

# MANSFIELD PARKS & RECREATION

*Family, Fitness, and Fun*

Get out and  
explore your  
parks and trails!  
See pages  
56-59

## Spring Registration Dates

Registration start dates are grouped into the following categories:

- MARCH 17** **Members of the Community Center** may register for Aquatic and Fitness related programs **ONLY**
- MARCH 20** **Mansfield residents** who are members begin registration for all other programs/activities  
**Mansfield Residents who are *not* members** of the community center begin registration for all programs/activities
- MARCH 24** **Non-residents who are members** begin to register for all other programs/activities.  
**Non-resident, non-members** begin registration for all programs/activities.

**In person registration** available during all Mansfield Community Center operational hours.

**Online registration** opens at 5:30 a.m. on dates above at [www.mansfieldcc.com](http://www.mansfieldcc.com)



Captured at the  
Fifty-Foot Cliff Preserve!

## SPRING 2025



MANSFIELD COMMUNITY CENTER  
10 S. EAGLEVILLE ROAD  
STORRS, CT 06268  
860-429-3015

[WWW.MANSFIELDCC.COM](http://WWW.MANSFIELDCC.COM)

**All Towns Welcome!**



# Play Outside!

Join us at the Driving Range!

## Heated Bays

- Great place to practice
- Gift cards available for purchase

Open 7 days a week 10 am-dusk



## Contact Us!

WindhamGC.com | (860)-456-1971  
 184 Club Road, North Windham  
 Follow us on Instagram & Facebook!



# Play Inside!



Open Wednesday-Saturday 11-8 • Sunday 11-5  
**INDOOR GOLF SIMULATORS  
 NOW OPEN!**

TrackMan's golf simulator solutions deliver an experience that redefines what is possible to achieve in an indoor simulator environment.

**Visit Windham Golf Course and Fairways Bar & Grill!**



# Protecting You and Your Loved Ones for More Than 75 Years

*WR*



We represent over 15 Property and Casualty insurance companies.

**We, also, offer Life and Health Options.**

922 Stafford Rd,  
Storrs, CT 06268

**860-429-9387**

Full Service, Local, Independent Insurance Agency



# A Message from the Mansfield Parks & Recreation Team

## Make Time for Offline with Mansfield Parks & Recreation!

Mansfield Parks & Recreation is proud to support the Make Time for Offline campaign—a community-wide pledge to help enrich lives by encouraging balance between technology use and real-world experiences. We invite you to step away from screens, get active, and create meaningful, device-free moments with us!

**Discover Parks, Recreation, and Community** - We're proud of the many parks, preserves, and natural resources Mansfield has to offer, along with a vibrant **Community Center** filled with opportunities for fun and wellness. With **new fitness equipment, upgraded main pool, therapy pool, gymnasium, and a variety of programs**, there's something for everyone. Please stop by for a tour and explore what we have to offer!

**Explore the Outdoors** - Spring is the perfect time to enjoy Mansfield's beautiful parks and trails! Take a hike, bike ride, or enjoy a peaceful walk as nature comes to life. Pack a picnic and visit a scenic playground near you. We also have outdoor programs running throughout the season, such as the Spring Migrant Bird Walk, Mom's Day at Bicentennial Pond, and Plein Air Painting in the Parks. Warmer days are great for fishing, birdwatching, or simply soaking in the fresh air. Stay tuned for more activities in our upcoming Outdoor Recreation Guide.

**Fun for the Whole Family** - There's fun for the whole family this season! Show off your creativity at Chalk and Walk, enjoy a relaxing Community Paint Night, and celebrate nature at our Earth Day Celebration and Tag Sale on April 26th, starting at 8 AM.

**Learn Something New** - Try your hand at badminton, volleyball, archery, basketball, flag football, and more! You can also sign up for boys' and girls' basketball clinics to sharpen your skills. If you're interested in learning a new language, we offer a variety of language opportunities. Explore your creative side with a private art lesson from our fantastic art instructors or learn a new instrument with one of our many music instructors and a choice of instrument.

**Stay Active** - Shake off the winter blues and get moving! Whether you're pushing your limits in high-energy Zumba, finding balance in Yoga, or building strength in our fitness classes, we have something for everyone. Try our new Body Burn, Burst, Beginner, and Blast classes for a fresh workout challenge. You can stay cool with water fitness and aqua therapy, drop in for sports, or get kids active with micro-sports, tennis, soccer, or Ninja-Fit. Work with a personal trainer to reach your fitness goals, or dive into swimming lessons, water polo, or join the Marlins Swim Team.

**Spring is a time for growth—let's move, learn, and explore together!**

- General Information** .....5
- Inclement Weather Information**.....6
- Membership**.....8
- Free to Members**.....9
- BASF**..... 12
- April Vacation Camps**..... 13
- Teen Center**..... 13
- Specialty Camps** ..... 14
- Camp Mansfield**.....20
- Tag Sale** .....22
- Family & Special Events**..... 24
- Community School of the Arts**.....26
- Dance**.....30
- Fitness Schedule** .....32
- Honeycomb**.....35
- Fitness Descriptions**.....36
- Fitness**.....39
- Sports**.....41
- Aquatics**.....44
- Certifications**.....50
- Trips**.....53
- Rentals**.....54
- Parks and Preserves**.....56
- Language**.....60
- How to Register** .....61
- Activity Registration Form** .....62
- Camp Health Form** .....63

Mansfield Parks and Recreation appreciates the support of advertisers, advertisements in this brochure do not express or imply an endorsement of the business sponsors or their products or services by the Town of Mansfield. Current advertisements are not guaranteed future listing and all ads will be reviewed seasonally.

Visit us online at [www.mansfieldcc.com](http://www.mansfieldcc.com) or e-mail us at: [parks&rec@mansfieldct.org](mailto:parks&rec@mansfieldct.org)

The Mansfield Parks & Recreation Department staff has made every effort to prepare this brochure as accurately as possible. Nonetheless, errors may make it into print. Circumstances may require that adjustments be made to the program, fees, schedules, etc. We reserve the right to make such changes. We do apologize for any inconveniences these errors or adjustments may cause.



Produced by

**Publisher:** Jody Boucher  
**Advertising Manager:** Jan Koivisto  
**Production Manager:** Nonea McFarlane

**To advertise please contact:**  
Jean Beckley, *Sales Representative* 860-423-8466 x3305  
Jackie Gottlieb, *Sales Representative* 860-423-8466 x3348

# General Information

## Parks & Recreation Office Information

**Location:** Mansfield Community Center,  
10 S. Eagleville Road  
Storrs/Mansfield, CT 06268-2599

### Community Center Hours:

Monday - Friday, 5:30 a.m.-8:30 p.m.  
Saturday 7 a.m.-4 p.m., Sunday, 8 a.m.-4 p.m.

### Holidays:

Closed Easter, Sunday, April 20th  
Memorial Day, Monday, May 26 - 9 a.m.-5 p.m.  
Closed Independence Day, Friday, July 4th

**Phone:** 860-429-3015

**Fax:** 860-429-9773

**E-mail:** [parks&rec@mansfieldct.org](mailto:parks&rec@mansfieldct.org)

**Staff:** Jay M. O'Keefe, *Director of Parks & Recreation*  
Jennifer Caldwell, *Recreation Services Manager*  
Justin Hicks, *Member Service Coordinator*  
Ariel Blair, *Administrative Support Specialist*  
Jillian Funk, *Recreation Supervisor* (Health & Fitness)  
Travis Morse, *Recreation Supervisor*  
(Aquatics & Outdoor Recreation)  
Bethany Burns, *Recreation Coordinator* (Community School of the Arts, Youth, Adult & Specialty Camps)  
Steven Capobianco, *Recreation Coordinator* (Before & Afterschool, Teen, Youth, Camp Mansfield, Youth Basketball)  
Raymond Torres, *Custodian*



### INCLUSIVE STATEMENT (Programs for all Abilities)

The Parks and Recreation Department is committed to providing quality leisure services for people of all abilities. We encourage and support people with disabilities to participate in programs offered by the Department. We will work with individuals to make reasonable accommodations to foster their participation in activities of interest. Please contact the Parks and Recreation Department for more information.

### On-line Registration

- Log on to the Department's website at [www.mansfieldcc.com](http://www.mansfieldcc.com)
- Click the online registration button on the homepage.

### Inclement Weather

- Help our Customer Service Representatives. Please use the information line.
- Full day cancellations or major storm causing partial day cancellations are also listed on the three major Connecticut TV broadcasts. (See page 6 for more information)
- Call our Info Line at 860-429-3015, ext. 4
- Visit [www.mansfieldcc.com](http://www.mansfieldcc.com) or [facebook.com/MansfieldCommunityCenter](https://facebook.com/MansfieldCommunityCenter)

### Advisory Committees

- Agriculture Committee
- Arts Advisory Committee
- Recreation Advisory Committee
- Parks and Natural Resources Committee

### Recorded Information

Program information and cancellations are available on a daily recorded voice-mail system (860-429-3015, ext. 4).

### Facilities

A full list of Parks & Recreation facilities and their locations can be found on our website and in a brochure entitled "Mansfield Parks & Preserves" which is available at the Community Center.

@excelerated\_performance

All sessions take place at the University of Connecticut Sport Performance Facilities, Storrs, CT

**PERFORMANCE EXCELERATED TRAINING**

**TRAINING & DEVELOPMENT ACADEMY**

Our highly experienced staff offers over 40 years of combined coaching experience at the youth, collegiate, Olympic, and professional levels. This allows our programs to provide athletes of all ages and varying skill levels the opportunity to develop and improve all aspects of athleticism in a structured, hard-working and FUN training environment!

**SUMMER 2025 | Youth & Adult Programs**

[www.excelerated.org](http://www.excelerated.org)

## Spring Registration Dates

Registration start dates are grouped into the following categories:

- MARCH 17** **Members of the Community Center** may register for Aquatic and Fitness related programs ONLY
- MARCH 20** **Mansfield residents** who are members begin registration for all other programs/activities  
**Mansfield Residents who are *not* members** of the community center begin registration for all programs/activities
- MARCH 24** **Non-residents who are members** begin to register for all other programs/activities.  
**Non-resident, non-members** begin registration for all programs/activities.

**In person registration** available during all Mansfield Community Center operational hours.

**Online registration** opens at 5:30 a.m. on dates above at [www.mansfieldcc.com](http://www.mansfieldcc.com)

# Inclement Weather Policy

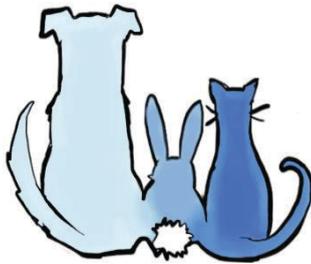
## Snow, Thunder, Lightning and Rain

Call **860-429-3015, ext. 4**  
Check **www.mansfieldcc.com**

Some programs may be held in inclement weather and some may not. Contact our program information line for weather related program status updates. Thunder and lightning are a serious safety concern and may force last minute cancellations on site. Active thunder and lightning in the area may force the temporary closing of the indoor pool and programs until the threat has moved out of the area.

## TOLLAND VETERINARY HOSPITAL

Dr. Laura Roy • Dr. Eran Shemer  
Dr. Shaleighne McKiernan



70 Hartford Turnpike  
Tolland, CT

Monday–Friday: 9am–6pm  
Saturday: 9am–1pm

**860-875-5748**

[TollandVetHospital.Com](http://TollandVetHospital.Com)

**Proudly Serving the Community  
for Over 50 Years!**

### Programs and Classes Held in **NON-School** Facilities (Community Center, Lenard hall, Senior Center)

Classes, workshops, leagues, etc. will NOT be determined by school cancellation or delays. Decisions will be made by taking into account road conditions, facility access, and other factors to determine if programs will be held or not for the full day or a portion of the day. Information on full or partial cancellations will be listed on the Parks and Recreation information line (860-429-3015, #4) and posted on the Parks and Recreation web site ([www.mansfieldcc.com](http://www.mansfieldcc.com)). Local TV and radio postings will only be used in the event of when all Mansfield Parks and Recreation classes, workshops, leagues, etc. are canceled for the full day.

#### General Estimated Decision Times for Cancellations

5:30am-11:59am classes, programs, etc.	No later than 5:15am
Noon-5:00pm classes, programs, etc.	No later than 10:30am
5:00pm and later classes, programs, etc.	No later than 3:30pm

### Programs and Classes Held in **School** Facilities

Cancelled for <b>FULL DAY</b>	When Mansfield Public Schools are cancelled for the full day
Cancelled for <b>MORNING to NOON</b>	When Mansfield Public Schools have a delayed opening
Cancelled for the <b>EVENING</b>	When Mansfield Public Schools are cancelled early for the day.

Information on full or partial cancellations will be listed on the Parks and Recreation information line (860-429-3015, #4) and posted on the Parks and Recreation web site ([www.mansfieldcc.com](http://www.mansfieldcc.com)). Local TV and radio postings will only be used in the event of when all Mansfield Parks and Recreation classes, workshops, leagues, etc. are cancelled for the full day.

#### Estimated General Decision Times for Cancellations

5:30am-11:59am classes, programs, etc.	No later than 5:15am
Noon-5:00pm classes, programs, etc.	No later than 10:30am
5:00pm and later classes, programs, etc.	No later than 3:30pm

### Tonya Hughes

Realtor®



**COLDWELL BANKER  
REALTY**

Cell: 860.336.8776

[Tonya.hughes@cbrealty.com](mailto:Tonya.hughes@cbrealty.com)  
[Tonyahugheshomes.com](http://Tonyahugheshomes.com)



481 Buckland Road | South Windsor, CT 06074



**MANSFIELD**  
**COMMUNITY CENTER**  
*Family, Fitness & Fun!*



# FREE TWO WEEK TRIAL

When you come in for a tour!

# \$35 ENROLLMENT FEE WAIVED

\*\*For new members through April 30, 2025

Stop in for a tour any time, or scan the QR code to schedule a tour!



- Newly Renovated Lap Pool (Renovations expected to be completed by late March)
- Therapy Pool
- Fully Equipped Fitness Center
- Indoor Track
- Group Fitness Classes
- Indoor Basketball court
- Indoor Pickleball Courts
- Childcare While you Workout!
- Programs for all Ages - Youth to Seniors
- Locker rooms
- Teen Center
- And SO MUCH MORE!

\*\*Valid through the end of April 2025, for new members that have not had a past membership in the past year.

# Mansfield Community Center

## Hours

**Your place for Family, Fitness & Fun!**

860.429.3015 • www.mansfieldcc.com

 MansfieldCommunityCenter |  @MansfieldCommunityCenter

<b>Monday-Friday</b>	5:30 a.m.-8:30 p.m.
<b>Saturday</b>	7 a.m.-4 p.m.
<b>Sunday</b>	8 a.m.-4 p.m.
<b>Holidays</b>	Memorial Day, Monday, May 26 – 9 am-5 pm Closed Independence Day, Friday, July 4th

### MCC General Open Hours:

### Child Care Hours - Free to Members!

Drop-in childcare is available for children of members and daily visit participants. Children, ages 1-7, can play, listen to stories, and participate in arts and crafts. Parents must remain on site. Hours subject to change.

<b>Days &amp; Times:</b>	Mon. & Wed., 9 a.m.-1 p.m. and 4:30-7:45 p.m. Tue. & Thurs., 8:30 a.m.-12 p.m. and 4:30 p.m.-7:45 p.m. Fri. & Sat., 8:30 a.m.-12 p.m. Sun., 9 a.m.-12 p.m.
--------------------------	---

**Fee:** FREE for members; Non-member \$4/hour per child

### Teen Center Hours:

<b>Middle School Days:</b>	Monday & Tuesday: 3-5:30 p.m.
<b>High School Days:</b>	Wednesday & Thursday 2:30-5:30 p.m.
<b>All Grades:</b>	See page 13 for more details on our partnership with Youth Services.

### Community Center Membership Includes:

- Priority Fitness & Aquatic Program Registration
- Aquatic Center – 6-lane, 25-yard Pool & Therapy Pool
- Cardiovascular Equipment
- Child Care
- Community Room
- Daily Locker Usage
- Dance & Exercise Studio (general use during non-scheduled times)
- Discounted Programs
- Drop-in Sports
- Family Changing Rooms
- Fitness Center
- Free Family Fun Events
- Free On-Site Parking
- Free Starting Strong Fitness Orientation Program
- Guest Passes
- Gymnasium
- Periodic Workshops, Seminars, Lectures and Special Events
- Professional Staff
- Selectorized Strength Equipment
- Teen Center (teen use and general use during designated times)
- Walking & Jogging Track



## Free Mansfield Days at the Community Center

Whether you're new to the Community Center or have been here often, if you're a Mansfield Resident you can come for FREE any time during MCC operational hours. Be sure to check area schedules at www.mansfieldcc.com, or call us at 860-429-3015 ext. 0 for more info! Proof of residency required.

<b>Location:</b>	Mansfield Community Center
<b>Dates:</b>	Friday, March 14 Saturday, April 12 (Family Fun Night) Sunday, May 18 Friday, June 27 (Family Fun Night)

## Non-Member Daily Admission

Non-members have the ability to purchase Day Passes for all-day facility use. The day pass grants the bearer access to the full facility for the day. Please note: to use the fitness center, the day pass holder must be at least 14 years of age. Additionally, fitness classes and child care services are not included in the day pass rate.

	Residents	Ashford/Wilmington	Non-Residents
<b>Adult</b>	\$10	\$11	\$12
<b>Child</b>	\$6	\$7	\$8
<b>Senior</b>	\$8	\$9	\$10
<b>Under 3</b>	\$2	\$3	\$4

Proof of age and residency may be required. Adherence of all posted facility rules is required of all day pass holders.

## Membership Rates and Options

### MANSFIELD RESIDENTS:

	Pay in Full   Annual Pass	No-commitment   Month-to-Month Pass
<b>Family</b>	\$717	\$61.54 monthly
<b>Adult/Child</b>	\$432	\$37.08 monthly
<b>Individual</b>	\$401	\$34.42 monthly

### NON-RESIDENTS:

	Pay in Full   Annual Pass	No-commitment   Month-to-Month Pass
<b>Family</b>	\$833	\$71.50 monthly
<b>Adult/Child</b>	\$510	\$43.78 monthly
<b>Individual</b>	\$474	\$40.69 monthly

### ASHFORD/WILLINGTON RESIDENTS:

	Pay in Full   Annual Pass	No-commitment   Month-to-Month Pass
<b>Family</b>	\$790	\$67.80 monthly
<b>Adult/Child</b>	\$474	\$40.69 monthly
<b>Individual</b>	\$432	\$37.08 monthly

Family/Household membership rates listed above reflect all household members. Adult/Child membership rates above reflect 1 adult and all children under 14 in the household.

### Miscellaneous Fees:

Enrollment Fee – \$35 (applies to all new and lapsed memberships)  
Insufficient Funds Fee (auto debit accounts) - \$25

## Membership Add-On Options: Fitness Flex Pass

We offer our members the opportunity to have the flexibility of dropping in to fitness classes. By purchasing a Fitness Flex pass you will receive 25 or 15 class visits. Fitness Flex passes expire 1 year from date of purchase.

**15 Drop-In Classes - \$129 | 25 Drop-In Classes - \$215**

## Spirit Days!

Members, show a little spirit! Visit the Mansfield Community Center on theme days and take part in the fun. Select dates have perks and prize opportunities!

**April 1st - Jokes on You!** Tell your favorite joke to staff at the reception desk for a free guest pass. Reminder: this is a family friendly facility; your joke should be too.

**May 24th - Scavenger Hunt Day!** Complete the scavenger hunt around the facility for a prize!

**June 1st - Rainbow Day!** Happy Pride Month! Wear at least four colors of the rainbow today and play the plinko board.



## Child Care (Ages 1-7)

Drop-in childcare is available for children of members and daily visit participants. Bring your children, ages 1-7, to play, listen to stories, and participate in arts and crafts, while you take a class, workout, swim, play basketball, accompany another child to a program, or just take some time to yourself in the sitting room. Parents must remain on site and children may only attend childcare for two hours maximum per day. Space is limited; reservations are not accepted. The following times are planned for the season, however the Parks and Recreation Department reserves the right to adjust time to reflect demands. Look for the ☺ throughout the brochure for corresponding programs.

**Location:** CC Child Care Room  
**Days & Times:** Mon. & Wed., 9 a.m.-1 p.m. & 4:30-7:45 p.m.  
 Tues. & Thur., 8:30 a.m.-12 p.m. and 4:30 p.m.-7:45 p.m.  
 Fri & Sat., 8:30 a.m.-12 p.m.  
 Sun., 9 a.m.-12 p.m.  
**Fee:** FREE for members, Non-member Fees: \$4/hour per child

## Family Fun Events!

Join for some fun as a family during Family Fun Events at the Mansfield Community Center! Jump and slide on the floating Wibit inflatable obstacle in the main pool (select dates), build a fort, tumble and play with the tot toys in the gym, or get a little adventurous and giant inflatable gym slide. For more fun visit the track for Family track time, or play together in the Teen Center; available to families for ping pong, billiards, and more! Watch for special activities associated with each night's theme on [www.mansfieldcc.com](http://www.mansfieldcc.com). FREE to members. No pre-registration required.

**Location:** Mansfield Community Center  
**Dates/Times:** 2nd Saturdays (12:30-3:30 p.m.) and 4th Fridays (4:30-7:30 p.m.)!  
 Sat., April 12, 12:30-3:30 p.m. **Theme:** Kite Day  
 Fri., April 25, 4:30-7:30 p.m. **Theme:** Spring into FUN  
 Sat., May 10, 12:30-3:30 p.m. **Theme:** Golf Day  
 Fri. May 23, 4:30-7:30 p.m. **Theme:** Water Safety  
 Sat., June 14, 12:30-3:30 p.m. **Theme:** Movie Day  
 Fri., June 27, 4:30-7:30 p.m. **Theme:** National BINGO Day  
**Fee:** FREE to Mansfield Community Center Members. Non-members welcome with daily admission.

**NEED BRAKES**  
**NEED AN OIL CHANGE**  
**NEED A TUNE-UP**  
**NEED TIRES**  
**NEED A RENTAL CAR**  
**NEED ROAD SERVICE**

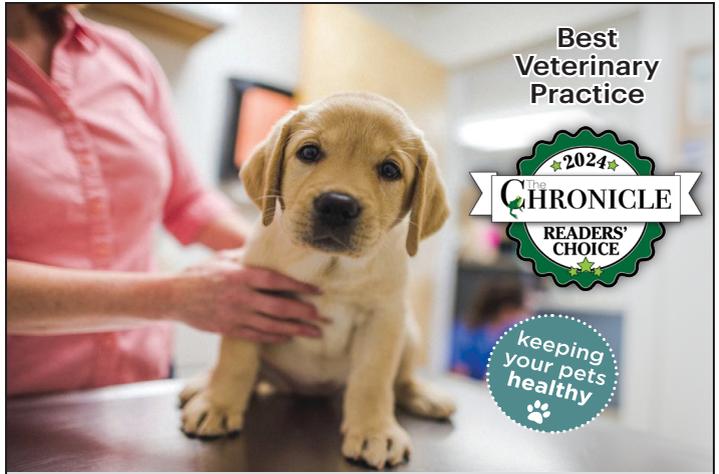
**WE DO IT ALL!!**



Call the professionals at:  
**Tony's 860-429-0001**  
 Open Monday-Friday 8-6

1856 Storrs Rd., Storrs CT  
 1 mi. North of Route 44  
**(860) 429-0001**

email: [tony.s.garage@snet.net](mailto:tony.s.garage@snet.net)  
 Fax: **(860) 429-5954**  
[www.tonysgarage.com](http://www.tonysgarage.com)



Best  
 Veterinary  
 Practice



Wendy C. Ernst, DVM • Stephen Muir, DVM  
 266 Stafford Road, Mansfield Center, CT 06250



[kirbyveterinaryhospital.com](http://kirbyveterinaryhospital.com)

Call (860) 450-0505 today to schedule an appointment.



LET OUR FITNESS STAFF HELP YOU

**GET STARTED  
 ON YOUR  
 FITNESS  
 JOURNEY  
 THE RIGHT WAY!**



**MANSFIELD**  
 COMMUNITY CENTER  
*Family, Fitness & Fun!*

**FREE STARTING STRONG  
 EQUIPMENT ORIENTATION  
 SESSIONS AVAILABLE TO MEMBERS**

CALL 860-429-3015 EXT. 0

## FACILITY YOUTH POLICIES



- Childcare hours service 1-7 year olds.
- Children ages 8-11 are able to use the facility independently while a parent/guardian is in the facility.
- A sibling or supervisor who is 14 or older is able to serve as the "caretaker" for a sibling who is 8-11.
- All minors (ages 12-17) are limited to visiting the facility for no longer than 4 hours per day without a parent or guardian.
- If a child is at least 8 years old and can pass a swim test, parents or guardians can allow them to use the pool independently. All parents/guardians will need to remain in the pool area until the swim test is administered. Swim tests include successfully swimming the equivalent of one length of the pool (25 yards), tread water for 30 seconds, and back float 10 seconds without assistance and without touching the bottom or side.
- Any child 6-8 years old who passes a swim test only needs to have a parent actively supervise them from the pool deck.
- Children 5 years of age and under must be accompanied in the water by an adult (18 years or older) who is within arms reach.
- Children 5 years of age or older must use gender appropriate locker rooms. Families and individuals with special needs have the option to use family changing rooms.
- Members and guests must be at least 14 years old to use the fitness equipment upstairs. Track accessible to ages 12+. See Family Track Hours below
- Tuesday, Thursday, and Friday evenings from 4-8:30 p.m. and Saturday and Sunday all day, youth, ages 10-13 may use select cardiovascular equipment with proper parental supervision. Additionally, they may use our Youth Resistance Training program during the above hours as long as they have completed the Youth Resistance Training Orientation. (See current program brochure for class dates and times.)
- During Family Track Hours children may use the Walking/Jogging Track along side their parent or guardian.

