

# MARCH 2026 LUNCH MENU

## EO SMITH HIGH SCHOOL



YOU CAN ADD FUNDS TO YOUR STUDENT'S ACCOUNT ONLINE (FEES APPLY), VIEW TRANSACTIONS AND MORE AT [LINQCONNECT.COM](http://LINQCONNECT.COM)

AVOID THE FEES BY SENDING CASH OR CHECK IN TO SCHOOL.

MANY DAILY ALTERNATES AVAILABLE: PLEASE SEE ALTERNATE MENU

COMPLETE LUNCH \$ 4.00

SECOND ENTREE WITH COMPLETE LUNCH PURCHASE \$2.00

MILK ONLY \$0.50

All entrees are served with:

- Fruit (fresh, canned and dried) and assorted fresh veggies and
- Local Mountain dairy milk choices: fat-free chocolate flavored milk, or 1% plain milk



MENUS, FREE/REDUCED MEAL APPLICATION AND MORE FOOD SERVICES INFO CAN BE FOUND AT

WWW.EOSMITH.ORG/FOOD\_SERVICES

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p><b>2</b> <b>BYO BURGERS</b></p> <p>BEEF OR VEGGIE PATTY ON A BUN WITH OUR OWN CRISPY OVEN FRIES</p>	<p><b>3</b> <b>NACHO BAR!</b></p> <p>DEEPLY ROOTED PLANT-BASED CHILI, CORN TORTILLA CHIPS, OUR OWN QUESO AND SPICY BLACK BEANS</p>	<p><b>4</b> <b>DIY RAMEN NOODLE BOWL</b></p> <p>RAMEN NOODLES IN BROTH WITH CHICKEN, EGG OR EDAMAME WITH LOCAL KALE</p>	<p><b>5</b> <b>CLASSIC MEATBALL SUB</b></p> <p>BEEF MEATBALLS, MARINARA &amp; MOZZARELLA CHEESE ON A SUB ROLL WITH GARLIC GREEN BEANS</p>	<p><b>6</b> <b>CREOLE CHICKEN STEW WITH BROWN RICE AND SWEET POTATO CASSEROLE</b></p>
<p><b>9</b></p> <p>TERIYAKI CHICKEN, STEAMED BROWN RICE AND SAUTEED GINGER VEGGIES</p>	<p><b>10</b> <b>FAJITAS!</b></p> <p>CHICKEN OR SOFRITAS TOFU ON TORTILLAS WITH ROASTED ONIONS &amp; RAINBOW PEPPERS</p>	<p><b>11</b> <b>PASTA BAR</b></p> <p>FUSILLI PASTA MARINARA OR ALFREDO SAUCES WITH BEEF MEATBALLS, GARLIC KNOT AND BROCCOLI</p>	<p><b>12</b></p> <p>OUR FRENCH TOAST BAKE WITH TURKEY SAUSAGE AND OUR HOME FRIES</p>	<p><b>13</b> <b>SCHOOL CLOSED</b></p>
<p><b>16</b></p> <p>GRILLED CHEESE SANDWICH WITH OUR OWN TOMATO SOUP</p>	<p><b>17</b> <b>BUILD YOUR OWN BURRITO BOWL</b></p> <p>SEASONED BEEF, CILANTRO-LIME BROWN RICE &amp; SPICY BLACK BEANS</p>	<p><b>18</b></p> <p>HOMEMADE BAKED MAC &amp; CHEESE WITH STEAMED BROCCOLI</p>	<p><b>19</b></p> <p>BBQ CHICKEN DRUMSTICKS WITH OUR OWN CORN BREAD AND LOCAL LETTUCE RANCH SALAD</p>	<p><b>20</b> <b>BYO BURGERS</b></p> <p>BEEF OR VEGGIE PATTY ON A BUN WITH OUR OWN CRISPY OVEN FRIES</p>
<p><b>23</b> <b>EARLY RELEASE</b></p> <p>MOROCCAN STYLE BOWL WITH KATI-KATI CHICKEN AND STEWED CHICKPEAS OVER BROWN RICE</p>	<p><b>24</b></p> <p>CHEESE QUESADILLA SERVED WITH SALSA &amp; SOUR CREAM AND SOUTHWEST BUTTERNUT SQUASH SOUP</p>	<p><b>25</b> <b>PASTA BAR</b></p> <p>FUSILLI PASTA MARINARA OR ALFREDO SAUCES WITH BEEF MEATBALLS, GARLIC KNOT AND BROCCOLI</p>	<p><b>26</b></p> <p>WHITE BEAN &amp; TURKEY CHILI WITH A WARM CHEDDAR BISCUIT AND MEXICAN-STYLE ZUCCHINI</p>	<p><b>27</b></p> <p>NASHVILLE HOT CHICKEN SANDWICH OR PLANT-BASED PATTY ON CIABATTA ROLL WITH STEAK FRIES</p>
<p><b>30</b></p> <p>GRILLED CHEESE SANDWICH WITH OUR OWN TOMATO SOUP</p>	<p><b>31</b> <b>BUILD YOUR OWN BURRITO BOWL</b></p> <p>SEASONED BEEF, CILANTRO-LIME BROWN RICE &amp; SPICY BLACK BEANS</p>	<p><b>APRIL 1</b></p> <p>HOMEMADE BAKED MAC &amp; CHEESE WITH STEAMED BROCCOLI</p>	<p><b>APRIL 2</b></p> <p>BBQ CHICKEN DRUMSTICKS WITH OUR OWN CORN BREAD AND LOCAL LETTUCE RANCH SALAD</p>	<p><b>APRIL 3</b></p> <p><b>BYO BURGERS</b> BEEF OR VEGGIE PATTY ON A BUN WITH OUR OWN CRISPY OVEN FRIES</p>

MENU SUBJECT TO CHANGE WITHOUT NOTICE. THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER.