



MMS School Counseling

A WEEKLY NEWSLETTER ABOUT OUR SCHOOL COUNSELING PROGRAM



WEEK OF JANUARY 15

THIS WEEK

2ND QUARTER IS ENDING SOON!

HELP YOUR CHILD PREPARE FOR A SUCCESSFUL ENDING TO THE 2ND QUARTER BY TOGETHER REVIEWING THEIR POWERSCHOOL PORTAL.



FROM THE STUDENTS..

"SOMETIMES ALL I WANT IS FOR MY PARENTS TO LISTEN TO ME."

8TH GRADE STUDENT

CONNECTING

PLANNING FOR A HEALTHY SUMMER BEGINS NOW!

A FEW SUGGESTIONS TO LOOK INTO:

- MANSFIELD TEEN CENTER (MANSFIELD YOUTH SERVICES)
- HOLIDAY HILL DAY CAMP
- UCONN SPARK (STEM PROGRAM)
- THE MANSFIELD MUSTANGS (MANSFIELD YOUTH SERVICES)



STAY IN TOUCH

MRS. EILEEN MELODY

melodyem@mansfieldct.org
7th and 8th Grade Counselor

MRS. KRISTINA LEE

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5th and 6th Grade Counselor

MRS. JENNIFER ROBERTS

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5th-8th Grade Counseling Support



CONSIDER THIS

MIDDLE SCHOOL IS A TIME WHEN STUDENTS ARE CAUGHT BETWEEN CHILDHOOD AND ADOLESCENCE; THEY FEEL BIG EMOTIONS BUT LACK THE VOCABULARY TO EXPLAIN THESE FEELINGS.

HERE ARE 3 SIMPLE, EMPATHETIC QUESTIONS PARENTS CAN USE TO SUPPORT YOUR CHILD:

- "DO YOU NEED ME TO JUST LISTEN, OR WOULD YOU LIKE ME TO HELP YOU PROBLEM-SOLVE?" (THIS IS OFTEN THE MOST TRANSFORMATIVE QUESTION A PARENT CAN ASK.)
- "I CAN SEE THIS IS REALLY HARD RIGHT NOW. DO YOU WANT SOME SPACE, OR DO YOU WANT SOME COMPANY?"
- "WHAT IS THE 'STICKIEST' PART OF THIS SITUATION FOR YOU?" (THIS HELPS THEM NARROW DOWN A VAGUE CLOUD OF FRUSTRATION INTO A SPECIFIC ISSUE.)





MANSFIELD MIDDLE SCHOOL ASSOCIATION



SAT. MARCH 7 | 6:00PM



vs



TICKETS \$24.51 + after fees

TO ORDER TICKETS ONLINE USE
THE URL OR SCAN THE QR CODE

[https://www.gofevo.com/event/
MansfieldMiddleSchoolAssocHW](https://www.gofevo.com/event/MansfieldMiddleSchoolAssocHW)
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A PORTION OF EACH TICKET WILL
GO BACK TO THE MMSA!

IT IS STAR WARS NIGHT! FIRST 2,500 FANS IN
ATTENDANCE WILL RECEIVE A LIGHTSABER!

DEADLINE TO ORDER: MON. FEB. 20TH BY 5PM

****This offer is NOT available at The Hartford Ticket Office At PeoplesBank Arena or on date of game ****

**FOR MORE INFORMATION & TICKET RELATED
QUESTIONS CONTACT: JULIA BABCOCK**

CONTACTMMSA@GMAIL.COM