**\*Teen Center Members under the age of 12 and in the 5th grade may be in the facility independently provided the following:**

- Only during scheduled Teen Center hours; See page 13. During Family Fun Events there is no supervised teen time. Teen Center is open for families.
- They remain in the Teen Center with the exception of use of the bathroom or vending machines.
- Their parents or guardians must sign out their children in the Teen Center when picking them up from the Community Center.

### Drop-in Gymnasium Activities

Drop-in gymnasium programs are FREE to members. Non-members are welcome to participate with the purchase of a day pass.

Activities may have specific rules limiting players and/or ages of players and other requirements set forth by MPRD. These rules are subject to change based on updates from local, state and CDC health officials. Activity times are subject to change depending on MPRD programming needs and facility hour changes.

#### Drop-in play activities include:

**18+ Basketball**  
**40+ Basketball**  
**40+ Women's Basketball**  
**15+ Futsal**  
**Youth Futsal (ages 8-15)**  
**Volleyball**  
**18+ Pickleball**  
**Open Pickleball (All Age)**

**Novice Pickleball**  
**Family Gym**

**Tot Time (ages 5 and under)**  
Visit <https://www.mansfieldct.gov/1645/Gym-Schedule> for the current gymnasium schedule.



## Don't Miss Out on Health & Fitness Freebies!

See pg. 40 For information on the Starting Strong member program. This free orientation is designed to help you feel more confident in your workout and with Mansfield Community Center fitness staff and equipment.

# Before & After School Friends

Enroll by month, regular individual days per month or on drop-in basis!

Located at Mansfield Elementary School



## BEFORE & AFTER School Friends

The **Before and After-School Friends Program** offers a safe, fun and relaxed atmosphere for children at the beginning and end of the school day. The program is for children whose parents want them to join special activities in a peer setting, or are unable to care for them after school. Before school portion runs from 7 a.m. to 8:45 a.m. After school runs from 3:15 p.m. to 6 p.m. All children are offered daily snacks at the after school program.

The **Before and After-School Friends Program** designs activities to provide children with experiences that enhance physical, emotional and social growth. Children learn to resolve conflicts and develop social skills needed for successful group interaction in future settings.

The **Before and After-School Friends Program** consists of options based on each child's interests, wants and needs. The weekly schedule can include activities such as arts and crafts, sports, outdoor play, group games and special themed events. We encourage the children and staff to be involved in planning together.

The **Before and After-School Friends Program** encourages cooperation between all participants at our program. We feel daily communication with parents and staff is important to keep you up to date on how your child is doing with After School Friends.

The **Before and After-School Friends Program** is open all days that the Mansfield Public Schools are in operation including scheduled half days. On late openings and early dismissals there is no after school care. Children may be enrolled by the month or for certain consistent days of the week



per month. Fees vary from month to month based on the number of days/hours the program runs. In order to use the drop in program, you must fill out a credit card authorization form. This form is available at the community center and on-line. You must also fill out an activity registration form to use this option.

Registration for **Before and After School Friends** must be done in person at the community center or on-line at [www.mansfieldcc.com](http://www.mansfieldcc.com) **Prior to the start of each month you must re-register for days needed.** **LATE REGISTRATION POLICY:** A cut-

off date will apply each month for the subsequent month's registration. Please see the **Registration Deadline Table** below for the cut-off dates for each month. Anyone not registered by the deadline will be put on the waitlist and wait to be taken off of that list. Or, be considered a drop-in and have to follow the drop-in **REQUEST** procedure. **DROP-IN POLICY:** Parents/guardians can now register for drop-in days as needed online! Please follow the instructions at [mansfieldct.gov/BeforeAfter-School-Friends](http://mansfieldct.gov/BeforeAfter-School-Friends) under the tab "Online Drop-In Registration How To". Space for drop-ins is limited each day and are not guaranteed. Drop-in rates and policies apply. Enroll by month, regular individual days per month or on drop-in basis!

**Register for specific days of the week each month:**

**Morning:** \$12.65 each morning  
**Drop-in:** \$20.90 each morning  
**Afternoon:** \$15.44 each afternoon  
**Drop-in:** \$25.20 each afternoon

Month	Registration Deadline
April	3/26
May	4/25
June	5/26

**REGISTRATION OPEN NOW,**

Limited Spaces available, sign up today!

## April Vacation Camp (Grades K-8)

What do you do with the kids during vacation? Send them to our vacation camp! This program is held at Mansfield Middle School from 7:30 a.m.-5:30 p.m. Vacation camp includes games, arts & crafts, special events, and trips. Activities are similar to those of Camp Mansfield. A detailed flyer will be available at the Community Center and distributed to the schools in March. Children can be registered for one day or any combination of days.

**Location:** Mansfield Middle School  
**Dates:** (454004-1) Mon., April 14 Laser Tag  
(454004-2) Tues., April 15 Mini Golf  
(454004-3) Wed., April 16 Hula Hoop Fun  
(454004-4) Thur., April 17 Art Lessons  
**Time:** 7:30 a.m.-5:30 p.m.  
**Fee:** \$57/day per resident child,  
\$67/day per non-resident child

## April Vacation Soccer - Ray Reid Soccer School

### Young Stars (Ages 4-13)

Working in conjunction with Men's Head Soccer Coach Ray Reid, we again offer one of the finest soccer camps in the state. This three-hour a day, weeklong program offered for boys and girls ages 4-13, 9am-noon is aimed at developing and improving technique. All players will be exposed to dribbling, passing, receiving, and shooting. The emphasis for players ages 4-8 will be to improve their technique in a fun-filled environment. Players ages 9-13 will be taught technical refinement and receive an introduction to the tactical side of the game. This is a great way for your child to refine and improve his/her skills in a week. All campers will participate in fun, small-sided matches with their appropriate age groups. Players will receive a T-shirt and a certificate of attendance. All campers should come dressed in proper athletic apparel, soccer cleats and shin guards. Campers should bring sneakers, a size 4 or 5 soccer ball, snacks, and water. Please label items from home.

**Camp Director:** Ray Reid & Staff  
**Location:** Lions Club memorial park; Fields 1 & 2  
**Dates:** Mon.-Fri., April 14-18  
**Time:** 9 a.m.-noon  
**Fee:** \$190 for residents, \$200 for non-residents  
**Activity #:** 452006-A

## Young Artists Day Camp (Ages 9-12)

Young Artists Day Camp is a great way for artists ages 9-12 to work on their creative flow! Young Artists will get to practice their Self-Portrait, Painting/drawing, and creative thinking. There will be activities with guided instructions and scheduled time for creative freedom for Young Artists to work with the materials and experiment. Participants must pack snacks, a full lunch, and a water bottle.

**Instructor:** Allison Pillari  
**Location:** Lenard Hall  
**Dates:** Mon.-Wed., April 14-16  
**Time:** 9 a.m.-2 p.m.  
**Fee:** \$120 for residents, \$130 for non-residents  
**Materials Fee:** \$25 due at time of registration, fee waivers do not apply to materials fee  
**Activity #:** 434010-A

[www.mansfieldcc.com](http://www.mansfieldcc.com)

# MANSFIELD TEEN CENTER

at the Mansfield Community Center

The teen center is a safe and fun environment for pre-teens and teens to hang out with their friends. Youth grades 5 and up have the opportunity to have a FREE teen Center membership that allows them access to this space. You can stop by the Community Center to fill out a registration form or email youth services at [ysb@mansfieldct.org](mailto:ysb@mansfieldct.org) to request an email copy of the form to sign and return.

The Mansfield Teen Center is currently staffed at the following times. Please keep in mind that these hours are subject to change:

Monday and Tuesday (middle school only) 3:00pm to 5:30pm  
Wednesday and Thursday (High School only) 2:30pm to 5:30pm. Fridays are at scheduled times. These events are free to Mansfield Students.

Middle school students under the age of 12 must remain in the teen center, with the exception of trips to the bathroom, and must be signed out by a parent/guardian.

For more information about the Teen Center please contact Youth Services at [ysb@mansfieldct.org](mailto:ysb@mansfieldct.org)

## TEEN CENTER EVENTS

Youth Services offers daily activities during after school hours Monday-Thursday and monthly Friday events at the Mansfield Teen Center (located in the Community Center).

Please scan the QR code below to be directed to our webpage for a list of upcoming events!



← SCAN



# Specialty Camps



## Summer Art Camps

### Day-By-Day Camp: Mini Master Piece Studio - Famous Artist Series (Ages 7-14)

This fun day-by-day camp is a great way to start summer with new friends and lots of creative exploration. This camp is for the camper who loves learning and trying new techniques! We will learn about the lives and works of several famous artists and make an artwork inspired by their process each day! Several different styles of art and kinds of materials will be explored. Dress for a mess. We will spend part of the day outside, weather permitting! Participants must pack snacks, a full lunch, and a water bottle. Wearing sun screen is suggested. Register for one day or multiple days.

**Instructor:** Reagen O'Reigaekn  
**Location:** CC Arts and Crafts Room  
**Dates:** Mon., June 16 - Berthe Morisot /Watercolors (134202-A)  
Tues., June 17 - Helen Frankenthaler / Stained Canvas (134202-B)  
Wed., June 18 - Georgia O'Keeffe /Oil Pastels (134202-C)  
Thurs., June 19 - Henri Matisse /Collages (134202-D)  
Fri., June 20 - Richard Tuttle /Sculpture (134202-E)  
**Time:** 9 a.m.-4 p.m.  
**Per day Fee:** \$70/day for residents, \$80/day for non-residents  
**Materials Fee:** \$5/day materials fee due at time of registration. Fee waivers do not apply to materials fee.

### Bees, Butterflies, and Beyond! Native Pollinator Series for Young Artists (Ages 7-14)

Join us for a weeklong camp where we will create collages, paintings, and scientific illustrations focusing on native plants and pollinators. Campers will spend focused time on artworks while learning about the interdependence of native species in our ecosystem. Dress for a mess. We will spend part of the day outside, weather permitting! Participants must pack snacks, a full lunch, and a water bottle. Wearing sunscreen is suggested.



**Instructor:** Reagen O'Reigaekn  
**Location:** CC Arts and Crafts Room  
**Dates:** Mon.-Fri., June 23-27  
**Time:** 9 a.m.-4 p.m.  
**Fee:** \$260 for residents, \$270 for non-residents  
**Materials Fee:** \$25 due at time of registration, fee waivers do not apply to materials fee.  
**Activity#:** 134204-A

### Creative Kids: Art with Nature Exploration (Ages 7-14)

Unleash Your Creativity in this week-long process- based open studio. Self-directed campers will embark on a journey of artistic discovery with sticks, stones, plants, shells, and twine. Stations will provide opportunity to try various creative activities such as wreath making, creating biodegradable confetti, painting rocks, clay impressions, using nature's paintbrushes, and ornaments from nature. In the afternoons, we will try mud painting, paper making, and land art. Dress for a mess. We will spend part of the day outside, weather permitting! Participants must pack snacks, a full lunch, and a water bottle. Wearing sunscreen is suggested.

**Instructor:** Reagen O'Reigaekn  
**Location:** CC Arts and Crafts Room  
**Dates:** Mon.-Fri., July 7-11  
**Time:** 9 a.m.-4 p.m.  
**Fee:** \$260 for residents, \$270 for non-residents  
**Materials Fee:** \$25 due at time of registration, fee waivers do not apply to materials fee.  
**Activity #:** 134206-A

### Creative Kids: Fabric Upcycling! (Ages 7-14)

Welcome to a week of eco-friendly creativity for kids. In this camp, campers will learn to upcycle fabric to create their own sculptures, practice rag weaving, or even start to design their very own Halloween costumes with scissors and knotting techniques. We'll also reference some famous artists, like Shanique Smith, Ramekon O'Arwisters, Christo and Jean Claude, Faith Ringgold, and several textile artists to inspire their artwork. Dress for a mess. We will spend part of the day outside, weather permitting! Participants must pack snacks, a full lunch, and a water bottle. Wearing sunscreen is suggested.

**Instructor:** Reagen O'Reigaekn  
**Location:** CC Arts and Crafts Room  
**Dates:** Mon.-Fri., July 28-Aug. 1  
**Time:** 9 a.m.-4 p.m.  
**Fee:** \$260 for residents, \$270 for non-residents  
**Materials Fee:** \$25 due at time of registration, fee waivers do not apply to materials fee.  
**Activity #:** 134205-A



## Alice in Wonderland – 1 week camp (Entering Grades K-2)

Join us for summer theater fun! Participants will be introduced to theater skills; be involved with theater games that help kids understand and act out character emotions; story elements; event sequencing; and public speaking. All participants will receive a role in the cast, learn teamwork skills to put on the show, and help to make simple props and sets. Participants must pack snacks, a full lunch, and a water bottle. The last day of the program will end with a show for parents at 2 p.m.

- Lead Instructor:** Miss Kelly Production Staff
- Location:** Lenard Hall
- Dates:** Mon.-Fri., July 21-July 25
- Time:** 9 a.m.-3 p.m.
- Fee:** \$250 for residents, \$260 for non-residents
- Activity #:** 134209-A

## Wizard of Oz - 2 week camp (Entering Grades 3-8)

Join us for a summer theater adventure! Participants will be introduced to theater skills; be involved with theater games that help develop concentration, creativity, public speaking, and confidence; and will get to help produce a theatrical production. Each participant will audition for and receive a role in the cast, learn teamwork skills to put on the show, and help to make simple props and sets. Participants must pack snacks, a full lunch, and a water bottle. The last day of the program will end with a show for parents at 2 p.m.

- Lead Instructor:** Miss Kelly Production Staff
- Location:** Lenard Hall
- Dates:** Mon.-Fri., July 28-Aug. 8 (2 weeks)
- Time:** 9 a.m.-3 p.m.
- Fee:** \$475 for residents, \$485 for non-residents
- Activity #:** 134208-A



## Storybook Ballet- 1 week camp (Entering Grades K-4)

Learn ballet steps along with classical ballet stories! Students will be introduced to classical music from the ballet versions of the stories as well as fun kids music related to the stories. Students will engage in simple skills based learning; choreography; and literature. Participants must pack snacks and a water bottle.

- Lead Instructor:** Miss Kelly Production Staff
- Location:** Lenard Hall
- Dates:** Mon.-Fri., Aug. 11-Aug. 15
- Time:** 9 a.m.-12 p.m. (half day)
- Fee:** \$125 for residents, \$135 for non-residents
- Activity #:** 134212-A

## Broadway Musical Theater Program- 1 week camp (Entering Grades 5-9)

Students will work with fun and theatrical Broadway songs to learn expression and act out lyrics. Some focus on theater and body language expression and some focus on dance. This combination will delight students and engage them in theater, dance, and choreography. Participants must pack snacks, a full lunch, and a water bottle.

- Lead Instructor:** Miss Kelly Production Staff
- Location:** Lenard Hall
- Dates:** Mon.-Fri., Aug. 11-Aug. 15
- Time:** 12 p.m.-3 p.m. (half day)
- Fee:** \$125 for residents, \$135 for non-residents
- Activity #:** 134210-A

# Specialty Camps



## Incrediflix Film Camps

### Animation Flix (Ages 7-13)

In this fast paced class, you'll create up to five new stop motion movies using a different medium each day! Animate with ducks, with green screen, and new for 2025 film with anime characters! Bring snacks and a drink. \*Flix emailed within a month after camp ends.

**Instructor:** Incrediflix Staff  
**Location:** Lenard Hall, Recital Room  
**Dates:** Mon.-Fri., June 23-27  
**Time:** 9 a.m.-noon  
**Fees:** \$257 for residents, \$267 for non-residents  
**Activity #:** 152200-A

### Minecraft Movie Flix (Ages 7-13)

Make a Minecraft Stop Motion MOVIE with your favorite Minecraft Characters! Working in age-appropriate groups, bring Steve, the creepers, and more to life. Students will write, storyboard, create sets out of construction paper, make their Minecraft blocks, film, animate some cool effects, and do voice-overs! Bring snacks and a drink. \*Flix emailed within a month after camp ends.

**Instructor:** Incrediflix Staff  
**Location:** Lenard Hall, Recital Room  
**Dates:** Mon.-Fri., June 23-27  
**Time:** 1-4 p.m.  
**Fees:** \$257 for residents, \$267 for non-residents  
**Activity #:** 152200-B

### Animation & Minecraft Movie Flix - Full Day (Ages 7-13)

Join us for the full day combo for a discount plus free lunch supervision! Please see both half day descriptions. Bring snacks, lunch and a drink. \*Flix emailed within a month after camp ends.

**Instructor:** Incrediflix Staff  
**Location:** Lenard Hall, Recital Room  
**Dates:** Mon.-Fri., June 23-27  
**Time:** 9 a.m.-4 p.m.  
**Fees:** \$500 for residents, \$510 for non-residents  
**Activity #:** 152200-C

## Playwell Teknologies Lego Camps

### Pokémon Engineering using LEGO®

#### Materials (Ages 5-12)

Calling all Pokémon trainers! With the Pokémon Championship approaching, join our enthusiastic Play-Well Instructors as we build and catch our favorite Pokémon, rescue Pikachu from Team Rocket, take a ride on the S.S. Anne to uncover rare and mystic Pokémon, and battle to see who will hold the title of Pokémon Master. Come along on our journey to catch 'em all with a trained Play-Well instructor. Bring snack and a drink.

**Instructor:** PlayWell TEKnologies Staff  
**Location:** Lenard Hall, Recital Room  
**Dates:** Mon.-Fri., July 14 - 18  
**Time:** 9 a.m.-noon  
**Fees:** \$189 for residents, \$199 for non-residents  
**Activity #:** 152106-A

### Pokémon Master Engineering using

#### LEGO® Materials (Ages 5-12)

LEGO® Master, I choose you!! In the race to be crowned the Ultimate Pokémon Champion, we need your help! Learn to build your favorite Pokémon, level up by teaching them special moves, evolve them into more powerful versions, and come face to face with the current champion in an epic battle for the title. Learn from our Play-Well Pokémon Masters so you can make it to the top! Bring snack and a drink.

**Instructor:** PlayWell TEKnologies Staff  
**Location:** Lenard Hall, Recital Room  
**Dates:** Mon.-Fri., July 14 - 18  
**Time:** 1 p.m.-4 p.m.  
**Fees:** \$189 for residents, \$199 for non-residents  
**Activity #:** 152106-B

### Full Day - Pokémon Engineering using LEGO® Materials & Pokémon Master Engineering using LEGO® Materials (Ages 5-12)

Join us for a full day combination, plus lunch-time supervision 12-1pm. See program descriptions above. Bring snack, lunch and a drink.

**Instructor:** PlayWell TEKnologies Staff  
**Location:** Lenard Hall, Recital Room  
**Dates:** Mon.-Fri., July 14 - 18  
**Time:** 9 a.m.-4 p.m.  
**Fees:** \$378 for residents, \$388 for non-residents  
**Activity #:** 152106-C

## Minds in Motion



### Sky High Engineering (Ages 6-12)

Do you ever wonder how bridges span huge distances and how skyscrapers stay standing? Get ready to get your mind in motion as you work with and take home your very

own Bridges and Skyscrapers Set! Learn all about basic structural elements and witness firsthand the forces acting on structural components! With your kit, you can build up to 20 model building experiments that each demonstrate a basic principle of mechanical physics or structural engineering in a hands-on way. Learn about the strength of materials as you compete with your classmate to see who can build the tallest tower using the pieces in this kit! Challenge yourself building different types of bridges such a suspension bridge or cable stayed bridge. Come bring out the architect side of you as you enter the fascinating world of structural engineering and explore the magic of STEM! Bring snacks and a drink.

**Instructor:** Minds in Motion Staff  
**Location:** CC Arts and Crafts Room  
**Date:** Mon.-Fri., August 4-8  
**Time:** 9 a.m.-noon  
**Fees:** \$216 for residents, \$226 for non-residents  
**Activity #:** 152150-A

### AI Smart Core 4 Robot (Ages 6-12)

Dive into the exciting universe of robotics by building and taking home your very own AI SmartCore 4 Robot! This remarkable kit features 4 separate modular smart vehicles that are powered by cutting-edge AI SmartCore technology! It allows All-Terrain Cube to navigate directions with balance and predictability; Enables Super Snake to entertain the most curious of four and two-legged friends; Empowers Turbo Trike to cruise at high speeds while maintaining control; and transforms Titan Tank into a roving explorer. Whether navigating tricky terrain, zooming at top speeds, or exploring new territories, every day promises hands-on fun and learning! With 42 easy-to-snap-together parts, a remote control, and a rechargeable LiPO battery, it's perfect for new robot builders eager to master robotic engineering! Ready to build the future? Join us and let your imagination take flight! Bring snacks and a drink.

**Instructor:** Minds in Motion Staff  
**Location:** CC Arts and Crafts Room  
**Date:** Mon.-Fri., August 4-8  
**Time:** 12:30-3:30 p.m.  
**Fees:** \$216 for residents, \$226 for non-residents  
**Activity #:** 152150-B

### Sky High Engineering & AI Smart Core 4 Robot - FULL DAY (Ages 6-12)

Join us for a full day combination, plus lunch-time supervision 12:30-1pm. See program descriptions above. Bring snack, lunch and a drink.

**Instructor:** Minds in Motion Staff  
**Location:** CC Arts & Crafts Room  
**Date:** Mon.-Fri., August 4-8  
**Time:** 9 a.m.-3:30 p.m.  
**Fee:** \$432 for residents, \$442 for non-residents  
**Activity #:** 152150-C



### Chess Wizards! (Ages 6-12)

Join us this summer for tons of challenging chess lessons, exciting games, and cool prizes. You will improve your chess skills, meet new friends, and work out your most powerful muscle - your brain! Our camps include fun team chess games (like Corner Chess), recess time (of course), snacks, tournaments, and puzzles. Each camper receives a T-shirt, trophy, and puzzle folder. We include all the materials necessary for your child to participate, but full day kids should bring a lunch. Unleash your brain power and spend part of your vacation with Chess Wizards!

**Instructor:** Chess Wizards Staff. Staff have been teaching the Chess Wizards game of chess since 2022.  
**Location:** CC Arts & Crafts Room  
**Dates:** Mon.-Fri., July 21-25  
**Time:** 9 a.m.-noon or 12-3 p.m., or Full day option 9 a.m.-3 p.m.  
**Half Day Fees:** \$280 for residents, \$290 for non-residents  
**Full Day Fees:** \$410 for residents, \$420 for non-residents  
**Activity #:** 152005-A (FULL day-9 a.m.-3 p.m.)  
 152005-B (HALF day-9 a.m.-noon)  
 152005-C (HALF day noon-3 p.m.)

# Specialty Camps



## Ray Reid Soccer School, Young Stars (Ages 4-13)

Working in conjunction with Men's Head Soccer Coach Ray Reid, we again offer one of the finest soccer camps in the state. This three-hour a day, weeklong program offered for boys and girls ages 4-13, 9am-noon is aimed at developing and improving technique. All players will be exposed to dribbling, passing, receiving, and shooting. The emphasis for players ages 4-8 will be to improve their technique in a fun-filled environment. Players ages 9-13 will be taught technical refinement and receive an introduction to the tactical side of the game. This is a great way for your child to refine and improve his/her skills in a week. All campers will participate in fun, small-sided matches with their appropriate age groups. Players will receive a T-shirt and a certificate of attendance. **All campers should come dressed in proper athletic apparel (soccer cleats and shin guards) and bring sneakers. Campers should bring sneakers, a size 4 or 5 soccer ball, snacks (please no nut products), and water. Please label items from home.**

**Camp Director:** Ray Reid & Staff  
**Location:** Lions Club memorial park; Fields 1 & 2  
**Dates:** Mon.-Fri., July 28-Aug. 1  
**Time:** 9 a.m.-noon  
**Fee:** \$205 for residents, \$215 for non-residents  
**Activity #:** 152006-A



## Co-ed Basketball (Entering Grades 3-9)

Elevate your basketball game with fundamental skill sessions and engaging drills that sharpen your abilities. Experience the thrill of competition through exciting games, where teamwork and strategy take center stage. Camp will blend skill development and spirited gameplay, creating an environment where passion for the sport flourishes. Bring your own lunch and drinks that do not require refrigeration. Registration fee includes a t-shirt.

**Lead Instructors:** Jeff Belanger, E.O. Smith Boys Basketball Coach  
**Location:** E.O. Smith High School  
**Dates:** Mon.-Thurs., June 30-July 3 (4 days)  
 \*No Camp Fri., 7/4  
**Time:** 9 a.m.-1 p.m.  
**Fee:** \$175 for residents, \$185 for non-residents  
**Activity #:** 152004-A



TWICE A WEEK PRACTICES BETWEEN MANCHESTER AND MANSFIELD WITH OPTIONAL RACING

LOANER ROAD BIKES ARE AVAILABLE TO INTERESTED JUNIORS



## GREATER HARTFORD ERRACERS JUNIOR ROAD CYCLING TEAM

Teams are open to juniors ages 9 to 18.

Teams ride together in a supportive and positive environment beginning in May and continuing through July.

