commitment   Month-to-Month Pass
<b>Family</b>	\$753	\$68.40 monthly
<b>Adult/Child</b>	\$469	\$42.60 monthly
<b>Individual</b>	\$429	\$38.96 monthly
<b>YAY</b>	\$240	\$21.81 monthly

### NON-RESIDENTS:

	Pay in Full   Annual Pass	No-commitment   Month-to-Month Pass
<b>Family</b>	\$893	\$81.11 monthly
<b>Adult/Child</b>	\$556	\$49.11 monthly
<b>Individual</b>	\$507	\$46.05 monthly
<b>YAY</b>	\$295	\$26.79 monthly

### ASHFORD/WILLINGTON RESIDENTS:

	Pay in Full   Annual Pass	No-commitment   Month-to-Month Pass
<b>Family</b>	\$821	\$74.57 monthly
<b>Adult/Child</b>	\$512	\$46.50 monthly
<b>Individual</b>	\$468	\$42.51 monthly
<b>YAY</b>	\$262	\$23.80 monthly

Family/Household membership rates listed above reflect all household members. Adult/Child membership rates above reflect 1 adult and all children 11 and under in the household.

**\*Mansfield resident seniors (65+) are eligible for a 10% discount on resident memberships.\***

**For multi-person memberships, the discount value is based on the individual membership rate.**

### Miscellaneous Fees:

Enrollment Fee – \$35 (applies to all new and lapsed memberships)  
 Auto Debit Decline Fee – \$25 (month-to-month auto debit billing)

### Membership Add-On Options: Fitness Flex Pass

We offer our members the opportunity to have the flexibility of dropping in to fitness classes. By purchasing a Fitness Flex pass you will receive 25 or 15 class visits. Fitness Flex passes expire 1 year from date of purchase.

**15 Drop-In Classes - \$135.00 | 25 Drop-In Classes - \$225.00**

**We accept SilverSneakers and Renew Active. Scan the QR code for more information.**



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# Free to Members of MCC

## Child Care (Ages 1-7) Free to Members!

Drop-in childcare is available for children of members and daily visit participants. Bring your children, ages 1-7, to play, listen to stories, and participate in arts and crafts, while you take a class, workout, swim, play basketball, accompany another child to a program, or just take some time to yourself in the sitting room. Parents must remain on site and children may only attend childcare for two hours maximum per day. Space is limited; reservations are not accepted. The following times are planned for the season, however the Parks and Recreation Department reserves the right to adjust time to reflect demands.

**Location:** CC Child Care Room  
**Days & Times:** Mon. & Wed. 9 a.m. - 1 p.m. & 4:30 p.m. - 7:45 p.m.  
Tues. & Thur. 8:30 a.m. - 12 p.m. & 4:30 p.m. - 7:45 p.m.  
Fri. & Sat. 8:30 a.m. - 12 p.m.  
Sun. 9 a.m. - 12 p.m.  
**Fee:** FREE for members, Non-member Fees: \$5/hour per child

## Family Fun Events!

Join for some fun as a family during Family Fun Events at the Mansfield Community Center! Jump and slide on the floating Wibit inflatable obstacle in the main pool (select dates), build a fort, tumble and play with the tot toys in the gym, or get a little adventurous and giant inflatable gym slide. For more fun visit the track for Family track time, or play together in the Teen Center; available to families for ping pong, billiards, and more! Watch for special activities associated with each night's theme on [www.mansfieldcc.com](http://www.mansfieldcc.com). FREE to members. No pre-registration required.

**Location:** Mansfield Community Center  
**Dates/Times:** Sat., March 14, 12:30-3:30 p.m.  
**Theme:** Green Day  
Fri., March 27, 4:30-7:30 p.m.  
**Theme:** Celebrate Women Day  
Sat., April 11, 12:30-3:30 p.m.  
**Theme:** Spring Celebration  
Fri. April 24, 4:30-7:30 p.m.  
**Theme:** Reduce, Reuse, Recycle  
Sat., May 16, 12:30-3:30 p.m.  
**Theme:** Water Safety  
Fri., June 26, 4:30-7:30 p.m.  
**Theme:** Celebrate PRIDE

## Family Play Days!

Family Play Days are taking a different spin! On these select dates, look for **facility time focused for families**. Extra general and family swim, extended Child Care hours, Tot time and family gym, Teen Center games, and family track time. Play for the day at a **discounted family rate** (all Individuals must reside at the same address; otherwise standard day pass rates apply!) **Members can bring two guests for FREE** (two guests per household). Special family day-pass rates are available on the following dates only:

**Dates:** Fri., March 27 (Family Fun Night)  
Sun., April 19  
Sat., May 16 (Family Fun Day)  
Wed., June 17

**Member Fees:** Members - Bring TWO guests for free!  
Two guests per household.

**Non-Member \*Family Day-Pass Special:**  
Mansfield Family- \$9  
Ashford/Willington- \$11  
All other towns- \$12

\*Must reside together for family rate to apply

## Spirit Days!

Members, show a little spirit! Visit the Mansfield Community Center on theme days and take part in the fun. Select dates have perks and prize opportunities.

### March 17th – Feeling Lucky?

Plinko is back! Test your luck on the plinko board today! Check in at the desk to play for a prize

### Wed., April 1st – Jokes on you!

Tell the staff at the front desk your best Joke for a chance to win a guest pass!

### Mon., May 4th – May the Forth be with you!

Are you on the Light Side or the Dark Side? Let us know for a chance to get some swag!

### Sun., June 7th – Six-Seven!

Give your best 6-7 to the front desk staff to get a special prize!

**We Need Your Help!**

**Mansfield Youth Services  
Community Feedback Session**

Thursday, May 28th • 5:30–7:00 PM  
303 Maple Road, Mansfield CT

Are you a youth or a family with children? Have ideas on how Mansfield can better support young people? Your voice matters and we want to hear from you.

Join us for a relaxed evening of community conversation and share what you'd love to see for Mansfield's youth. Pizza dinner provided, and free childcare is available to those that RSVP.

• RSVP preferred by May 25th  
• If you need childcare, RSVP is required by May 21st  
RSVP to [ysb@mansfieldct.org](mailto:ysb@mansfieldct.org)

MANSFIELD YOUTH SERVICES

## The Men's Table

Looking for good conversation and new connections? Join us for an informal men's gathering — a place to pull up a chair, share a story, or just enjoy some company. This group welcomes all men, although it may be especially appealing to baby boomers and older adults. There's no agenda, no politics, no therapy — simply a chance to connect and combat the isolation many men experience today. Whether you prefer to keep things light or dive deeper into meaningful conversation, you're welcome at the table.

**Group Leader:** Paul Brody  
**Dates:** Tues. Mar. 4 - May 26  
**Time:** 10:30 a.m. - 11:30 a.m.  
**Location:** Teen Center  
**Fee:** Free for Residents & Non-Residents

# FACILITY YOUTH POLICIES



## Ages 0-9

### Track Use

- Allowed only during Family Fitness Time (Mon-Fri, 12:00-8:30 PM, Sat. & Sun. all day) with parent/guardian (18+) supervision.
- **Rules:**
  - The child must run/walk next to the parent/guardian (who may not use equipment).
  - No strollers (infant carriers are allowed on the track, not on the equipment).

### Fitness Area

- Not allowed to wait upstairs while a parent/guardian works out.
- Not allowed on any equipment.

### Pool Use: Lifeguards administer a swim test

- Ages 5 & under: Must have an adult (18+) in the water within arm's reach.
- Ages 6-8: **Failed swim test:** Must have an adult (18+) in the water.
- Ages 6-8: **Passed swim test:** Must have an adult (18+) in the pool area.
- Age 9: **Failed swim test:** Must have an adult (18+) in the pool area.
- Age 9: **Passed swim test:** May use the pool independently. Parents must be in the building.
- **Locker Rooms:** Children 5 years of age or older must use gender appropriate locker rooms. Families and individuals with special needs have the option to use the family changing rooms.

### Childcare

- Ages 1-7: May use childcare during designated hours.

### Gymnasium and Teen Center

- Ages 8-9:
  - May use the Gymnasium independently while a parent/guardian is on-site and in view of child.
  - May use Teen Center outside of Teen Center hours with supervision.

## Ages 10-13

### Track Use

- Ages 10-11:
  - Allowed with parent/guardian (14+) supervision (must stay together; parent may not use equipment).
- Ages 12-13:
  - Allowed **without supervision** (track equipment use only during designated Family Track Time).

### Fitness Area

- Not allowed to wait upstairs while a parent/guardian works out- if on floor, must actively be working out within permitted guidelines below
- Cardio Equipment with parent/guardian (14+) supervision
  - Permitted during Family Fitness Time:
    - Mon.-Fri., 12:00-8:30 PM
    - Sat & Sun: All day
- Weights and Other Equipment (excluding cardio equipment)
  - Parent/Guardian (18+) Supervision required
  - Completion of Youth Resistance Training Orientation is required \*must show proof of completion\*

### Pool Use: Lifeguards administer a swim test

- Age 10-11:
  - **Failed swim test:** Must have an adult (18+) in the pool area.
  - **Passed swim test:** May use the pool independently.
- Ages 12-13:
  - **Failed swim test:** Must stay in an area where they can touch.
  - **Passed swim test:** May use the pool independently.

### Gymnasium and Teen Center

- Ages 10-11:
  - May use the facility independently while a parent or guardian is on-site, pending area-specific requirements.
- Ages 12-13:
  - May visit the facility for up to 4 hours per day without a parent/guardian.

## Ages 14+

### Track & Fitness Center Access

- Full access to track, cardio equipment, and fitness center equipment.
- May wait upstairs while a parent/guardian works out.

### Pool Use

- Allowed independently with a passed swim test.
- **Failed swim test:** Must stay in an area where they can touch.

### Gymnasium and Teen Center

- Ages 14+ may serve as a caretaker for a sibling ages 8-11 **except in pool area.**
- Ages 14-17 may visit the facility for up to 4 hours per day without a parent/guardian.

# Free to Members of MCC

## Drop-in Gymnasium Activities

Drop-in gymnasium programs are FREE to members. Non-members are welcome to participate with the purchase of a day pass.

Activities may have specific rules limiting players and/or ages of players and other requirements set forth by MPRD. These rules are subject to change based on updates from local, state and CDC health officials. Activity times are subject to change depending on MPRD programming needs and facility hour changes.

### Drop-in play activities include:

- 18+ Basketball
- 40+ Basketball
- 40+ Women's Basketball
- 15+ Futsal
- Youth Futsal (ages 8-15)
- 16+ Volleyball
- 18+ Pickleball
- Open Pickleball (All Age)

- Novice Pickleball
- Family Gym
- Tot Time (ages 5 and under)



## Don't Miss Out on Health & Fitness Freebies!

See pg. 33 For information on the Starting Strong member program. This free orientation is designed to help you feel more confident in your workout and with Mansfield Community Center fitness staff and equipment.

## FIND US ON FACEBOOK



and INSTAGRAM!



@MansfieldCommunityCenter

# Before & After School Friends

Enroll by month, regular individual days per month or on drop-in basis!

## BEFORE AND AFTER - SCHOOL FRIENDS PROGRAM

### Location Information

2025–2026 School Year

- AM Before School: Mansfield Elementary School
- PM After School: Mansfield Community Center



The **Before and After-School Friends Program** provides a safe, fun, and supportive environment for children at the start and end of the school day. Designed for families needing care or seeking enriching peer-based activities, the program includes:

- **Before School Care:** 7:00 a.m. – 8:45 a.m.
- **After School Care:** 3:15 p.m. – 6:00 p.m. (includes daily snack)

Activities are designed to support physical, emotional, and social development through arts and crafts, sports, outdoor play, group games, and themed events. Children are encouraged to participate in planning activities, fostering leadership and cooperation.

The program operates on all regular school days, including scheduled half days. **No care is available during delayed openings or early dismissals.**

### Enrollment Options:

- Enroll **monthly** or for **consistent individual days**

### Registration Information:

- Registration must be completed in person at the Community Center or **online** at [www.mansfielddcc.com](http://www.mansfielddcc.com)
- **Re-registration is required each month** for desired days
- A **monthly registration deadline** applies—see the Registration Deadline Table for specific dates
- Late registrants will be placed on a waitlist or considered for drop-in care (drop-in policies apply)

**DROP-IN POLICY:** Parents/guardians can register for drop-in days as needed online! Please follow the instructions at [mansfieldct.gov/BeforeAfter-School-Friends](http://mansfieldct.gov/BeforeAfter-School-Friends) under the tab “Online Drop-In Registration How To”. Space for drop-ins is limited each day and are not guaranteed. Registering for a drop-in must be done no later than 24 hours prior to the day the service is needed. Any drop-ins needed after the 24 hour mark will need to be requested and approved by the Program Coordinator. This can be done by calling 860-429-3015 x 6107. If you do not hear back shortly after calling, please call the main desk at the Community Center at 860-429-3015 x 0 and they will connect you with a manager. Drop-in rates apply. Enroll by month, regular individual days per month, or on a drop-in basis!

Daily communication between staff and families is a key part of the program’s success. We look forward to welcoming your child into the Before and After-School Friends community!

### Register for specific days of the week each month:

Time of Day	Pre-Registration	Drop-in Fee
Morning	\$12.65 each morning	\$20.90 each morning
Afternoon	\$15.44 each afternoon	\$25.20 each afternoon

Month	Registration Deadline
April	3/25
May	4/24
June	5/26

# April Vacation Camps / Teen Center

## Ray Reid Soccer School, Young Stars (Ages 4-13)

Working in conjunction with Men's Head Soccer Coach Ray Reid, we again offer one of the finest soccer camps in the state. This three-hour a day, weeklong program offered for boys and girls ages 4-13, 9am-noon is aimed at developing and improving technique. All players will be exposed to dribbling, passing, receiving, and shooting. The emphasis for players ages 4-8 will be to improve their technique in a fun-filled environment. Players ages 9-13 will be taught technical refinement and receive an introduction to the tactical side of the game. This is a great way for your child to refine and improve his/her skills in a week. **All campers will participate in fun, small-sided matches with their appropriate age groups. Players will receive a T-shirt and a certificate of attendance. All campers should come dressed in proper athletic apparel (soccer cleats and shin guards) and bring sneakers. Campers should bring sneakers, a size 4 or 5 soccer ball, snacks (no nut products), and water. Please label items from home.**

**Camp Director:** Ray Reid & Staff  
**Location:** Lions Club memorial park; Fields 1 & 2  
**Dates:** Mon.-Fri., April 13-17  
**Time:** 9 a.m.-noon  
**Fee:** \$225 for residents, \$235 for non-residents  
**Activity #:** 452006-A

## April Vacation Camp (grades K-8)

What do you do with the kids during vacation? Send them to our vacation camp! This program is held at Mansfield Middle School from 7:30 a.m.-5:30 p.m. Vacation camp includes games, arts & crafts, and entertainers such as laser tag, a reptile guy, and a fire truck visit! A detailed flyer will be available at the Community Center and distributed to the schools in March. Children can be registered for one day or any combination of days.

**Location:** Mansfield Middle School  
**Dates:** (454004-1) Mon. April 13\*  
(454004-2) Tues. April 14\*  
(454004-3) Wed. April 15\*  
(454004-4) Thur. April 16\*  
(454004-5) Fri. April 17\*  
**Time:** 7:30 a.m.-5:30 p.m.  
**Fees:** \$57/day per resident child,  
\$67/day per non-resident child

\*see program flyer for details and specifics on entertainers

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@MansfieldCommunityCenter

[www.mansfieldcc.com](http://www.mansfieldcc.com)

## MANSFIELD TEEN CENTER

at the Mansfield Community Center

A space for connection, creativity, and fun!

The Teen Center at the Mansfield Community Center is a safe, welcoming space where pre-teens and teens can relax, hang out with friends, and take part in awesome activities.

Youth in **grades 5 and up** are eligible for a **FREE Teen Center Membership**, which grants access to the space.

To register:

- Stop by the Community Center, or
- Email [ysb@mansfieldct.org](mailto:ysb@mansfieldct.org) to request a registration form.

### Staffed After School Hours

During staffed hours (staffed by Mansfield Youth Services), the Teen Center is reserved exclusively for Mansfield Middle School and E.O. Smith students. There is **no public access during these times**. Outside of Teen Center hours, the space is open to the general public (*see the Welcome Desk staff to unlock the room*)

### School Year:

- Monday/Tuesday: 2:30 p.m.-5:30 p.m. (High School only)
- Wednesday/Thursday: 3 p.m.- 6 p.m. (Middle School only)
- Friday: Monthly Friday events as scheduled.

Hours are subject to change. See website for more details.

**Note:** Mansfield Middle School students can take the bus after school to the Teen Center with signed permission (see MMS office). MMS students will be greeted off the bus at the Community Center by Mansfield Youth Services staff. Students with Community Center memberships are allowed to go to other areas of the community center and return to the teen center. Middle School students must be signed out of the Teen Center by a parent/guardian at pick-up.

**Please note: on planned early dismissal days, teen center hours are moved up to be right after school. The Teen Center is not staffed on school vacation days, snow days, or early release days due to weather closure.**



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YOUTH SERVICES**

# Specialty Camps



## Summer Art Camps

### Mini Master Piece Studio - Famous Artist Series (Ages 7-14)

This camp is for the camper who loves art and trying new techniques! We will learn about the lives and works of several famous artists and make an artwork inspired by their process each day! Several different styles of art and kinds of materials will be explored. Dress for a mess. We will spend part of the day outside, weather permitting! Participants must pack snacks, a full lunch, and a water bottle. Wearing sunscreen is suggested.

- Instructor:** Reagen O'Reigaekn
- Location:** CC Arts and Crafts Room
- Dates:** Mon.-Fri., June 22-26
- Time:** 9 a.m.-4 p.m. Full Day
- Fee:** \$273 for residents, \$283 for non-residents
- Materials Fee:** \$25 due at time of registration, fee waivers do not apply to materials fee.
- Activity #:** 134202-A

### Creative Kids: Art with Nature Exploration (Ages 7-14)

Unleash Your Creativity in this week-long process-based open studio. Self-directed campers will embark on a journey of artistic discovery with sticks, stones, plants, shells, and twine. Morning lessons will inspire with lessons on a native CT flora and fauna and its habitat. Stations will provide opportunity to try various creative activities such as wreath making, creating biodegradable confetti, painting rocks, clay impressions, using nature's paintbrushes, and ornaments from nature. In the afternoons, we will try mud painting, paper making, and land art. Dress for a mess. We will spend part of the day outside, weather permitting! Participants must pack snacks, a full lunch, and a water bottle. Wearing sunscreen is suggested.

- Instructor:** Reagen O'Reigaekn
- Location:** CC Arts and Crafts Room
- Dates:** Mon.-Fri., July 20-24
- Time:** 9 a.m.-4 p.m. Full Day
- Fee:** \$273 for residents, \$283 for non-residents
- Materials Fee:** \$25 due at time of registration, fee waivers do not apply to materials fee.
- Activity#:** 134206-A



### Creative Kids: Fabric Upcycling! (Ages 7-14)

Back by popular demand! Welcome to a week of eco-friendly creativity for kids. In this camp, campers will learn to upcycle fabric to create their own sculptures, practice rag weaving, or even start to design their very own Halloween costumes with scissors and knotting techniques. We'll also reference some famous artists, like Shanique Smith, Ramekon O'Arwisters, Christo and Jean Claude, Faith Ringgold, and several textile artists to inspire their artwork. Dress for a mess. We will spend part of the day outside, weather permitting! Participants must pack snacks, a full lunch, and a water bottle. Wearing sunscreen is suggested.

- Instructor:** Reagen O'Reigaekn
- Location:** CC Arts and Crafts Room
- Dates:** Mon.-Fri., July 27-July 31
- Time:** 9 a.m.-4 p.m. Full Day
- Fee:** \$273 for residents, \$283 for non-residents
- Materials Fee:** \$25 due at time of registration, fee waivers do not apply to materials fee.
- Activity #:** 134205-A

### Cardboard Art Camp - Reduce, Reuse, and Recycle! (Ages 7-9 & 10-12)

Campers will bring in cardboard and create something using basic materials. With a little glue and a lot of trust, we can make something spectacular! Campers can even make useful creations to store their favorite trinkets in, or explore their imagination building miniatures. There will be team competitions, material and education safety, along with a lot of fun!

