



*Designation of July 2025 as Park and Recreation Month*  
Town of Mansfield, Connecticut

**WHEREAS** parks and recreation is an integral part of communities throughout this country, including the Town of Mansfield, Connecticut; and

**WHEREAS** parks and recreation promote health and wellness, improving the physical and mental health of people who live near parks; and

**WHEREAS** parks and recreation promote time spent in nature, which positively impacts mental health by increasing cognitive performance and well-being, and alleviating illnesses such as depression, attention deficit disorders, and Alzheimer's; and

**WHEREAS** parks and recreation encourage physical activities by providing space for popular sports, hiking trails, swimming pools and many other activities designed to promote active lifestyles; and

**WHEREAS** parks & recreation programming and education activities, such as out of-school time programming, youth sports and environmental education, are critical to childhood development;

**WHEREAS** parks and recreation increase a community's economic prosperity through increased property values, expansion of the local tax base, increased tourism, the attraction and retention of businesses, and crime reduction; and

**WHEREAS** parks and recreation is fundamental to the environmental well-being of our community; and

**WHEREAS** parks and recreation is essential and adaptable infrastructure that makes our communities resilient in the face of natural disasters and climate change; and

**WHEREAS** our parks and natural recreation areas ensure the ecological beauty of our community and provide a place for children and adults to connect with nature and recreate outdoors; and

**WHEREAS** the U.S. House of Representatives designated July as Park and Recreation Month; and

**WHEREAS** the Town of Mansfield, Connecticut recognizes the benefits derived from parks and recreation resources.

**NOW THEREFORE, BE IT RESOLVED** BY Mansfield Town Council that July is recognized as Park and Recreation Month in the Town of Mansfield, Connecticut.

*IN WITNESS WHEREOF, I have set my hand and caused the seal of the Town of Mansfield to be affixed on this 10<sup>th</sup> day of June in the year 2025.*

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Antonia Moran, Mayor

Date