Riders learn to improve their cycling skills, including speed and endurance, racing, and teamwork.



[www.ctcyclingadvancement.org](http://www.ctcyclingadvancement.org)



# Specialty Camps

## Girls Basketball

(Entering Grades 3-9)

Girls will learn and practice fundamentals such as dribbling, passing, rebounding, shooting, and offensive and defensive positioning. There will be daily game play. Campers will be separated by experience and physical maturity when possible. Bring a lunch that does not require refrigeration and lots of water. Registration fee includes a t-shirt!



**Lead Instructors:** Mary Roickle, E.O. Smith Girls Basketball Coach & Betsy Parker, Youth Basketball Coach

**Location:** E.O. Smith High School

**Dates:** Mon.-Fri., June 23-27

**Time:** 9 a.m.-3 p.m.

**Fee:** \$237 for residents, \$247 for non-residents

**Activity #:** 152007-A

## Counselor in Training for Girls Basketball Camp (Ages 14-16)

Are you between 14-16 years old and love basketball? Register now to be a Counselor in Training for Girls Basketball Camp! Learn the skills necessary to become a leader. Assist and demonstrate basketball drills and apply game rules. Space is limited.

**Lead Instructors:** Mary Roickle, E.O. Smith Girls Basketball Coach & Betsy Parker, Youth Basketball Coach

**Location:** E.O. Smith High School

**Dates:** Mon.-Fri., June 23-27

**Time:** 9 a.m.-3 p.m.

**Fee:** \$50 for residents, \$60 for non-residents

**Activity #:** 152007-B

# IVES BROTHERS

Keeping our customers comfortable at home for over A Century!

## FUEL OIL INSTALLATION SERVICE

Delivering dependable oil heat comfort for over 107 years from the same address

Reliable Oil Delivery and In-House installation, Repair, and Routine Service HOD#36



1244 Main St. Rear, Willimantic, CT 06226  
860.423.6381 • www.IvesBrosOil.com

www.mansfieldcc.com

## Come See Why Everyone Loves...

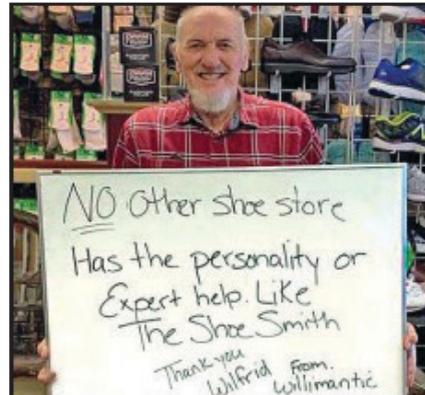
FEET HURT?

# The Shoe Smith

Offering simple, low-tech, non-invasive ways of improving your health.

Give the Gift  of Pain Relief

New Balance, Brooks, Keen, Merrell, Vionic, Red Wing, Hoka, Taos and Oofos.



## DIAGNOSTIC TECHNOLOGY



is here to 

## RELIEVE YOUR PAIN!

- Arch supports
- Custom Orthotics
- Professional fitting
- Shoe Repair

**FIND YOUR FIT SIZE 7-20, WIDTHS B-6E**

★ Monday-Friday 9-5; Saturday 9-3 ★

503 Main Street, Willimantic  
860-423-8873 • www.theshoesmith.com

# Camp Mansfield



*We Make Happy Campers!*  
**SIGN UP NOW**  
*for a Summer of Fun*

## CAMP MANSFIELD 2025 JOB APPLICATIONS

Applications are available until positions are filled for 2025 Camp Mansfield employment. Applications and job descriptions are available at [mansfieldct.gov](http://mansfieldct.gov) under the employment and volunteer link.

## CAMP MANSFIELD *We make happy campers!*

**General Camp Information** – Camp Mansfield is a traditional outdoor summer day camp with a wide variety of activities for camper's age 4½ to 15 years old! Camp Mansfield is held on the grounds of Mansfield Middle School, Schoolhouse Brook Park and Bicentennial Pond. Camp is tentatively scheduled to begin on June 28th this year. Activities include archery, arts and crafts, canoeing/kayaking, nature and science activities, sports, cultural arts, variety block (counselors & campers choice), free swim, and swim activity, camp songs and themed special event weeks. Campers are separated into groups based on the grade they will be entering in the fall. All campers must be potty trained and be able to follow the camp rules of safe and positive behavior for themselves and others to participate. The camp runs Monday – Friday from 9 a.m.-3 p.m. rain or shine. 3 daily lunch choices are included in the camp fee for full day campers. Extended "Camp Care" is available before and after the regular camp day to campers for an additional fee.

### CAMP MANSFIELD GOALS - *How we make happy campers!*

- Create an environment that is in every way healthful and safe, where encouragement, laughter and fun are the norm. We are smiling underneath our masks!
- Encourage the development of leadership skills in campers of all ages.
- Develop in each camper an appreciation for their natural surroundings, including a concern for preserving our environment.
- Nurture each individual's confidence in their own strengths and skills, while fostering the confidence in the discovery and development of new talents.
- Cultivate an atmosphere that promotes the building of healthy relationships and group problem solving while keeping our distance.

**KinderCamp** – Special ½ day camp for children entering Kindergarten. Camp meets Monday-Friday from 9 a.m.-Noon. Activities include games, sports, crafts, nature, swimming and more. A daily lunch is provided. (Please note full day Kindergarten option below). Half day campers may not participate in all camp activities due to the structure of the day.

**Explorers** – Our main camp group runs Monday – Friday, 9 a.m.-3 p.m. for children entering grades K – 6. Activities include outdoor games, sports, nature, archery, arts & crafts, canoeing/kayaking, creative games, swimming and special events. Lunch is provided to campers

daily. Campers choose from a choice of 3 options each day. (Please note ½ day option above for Kindergarteners)

**Adventurers** – Our oldest camper group runs Monday – Friday, 9 a.m.-3 p.m. (with possibility of extended hours for some trips) for children entering grades 7-9. Those entering grade 9, have a choice of the Adventurers or C.I.T. programs. Campers have the opportunity to participate in the same activities listed under "Explorers" plus have 2 off site adventure trips, which may include amusements parks, Adventure Park, Ocean Beach, river tubing and more. On Wednesday nights ADVENTS can be dropped off at Bicentennial Pond at 7pm – 9pm. Campers will play games and make s'mores at a bonfire. This program is specifically geared towards helping these young adults build confidence, group problem solving and more. Trip fees are included in the camp fee and a daily lunch is provided. Space in this program is limited.

**Counselor-In-Training** – This leadership training program meets Monday – Friday, 9 a.m.-3 p.m. for teens entering grades 9 and 10. Those entering grade 9 have a choice between the C.I.T. or Adventurer programs. The C.I.T. program is designed to teach leadership skills in the area of child development, activity planning and group management and lends itself to personal growth that can also be applied to all aspects of life. C.I.T.s can be dismissed if they are not making a positive addition to the program. Maximum age is 15 and space in this program is limited. A C.I.T shirt will be provided for the summer.

**Camp Care** – Specially designed for the working parents who require additional care for their child beyond the regular day camp. Camp care hours are 7:30-9 a.m. and 3-5:30 p.m. It includes a supervised and partially structured time before and after the camp day. PM Camp care is not available on the last day of camp.

Camp care will be held at Mansfield Middle school (Bicentennial Pond for the Last Week if Camp)

**Campers with Special Needs** - All of our department's summer camp programs support children with special needs. With the assistance of specialized camp staff, campers will be participating inclusively within their same age/grade groups throughout the camp day. Participants with a need for modifications and/or additional support during camp will need to fill out a special assistance form no later than 15 days prior to the start of the camp session.

**Swim Education** - Great news! We are happy to announce that this summer, Camp Mansfield will be offering basic swim safety instruction during camp. These will be every Tuesday and Thursday at Bicentennial Pond. Please note, this is simple swim instruction to help children be able to pass the swim test and feel more comfortable in the water. This is NOT consider swim lessons.

# Camp Mansfield

## Camp Mansfield Registration Instructions

- Registration for Camp Mansfield opens on March 21. Campers must enroll for a minimum of one full session. Partial session enrollment is NOT permitted. All camp sessions must be paid in full at the time of registration.
- The activity registration form and additional camp form must be completely filled out to be registered for camp. Please be sure to indicate the appropriate camp program and session code on the registration form.
- Although we do everything possible to accommodate all children, we require to meet certain camper to staff ratios. Therefore, it is possible that some camp sections may fill regardless of registration closing date. Please register early.
- Campers requiring special assistance or accommodations must follow the same registration process listed above and must complete a Special Assistance Form at a minimum of 15 working days prior to the start of a new session and must contact the camp director.



## CAMP MANSFIELD 2025 - We Make Happy Campers!

Session 1	June 23 – June 27, Nature Week!
Session 2	June 30 – July 3, Decades Week! (No Camp July 4TH)
Session 3	July 7 – July 11, Mansfield's Got Talent!
Session 4	July 14 – July 18, Under the Sea Week!
Session 5	July 21 – July 25, Mystery Week!
Session 6	July 28 – August 1, Super Hero Week!
Session 7	August 4 – August 8, Fantasy!
Session 8	August 11 – August 15, Carnival Week!

**(No PM Camp Care on Last Day, August 15.)**

\*Start dates subject to change if Mansfield Schools end later than anticipated at time of print\*

\*Session 8 individual days may be cancelled in the event of inclement weather\*

CAMP MANSFIELD 2025	Cost Per Session	
	Resident Rate	Non-Resident Rate
KinderCamp ½ Day 151105-(plus session #)	\$127 (Ses 1, 3-8) \$102 (Ses 2)	\$137 (Ses 1, 3-8) \$112 (Ses 2)
Explorers Grades K-6 (See Activity # table below)	\$245 (Ses 1, 3-8) \$196 (Ses 2)	\$255 (Ses 1, 3-8) \$206 (Ses 2)
Adventurers Grades 7-9 151301-(plus session #)	\$303 (Ses 1, 3-8) \$242 (Ses 2)	\$313 (Ses 1, 3-8) \$252 (Ses 2)
Counselor In Training 151207-(plus session #)	\$114 (Ses 1, 3-8) \$91 (Ses 2)	\$124 (Ses 1, 3-8) \$101 (Ses 2)
AM Camp Care 151401-(plus session #)	\$43 (Ses 1, 3-8) \$34 (Ses 2)	\$53 (Ses 1, 3-8) \$44 (Ses 2)
PM Camp Care 151402-(plus session #)	\$46 (Ses 1, 3-7) \$37 (Ses 2&8)	\$56 (Ses 1, 3-7) \$47 (Ses 2&8)
Combo Camp Care (AM&PM) 151403-(plus session #)	\$78 (Ses 1, 3-7) \$62 (Ses 2&8)	\$88 (Ses 1, 3-7) \$72 (Ses 2&8)

### Explorers Activity Codes

USE THE GRADE THE CAMPER IS ENTERING IN FALL 2024			
Grade	Activity #	Grade	Activity#
K	151200- add session #	3.	151203- add session #
1.	151201- add session #	4.	151204- add session #
2.	151202- add session #	5.	151205- add session #
		6.	151206- add session #

## NEW! Swim Education.

Great news! We are happy to announce that this summer, Camp Mansfield will be offering basic swim safety instruction during camp. These will be every Tuesday and Thursday at Bicentennial Pond. Please note, this is simple swim instruction to help children be able to pass the swim test and feel more comfortable in the water. This is NOT consider swim lessons.

## ADVENTURERS TRIPS

Trips for our Adventure group are every Tuesday and Thursday. These trips can include Six Flags, Brownstone, Quassy Amusement Park, CT Science Center, Lake Compounce, Laser Tag and Bowling, Bike Tours, Ocean Beach, Nomads Adventure Quest, and MORE! Please check the website at [www.mansfieldcc.com](http://www.mansfieldcc.com) and the Adventure trip flyer that will come out in the spring for more details and specific dates of trips!

\*All trips are subject to change due to availability\*




CHECK OUT THE TOWN OF MANSFIELD

# Fee Waiver/ Scholarship Fund!

Program and Community Center Fee Waivers are available to qualified applicants (for Mansfield residents only). Fee waivers do not apply to trips, rentals, and/or materials fees. Scholarship Fund, supported solely by contributions, are available for residents who need financial assistance in addition to the fee waiver.

Please contact  
Fee Waiver Info: Human Services  
[human.services@mansfieldct.org](mailto:human.services@mansfieldct.org)  
Scholarship Fund Info: Mansfield Parks & Recreation  
860-429-3015 ext. 0



# Mansfield's

# TAG SALE TRAIL



This annual town-wide tag sale event boasts a full morning of shopping and selling for bargain hunters and spring cleaners alike!

Three ways to participate:

1. Sell from the Mansfield Community Center Gymnasium - Open to residents of all towns. Guaranteed 10'x10' dry location with one table and 2 chairs! Registration is first-come, first-served. **Register online or at the Community Center by April 14th (no exceptions).** Limited spaces available. No day-of registrations.

Free! Act. # 490002-A  
\_\_\_ Register me!

2. Sell from your home or business/organization- **Register online or at the Community Center by April 14th (no exceptions)** to secure your spot on the map - and let us handle the advertising! Yard signs will be provided on first-come, first-served basis, limited quantity available. Open to Mansfield residents and Mansfield business locations only.

Single home sales: Free! Act. # 490002-B  
\_\_\_ Register me!  
Group/Multi sale or Business/Organization: Free! Act. # 490002-C  
\_\_\_ Register me!

3. Shop 'til you drop! **Trail maps available FREE online at [www.mansfieldcc.com](http://www.mansfieldcc.com) and in hard copy at the Mansfield Community Center starting April 21st, 2025**

## Seller information:

**Name:**

**Location of sale (full address):**

**Phone:**

**E-Mail:**

**Description:** List here: sale items, rain date, etc. Descriptions will be listed as written up to 100 characters for home/business sales. Ex. Gardening tools, baby items...

**Open Sunday too? (locations listed on map):** yes / no

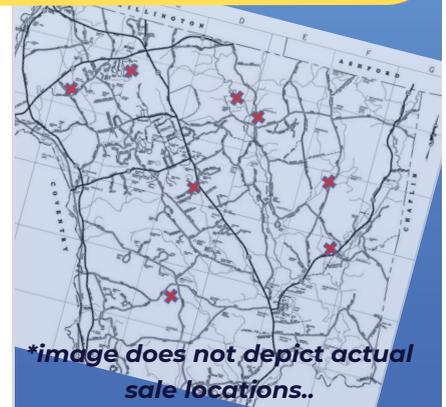


**SAVE THE DATE:**

**Saturday,  
April 26th,  
2025**

**8am - 1pm**

THE TOWN OF MANSFIELD AND  
MANSFIELD PARKS AND  
RECREATION ARE NOT  
RESPONSIBLE FOR  
AGREEMENTS MADE BY  
PRIVATE PARTIES ON THE TRAIL



# CELEBRATE EARTH DAY!

SATURDAY, APRIL 26, 2025

Come celebrate spring, community and our earth!

**Town-Wide Tag Sale, 8 a.m.- 1p.m.**

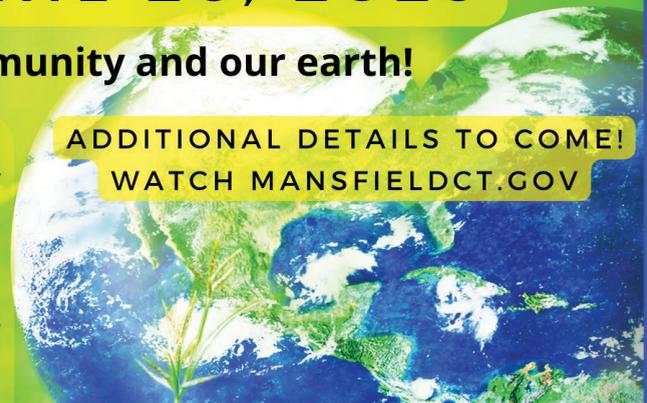
Maps available at the Mansfield Community Center  
and at [www.mansfieldcc.com](http://www.mansfieldcc.com)

ADDITIONAL DETAILS TO COME!

WATCH [MANSFIELDCT.GOV](http://MANSFIELDCT.GOV)

**Town & Local Activity Booths, 9 a.m. to 12 p.m.**

Join the Town of Mansfield and members of our  
community for a morning filled with earth-friendly,  
sustainable fun, with tables displaying at the  
Mansfield Community Center.



**MANSFIELD**  
CONNECTICUT

Your place to grow

## Craft Quality

Craft Beers on Tap

Locally Owned  
& Operated

Lunch, Dinner and  
Happy Hour  
Huge Menu



### Red Rock Restaurant

591 Middle Turnpike (Rte. 44)  
Storrs, CT 06268 | 860-429-1366  
On-Line Ordering @ [www.redrockcafe.net](http://www.redrockcafe.net)



## Meehan & Daughters

REAL ESTATE & DEVELOPMENT COMPANY, LLC  
COMMITTED TO QUALITY IN EVERY DETAIL SINCE 1970

Whether you're looking to buy or sell real estate,  
Heather Meehan and her team's expertise in the local  
market offers a seamless experience for clients.

We are a full-service real estate brokerage firm,  
bringing Buyers & Sellers together in Eastern CT for  
over 25 years. Let our knowledge of the local market  
guide your next move!

**Outstanding Agents = Outstanding Results!**



Heather Meehan  
Broker

the Chronicle  
Voted 1st Place



Frank Villazante  
Agent

824 Main Street, Suite 3A, Willimantic, CT 06226



860.456.7610

[www.meehanrealty.com](http://www.meehanrealty.com)



# Family & Special Events

*Save the Date*  
**06.07.2025**  
**John E. Jackman**  
**Tour de Mansfield**  
[mansfieldct.gov/biketour](http://mansfieldct.gov/biketour)



We want to take a moment to give a BIG thank you to our Big Y for sponsoring our Annual Jingle Jog event! Without their generosity, our event would not have been as successful as it was. Thank you for believing in us and for helping us turn our vision into reality!

## Free Mansfield Days!

Whether you're new to the Community Center or have been here often, if you're a Mansfield Resident you can come for FREE any time during MCC operational hours on the dates indicated below. Be sure to check area schedules at [www.mansfieldcc.com](http://www.mansfieldcc.com), or call us at 860-429-3015 ext. 0 for more info! Proof of residency required.

**Location:** Mansfield Community Center  
**Dates:** Friday, March 14  
Saturday, April 12 (Family Fun Night)  
Sunday, May 18  
Friday, June 27 (Family Fun Night)

## Saturday Social Group (Ages 15+)

The social activity program is designed for those ages 15+ with developmental/cognitive disabilities. The program will typically meet select Saturday afternoons at the Mansfield Community Center. Participants will enjoy a variety of activities while meeting new friends! Pre-registration is strongly encouraged. There is a \$6 per day participation fee for residents and \$7 per day participation fee for non-residents. Feel free to bring a lunch or snack. First time participants are required to be accompanied by a parent or guardian. For more information, please contact Ellen Tulman at [TulmanE@mansfieldct.org](mailto:TulmanE@mansfieldct.org).

\*Also see Ability Fitness for Thursday fitness opportunity! Pg.32 & 33

**Instructor:** Ellen Tulman  
**Location:** CC Arts & Crafts Room  
**Dates:** Sat., April 26 (410063-A)  
Sat., May 17 (410063-B)  
Sat., June 14 (410063-C)  
**Time:** 1-3 p.m.  
**Fees:** \$6 for residents, \$7 for non-residents

## Chalk and Walk

Feeling the need to express your inner artist through the masterful technique of using chalk? Well this event will help you do so. During this special event, participants will be assigned a side walk spot and given chalk. Then it is up to them to design and decorate the entire side walk spot to their liking. This is a great way to express creativity and showcase your artistic skills!

**Location:** Mansfield Community Center  
**Date:** Sat. April 26th  
**Time:** 12-2pm  
**Fee:** FREE! Pre-registration by April 22nd required  
**Activity #:** 490004-A

## Kids Night Out - Spring Into Action Party

(Ages 5 to 12)

Kids! Aren't you ready for a night out? We have a special night of fun planned with you in mind. This night will be filled with activities to get you moving, pizza for dinner, and some snacks. Parents, we are sorry but you're not invited to this one. We hope you'll be able to keep yourselves busy. Don't worry, we'll be having fun!

**Instructor:** MCC Staff  
**Location:** CC Arts and Crafts Room,  
Teen Center, & Gymnasium  
**Date:** Fri. April 11  
**Time:** 5-8 p.m. Pickup is promptly at 8 p.m.!  
**Fee:** \$23 for residents, \$33 for non-residents  
**Activity #:** 490095-A

## Kids Night Out - May We Have More Movies Please

(Ages 5 to 12)

Kids! Aren't you ready for a night out? We have a special night of fun planned with you in mind. This night will be filled with a few arts and crafts while we watch a movie! Pizza for dinner and some popcorn for the movie are a must. Decision on the movie will be released in the flyer. Parents, we are sorry but you're not invited to this one. We hope you'll be able to keep yourselves busy. Don't worry, we'll be having fun!

**Instructor:** MCC Staff  
**Location:** CC Arts and Crafts Room,  
Teen Center, & Gymnasium  
**Date:** Fri. May 23  
**Time:** 5-8 p.m. Pickup is promptly at 8 p.m.!  
**Fee:** \$23 for residents, \$33 for non-residents  
**Activity #:** 490095-B

# Family & Special Events

## FREE! Family Paint Days! - 1 Day Workshops (Families-Adults)

Put your own spin on a famous artwork in this beginner friendly class with step-by-step instructions. Sign up for each date separately. Each participant receives one canvas. An adult and child pair can work together. Pre-registration is required.

**Instructor:** Noah Yilmaz, an artist from Coventry, CT who enjoys working in a variety of media. He is an Elementary Art Teacher, working with students in grades K-5. He has held classes for all ages, from preschoolers to seniors. He's passionate about helping people express their inner artist!



**Piece:** Claude Monet, Sunset in Venice, 1908-1912  
**Location:** Lenard Hall  
**Dates:** Thurs., April 10  
**Time:** 5-7 p.m.  
**Fees:** FREE  
**Activity #:** 430053-A



**Piece:** Rain Boots with Flowers  
**Location:** Lenard Hall  
**Dates:** Thurs., May 8  
**Time:** 5-7 p.m.  
**Fees:** FREE  
**Activity #:** 430053-B



**Piece:** Van Gogh, Sunflowers, 1889  
**Location:** Lenard Hall  
**Dates:** Thurs., June 12  
**Time:** 5-7 p.m.  
**Fees:** FREE  
**Activity #:** 430053-C

## Family Fun Events!

Join for some fun as a family during Family Fun Events at the Mansfield Community Center! Jump and slide on the floating Wibit inflatable obstacle in the main pool (select dates), build a fort, tumble and play with the tot toys in the gym, or get a little adventurous and giant inflatable gym slide. For more fun visit the track for Family track time, or play together in the Teen Center; available to families for ping pong, billiards, and more! Watch for special activities associated with each night's theme on [www.mansfieldcc.com](http://www.mansfieldcc.com). FREE to members. Non-members welcome with daily admission. No pre-registration required.

**Location:** Mansfield Community Center!  
**Dates/Times:** 2nd Saturdays (12:30-3:30 p.m.) and 4th Fridays (4:30-7:30 p.m.)!  
 Sat., April 12, 12:30-3:30 p.m. **Theme:** Kite Day  
 Fri., April 25, 4:30-7:30 p.m. **Theme:** Spring into FUN!  
 Sat., May 10, 12:30-3:30 p.m. **Theme:** Golf Day  
 Fri. May 23, 4:30-7:30 p.m. **Theme:** Water Safety  
 Sat., June 14, 12:30-3:30 p.m. **Theme:** Movie Day  
 Fri., June 27, 4:30-7:30 p.m. **Theme:** National BINGO Day  
**Fee:** FREE to Mansfield Community Center Members. Non-members welcome with daily admission.