- Instructor:** Allison Pillari
- Location:** CC Arts and Crafts Room

#### Group A (Ages 7-9)

- Dates:** Mon.-Fri., June 29-July 3
- Time:** 9 a.m.-noon
- Fee:** \$140 for residents, \$150 for non-residents
- Materials Fee:** \$25 due at time of registration, fee waivers do not apply to materials fee.
- Activity #:** 134011-A

#### Group B (Ages 10-12)

- Dates:** Mon.-Fri., June 29-July 3
- Time:** 1 p.m.-4 p.m.
- Fee:** \$140 for residents, \$150 for non-residents
- Materials Fee:** \$25 due at time of registration, fee waivers do not apply to materials fee.
- Activity #:** 134011-B



## Jack and the Beanstalk - 1 week camp

(Entering Grades K-2)

Join us for summer theater fun! Participants will be introduced to theater skills; be involved with theater games that help kids understand and act out character emotions; story elements; event sequencing; and public speaking. All participants will receive a role in the cast, learn teamwork skills to put on the show, and help to make simple props and sets. Participants must pack snacks, a full lunch, and a water bottle. **The last day of the program will end with a show for parents at 2 p.m.**

**Lead Instructor:** Miss Kelly Production Staff  
**Location:** Lenard Hall  
**Dates:** Mon.-Fri., July 27-July 31 (1 week)  
**Time:** 9 a.m.-3 p.m.  
**Fee:** \$250 for residents, \$260 for non-residents  
**Activity #:** 134209-A

## Peter Pan - 2 week camp (Entering Grades 3-8)

Join us for a summer theater adventure! Participants will be introduced to theater skills; be involved with theater games that help develop concentration, creativity, public speaking, and confidence; and will get to help produce a theatrical production. Each participant will audition for and receive a role in the cast, learn teamwork skills to put on the show, and help to make simple props and sets. Participants must pack snacks, a full lunch, and a water bottle. **The last day of the program will end with a show for parents at 2 p.m.**

**Lead Instructor:** Miss Kelly Production Staff  
**Location:** Lenard Hall  
**Dates:** Mon.-Fri., Aug. 3- Aug. 14 (2 week)  
**Time:** 9 a.m.-3 p.m.  
**Fee:** \$450 for residents, \$460 for non-residents  
**Activity #:** 134208-A

## Summer Theme Days (Grades K-6)

Join us for our Summer Theme Days. Each day will have a different theme and experience – themed theater games, music and movement activities, crafts and more. Students must bring a water bottle and a bag lunch each day. Register using the activity number below.

**Lead Instructor:** Miss Kelly Production Staff  
**Location:** Lenard Hall  
**Dates:** Mon.-Fri., Aug. 17- Aug. 21  
**Time:** 9:00 a.m.-3 p.m.  
**Fee:** \$250 for residents, \$260 for non-residents  
**Activity #:** 134612-A



## Chess Wizards! (Ages 6-12)

Join us this summer for tons of challenging chess lessons, exciting games, and cool prizes. You will improve your chess skills, meet new friends, and work out your most powerful muscle - your brain! Our camps include fun team chess games (like Corner Chess), recess time (of course), snacks, tournaments, and puzzles. Each camper receives a T-shirt, trophy, and puzzle folder. We include all the materials necessary for your child to participate, but full day kids should bring a lunch. Unleash your brain power and spend part of your vacation with Chess Wizards!

**Instructor:** Chess Wizards Staff. Staff have been teaching the Chess Wizards game of chess since 2022.  
**Location:** CC Arts & Crafts Room  
**Dates:** Mon.-Fri., July 13-17  
**Time:** 9 a.m.-noon or 12-3 p.m., or Full day option 9 a.m.-3 p.m.  
**Half Day Fees:** \$304 for residents, \$314 for non-residents  
**Full Day Fees:** \$439 for residents, \$449 for non-residents  
**Activity #:** 152005-A (FULL day-9 a.m.-3 p.m.)  
 152005-B (HALF day-9 a.m.-noon)  
 152005-C (HALF day noon-3 p.m.)



# Specialty Camps

## Playwell Teknologies Lego Camps

### MINECRAFT ENGINEERING using LEGO® Materials (Ages 5-12)

Master your engineering skills with Play-Well TEKnologies and tens of thousands of LEGO® parts! Apply real-world concepts in physics, engineering, and architecture through engineer-designed projects. Projects are rotated seasonally to ensure that even returning students get a new experience, so join us to design and build as never before and explore your craziest ideas. Bring snack and a drink.

**Instructor:** PlayWell TEKnologies Staff  
**Location:** Lenard Hall, Recital Room  
**Dates:** Mon.-Fri., June 29-July 3  
**Time:** 9 a.m.-noon  
**Fees:** \$189 for residents, \$199 for non-residents  
**Activity #:** 152106-A

### MINECRAFT MASTERS using LEGO® Materials (Ages 5-12)

Master your engineering skills with Play-Well TEKnologies and tens of thousands of LEGO® parts! Apply real-world concepts in physics, engineering, and architecture through engineer-designed projects. Projects are rotated seasonally to ensure that even returning students get a new experience, so join us to design and build as never before and explore your craziest ideas. Bring snack and a drink.

**Instructor:** PlayWell TEKnologies Staff  
**Location:** Lenard Hall, Recital Room  
**Dates:** Mon.-Fri., June 29-July 3  
**Time:** 1 - 4 p.m.  
**Fees:** \$189 for residents, \$199 for non-residents  
**Activity #:** 152106-B

### Full Day - MINECRAFT ENGINEERING & MINECRAFT MASTERS using LEGO® Materials (Ages 5-12)

Join us for a full day combination, plus lunch-time supervision 12-1pm. See program descriptions above. Bring snack, lunch and a drink.

**Instructor:** PlayWell TEKnologies Staff  
**Location:** Lenard Hall, Recital Room  
**Dates:** Mon.-Fri., June 29-July 3  
**Time:** 9 a.m.- 4 p.m.  
**Fees:** \$378 for residents, \$388 for non-residents  
**Activity #:** 152106-C



## Incrediflix Film Camps

### Live Action Flix (Ages 7-13)

Unleash your filmmaking talents! No acting experience? No problem. Learn the Hollywood secrets to create, direct, film, act, and more. Working in a movie crew we'll bring your ideas to life. By the end you won't just have an amazing film, you'll have the skills to craft your own epic movies with friends. Bring snacks and a drink. \*Flix emailed within a month after camp ends.

**Instructor:** Incrediflix Staff  
**Location:** Lenard Hall, Recital Room  
**Dates:** Mon.-Fri., July 6-10  
**Time:** 9 a.m.-noon  
**Fees:** \$257 for residents, \$267 for non-residents  
**Activity #:** 152200-A

### Lego Stop Motion Flix (Ages 7-13)

Bring Lego worlds to life! We provide Legos. You provide your imagination. Work in groups to create a Lego set with Lego characters for a stop-motion movie you'll storyboard, shoot, and add voice-over to. Bring snacks and a drink. \*Flix emailed within a month after camp ends.

**Instructor:** Incrediflix Staff  
**Location:** Lenard Hall, Recital Room  
**Dates:** Mon.-Fri., July 6-10  
**Time:** 1 - 4 p.m.  
**Fees:** \$257 for residents, \$267 for non-residents  
**Activity #:** 152200-B

### Live Action & Lego Stop Motion Flix - Full Day (Ages 7-13)

Join us for the full day combo for a discount plus free lunch supervision! Please see both half day descriptions. Bring snacks, lunch and a drink. \*Flix emailed within a month after camp ends.

**Instructor:** Incrediflix Staff  
**Location:** Lenard Hall, Recital Room  
**Dates:** Mon.-Fri., July 6-10  
**Time:** 9 a.m.- 4 p.m.  
**Fees:** \$500 for residents, \$510 for non-residents  
**Activity #:** 152200-C

## Minds in Motion



### **NEW! Cyber-Crawler Robot** (Ages 6-12)

Build and take home your very own CyberCrawler Robot! This smart coding robotics kit entertains and teaches programming skills to inquisitive young future robotic engineers! With the aid of your instructor, you will each assemble your own robot that consists of 76 pieces.

Once completed, a simple press-button programming keypad embedded on its cranium will send your CyberCrawler on its way! You can design obstacles and maze courses with your classmates and see how far you can go. With a maximum storage capacity of 64 tasks, your CyberCrawler Robot will be a terrific starter tool to learn the joy of coding. This very cool robot's LEDs illuminate as it executes whatever you command. Come and join this fascinating and educational robotic experience! Bring snacks and a drink.

**Instructor:** Minds in Motion Staff  
**Location:** CC Arts & Crafts Room  
**Date:** Mon.-Fri., August 3-7  
**Time:** 9 a.m.-noon  
**Fee:** \$216 for residents, \$226 for non-residents  
**Activity #:** 152150-A

### **NEW! CSI - Crime Scene Investigation** (Ages 6-12)

Come join our Minds in Motion Crime Team in this fun and interesting program! We will provide you with all the tools you need to become your very own crime scene investigator. Learn all about forensics, searching for evidence, and gathering clues and bring home your very own detective kit! Working in groups, you will conduct many science experiments in our crime lab to solve the mysteries at hand. You will learn all about fingerprinting and how to classify them and bring home your very own fingerprint classification sheet! You will also perform chemical analyses and observations working with powders, liquids, and much much more! Be amazed at how much science plays a part in solving a crime. Come ready with your thinking caps and be prepared to use all the skills necessary to solve the crime of the century and help save the Minds in Motion Laboratory! We need you! Bring snacks and a drink.

**Instructor:** Minds in Motion Staff  
**Location:** CC Arts & Crafts Room  
**Date:** Mon.-Fri., August 3-7  
**Time:** 12:30 -3:30 p.m.  
**Fee:** \$216 for residents, \$226 for non-residents  
**Activity #:** 152150-B

### **Cyber-Crawler Robot & CSI - Crime Scene Investigation - FULL DAY** (Ages 6-12)

Join us for a full day combination, plus lunch-time supervision 12:30-1pm. See the other Cyber-Crawler and CSI program descriptions for more information. Bring snack, lunch and a drink.

**Instructor:** Minds in Motion Staff  
**Location:** CC Arts & Crafts Room  
**Date:** Mon.-Fri., August 3-7  
**Time:** 9 a.m.-3:30 p.m.  
**Fee:** \$432 for residents, \$442 for non-residents  
**Activity #:** 152150-C



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# Specialty Camps

## Minds in Motion

### **NEW! Robomonorail Makers** (Ages 8-12)

Blast into the future of transportation and build your very own Robot Monorail System! Watch in awe as your RoboRails Robot balances on a single wheel and zips along a track, powered by a super-fast gyroscope and monowheel. You'll be amazed at how steady your little robot is as it rolls along the track! Get ready to unleash your inner engineer with over 180 durable track pieces. You can follow the 26 awesome layouts in the manual or let your imagination run wild and design your own unique monorail system! With special connectors like the seesaw, splitter, and cross switch, you'll add cool twists, turns, and challenges to your track that make it one-of-a-kind. Dive into hands-on experiments that explore cool physics concepts like rotational motion, acceleration, and angular momentum as you see gyroscopic forces in action. Are you ready to build the monorail of tomorrow? The adventure starts now! Bring snacks and a drink.

**Instructor:** Minds in Motion Staff  
**Location:** CC Arts & Crafts Room  
**Date:** Mon.-Fri., August 10-14  
**Time:** 9 a.m.-noon  
**Fee:** \$216 for residents, \$226 for non-residents  
**Activity #:** 152151-A

### **Future Engineers** (Ages 8-12)

If you like to create and build things, this program is for you! Enjoy an adventure of physics, gravity, and action and take home your very own engineering kit! Through 26 model-building exercises, you'll investigate all six classic simple machines — wheels and axles, levers, pulleys, inclined planes, screws, and wedges — as well as gears. Students will follow easy step-by-step illustrated instructions to build each model, which includes a balance scale, elevator, and geared carousel! Test your new creations to demonstrate basic laws of physics and how they exist in our everyday lives! Young researchers will gain hands-on experience with the design process and learn about various topics in the fascinating world of engineering. Come obtain the necessary skills and experience to take on the technological challenges of the future and continue your engineering journey at home! Bring snacks and a drink.

**Instructor:** Minds in Motion Staff  
**Location:** CC Arts & Crafts Room  
**Date:** Mon.-Fri., August 10-14  
**Time:** 12:30-3:30 p.m.  
**Fee:** \$216 for residents, \$226 for non-residents  
**Activity #:** 152151-B

### **Robomonorail Makers & Future Engineers - FULL DAY** (Ages 8-12)

Join us for a full day combination, plus lunch-time supervision 12:30-1pm. See program descriptions above. Bring snack, lunch and a drink.

**Instructor:** Minds in Motion Staff  
**Location:** CC Arts & Crafts Room  
**Date:** Mon.-Fri., August 10-14  
**Time:** 9 a.m.-3:30 p.m.  
**Fee:** \$432 for residents, \$442 for non-residents  
**Activity #:** 152151-C

### **IncrediQuest Camps** **Magic & Game Strategy** **Mind Quest** (Ages 7-13)

IncrediQuest teach intro subjects where kids learn life skills by doing, and having fun! Magic - Learn new magic each day, along with what it means to be a magician. Game Strategy - Determine the best path to victory by applying our strategies to help you play and win games, and even get ahead in life. Bring snacks and a drink.

**Instructor:** IncrediQuest Staff  
**Location:** Lenard Hall, Recital Room  
**Date:** Mon.-Fri., July 13-17  
**Time:** 9 a.m.-noon  
**Fee:** \$215 for residents, \$225 for non-residents  
**Activity #:** 152200-A

### **Drawing & Detective Mystery** **Mind Quest** (Ages 7-13)

IncrediQuest teach intro subjects where kids learn life skills by doing, and having fun! Drawing - Put your creative side in gear while exploring a variety of fun drawing techniques. Detective Mystery - Challenge yourself to think outside the box as we work together to solve the puzzles! Bring snacks and a drink.

**Instructor:** IncrediQuest Staff  
**Location:** Lenard Hall, Recital Room  
**Date:** Mon.-Fri., July 13-17  
**Time:** 1-4 p.m.  
**Fee:** \$215 for residents, \$225 for non-residents  
**Activity #:** 152200-B

### **Mind Quest Full Day Combo - Full Day** (Ages 7-13)

Get the full variety of subjects in one action-packed week, plus free lunch supervision and a discount! Please see both half-day descriptions. Bring snacks, lunch and a drink.

**Instructor:** IncrediQuest Staff  
**Location:** Lenard Hall, Recital Room  
**Date:** Mon.-Fri., July 13-17  
**Time:** 9 a.m.-4 p.m.  
**Fee:** \$416 for residents, \$426 for non-residents  
**Activity #:** 152200-C



## Sports Camps

**Ray Reid Soccer School, Young Stars** (Ages 4-13)  
 Working in conjunction with Men's Head Soccer Coach Ray Reid, we again offer one of the finest soccer camps in the state. This three-hour a day, weeklong program offered for boys and girls ages 4-13, 9am-noon is aimed at developing and improving technique. All players will be exposed to dribbling, passing, receiving, and shooting. The emphasis for players ages 4-8 will be to improve their technique in a fun-filled environment. Players ages 9-13 will be taught technical refinement and receive an introduction to the tactical side of the game. This is a great way for your child to refine and improve his/her skills in a week. **All campers will participate in fun, small-sided matches with their appropriate age groups.** Players will receive a T-shirt and a certificate of attendance. All campers should come dressed in proper athletic apparel (soccer cleats and shin guards) and bring sneakers. Campers should bring sneakers, a size 4 or 5 soccer ball, snacks (no nut products), and water. Please label items from home.

**Camp Director:** Ray Reid & Staff  
**Location:** Lions Club memorial park; Fields 1 & 2  
**Dates:** Mon.-Fri., July 27-July 31  
**Time:** 9 a.m.-noon  
**Fee:** \$225 for residents, \$235 for non-residents  
**Activity #:** 152006-A

### Panther Summer Basketball Camp (Entering Grades 3-8)

Fun, high-energy summer co-ed basketball camp. Players will build skills, confidence, and joy of the game through drills, games, and team work. Bring your own lunch and drinks that do not require refrigeration. Registration fee includes a t-shirt.

**Lead Instructors:** Jeff Belanger, E.O. Smith  
 Boys Basketball Coach  
**Location:** E.O. Smith High School  
**Dates:** Mon.-Thurs., June 29-July 2 (4 days) \*no camp 7/3  
**Time:** 9 a.m.-1 p.m.  
**Fee:** \$175 for residents, \$185 for non-residents  
**Activity #:** 152004-A

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# Camp Mansfield



*We Make Happy Campers!*  
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## CAMP MANSFIELD 2026 JOB APPLICATIONS

Applications are available starting March 1 for 2026 Camp Mansfield employment. Applications and job descriptions are available at [mansfieldct.gov](http://mansfieldct.gov) under the employment and volunteer link.

## CAMP MANSFIELD

*We make happy campers!*

**General Camp Information** – Camp Mansfield is a traditional outdoor summer day camp with a wide variety of activities for camper's age 4½ to 15 years old! Camp Mansfield is held on the grounds of Mansfield Middle School, Schoolhouse Brook Park and Bicentennial Pond. Camp is tentatively scheduled to begin on June 22nd this year. Activities include archery, arts and crafts, canoeing/kayaking, nature and science activities, sports, variety block (counselors & campers choice), free swim, and swim activity, camp songs and themed special event weeks. Campers are separated into groups based on the grade they will be entering in the fall. All campers must be potty trained and be able to follow the camp rules of safe and positive behavior for themselves and others to participate. The camp runs Monday – Friday from 9 a.m.-3 p.m. rain or shine. 3 daily lunch choices are included in the camp fee for full day campers. Extended "Camp Care" is available before and after the regular camp day to campers for an additional fee.

### CAMP MANSFIELD GOALS - *How we make happy campers!*

- Create an environment that is in every way healthful and safe, where encouragement, laughter and fun are the norm. We are smiling underneath our masks!
- Encourage the development of leadership skills in campers of all ages.
- Develop in each camper an appreciation for their natural surroundings, including a concern for preserving our environment.
- Nurture each individual's confidence in their own strengths and skills, while fostering the confidence in the discovery and development of new talents.
- Cultivate an atmosphere that promotes the building of healthy relationships and group problem solving while keeping our distance.

**KinderCamp** – Special ½ day camp for children entering Kindergarten. Camp meets Monday-Friday from 9 a.m.-Noon. Activities include games, sports, crafts, nature, swimming and more. A daily lunch is provided. (Please note full day Kindergarten option below). Half day campers may not participate in all camp activities due to the structure of the day.

**Explorers** – Our main camp group runs Monday – Friday, 9 a.m.-3 p.m. for children entering grades K – 6. Activities include outdoor games, sports, nature, archery, arts & crafts, canoeing/kayaking, creative games, swimming and special events. Lunch is provided to campers daily. Campers choose from a choice of 3 options each day. (Please note ½ day option above for Kindergarteners)

**Adventurers** – Our oldest camper group runs Monday – Friday, 9 a.m.-3 p.m. (with possibility of extended hours for some trips) for children entering grades 7-9. Those entering grade 9, have a choice of the Adventurers or C.I.T. programs. Campers have the opportunity to participate in the same activities listed under "Explorers" plus have 2 off site adventure trips, which may include amusements parks, Adventure Park, Ocean Beach, river tubing and more. On Wednesday

nights ADVENTS can be dropped off at Bicentennial Pond at 7pm – 9pm. Campers will play games and make s'mores at a bonfire. This program is specifically geared towards helping these young adults build confidence, group problem solving and more. Trip fees are included in the camp fee and a daily lunch is provided. Space in this program is limited.

**Counselor-In-Training** – This leadership training program meets Monday – Friday, 9 a.m.-3 p.m. for teens entering grades 9 and 10. Those entering grade 9 have a choice between the C.I.T. or Adventurer programs. The C.I.T. program is designed to teach leadership skills in the area of child development, activity planning and group management and lends itself to personal growth that can also be applied to all aspects of life. C.I.T.s can be dismissed if they are not making a positive addition to the program. Maximum age is 15 and space in this program is limited. A C.I.T shirt will be provided for the summer.

**Camp Care** – Specially designed for the working parents who require additional care for their child beyond the regular day camp. Camp care hours are 7:30-9 a.m. and 3-5:30 p.m. It includes a supervised and partially structured time before and after the camp day. PM Camp care is not available on the last day of camp.

Camp care will be held at Mansfield Middle school (Bicentennial Pond for the Last Week if Camp)

**Campers with Special Needs** - All of our department's summer camp programs support children with special needs. With the assistance of specialized camp staff, campers will be participating inclusively within their same age/grade groups throughout the camp day. Participants with a need for modifications and/or additional support during camp will need to fill out a special assistance form no later than 15 days prior to the start of the camp session.