## Upcoming Art Shows

Location: Mansfield Community Center

### Art of Flowers Show

Application to display deadline - Nov. 21  
 Show Dates - Jan. 4 - Feb. 15

### Wonders of Winter Show

Application to display deadline - Dec. 30  
 Show Dates - Feb. 22 - Mar. 29

### Annual Juried Art Show

Call to artist beings in January 2025  
 Application Deadline - Mar. 26  
 Show Dates - April 4 - May 31

Applications can be found at the Community Center, Lenard Hall, or on the Arts Advisory Committee website:

[www.mansfieldct.gov/1502/Arts-Advisory-Committee](http://www.mansfieldct.gov/1502/Arts-Advisory-Committee)

Submit applications by email to [artsadvisory@mansfieldct.org](mailto:artsadvisory@mansfieldct.org) or hard copy at the Community Center to: Arts Advisory Committee

# Community School of the Arts



The Community School of the Arts programs have delivered over 40 years of music, visual art, and performance instruction. The Community School of the Arts programs are now housed in the recently renovated Lenard Hall building located at 450 S. Eagleville Road. Through the generosity of principal donors John and Jean Lenard, and others including the Jeffrey P. Ossen Family Foundation, the Lenard Hall facility was made possible. Participants can be reassured that Mansfield Parks and Recreation is committed to continuing to provide high quality instruction, offering students of all ages and ability levels professional, affordable instruction in the performing and visual arts. **Come learn, grow, and create with us!**

**Lenard Hall Facility Hours:** Facility hours reflect scheduled programs and classes

**Please call before planning your next visit or check our website for updates:**  
860-429-3015 ext. 6250

<https://www.mansfieldct.gov/2387/Community-School-of-the-Arts>

Community School of the Arts with Mansfield Parks and Recreation

@mprdcommunityschoolofthearts



## Individual Instrumental and Voice Lessons

Please visit the Lenard Hall Reception desk or [www.mansfieldct.gov/csa](http://www.mansfieldct.gov/csa) for a list of instructors. Register online or in person with activity numbers below. Once registered, you will be contacted within two weeks to discuss your lesson appointments, once scheduled you will receive lesson schedule via email. Students meet with an instructor once per week for 30, 45, or 60 minutes. Depending upon the instrument, age requirements may apply. Lessons are offered in-person throughout the week, depending on instructor availability. **Please note there will be a once per season \$10 non-resident charge for those participating in lessons that do not live in Storrs/Mansfield.** Winter season lessons will be held January through March. \*Fees below represent an estimated 12-class season; however, final fee is adjusted for the number of lessons, additional fees will apply if there are additional lessons available in the season. **Register with activity numbers below!**

**Dates:** April 21 - June 22 (9 classes) \*no lessons on 4/20 & 5/26  
Make Up Lessons: June 23 - June 29  
**Spring Session student recital will be held on June 28**

**Activity #:** 430700-A (30 mins)  
430700-B (45 mins)  
430700-C (60 mins)

LESSON LENGTH	30 MINUTES	45 MINUTES	60 MINUTES
*Approximate Full Season (9 lessons)	\$530	\$478	\$630

***Not sure you're ready for the full season?  
Give us a try with Mini LESSONS!***

Register to request 2 thirty minute mini lessons on your instrument of choice. Times subject to instructor availability. Two mini lessons can be scheduled for the same instrument only once per season.

**Mini Lessons:** 430700-D (2-30 minute Lessons) - \$45

**MANSFIELD**  
CONNECTICUT  
Parks & Recreation



Scan QR Code to read more about  
the CSA Instructors

## Electronic Music Production - FREE 30 Minute DEMO! (Ages 10+)

Want to learn to make beats? You've come to the right place! Schedule a FREE one-on-one demo lesson focusing on producing instrumental soundtracks! Learn to create drum patterns and compose melodies for genres including Pop, Rock, Hip Hop, EDM, and more. The best part is no experience or equipment is required; though it is very helpful if students have access to a computer (iPads and iPhones are also great alternatives if a computer is not available.) Electronic production is the primary topic but lessons can be customized to include other related skills, such as recording live instruments and vocals. Small group lessons can also be arranged. **If you enjoyed your demo, register for individual lessons to get started!**

**Instructor:** Walker Suib has been practicing Electronic Music Production (his favorite activity) for the last decade. He makes beat for singers and rappers, but also enjoys sound design, sound engineering, and songwriting.

**Location:** Lenard Hall

**Demo Fee:** **FREE!** – Email Recreation Coordinator, Bethany Burns at [BurnsB@mansfieldct.org](mailto:BurnsB@mansfieldct.org) to schedule your free 30-minute demo now!

**Fee:** Free 30-minute demo lesson. Can register for 30, 45, or 60-minute individual lessons (see Individual Instrumental and Voice Lesson rates).

## 😊 Music Together®

(Mixed Ages, birth-5 years old, with caregiver)

Music Together is an early childhood music and movement program for children from birth through age five—and the grownups who love them! Our early childhood music curriculum has decades of research behind it, in both music education and child development. We know what we're talking about, and we're good at what we do! And because we recognize that children learn through play, we make everything we do in class engaging and fun. Music Together brings families of all kinds together in a warm, supportive environment where everyone feels comfortable singing, dancing, and jamming. Creating lasting family and community bonds through music is a huge part of our programs. Space is limited, so register early!

**Instructor:** Grow With Me Music Staff

**Location:** CC Community Room

**Dates:** Sat., April 5-June 14 (10 classes) \*no class 4/19

**Times:** 9:30-10:15 a.m.

**Fee:** \$256 for first child resident,  
\$266 for first child non-resident,  
\$156 for second child resident,  
\$166 for second child non-resident.  
Free for third child.  
Free for siblings under 8 months old

**Activity #:** 430220-A

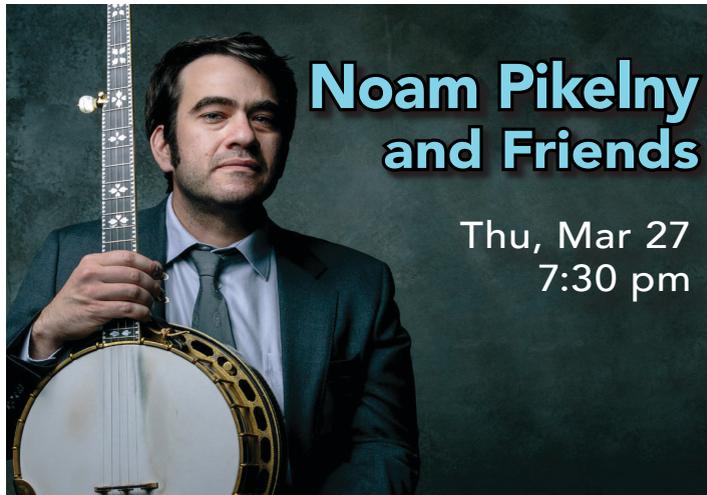
**FIND US ON FACEBOOK**

 **and INSTAGRAM!** 

**@MansfieldCommunityCenter**

[www.mansfieldcc.com](http://www.mansfieldcc.com)

**JORGENSEN CENTER FOR THE PERFORMING ARTS**



## Noam Pikelny and Friends

Thu, Mar 27  
7:30 pm



## Wizard of Oz

Sun, Apr 6,  
2 pm

## Chanticleer

Wed, Apr 9, 7:30 pm



[jorgensen.uconn.edu](http://jorgensen.uconn.edu) | @JorgensenUConn

Box Office: M-F 10 am - 5 pm | (860) 486-4226  
On the UConn Storrs Campus. Ticket prices vary.

Note: all artists, events, dates, programs and policies are subject to change.

**UConn**  
SCHOOL OF FINE ARTS

# Community School of the Arts



## Little Actors (Grades K-2)

Students will engage in age appropriate theater games and activities that will help them develop their imagination, creative expression, and confidence. In this fun-filled class setting, every student will have fun and feel successful!

**Lead Instructor:** Miss Kelly Production Staff

**Location:** Lenard Hall Recital Room  
**Dates:** Wed., April 9 - June 11 (10 classes, no 4/16)  
**Time:** 5:30-6:15 p.m.  
**Fee:** \$110 for residents, \$120 for non-residents  
**Activity #:** 430610-A

## Musical Theater (Grades 3-6)

Students will engage in age appropriate theater games and activities using songs from popular musicals that will help them develop their imagination, creative expression, and confidence. In this fun-filled class setting, every student will have fun and feel successful!

**Lead Instructor:** Miss Kelly Production Staff

**Location:** Lenard Hall Recital Room  
**Dates:** Wed., April 9 - June 11 (10 classes, no 4/16)  
**Time:** 6:15-7 p.m.  
**Fee:** \$110 for residents, \$120 for non-residents  
**Activity #:** 430611-A



## Art Mentorship - Private Art Lessons (Ages 6-Adult)

This type of mentorship provides aspiring artists with the rare opportunity to receive tailored guidance, feedback, and support from someone who has undergone rigorous training in traditional techniques and principles. Artists can expect to receive individualized instruction aimed at honing their technical skills and developing their artistic voice. During the first lesson, the instructor will establish a clear understanding of the student's current skill level, discuss specific techniques they wish to learn, and set achievable artistic goals. This foundational discussion will tailor the art lessons to meet the student's individual needs and aspirations. Allison is available for lessons on Mondays and Tuesdays from 5:00 p.m. to 8:00 p.m. Students meet with the instructor once per week for 60 minutes. Register online or in person with activity numbers below and list preferred lesson time during registration. Once registered, you will be contacted within two weeks to discuss your lesson appointments, once scheduled you will receive lesson schedule via email. Art materials will be provided for the first lesson; students are required to bring their own materials to the following lessons. Instructor will review a materials list with the students at the first lesson.

**Instructor:** Allison Pillari  
**Location:** Lenard Hall  
**Dates:** April 21-June 17 (9 lessons)  
 no lessons on 5/26, Make up on 6/23.  
**Fee:** \$477 for residents, \$487 for non-residents

Day	Time	Activity Number
Mondays	5-8 p.m.	430801-A
Tuesdays	5-8 p.m.	430801-B

## Not sure you're ready for the full season of Art Mentorship lessons? Try it out with Mini LESSONS!

Register to request 2 sixty minute mini art mentorship lessons with Allison. Times subject to instructor availability. Mini lessons can be scheduled only once per season.

**Mini Lessons:** 430801-C (2-60 minute Lessons) - \$90

## Open Studio Space for Artists (Ages 14+)

Artists of all mediums are welcome to enjoy the open studio space at the Community School of the Arts Lenard Hall. Bring your own materials, and come create and collaborate with your peers. Please leave yourself enough time to clean up! All skill levels welcome. No instruction provided.

**Dates and times subject to change or cancellation due to holidays and facility scheduling needs, fees will not be prorated or refunded.** Attendance requires monthly registration. Additional details below.

**Location:** Lenard Hall  
**Evening Dates & Times:**  
 Tues., April 1-29, 5-7 p.m. (430000-A)  
 Tues., May 6-27, 5-7 p.m. (430000-B)  
 Tues., June 3-24, 22, 5-7 p.m. (430000-C)  
**Fees:** \$11 for residents, \$21 for non-residents per session

## NEW! Little Artists: Parent & Child Art

**Adventures** (3-4 year olds with parent/guardian) Create beautiful memories while making art together! This monthly class is designed for parents and their 3-4-year-old children to explore creativity through fun, age-appropriate art projects. Bond with your little one while experimenting with colors, textures, and imagination in a playful, supportive environment.

**Instructor:** Allison Pillari is a Lyme Academy College of Fine Arts Alumn Their creative ways of introducing new skills to students is backed in strong foundations, alternative teaching and positive reinforcement.  
**Location:** Lenard Hall  
**Dates:** Sat., April 5, May 3, & June 7  
**Time:** 10-11:30 a.m.  
**Fees:** \$52 for residents, \$62 for non-residents  
**Materials Fee:** \$25 due at time off registration. Fee waivers do not apply to materials fees.  
**Activity #:** 430088-A

# Community School of the Arts

## NEW! Artist Clubhouse (Adults)

Join our Artist Clubhouse and bring your creativity to life! This engaging class offers adults the opportunity to work on their artistic projects alongside a skilled creative mentor, fostering inspiration and growth in a collaborative environment. Whether you're painting, drawing, or crafting, this is your space to explore and refine your skills. Participants will bring their own materials.

**Instructor:** Allison Pillari  
**Location:** Lenard Hall  
**Dates:** Sun., April 6, April 27, May 4, & May 18  
**Time:** 4-6 p.m.  
**Fees:** \$88 for residents, \$98 for non-residents  
**Activity #:** 430085-A

## NEW! Paint Poured Pots (All Ages, 6 years old and under must have an adult with them)

Join Miss Amy as we created a truly one of a kind gift just in time for Mother's Day. The perfect gift for Mom, Grammy or your favorite Auntie. Pick your colors and learn how to paint without a brush! Choose from a selection of pretty flowering plants to plant at home after the project dries. Dress for messy creative fun! All ages, those 6 years old and under will need a grownup to stay and assist. One Project per registration.



**Instructor:** Amy Ordonez  
**Location:** CC Arts & Crafts Room  
**Dates:** Fri., May 2  
**Time:** 5-6 p.m.  
**Fee:** \$27 for residents, \$37 for non-residents  
**Activity #:** 430097-A

## NEW! Art Around the World (Ages 8-12)

Let's take a trip around the world and explore different artists and art techniques from across the globe! Each week we take a deep dive into a new country or culture and explore what kinds of art is made in that region. From cave paintings to cherry blossoms this fun and creative class is sure to spark your young artist's imagination.

**Instructor:** Amy Ordonez  
**Location:** CC Arts & Crafts Room  
**Dates:** Thurs., April 24 - May 29 (6 classes)  
**Time:** 5-6 p.m.  
**Fee:** \$117 for residents, \$127 for non-residents  
**Activity #:** 430098-A

## NEW! The Art of Mindfulness (Adults)

Looking for a way to become more mindful? Come learn these creative techniques that help ground you in the present moment. Following a guided meditation featuring the relaxing sounds of gongs and singing bowls we will begin our process-art pieces, getting lost in the meandering lines and color, becoming mindful of the moment through our senses. Every participant will leave with an art kit and the knowledge to bring this practice to everyday life.

**Instructor:** Amy Ordonez  
**Location:** CC Arts & Crafts Room

### Weeknight Date

**Date:** Tues., April 18  
**Time:** 6:30-8 p.m.  
**Fee:** \$26 for residents, \$36 for non-residents  
**Activity #:** 430095-A

### Weekend Date

**Date:** Sun., June 1  
**Time:** 10-11:30 a.m.  
**Fee:** \$26 for residents, \$36 for non-residents  
**Activity #:** 430095-B

## Paint Pouring - The Tree

Join Amy from Studio 13 as we paint without a brush! This session we are creating our own tree. Part art, part science all magical, Amy will take you step by step through this fun process. Spring is the perfect time to take our artistic cues from nature! No art experience needed. Please dress for creative, messy fun!

**Instructor:** Amy Ordonez  
**Location:** CC Arts & Crafts Room  
**Dates:** Fri., May 16  
**Times:** 5-7 p.m.  
**Fee:** \$40 for residents, \$50 for non-residents  
**Activity #:** 430096-A

FIND US ON FACEBOOK



and INSTAGRAM!



@MansfieldCommunityCenter



## Youth Dance

**Instructors:** *Mia (John) Pomeranke and professional dance instructors from Mansfield Academy of Dance. Instructors at the Mansfield Academy of Dance pride themselves on being lifelong learners who continually educate themselves through certification programs, teacher-training schools, conferences, and other learning opportunities. They are certified by test to teach dance through Dance Masters of America. Mansfield Academy of Dance instructors offer high-level dance education with focus on age appropriate physical and mental development as well as proper dance technique and terminology. Our goal is to prepare young dancers for any path they wish to pursue in life. Our dancers are inspired, confident, healthy, passionate, disciplined, focused, and proud.*



### Pre-Ballet (Ages 3-5)

Skip, march, gallop and more in this introduction to ballet dance! Active young dancers learn through basic movement and dance-along songs, developing motor skills and learning basic ballet positions. Leotard, tights, and leather ballet shoes recommended. Please contact instructor for help ordering: [miapomeranke@gmail.com](mailto:miapomeranke@gmail.com)

**Location:** CC Dance/Fitness Studio  
**Time:** 12:10 a.m.-12:55 p.m.  
**Dates:** Sun. April 13-June 1 (7 classes) \*no class 4/20  
**Fee:** \$64 for residents, \$74 for non-residents  
**Activity #:** 420045-A

### Ballet 1 (Ages 6-10)

Children will learn basic ballet positions and movements while exploring music and dance. Themes, props and creative dance will be incorporated to make learning steps and terminology exciting and fun.

**Location:** CC Dance/Fitness Studio  
**Time:** 1:00-1:45 p.m.  
**Dates:** Sun. April 13-June 1 (7 classes) \*no class 4/20  
**Fee:** \$64 for residents, \$74 for non-residents  
**Activity #:** 420046-A

### Acrobatics and Tumbling (6-10 years)

A great introduction to body awareness, music and movement for the young and active dancer. We will work on increased upper body strength and moving and balancing in a variety of different ways. Class will incorporate props and obstacle courses in a way that makes it fun to get stronger. This class is designed to teach acrobatics skills including rolls, back bends, walk overs, cartwheels and progressing to more difficult skills such as handsprings, aerials and intricate balances. The focus will be on safely executing basic acrobatic tricks and creating acrobatic dance combinations to music and well as becoming stronger, more flexible, more confident and healthy!

**Location:** CC Gymnasium  
**Time:** 10:30 a.m.-11:15 a.m.  
**Dates:** Sun. April 13-June 1 (7 classes) \*no class 4/20  
**Fee:** \$64 for residents, \$74 for non-residents  
**Activity #:** 420044-A

### Tumble and Twirl (Ages 3-5)

Get your body moving on Sunday morning! Allow your little one to explore the fundamentals of tumbling, acrobatic movements, gross motor skills, dance and basic stretching skills. Each day will start with a warm up dance, basic stretching to warm up the body and then children will move through a series of combination on the floor, mats, wedges, balance beam and other tumbling equipment. Tumblers will focus on balance and body awareness while improving their strength and coordination.

**Parent involvement is highly encouraged to assist their child in class.**

**Location:** CC Gymnasium  
**Time:** 11:15 a.m.- 12:00 p.m.  
**Dates:** Sun. April 13-June 1 (7 classes) \*no class 4/20  
**Fee:** \$64 for residents, \$74 for non-residents  
**Activity #:** 420047-A





## Adult Dance



### Adult/Teen Ballet (Beg/Adv. Beg.) (Ages 14-Adult)

Ballet is a great way to develop flexibility, strength and body awareness. This class is designed to introduce new students to ballet and technique. The class will include ballet positions and movements. The level of difficulty will be adjusted to suit the experience of the students. All ability levels welcome!

**Instructor:** Shannon Malone  
**Location:** Lenard Hall  
**Dates:** April 8-June 17 (10 classes, no class on 4/15)  
**Times:** 6-7:30 p.m.  
**Fee:** \$120 for residents, \$130 for non-residents  
**Activity #:** 410040-A

### 😊 Beginner Line Dancing (Ages 16+)

A fun way to get moving, make friends and have some fun! Whether you're a total novice, or looking to brush up on your moves, our Beginner's Line Dancing Class is the perfect place to start. Get ready to have a blast, meet new friends, and dance your way to fitness and fun! No prior dance experience required! Don't miss out on this opportunity to learn something new and get active in a friendly, welcoming environment.

**Instructor:** Mia (John) Pomeranke and professional dance instructors from Mansfield Academy of Dance.  
**Location:** CC Dance/Fitness Studio  
**Dates:** April 9-June 11 (9 classes, no class on 4/16)  
**Times:** 6:45-7:45 p.m.  
**Fee:** \$99 for residents, \$109 for non-residents  
**Activity #:** 410043-A

### 😊 Belly Dance

(Ages 16-Adult)

Belly dancing, a mystical dance form emphasizing expressive movements, is a fun way to tone your body from head to toe! Participants will move through a warm-up series, classic belly-dance moves, and a cool-down period, engaging your mind and muscle as you learn isolation techniques of this dance. Beginner classes are for true beginners, come start with the basics and have fun! Advanced classes are for those with experience, start putting the pieces together into routines as we work with zils, veils, and fanveils. **Socks or slipper-like dance shoes are required.**



**Instructor:** Ann Kozikowski has been a dancer all of her adult life. She trained with Arts in Motion School of Dance and Dramatic Arts, Trinity College, Lebanon School of Dance, Mansfield Academy of Dance, Fred Astaire and Arthur Murray Dance Schools, Vermont Ballroom Dance Camp. She has performed dance all over Connecticut and Massachusetts and received her Medal Standard Bronze II at Arthur Murray Dance School, along with her work as a choreographer. Her eighteen year study of the Art of Belly dance, Veil, and Zil work began with second-generation belly dancer, Nerine Avital. She has been teaching for fourteen years.

**Location:** CC Fitness/Dance Studio

### BEGINNER

**Session 1 Dates:** Mon., April 7-May 12 (6 classes)  
**Times:** 5:15-6:15 p.m.  
**Fee:** \$78 for residents, \$88 for non-residents  
**Activity #:** 410046-A

**Session 2 Dates:** Mon., May 19-June 30 (6 classes) \*no class 5/26  
**Times:** 5:15-6:15 p.m.  
**Fee:** \$78 for residents, \$88 for non-residents  
**Activity #:** 410046-B

### ADVANCED

**Session 1 Dates:** Mon., April 7-May 12 (6 classes)  
**Times:** 6:20-7:20 p.m.  
**Fee:** \$78 for residents, \$88 for non-residents  
**Activity #:** 410046-C

**Session 2 Dates:** Mon., May 19-June 30 (6 classes) \*no class 5/26  
**Times:** 6:20-7:20 p.m.  
**Fee:** \$78 for residents, \$88 for non-residents  
**Activity #:** 410046-D

# FITNESS SCHEDULE SPRING 2025

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
<b>Spin M/W/F 5:45-6:45 a.m.</b> 470001-A \$198/\$384 32 classes- no 5/26 Instructor: Ron	<b>Hardcore Bootcamp 5:40-6:25 a.m.</b> 470012-B \$42/\$84 9 classes- no 4/15, 5/6 Instructor: Tiffany - gym	<b>Spin M/W/F 5:45-6:45 a.m.</b> 470001-A \$198/\$396 32 classes- no 5/26 Instructor: Ron	<b>Hardcore Bootcamp 5:35-6:20 a.m.</b> 470012-C \$59/\$118 11 classes Instructor: Jerry Gym	<b>Spin M/W/F 5:45-6:45 a.m.</b> 470001-A \$198/\$396 32 classes- no 5/26 Instructor: Keri	<b>Yoga Flow- All Level 9:00 - 10:00 a.m.</b> 470048-A \$79/\$158 11 Classes Instructor: Sharon	<b>Restore Yoga 8:15-9:15 a.m.</b> 470045-B \$65/\$130 9 classes- no 4/20, 5/25 Instructor: Carol
<b>TRX 9:00 - 9:45 a.m.</b> 470074-A \$42/\$84 9 classes- no 4/14, 5/26 Instructor: Tiffany - gym	<b>Spin T/Th 6:30-7:30 a.m.</b> 470001-B \$137/\$274 22 classes Instructor: Ron	<b>Water Fitness 9:30-10:30 a.m.</b> 470037-B \$73/\$146 10 classes- no 4/16 Instructor: Keri	<b>Spin T/Th 6:30-7:30 a.m.</b> 470001-B \$137/\$274 22 classes Instructor: Ron	<b>Strength Fusion 8:45-9:30 a.m.</b> 470092-A \$47/\$94 10 classes - no 4/18 Instructor: Tiffany		
<b>Water Fitness 10:00 - 11:00 a.m.</b> 470037-A \$65/\$130 9 classes, 4/14, 5/26 Instructor: Keri	<b>Functional Strength 8:45-9:30 a.m.</b> 470014-A \$42/\$84 9 classes- no 4/15, 5/6 Instructor: Tiffany	<b>Salsa Fit 9:00-10:00 a.m.</b> 470032-A \$79/\$158 11 classes Instructor: Kelly	<b>Mat Pilates 9:30-10:30 a.m.</b> 470028-A \$72/\$144 10 classes - no 4/17 Instructor: Keri	<b>Silver Sneakers Stability 10-10:45 a.m.</b> 470019-B \$59/\$118 11 classes Instructor: Ron		
<b>Silver Sneakers Classic 10-10:45 a.m.</b> 470015-A \$49/\$98 9 classes - no 4/21, 5/26 Instructor: Jerry-Comm. Rm	<b>Barre 9:50-10:50 a.m.</b> 470007-A \$72/\$144 10 classes - no 4/15 Instructor: Keri	<b>Silver Sneakers Classic 10-10:45 a.m.</b> 470015-B \$59/\$118 11 classes Instructor: Jerry	<b>Aqua Therapy 10:30-11:15 a.m. T/Th</b> 470041-A \$119/\$238 22 classes Instructor: Dorinda	<b>Yo/PI 10:30-11:30 a.m.</b> 470027-A \$79/\$158 11 classes Instructor: Sharon		
<b>Chair Classic 10-10:45 a.m.</b> 470015-V \$49/\$98 9 classes - no 4/21, 5/26 Instructor: Jerry	<b>Aqua Therapy 10:30-11:15 a.m. T/Th</b> 470041-A \$119/\$238 22 classes Instructor: Dorinda	<b>Chair Classic 10-10:45 a.m.</b> 470015-Z \$59/\$118 11 classes Instructor: Jerry	<b>Silver Sneakers Yoga 11-11:45 a.m.</b> 470022-A \$59/\$118 11 classes Instructor: Ron	<b>Silver Sneakers Stability 11-11:45 a.m.</b> 470019-A \$59/\$118 11 classes Instructor: Ron		
<b>Total Body Start 10-11 a.m.</b> 470097-A- \$72/\$144 10 classes - no 5/26 Instructor: Jiani	<b>Silver Sneakers Circuit 11-11:45 a.m.</b> 470021-A \$59/\$118 11 classes Instructor: Ron	<b>Gentle Yoga 10:30-11:30 a.m.</b> 470046-A1 \$79/\$158 11 classes Instructor: Sharon	<b>Aqua Therapy 11:20 a.m.-12:05 p.m. T/Th</b> 470041-B \$119/\$238 22 classes Instructor: Dorinda	<b>Total Body Burst 12-12:45 p.m.</b> 470097-D \$59/\$118 11 classes Instructor: Jiani	<div style="border: 2px solid black; padding: 10px;"> <b>FLEX YOUR OPTIONS:</b> Here are ways to maintain a flexible fitness schedule and still enjoy your classes: Members - Fitness Flex 15 classes = \$129, Fitness Flex 25 classes = \$215. Expires 1 year from date of purchase. Members may also pay per one class drop in \$9 each. Non-members = \$15 per one class drop in. Not a member yet? See how our month to month memberships can give you more options and save you money on fitness programs.                     </div>	
<b>Silver Sneakers Circuit 11-11:45 a.m.</b> 470008-A \$49/\$98 9 classes - no 4/21, 5/26 Instructor: Jerry - Comm Rm	<b>Mobility and Posture 11:00a.m.-12:00p.m.</b> 470051-A \$35/\$70 5 Classes Only- 4/1-4/29 Instructor: Dr. Kristin Mozeiko	<b>Silver Sneakers Circuit 11-11:45 a.m.</b> 470008-B \$59/\$118 11 classes Instructor: Jerry	<b>Ability Fitness 6:15 - 7:00 p.m.</b> 470005-A \$38/\$76 7 classes- no 4/10, 4/17, 4/24, 6/12 Instructor: Mandy			
<b>Chair Circuit 11-11:45 a.m.</b> 470008-V \$49/\$98 9 classes - no 4/21, 5/26 Instructor: Jerry	<b>AT for All 11:00 a.m.-12:30 p.m.</b> 470050-A \$35/\$70 5 Classes Only- 5/6-6/3 Instructor: Dr. Kristin Mozeiko	<b>Chair Circuit 11-11:45 a.m.</b> 470008-Z \$59/\$118 11 classes Instructor: Jerry	<b>Core Express 7:10-7:40 p.m.</b> 470077-A \$25/\$50 7 classes- no 4/10, 4/17, 4/24, 6/12 Instructor: Mandy			
<b>Kettlebells 12:00-12:30 p.m.</b> 470075-A \$28/\$56 9 classes- no 4/14, 5/26 Instructor: Tiffany	<b>Aqua Therapy 11:20 a.m.-12:05 p.m. T/Th</b> 470041-B \$119/\$238 22 classes Instructor: Dorinda	<b>Total Body Burn 12:00 - 12:45 p.m.</b> 470097-C- \$59/\$118 11 classes Instructor: Jiani	<b>1st Year Tai Chi 5:30-6:45 p.m.</b> 470029-A \$99/\$198 11 classes Instructor: George			
<b>Total Body Build 4-5 p.m.</b> 470097-B- \$72/\$144 10 classes - no 5/26 Instructor: Jiani	<b>Yoga for Every Body 4:45 - 5:45 p.m.</b> 470045-A- \$79/\$158 11 Classes Instructor: Sharon	<b>HIIT 4:00-4:45pm</b> 470078-A \$42/\$84 9 classes- no 4/16, 5/21 Instructor: Tiffany	<b>Continuing Tai Chi 7-8:15 p.m.</b> 470030-A \$99/\$198 11 classes Instructor: George			
	<b>Zumba 5:30-6:30 p.m.</b> 470096-A- \$79/\$158 11 Classes Instructor: Tianna	<b>Corefusion 5:20-6:20 p.m.</b> 470055-A \$72/\$144 10 classes- no 4/16 Instructor: Dorinda				
	<b>Spoga 6:40 p.m. - 7:40 p.m.</b> 470004-A \$68/\$136 11 classes Instructor: Ron					

## SPRING FITNESS CLASSES

Session : Monday, March 31 - Sunday June 15

First fee listed is for MCC members, second fee is for non-members

See class descriptions pages 36-38

For help finding the right class for your needs, see page \*\*

Please check your receipt for information updated after printing of brochure

See page 39 for information on personal training

See page 39-40 for information on health and fitness learning

### KEY

- Class is in gym
- Class is in pool
- Class is in Community Room
- Class is Virtual
- Class is in Fitness Studio
- Child Care Available



# POOL OPENING Supplies!

- Supplies & Service • Pump Repairs
- Filter Cleaning • Acid Washing and More!