### Camp Mansfield Registration Instructions

- Registration for Camp Mansfield opens on March 26. Campers must enroll for a minimum of one full session. Partial session enrollment is NOT permitted. All camp sessions must be paid in full at the time of registration.
- The activity registration form and additional camp form must be completely filled out to be registered for camp. Please be sure to indicate the appropriate camp program and session code on the registration form.
- Although we do everything possible to accommodate all children, we require to meet certain camper to staff ratios. Therefore, it is possible that some camp sections may fill regardless of registration closing date. Please register early.
- Campers requiring special assistance or accommodations must follow the same registration process listed above and must complete a Special Assistance Form at a minimum of 15 working days prior to the start of a new session and must contact the camp director.

**As a CT municipality, Town of Mansfield Camps are exempt of the Connecticut Office of Early Childhood license requirements for Youth Camps**

# Camp Mansfield

## CAMP MANSFIELD 2026 - We Make Happy Campers!

- Session 1** June 22 – June 26, Science and Nature Week!
- Session 2** June 29-July 2, Decades Week (No Camp July 3rd)
- Session 3** July 6 – July 10, Fantasy Week!
- Session 4** July 13 – July 17, ~~Under the Sea Week!~~ Mansfield Got Talent!
- Session 5** July 20 – July 24, Under the Sea Week!
- Session 6** July 27 – July 31, Mystery Week!
- Session 7** August 3 – August 7, Super Hero Week!
- Session 8** August 10 – August 14, Carnival Week!

**UPDATED**

(No PM Camp Care on Last Day, August 14.)

\*Start dates subject to change if Mansfield Schools end later than anticipated at time of print\*

\*Session 8 individual days may be cancelled in the event of inclement weather\*



CAMP MANSFIELD 2025	Cost Per Session	
	Resident Rate	Non-Resident Rate
KinderCamp ½ Day 151105-(plus session #)	\$133 (Ses 1, 3-8) \$107 (Ses 2)	\$143 (Ses 1, 3-8) \$117 (Ses 2)
Explorers Grades K-6 (See Activity # table below)	\$257 (Ses 1, 3-8) \$206 (Ses 2)	\$267 (Ses 1, 3-8) \$216 (Ses 2)
Adventurers Grades 7-9 151301-(plus session #)	\$318 (Ses 1, 3-8) \$255 (Ses 2)	\$328 (Ses 1, 3-8) \$265 (Ses 2)
Counselor In Training 151207-(plus session #)	\$120 (Ses 1, 3-8) \$96 (Ses 2)	\$130 (Ses 1, 3-8) \$106 (Ses 2)
AM Camp Care 151401-(plus session #)	\$47 (Ses 1, 3-8) \$38 (Ses 2)	\$57 (Ses 1, 3-8) \$48 (Ses 2)
PM Camp Care 151402-(plus session #)	\$48 (Ses 1, 3-7) \$38 (Ses 2 & 8)	\$58 (Ses 1, 3-7) \$48 (Ses 2 & 8)
Combo Camp Care (AM&PM) 151403-(plus session #)	\$82 (Ses 1-7) \$66 (Ses 2 & 8)	\$92 (Ses 1-7) \$76 (Ses 2 & 8)

## ADVENTURERS TRIPS

Trips for our Adventure group are every Tuesday and Thursday. These trips can include Six Flags, Brownstone, Quassy Amusement Park, CT Science Center, Lake Compounce, Laser Tag and Bowling, Ocean Beach, Nomads Adventure Quest, and MORE! Please check the website at [www.mansfieldcc.com](http://www.mansfieldcc.com) and the Adventure trip flyer that will come out in the spring for more details and specific dates of trips!

\*All trips are subject to change due to availability\*

Explorers Activity Codes			
USE THE GRADE THE CAMPER IS ENTERING IN FALL 2026			
Grade	Activity #	Grade	Activity#
K	151200- add session #	3.	151203- add session #
1.	151201- add session #	4.	151204- add session #
2.	151202- add session #	5.	151205- add session #
		6.	151206- add session #

**Swim Education** - Great news! We are happy to announce that this summer, Camp Mansfield will be offering basic swim safety instruction during camp. These will be every Tuesday and Thursday at Bicentennial Pond. Please note, this is simple swim instruction to help children be able to pass the swim test and feel more comfortable in the water. This is NOT consider swim lessons.



CHECK OUT THE TOWN OF MANSFIELD

# Fee Waiver/ Scholarship Fund!



Program and Community Center Fee Waivers are available to qualified applicants (for Mansfield residents only). Fee waivers do not apply to trips, rentals, and/or materials fees. Scholarship Fund, supported solely by contributions, are available for residents who need financial assistance in addition to the fee waiver.

Please contact  
 Fee Waiver Info: Human Services  
[human.services@mansfieldct.org](mailto:human.services@mansfieldct.org)  
 Scholarship Fund Info: Mansfield Parks & Recreation  
 860-429-3015 ext. 0



**FIND US ON FACEBOOK and INSTAGRAM!**

**@MansfieldCommunityCenter**

# Family & Special Events

*Interested in  
showing  
your  
artwork?*

**APPLY NOW TO  
DISPLAY YOUR  
ARTWORK AT THE  
COMMUNITY CENTER  
OR LENARD HALL!**

Applications can be found at the Community Center, Lenard Hall, or on the Arts Advisory Committee website.

Submit applications by email to [artsadvisory@mansfieldct.org](mailto:artsadvisory@mansfieldct.org) or hard copy at the Community Center to:  
Arts Advisory Committee,  
Attention: Bethany Burns.



**Visit the AAC website by  
scanning the QR Code**

## Free Mansfield Days!

Whether you're new to the Community Center or have been here often, if you're a Mansfield Resident you can come for FREE any time during MCC operational hours. Be sure to check area schedules at [www.mansfieldcc.com](http://www.mansfieldcc.com), or call us at 860-429-3015 ext. 0 for more info! Proof of residency required.

**Location:** Mansfield Community Center

**Dates:** Thur., March 19

Sat., April 18

~~Wed., May 30~~ May 13

Fri., June 26 (Family Fun Day)

**UPDATED**

## Saturday Social Group (Ages 15+)

The social activity program is designed for those ages 15+ with developmental/cognitive disabilities. The program will typically meet select Saturdays from 1-3 p.m. at the Mansfield Community Center. Participants will enjoy a variety of activities while meeting new friends! Pre-registration is strongly encouraged. There is a \$5 per day participation fee. Feel free to bring a snack. First time participants are required to be accompanied by a parent or guardian. For more information, please contact Ellen Tulman at [TulmanE@mansfieldct.org](mailto:TulmanE@mansfieldct.org)

\*Also see Ability Fitness for a Thursday fitness opportunity! Pg. 33

**Instructor:** Ellen Tulman

**Location:** Teen Center

**Dates:** Sat., April 25 (410063-A)

Sat., May 16 (410063-B)

Sat., June 20 (410063-C)

**Time:** 1-3 p.m.

**Fees:** \$6 for residents, \$7 for non-residents

## Family Fun Events!

Join for some fun as a family during Family Fun Events at the Mansfield Community Center! Jump and slide on the floating Wibit inflatable obstacle in the main pool (select dates), build a fort, tumble and play with the tot toys in the gym, or get a little adventurous and giant inflatable gym slide. For more fun visit the track for Family track time, or play together in the Teen Center; available to families for ping pong, billiards, and more! Watch for special activities associated with each night's theme on [www.mansfieldcc.com](http://www.mansfieldcc.com). FREE to members. No pre-registration required.

**Location:** Mansfield Community Center

**Dates/Times:** Sat., March 14, 12:30-3:30 p.m.

**Theme:** Green Day

Fri., March 27, 4:30-7:30 p.m.

**Theme:** Celebrate Women Day

Sat., April 11, 12:30-3:30 p.m.

**Theme:** Spring Celebration

Fri. April 24, 4:30-7:30 p.m.

**Theme:** Reduce, Reuse, Recycle

Sat., May 16, 12:30-3:30 p.m.

**Theme:** Water Safety

Fri., June 26, 4:30-7:30 p.m.

**Theme:** Celebrate PRIDE

# Family & Special Events



## Kid's Night Out

Kids! Aren't you ready for night out? We have a special night of fun planned with you in mind. This night will be filled with arts and crafts, a movie, some gym time, and pizza for dinner! Decision on the movie will be made prior to the night so parents are aware. Parents, we are sorry but you're not invited to this one. We hope you'll keep yourselves busy. Don't worry, we will be having fun!

**Location:** MCC Arts and Crafts Room  
**Date:** Fri., May 1st  
**Time:** ~~6-8 p.m.~~ 5-8p.m. **UPDATED**  
**Fee:** \$24 for residents, \$34 for non-residents  
**Activity #:** 490095-A

## Chalk and Walk

Feeling the need to express you inner artist through the masterful technique of using chalk? Well this event will help you do so. During this special event, participants will be assigned sidewalk space surrounding the Mansfield Community Center and given chalk. Then it is up to them to design and decorate the entire sidewalk to their liking. This is a great way to express creativity and showcase your artistic skills!

**Location:** Mansfield Community Center  
**Date:** Sat. April 25th  
**Time:** 12-2pm  
**Fee:** FREE! Pre-registration by April 22nd required  
**Activity #:** 490004-A

## NEW! The Great Mansfield Egg Drop

If you have never had the chance to do an egg drop, now is your time! The purpose of this activity is to be tasked to use a shoe box, be given an egg and some materials provided by MRPD and create something that will keep your egg safe inside when dropped from a great height! You can bring your own shoe box or we will have some for you. Space is limited for this event so make sure to sign up!

**Location:** Mansfield Community Center  
**Date:** Sat. May 16th  
**Time:** 12-2pm  
**Fee:** \$5 materials fee due at time of registration  
**Activity #:** 490005-A

[www.mansfieldcc.com](http://www.mansfieldcc.com)



## Upcoming Art Shows

Location: Mansfield Community Center

### Annual Juried Art Show

Call to artists begins in February 2026  
 Application Deadline - April 1  
 Show Dates - April 11 - May 30  
 Entry Fee: 15.00  
 Activity #499000-A  
 Register & Apply Online



Scan for Website



### Plein Air Weekend Event

Event Weekend - May 15 - May 18  
 Application Deadline - May 28  
 Show Dates - June 7 - Aug. 15  
 Visit Website for more Information

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 Dr. Shaleighne McKiernan



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 Saturday: 9am–1pm

**860-875-5748**

[TollandVetHospital.Com](http://TollandVetHospital.Com)

**Proudly Serving the Community  
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# CELEBRATE EARTH DAY!

SATURDAY, APRIL 25, 2026

Come celebrate spring, community and our earth!

## Town-Wide Tag Sale, 8 a.m. - 1p.m.

Maps available at the Mansfield Community Center and at [www.mansfieldcc.com](http://www.mansfieldcc.com)

## Town & Local Activity Booths, 9 a.m. to 12 p.m.

Join the Town of Mansfield and members of our community for a morning filled with earth-friendly, sustainable fun, with tables displaying at the Mansfield Community Center.

ADDITIONAL DETAILS TO COME!  
WATCH [MANSFIELDCT.GOV](http://MANSFIELDCT.GOV)

**MANSFIELD**  
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Your place to grow

## Consistent Accountability



WHZ,  
From the start your team demonstrated how you're different. Your proactive process and meetings ensure we stay on track and help us always know where we stand financially.

Thank you!

*Jeannie*



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697 Pomfret Street, Pomfret Center, CT 06259

This statement was provided 4/3/2024 by Jeannie and Matt Grenier who are clients. The image shown are models and not the actual clients. This statement may not be representative of the experience of others and is not a guarantee of future performance or success. For additional reviews, search us wherever local businesses are reviewed. Securities and advisory services offered through Commonwealth Financial Network®, Member FINRA/SIPC, a Registered Investment Advisor.

**Absolute Confidence. Unwavering Partnership. For Life.**

Visit [whzwealth.com](http://whzwealth.com) to read more about Jeannie and Matt's story

# Mansfield's TAG SALE TRAIL



This annual town-wide tag sale event boasts a full morning of shopping and selling for bargain hunters and spring cleaners alike!

Three ways to participate:

1. Sell from the Mansfield Community Center Gymnasium - Open to residents of all towns. Guaranteed 10'x10' dry location with one table and 2 chairs! Registration is first-come, first-served. **Register online or at the Community Center by April 13th (no exceptions).** Limited spaces available. No day-of registrations.

Free! Act. # 490002-A  
 Register me!

2. Sell from your home or business/organization- **Register online or at the Community Center by April 13th (no exceptions)** to secure your spot on the map - and let us handle the advertising! Yard signs will be provided on first-come, first-served basis, limited quantity available. Open to Mansfield residents and Mansfield business locations only.

Single home sales: Free! Act. # 490002-B  
 Register me!  
 Group/Multi sale or Business/Organization: Free! Act. # 490002-C  
 Register me!

3. Shop 'til you drop! **Trail maps available FREE online at [www.mansfieldcc.com](http://www.mansfieldcc.com) and in hard copy at the Mansfield Community Center starting April 20th, 2026**

## Seller information:

**Name:**

**Location of sale (full address):**

**Phone:**

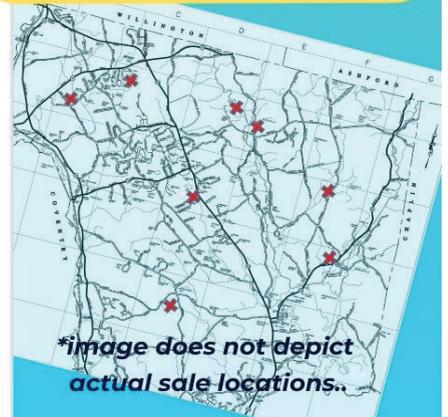
**E-Mail:**

**Description:** List here: sale items, rain date, etc. Descriptions will be listed as written up to 100 characters for home/business sales. Ex. Gardening tools, baby items...

**Open Sunday too? (locations listed on map):** yes / no

**SAVE THE DATE:**  
**Saturday,**  
**April 25th,**  
**2026**  
**8am - 1pm**

THE TOWN OF MANSFIELD AND MANSFIELD PARKS AND RECREATION ARE NOT RESPONSIBLE FOR AGREEMENTS MADE BY PRIVATE PARTIES ON THE TRAIL



# Family & Special Events

## FREE! Community Paint Days! - 1 Day Workshops (Families-Adults)

Put your own spin on a famous artwork in this beginner friendly class with step-by-step instructions. Each participant receives one canvas. An adult and child pair can work together. Pre-registration is required. **Maximum of one registration per season, space is limited.**

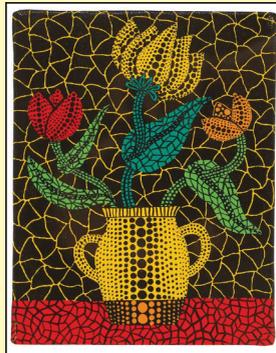
**Instructor:** Noah Yilmaz, an artist from Coventry, CT who enjoys working in a variety of media. He is an Elementary Art Teacher, working with students in grades K-5. He has held classes for all ages, from preschoolers to seniors. He's passionate about helping people express their inner artist!

**Piece:** Vincent van Gogh  
"Wheatfield under  
Thunderclouds"  
1890



**Location:** Lenard Hall  
**Dates:** Wed., April 1  
**Time:** 5-7 p.m.  
**Fees:** FREE  
**Activity #:** 490053-A

**Piece:** Yayoi Kusama  
"Flowers" 1996



**Location:** Lenard Hall  
**Dates:** Wed., May 6  
**Time:** 5-7 p.m.  
**Fees:** FREE  
**Activity #:** 490053-B

**Piece:** Henri Matisse "Acanthus  
Moroccan Landscape"  
1912



**Location:** Lenard Hall  
**Dates:** Wed., June 3  
**Time:** 5-7 p.m.  
**Fees:** FREE  
**Activity #:** 490053-C

## May is Water Safety Month

Join us for Water Safety Month! We have a full lineup of fun, engaging, and educational activities designed to build confidence, skills, and awareness around the water. All month long, members and guests of all ages can take part in exciting challenges and hands-on experiences led by aquatic staff.

Test your strength and endurance in the Lifeguard Brick Test, push your limits with the 20-Mile Swim Challenge, and show off your skills in our Treading Water Competition. Families are encouraged to stop by for a Lifejacket Fitting, ensuring everyone has the proper size and knows how to wear it correctly. Swimmers can also participate in Swim Lesson Test Day to have one of our swim instructors assess and determine which swim lesson level is right for you.

We'll also be having a Water Safety Family Fun Day, featuring games, the wibit, and safety education for all ages. Whether you're a strong swimmer or just getting started, Water Safety Month is a great opportunity to learn and have fun while promoting safe habits around the water.

Keep an eye out for our Water Safety Month calendars, which will have the dates of all our activities.

*Know an advocate, educator, food producer,  
or farmer who is a champion for local food?*



**Nominate them to be recognized as  
a Taste of Mansfield Champion!**



**Nominations due  
April 30, 2026**

Details & Forms online



[TasteofMansfieldct.weebly.com](http://TasteofMansfieldct.weebly.com)

Connecting the Community Through Local Food

## Co-Sponsored Youth Sports Organizations:

The Mansfield Parks and Recreation Department encourages and supports the formation, continuance, and growth of all recreation programs through the Department's Co-sponsorship Policy.

### Mansfield Little League

MLL provides organized, instructional and competitive baseball and softball programs for boys and girls ages 5-15, and includes Spring, Summer and Fall seasons. MLL also offers Umpire Training Programs for ages 13 and up. Please visit [www.mallct.org](http://www.mallct.org) for registration and additional information.

### WAM United Soccer Club

WAM (Willington, Ashford, Mansfield) United offers youth soccer programs in the spring, including: Saturday Instructional Clinic for grades 2 and younger. Two alternative programs for grades 3 through 8 that form teams to compete in the Northeast District League of the Connecticut Junior Soccer Association; and pick-up soccer games for grades 9-12. For additional information please visit the WAM United webpage for the Mansfield representative contact information ([www.WAMUnited.com](http://www.WAMUnited.com))

### Itty Bitty Sports (Ages 3-5)

This clinic is to get children ages 3-5 years old active in sports. Children will learn some fundamentals of basketball, soccer, tennis, and more! The focus will be on having fun while learning how to balance, hand-eye coordination activities, dribbling, kicking, and more. Clinics will be held on Monday nights. Parent/Guardian involvement is required. This is a parent/caregiver participation class. You are their best friend!

**Instructor:** MPRD Staff  
**Location:** CC Gym  
**Dates:** Mon. April 20-June 8 (7 classes, No class 5/25)  
**Times:** 4-5:00 p.m.  
**Fee:** \$48 for residents, \$58 for non-residents  
**Activity #:** 420055-A

### Micro Sports (Grades K-2)

This clinic is to get Kindergarten – 2nd grade children active in a trio of sports. Children will learn the fundamentals of basketball, soccer and tennis. Children will learn the skills necessary to play the game and have fun doing it. Clinics will be held on Monday nights.

**Instructor:** MPRD Staff  
**Location:** CC Gym  
**Dates:** Mon. April 20-June 8 (7 classes, No class 5/25)  
**Times:** 5:15-6:15 p.m.  
**Fee:** \$48 for residents, \$58 for non-residents  
**Activity #:** 420058-A

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EXTRA  
WIDE SIZES  
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Women's B - 4 EEEE

# Sports

## Archery (Grades 5-8)

Come join us for this new and exciting club! Archery has gained a lot of interest lately so we thought why not make a club for it! During this program participants will learn the basics of archery, how to shoot arrows, how to safely engage in the sport, as well as make their own targets that they can hit! We are excited about this program and hope you are too!

**Dates:** Wed. April 22-May 27  
**Times:** 3-4:15 p.m.  
**Location:** Mansfield Middle School  
**Fee:** \$125 for residents, \$135 for non-residents  
**Instructor:** Trevor Roberts  
**Activity #:** 420068-A



## Basketball Clinic 1 (Grades 3-8)

Never too early to start practicing your basketball skills for the upcoming season! This fun, high energy spring clinic is about building skills, confidence, and joy for the game of basketball through drills, games, and teamwork. Sign up for this skills based basketball clinic run by EO Smith head coach Jeff Belanger.

**Instructor:** Jeff Belanger  
**Location:** MCC Gym  
**Date:** Tues. April 14  
**Time:** 6:45-8:30 p.m.  
**Fee:** \$22 for residents, \$32 for non-residents  
**Activity #:** 440006-A

## Basketball Clinic 2 (Grades 3-8)

Never too early to start practicing your basketball skills for the upcoming season! This fun, high energy spring clinic is about building skills, confidence, and joy for the game of basketball through drills, games, and teamwork. Sign up for this skills based basketball clinic that is sure to be fun!