**\$ BIG BOX PRICES \$**  
**Small store service!**  
**Professional staff!**

**Call Now  
to get on our  
Pool Opening  
schedule!**

**Calypso  
Blue**  
Pool & Spa

**219 Route 6, Columbia, CT  
(next to Dunkin Donuts)  
860-359-3790  
calypsobluepoolandspa.com**

## Find your perfect fitness class!



Find Your Perfect Fitness Class! We have a variety of fitness classes to satisfy participants of all abilities. Our instructors will keep you motivated while teaching you safely and effectively. You will learn new moves while challenging your body. Be part of group fitness and put the fun back into your workout!

# Fitness Class Descriptions Spring 2025

## Class descriptions

CLASS	DESCRIPTION
<b>Spin</b>	Special stationary bikes, trained instructors and motivating music provide a great workout. We <b>STRONGLY</b> encourage participants to come to class 5 minutes early allowing time for set up and to bring a water bottle and sweat towel.
<b>Spoga</b>	A yoga- spin hybrid class, designed to give you 30 minutes of cardiovascular workout on the spin bike, followed by 30 minutes on the yoga mat. The combination allows you to increase your overall fitness while improving flexibility and core strength.
<b>Hardcore Bootcamp</b>	A major challenge. This is a total body workout with emphasis on core and muscle endurance as well as specific athletic applications for any sport. Be prepared to work hard. Please be on time for proper exercise instruction at the beginning of class. Bring a water bottle and sweat towel. Class may utilize outdoor space as weather allows.
<b>Functional Strength</b>	This program will work on strengthening your major muscle groups with simple athletic movements. This class uses bands, weights, steps and balance training along with your own body weight to help you get stronger to do what you want and need to do daily. This class will also incorporate stretching for flexibility.
<b>Gentle Yoga</b>	A class for true beginners and those requiring a very basic gentle class. Gentle yoga will emphasize breath work, proper body alignment, and begin the process of improving health through the practice of yoga. Focus will also be on linking breath with the movement. Participants should be able to get on/off the floor.
<b>Mat Pilates</b>	This full body workout is performed on a mat and will include movements in a sitting, standing and lying down position. Using your own body weight and small props, you will isolate and work your deep core muscles. Variations will be provided, allowing all to participate in a safe and challenging workout. Those with past injuries are encouraged to participate, but those currently under a doctor's care should not attend.
<b>Corefusion</b>	A class combining the fundamental movements of both Pilates and Yoga. Emphasis on breath work and core strength.
<b>1st Year Tai Chi</b>	This class will introduce students to this ancient Chinese martial and movement system that can help alleviate stress, calm the mind, improve balance and circulation and increase flexibility. We'll use various Yang style Tai Chi movement and classical Qigong healing exercises to help us learn to direct our life force (Chi) to relax and energize the mind and body and move toward a more relaxed mindfulness. This course can be repeated as many times as the student feels necessary before moving on to the Continuing class.
<b>Continuing Tai Chi</b>	This class is designed for experienced practitioners to bring their Tai Chi skills to the next level. We will focus our practice on Tai Chi fundamentals and principles, improved energy and body balance and an enhanced body-mind connection using more complex form movements and Chi (life force) cultivation exercises. Requirement: two years experience or permission of the instructor.
<b>Salsa Fit</b>	Have some Salsa with your workout! This class is a Latin dance cardio workout and will focus on core movement using Meringue, Salsa, Rumba, Samba and Tango inspired steps. Great music, lots of fun – you won't even know it's exercise.
<b>Silver Sneakers Circuit</b>	Combine fun with fitness to increase your cardiovascular and muscular endurance power with a standing circuit workout. Upper-body strength work with hand-held weights, elastic tubing with handles, and a SilverSneakers ball is alternated with low-impact aerobics choreography. A chair is used for standing support, stretching and relaxation exercises. Class is <b>FREE</b> for SilverSneakers members. Virtual Available!
<b>Silver Sneakers Classic</b>	Have fun and move to the music through a variety of exercised designed to increase muscular strength, range of movement and activities for daily living. Hand-held weights, elastic tubing with handles and a SilverSneakers ball are offered for resistance. A chair is available if need for seated or standing support. Class is <b>FREE</b> for SilverSneakers members. Virtual Available!
<b>Silver Sneakers Yoga</b>	You will move your whole body through a complete series of seated and standing yoga poses. Chair support is offered to safely perform a variety of seated and standing postures designed to increase flexibility, balance and range of movement. Restorative breathing exercises and final relaxation will promote stress reduction and mental clarity. Class is <b>FREE</b> to Silver Sneakers Members.
<b>Silver Sneakers Stability</b>	<b>Stability</b> is the newest SilverSneakers <b>class</b> designed to help you become stronger and improve balance. The movements taught in <b>class</b> focus on specific exercises to improve strength and power around the ankle, knee and hip joints, while improving your reaction time. Class is <b>FREE</b> for SilverSneakers members.

# Fitness Class Descriptions Spring 2025

## Class descriptions

CLASS	DESCRIPTION
<b>Total Body Start</b>	A beginner-friendly class that focuses on building a strong foundation with bodyweight and dumbbell exercises. Perfect for those new to fitness, this class targets all major muscle groups to improve strength, mobility, and endurance.
<b>Total Body Build</b>	A full-body strength training class designed to help you build muscle, power, and endurance. Through a mix of bodyweight exercises and functional movements, this class targets every major muscle group, helping you sculpt, tone, and increase overall strength. Ideal for all levels
<b>Total Body Burn</b>	A high-energy, full-body workout designed to torch calories and build strength. This class combines dynamic bodyweight exercises, cardio bursts, and endurance training to challenge every muscle group. Whether you're aiming to burn fat, improve endurance, or boost overall fitness
<b>Total Body Burst</b>	A fast-paced, high-intensity workout that targets every muscle group in short, powerful bursts. This class combines bodyweight exercises with explosive movements to build strength, increase stamina, and accelerate fat loss. Get ready for a full-body challenge that pushes your limits, boosts your metabolism, and leaves you feeling accomplished.
<b>Yoga For Every Body</b>	This class emphasizes inclusivity and accessibility in yoga practice, welcoming individuals of all shapes, ages, abilities and sizes. It focuses on adapting poses and techniques to suit diverse needs, promoting physical health, mental health, and self-acceptance. This approach encourages everyone to explore yoga at their own pace, fostering a supportive environment for personal growth and mindfulness
<b>Strength Fusion</b>	A high-intensity workout combining strength training and functional movements to build muscle, improve endurance, and boost overall fitness. This class blends weightlifting, bodyweight exercises, and circuit-style training to challenge your body and deliver powerful results. Perfect for all fitness levels!
<b>Kettlebells</b>	This class is a high intensity class incorporating all basic Kettlebell movements as well as learning some advanced moves. This class will help you gain strength while improving cardiovascular health, balance and flexibility. Pre-req: Kettlebells Basics or instructor permission required.
<b>TRX Circuit</b>	Join us for this metabolic total body workout. Circuit training will include TRX straps as well as other aerobic and strength stations.
<b>Aqua Therapy</b>	A gentle therapeutic water exercise class designed to increase flexibility, strength, endurance and help improve posture in the warm therapy pool! Great for individuals with arthritis, moderate joint pain, back pain or other musculoskeletal issues.
<b>Water Fitness</b>	A non-impact workout in the lap pool, using both deep and shallow end of the pool. Participants can expect a total body workout!
<b>ZUMBA</b>	Get ready to groove in a 60-minute Zumba class that transforms fitness into a dance party. Start with a fun warm-up to get your body moving, then dive into a high-energy mix of salsa, merengue, and hip-hop.
<b>Core Express</b>	A 30 minute class to focus on building and strengthening your core.
<b>Restore Yoga</b>	Join us on Sunday mornings for our restorative yoga class. This is an excellent pathway to quiet the mind and calm the body. With the use of props such as blocks, and blankets restorative postures release tension and encourage surrender into a deeper sense of relaxation and stillness. Restorative yoga classes are perfect for all levels of experience and stages of flexibility.

# Fitness Class Descriptions Spring 2025

## Class descriptions

CLASS	DESCRIPTION
<b>Ability Fitness</b>	This class is for adults and teens (ages 14+) with special needs, offering a fun and healthy fitness experience. It includes stationary "spin" bike cardio and functional strength training using bodyweight exercises, hand weights, resistance bands, stability balls, and aerobic steps. The instructor will adapt exercises as needed. Participants requiring additional support should register 15 days in advance and note any accommodations or medical alerts on the registration form.
<b>Alexander Technique</b>	(AT for All)- The Alexander Technique is a method for improving posture, coordination, and overall movement. It emphasizes the relationship between the head, neck, and back and how these elements influence the overall bodily coordination. By becoming conscious of these patterns, individuals can learn to release unnecessary tension and move in a more balanced and efficient manner.
<b>Mobility and Posture</b>	Improve your posture and overall health with the 5-week Alexander Technique workshop, focused on balance, mobility, and overcoming the fear of falling. One in three people over 65 will experience a fall each year, with fear contributing to increased muscle rigidity and instability. The Alexander Technique is a proven technique that helps restore balance, improve coordination, and reduce chronic pain through the instructor's hands on, gentle movements and educational methods to increase awareness and the mind-body connection.
<b>Yoga Flow-All Levels</b>	All Levels- All-levels yoga flow is a sequence of movements that cater to beginners through experienced practitioners. It typically begins with breath work to center the body and mind, followed by a series of accessible poses that flow together. Modifications are offered for each pose to ensure that everyone can participate, regardless of skill level. The class focuses on building strength, flexibility, and mindfulness.
<b>HIIT</b>	HIIT (High-Intensity Interval Training) is a fast-paced workout that alternates between intense exercise bursts and short recovery periods. It boosts calorie burn, improves cardiovascular fitness, and builds strength and endurance. Customizable for all fitness levels, it combines cardio, strength, and bodyweight exercises.

## LOOKING FOR MORE OPTIONS?

Try the Mansfield Community Center's new affiliate link with MOSSA ON DEMAND! <https://mansfieldct.gov/2237/MOSSA-ON-DEMAND>

MOSSA has a long history of inspiring millions of people to MOVE. Through the years, MOSSA has touched every part of the fitness industry. This company has its roots in successful health club ownership during the 1970s and 80s, and were the originators of the step fitness craze in the 90s. Today they are the leading developer of professional group fitness programs for health clubs and fitness centers. In 2013, MOSSA was selected by Microsoft to create home workouts, quickly becoming the most popular workouts on Xbox Fitness. We now bring you the opportunity to receive MOSSA workouts anytime, anywhere by subscribing to the digital streaming service MOSSA On Demand. **Watch for the monthly schedule of select MOSSA classes streamed for free in the MCC Fitness Studio! Members and daily-admission guests age 14+ welcome for drop-in.**

**MOSSA**  
ON DEMAND

**YOUR WORKOUTS**  
ANYTIME // ANYWHERE

LEARN MORE &  
START FREE TRIAL!

iOS   apple tv   android tv   Roku   amazon fireTV



## Health Assessment & Coaching

Are you stuck trying to figure out how to start on your fitness or exercise journey? Do you want to explore more aspects of your health as a whole? Have your fitness gains plateaued? We offer Personal Training for your exercise specific goals, but sometimes you just need a little more or something different to round out your routine. Email Jill Funk at [funkj@mansfieldct.org](mailto:funkj@mansfieldct.org) for more information on how to get started. Sport Specific coaching available as well.

### Functional Movement Screen

First Move Well, Then Move Often! The Functional Movement Screen is comprised of 7 tests that look at your balance, mobility and stability. These patterns of movement will show you where your weaknesses, imbalances, asymmetries and limitations lie. No matter your fitness level, this test can benefit your exercise program by finding faulty movement patterns. Find out where you are compensating in your movement; improve your biomechanics; help prevent future injuries.

**2-30 minute sessions** - \$80 (initial measurement taken at first appointment, analysis of results with specific exercise demonstration at second appointment)

### Body Composition Testing

Being healthy or getting fit is more than just exercise. We can help you look at YOUR body and give you information that you can use more effectively than just a number on the scale. Did you know...lean muscle weighs more than fat? The location of changes in skinfold measurements can provide clues about your hormone levels. Analyzing your body composition can help you set and reach goals. Initial measurements of skinfold and girth taken at 4-7 sites. Calculation of body fat and lean mass percentages.

**2-30 minute sessions** - \$80 (initial measurement and 6-week follow-up) For information on above packages email [funkj@mansfieldct.org](mailto:funkj@mansfieldct.org)

### Pre-Post Natal Exercise Counseling:

Scientific studies suggest the numerous health benefits that exercise provides for both expectant mothers and their babies. Yet, the unique physical changes that accompany pregnancy and the postnatal period necessitate specialized knowledge and attention. We can help you with personalized programs that will prioritize the well-being of both mothers and their newborns. Interested in this program? Please contact [Jill Funk@funkj@mansfieldct.org](mailto:Jill Funk@funkj@mansfieldct.org) for more information.

### Youth Fitness – Cardiovascular



Youth ages 10-13 may utilize the cardiovascular equipment (ellipticals, bikes, rower) with proper parental supervision. Parent or guardian (18+) must be actively supervising youth at all times. Youth and parent must check in with Fitness Assistant upon arriving on the fitness floor. Only cardiovascular equipment may be used, unless Youth Resistance Training Class has been completed. Orientation to cardiovascular

equipment is not mandatory, but strongly suggested. Please ask for help from our Fitness Assistants.

☺ See pg. 8 for corresponding Child Care hours for younger siblings

**Days:** Tues., Thurs., Fri., 4 p.m. - Close, Sat. & Sun. all day

**Fee:** FREE! – Members only!

## Personal Trainers



**Jerry Kleinman**  
[jerryk@anyagefitness.com](mailto:jerryk@anyagefitness.com)



**Jill Funk**  
[funkj@mansfieldct.org](mailto:funkj@mansfieldct.org)

### NEW TO THE PERSONAL TRAINING TEAM



**Tony Singe**  
[singeat@comcast.net](mailto:singeat@comcast.net)

Tony is a highly qualified fitness professional with nearly 30 years of experience in personal training and coaching. He holds a BS in Exercise Science from Central Connecticut State University and is a Certified Strength and Conditioning Specialist (NSCA-CSCS), FRC Functional Range Conditioning Certified, and an EMT-B. A veteran of the Army and a retired Willimantic Firefighter/EMT, he is also an IFBB Professional Bodybuilder. As the owner of a Personal Training and Coaching LLC, he focuses on improving physical and mental well-being through fitness, nutrition, and overall wellness. Welcome to our team, Tony!



**Jiani Ren**  
[jjani.106621@gmail.com](mailto:jjani.106621@gmail.com)

Jiani Ren holds an M.S. in Nutrition from Northwest Missouri State University and a B.S. in Human Evolutionary Biology from Stony Brook University. With certifications from NASM as a Personal Trainer, Nutrition Coach, and Wellness Coach, as well as expertise in LesMills Shapes (Barre, Pilates, Power Yoga), CPR, AED, and First Aid, Jiani brings a holistic approach to health and wellness. As previous a Personal Trainer at The Edge Fitness Clubs and Group Training Instructor, Jiani specializes in personalized nutrition consultations, strength training, functional movement, injury prevention, and flexibility. With a strong research background in sports nutrition and exercise motivation, Jiani focuses on helping clients achieve their health goals, including dietary improvement for menopausal women. Welcome to the team!

### Personal Training for All Levels of Fitness

All our trainers have a common link...the commitment to improve your health. Their commitment includes a personal program tailored to meet your needs, active involvement in your training, and a wealth of knowledge to approach your fitness program with confidence. To assist you in finding the best personal trainer to meet your needs, check out our trainer profiles online or in the fitness center, or check in with our Recreation Supervisor, Jill Funk for more information. Sessions and schedules are designed to meet individual and small group needs. Pricing per session will be \$65-\$85 per hour with options for shorter sessions or small groups to provide cost savings.

- Rehabilitative Needs
- Specific Athletic Conditioning
- Small Group Training
- Weight Loss or Gain
- Motivation

## Health & Fitness Learning

### Youth Resistance Training Orientation



This Personal Trainer led class allows youth ages 10-13 and their parent or guardian (18+) to learn the basics of a safe progressive Resistance Training Program. After completion of this orientation, youth are then allowed to take this pre-designed program to the fitness area during youth fitness hours, under a parents/guardians supervision. This class is mandatory for use of the fitness center by this age group. **This program is available to Community Center Members only. Pre-registration required.**

<b>Instructor</b>	Mansfield Community Center Personal Trainers
<b>Location:</b>	Exercise/Dance Studio
<b>Day/Time:</b>	TBD
<b>Fees</b>	\$10 per youth/parent pair- Members only- <b>Registration Required</b>
<b>Activity Number</b>	470090-A

## Starting Strong



Let our  
**Fitness Staff**  
Help You  
**GET STARTED**  
**ON YOUR**  
**FITNESS JOURNEY**  
the Right Way!

For a member-only appointment, stop by the Fitness Desk or call 860.429.3015 x6200

You will receive a one-on-one orientation to our fitness equipment with a Fitness Assistant.

You will leave with a basic workout as well as the information and confidence to continue on your fitness journey.



**MANSFIELD**  
**COMMUNITY CENTER**  
*Family, Fitness & Fun!*

### Forest Bathing - A Mindfulness Experience in Nature

Experience the healing and wellness practice of forest therapy; sometimes also referred to as forest bathing. Grounded in the Japanese practice; *shinrin-yoku*, the practice of bathing the senses in the atmosphere of the forest promotes reducing stress, enhancing mood and feelings of wellness. On the 2 hour walk, you will experience a series of guided, gentle invitations to open the senses, cultivate presence, and invite healing interactions between people and the natural world. Everyone gets something different from forest walking experiences- it may help you feel more connected to nature, or you may experience connection to others or yourself during your time on the walk. This is not a hike and is open to all ability levels; and levels of experience in nature. Come for this free activity to pause in the day and connect with the more than Human World and to others on the walk.

**Trainer:** *Gina DeVivo Brassaw* is certified as a guide with the Association of Nature and Forest Therapy. As a forest therapy guide, Gina will guide the group, with the forest as the therapist.

**Location:** Information on park location in Mansfield will be emailed prior to the walk

**Fee:** Free for members. \$10 per date for non-members

#### Sessions:

##### April Full Moon Walk

**Date:** Sat., Apr. 12

**Time:** 2:00p.m. -4:30 p.m.

**Activity #:** 470080-A

##### Summer Solstice Walk

**Date:** Sat., Jun. 21

**Time:** 10 a.m.- 11:30a.m.

**Activity Number:** 470080-B

### ☺ Sound Healing Meditation (Ages 18+)

Is your mind constantly chattering? Are you having difficulty concentrating? Join us for a mediation session. Relax while Amy from Studio 13 expertly guides you to a state of clarity and ease. We start our time together learning breathing techniques that help engage your parasympathetic nervous system. The overtones of gongs and singing bowls help quiet your "monkey mind" and give your body the opportunity to balance and restore.

**Location:** CC Community Room  
**Fee per date:** \$20 for members, \$30 for non-members

**Dates:** Wed., Apr. 16

**Times:** 4:45 – 5:45p.m.

**Activity #:** 471001-A1

**Dates:** Sun., May 4

**Times:** 10-11a.m.

**Activity #:** 471001-A2

**Dates:** Wed., Jun. 16

**Times:** 4:45 – 5:45p.m.

**Activity #:** 471001-A3

## Co-Sponsored Youth Sports Organizations:

The Mansfield Parks and Recreation Department encourages and supports the formation, continuance, and growth of all recreation programs through the Department's Co-sponsorship Policy.

### Mansfield Area Panther Lacrosse

The Mansfield youth lacrosse program previously administered by Mansfield Parks and Recreation is now organized by Mansfield Area Panther Lacrosse (MAPL). Visit <http://pantherlaxct.com/> to learn more. MAPL is an official Town of Mansfield Co-sponsored Youth Sports Organization. MAPL serves boys and girls ages 5-14. Inquiries regarding the program should be directed to: [dunstans@pantherlaxct.com](mailto:dunstans@pantherlaxct.com)

### Mansfield Little League

MLL provides organized, instructional and

competitive baseball and softball programs for boys and girls ages 5-15, and includes Spring, Summer and Fall seasons. MLL also offers Umpire Training Programs for ages 13 and up. Please visit [www.mallct.org](http://www.mallct.org) for registration and additional information.

### WAM United Soccer Club

WAM (Willington, Ashford, Mansfield) United offers youth soccer programs in the spring, including: Saturday Instructional Clinic for grades 2 and younger. Two alternative programs for grades 3 through 8 that form teams to compete in the Northeast District League of the Connecticut Junior Soccer Association; and pick-up soccer games for grades 9-12. For additional information



please visit the WAM United webpage for the Mansfield representative contact information ([www.WAMUnited.com](http://www.WAMUnited.com))

### Itty Bitty Sports (Ages 3-5)

This clinic is to get children 3-5 years old active in a trio of sports. Children will learn the fundamentals of basketball, soccer and tennis. The focus will be on having fun while learning how to balance, eye-hand coordination activities dribbling, kicking and swinging. Clinics will be held on Monday nights. Parent involvement is required. This is a parent/care-giver participation class. You are their best friend!

**Instructor:** MPRD Staff  
**Location:** CC Gym  
**Dates:** Mon. April 7-June 2 (7 classes, No class 4/14 and 5/26)  
**Times:** 4-5:00 p.m.  
**Fee:** \$42 for residents, \$52 for non-residents  
**Activity #:** (420055-A)

### Micro Sports (Grades K-2)

This clinic is to get Kindergarten – 2nd grade children active in a trio of sports. Children will learn the fundamentals of basketball, soccer and tennis. Children will learn the skills necessary to play the game and have fun doing it. Clinics will be held on Monday nights.