**Instructor:** Jeff Belanger  
**Location:** MCC Gym  
**Date:** Thurs. April 16  
**Time:** 6:45-8:30 p.m.  
**Fee:** \$22 for residents, \$32 for non-residents  
**Activity #:** 440006-B

## Flag Football Clinic (Grades 5-8)

Did you know that flag football is being added to the Olympics in 2028? If not, then you better start practicing now! This flag football clinic will be for middle school aged boys and girls. It will be a one day event that will hopefully lead into more! This clinic will focus on the basic skills of flag football such as throwing, catching, footwork, and more! Let's get enough people signed up so we can even play a game.

**Location:** Spring Hill Park  
**Date:** Sat. May 30th  
**Time:** 12-2pm  
**Fee:** \$15 for residents, \$25 for non-residents  
**Activity #:** 420077-A

## NEW! 3v3 Basketball Tournament (Grade 5-8)

Got a couple of friends who like to play basketball? Get signed up for our 3v3 basketball tournaments. We will be offering 3 different tournament dates. One for boys, one for girls, and a co-ed tournament as well. Register as a group and get ready to compete. Winners of all 3 tournaments will receive a special prize! Space is limited for the number of teams!

**Location:** Mansfield Community Center Gym  
**Date:** Boys Tournament Sun. April 26th  
Girls Tournament Sun. May 3rd  
Co-Ed Tournament Sun. May 10th  
**Time:** 12-3pm  
**Fee:** \$75 per team for residents,  
\$85 per team per non-residents  
**Activity #:** Boys Tournament (420400-A)  
Girls Tournament (420400-B)  
Co-Ed Tournament (420400-C)

See drop-in sports  
schedule on pg. 11

Free to members!  
Available to non-members with daily admission.

Water Sports also  
available! See Pg. 42 for  
the Mansfield Marlins  
Swim Team!

Youth Pickleball Lessons  
coming in May!

Please check back for more information!

## Quick Start Tennis (Ages 4-7)

In these introductory skill development sessions, tennis goals are to gradually improve hand-eye coordination, learn proper grip and stroke, and have a positive introduction to the game. Larger, lighter foam tennis balls are used during instruction and are particularly effective with children because they are easier to control and reach to. Typical kids games are used to incorporate and enforce proper use of a racquet and shadowing the coach.

**Instructor:** Sara Stephanou  
**Dates:** Sun. April 5-May 10 (6 Classes)  
**Time:** 9:00-9:30 a.m.  
**Fee:** \$32 for residents, \$42 for non-residents  
**Activity #:** 420060-A

**UPDATED**

## Beginner Tennis (Ages 7-10)

The perfect introduction to tennis! A few changes in size and format from the younger group with practice in stroke development and modified match play. In this class, participants will learn the basic strokes of tennis, making clean contact with the ball, and encourage movement on the court. Group games are played that further develop these skills. **Please make sure your child has the correct sized racquet.**

**Instructor:** Sara Stephanou  
**Dates:** Sun. April 5-May 10 (6 Classes)  
**Time:** 9:40-10:25 a.m.  
**Fee:** \$49 for residents, \$59 for non-residents  
**Activity #:** 420061-A

**UPDATED**

## Beginner Tennis (Ages 10-13)

The perfect introduction to tennis! A few changes in size and format from the younger group with practice in stroke development and modified match play. In this class, participants will learn the basic strokes of tennis, making clean contact with the ball, and encourage movement on the court. Group games are played that further develop these skills. **Please make sure your child has the correct sized racquet.**

**Instructor:** Sara Stephanou  
**Dates:** Sun. April 5-May 10 (6 Classes)  
**Time:** 10:35-11:20 a.m.  
**Fee:** \$49 for residents, \$59 for non-residents  
**Activity #:** 420063-A

**UPDATED**

## Intermediate Tennis (Ages 10-13)

*Participants must have completed at least two seasonal sessions of tennis with the orange or red ball to participate in this level. If your child doesn't meet those guidelines, please register them for the Beginner Tennis program.*

In this tennis program for more advanced players, there will be a different focus for each lesson (forehand, serve, consistency, angles, etc.) and play will range from drills to games and matches. The aim for the more advanced players is to have them hitting as many balls as possible and get in a good mix of drills and competitive (but friendly) games. There will be significantly more focus on instructing proper technique, grips, and strategies.

**Instructor:** Sara Stephanou  
**Dates:** Sun. April 5-May 10 (6 Classes)  
**Time:** 11:30-12:15 p.m.  
**Fee:** \$51 for residents, \$61 for non-residents  
**Activity #:** 420064-A

**UPDATED**

## Adult Pickleball (Ages 55 and Up)

Interested in learning the game of Pickleball? Sign up for our group Pickleball lessons for beginners looking to join the fun! This program is for adults ages 55 and up. You will learn the important basics of the game and apply those to actual court play.

**Instructor:** John Zavodjancik  
**Location:** MCC Gym and Outdoor Pickleball Courts at MMC  
**Date:** Tues. Apr. 7-Apr. 21 (310075-C)  
 Tues. May 5- May 19 (410075-D)  
 Tues. June 2-June 16 (410075-E)  
**Time:** 4:45-6:45p.m.  
**Fee:** \$62 for residents, \$72 for non-residents



### Pickleball at Sunny Acres Park!

Did you know we have outdoor pickleball courts at Sunny Acres Park? Sunny Acres is located on Meadowbrook Road in Mansfield and has four courts available for pickleball play. Nets are available to Mansfield residents free of charge. Register for the net access code.

**Activity #** 210000-A

### Discover the Michael Taylor & Family Pickleball Courts!

Located near the Ossen Family Community Playground at the Mansfield Community Center, all six regulation-size courts are available daily beginning at 8:00 a.m., weather permitting and when courts are clear of snow and debris. Court lights are available for evening play. Drop-in play is free and open to everyone—no membership required. Reservations are not permitted except for MPRD programs and special events. Parking is available at the Community Center



## Ninja-Fit (Grades Pre K-4)

Do you enjoy climbing and fun obstacles? Then you want to make sure to sign up for this program! The Ninja-Fit program is a fitness and fun based program for elementary and middle school aged children. This is a progressive learning program where participants can grow their climbing and fitness skills while also having tons of fun navigating through obstacles.

### Mini Ninjas (Pre-K)

**Location:** CC Gym  
**Dates:** Sat., Apr. 25 – Sat., May 30  
**Times:** 10-10:45a.m.  
**Fee:** \$63 for residents, \$73 for non-residents  
**Activity#:** 420059-A

### Little Ninjas (Grades K-2)

**Location:** CC Gym  
**Dates:** Sat., Apr. 25 – Sat., May 30  
**Times:** 11-11:45a.m.  
**Fee:** \$63 for residents, \$73 for non-residents  
**Activity#:** 420059-B

### Super Ninjas (Grades 3-4)

**Location:** CC Gym  
**Dates:** Sat., Apr. 25 – Sat., May 30  
**Times:** 10-10:45a.m.  
**Fee:** \$63 for residents, \$73 for non-residents  
**Activity#:** 420059-C



# NINJA-FIT CLASSES

**NEW PROGRAMS  
COMING IN  
APRIL 2026!**

**SCAN THIS CODE TO LEARN  
MORE ABOUT OUR FITNESS  
BASED CLASSES USING THE  
NEW G2N STRUCTURE AND  
REGISTER TODAY!**



## DON'T MISS OUT



## NEW! Junior Chefs (Grades 5-8)

Getting home from school and tired of the same old snacks? Getting ready in the morning and looking for some quick meals to make? Want to just learn how to make something without just warming it up in the microwave? Look no further! Our Junior Chef's program will teach you how to make some quick and easy meals for breakfast, lunch, dinner, and of course dessert! Maybe you can even cook a nice meal at our end of session Family dinner for you parent/guardian after these classes.

**Instructor:** Madeline Soroka

**Location:** MCC Kitchen and Community Room

**Date:** Thurs. April 2-April 30

**Time:** 3:30-4:30pm

**Fee:** \$20 per class for residents,  
\$30 per class for non-residents. plus an \$8 materials fee per class

**Activity #:** Breakfast of Champions (420025-A) (Thurs., April 2nd)  
Lunch Time (420025-B) (Thurs., April 9th)  
Winner Dinner (420025-C) (Thurs., April 16th)  
Delightful Desserts (420025-D) (Thurs., April 23rd)  
Family Dinner (420025-E) (Thurs., April 30th)

**UPDATED**

## NEW! Young REckers (Grades 5-12)

Looking through this brochure and not finding what you want? Ever think "it would be awesome if they offered this"? Now is your chance! Join this free group that will meet once a week and help us create Parks and Recreation Programs for youth in Mansfield. During this program you will be able to express what you are looking for, learn how to design programs, and potentially get your program added to future brochures!

**Instructor:** Steven Capobianco

**Location:** Mansfield Community Center

**Date:** Wed. April 22-May 27

**Time:** 3:30-4:30pm

**Fee:** FREE

**Activity #:** 420015-A



## Clean Cut Lawn and Snow Service Inc.

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- Snow plowing
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# FITNESS SCHEDULE SPRING 2026

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
<b>Spin M</b> <b>*Member Only*</b> <b>5:45-6:45 a.m.</b> 472000-A 9 classes- no 5/25 Instructor: Ron	<b>Hardcore Bootcamp</b> <b>5:40-6:25 a.m.</b> 470012-A \$44/\$88 9 classes- no 4/14 Instructor: Tiffany	<b>Spin W/F</b> <b>5:45-6:45 a.m.</b> 470001-A \$130/\$260 20 classes Instructor: Ron	<b>Hardcore Bootcamp</b> <b>*Member Only*</b> <b>5:35-6:20 a.m.</b> 472007-A 8 Classes- no 4/16 & 5/14 Instructor: Tiffany	<b>Spin W/F</b> <b>5:45-6:45 a.m.</b> 470001-A \$130/\$260 20 classes Instructor: Ron	<b>Chair Yoga</b> <b>10-11am</b> 470045-A \$52/\$104 8 Classes- no 4/18 & 4/25 Instructor: Masila	<b>Restore Yoga</b> <b>*Member Only*</b> <b>8:15-9:15 a.m.</b> 472010-A 8 classes- no 6/7 & 6/14 Instructor: Carol
<b>Total Body</b> <b>9-10 a.m.</b> 470097-A \$68/136 9 classes- no 5/25 Instructor: Jiani	<b>Spin T/Th</b> <b>6:30-7:30 a.m.</b> 470001-B \$130/\$260 20 classes Instructor: Ron	<b>Tabata</b> <b>8-8:30 a.m.</b> 470100-B \$26/\$52 8 classes- no 4/15 & 5/13 Instructor: Tiffany	<b>Spin T/Th</b> <b>6:30-7:30 a.m.</b> 470001-B \$130/\$260 20 classes Instructor: Ron	<b>Spin</b> <b>*Member Only*</b> 7:45 - 8:30 a.m. 472000-B 7 classes- no 4/3, 4/10, 5/22 Instructor: Keri		
<b>Kettlebell</b> <b>10-10:30 a.m.</b> 470074-A \$26/\$52 8 classes- no 4/13 & 5/25 Instructor: Tiffany	<b>Pilates Level 1</b> <b>9:45-10:30 a.m.</b> 470028-B \$51/\$102 9 classes- no 4/7 Instructor: Keri	<b>Functional Strength</b> <b>8:45-9:30 a.m.</b> 470014-A \$40/\$80 8 classes- no 4/15 & 5/13 Instructor: Tiffany	<b>Barre</b> <b>10-11 a.m.</b> 470007-A \$68/\$136 8 classes- no 4/2 & 4/9 Instructor: Keri	<b>Strength Fusion</b> <b>*Member Only*</b> <b>8:45-9:30 a.m.</b> 472009-A 8 classes- no 4/17 & 6/5 Instructor: Tiffany		
<b>Tabata</b> <b>10:45-11:15 a.m.</b> 470100-A \$26/\$52 8 classes- no 4/13 & 5/25 Instructor: Tiffany	<b>Pilates Level 2</b> <b>10:40 - 11:25 a.m.</b> 470028-C \$51/\$102 9 classes- no 4/7 Instructor: Keri	<b>Water Fitness</b> <b>9:30-10:30 a.m.</b> 470037-B \$61/\$122 8 classes- no 4/1 & 4/8 Instructor: Keri	<b>Aqua Therapy</b> <b>10:30-11:15 a.m. T/Th</b> 470041-A \$88/\$176 18 classes- no 4/16 Instructor: Dorinda	<b>Senior Fit Stability</b> <b>10-10:45 a.m.</b> 470023-A \$50/\$100 10 classes Instructor: Ron		
<b>Water Fitness</b> <b>10 - 11 a.m.</b> 470037-A \$61/\$122 8 Classes- no 4/6 & 5/25 Instructor: Keri	<b>Aqua Therapy</b> <b>10:30-11:15 a.m. T/Th</b> 470041-A \$88/\$176 18 classes- no 4/14 Instructor: Dorinda	<b>Senior Fit Classic</b> <b>10-10:45 a.m.</b> 470098-A \$68/\$136 9 classes- no 4/15 Instructor: Jerry	<b>Senior Fit Yoga</b> <b>*Member Only*</b> <b>11-11:45 a.m.</b> 472008-A 10 classes Instructor: Ron	<b>Yoga Strength &amp; Stability</b> <b>10:30-11:30 a.m.</b> 470027-A \$76/\$152 10 classes Instructor: Sharon		
<b>Silver Sneakers Classic</b> <b>10-10:45 a.m.</b> 470015-A \$61/\$122 8 classes- no 4/13, 5/25 Instructor: Jerry	<b>Senior Fit Circuit</b> <b>*Member Only*</b> <b>11-11:45 a.m.</b> 472004-A 10 classes Instructor: Ron	<b>Chair Classic</b> <b>10-10:45 a.m.</b> 470019-Z \$68/\$136 9 classes- no 4/15 Instructor: Jerry	<b>Aqua Therapy</b> <b>11:20 a.m.-12:05 p.m. T/Th</b> 470041-B \$88/\$176 18 classes - no 4/16 Instructor: Dorinda	<b>Silver Sneakers Stability</b> <b>11-11:45 a.m.</b> 470019-A \$50/\$100 10 classes Instructor: Ron		
<b>Chair Classic</b> <b>10-10:45 a.m.</b> 470015-V \$61/\$122 8 classes- no 4/13, 5/25 Instructor: Jerry	<b>Aqua Therapy</b> <b>11:20 a.m.-12:05 p.m. T/Th</b> 470041-B \$88/\$176 18 classes- no 4/14 Instructor: Dorinda	<b>Gentle Yoga</b> <b>10:30-11:30 a.m.</b> 470046-A \$76/\$152 10 Classes Instructor: Sharon	<b>Zumba</b> <b>*Member Only*</b> <b>5 - 6 p.m.</b> 472011-A 7 classes- no 5/21, 5/28, 6/11 Instructor: Tianna			
<b>Silver Sneakers Circuit</b> <b>11-11:45 a.m.</b> 470008-A \$61/\$122 8 classes- no 4/13, 5/25 Instructor: Jerry	<b>Osteoporosis for Women</b> <b>12- 1 p.m.</b> 470051-A \$55/\$110 5 Classes Only- 4/7 - 5/5 Instructor: Kristin	<b>Silver Sneakers Circuit</b> <b>11-11:45 a.m.</b> 470008-B \$68/\$136 9 classes- no 4/15 Instructor: Jerry	<b>Ability Fitness</b> <b>6:15 - 7:00 p.m.</b> 470005-A \$40/\$80 7 classes- no 4/9, 4/16, 5/14 Instructor: Mandy			
<b>Chair Circuit</b> <b>11-11:45 a.m.</b> 470008-V \$61/\$122 8 classes- no 4/13, 5/25 Instructor: Jerry	<b>AT for All</b> <b>12-1 p.m.</b> 470050-A \$55/\$110 5 classes only- 5/12 - 6/9 Instructor: Kristin	<b>Chair Circuit</b> <b>11-11:45 a.m.</b> 470008-Z \$68/\$136 9 classes- no 4/15 Instructor: Jerry	<b>1st Year Tai Chi</b> <b>5:30-6:45 p.m.</b> 470029-A \$95/\$190 10 classes Instructor: George			
<b>Pilates- Dynamic</b> <b>*Member Only*</b> <b>5:15 - 6:15 p.m.</b> 472003-A 9 classes- no 5/25 Instructor: Jiani	<b>Spoga</b> <b>6:15 - 7:15 p.m.</b> 470004-A \$65/\$130 10 classes Instructor: Ron	<b>Boxing Basics</b> <b>3:15-4 p.m.</b> 470099-A \$68/\$136 9 classes- no 4/15 Instructor: Jerry	<b>Continuing Tai Chi</b> <b>7-8:15 p.m.</b> 470030-A \$95/\$190 10 classes Instructor: George			
<b>Pilates- Dynamic</b> <b>6:30 - 7:30 p.m.</b> 470028-A \$68/\$136 9 classes- no 5/25 Instructor: Jiani		<b>Corefusion</b> <b>5-6 p.m.</b> 470055-A \$59/118 9 classes- no 4/15 Instructor: Dorinda				

**MEMBER-ONLY FITNESS CLASSES!**

NEW! Included in your membership to the community center you now get access to select classes for free. Pre-registration is required, registration opens 24hours prior to the class start time. Use the QR code below to learn more information and to learn how to register for these free classes!



SCAN HERE

How-to Instructions

Member-Only Classes

**SPRING FITNESS CLASSES 2026**

Session: Monday, April 6 - Sunday June 14

Make-Up Class Week: Monday, June 15 - Sunday, June 21

First fee listed is for MCC members, second fee is for non-members

See class descriptions pages 35-36

For help finding the right class for your needs, see page 34

Please check your receipt for information updated after printing of brochure

See page 38 for information on personal training

See page 37-38 for information on health and fitness learning

**KEY**

- Class is in gym
- Class is in pool
- Class is in Community Room
- Class is Virtual
- Child Care Available



LET OUR FITNESS STAFF HELP YOU

**GET STARTED ON YOUR FITNESS JOURNEY THE RIGHT WAY!**

**FREE STARTING STRONG EQUIPMENT ORIENTATION SESSIONS AVAILABLE TO MEMBERS**

CALL 860-429-3015 EXT. 0




**MANSFIELD COMMUNITY CENTER**  
Family, Fitness & Fun!

Flex your options: Here are ways to maintain a flexible fitness schedule and still enjoy your classes: Members - Fitness Flex 15 classes = \$135, Fitness Flex 25 classes = \$225. Expires 1 year from date of purchase. Members may also pay per one class drop in \$10 each. Non-members = \$16 per one class drop in. Not a member yet? See how our 3 month memberships can give you more options and save you money on fitness programs.

# Fitness

Find your perfect fitness class!

**Looking to improve flexibility, range of motion or balance?**

Pilates Level 1 & 2  
Yoga Strength & Stability  
Tai Chi  
Barre  
Gentle Yoga

**Need a gentle class or have mobility issues?**  
Silver Sneakers Classes  
Gentle Yoga, Tai Chi  
Aqua Therapy  
CHAIR Knee Care Restore

**Senior Classes**

Silver Sneakers Classic  
Silver Sneakers Circuit  
Silver Sneakers Stability  
Senior Fit Yoga  
Senior Fit Circuit  
Senior Fit Classic  
Senior Fit Stability

**Fun and Challenging**

Kettlebells, Bootcamp  
Pilates- Dynamic  
Total Body  
Barre, Spoga  
ZUMBA  
Strength Fusion  
Corefusion

**Prefer a water class?**  
Aqua Therapy  
Water Fitness

**Learning & Challenges**

Alexander  
Technique for All  
Knee Care Restore  
Strong Spine

**Build Strength & Endurance with:**

Bootcamp  
Kettlebells  
Strength Fusion  
Functional Strength  
Barre  
Total Body

**New!**

Osteoporosis for  
Women  
ZUMBA

**V**

**Virtual**  
Chair Circuit  
Chair Strength

**Actively seeking Fitness Instructors**

Certified applicants  
email [funkj@mansfieldct.org](mailto:funkj@mansfieldct.org)

Find Your Perfect Fitness Class! We have a variety of fitness classes to satisfy participants of all abilities. Our instructors will keep you motivated while teaching you safely and effectively. You will learn new moves while challenging your body. Be part of group fitness and put the fun back into your workout!

# Fitness Class Descriptions Spring 2026

## Member-Only Classes

CLASS	DESCRIPTION
<b>Hardcore Bootcamp</b>	This is a total body workout with emphasis on core and muscle endurance as well as specific athletic applications for any sport. Be prepared to work hard. Please be on time for proper exercise instruction at the beginning of class. Bring a water bottle and sweat towel. Class may utilize outdoor space as weather allows.
<b>Pilates- Dynamic</b>	Dynamic Pilates class is a more energetic and challenging variation of traditional Pilates. It combines controlled movements with a faster pace and added resistance to build strength, improve flexibility, and enhance core stability. Expect a full-body workout that targets deep muscles, improves posture, and leaves you feeling strong and revitalized
<b>Restore Yoga</b>	Join us on Sunday mornings for our restorative yoga class. This is an excellent pathway to quiet the mind and calm the body. With the use of props such as blocks, and blankets restorative postures release tension and encourage surrender into a deeper sense of relaxation and stillness. Restorative yoga classes are perfect for all levels of experience and stages of flexibility.
<b>Senior Fit Circuit</b>	Stay strong, active, and confident with this low-impact, full-body circuit workout designed specifically for older adults. Move through a series of functional exercises that improve strength, balance, flexibility, and coordination. Chair support is offered to safely perform movements.
<b>Senior Fit Yoga</b>	You will move your whole body through a complete series of seated and standing yoga poses. Chair support is offered to safely perform a variety of seated and standing postures designed to increase flexibility, balance and range of movement. Restorative breathing exercises and final relaxation will promote stress reduction.
<b>Spin</b>	Special stationary bikes, trained instructors and motivating music provide a great workout. We STRONGLY encourage participants to come to class 5 minutes early allowing time for set up and to bring a water bottle and sweat towel. Available for Member Exclusive and Non-Member.
<b>Strength Fusion</b>	A high intensity workout combining strength training and functional movements to build muscle, improve endurance, and boost overall fitness. This class blends weightlifting, bodyweight exercises, and circuit-style training to challenge your body and deliver powerful results. Perfect for all fitness levels!
<b>Zumba</b>	Get ready to groove in a 60-minute Zumba class that transforms fitness into a dance party. Start with a fun warm-up to get your body moving, then dive into a high-energy mix of salsa, merengue, and hip-hop

## ALL OTHER CLASSES

CLASS	DESCRIPTION
<b>1st Year Tai Chi</b>	This class will introduce students to this ancient Chinese martial and movement system that can help alleviate stress, calm the mind, improve balance and circulation and increase flexibility. We'll use various Yang style Tai Chi movement and classical Qigong healing exercises to help us learn to direct our life force (Chi) to relax and energize the mind and body and move toward a more relaxed mindfulness. This course can be repeated as many times as the student feels necessary before moving on to the Continuing class.
<b>Ability Fitness</b>	For Adults and Teens with special needs. We welcome individuals ages 14+ to join us for a fun and healthy fitness class. Class will include riding stationary "spin" bikes for cardiovascular exercise as well as functional based strength training. Strength training may include body weight exercises or other forms of resistance including hand weights, resistance bands, stability balls or aerobic steps. Instructor will make modifications to meet the needs of the participants as best as possible. Individuals requiring special accommodations such as additional staff support should register at least 15 days in advance. * Please be sure to note any special accommodations or medical alerts on the registration form.
<b>Aqua Therapy</b>	A gentle therapeutic water exercise class designed to increase flexibility, strength, endurance and help improve posture in the warm therapy pool! Great for individuals with arthritis, moderate joint pain, back pain or other musculoskeletal issues.
<b>AT for All</b>	The Alexander Technique is a method for improving posture, coordination, and overall movement. It emphasizes the relationship between the head, neck, and back and how these elements influence the overall bodily coordination. By becoming conscious of these patterns, individuals can learn to release unnecessary tension and move in a more balanced and efficient manner.
<b>Barre</b>	A dynamic fusion of ballet-inspired movement, Pilates, and strength training. This low-impact, high-intensity class focuses on small, precise movements that sculpt muscles, improve posture, and build endurance. Expect a full-body burn with light weights, pulsing holds, and core-focused work—all set to upbeat music.
<b>Boxing Basics</b>	Step into the ring—without the hits. This high-energy, non-contact boxing class is designed for individuals looking for a powerful workout that builds strength, stamina, and stress relief without sparring. You'll learn real boxing techniques—footwork, combinations, and bag work—while improving cardiovascular fitness, coordination, and confidence. No experience required. Gloves on, stress off. Personal equipment will be needed at participants expense after the first week of classes.
<b>Chair Yoga</b>	Chair Yoga is a gentle, accessible form of yoga performed primarily while seated or using a chair for support. It focuses on improving flexibility, balance, strength, and relaxation through slow, controlled movements and breathing techniques — making it ideal for beginners, older adults, or anyone looking for a low-impact workout.

# Fitness Class Descriptions Spring 2026

CLASS	DESCRIPTION
<b>Continuing Tai Chi</b>	This class is designed for experienced practitioners to bring their Tai Chi skills to the next level. We will focus our practice on Tai Chi fundamentals and principles, improved energy and body balance and an enhanced body-mind connection using more complex form movements and Chi (life force) cultivation exercises. Requirement: two years experience or permission of the instructor.
<b>Corefusion</b>	A class combining the fundamental movements of both Pilates and Yoga. Emphasis on breath work and core strength.
<b>Functional Strength</b>	This program will work on strengthening your major muscle groups with simple athletic movements. This class uses bands, weights, steps and balance training along with your own body weight to help you get stronger to do what you want and need to do daily. This class will also incorporate stretching for flexibility.
<b>Gentle Yoga</b>	A class for true beginners and those requiring a very basic gentle class. Gentle yoga will emphasize breath work, proper body alignment, and begin the process of improving health through the practice of yoga. Focus will also be on linking breath with the movement. Participants should be able to get on/off the floor.
<b>Hardcore Bootcamp</b>	A major challenge. This is a total body workout with emphasis on core and muscle endurance as well as specific athletic applications for any sport. Be prepared to work hard. Please be on time for proper exercise instruction at the beginning of class. Bring a water bottle and sweat towel. Class may utilize outdoor space as weather allows.
<b>Kettlebells</b>	This class is a high intensity class incorporating all basic Kettlebell movements as well as learning some advanced moves. This class will help you gain strength while improving cardiovascular health, balance and flexibility. Pre-req: Kettlebells Basics or instructor permission required.
<b>Osteoporosis for Women</b>	This class is designed to help women build strength, improve balance, and enhance bone health in a safe and supportive environment. Through low-impact weight-bearing exercises, posture work, and flexibility training, participants will learn effective ways to maintain mobility and reduce the risk of falls or fractures. Suitable for all fitness levels, with modifications provided to meet individual needs.
<b>Pilates Level 1</b>	An introduction to the fundamentals of Pilates, this class focuses on core strength, alignment, and controlled movement. Students will learn proper breathing techniques and foundational exercises to build stability, flexibility, and body awareness. Ideal for beginners or anyone looking to refine their technique.
<b>Pilates Level 2</b>	Building on the foundations of Level 1, this class offers a more challenging and dynamic practice. Participants will explore advanced variations, increased resistance, and fluid sequencing to further develop strength, coordination, and endurance. Recommended for those with prior Pilates experience seeking to deepen their practice. Please speak with instructor before signing up
<b>Silver Sneakers Circuit</b>	Combine fun with fitness to increase your cardiovascular and muscular endurance power with a standing circuit workout. Upper-body strength work with hand-held weights, elastic tubing with handles, and a workout ball is alternated with low-impact aerobics choreography. A chair is used for standing support, stretching and relaxation exercises. <b>*Virtual Option Available*</b>
<b>Silver Sneakers Classic</b>	Have fun and move to the music through a variety of exercised designed to increase muscular strength, range of movement and activities for daily living. Hand-held weights, elastic tubing with handles and workout balls are offered for resistance. A chair is available if need for seated or standing support. <b>*Virtual Option Available*</b>
<b>Silver Sneakers Stability</b>	Stability is the newest Senior Designed class to help you become stronger and improve balance. The movements taught in class focus on specific exercises to improve strength and power around the ankle, knee and hip joints, while improving your reaction time. Class is FREE for Silver Sneakers members.
<b>Spoga</b>	A yoga- spin hybrid class, designed to give you 30 minutes of cardiovascular workout on the spin bike, followed by 30 minutes on the yoga mat. The combination allows you to increase your overall fitness while improving flexibility and core strength.
<b>Tabata</b>	Tabata class is a fast-paced, high-intensity workout that combines short bursts of exercise with brief rest periods. It's designed to improve strength, endurance, and overall fitness in a short amount of time. Expect a challenging and energizing session that gets your heart rate up
<b>Total Body</b>	A beginner-friendly class that focuses on building a strong foundation with bodyweight and dumbbell exercises. Perfect for those new to fitness, this class targets all major muscle groups to improve strength, mobility, and endurance.
<b>Water Fitness</b>	A non-impact workout in the lap pool, using both deep and shallow end of the pool. Participants can expect a total body workout!
<b>Yoga Strength and Stability</b>	This class focuses on building muscular strength, improving balance, and increasing overall stability through intentional yoga flows. Using standing poses, core work, and controlled transitions, you'll challenge your body while maintaining mindful movement and breath. Perfect for all levels

# Health & Fitness Learning

## Health Assessment & Coaching

Are you stuck trying to figure out how to start on your fitness or exercise journey? Do you want to explore more aspects of your health as a whole? Have your fitness gains plateaued? We offer Personal Training for your exercise specific goals, but sometimes you just need a little more or something different to round out your routine. Email Jill Funk at [funkj@mansfieldct.org](mailto:funkj@mansfieldct.org) for more information on how to get started. Sport Specific coaching available as well.

### Functional Movement Screen

First Move Well, Then Move Often! The Functional Movement Screen is comprised of 7 tests that look at your balance, mobility and stability. These patterns of movement will show you where your weaknesses, imbalances, asymmetries and limitations lie. No matter your fitness level, this test can benefit your exercise program by finding faulty movement patterns. Find out where you are compensating in your movement; improve your biomechanics; help prevent future injuries.

2-30 minute sessions - \$120

### Body Composition Testing

Being healthy or getting fit is more than just exercise. We can help you look at YOUR body and give you information that you can use more effectively than just a number on the scale. Did you know...lean muscle weighs more than fat? The location of changes in skinfold measurements can provide clues about your hormone levels. Analyzing your body composition can help you set and reach goals. Initial measurements of skinfold and girth taken at 4-7 sites. Calculation of body fat and lean mass percentages.

2-30 minute sessions - \$120

### Pre-Post Natal Exercise Counseling:

Scientific studies suggest the numerous health benefits that exercise provides for both expectant mothers and their babies. Yet, the unique physical changes that accompany pregnancy and the postnatal period necessitate specialized knowledge and attention. We can help you with personalized programs that will prioritize the well-being of both mothers and their newborns. Interested in this program? Please contact [Jill Funk @ funkj@mansfieldct.org](mailto:Jill Funk @ funkj@mansfieldct.org) for more information.

### Youth Fitness - Cardiovascular



Youth ages 10-13 may utilize the cardiovascular equipment (ellipticals, bikes, rower) with proper parental supervision. Parent or guardian (18+) must be actively supervising youth at all times. Youth and parent must check in with Fitness Assistant upon arriving on the fitness floor. Only cardiovascular equipment may be used, unless Youth Resistance Training Class has been completed. Orientation to cardiovascular equipment is not mandatory,

but strongly suggested. Please ask for help from our Fitness Assistants.

☺ See pg. 10 for corresponding Child Care hours for younger siblings

**Days:** Tues., Thurs., Fri., 4 p.m. - Close, Sat. & Sun. all day

**Fee:** FREE! - Members only!

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## Youth Resistance Training Orientation

This Personal Trainer led class allows youth ages 10-13 and their parent or guardian (18+) to learn the basics of a safe progressive Resistance Training Program. After completion of this orientation, youth are then allowed to take this pre-designed program to the fitness area during youth fitness hours, under a parents/guardians supervision. This class is mandatory for use of the fitness center by this age group. **This program is available to Community Center Members only. Pre-registration required.**

**Instructor:** Mansfield Community Center Personal Trainers

**Location:** Exercise/Dance Studio

**Day/Time:** Check back for more information!

**Fees:** \$10 per youth/parent pair - Members only - Registration Required

**Activity Number:** 470090-A



## Personal Training for All Levels of Fitness

All our trainers have a common link...the commitment to improve your health. Their commitment includes a personal program tailored to meet your needs, active involvement in your training, and a wealth of knowledge to approach your fitness program with confidence. To assist you in finding the best personal trainer to meet your needs, check out our trainer profiles online or in the fitness center, or check in with our Recreation Supervisor, Jill Funk for more information. Sessions and schedules are designed to meet individual and small group needs. Pricing per session will be \$70-\$90 per hour with options for shorter sessions or small groups to provide cost savings.

- Rehabilitative Needs
- Specific Athletic Conditioning
- Small Group Training
- Weight Loss or Gain
- Motivation

## Meet Our Personal Trainers

Find bios at

<https://www.mansfieldct.gov/1657/Personal-Training>



**Jerry Kleinman**  
jerryk@anyagefitness.com



**Jill Funk**  
funkj@mansfieldct.org  
429-3015 ext. 6202



**Tony Singe**  
singeat@comcast.net



**Jiani Ren**  
jiani.106621@gmail.com

## Forest Bathing - A Mindfulness experience in Nature

Experience the healing and wellness practice of forest therapy; sometimes also referred to as forest bathing. Grounded in the Japanese practice; shinrin-yoku, the practice of bathing the senses in the atmosphere of the forest promotes reducing stress, enhancing mood and feelings of wellness. On the 2 hour walk, you will experience a series of guided, gentle invitations to open the senses, cultivate presence, and invite healing interactions between people and the natural world. Everyone gets something different from forest walking experiences- it may help you feel more connected to nature, or you may experience connection to others or yourself during your time on the walk. This is not a hike and is open to all ability levels; and levels of experience in nature. Come for this free activity to pause in the day and connect with the more than Human World and to others on the walk.

**Trainer:** *Gina DeVivo Brassaw* is Certified as a guide with the Association of Nature and Forest Therapy. As a forest therapy guide, Gina will guide the group, with the forest as the therapist.

**Location:** Information on park location in Mansfield will be emailed prior to the walk

**Fee:** Free for members. \$10 per date for non-members

**Sessions:** Check back for more information!

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## Myofascial Release Hand and Foot Clinic

Reduce pain, stiffness, recover faster, get stronger. Our hands and feet are two of the most used parts of our body on a daily basis, yet how often do we show them attention and care? In this class we'll use a number of props and tools (which will be yours to take home) in order to reconnect & rebalance your body with your mind, rehydrate your fascia and release tension which will lead to overall better mobility and reduced chronic pain throughout your entire body. By the end of 6 sessions you will have an easy to follow daily protocol that you can quickly do at home to maintain the benefits. All levels of fitness are encouraged to enroll.

**Trainer:** *Keri Jenkins*

**Location:** Community Room

**Fee:** \$45 for members, \$90 for non-members \$50 Material Fee

**Sessions:** 6 classes Tues., Apr. 14 - Tues., May 19

**Time:** 6 - 6:45 p.m.

**Activity #:** 471003-A

## Strong Spine

Build a resilient, balanced, and supported body from the core, out. This class focuses on strengthening the muscles that support your spine—including your core, back, glutes, and hips—while improving posture, alignment, and stability. Through targeted exercises, mobility work, and mindful movement, you'll enhance spinal health, reduce the risk of injury, and feel more confident in everyday movement.

**Trainer:** *Jiani Ren*

**Location:** MCC Dance/Fitness Studio

**Fee:** \$38 for members, \$76 for non-members

**Sessions:** 5 Classes- Thu., Apr. 9 - Thur., May 7

**Time:** 12-12:45 p.m.

**Activity #:** 471004-A

## Knee Care Restore

Support your knees with gentle, targeted movement designed to build strength, improve mobility, and reduce discomfort. This restorative class focuses on the muscles and joints that impact knee health—hips, quads, hamstrings, calves, and feet—using mindful exercises, stretching, and stability work. Ideal for anyone recovering from knee issues, dealing with chronic pain, or simply wanting to move with more ease and confidence.

**Trainer:** *Jiani Ren*

**Location:** MCC Dance/Fitness Studio

**Fee:** \$38 for members, \$76 for non-members

**Sessions:** 5 Classes- Thu., May 14 - Thur., Jun. 11

**Time:** 12-12:45 p.m.

**Activity #:** 471005-A

## CHAIR Knee Care Restore

This supportive, chair-based class is designed to improve strength, balance, and flexibility in a safe and accessible way. Using the chair for seated and standing exercises, participants will work on building muscle, enhancing posture, and increasing overall stability. Movements can be easily modified, making this class ideal for beginners, active older adults, or anyone looking for a low-impact, confidence-building workout. Perfect for improving daily movement, preventing falls, and staying strong—no getting down on the floor required!

**Trainer:** *Jiani Ren*

**Location:** Community Room

**Fee:** \$38 for members, \$76 for non-members

**Sessions:** 5 Classes- Thu., May 14 - Thur., Jun. 11

**Time:** 1-1:45 p.m.

**Activity #:** 471005-B

## POOL RULES -for your safety-

- All patrons **MUST** shower before entering the pools.
- All children who are not potty trained must wear appropriate swim diapers. There are No exceptions.
- Children 5 years and under must be accompanied into the water by an adult (18 years or older) who is within arms reach.
- Children 6 – 8 years old must be accompanied by an adult (18 years or older) into the pool if they have NOT passed a swim test.
- Children 6 – 8 years old must be accompanied by an adult (18 years or older) into the pool area if they have passed a swim test.
- Children who are 9 and over who have passed a swim test are allowed in the pool and pool area without a parent.
- Children who are 9 - 11 and who have NOT passed a swim test must be accompanied by an adult (18 years or older) into the pool area.
- Only MCC provided Coastguard approved lifejackets and life vests are permitted in our pool during general swim times and family use times ONLY and in designated areas of the pool. **Any child/patron wearing a lifejacket or life vest must be accompanied into the water by an adult 18 years or older and must be within arm's reach.** No one wearing a lifejacket will be permitted in the deep end of the pool.
- Only MCC provided Kickboards, pull buoys, and noodles may be used in the pools and are 18+.
- Masks without nose covering, snorkels, fins and hand paddles are allowed during lap swim only.
- Only MCC **APPROVED** pool equipment & toys may be used in the pools.
- Questionable swimmers may be asked to take a swim test consisting of one comfortable 25 yard lap of front crawl, 30 second water tread, and 10 second back float. Swimmers may be retested at any time.



## Our Aquatic Swim Test

Help keep our pool safe and ask a guard to administer a swim test. Swim tests are an important part of keeping our members and guest safe in the swimming area. All swimmers ages 6-14 should be swim tested on their first visit! Below is what the swim test consists of.



- 1. Swim 25 yards:** Child cannot touch floor, wall or lane line. Must continually be moving forward, must not stop. If child stops or holds onto something they must restart the swim test. If they do not pass they may be asked to wear a lifejacket if they can't touch the bottom of the pool in the shallow end. If a lifejacket is required a parent must enter the water with the child.
- 2. Tread Water 30 seconds:** Child must demonstrate they can tread water for 30 seconds. Any style kick is fine as long as child's head stays above water.
- 3. Back-float for 10 seconds:** Child must demonstrate the ability to get into a back float and hold it for at least 10 seconds.

### Our Policy

Children 5 years and under must be accompanied into the water by an adult (18 years or older) who is within arm's reach.

Children 6 – 8 years old must be accompanied by an adult (18 years or older) into the pool if they have NOT passed a swim test.

Children 6 – 8 years old must be accompanied by an adult (18 years or older) into the pool area if they have passed a swim test.

Children who are 9 and over who have passed a swim test are allowed in the pool and pool area without a parent.

Children who are 9 - 11 and who have NOT passed a swim test must be accompanied by an adult (18 years or older) into the pool area.

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# Aquatics



Welcome to the Mansfield Community Center Indoor Aquatic Center. The Center has one 6-lane 25 yard competitive lap pool with a diving area, and a mid-size therapy pool for specialized use and classes. We offer a wide range of activities and programs to accommodate all ages and abilities including swimming lessons, water fitness classes, general recreational swimming, lap swimming, and much more. Pools operate under the supervision of certified Lifeguards at all times. The pools also host several special events including our Family Fun Nights and are available for birthday party rentals as well. The Aquatic Center will close at 8:00 p.m. Monday through Friday, and on Saturday and Sunday, at 3:30 p.m. with the exception of specific holiday hours. For an overview of pool usage and designated activity time, please pick up a **bi-weekly pool schedule** located at the kiosk in the front lobby or visit our website at [www.mansfieldcc.com](http://www.mansfieldcc.com).