**Instructor:** MPRD Staff  
**Location:** CC Gym  
**Dates:** Mon. April 7-June 2 (7 classes, No class 4/14 and 5/26)  
**Times:** 5:15-6:15 p.m.  
**Fee:** \$42 for residents, \$52 for non-residents  
**Activity #:** (420058-A)

### Quick Start Tennis (Ages 4-7)

In these introductory skill development sessions, tennis goals are to gradually improve hand-eye coordination, learn proper grip and stroke, and have a positive introduction to the game. Larger, lighter foam tennis balls are used during instruction and are particularly effective with children because they are easier to control and reach to. Typical kids games are used to incorporate and enforce proper use of a racquet and shadowing the coach.

**Instructor:** Kayla Lin  
**Location:** EO Smith Tennis Courts  
**Activity #:** 420060-A  
**Dates:** Sun. April 6-June 1 (8 Classes-No Class 5/25)  
**Time:** 9:00-9:30 a.m.  
**Fee:** \$39 for residents, \$49 for non-residents

### Beginner Tennis (Ages 7-10)

The perfect introduction to tennis! A few changes in size and format from the younger group with practice in stroke development and modified match play. In this class, participants will learn the basic strokes of tennis, making clean contact with the ball, and encourage movement on the court. Group games are played that further develop these skills. **Please make sure your child has the correct sized racquet.**

**Instructor:** Kayla Lin  
**Location:** EO Smith Tennis Courts  
**Activity #:** 420061-A  
**Dates:** Sun. April 6-June 1 (8 Classes-No Class 5/25)  
**Time:** 9:40-10:25 a.m.  
**Fee:** \$59 for residents, \$69 for non-residents

# Sports

## Beginner Tennis (Ages 10-13)

The perfect introduction to tennis! A few changes in size and format from the younger group with practice in stroke development and modified match play. In this class, participants will learn the basic strokes of tennis, making clean contact with the ball, and encourage movement on the court. Group games are played that further develop these skills.

**Please make sure your child has the correct sized racket.**

**Instructor:** Kayla Lin  
**Location:** EO Smith Tennis Courts  
**Activity #:** 420063-A  
**Dates:** Sun. April 6-June 1 (8 Classes-No Class 5/25)  
**Time:** 10:35-11:20 a.m.  
**Fee:** \$59 for residents, \$69 for non-residents

## Intermediate Tennis (Ages 10-13)

*Participants must have completed at least two seasonal sessions of tennis with the orange or red ball to participate in this level. If your child doesn't meet those guidelines, please register them for the Beginner Tennis program.*

In this tennis program for more advanced players, there will be a different focus for each lesson (forehand, serve, consistency, angles, etc.) and play will range from drills to games and matches. The aim for the more advanced players is to have them hitting as many balls as possible and get in a good mix of drills and competitive (but friendly) games. There will be significantly more focus on instructing proper technique, grips, and strategies.

**Instructor:** Kayla Lin  
**Location:** EO Smith Tennis Courts  
**Activity #:** 420064-A  
**Dates:** Sun. April 6-June 1 (8 Classes-No Class 5/25)  
**Time:** 11:30-12:15 p.m.  
**Fee:** \$59 for residents, \$69 for non-residents

## Flag Football Clinic (Grades 5-8)

Did you know that flag football is being added to the Olympics in 2028? If not, then you better start practicing now! This flag football clinic will be for middle school aged boys and girls. It will be a one day event that will hopefully lead into more! This clinic will focus on the basic skills of flag football such as throwing, catching, footwork, and more! Let's get enough people signed up so we can even play a game.

**Instructor:** MPRD Staff  
**Location:** Spring Hill Park  
**Date:** Sat., May 17th  
**Time:** 12-2 p.m.  
**Fee:** \$15 for residents, \$25 for non-residents  
**Activity #:** 420077-A

## Archery (Grades 5-8)

Come join us for this new and exciting club! Archery has gained a lot of interest lately so we thought why not make a club for it! During this program participants will learn the basics of archery, how to shoot arrows, how to safely engage in the sport, as well as make their own targets that they can hit! We are excited about this program and hope you are too!

**Instructor:** Trevor Roberts  
**Dates:** Thurs. April 24-May 29  
**Times:** 3-4:15 p.m.  
**Location:** Mansfield Middle School  
**Fee:** \$119 for residents, \$129 for non-residents  
**Activity #:** 420068-A

## Horseback Riding: UConn Youth Horsemanship Program

This program is geared toward students who have never ridden before. This is the basic level lesson which will teach the fundamentals and safety of all equine sports as well as introductory lessons of handling horses on the ground. Students will have the opportunity to work hands on with their horse by grooming and tacking up and learning the fundamentals of horsemanship on the ground and riding. Students are required to wear pants and a boot with a heel. Students can bring their own ASTM approved riding helmet or use one provided. Let's get riding!

### High School Lessons (Grades 9-12)

**Instructor:** UConn Youth Horsemanship Staff  
**Location:** Horse Unit 1 – Red barn to the left of Horsebarn Hill Arena - 3099 Horsebarn Hill Arena, Storrs  
**Dates:** Mon. May 5-June 30 (No class May 26)  
Thurs. May 8-July 3  
**Times:** 4:30-6:00 p.m.  
**Fee:** \$520 for residents, \$530 for non-residents  
**Activity #:** Mondays (420081-A)  
Thursdays (420081-B)

### Middle School Lessons (Grades 5-8)

**Instructor:** UConn Youth Horsemanship Staff  
**Location:** Horse Unit 1 – Red barn to the left of Horsebarn Hill Arena - 3099 Horsebarn Hill Arena, Storrs  
**Dates:** Tues. May 6-July 1 (No class May 26)  
Wed. May 7-July 2  
**Times:** 5:30-7:30 p.m. (Tuesdays)  
5-6:30 p.m.  
**Fee:** \$520 for residents, \$530 for non-residents  
**Activity #:** Tuesdays (420082-A)  
Wednesdays (420082-B)

## NEW! Boys Basketball Clinic (Grades 5-8)

Never too early to start practicing your basketball skills for the upcoming season! Sign up for this skills based basketball clinic run by EO Smith head coach Jim Belanger.

**Instructor:** Jim Belanger  
**Location:** MCC Gym  
**Date:** Thursday, April 17  
**Time:** 6:45-8:30 p.m.  
**Fee:** \$20 for residents, \$30 for non-residents  
**Activity #:** 440005-A

## NEW! Girls Basketball Clinic (Grades 5-8)

Never too early to start practicing your basketball skills for the upcoming season! Sign up for this skills based basketball clinic that is sure to be fun

**Instructor:** Mary Roickle  
**Location:** MCC Gym  
**Date:** Sat. April 19  
**Time:** 11:45 a.m.-1:30 p.m.  
**Fee:** \$20 for residents, \$30 for non-residents  
**Activity #:** 440006-A

## Youth Volleyball (Ages 13-15)

Looking to play some volleyball while also learning the skills of the game? Sign up for this youth volleyball course where you can have fun, play some volleyball, and make some friends in the process!

Instructor: Jessica Fondelheit

**Instructor:** MCC Staff

**Location:** MCC Gym

**Dates:** Thurs. April 3-May 8

**Time:** 5-6 p.m.

**Fee:** \$35 for Residents, \$45 for non-residents

**Activity #:** 4200073-A

## Youth Badminton (Grades 9-12)

If you enjoy badminton then why not join this instructor lead program for high school students? This program will focus on the skills of badminton while also engaging in friendly play!

**Instructor:** MCC Staff

**Location:** MCC Gym

**Dates:** Thurs. April 3-May 8

**Times:** 6-7 p.m.

**Fee:** \$34 for residents, \$44 for non-residents

**Activity #:** 420071-A

## Ninja-Fit (Grades pre K-8)

Have you attended our Ninja-Fit clinics? Do you enjoy climbing and fun obstacles? Then you want to make sure to sign up for this program! The Ninja-Fit program is a fitness and fun based program for elementary and middle school aged children. This is a progressive learning program where participants can grow their climbing and fitness skills while also having tons of fun navigating through obstacles.

## Mini-Ninjas (Pre-K)

**Location:** CC Gym

**Dates:** Sat., Mar. 29 – Sat. May 3

**Times:** 12-12:45p.m.

**Fee:** \$60 residents, \$70 non-residents

**Activity #:** 420059-D

## Little Ninjas (Grades K-2)

**Location:** CC Gym

**Dates:** Sat., Mar. 29 – Sat. May 3

**Times:** 10-10:45a.m.

**Fee:** \$60 residents, \$70 non-residents

**Activity #:** 420059-A

## Super Ninjas (Grades 3-4)

**Location:** CC Gym

**Dates:** Sat., Mar. 29 – Sat. May 3

**Times:** 11-11:45a.m.

**Fee:** \$60 residents, \$70 non-residents

**Activity #:** 420059-B

## Ultimate Ninjas (Grades 5-8)

**Location:** CC Gym

**Dates:** Mon., Mar. 24 – Apr. 28

**Times:** 4-4:45p.m.

**Fee:** \$60 residents, \$70 non-residents

**Activity #:** 420059-D





# NINJA-FIT CLASSES







**NEW PROGRAMS  
& CLINICS  
COMING IN  
MARCH 2025!**

**SCAN THIS CODE TO LEARN  
MORE ABOUT OUR FITNESS  
BASED CLASSES USING THE  
NEW G2N STRUCTURE AND  
REGISTER TODAY!**



## DON'T MISS OUT

MANSFIELD COMMUNITY CENTER 10 S. EAGLEVILLE ROAD, STORRS, CT 06268  
WWW.MANSFIELDCC.COM 860-429-3015

# Aquatics



Welcome to the Mansfield Community Center Indoor Aquatic Center. The Center has one 6-lane 25-yard competitive lap pool with diving area, and a mid-size therapy pool for specialized use and classes. We offer a wide range of activities and programs to accommodate all ages and abilities including swimming lessons, water fitness classes, general recreational swimming, lap swimming and much more. Pools operate under the supervision of certified Lifeguards at all times. The pools also host several special events, including our Family Fun Events, and are available for birthday party rentals. The Aquatic Center will close at 8:00 p.m. Monday through Friday and at 3:30 p.m. on Saturday and Sunday, exceptions may occur for holiday hours. Hours remain subject to change. For an overview of pool usage and designated activity time, please pick up a **bi-weekly pool schedule** located at the kiosk in the front lobby or visit our website at [www.mansfieldcc.com](http://www.mansfieldcc.com).



### Three “MUSTs”

Help keep our pools clean, safe, and sanitary by following the “3 MUSTs”

1. Swimmers **MUST** take a shower at the MCC with warm water and soap before entering the pools.
2. Swimmers **MUST** avoid swimming if you have diarrhea or any communicable disease. This can spread germs in the water and make other people sick.
3. Swimmers bringing in their own approved equipment **MUST** rinse off equipment in shower before use. Please see our approved equipment list for more information.

Mansfield Park & Recreation is committed to following the Connecticut State Health Code regarding public pool operations. Please help us by supporting our pool rules and regulations and supporting the lifeguards who enforce the pool rules.

## General Information

### Main Pool

Our 6-lane, 25-yard lap pool is available for General Swim, Lap Swim, as well as hosting several aquatic classes and lessons. Please see our weekly block schedule for an overview of designated times.

### General Swim

The Main Pool is open for recreational and leisure swimming for individuals and families at designated times. All non-swimmers must be in the water with an adult at all times. Diving board will be open at various times, please see bi-weekly schedule for details. The General swim area cannot be used for lap swimming.

### Lap Swim

Lap swim times are available at designated times. Lap swimming is intended for fitness and requires continuous movement with appropriate swimming strokes at your own pace. Snorkels are allowed at lap swim times only. Masks covering the nose are prohibited.

## Therapy Pool

The Therapy Pool has designated time for specialized classes, therapeutic use, and family swim. This pool's intended purpose is to provide a warmer, more comfortable environment for those with therapeutic needs such as arthritis, chronic joint pain and fatigue, as well as individuals needing rehabilitation for injuries. This pool is available for families and swim lessons at designated times. Please see the bi-weekly schedule for an overview of times.

### Therapeutic Use

This time is designated for individuals with therapeutic needs only. Limited water exercise equipment is available for individual use upon request. Specialized water fitness equipment is allowed with staff approval. This time is reserved for 18+, special considerations will be made on case by case basis.

### Family Use

This time is designated for families to utilize and enjoy the warm comfortable environment of the Therapy Pool. Please be respectful of those using the pool for therapeutic purposes. There is no jumping in the therapy pool.



## POOL TEMPERATURE

Therapy Pool: 92°-94°  
Main Pool: 80°-82°



## POOL RULES -for your safety-

- All patrons **MUST** shower before entering the pools.
- All children who are not potty trained must wear appropriate swim diapers. There are No exceptions.
- Children 5 years and under must be accompanied into the water by an adult (18 years or older) who is within arms reach.
- Children 6 – 8 years old must be accompanied by an adult (18 years or older) into the pool area if they have not passed a swim test.
- Children who are 8 and over who have passed a swim test are allowed in the pool and pool area without an adult.
- Only MCC provided Coastguard approved lifejackets and life vests are permitted in our pool during general swim times and family use times **ONLY** and in designated areas of the pool. **Any child/patron wearing a lifejacket or life vest must be accompanied into the water by an adult 18 years or older and must be within arm's reach.** No one wearing a lifejacket will be permitted in the deep end of the pool.
- Only MCC provided Kickboards, pull buoys, and noodles may be used in the pools and are 18+.
- Masks without nose covering, snorkels, fins and hand paddles are allowed during lap swim only.
- Only MCC **APPROVED** pool equipment & toys may be used in the pools.
- Questionable swimmers may be asked to take a swim test consisting of one comfortable 25 yard lap of front crawl, 30 second water tread, and 10 second back float. Swimmers may be retested at any time.



### Our Aquatic Swim Test

Help keep our pool safe and ask a guard to administer a swim test. Swim tests are an important part of keeping our members and guest safe in the swimming area. All swimmers ages 6-14 should be swim tested on their first visit! Below is what the swim test consists of.



**1. Swim 25 yards:** Child cannot touch floor, wall or lane line. Must continually be moving forward, must not stop. If child stops or holds onto something they must restart the swim test. If they do not pass they may be asked to wear a lifejacket if they can't touch the bottom of the pool in the shallow end. If a lifejacket is required a parent must enter the water with the child.

**2. Tread Water 30 seconds:** Child must demonstrate they can tread water for 30 seconds. Any style kick is fine as long as child's head stays above water.

**3. Back-float for 10 seconds:** Child must demonstrate the ability to get into a back float and hold it for at least 10 seconds.

### Our Policy

\*\* Children 5 years and under must be accompanied into the water with an adult (18 years or older). Parent must stay within arm's reach.

\*\* Children 6 & up who do not pass the test and can't reach the bottom, must wear a lifejacket and a parent must enter the water with them. If they can touch, no lifejacket will be necessary; however, the parent must remain on deck while child is in pool. In addition, child must stay in shallow end of pool.

\*\* Children 8 & up who pass the swim test are permitted in the pool and no parent is needed on deck area."

### Lap Swim Etiquette

Due to the limited number of lap lanes, it is mandatory that patrons share lanes accordingly:

- Please group yourselves according to ability.
- Two swimmers – each swimmer stays on his/her respective side of the lane.
- Three swimmers – swim counter-clockwise in a single file line, staying on the right side of the lane.
- Make sure it is safe to pass if necessary.
- Safety First – When entering a lane that is already occupied by a swimmer, please alert that swimmer that you will be sharing a lane with them.



# American Red Cross Swimming & Water Safety Program

## Mansfield Community Center Preschool/ Youth Swim Lesson Programs

### Swim Lesson Evaluations

Unsure of your child's swim lessons level? Come to our free evaluation to have your child's swim skills tested. We offer classes from preschool to level 4, and a swim team for swimmers who have passed level 4 and are looking to stay in the sport. Evaluation Day will be held TBD. Pre-registration is not required, please just drop by! Evaluations usually take about 5 - 10 min per child. Swim evaluation does not hold a space in lessons. Please reference registration dates on the cover and register accordingly.

**Location:** CC Main Pool  
**Date:** TBD  
**Time:** TBD  
**Fees:** FREE

## American Red Cross Winter 2025 Group Lessons Schedule

**Instructor:** To Be Announced at First Class  
**Location:** MCC Pool  
**NOTE:** M/W/S - 8 Classes/ 30 minutes per class  
**Fees:** M/W/S: \$86 for members, \$112 for non-members



### Monday Evening Swim Lessons April 7 - June 2 (No Class May 26)

	5:00-5:30 p.m	5:40-6:10 p.m	6:20-6:50 p.m.	7:00-7:30 p.m.
Parent/Infant	461007-A1			
Water Adjustment 1		461008-A1		
Water Adjustment 2			461009-A1	
Water Adjustment 3				461011-A1
Level 1		461001-A1		
Level 2	461002-A1		461002-A2	
Level 3 (Shallow)		461003-A1		461003-A2
Level 3 (Deep)			461010-A1	
Level 4	461004-A1			



### Wednesday Evening Lessons April 9- May 28

	5:00-5:30 p.m	5:40-6:10 p.m	6:20-6:50 p.m.	7:00-7:30 p.m.
Parent/Infant		461007-B1		
Water Adjustment 1	461008 - B1			
Water Adjustment 2			461009-B1	
Water Adjustment 3				461011-B1
Level 1	461001 - B1		461001-B2	
Level 2		461002-B1		
Level 3 (Shallow)	461003 - B1			461003-B2
Level 3 (Deep)		461010-B1		
Level 4			461004-B1	

### Saturday Morning Lessons April 12- May 31

	8:30-9 a.m.	9:10-9:40 a.m.	9:50-10:20 a.m.	10:30-11 a.m.	11:10-11:40 a.m.
Parent/Infant		461007-C1			
Water Adjustment 1	461008-C1			461008-C2	
Water Adjustment 2			461009-C1		
Water Adjustment 3					461011-C1
Level 1		461001-C1		461001-C2	
Level 2	461002-C1		461002-C2		461002-C3
Level 3 (Shallow)		461003-C1			461003-C2
Level 3 (Deep)	461010-C1		461010-C2		
Level 4				461004-C1	





## Parent/Infant Aquatics (Age 6 month - 2 years)

Children will have fun in the water while being exposed to basic swimming skills through games, songs, and activities. Each child must be accompanied in the water with one adult.

## Water Adjustment: Preschool Aquatics

(Ages 3 & 4)

**Purpose:** Familiarize children to the aquatic environment.

**Water Adjustment I** participants learn skills centering on water acclimation and water comfort which include: water entry, blowing bubbles, floating on front and back, gliding on front and back and exploring independent movement with combined arm and leg movement. This level is great for very beginner swimmers and children with water fear or apprehension.

**Water Adjustment II** participants build and improve skills learned in Water Adjustment I. These skills include: becoming more comfortable with submersion and putting the face in while swimming, reinforcing and building the floating and gliding skills introduced in Water Adjustment I, and moving independently farther and stronger with combined arm and leg movement.

**Water Adjustment III** participants build and improve skills learned in Water Adjustment II. These skills include: swimming more independently with little to no assistance. Becoming more comfortable with submersion, putting the face in and floating without assistance. This level will reinforce and build on skills introduced in Water Adjustment II. As well as moving independently farther and stronger with combined arm and leg movement.

## Learn to Swim Aquatic Levels (Ages 5 and up)

### Level 1: Introduction to Water Skills

**Purpose:** Helps students feel comfortable in the water.

**Level 1** participants learn to:

Submerge nose, mouth and eyes, explore arm and hand movements, alternating and simultaneous leg and arm action on front and back, blow bubbles, bobbing, open eyes underwater and pick up submerged objects, float on front and back, front and back glides with recovery, combined arm and leg swim on front and back. This level is great for very beginner swimmers and children 5+ with water fear or apprehension.

### Level 2: Fundamental Aquatics Skills

**Purpose:** Gives students success with fundamental skills.

**Level 2** participants build on the following learned skills:

Entering water by stepping or jumping from the side, exiting water safely using ladder or side, fully submerge and hold breath, open eyes under water and pick up a submerged object, float on front and back, tread water, perform front and back glide with recovery, roll over from front to back, back to front, swim on front and back using combined strokes front and back. Will begin rotary breathing and treading water aspect of swimming will be introduced. This is a great class to build a strong foundation for swimming.

### Level 3: Stroke Development (Shallow)

**Purpose:** Builds on the skills in Level 2 through additional guided

practice.

### Level 3 participants build on:

Perform a survival float, perform front and back glide using rotary breathing, tread water, perform freestyle, perform elementary backstroke, flutter, scissor, breaststroke and dolphin kicks, push off in streamlined position and begin kicking, change from horizontal to vertical position on front and back and reaching assist from deck. This class is mostly held in the shallow end of the pool working on skills and building up to the deep end.

### Level 3: Stroke Development (DEEP)

**Purpose:** Builds on the skills in Level 3 Shallow through additional guided practice.

**Level 3** participants learn to:

Jump into deep water from the side, dive from kneeling or standing position, perform a survival float, submerged and retrieve an object, bob with the head fully submerged, perform front and back glide using rotary breathing, tread water, perform freestyle, perform elementary backstroke, flutter, scissor, breaststroke and dolphin kicks, push off in streamlined position and begin kicking, change from horizontal to vertical position on front and back and reaching assist from deck. This class is held in the deep end and prepares kids for level 4. While still working on skills for level 3 but in deep water.

### Level 4: Stroke Improvement

**Purpose:** Develops confidence in the skills learned and improves other aquatic skills

**Level 4** participants learn to:

Swim underwater, perform feet first surface dive, tread water with 2 different kicks, freestyle, elementary backstroke, backstroke, breaststroke, butterfly, sidestroke, 15 to 25 yards each stroke push off in streamlined position and begin kicking, perform open turn on front/back using any stroke, use safe diving rules, perform a throwing assist and reaching assist

**WE ARE HIRING**

**SPRING AND SUMMER AQUATIC POSITIONS**

**MANSFIELD COMMUNITY CENTER & BICENTENNIAL POND LIFEGUARDS**

**MANSFIELD COMMUNITY CENTER & BICENTENNIAL POND SWIM INSTRUCTORS**

APPLICANTS MUST SUBMIT AN EMPLOYMENT APPLICATION ONLINE AT [WWW.MANSFIELDCT.GOV/JOBAPP](http://WWW.MANSFIELDCT.GOV/JOBAPP)

CALL 860.429.3015, EXT. 6109 OR EMAIL [MORSET@MANSFIELDCT.ORG](mailto:MORSET@MANSFIELDCT.ORG)  
10 S. EAGLEVILLE RD, STORRS-MANSFIELD, CT 06268

**MANSFIELD Parks & Recreation**

# Aquatics

## ☺ Mansfield Marlins Youth Swim Club

(Age 8– Grade 12)

**Returning Swimmer Registration:** Returning swimmers need to register for the program every season. Please register your child according to when your registration date becomes available. Our pool/lane space is limited and we do not hold spots for returning swimmers. Practice groups will be the same as the last attended session unless you are explicitly communicated with regarding a practice group time change.

**New Swimmer Registration:** All new swimmers must be pre-registered into the program before the evaluation night on **Thursday, April 3rd at 5:30pm** (See below for more information about the swim evaluation night).

Join the Mansfield Marlins Youth Swim Club! This instructional team will help young swimmers develop their swimming skills, their stroke techniques, and teach new fundamentals such as flip turns and racing starts in the sport of competitive swimming. The team will also compete in scrimmage swim meets here at the community center and time trials. We ask that they attend a minimum of 2 practices a week if possible. **It is required that swimmers have passed Level 4 swim skills. Please keep in mind that practice consists of approximately 50 - 55 minutes of lap swimming.**

**NEW SWIMMERS EVALUATION NIGHT, Thursday, April 3rd at 5:30 p.m., at the MCC Pool.** New swimmers should be pre-registered into the program before the evaluation night. If for any reason, your child does not get placed on the team, a refund will be issued in accordance with refund policy. This is a mandatory evaluation night for all NEW swimmers. **Participants will be evaluated on overall safety and comfort level in the water, freestyle with rotary breathing, breaststroke, backstroke, and Butterfly kick. Swimmers may be asked to complete 25 or 50 yards of these strokes depending on age and ability.** After the evaluation night, new participants will receive an email assigning swimmers to a practice time slot for the rest of the season. **Practice group times are Tues./Thurs.: 5:30 – 6:30 p.m., and/or 6:30 – 7:30 p.m., Sun., 10 – 11 a.m. Coaches will reach out prior to the first day of practice with the time and group your child is in.**

**Coaches:** Jaxon Rash, Katie G  
**Location:** MCC Pool  
**Dates:** Seasons runs April 8 – June. 15 (10 weeks)  
**Days:** Sunday, Tuesday, or Thursday: swimmers will be placed in practice group times according to age/ability. By the coaches  
\*Swimmers are assigned practice group times according to age/ability. By the coaches.

**Fees & Activity #:** (461031-A) One Practice a week: \$104 for members \$138 for non-members  
(461031-B) Two Practices a week: \$207 for members \$275 for non-members  
(461031-C) Three Practices a Week: \$280 for members \$370 for non-members

\*10% savings if you register for all 3 practices

## ☺ Introduction to Water Polo (Ages 12 – 18)

**Requirements:** Participants must have passed Level 4 of the ARC Learn to swim program, or the ability to perform the freestyle, backstroke, and basic treading for one minute is required.

Intro to water polo is 8 class that will allow participants to learn the basics of the water polo game. Coaches will teach the correct sculling, treading (egg-beater kick), ball throwing, handling, passing, and team work are some of the skills that will be taught in this class. This group setting class will let participants explore the world of beginner water polo.