## GENERAL INFORMATION

### Main Pool

Our 6-lane, 25-yard lap pool is available for General Swim, Lap Swim, as well as hosting several aquatic classes and lessons. Please see our weekly block schedule for an overview of designated times.

### General Swim

The Main Pool is open for recreational and leisure swimming for individuals and families at designated times. All non-swimmers must be in the water with an adult at all times. The diving board will be open at various times, please see the bi-weekly schedule for details. General swim cannot be used for lap swimming.

### Lap Swim

Lap swim times are available at designated times. Lap swimming is intended for fitness and requires continuous movement with appropriate swimming strokes at your own pace. Snorkels are allowed at lap swim times only. Masks covering the nose are prohibited.

### Therapy Pool

The Therapy Pool has designated time for specialized classes, therapeutic use, and family swim. This pool's intended purpose is to provide a warmer, more comfortable environment for those with therapeutic needs such as arthritis, chronic joint pain, and fatigue, as well as individuals needing rehabilitation for injuries. This pool is available for families and swim lessons at designated times. Please see the bi-weekly schedule for an overview of times.

### Therapeutic Use

This time is designated for individuals with therapeutic needs only. Limited water exercise equipment is available for individual use upon request. Specialized water fitness equipment is allowed with staff approval. This time is reserved for 18+, special considerations will be made on a case by case basis.

### Family Use

This time is designated for families to utilize and enjoy the warm comfortable environment of the Therapy Pool. Please be respectful of those using the pool for therapeutic purposes. There is no jumping in the therapy pool.

## You Can Choose to Swim Healthy!

Healthy Swimming behaviors are needed to protect you and your kids from RWIs (Recreational Water Illnesses) and will help prevent germs from getting in the pool.

Here are three "MUSTs" that promote Healthy Swimming:

### Three "MUSTs" for All Swimmers

1. Swimmers **MUST** take a shower at the MCC with warm water and soap before entering the pools.
2. Swimmers **MUST** avoid swimming if they have diarrhea or any communicable disease. This can spread germs in the water and make other people sick.
3. Swimmers bringing in their own approved equipment **MUST** rinse off equipment in the shower before use. Please see our approved equipment list for more information.

## Lap Swim Etiquette

Due to the limited number of lap lanes, it is mandatory that patrons share lanes accordingly:

- Please group yourselves according to ability.
- Two swimmers – each swimmer stays on his/her respective side of the lane.
- Three swimmers – swim counter-clockwise in a single file line, staying on the right side of the lane.
- Make sure it is safe to pass if necessary.
- Safety First – When entering a lane that is already occupied by a swimmer, please alert that swimmer that you will be sharing a lane with them.
- Swim caps are encourage during lap swim.

**POOL TEMPERATURE**

Therapy Pool: 92°-96°

Main Pool: 80°-82°



## American Red Cross Swimming & Water Safety Program

The Mansfield Community Center is proud to be an authorized provider of the American Red Cross **Swimming and Water Safety** program. If you have a passing certificate from last year or last session, then please select the next level for your child. Proper swim lesson placement is key in providing a successful, enjoyable swim lesson experience and in ensuring participant safety in the water. Please see the level descriptions page as a guide when registering your child. Fall group swim lessons are held during Monday or Wednesday evenings, or Sunday or Saturday mornings. Classes at the MCC may be cancelled in the event of lightning or thunder storms, any potential significant snow storms, and/or other unsafe pool conditions. Participants will be notified if any cancelled classes will be made up. Sunday, Monday, and Wednesday group lessons consist of 8 classes/ 30 minutes per class. Please see the winter class schedule for details and class fees.



### Young Adult/Adult Introduction to Swim Lessons (Ages 13+)

These lessons are designed for adults with minimal or no swimming experience, or those who need assistance adjusting to a water environment. This course will take adults through the beginner skills such as Floating, Kicking, Rotary Breathing, Treading Water, and Basic Strokes. This group-setting class will provide an appropriate level of instruction for adults wanting to discover the benefits of learning how to swim and be safe in and around water.

**Location:** MCC Pool  
**Dates:** Mon., April 6 – June 1 (no class May 25) (8 weeks)  
**Time:** 7:00 p.m. – 7:30 p.m.  
**Fee:** \$94 for members, \$124 for non-members  
**Activity #:** 461020 - A

### Young Adult/Adult Intermediate Swim Lessons (Ages 13+)

These lessons are designed for adults with minimal swimming experience who are already comfortable in and around water. This course will take adults through refining their basic skills or strokes. Improving skills like Floating and Rotary Breathing and refining strokes such as freestyle, breaststroke, and Backstrokes. This group-setting class will provide an appropriate level of instruction for adults wanting to discover the benefits of learning how to swim and continuing to improve their stroke development. **Pre-requisite for Intermediate class: Must be able to swim one 25-yard length of the pool using any stroke with comfort.**

**Location:** MCC Pool  
**Dates:** Wed., April 8 – May 27 (8 weeks)  
**Time:** 7:00 p.m. – 7:30 p.m.  
**Fee:** \$94 for members, \$124 for non-members  
**Activity #:** 461021 - A

### NEW! Aqua Jogging (Ages 18+)

Aqua Jogging is a fun, low-impact social work out that combines gentle cardio with conversation and connection. Participants jog together in the water using flotation belts while enjoying music, group activities, and lighthearted interaction. The water supports the body, reducing stress on joints and making it accessible for all fitness levels. This program is perfect for those looking to exercise in a relaxed, supportive, and upbeat environment.

**Location:** MCC Pool  
**Dates:** Fri., April 10 – May 29 (8 weeks)  
**Time:** 11:00 - 11:45 a.m.  
**Fee:** \$94 for members, \$124 for non-members  
**Activity #:** 461034-A

### Aquatic Junior Leader (Age 12-14)

This program is designed for those interested in the next phase of aquatics. The program focuses on building the foundation of knowledge, attitudes, technical, and interpersonal skills, and learning about water safety to help them become future lifeguards and swim instructors. Participants **MUST** have a strong understanding of swimming, be able to complete a 100 swim (freestyle, breaststroke), tread water for 1 minute, and touch the bottom of a 12-foot pool. This is **NOT** a certification class. Participants will **NOT** receive a certification during this program.

**Location:** MCC Pool  
**Dates:** Sat., April 11 – May 30 (8 weeks)  
**Time:** 11:00 a.m. – 12:00 p.m.  
**Fee:** \$94 for members, \$124 for non-members  
**Activity #:** 461029-A

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## Mansfield Marlins Youth Swim Club

(Age 8 –18)

**Returning Swimmer Registration:** Returning swimmers need to register for the program every season. Please register your child according to when your registration date becomes available. Our pool/lane space is limited and we do not hold spots for returning swimmers. Practice groups will be the same as the last attended session unless you are explicitly communicated with regarding a practice group time change.

**New Swimmer Registration:** All new swimmers must be pre-registered into the program before the evaluation night on **Thursday, April 2 at 5:30 p.m.** (See below for more information about the swim evaluation night).

Join the Mansfield Marlins Youth Swim Club! This instructional team will help young swimmers develop their swimming skills, their stroke techniques, and teach new fundamentals such as flip turns and racing starts in the sport of competitive swimming. The team will also compete in scrimmage swim meets here at the community center and time trials. We ask that they attend a minimum of 2 practices a week if possible. **It is required that swimmers have passed Level 4 swim skills. Please keep in mind that practice consists of approximately 50 - 55 minutes of lap swimming.**

### NEW SWIMMERS EVALUATION NIGHT, Thursday, April 2 at 5:30 p.m., at the MCC Pool

**ALL** new swimmers should be pre-registered into the program before the evaluation night. If for any reason, your child does not get placed on the team, we will issue a full refund for any registration fees at that time. This is a mandatory evaluation night for all **NEW** swimmers. **Participants will be evaluated on overall safety and comfort level in the water, freestyle with rotary breathing, breaststroke, backstroke, and Butterfly kick. Swimmers may be asked to complete 25 or 50 yards of these strokes depending on age and ability.** After the evaluation night, new participants will receive an email assigning swimmers to a practice time slot for the rest of the season. **Practice group times are Tue/Thur: 5:30 – 6:30 p.m., and/ or 6:30 – 7:30 p.m., Sun., 10 – 11 a.m. Coaches will reach out prior to the first day of practice with the time and group your child is in.**

**Coaches:** Jaxon  
**Location:** MCC Pool  
**Dates:** Seasons runs April 7 – June. 14 (10 weeks)  
**Days:** Sunday, Tuesday, or Thursday: swimmers will be placed in practice group times according to age/ ability. By the coaches.

**Fees & Activity #:** 461031-A One Practice a week: \$121 for members \$160 for non-members  
 461031-B Two Practices a week: \$240 for members \$318 for non-members  
 461031-C Three Practices a Week: \$327 for members \$432 for non-members  
 \*10% off if you register for all 3 practices



**May is Water Safety Month!**  
**See pg. 26 for more information.**

## Private Swim Lessons

Private lessons and semi-private lessons (participation max: 2 individuals) are available for both children (3 years old and above) and adults. All lessons are instructed by one of our qualified swim lesson instructors. Lessons are 30 minutes in length. Private lessons are purchased in packages of 4, with one built-in "buffer week. Once registered, an instructor will reach out to you with your specific 30-minute time slot and instructor information within a week of your first lesson. *Specific time preferences are given on a first-come, first-serve basis.*

**Location:** Mansfield Community Center Pool  
**Dates:** Session 1: 4 Private Lessons: April 7 – May 10  
 Session 2: 4 Private Lessons: May 12 – June 14  
**Fee:** Member Private: \$220 | Non-member private: \$300  
 Member semi-private: \$300 | Non-member semi-private: \$404

### Times and Activity Numbers Private Lessons:

Day	Time	Session 1	Session 2
Tuesdays	4:30pm-7:30pm	461024-A1	461024-A2
Thursdays	4:30pm-7:30pm	461024-B1	461024-B2
Saturdays	8:30am-11:30am	461024-C1	461024-C2
Sunday	8:30am-11:30am	461024-D1	461024-D2

### Time and Activity Number Semi-Private Lesson:

Day	Time	Session 1	Session 2
Tuesdays	4:30pm-7:30pm	461024-A3	461024-A4
Thursdays	4:30pm-7:30pm	461024-B3	461024-B4
Saturdays	8:30am-11:30am	461024-C3	461024-C4
Sundays	8:30am-11:30am	461024-D3	461024-D4





## Parent/Infant Aquatics (Age 6 months- 2 years)

Children will have fun in the water while being exposed to basic swimming skills through games, songs, and activities. Each child must be accompanied in the water with one adult.

## Water Adjustment: Preschool Aquatics

(Ages 3 and 4)

**Purpose:** Familiarize children to the aquatic environment.

**Water Adjustment I** participants learn skills centering on water acclimation and water comfort which include: water entry, blowing bubbles, floating on front and back, gliding on front and back and exploring independent movement with combined arm and leg movement. This level is great for very beginner swimmers and children with water fear or apprehension.

**Water Adjustment II** participants build and improve skills learned in Water Adjustment I. These skills include: becoming more comfortable with submersion and putting the face in while swimming, reinforcing and building the floating and gliding skills introduced in Water Adjustment I, and moving independently farther and stronger with combined arm and leg movement.

**Water Adjustment III** participants build and improve skills learned in Water Adjustment II. These skills include: swimming more independently with little to no assistance. Becoming more comfortable with submersion, putting the face in and floating without assistance. This level will reinforce and build on skills introduced in Water Adjustment II. As well as moving independently farther and stronger with combined arm and leg movement.

## Learn to Swim Aquatic Levels (Ages 5 and up)

### Level 1: Introduction to Water Skills

**Purpose:** Helps students feel comfortable in the water.

**Level 1** participants learn to:

Submerge nose, mouth and eyes, explore arm and hand movements, alternating and simultaneous leg and arm action on front and back, blow bubbles, bobbing, open eyes underwater and pick up submerged objects, float on front and back, front and back glides with recovery, combined arm and leg swim on front and back. This level is great for very beginner swimmers and children 5+ with water fear or apprehension.

### Level 2: Fundamental Aquatics Skills

**Purpose:** Gives students success with fundamental skills.

**Level 2** participants build on the following learned skills:

Enter water by stepping or jumping from the side, exit water safely using ladder or side, fully submerge and hold breath, open eyes under water and pick up a submerged object, float on front and back, tread water, perform front and back glide with recovery, roll over from front to back, back to front, swim on front and back using combined strokes front and back. Will begin rotary breathing and treading water aspect of swimming will be introduced. This is a great class to build a strong foundation for swimming.

### Level 3: Stroke Development (Shallow)

**Purpose:** Builds on the skills in Level 2 through additional guided practice.

**Level 3** participants build on:

Perform a survival float, perform front and back glide using rotary breathing, tread water, perform freestyle, perform elementary backstroke, flutter, scissor, breaststroke and dolphin kicks, push off in streamlined position and begin kicking, change from horizontal to vertical position on front and back and reaching assist from deck. This class is mostly held in the shallow end of the pool working on skills and building up to the deep end.

### Level 3: Stroke Development (DEEP)

**Purpose:** Builds on the skills in Level 3 Shallow through additional guided practice.

**Level 3** participants learn to:

Jump into deep water from the side, dive from kneeling or standing position, perform a survival float, submerged and retrieve an object, bob with the head fully submerged, perform front and back glide using rotary breathing, tread water, perform freestyle, perform elementary backstroke, flutter, scissor, breaststroke and dolphin kicks, push off in streamlined position and begin kicking, change from horizontal to vertical position on front and back and reaching assist from deck. This class is held in the deep end and prepares kids for level 4. While still working on skills for level 3 but in deep water.

### Level 4: Stroke Improvement

**Purpose:** Develops confidence in the skills learned and improves other aquatic skills

**Level 4** participants learn to:

Swim underwater, perform feet first surface dive, tread water with 2 different kicks, freestyle, elementary backstroke, backstroke, breaststroke, butterfly, sidestroke, 15 to 25 yards each stroke push off in streamlined position and begin kicking, perform open turn on front/back using any stroke, use safe diving rules, perform a throwing assist and reaching assist and to recognize recreational water illness.



## Mansfield Community Center Preschool/ Youth Swim Lesson Programs

### Swim Lesson Evaluations

Unsure of your child's swim lessons level? Come to our free evaluation to have your child's swim skills tested. We offer classes from preschool to level 4, and a swim team for swimmers who have passed level 4 and are looking to stay in the sport. Evaluation Day will be held Sunday, March 8, 12:00 p.m. - 1:00 p.m. Pre-registration is not required, please just drop by! Evaluations usually take about 5 - 10 min per child. Swim evaluation does not hold a space in lessons. Please reference registration dates on the cover and register accordingly.

**Location:** MCC Pool  
**Date:** Sunday, March 8  
**Time:** 12:00 p.m.-1:00 p.m.  
**Fees:** FREE

**Instructor:** To Be Announced at First Class  
**Location:** MCC Pool  
**NOTE:** M/W/S - 8 Classes/ 30 minutes per class

**Fees:** Preschool/ Youth Level 1 & 2 M/W/S: \$90 for members | \$118 for non-members  
 Youth Level 3 Shallow/ Deep & 4 M/W/S: \$94 for members | \$124 for non-members  
**Any classes canceled will be made up the week after the lessons end.**

### Monday Morning Lessons April 6 - June 1 (No Class May 25)

	11:15-11:45 a.m.	11:50-12:20 p.m.	12:25-12:55 p.m.
Parent/Infant	461007-E1		
Water Adjustment 1			461008-E1
Water Adjustment 2		461009-E1	

### Monday Evening Lessons April 6 - June 1 (No Class May 25)

	5-5:30 p.m.	5:40-6:10 p.m.	6:20-6:50 p.m.	7-7:30 p.m.
Parent/Infant	461007-A1			
Water Adjustment 1		461008-A1		
Water Adjustment 2			461009-A1	
Water Adjustment 3				461011-A1
Level 1		461001-A1		
Level 2	461002-A1		461002-A2	
Level 3 (Shallow)		461003-A1		461003-A2
Level 3 (Deep)			461010-A1	
Level 4	461004-A1			

### Wednesday Evening Lessons April 8- May 27

	5-5:30 p.m.	5:40-6:10 p.m.	6:20-6:50 p.m.	7-7:30 p.m.
Parent/Infant		461007-B1		
Water Adjustment 1	461008-B1			
Water Adjustment 2			461009-B1	
Water Adjustment 3				461011-B1
Level 1	461001-B1		461001-B2	
Level 2		461002-B1		
Level 3 (Shallow)	461003-B1			461003-B2
Level 3 (Deep)		461010-B1		
Level 4			461004-B1	

### Saturday Morning Lessons April 11- May 30

	8:30-9 a.m.	9:10-9:40 a.m.	9:50-10:20 a.m.	10:30-11 a.m.	11:10-11:40 a.m.
Parent/Infant		461007-C1			
Water Adjustment 1	461008-C1			461008-C2	
Water Adjustment 2			461009-C1		
Water Adjustment 3					461011-C1
Level 1		461001-C1		461001-C2	
Level 2	461002-C1		461002-C2		461002-C3
Level 3 (Shallow)		461003-C1			461003-C2
Level 3 (Deep)	461010-C1		461010-C2		
Level 4				461004-C1	

## American Red Cross Adult & Pediatric CPR (Ages 14+)

*Registration deadlines apply*

Update to the newest version of ARC Curriculum! This course provides participants with the knowledge and skills necessary to prevent, recognize, and provide basic care for breathing and cardiac emergencies in adults until advanced medical personnel arrive. Participants who pass the course will receive an American Red Cross certificate which is valid for two years. The course fee includes all course materials and certification costs. There is an online component that must be completed prior to the first day of class. This online course work will be sent out 1 week prior to the first day of class. Deadline to Register please see below

**Location:** CC Community Room  
**Day:** 460002 – A Sun., Apr. 19 reg. deadline Thurs., Apr. 9  
 460002 – B Mon., May 11 reg. deadline Thurs., May 1  
**Time:** Mon. 3:00 p.m. - 8:00 p.m.  
 Sun. 11:00 a.m. - 4:00 p.m.  
**Fee:** \$120 for members, \$150 for non-members

## American Red Cross Babysitter's Training and Pediatric First Aid CPR (Ages 12-14)

*Registration deadlines Thurs., Apr. 2*

This course provides youth who are planning to babysit with the knowledge and skills necessary to safely and responsibly give care for children and infants. This training will help participants to develop leadership, learn how to develop a babysitting business, keep themselves and others safe and help behave, and learn about basic child care and pediatric first aid/CPR. This online course work will be sent out 1 week prior to the first day of class. Deadline to Register please see below

**Location:** CC Community Room  
**Dates:** Sun. Apr. 12  
**Time:** 9 a.m. – 3:30 p.m.  
**Fee:** \$120 Members, \$150 non-members  
**Activity #:** 460003 – A

## Lifeguard Training Recertification and Bridge Class (Ages 15+)

*Registration deadline Thur., Apr. 23*

Update to the newest version of ARC Curriculum! The objective of this course is to enable currently certified ARC lifeguards to update their certification to the newest curriculum and safety standards (released Feb. 2024) and who are looking to renew their certification because they are close to expiration. This course is for current ARC lifeguards who are already certified or those who have expired no more than 4 weeks prior to the date of this class. Participants are required to demonstrate the following pre-course skills: a continuous 150-yard swim, two-minutes of treading water without using hands, 50 yard swim with proficiency in both freestyle and breaststroke, and a timed 20-yard swim with surface dive to retrieve a submerged 10-pound object in which candidate returns to the starting point with the object and exit the pool without using the stairs or a ladder. Students should bring their pocket masks with them to class as these are not provided with this course. Please bring a bathing suit, goggles and towel to class. A lunch break will be provided.

**Location:** CC Community Room  
**Dates:** Sun., May 3  
**Time:** 8 a.m.-4 p.m.  
**Fee:** \$170 for members, \$220 for non-members  
**Activity #:** 461023-A

[www.mansfieldcc.com](http://www.mansfieldcc.com)

## Lifeguard Training- Blended Learning (Ages 15 +)

*Registration deadline Fri., Apr. 10*

Update to the newest version of ARC Curriculum! The Mansfield Community Center is proud to provide the most current and up to date training course for lifeguard certification. This course will present the newest lifeguarding curriculum available through the American Red Cross released earlier this year (released Feb. 2024). The purpose of the ARC Lifeguard Training Program is to teach candidates safety and rescue techniques designed to prevent and respond to a variety of aquatic emergencies. This course does have pre-test that is administered during the first hour of the class. The course pre-requisites include: a continuous 150-yard swim, two-minutes of treading water without using hands, 50 yard swim with proficiency in both freestyle and breaststroke, and a timed 20 yard swim with surface dive to retrieve a submerged 10 pound object in which candidate return to the starting point with the object and exit the pool without using the stairs or a ladder. Students are only allowed to use goggles for the pre-requisite swim/ tread portion of the class, students must be able to demonstrate all skills in the class without the use of goggles to pass the course.

This is a Blended Learning Course which means there are approximately 6 hours of online learning that must be finished before the first in class session. Upon registration (once the 5 person minimum to run the course has been met) the candidate will receive a welcome email to the course with instructions on how to access the online content. Candidates MUST provide the MCC a valid email address upon registration. Registration fees include: one online course manual, one pocket mask and processing fees for successful candidates to be issued a certification.

Students will receive an American Red Cross Lifeguard, First Aid and CPR for the Professional Rescuer certification upon successful completion of this course. Please bring bathing suit and towel to each class.

**Location:** CC Community Room & Main Pool  
**Dates:** Sat. & Sun., Apr. 26, May 2, and May 3 (3 classes)  
**Time:** 8:30 a.m. – 4 p.m.  
**Fee:** \$270 for members, \$335 for non-members  
**Activity #:** 461022- A



# Community School of the Arts



Photos by Milton Levin of Levin Aerial Works, LLC.

The Community School of the Arts programs have delivered over 40 years of music, visual art, and performance instruction. The Community School of the Arts programs are now housed in the recently renovated Lenard Hall building located at 450 S. Eagleville Road. Through the generosity of principal donors John and Jean Lenard, and others including the Jeffrey P. Ossen Family Foundation, the Lenard Hall facility was made possible. Participants can be reassured that Mansfield Parks and Recreation is committed to continuing to provide high quality instruction, offering students of all ages and ability levels professional, affordable instruction in the performing and visual arts. **Come learn, grow, and create with us!**

**Lenard Hall Facility Hours:** Facility hours reflect scheduled programs and classes

Please call before planning your next visit or check our website for updates: 860-429-3015 ext. 6250

<https://www.mansfieldct.gov/2387/Community-School-of-the-Arts>

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# Community School of the Arts



## Individual Instrumental and Voice Lessons

Please visit the Lenard Hall Reception desk or [www.mansfieldct.gov/csa](http://www.mansfieldct.gov/csa) for a list of instructors. Register online or in person with activity numbers below. Once registered, you will be contacted within two weeks to discuss your lesson appointments, once scheduled you will receive lesson schedule via email. Students meet with an instructor once per week for 30, 45, or 60 minutes. Depending upon the instrument, age requirements may apply. Lessons are offered in-person throughout the week, depending on instructor availability. **Please note there will be a once per season \$10 non-resident charge for those participating in lessons that do not live in Storrs/Mansfield.** Spring season lessons will be held April 21 - June 22, with make-up lessons occurring June 23 - June 29. \*Fees below represent an estimated 9-class season; however, final fee is adjusted for the number of lessons, additional fees will apply if there are additional lessons available in the season. **Register with activity numbers below! If you would like multiple instrument or voice lessons, please use activity codes ending in A1, B1, or C1 below.**

**Dates:** April 20 - June 21 (9 classes) \*no lessons on 5/25  
Make Up Lessons: June 22 - June 28

**Activity #:** 430700-A (30 mins)  
430700-B (45 mins)  
430700-C (60 mins)

<b>Additional Instrument or Voice Lesson Activity Codes:</b> 430700-A1 (30 mins) 430700-B1 (45 mins) 430700-C1 (60mins)
--

LESSON LENGTH	30 MINUTES	45 MINUTES	60 MINUTES
*Approximate Full session (10 lessons)	\$388	\$531	\$700

### Not sure you're ready for the full season? Give us a try with Mini LESSONS!

Register to request 2 thirty minute mini lessons on your instrument of choice. Times subject to instructor availability. Two mini lessons can be scheduled for the same instrument only once per season.

**Mini Lessons:** 430700-D (2-30 minute Lessons) - \$45



## Electronic Music Production - FREE 30 Minute DEMO! (Ages 10+)

Want to learn to make beats? You've come to the right place! Schedule a FREE one-on-one demo lesson focusing on producing instrumental soundtracks! Learn to create drum patterns and compose melodies for genres including Pop, Rock, Hip Hop, EDM, and more. The best part is no experience or equipment is required; though it is very helpful if students have access to a computer (iPads and iPhones are also great alternatives if a computer is not available.) Electronic production is the primary topic but lessons can be customized to include other related skills, such as recording live instruments and vocals. Small group lessons can also be arranged.

**If you enjoyed your demo, register for individual lessons to get started!**

**Instructor:** Walker Suib has been practicing Electronic Music Production (his favorite activity) for the last decade. He makes beats for singers and rappers, but also enjoys sound design, sound engineering, and songwriting.

**Location:** Lenard Hall

**Demo Fee:** **FREE!** - Email Walker Suib at [SuibWJ@mansfieldct.org](mailto:SuibWJ@mansfieldct.org) to schedule your free 30-minute demo.

**Fee:** Free 30-minute demo lesson. Can register for 30, 45, or 60-minute individual lessons (see Individual Instrumental and Voice Lesson rates).

## Blues/Funk Ensemble (Ages 17+)

This ensemble explores the raw power of the blues and the groove-driven energy of funk. Students will develop skills in rhythm, improvisation, and ensemble playing while learning classic songs and contemporary interpretations. Together we will focus on locking in tight grooves, expressive solos, and dynamic interaction, creating music that is both soulful and electrifying. Students should bring electric/acoustic guitar, bass, drumsticks, horns, or percussions. Registration includes end of term showcase. We are seeking musicians on drums, guitar, bass, keyboards, vocals, and other instruments to participate in the ensemble. Applicants should have prior playing experience, as this class is not intended for complete beginners. Auditions will be held during the first class.

**Instructor:** Steven Ohm. I dedicated myself to sharing the joy of music through both teaching and performing. Playing guitar has brought me countless hours of happiness, and it is my mission to pass that same inspiration on to my students. After graduating from Berklee College of Music, I have taught at the collegiate level as well as in private and community settings around the Boston Metro area and Willimantic, giving me the opportunity to guide students of all ages and skill levels, from complete beginners to advanced players exploring new styles. Fluent in rock, blues, jazz, and folk, I help students build strong foundations while exploring diverse styles. My lessons are structured yet creative, cater to each student's needs, and focus on technique, expression, and the joy of making music.

**Location:** Lenard Hall

**Date:** Wed., April 8-June 24 (10 classes)  
\*no class 5/6 and 6/3

**Time:** 5:30-7:30 p.m.

**Fees:** \$100 for residents, \$110 for non-residents

**Activity #:** 430304-A

# Community School of the Arts



## Theatre

### Little Actors (Grades K-4)

Students will engage in age appropriate theater games and activities that will help them develop their imagination, creative expression, and confidence. In this fun-filled class setting, every student will have fun and feel successful!

**Lead Instructor:** Miss Kelly Production Staff

**Location:** Lenard Hall Recital Room

**Dates:** Thurs., April 2-June 11 (10 classes) \*no class 4/16

**Time:** 5:15-6 p.m.

**Fee:** \$110 for residents, \$120 for non-residents

**Activity #:** 430610-A

### NEW! Theater Composition Class (Grades 5-8)

Do you love to write creatively? Learn to turn those short stories into a play! We will work with students to develop short skits that they write and perform. There will be a short performance on the final class to highlight our work!

**Lead Instructor:** Miss Kelly Production Staff

**Location:** Lenard Hall Recital Room

**Dates:** Thurs., April 2-June 11 (10 classes) \*no class 4/16

**Time:** 6-7 p.m.

**Fee:** \$110 for residents, \$120 for non-residents

**Activity #:** 430612-A



## Visual Arts

### NEW! Art and Resilience (Adults)

Creating art is a great way to release pent up emotions and thoughts. We are going to put the weight of those thoughts on canvas (or paper) and build resilience against the forces that challenge us. It's important that everyone takes the time to work in creative outlets to help us move through difficult times. Participants will work with a preferred medium, and are welcome to bring their own materials. It does not matter if you are a master with the brush or a novice with color, the important part is that your heart is in it. Join us for a community resilience boost and leave with a piece of art from the heart! Participants sign up for one or more nights.

**Instructor:** Allison Pillari

**Location:** Lenard Hall

**Dates:** Event A - April 24 (Activity #: 430092-A)  
Event B - May 22 (Activity #: 430092-B)  
Event C - June 5 (Activity #: 430092-C)

**Time:** 5-7 p.m.

**Fee:** \$25 for residents, \$35 for non-residents

**Materials Fee:** \$5 due at time of registration per event, fee waivers do not apply to materials fee

### ART MENTORSHIP - PRIVATE & (NEW!) SEMI PRIVATE ART LESSONS (Ages 6-Adult)

This type of mentorship provides aspiring artists with the rare opportunity to receive tailored guidance, feedback, and support from someone who has undergone rigorous training in traditional techniques and principles. Artists can expect to receive individualized instruction aimed at honing their technical skills and developing their artistic voice. During the first lesson, the instructor will establish a clear understanding of the student's current skill level, discuss specific techniques they wish to learn, and set achievable artistic goals. This foundational discussion will tailor the art lessons to meet

the student's individual needs and aspirations. Private or semi-private lessons (participation max: 2 individuals) are available for children (6 years old and above) and adults. Allison is available for one hour lessons Tuesdays from 4:30 p.m. to 7:30 p.m. and Wednesdays and Thursdays from 6:00 p.m. to 8:00 p.m. Students meet with the instructor once per week for 60 minutes. Register online or in person with activity numbers below and list preferred lesson time during registration. Once registered, you will be contacted within two weeks to discuss your lesson appointments, once scheduled you will receive lesson schedule via email. **Art materials will be provided for the first lesson; students are required to bring their own materials to the following lessons. Instructor will review a materials list with the students at the first lesson.**

**Instructor:**

Allison Pillari brings a unique perspective to art making and what it means to "Create". She provides access to art for both identified artists and especially, those who previously did not consider themselves creative.

**Location:** Lenard Hall

**Dates:** April 21-June 18 (10 lessons)

**Make Up Lessons:** June 23-25

**Fee:** Private Lessons: \$530 for residents,  
\$540 for non-residents  
Semi-Private Lessons: \$795 for residents,  
\$895 for non-residents

Day	Dates	Time	Private Activity Number	Semi-Private Activity Number
Tuesdays	April 21-June 16	4:30-7:30 p.m.	430801-B	430801-B1
Wenesdays	April 22-June 17	6-8 p.m.	430801-C	430801-C1
Thursdays	April 23-June 18	6-8 p.m.	430801-D	430801-D1

### Not sure you're ready for the full season? Give us a try with Mini LESSONS!

Register to request 2 sixty minute mini art mentorship lessons with Allison. Times subject to instructor availability. Two Mini lessons can be scheduled only once per season.

Mini Lessons: 430801-F (2-60 minute Lessons) - \$90

### Open Studio Space for Artists (Ages 14+)

Artists of all mediums are welcome to enjoy the open studio space at the Community School of the Arts Lenard Hall. Bring your own materials, and come create and collaborate with your peers. Please leave yourself enough time to clean up! All skill levels welcome. No instruction provided. Dates and times subject to change or cancellation due to holidays and facility scheduling needs, fees will not be prorated or refunded. Attendance requires monthly registration. Additional details below.

**Location:** Lenard Hall

**Dates & Times:** Tues., April 7-28, 4-6 p.m. (430000-A)  
Tues., May 5-26, 4-6 p.m. (430000-B)  
Tues., June 2-30, 4-6 p.m. (430000-C)

**Fees:** \$13 for residents, \$23 for non-residents per session

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# Dance



## Youth Dance

**Instructors:** Mia (John) Pomeranke and professional dance instructors from Mansfield Academy of Dance. Instructors at the Mansfield Academy of Dance pride themselves on being lifelong learners who continually educate themselves through certification programs, teacher-training schools, conferences, and other learning opportunities. They are certified by test to teach dance through Dance Masters of America. Mansfield Academy of Dance instructors offer high-level dance education with focus on age appropriate physical and mental development as well as proper dance technique and terminology. Our goal is to prepare young dancers for any path they wish to pursue in life. Our dancers are inspired, confident, healthy, passionate, disciplined, focused, and proud.



### Acrobatics and Tumbling (Ages 6-10 years)

A great introduction to body awareness, music and movement for the young and active dancer. We will work on increased upper body strength and moving and balancing in a variety of different ways. Class will incorporate props and obstacle courses in a way that makes it fun to get stronger. This class is designed to teach acrobatics skills including rolls, back bends, walk overs, cartwheels and progressing to more difficult skills such as handsprings, aerials and intricate balances. The focus will be on safely executing basic acrobatic tricks and creating acrobatic dance combinations to music and well as becoming stronger, more flexible, more confident and healthy!

**Location:** CC Gymnasium  
**Time:** 10:30 a.m.-11:15 a.m.  
**Dates:** Sun., April 12- June 7 (8 classes) \*no class 5/10  
**Fee:** \$76 for residents, \$86 for non-residents  
**Activity #:** 420044-A

### Tumble and Twirl (Ages 3-5)

Get your body moving on Sunday morning! Allow your little one to explore the fundamentals of tumbling, acrobatic movements, gross motor skills, dance and basic stretching skills. Each day will start with a warm up dance, basic stretching to warm up the body and then children will move through a series of combination on the floor, mats, wedges, balance beam and other tumbling equipment. Tumblers will focus on balance and body awareness while improving their strength and coordination.

**Parent involvement is highly encouraged to assist their child in class.**

**Location:** CC Gymnasium  
**Time:** 11:15 a.m.- 12:00 p.m.  
**Dates:** Sun., April 12- June 7 (8 classes) \*no class 5/10  
**Fee:** \$76 for residents, \$86 for non-residents  
**Activity #:** 420047-A

### Pre-Ballet (Ages 3-5)

Skip, march, gallop and more in this introduction to ballet dance! Active young dancers learn through basic movement and dance-along songs, developing motor skills and learning basic ballet positions. Leotard, tights, and leather ballet shoes recommended. Please contact instructor for help ordering: [miapomeranke@gmail.com](mailto:miapomeranke@gmail.com)

**Location:** CC Dance/Fitness Studio  
**Time:** 12:10 a.m.-12:55 p.m.  
**Dates:** Sun., April 12- June 7 (8 classes) \*no class 5/10  
**Fee:** \$76 for residents, \$86 for non-residents  
**Activity #:** 420045-A

### Ballet 1 (Ages 6-10)

Children will learn basic ballet positions and movements while exploring music and dance. Themes, props and creative dance will be incorporated to make learning steps and terminology exciting and fun.

**Location:** CC Dance/Fitness Studio  
**Time:** 1:00-1:45 p.m.  
**Dates:** Sun., April 12- June 7 (8 classes) \*no class 5/10  
**Fee:** \$76 for residents, \$86 for non-residents  
**Activity #:** 420046-A





## Adult & Teen Dance



Photo by Milton Levin of Levin Aerial Works, LLC.

### Adult/Teen Ballet (Beg/Adv. Beg.) (Ages 14-Adult)

Ballet is a great way to develop flexibility, strength and body awareness. This class is designed to introduce new students to ballet and technique. The class will include ballet positions and movements. The level of difficulty will be adjusted to suit the experience of the students. All ability levels welcome!

**Instructor:** Shannon Malone  
**Location:** Senior Center  
**Dates:** Tues. April 7-May 26 (8 classes)  
**Times:** 6-7:30 p.m.  
**Fee:** \$96 for residents, \$106 for non-residents  
**Activity #:** 410040-A

### Belly Dance (Ages 16-Adult)

Belly dancing, a mystical dance form emphasizing expressive movements, is a fun way to tone your body from head to toe! Participants will move through a warm-up series, classic belly-dance moves, and a cool-down period, engaging your mind and muscle as you learn isolation techniques of this dance. Beginner classes are for true beginners, come start with the basics and have fun! Advanced classes are for those with experience, start putting the pieces together into routines as we work with zils, veils, and fanveils. **Socks or slipper-like dance shoes are required.**



**Instructor:** Ann Kozikowski has been a dancer all of her adult life. She trained with Arts in Motion School of Dance and Dramatic Arts, Trinity College, Lebanon School of Dance, Mansfield Academy of Dance, Fred Astaire and Arthur Murray Dance Schools, Vermont Ballroom Dance Camp. She has performed dance all over Connecticut and Massachusetts and received her Medal Standard Bronze II at Arthur Murray Dance School, along with her work as a choreographer. Her eighteen year study of the Art of Belly dance, Veil, and Zil work began with second-generation belly dancer, Nerine Avital. She has been teaching for fourteen years.

**Location:** CC Fitness/Dance Studio

#### **BEGINNER**

##### **Session 1**

**Dates:** April 6-May 11 (6 classes)  
**Times:** 5:15-6:15 p.m.  
**Fee:** \$78 for residents, \$88 for non-residents  
**Activity #:** 410046-A

##### **Session 2**

**Dates:** Mon., May 18-June 29 \*no class 2/25 (6 classes)  
**Times:** 5:15-6:15 p.m.  
**Fee:** \$78 for residents, \$88 for non-residents  
**Activity #:** 410046-B

#### **ADVANCED**

##### **Session 1**

**Dates:** April 6-May 11\_ (6 classes)  
**Times:** 6:20-7:20 p.m.  
**Fee:** \$78 for residents, \$88 for non-residents  
**Activity #:** 410046-C

##### **Session 2**

**Dates:** Mon., May 18-June 29 \*no class 2/25 (6 classes)  
**Times:** 6:20-7:20 p.m.  
**Fee:** \$78 for residents, \$88 for non-residents  
**Activity #:** 410046-D

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**@MansfieldCommunityCenter**

# Parks & Preserves

- 1 Commonfields**  Access from Bassetts Bridge Road. Features include trails, interpretive information and a bird blind.
- 2 Coney Rock Preserve**  Access from Chaffeeville Road (Town land) or Woodland Road (Joshua's Trust land). Trails climb through old pastures reverting to forest. Cliff on top offers views of Mansfield Hollow State Park.
- 3 Dorwart Preserve**  Access from Mulberry Road or from Lions Memorial Park off Route 89. Forested trails with diverse wildlife and woodland plants adjacent to Lions Memorial Park soccer fields and pavilion.
- 4 Dunhamtown Forest**  Access from White Oak Road. Loop trails and connecting trails to Dunham Pond Road and Max Felix Drive wind through mature forest. Managed as a demonstration forest.
- 5 Eagleville Preserve**    Access from Route 275 across from the Eagleville Dam through State land. Loop trail along scenic bend of Willimantic River and through old pasture reverting to forest.
- 6 Fifty-foot Cliff Preserve**  Access from behind Mansfield Historical Society on Route 195. Forested trails lead to cliff views across the Fenton River Valley and Mansfield Hollow State Park. Nipmuck Trail connects to UConn land.
- 7 Merrow Meadow Park**    Access from Merrow Road. Loop trail through meadows, wetlands and forest. Part of trail paved for handicapped access. Canoe launch along the Willimantic River.
- 8 Moss Sanctuary**   Access from South Eagleville Road (behind the Mansfield Apartments) or from Birchwood Heights Road. Parking is available at the Mansfield Community Center. Two loop trails through a variety of forest setting and around a pond.
- 9 Mt. Hope Park**   Access from Route 89. Loop trail through meadows and woodlands leading to a pond and the Mt. Hope River.
- 10 River Park**    Access from Plains Road. Willimantic River Greenway trail leads to Lynch Landing and Mansfield Depot. Features include a handicapped accessible canoe launch, multi-use recreation field, and interpretive information.
- 11 Sawmill Brook Preserve/Wolf Rock**  Access from Puddin Lane through the Guarnaccia Tract or from Joshua's Trust's Wolf Rock Preserve on Crane Hill Road. Follow the Nipmuck Trail along Sawmill Brook's wooded valley.
- 12 Schoolhouse Brook Park**         Access from Clover Mill Road and Mansfield Middle School. Nineteen trails, including part of the Nipmuck Trail, through mature forests. Views of colonial mill sites. Park includes Bicentennial Pond Recreation Area.
- 13 Shelter Falls Park**  Access from Birch Road. Waterfall and scenic rock formations along Cedar Swamp Brook. Connecting trails to UConn lands and CTDEEP land.
- 14 Southworth Preserve**  Access from Dodd Road. Wooded trails with views of Chapins Pond and an agricultural field. Connection to Mansfield Hollow State Park.
- 15 Torrey Preserve**  Access from Gurleyville Road. Start on the Nipmuck Trail and connect to two forested loop trails with glacial features and views of an agricultural field.
- 16 Whetten Woods**  Access from Storrs Center (from Elsie Marsh Way, follow Sherwood Street to the clubhouse. Two-hour free parking available at the parking garage). Or, access from Hanks Hill Road. Trails wind through forest and wetlands.
- 17 Simpson Family Preserve**  Access from Route 89 and Mt. Hope Park parking lot. Loop trail through mature forest with scenic ledges.
- 18 Hanks Corner Preserve**  Located on the corner of Hanks Hill Road. No primary access route.
- 19 Community Playground and BMX/Skate Park**                <sup>†</sup> S. Eagleville Road at Mansfield Community Center
- 20 Lions Memorial Park**           Route 89, Warrenville Road
- 21 Southeast Park**                 Route 89, Warrenville Road
- 22 Spring Hill Fields**                 Spring Hill Road
- 23 Sunny Acres Park**               Meadowbrook Road