**Instructor:** Marlins Coaches  
**Location:** MCC Pool  
**Dates:** Sunday, April 13 – June 1  
**Time:** 11:00a.m. – 12:00p.m.  
**Fee:** \$89 for members, \$114 for non-members  
**Activity #:** 461033-A

## ☺ Aquatic Junior Leader (Age 12-14)

This program is designed for those interested in the next phase of aquatics. The program focuses on building the foundation of knowledge, attitudes, technical, interpersonal skills, and learn about water safety to help them become future lifeguards and swim instructors. Participants **MUST** have a strong understanding of swimming, be able to complete a 100 swim (freestyle, breaststroke), tread water for 1 minute, and touch the bottom of a 12 foot pool. This is **NOT** a certification class. Participants will **NOT** receive a certification during this program.

**Instructor:** TBA  
**Location:** MCC Pool  
**Dates:** Sat., April 12 – May 31  
**Time:** 11:00a.m – 12:00 p.m.  
**Fee:** \$86 for members, \$112 for non-members  
**Activity #:** 461029-A

## ☺ **NEW!** Adult Swim Work Out (Ages 18+)

Join us for a mid-day swim work out. This instructor led program will offer a written swim workout twice a week. This workout is intended for laps swimmers who can swim at least a 2000 yard work out. Participant should have a strong understanding of freestyle and backstroke and a basic understanding of breaststroke and butterfly. This will be a 1 hour swim work out.

**Instructor:** Travis Morse  
**Location:** MCC Pool  
**Dates:** Mon. / Wed. April 7 – June 2 (16 classes)  
**Time:** 12:00pm-1:00pm  
**Fee:** \$160 for members, \$224 non-members  
**Activity #:** 461034-A



**FIND US ON FACEBOOK**



**and INSTAGRAM!**



**@MansfieldCommunityCenter**



## American Red Cross Swimming & Water Safety

The Mansfield Community Center is proud to be an authorized provider of the American Red Cross *Swimming and Water Safety program*. If you have a passing certificate from last year or last session, then please select the next level for your child. Proper swim lesson placement is key in providing a successful, enjoyable swim lesson experience and in ensuring participant safety in the water. Please see the level descriptions page as a guide when registering your child. Fall group swim lessons are held Monday or Wednesday evenings, or Saturday mornings. Classes at the MCC may be cancelled in the event of lightning or thunder storms, any potential significant snow storms, and/or other unsafe pool conditions. Participants will be notified if any cancelled classes will be made up. Monday, Wednesday, and Saturday group lessons consist of 8 classes/30 minutes per class. Please see Fall class schedule for details and class fees.

### ☺ Young Adult/ Adult Introduction to Swim Lessons (Ages 13+)

These lessons are designed for adults with minimal or no swimming experience, or those who need assistance adjusting to a water environment. This course will take adults through the beginner skills such as Floating, Kicking, Rotary Breathing, Treading Water, and Basic Strokes. This group-setting class will provide an appropriate level of instruction for adults wanting to discover the benefits of learning how to swim and be safe in and around water.

**Instructor:** TBA  
**Location:** MCC Pool  
**Dates:** Mon., April 7 – June 2 (no class May 26) 8 Class session  
**Time:** 7:00 – 7:30 p.m.  
**Fee:** \$86 for members, \$112 for non-members  
**Activity #:** (461020 – A)

### ☺ Young Adult/ Adult Intermediate Swim Lessons (Ages 13+)

These lessons are designed for adults with minimal swimming experience who are already comfortable in and around water. This course will take adults through refining their basic skills or strokes. Improving skills like Floating and Rotary Breathing and refining strokes such as freestyle, breaststroke, and Backstrokes. This group-setting class will provide an appropriate level of instruction for adults wanting to discover the benefits of learning how to swim and continuing to improve their stroke development.

**Pre-requisite for Intermediate class: Must be able to swim one 25-yard length of the pool using any stroke with comfort.**

**Instructor:** TBA  
**Location:** MCC Pool  
**Dates:** Wed., April 9 – May 28 8 Class Session  
**Time:** 7 – 7:30 p.m.  
**Fee:** \$86 for members, \$112 for non-members  
**Activity #:** (461021 – A)

### ☺ Competitive Stroke Technique (Ages 13+)

These classes are designed for swimmers who have an intermediate to advanced understanding of freestyle, breaststroke, Butterfly, and backstroke. This class is designed to help break down the four competitive strokes and strengthen the swimmers technique through the use of drills, and competitive swim equipment. Pre-requisite for Intermediate class: Must be able to swim one 50-yard length of the pool using any stroke with comfort.

**Instructor:** *Marlins Coaches*  
**Location:** MCC Pool  
**Dates:** Sun., April 13 – June 1 (8 Class sessions)  
**Time:** 9:00 – 9:30 a.m.  
**Fee:** \$86 for members, \$112 for non-members  
**Activity #:** (461030 – A)



Private lessons and semi-private lessons (participation max: 2 individuals are available for both children (3 years old and above) and adults. All lessons are instructed by one of our qualified swim lesson instructors. Lessons are 30 minutes in length. Private lessons are purchased in packages of 4, with one built-in "buffer week". Once registered, an instructor will reach out to you with your specific 30-minute time slot and instructor information within a week of your first lesson. *Specific time preferences are given on a first-come, first-serve basis.*

**Location:** Mansfield Community Center Pool  
**Dates:** Session 1: 4 Private Lessons: April 8 – May 11  
 Session 2: 4 Private Lessons: May 13 – June 15  
**Fee:** Member Private: \$164 | Non-member private: \$189  
 Member semi-private: \$239 | Non-member semi-private: \$285

#### Times and Activity Numbers Private Lessons:

Day	Time	Session 1	Session 2
Tuesdays ☺	4:30pm-7:30pm	461024-A1	461024-A2
Thursdays ☺	4:30pm-7:30pm	461024-B1	461024-B2
Saturdays ☺	8:30am-11:30am	461024-C1	461024-C2
Sunday	8:30am-11:30am	461024-D1	461024-D2

#### Time and Activity Number \*Semi Private Lesson:

Day	Time	Session 1	Session 2
Tuesdays ☺	4:30pm-7:30pm	461024-A3	461024-A4
Thursdays ☺	4:30pm-7:30pm	461024-B3	461024-B4
Saturdays ☺	8:30am-11:30am	461024-C3	461024-C4
Sundays	8:30am-11:30am	461024-D3	461024-D4

# Certifications

## American Red Cross Adult & Pediatric CPR (Ages 14+)

*Registration deadlines apply.*

This course provides participants with the knowledge and skills necessary to prevent, recognize, and provide basic care for breathing and cardiac emergencies in adults until advanced medical personnel arrive. Participants who pass the course will receive an American Red Cross certificate which is valid for two years. The course fee includes all course materials and certification costs. There is an online component that must be completed prior to the first day of class. This online course work will be sent out 1 week prior to the first day of class. Deadline to Register please see below.

**Location:** CC Community Room  
**Day:** 460002-A Sun., Apr. 13 *reg. deadline Mon., Apr. 11*  
 460002-B Sun., May 18 *reg. deadline Mon., May 9*  
**Time:** 12 p.m. - 4 p.m.  
**Fee:** \$100 for members, \$130 for non-members



## Lifeguard Training Recertification and Bridge Class (Ages 15+)

*Registration deadline Fri., May 2*

Update to the newest version of ARC Curriculum!

The objective of this course is to enable currently certified ARC lifeguards to update their certification to the newest curriculum and safety standards (released Jan. 2021) and who are looking to renew their certification because they are close to expiration. This course is for current ARC lifeguards who are already certified, **or those who have expired no more than 4 weeks prior to the date of this class.** Participants are required to demonstrate the following pre-course skills: a continuous 300 yard swim with proficiency in both freestyle and breaststroke, a two minute tread of water without the use of hands and a timed 20 yard swim with surface dive to retrieve a submerged 10 pound object in which candidate return to the starting point with the object and exit the pool without using the stairs or a ladder. **Students should bring their pocket masks with them to class as these are not provided with this course. Please bring a bathing suit, goggles and towel to class.** A lunch break will be provided.

**Location:** CC Community Room & Main Pool  
**Dates:** Sun., May 19  
**Time:** 8 a.m.-4 p.m.  
**Fee:** \$150 for members, \$169 for non-members  
**Activity #:** 461023-A

### Mansfield OBGYN and Manchester OBGYN have Merged



We offer many services for your care:

- ➔ Adolescence
- ➔ Pregnancy
- ➔ Menopause
- ➔ Robotic Surgery



Dr. Roa Alamdari  
 Dr. Lawrence Arky  
 Dr. Christine Armstrong  
 Dr. Robert Gildersleeve  
 Dr. Lesley Gumbs  
 Dr. Rabale Hasan  
 Dr. Lydia Lormand

Dr. Yvette Martas  
 Dr. Katharine Sweeney  
 Dr. Debora Zamora  
 Virginie Eklund, CNM  
 Ariel Herron, CNM  
 Jaime Liebig, CNM  
 Anastasia Litke, CNM

Shannon Morgan, CNM  
 Lauren Startz, CNM  
 Stephanie Welsh, CNM  
 Pamela Frappier, PA  
 Cory Arnold, APRN

## Lifelong Women's Healthcare OBGYN and Midwifery of CT

21 Ledgebrook Dr Mansfield, 121 Broadway, Suite 2 Colchester  
 388 West Center St Manchester • 394 West Center St, Manchester, CT

**860-450-7227 and 860-649-1120**

## Lifeguard Training - Blended Learning (Ages 15 +)

**Registration deadline Fri., May 16**

Update to the newest version of ARC Curriculum!

The Mansfield Community Center is proud to provide the most current and up to date training course for lifeguard certification. This course will present the newest lifeguarding curriculum available through the American Red Cross released earlier this year (released Feb. 2024). The purpose of the ARC Lifeguard Training Program is to teach candidates safety and rescue techniques designed to prevent and respond to a variety of aquatic emergencies. This course does have pre-test that is administered during the first hour of the class. The course pre-requisites include: a continuous 150-yard swim, two-minutes of treading water without using hands, 50 yard swim with proficiency in both freestyle and breaststroke, and a timed 20 yard swim with surface dive to retrieve a submerged 10 pound object in which candidate return to the starting point with the object and exit the pool without using the stairs or a ladder. Students are only allowed to use goggles for the pre-requisite swim/ tread portion of the class, students must be able to demonstrate all skills in the class without the use of goggles to pass the course.

**This is a Blended Learning Course which means there are approximately 6 hours of online learning that must be finished before the first in class session.** Upon registration (once the 5 person minimum to run the course has been met) the candidate will receive a welcome email to the course with instructions on how to access the online content. Candidates **MUST** provide the MCC a valid email address upon registration. Registration fees include: one online course manual, one pocket mask and processing fees for successful candidates to be issued a certification.

Students will receive an American Red Cross Lifeguard, First Aid and CPR for the Professional Rescuer certification upon successful completion of this course. **Please bring bathing suit and towel to each class.**

**Location:** CC Community Room & Main Pool  
**Dates:** Sat. & Sun., May 31 – June 7 (3 classes)  
**Time:** 8:30 a.m. – 4 p.m.  
**Fee:** \$250 for members, \$315 for non-members  
**Activity #:** 461022- A

## American Red Cross Babysitter's Training and Pediatric First Aid CPR

This course provides youth who are planning to babysit with the knowledge and skills necessary to safely and responsibly give care for children and infants. This training will help participants to develop leadership, learn how to develop a babysitting business, keep themselves and others safe and help behave, and learn about basic child care and pediatric first aid/CPR.

**Location:** CC Community Room  
**Date:** Sat. Apr. 26  
**Time:** 9 a.m. – 3:30 p.m.  
**Fee:** \$100 Members, \$130 non-members  
**Activity #:** 460003 – A

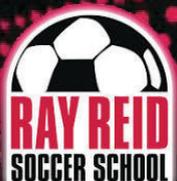
## Lifeguard Training- Upgrade to Waterfront Lifeguarding (Ages 15+)

**Registration deadline Fri., June 6**

This course will upgrade a currently certified ARC lifeguard to the Waterfront certification. **All students must hold a current American Red Cross Lifeguard Certification to attend this class.** Students will need to demonstrate skills in the pool and at a waterfront facility and must be able to travel between the two facilities. The class will begin at the Mansfield Community Center and will end at Bicentennial Pond located in Schoolhouse Brook Park in Mansfield. Directions will be provided, a distance of three miles. Students must have their own transportation TO AND FROM THE MCC and BCP. Course pre-requisites include a continuous 550-yard swim (22 lengths) with proficiency in both freestyle and breaststroke, a two-minute tread of water without the use of hands, an underwater swim test, and a timed 20-yard swim with surface dive to retrieve a submerged 10-pound object in which candidate returns to the starting point with the object and exit the pool without using the stairs or a ladder. Course skills include, but are not limited to, beach entries, victim removal, and rescue board skills. Upon successful completion, students will receive a two-year certification for Waterfront Lifeguarding, First Aid, and CPR/AED for the Professional Rescuer. Participants will take the written tests for Waterfront Lifeguarding. A 30-minute lunch break will be provided, students should provide with their own lunch.

**Location:** CC Community Room, CC Main Pool, Bicentennial Pond  
**Dates:** Sun., June 15  
**Time:** 9 a.m. - 1 p.m.  
**Fee:** \$125 for members, \$165 for non-members  
**Activity #:** 461032-A

# Young Stars Camp



**July 29 - August 2, 2024 • 9AM to Noon**  
**Lions Club Fields, Mansfield**  
**(boys and girls Grades K-8)**

**Residents \$180**  
**non-Residents \$190**

**To learn more, contact:**  
**Valarie Reid 631.455.1782,**  
**valariereid07@gmail.com, or**  
**Mansfield Parks & Recreation**  
**at 860-429-3015**





Camp Director  
Ray Reid

[www.RayReid.com](http://www.RayReid.com)

# Clean Cut Lawn and Snow Service Inc.



- Spring Clean Ups • Mowing
- Mulching • Fall Clean ups
- Beds • New lawns
- Overseeding • Snow blowing
- Snow plowing
- Sidewalks shoveled • Sheds
- We also do • Handy man work
- Pruning • Decks
- Greenhouses
- Interior & Exterior painting
- Power Washing

**860-305-3293**  
 cclassinc.com  
 Fully licensed and Insured  
 Cclassinc@aol.com

# The CHRONICLE

Serving the Communities of Eastern Connecticut Since 1877

375 A Tuckie Road  
 North Windham, CT 06256  
 860-423-8466

*In Print, Online & Mobile*

## Your Community Connection

Follow us at:  
[www.facebook.com/thewillimanticchronicle](http://www.facebook.com/thewillimanticchronicle)



Trips are coordinated with Ashford, Bolton, Coventry, Mansfield, Tolland, and Willington. Please register with the recreation department in the town in which you live. If you do not live in any of the listed towns, you may register with any department. The pick-up location for everyone is the commuter lot at I-84 exit 68.

## APRIL 26 - Daffodil Festival on Nantucket Island



Join My Fun Bus Staff on a trip to venture out and fully embrace Spring Time! Your Coach bus will leave from the Tolland Commuter Lot at 6:00 a.m. and drive 2 hours and 15 minutes to Hyannis on Cape Cod, where you will board a Hy-Line Cruise for a 1-hour high-speed ferry ride to picturesque Nantucket! Explore this charming island; enjoy the Daffodil festival, the antique car parade, and the local eateries on your own. Go to <https://daffodilfestival.com> or [www.nantucket-ma.gov](http://www.nantucket-ma.gov) for more info. Ticket fee includes coach bus transportation, high-speed ferry round trip, and a boxed lunch from My Fun Bus! We plan to take the 5:30 ferry

back to Hyannis and make a quick stop for fast food on the way home and arrive back in Tolland by 9:30 p.m. Avoid the summer tourist season, consider traveling with your mom and celebrating Mother's Day early, treat yourself to a delightful adventure!

**Date:** Sat., April 26  
**Reg. Deadline:** Fri., April 18  
**Departs From:** The bus will depart from the Tolland Commuter Lot at Exit 68 off of I-84.  
**Departure Time:** 6 a.m.  
**Return Time:** Approx. 9:30 p.m.  
**Fee:** \$195 (includes coach bus, high-speed ferry round trip, and boxed lunch)  
**Activity #:** 480004-A

## Supportive

# Collaboration



WHZ,  
 You fully support my aspirations as life changes and adjust my financial strategy accordingly. Your team never pressures me to do more than I'm able.

Thank you!  
*Jennifer*



STRATEGIC WEALTH ADVISORS

(860) 928-2341

392-A Merrow Road, Tolland, CT 06084

697 Pomfret Street, Pomfret Center, CT 06259

This statement was provided 3/15/2024 by Jennifer Pasiakos who is a client. The image shown is a model and not the actual client. This statement may not be representative of the experience of others and is not a guarantee of future performance or success. For additional reviews, search us wherever local businesses are reviewed. Securities and advisory services offered through Commonwealth Financial Network®, Member FINRA/SIPC, a Registered Investment Advisor.

**Absolute Confidence. Unwavering Partnership. For Life.**

Visit [whzwealth.com](http://whzwealth.com) to read more about Jennifer's story.

# Rentals

**ROOM RENTALS FOR UP TO 50 GUESTS!  
RATES STARTING AS LOW AS \$50**



**RENT A ROOM  
FOR YOUR:**

**BABY SHOWER  
SCOUT MEETING  
BRIDAL SHOWER  
BUSINESS MEETING  
BIRTHDAY CELEBRATION  
AND MORE!**

## PAVILION RENTALS



SCAN FOR MORE INFO!



Host your next gathering at a Mansfield Parks and Rec Pavilion!

Seasonal pavilion rentals are available for outdoor picnics and parties at Lions Club Memorial Park and Schoolhouse Brook Park.



**WWW.MANSFIELDCC.COM  
860.429.3015**

## Equipment Rentals

### Kayak & Paddle Board Rentals

We have 7 single kayaks with paddles and life jackets. The kayaks are 10'5" feet long and weigh about 42 pounds each. Reservations (with payment) must be made in writing at least 48 hours in advance. As the kayakers do go out regularly, it is important to call ahead to make sure they are available. Pick up and drop off times (seasonally) at the Community Center between 7:30 a.m. and 7:00 p.m.. Monday-Friday and 8:30 a.m. and 3:30 p.m. Saturday and Sunday. Participants are responsible for the loading, unloading and transporting the kayakers to and from destination. Overnight rentals are permitted based on availability. \*An additional \$50 deposit (check or credit card only) and copy of driver's license is required at the time of reservation.

**Daily Rental Fee\*:** \$10 per kayak per day (paddles and life jackets included)  
**Overnight Rental Fee\*:** \$30 per kayak per overnight (paddles and life jackets included)

### Paddle Board Rentals

We have 2 paddle boards available to rent! Rental includes 10'6" paddle board weighting about 19 pounds, paddle, paddle board leash and PFD (life jacket). Reservations (with payment) must be made in writing at least 48 hours in advance. Renter must be able to securely load and transport paddle board(s) on their own. Pick up and drop off times (seasonally) at the Community Center between 7:30 a.m. and 7:00 p.m.. Monday-Friday and 8:30 a.m. and 3:30 p.m. Saturday and Sunday. Participants are responsible for the loading, unloading and transporting the paddle Paddle boards to and from destination. \*An additional \$50 deposit (check or credit card only) and copy of driver's license is required at the time of reservation.

**Daily Rental Fee\*:** \$25 per paddleboard per day (paddles and life jackets included)  
**Overnight Rental Fee\*:** \$30 per kayak per overnight (paddles and life jackets included)

### Backyard Games

Outdoor Volleyball and Badminton sets are available to rent for home use. Reservations (with payment) and a \$25 deposit (check or credit card) and copy of driver's license is required at the time of the rental reservation.

**Rental Fee:** \$10 per set per use (up to 3 days)

### Cornhole, Bocce Ball, Croquet & Ladder Ball

These outdoor games are free for members to use on-site at the Mansfield Community Center. All you need to do is come inside and swipe your membership card. These games are on a first come, first serve basis.

Celebrate With Us!

**BIRTHDAY PACKAGE OPTIONS:**

- POOL PARTY
- PRESCHOOL PLAY
- SPORTS AND GAMES
- PIZZA & JUICE!

**MANSFIELD COMMUNITY CENTER**  
Family, Fitness & Fun!

**RENT A ROOM FOR YOUR:**

- BABY SHOWER
- SCOUT MEETING
- BRIDAL SHOWER
- BUSINESS MEETING
- AND MORE!

ROOM RENTALS FOR UP TO 50 GUESTS!  
RATES STARTING AS LOW AS \$50

MORE INFO AT: [WWW.MANSFIELDCT.GOV/PARTIES](http://WWW.MANSFIELDCT.GOV/PARTIES) OR CALL 860-429-3015



**BUSINESSES  
DON'T MISS OUT  
ON THE NEXT  
MANSFIELD  
PUBLICATION**

Publication Date: May 9  
Deadline: March 19

**Your ad will be mailed  
to 15,000 homes in Mansfield,  
Storrs and surrounding areas  
plus the Town Hall!**

**Looking to reach new markets?**

The Chronicle also publishes Town Books in Tolland, Vernon  
Coventry, Columbia, East Windsor, Colchester, and Brooklyn.

**Contact the Chronicle at  
860-423-8466 ext 3305  
jeanb@thechronicle.com**



Our doctors and staff offer the best in primary and advanced medical care for your pet companions. Advocating what is best for your pets, our hospital offers, well visits to advanced dentistry, ultrasounds and behavioral appointments.

Wellness Plans available for almost every pet and payable monthly, please contact us with any questions

Please visit  
Eastbrookanimalhospital.com  
143 Storrs Road-Mansfield Center, CT 06250  
860.456.1759



**Combine  
Home  
& Auto.  
Save big.**

**Anthony Raggi, Agent**  
483 Storrs Road  
Mansfield, CT 06250  
Bus: 860-429-6941  
[www.anthonyraggisf.com](http://www.anthonyraggisf.com)

Good things happen when you combine your home and auto insurance with State Farm®. Like saving an average of \$889\* Plus, you'll have a good neighbor like me to help life go right.  
**CALL ME TODAY.**



\*Average annual household savings based on 2019 national survey of new policyholders who reported savings by switching to State Farm.

State Farm Mutual Automobile Insurance Company • State Farm Indemnity Company, Bloomington, IL  
State Farm County Mutual Insurance Company of Texas, Dallas, TX • State Farm Lloyds, Richardson, TX  
State Farm Fire and Casualty Company • State Farm General Insurance Company, Bloomington, IL  
1606203 State Farm Florida Insurance Company, Winter Haven, FL

**Franc MOTORS INC.**



**Serving our customers for  
75 years,  
Auto Repair,  
Tires,  
Maintenance,  
Diagnostics**

**ROUTE 32  
WILLINGTON, CT 06279  
(860) 429-2614  
WWW.FRANCMOTORSINC.COM**

**Monday - Friday  
8 am - 5 pm  
Closed Sat. & Sun.**



# Parks & Preserves

## Parks & Preserves

- 1 Commonfields**  Access from Bassetts Bridge Road. Features include trails, interpretive information and a bird blind.
- 2 Coney Rock Preserve**  Access from Chaffeeville Road (Town land) or Woodland Road (Joshua's Trust land). Trails climb through old pastures reverting to forest. Cliff on top offers views of Mansfield Hollow State Park.
- 3 Dorwart Preserve**  Access from Mulberry Road or from Lions Memorial Park off Route 89. Forested trails with diverse wildlife and woodland plants adjacent to Lions Memorial Park soccer fields and pavilion.
- 4 Dunhamtown Forest**  Access from White Oak Road. Loop trails and connecting trails to Dunham Pond Road and Max Felix Drive wind through mature forest. Managed as a demonstration forest.
- 5 Eagleville Preserve**   Access from Route 275 across from the Eagleville Dam through State land. Loop trail along scenic bend of Willimantic River and through old pasture reverting to forest.
- 6 Fifty-foot Cliff Preserve**  Access from behind Mansfield Historical Society on Route 195. Forested trails lead to cliff views across the Fenton River Valley and Mansfield Hollow State Park. Nipmuck Trail connects to UConn land.
- 7 Merrow Meadow Park**    Access from Merrow Road. Loop trail through meadows, wetlands and forest. Part of trail paved for handicapped access. Canoe launch along the Willimantic River.
- 8 Moss Sanctuary**   Access from South Eagleville Road (behind the Mansfield Apartments) or from Birchwood Heights Road. Parking is available at the Mansfield Community Center. Two loop trails through a variety of forest setting and around a pond.
- 9 Mt. Hope Park**   Access from Route 89. Loop trail through meadows and woodlands leading to a pond and the Mt. Hope River.
- 10 River Park**    Access from Plains Road. Willimantic River Greenway trail leads to Lynch Landing and Mansfield Depot. Features include a handicapped accessible canoe launch, multi-use recreation field, and interpretive information.
- 11 Sawmill Brook Preserve/Wolf Rock**  Access from Puddin Lane through the Guarnaccia Tract or from Joshua's Trust's Wolf Rock Preserve on Crane Hill Road. Follow the Nipmuck Trail along Sawmill Brook's wooded valley.
- 12 Schoolhouse Brook Park**       Access from Clover Mill Road and Mansfield Middle School. Nineteen trails, including part of the Nipmuck Trail, through mature forests. Views of colonial mill sites. Park includes Bicentennial Pond Recreation Area.
- 13 Shelter Falls Park**  Access from Birch Road. Waterfall and scenic rock formations along Cedar Swamp Brook. Connecting trails to UConn lands and CTDEEP land.
- 14 Southworth Preserve**  Access from Dodd Road. Wooded trails with views of Chapins Pond and an agricultural field. Connection to Mansfield Hollow State Park.
- 15 Torrey Preserve**  Access from Gurleyville Road. Start on the Nipmuck Trail and connect to two forested loop trails with glacial features and views of an agricultural field.
- 16 Whetten Woods**  Access from Storrs Center (from Elsie Marsh Way, follow Sherwood Street to the clubhouse. Two-hour free parking available at the parking garage). Or, access from Hanks Hill Road. Trails wind through forest and wetlands.
- 17 Simpson Family Preserve**  Access from Route 89 and Mt. Hope Park parking lot. Loop trail through mature forest with scenic ledges.
- 18 Hanks Corner Preserve**  Located on the corner of Hanks Hill Road. No primary access route.
- 19 Community Playground and BMX/Skate Park**      <sup>†</sup>  
S. Eagleville Road at Mansfield Community Center
- 20 Lions Memorial Park**    Route 89, Warrenville Road
- 21 Southeast Park**     Route 89, Warrenville Road
- 22 Spring Hill Fields**     Spring Hill Road
- 23 Sunny Acres Park**     Meadowbrook Road

## Scenic Trails

### Lynch Landing

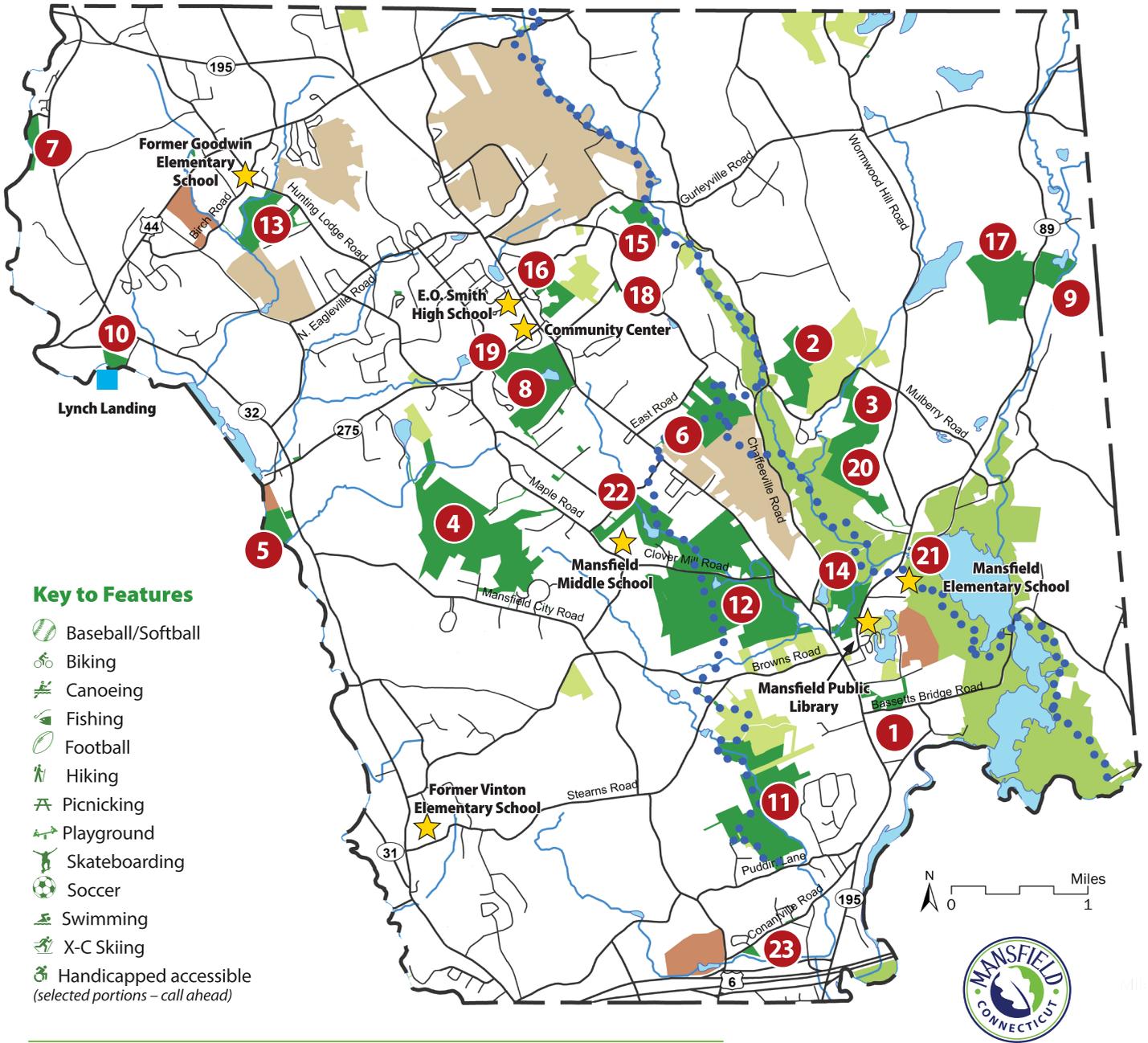
Access from Depot Road to Willimantic River.

### Nipmuck Trail (Blue Dot Trail)

Regional trail with access at several road crossings.

<sup>†</sup> Jeffrey P. Ossen Family Foundation Community Playground and Matt Barchus Memorial BMX Park

# Parks & Preserves



## Key to Features

- Baseball/Softball
- Biking
- Canoeing
- Fishing
- Football
- Hiking
- Picnicking
- Playground
- Skateboarding
- Soccer
- Swimming
- X-C Skiing
- Handicapped accessible  
(selected portions - call ahead)

## Property Ownership & Recreation Areas

- |                   |                 |
|-------------------|-----------------|
| Town of Mansfield | State Land      |
| Joshua's Trust    | University Land |
| Federal Land      | Recreation Land |

- Lynch Landing
- Nipmuck Trail  
(Blue Dot Trail)



Download trail guides at [www.mansfieldct.gov/trailguides](http://www.mansfieldct.gov/trailguides)

With over 850 acres of preserved land in Mansfield, Joshua's Trust offers great places to explore.



Learn more at [www.JoshuasTrust.org](http://www.JoshuasTrust.org)

## GET INVOLVED

with your parks and preserves

Do you like to build things? Like to be outside? Parks and Recreation is looking for people of all ages who are independent workers interested in building bridges, wildlife observation decks and more in town-owned parks and preserves. Town staff will work with you on a design and getting the necessary permitting. We also have a small fund available for supplies directly related to the project. If you have a project in mind or would like a suggestion, please contact Jennifer Kaufman, at [KaufmanJS@MansfieldCT.org](mailto:KaufmanJS@MansfieldCT.org) or 860-429-3335.

# Parks & Preserves

## Guided Hikes

### NEW! Nature Noah's Navigators:

Missing Camp Mansfield? Join "Nature Noah Navigators" for a six-week outdoor adventure led by Nature Noah, an elementary art teacher and our Camp Mansfield Director! Kids aged 6-12 will explore local parks, learning nature skills like animal tracking, plant and rock ID, and crayfishing at beautiful Bicentennial Pond. Each 1.5-hour class inspires discovery and fun!

**Location:** Bicentennial Pond  
**Date:** Wed. April 23-May 28  
**Time:** 5-6:30 p.m.  
**Fee:** \$60 for Residents, \$70 for non-residents.  
**Activity #:** Week 1-Intro to Nature & Trail Hiking (420095-A)  
Week 2- Animal Tracking (420095-B)  
Week 3- Crayfishing Adventure (420095-C)  
Week 4- Plant Identification (420095-D)  
Week 5- Rock Identification (420095-E)  
Week 6- Nature Navigation & Celebration (420095-F)

### Spring Migrant Bird Walk

Grab your binoculars and join us as we look for spring migrating birds as they make their way north to breed. This should be the peak of the spring migration so we will be seeing many of the birds for the first time this year. Dress for the weather and wear boots or sturdy shoes since there may be some damp areas. Bring your bird book if you have one! Heavy rain cancels.

**Walk Leader:** Erin King, Wildlife Biologist  
**Location:** Bicentennial Pond  
*Heading south from UConn on Rt. 195, turn right on Clover Mill Rd. Look for entrance to Bicentennial Pond, 1 mile up on the right.*  
**Date:** Sat., May 10  
**Time:** 8-10 a.m.  
**Fee:** FREE (Limited to 10 participants. Registration by 5/01 is mandatory)  
**Activity #:** 411003-A

### Mom's Day at Bicentennial Pond

Spring is a great season for a walk in the woods to enjoy the first flowers and birds of the year and what better way to treat Mom on her special day than a morning outing? We will stroll around the pond on the fully accessible trail while we learn a little about the birds and wildflowers in the area. This beautiful park was one of the first Mansfield Parks and is still a very popular spot for family recreation.

**Walk Leaders:** Sue & Tom Harrington  
**Location:** Bicentennial Pond  
*Heading south from UConn on Rt. 195, turn right on Clover Mill Rd. Look for entrance to Bicentennial Pond, 1 mile up on the right.*  
**Date:** Sun., May 11  
**Time:** 1 p.m.  
**Fee:** FREE  
**Activity #:** 411004-A



**Connecticut Trails Day is June 7-8, 2025!**

Join CFPA and trail enthusiasts around CT to celebrate the largest Trails Day event in the country. Visit [ctwoodlands.org](http://ctwoodlands.org) to learn about hundreds of guided hikes, bike rides, paddles & more! Learn more at [www.CTwoodlands.org](http://www.CTwoodlands.org)

### Bird Search at (Merrow) Meadow

Join us for some family fun at Merrow Meadow along the Willimantic River as we explore the wonderful birds of Connecticut in the spring! We'll learn about some of the species you're most likely to see in a meadow setting and search the park to see what birds have taken up residence on that day. Most of the path is paved and flat, easily accessible by wheelchair or stroller. All ages welcome. Heavy rain cancels.

**Walk Leaders:** Sue & Tom Harrington  
**Location:** Merrow Meadow Park  
*From the intersection of Route 195 and Route 32, head south on Route 32 for .83 miles. Turn right onto Merrow Road and travel for 0.1 miles. Parking area entrance is on the left.*  
**Date:** Sat., June 7  
**Time:** 10 a.m.  
**Fee:** FREE  
**Activity #:** 411002-A



**Keep an eye out for  
NEW outdoor programs  
in spring 2025!**

**UPCOMING PROGRAMS  
(more information in program flyers)**

Sky Gazers/ Cosmic Awareness  
Guided Forest Hikes & Forest Mindfulness  
Outdoor Photography Walks  
Full Moon & Equinox Gatherings  
These new programs will be led by our new outdoor instructor Chris Dunn!

## Community Gardens

### Mansfield Community Gardens

Enjoy fresh air and fresh produce through gardening. 20' x 30' plots, located on Route 195 north of Mansfield Supply. Planting begins mid to late May. Returning gardeners will be notified by mail about pre-registration and will receive first priority. A few over-winter plots may be available. Once you have registered, you will receive a letter about the location of your garden plot and the recommended gardening practices. Gardeners are required to remove all large weeds, rocks, weed barrier from their plot by the end of the season.

**Location:** Rt. 195, North of Mansfield Supply  
**Fee:** \$25/plot for residents, \$35/plot for non-residents  
**Activity#:** 411004-A (Seasonal)  
 411004-B (Overwinter)



## Painting in the Parks

### Plein Air Painting in the Parks



Looking for additional opportunities to paint with your peers, and get outdoors? Come enjoy some scenery and experience the many beautiful parks Mansfield is fortunate to have. Participated before? How have the views changed? View the location schedule below; meeting time is 10 a.m. on Sundays. Bring your own supplies,

easels, chairs/stools, and paint (or draw, or sketch, whatever your fancy!). No instruction or supervision provided. Inclement weather cancels. All skill levels welcome. Please visit [mansfieldct.gov/park-sandpreserves](http://mansfieldct.gov/park-sandpreserves) for directions and parking information.

**April 20** – Bicentennial Pond  
**May 18** – Commonfields  
**June 15** – Mt. Hope Park

Show Your  For Local



Taste of Mansfield is made possible by these community partners:

**MANSFIELD CONNECTICUT**  
 Your place to grow

Mansfield Advocates for Children  
 Mansfield Agriculture Committee  
 Mansfield Department of Human Services  
 Mansfield Downtown Partnership  
 Mansfield Economic Development Commission  
 Mansfield Parks and Recreation  
 Mansfield Public Library  
 Mansfield Public Schools  
 Mansfield Senior Center  
 Storrs Farmers Market

**UConn**  
 COLLEGE OF AGRICULTURE,  
 HEALTH AND NATURAL  
 RESOURCES  
 EXTENSION

## Potter's Oil Service

### WORRY FREE HEATING



# 860-423-1684

Quality Heating Oil  
 Quality Heating Equipment  
 Quality Service

A family-owned business serving the area with dependable oil heating serving since 1930.  
 North Windham, CT

# Language

## Italian



### Italian (Ages 18+)

Always wanted to learn Italian? Participants in these classes will be introduced to the Italian language and to the culture of Italy. **Participants must provide textbook for all classes: Qui Italia 1 ISBN-10: 88-00-85356-0 (ISBN-13: 978-8800853569) and Qui Italia 2 ISBN-10 88-00-85357-9 (ISBN-13: 978-8800853576) by A. Mazzetti, M. Falcinelli, B. Servadio.**

**Instructor:** *Margherita Balsamo* is a native of Italy, where she visits her family as often as possible. She graduated from the University of Padua (IT) and then lived in Germany for several years before moving to the United States. She taught Italian adult classes in Germany including classes at the Ruhr University of Bochum (Germany). She enjoys learning new languages herself. She has two kids who are growing up successfully trilingual. Margherita loves to teach about her country and her culture with a lot of humor.

### Italian Beginners

This class is for you if you have taken the introductory class or something equivalent. Textbooks listed above are required.

**Location:** CC Community Room  
**Date:** Tues., April 8-June 10 (9 classes) \*no class 4/15  
**Time:** 6:15-7:45 p.m.  
**Fees:** \$108 for residents, \$118 for non-residents  
**Activity #:** 410011-A

### Italian Intermediate

This is the class for you if you feel confident about your basic Italian! Textbooks listed above are required.

**Location:** CC Community Room  
**Date:** Wed., April 2-June 11 (10 classes) \*no class 4/16  
**Time:** 6:15-7:45 p.m.  
**Fees:** \$120 for residents, \$130 for non-residents  
**Activity #:** 410012-A

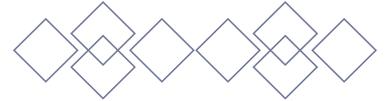
### Italian Advanced

This is the class for you if you would like to improve your intermediate Italian grammar. Textbooks listed above are required.

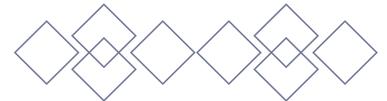
**Location:** CC Community Room  
**Date:** Mon. April 7-June 9 (9 classes) \*no class 4/14 & 5/26  
**Time:** 6:16-7:45 p.m.  
**Fees:** \$108 for residents, \$118 for non-residents  
**Activity #:** 410013-A



*Interested in showing your artwork?*



**APPLY NOW TO  
DISPLAY YOUR  
ARTWORK AT THE  
COMMUNITY CENTER  
OR LENARD HALL!**



Applications can be found at the Community Center, Lenard Hall, or on the Arts Advisory Committee website.

Submit applications by email to [artsadvisory@mansfieldct.org](mailto:artsadvisory@mansfieldct.org) or hard copy at the Community Center to: Arts Advisory Committee, Attention: Bethany Burns.



Visit the AAC website by scanning the QR Code



## Registration Dates

Registration start dates are grouped into the following categories:

**March 17** **Members of the Community Center** may register for Aquatic and Fitness related programs ONLY

**March 20** **Mansfield Residents** who are members begin registration for all other programs/activities  
**Mansfield Residents who are not members** of the community center begin registration for all programs/activities

**March 24** **Non-residents who are members** begin to register for all other programs/activities.

**Non-resident, non-members** begin registration for all programs/activities.



There are 3 different and convenient ways to register for the program(s) you are interested in. Register now and enjoy all the Community Center and the Parks and Recreation Department offers.

**1. WEB:** This is the best option. It allows for immediate confirmation. Log onto [www.mansfieldcc.com](http://www.mansfieldcc.com) click on the on-line registration link. Registration begins at 5:30 a.m. on dates listed. 3% convenience fee applies and is non-refundable.

**2. MAIL-IN:** Fill in registration form and send with separate check for each program to Mansfield Parks and Recreation 10 S. Eagleville Road, Storrs, CT 06268. No registration forms will be accepted with credit card numbers handwritten on them.

**3. IN-PERSON OPTION:** You may bring your registration with payment (credit cards need to be in hand so we can swipe them – we are no longer able to take registration forms with credit card numbers handwritten on them) at the Reception Desk of the Community Center.

**SATISFACTION GUARANTEE:** Satisfaction is the goal of the Parks and Recreation Department. We are committed to offering the best programs and services possible. If, at any time, you are not satisfied with our programs, please let us know your reasons in writing as soon as possible. If we cannot satisfactorily correct your concerns, we will arrange one of the following:

- Repeat the program at no additional charge
- Receive a partial credit that may be applied to another activity
- Receive a partial refund.

**FEE WAIVERS/SCHOLARSHIP FUND:** Program and Community Center Fee Waivers are available to qualified applicants (for Mansfield residents only). Scholarship Fund, supported solely by contributions, is available for residents who need financial assistance in addition to the fee waiver. Fee waivers do not apply to trips, rentals, and/or materials fees.

**WAITING LIST:** If your desired class is filled, you will be put on a waitlist and your money will be returned. Our department will notify you if openings become available.

**SENIOR CITIZENS:** Resident individuals aged 62 and over, will receive a 10% discount off activity fees, excluding trips, rentals, materials fees and memberships.

**CONFIRMATION/RECEIPT:** A Confirmation/receipt of your registration, which will give you enrollment or waitlist information, will be mailed to you. Program information and materials list will also be included on this form (for mail-in and drop-off registrations only. On-line registrants will print their own receipt/confirmation.)

**MINIMUMS & MAXIMUMS:** The Parks & Recreation Department reserves the right to set a minimum and maximum for each program and to cancel any program due to insufficient enrollment.

**REFUNDS:** Due to costs associated with operating each program, we rely on a minimum enrollment to hold classes. Please understand that we cannot issue refunds (except for medical reasons, upon receipt of a physician's note) within seven days (14 days for trip) of the start of a program. Refunds for cancellations made more than seven days prior to the start of a program are issued but a \$5 processing fee is charged. Refunds will not be issued for online registration convenience fees.

**DON'T BE DISAPPOINTED! REGISTER EARLY!**

Unfortunately we are sometimes forced to cancel programs two to three days before the listed program start date because of under-enrollment. Don't be disappointed. Register early!

**REGISTER ONLINE!** **REGISTRATION OPENS ON THE DATES ABOVE**

**MANSFIELD CONNECTICUT**  
Parks & Recreation

### Quick tips:

- If you have participated in a program or membership with us in the past, you already have an online account. **Check your login early** and call 860-429-3015 ext. 0 for password reset assistance.
- If you are new, create an online account before registering.
- Search by the Activity #; don't use filters.
- Current season programs appear first.

Having trouble?  
The online registration tutorial is linked at the top of the webpage.



SCAN THIS QR CODE WITH YOUR PHONE CAMERA OR VISIT [WWW.MANSFIELDCC.COM](http://WWW.MANSFIELDCC.COM)



# Activity Registration Form

PLEASE CHECK REGISTRATION DATES. PLEASE PRINT CLEARLY!

**Online Registration is available. Go to [www.mansfieldcc.com](http://www.mansfieldcc.com) and click on the on-line registration link. If registering for camp, please also fill out the additional camp form for ALL camps.**

MAIL TO: Mansfield Parks & Recreation Department, 10 South Eagleville Road, Storrs/Mansfield CT 06268

Please check here if any of the below information is new.

Primary Household Contact (Parent/Guardian)		Secondary Household Contact (Parent/Guardian)	
Name:		Name:	
Address:			
Town:	Zip:		
Phone: (H)	(W)	Phone: (H)	(W)
(Cell)	Cell Provider:	(Cell)	Cell Provider:
Email Address:		Email Address:	

**LOCAL** Emergency Contact (Other than parent/guardian, i.e. grandparent, neighbor, etc.)

Name:	Phone:
-------	--------

Activity#/Letters	Activity Name	Participant's Last Name	First Name	Birth Date	Gender	Fee
Contribution to Scholarship Fund						

Please check here if you have purchased a Community Center Membership.

*Some Mansfield residents may be eligible for low-income fee reductions. Check with the Parks & Recreation Office for more information and an application.*

Also fill details below for each participant:

	Grade Entering	School	Allergies, Special Asst., Meds, Other Info:
1.			
2.			
3.			
4.			

**PAYMENT INFORMATION:** Please make checks payable to: Town of Mansfield/MCC

Payment Method: Check  Cash (in office only)  AMEX/DS/MC/Visa (in office only)

**(Separate checks required for each program)**

**Credit Cards accepted online and in person only!**

**WAIVER OF PARTICIPANT BY PARENT OR SELF:** I hereby agree to release, discharge, and hold harmless the Town of Mansfield, its directors, officers, employees, agents, contractors, and/or volunteers from any and all liability that may occur during either my participation or the participation of my minor child in the above listed recreational activities. I understand that participation in any recreational sport or activity involves risk, and I grant permission to the Town of Mansfield to utilize any medical emergency services it deems necessary to treat any injuries that I or my minor child may incur. I further understand that the Town of Mansfield does not provide insurance for recreational program participants.

**PHOTO RELEASE:** I understand that for promotional purposes, the Town videotapes and/or takes photographs of participants enrolled in recreational activities, classes or programs. I hereby release and permit the Town of Mansfield to utilize for said promotional purposes any photographs and/or videotapes of me or my minor child engaging in the above listed recreational activities.

Signature: \_\_\_\_\_ Date: \_\_\_\_\_



**MANSFIELD PARKS & RECREATION  
CAMP HEALTH EXAM/RECORD FOR CAMPERS  
Summer 2025**

Please write  
legibly!

Camper Name \_\_\_\_\_ Date of Birth \_\_\_\_\_ Grade entering (Fall 2025) \_\_\_\_\_  
 Parent/Guardian \_\_\_\_\_ Address \_\_\_\_\_  
 Emergency Contact \_\_\_\_\_ Telephone \_\_\_\_\_

**Camp Mansfield Sessions Attending:**

<input type="checkbox"/> Session 1 (6/23-6/27)	<input type="checkbox"/> Session 2 (6/30-7/3)	<input type="checkbox"/> Session 3 (7/7-7/11)	<input type="checkbox"/> Session 4 (7/14-7/18)
<input type="checkbox"/> Session 5 (7/21-7/25)	<input type="checkbox"/> Session 6 (7/28-8/1)	<input type="checkbox"/> Session 7 (8/4-8/8)	<input type="checkbox"/> Session 8 (8/11-8/15)

**Other Sports or Specialty Camp Sessions Attending:** \_\_\_\_\_

Does the camper have allergies? NO  YES  Explain: \_\_\_\_\_  
 Is the camper on a special diet? NO  YES  Explain: \_\_\_\_\_

Describe any current health conditions requiring medications, treatment, or special restrictions or considerations while at camp. \_\_\_\_\_

Authorized camp staff may administer limited medication (epipens, asthma inhalers, or approved extraordinary situations) during the camp day in accordance with town policy. Campers are not allowed to carry their own medications with the exception of inhalers and epipens. Self-administration of epipens and asthma inhalers require a self-administration of medication form to be completed by a parent/guardian **and a medical provider**. Forms available upon request.

Does the camper need special assistance or have any physical, sensorial, or developmental limitation?  
 NO  YES

**If yes, a completed "Special Assistance" form must be returned 15 BUSINESS DAYS BEFORE attending camp.** Please request the special assistance form at the Community Center.

This camper is up-to-date on all the following routine childhood immunizations thru 8/31/25:

	Yes	No		Yes	No
Measles			Hepatitis B		
Mumps			Diphtheria		
Rubella			Pertussis		
Chickenpox			Polio		
Tetanus					

**Comments:** \_\_\_\_\_

\_\_\_\_\_  
 Parent/Guardian Signature

\_\_\_\_\_  
 Date Form Signed

Mansfield Parks & Recreation  
10 South Eagleville Road  
Storrs/Mansfield, CT 06268

Presort Standard  
U.S. Postage PAID  
ECRWSS  
Hartford  
Connecticut  
Permit #1383

\*\*\*\*\*ECRWSS\*\*\*\*\*  
LOCAL POSTAL CUSTOMER

**Spring is right around the corner!**  
**IF YOU'D LIKE TO BE IN YOUR NEW HOME**  
**BY SPRING CONTACT FERRIGNO REALTORS**  
**TODAY TO START YOUR SEARCH!**



**Leverage our 65+ years  
of experience serving our  
local area to help you.**

The Right  
Choice For All  
Your Real  
Estate  
Needs

**FERRIGNO**  
REALTORS'

**STORRS OFFICE**  
1734 STORRS ROAD,  
ROUTE 195, STORRS, CT 06268  
PH: (860) 429-9351

**WILLIMANTIC OFFICE**  
15 MANSFIELD AVENUE,  
WILLIMANTIC, CT 06226  
PH: (860) 456-1554