## Scenic Trails

### Lynch Landing

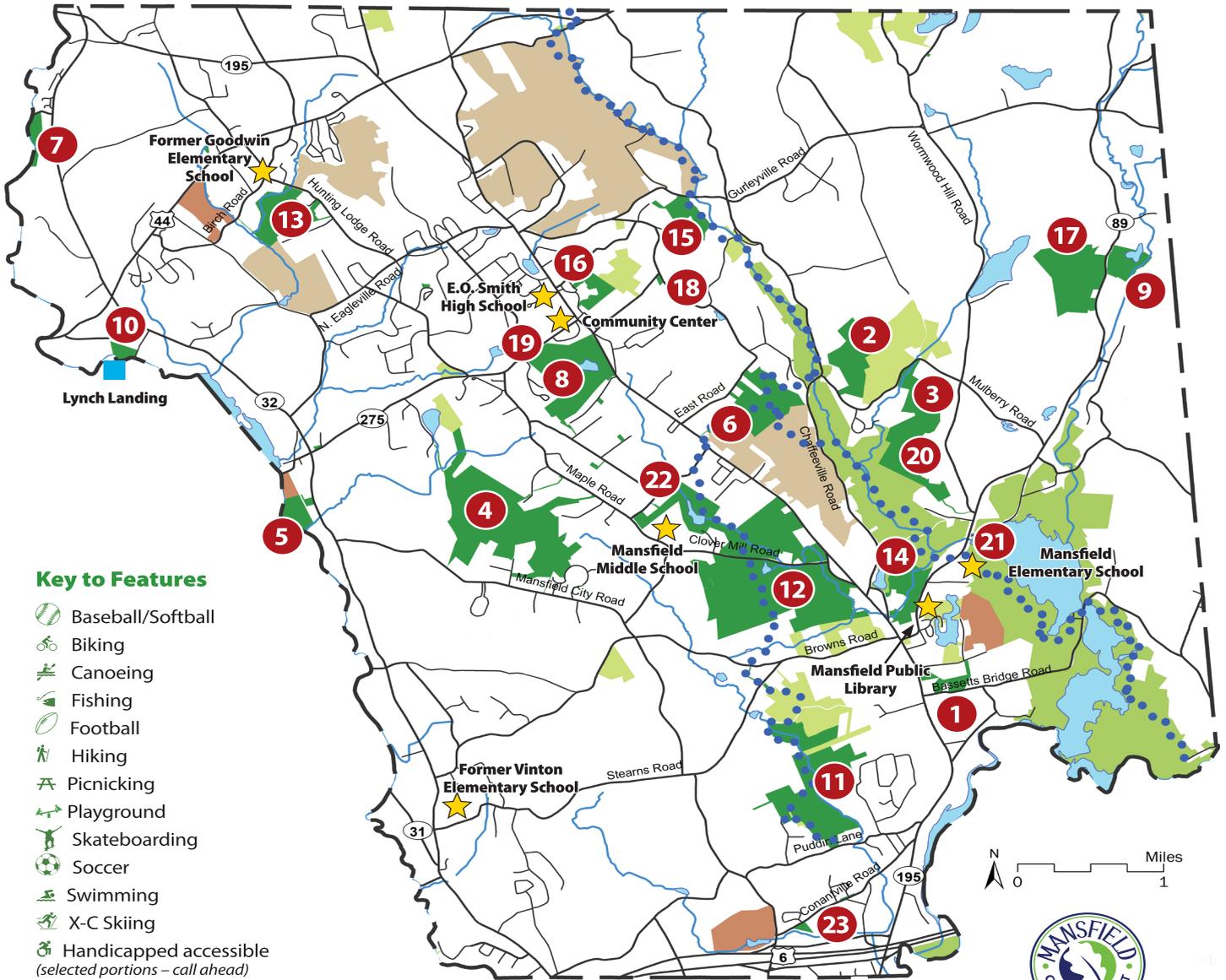
Access from Depot Road to Willimantic River.

### Nipmuck Trail (Blue Dot Trail)

Regional trail with access at several road crossings.

<sup>†</sup> Jeffrey P. Ossen Family Foundation Community Playground and Matt Barchus Memorial BMX Park

# Parks & Preserves



## Key to Features

- Baseball/Softball
- Biking
- Canoeing
- Fishing
- Football
- Hiking
- Picnicking
- Playground
- Skateboarding
- Soccer
- Swimming
- X-C Skiing
- Handicapped accessible (selected portions – call ahead)

## Property Ownership & Recreation Areas

- Town of Mansfield
- Joshua's Trust
- Federal Land
- State Land
- University Land
- Recreation Land
- Lynch Landing
- Nipmuck Trail (Blue Dot Trail)



Download trail guides at [www.mansfieldct.gov/trailguides](http://www.mansfieldct.gov/trailguides)



With over 850 acres of preserved land in Mansfield, Joshua's Trust offers great places to explore.

Learn more at [www.JoshuasTrust.org](http://www.JoshuasTrust.org)

## GET INVOLVED

with your parks and preserves

Do you like to build things? Like to be outside? Parks and Recreation is looking for people of all ages who are independent workers interested in building bridges, wildlife observation decks and more in town-owned parks and preserves. Town staff will work with you on a design and getting the necessary permitting. We also have a small fund available for supplies directly related to the project. If you have a project in mind or would like a suggestion, please contact Jennifer Kaufman, at [KaufmanJS@MansfieldCT.org](mailto:KaufmanJS@MansfieldCT.org) or 860-429-3335.

# Outdoor Recreation



## Guided Hikes

### Birch Mountain Garnet

Did you know CT is the garnet state? Come for a short but scenic hike on Birch Mountain right on the Bolton/ Glastonbury line. You can not only check out the lovely views from and learn about the geology of the mountainside, we will also show you where to find loose raspberry garnets!

- Walk Leader:** Mara Upenieks
- Location:** Birch Mountain
- Date:** Sat., May 9
- Time:** 12-2 p.m.
- Fee:** FREE
- Activity #:** 411013-A

### Wild Plants at Bicentennial Pond

Would you like to know more about the various plants we see every day in the woods and fields of CT? Come for a short but informative hike around Bicentennial Pond. As we stroll along the beautiful trail around the water, we will stop and discuss various native plants and their nutritional/ healing properties as we go!

- Walk Leader:** Mara Upenieks
- Location:** Bicentennial Pond  
Heading south from UConn on Rt. 195, turn right on Clover Mill Rd. Look for entrance to Bicentennial Pond, 1 mile up on the right.
- Date:** Sat., June 6
- Time:** 12-1 p.m.
- Fee:** FREE
- Activity #:** 411014-A



**Connecticut Trails Day is June 6-7, 2026!** Join CFPA and trail enthusiasts around CT to celebrate

the largest Trails Day event in the country. Visit [ctwoodlands.org](http://ctwoodlands.org) to learn about hundreds of guided hikes, bike rides, paddles & more! Learn more at [www.CTwoodlands.org](http://www.CTwoodlands.org)

## Painting in the Parks

**UPDATED**

### Plein Air Painting in the Parks

Looking for additional opportunities to paint with your peers, and get outdoors? Come enjoy some scenery and experience the many beautiful parks Mansfield is fortunate to have. Participated before? How have the views changed? View the location schedule below; meeting time is 10 a.m. on Saturdays. Bring your own supplies, easels, chairs/stools, and paint (or draw, or sketch, whatever your fancy!). No instruction or supervision provided. Inclement weather cancels. All skill levels welcome. Please visit [mansfieldct.gov/parksandpreserves](http://mansfieldct.gov/parksandpreserves) for directions and parking information.

- April 18** – Whetten Woods
- May 16** – Eagleville Preserve
- June 13** - Hanks Corner Preserve

## Community Gardens

### Mansfield Community Gardens

Enjoy fresh air and fresh produce through gardening. 20' x 30' plots, located on Route 195 north of Mansfield Supply. Planting begins mid to late May. Returning gardeners will be notified by mail about pre-registration and will receive first priority. A few over-winter plots may be available. Once you have registered, you will receive a letter about the location of your garden plot and the recommended gardening practices. Gardeners are required to remove all large weeds, rocks, weed barrier from their plot by the end of the season.

- Location:** Rt. 195, North of Mansfield Supply
- Fee:** \$35/plot for residents, \$45/plot for non-residents
- Activity#:** 411004-A (Seasonal)  
411004-B (Overwinter)



### Nature Noah's Navigators: (Ages 6-12)

Missing Camp Mansfield? Join "Nature Noah's Navigators" for a six-week outdoor adventure led by Nature Noah, an elementary art teacher and our Camp Mansfield Director! Kids aged 6-12 will explore local parks, learning nature skills like animal tracking, plant and rock ID, and crayfishing at beautiful Bicentennial Pond. Each 1.5-hour class inspires discovery and fun!

- Location:** Bicentennial Pond
- Date:** Tues. April 21-May 26
- Time:** 5-6:30 p.m.
- Fee:** \$11 per class for residents, \$21 per class for non-residents
- Activity #:** Week 1- Intro to Nature & Trail Hiking (420095-A)  
Week 2- Animal Tracking (420095-B)  
Week 3- Crayfishing Adventure (420095-C)  
Week 4- Plant Identification (420095-D)  
Week 5- Rock Identification (420095-E)  
Week 6- Nature Navigation & Celebration (420095-F)

# Trips

## BUS TRIPS



Trips are coordinated with Ashford, Bolton, Coventry, Mansfield, Tolland, and Willington. Please register with the recreation department in the town in which you live. If you do not live in any of the listed towns, you may register with any department. The pick-up location for everyone is the commuter lot at I-84 exit 68.

Scan the QR Code or go to [www.mansfieldct.gov/2632/Trips](http://www.mansfieldct.gov/2632/Trips) for current Bus Trip Information!



Mansfield Community Center  
10 S. Eagleville Road  
Mansfield, CT 06268  
860-429-3015  
[www.mansfieldcc.com](http://www.mansfieldcc.com)

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388 West Center St Manchester • 394 West Center St, Manchester, CT  
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# Languages

## Italian



### Italian (Ages 18+)

Always wanted to learn Italian? Participants in these classes will be introduced to the Italian language and to the culture of Italy. **Participants must provide textbook for all classes:**

**Qui Italia 1 ISBN-10: 88-00-85356-0 (ISBN-13: 978-8800853569) and Qui Italia 2 ISBN-10 88-00-85357-9 (ISBN-13: 978-8800853576) by A. Mazzetti, M. Falcinelli, B. Servadio.**

**Instructor:** *Margherita Balsamo* is a native of Italy, where she visits her family as often as possible. She graduated from the University of Padua (IT) and then lived in Germany for several years before moving to the United States. She taught Italian adult classes in Germany including classes at the Ruhr University of Bochum (Germany). She enjoys learning new languages herself. She has two kids who are growing up successfully trilingual. Margherita loves to teach about her country and her culture with a lot of humor.

### Italian Beginners

This class is for you if you have taken the introductory class or something equivalent. Textbooks listed above are required.

**Location:** CC Community Room  
**Date:** Thurs., April 9-May 28 (8 classes)  
**Time:** 2:15-3:45 p.m.  
**Fees:** \$104 for residents, \$114 for non-residents  
**Activity #:** 410011-A

### Italian Intermediate

This is the class for you if you feel confident about your basic Italian! Textbooks listed above are required.

**Location:** CC Community Room  
**Date:** Wed., April 8-May 27 (8 classes)  
**Time:** 6:15-7:45 p.m.  
**Fees:** \$104 for residents, \$114 for non-residents  
**Activity #:** 410012-A

### Italian Advanced

This is the class for you if you would like to improve your intermediate Italian grammar. Textbooks listed above are required.

**Location:** CC Community Room  
**Date:** Mon. April 6-June 1 (8 classes) \*no class 5/25  
**Time:** 6:15-7:45 p.m.  
**Fees:** \$104 for residents, \$114 for non-residents  
**Activity #:** 410013-A

## Korean



### New! Beginner Korean (Ages 17+)

This class introduces the basics of the Korean language, including Hangeul (the Korean alphabet), essential vocabulary, and simple grammar structures. Students will learn how to read and write Korean, practice everyday expressions, and build confidence in speaking through common greetings and conversational phrases. No prior knowledge of Korean is required-perfect for absolute beginners! Materials will be provided, no textbook required.

**Instructor:** *Steven Ohm* holds a B.A. in English and has lived nearly half of his life in both Korea and the United States, giving him a deep understanding of both languages and cultures. With this unique perspective, he helps students learn Korean in a way that is practical, culturally informed, and easy to connect with.

**Location:** CC Arts & Crafts Room  
**Date:** Thurs., April 9-June 11 (10 classes)  
**Time:** 6:15-7:45 p.m.  
**Fees:** \$118 for residents, \$128 for non-residents  
**Activity #:** 410019-A

# SPRING

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# How to Register

## Spring Registration Dates

Registration start dates are grouped into the following categories:

**MARCH 23** Members of the Community Center may register for Aquatic and Fitness related programs ONLY

**MARCH 26** Mansfield residents who are members begin registration for all other programs/activities  
Mansfield Residents who are *not* members of the community center begin registration for all programs/activities

**MARCH 30** Non-residents who are members begin to register for all other programs/activities.  
Non-resident, non-members begin registration for all programs/activities.

In person registration available during all Mansfield Community Center operational hours.

Online registration opens at 5:30 a.m. on dates above at [www.mansfieldcc.com](http://www.mansfieldcc.com)



There are 3 different and convenient ways to register for the program(s) you are interested in. Register now and enjoy all the Community Center and the Parks and Recreation Department offers.

**1. WEB:** This is the best option. It allows for immediate confirmation. Log onto [www.mansfieldcc.com](http://www.mansfieldcc.com) click on the on-line registration link. Registration begins at 5:30 a.m. on dates listed. 3% convenience fee applies per program and is non-refundable..

**2. MAIL-IN:** Fill in registration form and send with separate check for each program to Mansfield Parks and Recreation 10 S. Eagleville Road, Storrs, CT 06268. No registration forms will be accepted with credit card numbers handwritten on them.

**3. IN-PERSON OPTION:** You may bring your registration with payment (credit cards need to be in hand so we can swipe them – we are no longer able to take registration forms with credit card numbers handwritten on them) at the Reception Desk of the Community Center.

**SATISFACTION GUARANTEE:** Satisfaction is the goal of the Parks and Recreation Department. We are committed to offering the best programs and services possible. If, at any time, you are not satisfied with our programs, please let us know your reasons in writing as soon as possible. If we cannot satisfactorily correct your concerns, we will arrange one of the following:

- Repeat the program at no additional charge
- Receive a partial credit that may be applied to another activity
- Receive a partial refund.

**FEE WAIVERS/SCHOLARSHIP FUND:** Program and Community Center Fee Waivers are available to qualified applicants (for Mansfield residents only). Scholarship Fund, supported solely by contributions, is available for residents who need financial assistance in addition to the fee waiver. Fee waivers do not apply to trips, rentals, and/or materials fees.

**WAITING LIST:** If your desired class is filled, you will be put on a waitlist and your money will be returned. Our department will notify you if openings become available.

**SENIOR CITIZENS:** Resident individuals aged 62 and over, will receive a 10% discount off activity fees, excluding trips, rentals, materials fees and memberships.

**CONFIRMATION/RECEIPT:** A Confirmation/receipt of your registration, which will give you enrollment or waitlist information, will be mailed to you. Program information and materials list will also be included on this form (for mail-in and drop-off registrations only. On-line registrants will print their own receipt/confirmation.)

**MINIMUMS & MAXIMUMS:** The Parks & Recreation Department reserves the right to set a minimum and maximum for each program and to cancel any program due to insufficient enrollment.

**REFUNDS:** Due to costs associated with operating each program, we rely on a minimum enrollment to hold classes. Please understand that we cannot issue refunds (except for medical reasons, upon receipt of a physician's note) within seven days (14 days for trip) of the start of a program. Refunds for cancellations made more than seven days prior to the start of a program are issued but a \$5 processing fee is charged. Refunds will not be issued for online registration convenience fees.

**DON'T BE DISAPPOINTED! REGISTER EARLY!**

Unfortunately we are sometimes forced to cancel programs two to three days before the listed program start date because of under-enrollment. Don't be disappointed. Register early!

**REGISTER ONLINE!** MANSFIELD CONNECTICUT Parks & Recreation  
REGISTRATION OPENS ON THE DATES ABOVE

### Quick tips:

- If you have participated in a program or membership with us in the past, you already have an online account. **Check your login early** and call 860-429-3015 ext. 0 for password reset assistance.
- If you are new, create an online account before registering.
- Search by the Activity #; don't use filters.
- Current season programs appear first.

SCAN THIS QR CODE WITH YOUR PHONE CAMERA OR VISIT [WWW.MANSFIELDCC.COM](http://WWW.MANSFIELDCC.COM)

Having trouble?  
The online registration tutorial is linked at the top of the webpage.



# Activity Registration Form

PLEASE CHECK REGISTRATION DATES. PLEASE PRINT CLEARLY!

**Online Registration is available. Go to [www.mansfieldcc.com](http://www.mansfieldcc.com) and click on the on-line registration link. If registering for camp, please also fill out the additional camp form for ALL camps.**

MAIL TO: Mansfield Parks & Recreation Department, 10 South Eagleville Road, Storrs/Mansfield CT 06268

Please check here if any of the below information is new.

**Primary Household Contact (Parent/Guardian)**

**Secondary Household Contact (Parent/Guardian)**

Name:	Name:
Address:	
Town: Zip:	
Phone: (H) (W)	Phone: (H) (W)
(Cell) Cell Provider:	(Cell) Cell Provider:
Email Address:	Email Address:

**LOCAL Emergency Contact (Other than parent/guardian, i.e. grandparent, neighbor, etc.)**

Name:	Phone:
-------	--------

Activity#/Letters	Activity Name	Participant's Last Name	First Name	Birth Date	Gender	Fee
Contribution to Scholarship Fund						

Please check here if you have purchased a Community Center Membership.

*Some Mansfield residents may be eligible for low-income fee reductions. Check with the Parks & Recreation Office for more information and an application.*

Also fill details below for each participant:

	Grade Entering	School	Allergies, Special Asst., Meds, Other Info:
1.			
2.			
3.			
4.			

**PAYMENT INFORMATION:** Please make checks payable to: Town of Mansfield/MCC

Payment Method: Check  Cash (in office only)  AMEX/DS/MC/Visa (in office only)

**(Separate checks required for each program)**

**Credit Cards accepted online and in person only!**

**WAIVER OF PARTICIPANT BY PARENT OR SELF:** I hereby agree to release, discharge, and hold harmless the Town of Mansfield, its directors, officers, employees, agents, contractors, and/or volunteers from any and all liability that may occur during either my participation or the participation of my minor child in the above listed recreational activities. I understand that participation in any recreational sport or activity involves risk, and I grant permission to the Town of Mansfield to utilize any medical emergency services it deems necessary to treat any injuries that I or my minor child may incur. I further understand that the Town of Mansfield does not provide insurance for recreational program participants.

**PHOTO RELEASE:** I understand that for promotional purposes, the Town videotapes and/or takes photographs of participants enrolled in recreational activities, classes or programs. I hereby release and permit the Town of Mansfield to utilize for said promotional purposes any photographs and/or videotapes of me or my minor child engaging in the above listed recreational activities.

Signature: \_\_\_\_\_ Date: \_\_\_\_\_



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