



MMS School Counseling

A WEEKLY NEWSLETTER ABOUT OUR SCHOOL COUNSELING PROGRAM



WEEK OF JANUARY 22

THIS WEEK

THE WINDHAM TECH/CTECS APPLICATION CLOSES ON JANUARY 25, 2026.

GO ONLINE AT WINDHAM TECH APPLY TO SUBMIT AN APPLICATION



FROM THE STUDENTS..

"I AM APPLYING TO A COUPLE OF DIFFERENT HIGH SCHOOLS. RIGHT NOW I AM NOT SURE WHERE I WANT TO GO."

8TH GRADE STUDENT

CONNECTING



NEW QUARTER, NEW POSSIBILITIES

MRS. MELODY AND MRS. LEE HOST LUNCH GROUPS TO SUPPORT STUDENTS' SOCIAL SKILL DEVELOPMENT. IF YOU WONDER IF YOUR CHILD CAN PARTICIPATE IN THESE GROUPS, PLEASE REACH OUT TO THEM AND THEY CAN SHARE WITH YOU HOW THIS CAN BE DONE!



STAY IN TOUCH



MRS. EILEEN MELODY
melodyem@mansfieldct.org
7th and 8th Grade Counselor

MRS. KRISTINA LEE
leek@mansfieldct.org
5th and 6th Grade Counselor

MRS. JENNIFER ROBERTS
robertsj@mansfieldct.org
5th-8th Grade Counseling Support



CONSIDER THIS



HELP YOUR CHILD BUILD THEIR TOOLBOX OF SKILLS BY PRIORITIZING EMOTIONAL REGULATION

MARC BRACKETT, DIRECTOR OF YALE'S CENTER FOR EMOTIONAL INTELLIGENCE, IN HIS NEWEST BOOK, DEALING WITH FEELING, EXPLAINS THAT THE SKILL OF EMOTIONALLY REGULATING IS NOT PRIORITIZED IN OUR SOCIETY. HE GOES ON TO EXPLAIN THAT WE ALL CAN LEARN STRATEGIES FOR REGULATING OUR EMOTIONS SO THAT EACH OF US HAS SOME CONTROL IN SITUATIONS. CONTROL HELPS MITIGATE FEELING OVERWHELMED OR ANXIOUS, FOR EXAMPLE.

AS PARENTS AND EDUCATORS WE CAN TEACH AND MODEL EMOTIONAL REGULATION. IN THE NEXT EDITION WE WILL SHARE A STRATEGY.



MANSFIELD MIDDLE SCHOOL ASSOCIATION



SAT. MARCH 7 | 6:00PM



VS



TICKETS \$24.51 + after fees

TO ORDER TICKETS ONLINE USE
THE URL OR SCAN THE QR CODE

[https://www.gofevo.com/event/
MansfieldMiddleSchoolAssocHW](https://www.gofevo.com/event/MansfieldMiddleSchoolAssocHW)
P26



**A PORTION OF EACH TICKET WILL
GO BACK TO THE MMSA!**

**IT IS STAR WARS NIGHT! FIRST 2,500 FANS IN
ATTENDANCE WILL RECEIVE A LIGHTSABER!**

DEADLINE TO ORDER: MON. FEB. 20TH BY 5PM

****This offer is NOT available at The Hartford Ticket Office At PeoplesBank Arena or on date of game ****

**FOR MORE INFORMATION & TICKET RELATED
QUESTIONS CONTACT: JULIA BABCOCK**

CONTACTMMSA@GMAIL.COM



College Fair & Networking Event

TAKING PLACE AFTER THE COLLEGE FAIR

THE PRESIDENT'S RECEPTION

FEBRUARY 7TH, 2026

CONNECTICUT SCIENCE CENTER

2:30PM - 5PM

PROCEEDS FROM THIS EVENT WILL GO TOWARDS SHEBA'S YOUTH EMPOWERMENT PROGRAM

GENERAL ADMISSION IS \$20



Sonserae Cicero
CEO of SHEBA



Dr. Makola M. Abdullah
President of Virginia State University

FREE GENERAL ADMISSION

COLLEGE/CAREER VENDOR PASS
\$100

SMALL BUSINESS VENDOR PASS
\$150

SATURDAY FEBRUARY 7TH, 2026

COLLEGE INFORMATIONAL SESSIONS, ON-SITE ACCEPTANCE, FIRESIDE CHAT WITH OUR KEYNOTE SPEAKER, PANEL DISCUSSIONS, PRIZES, AND MORE

HBCUs
Community Colleges
State Colleges
Sponsorships and donations available

10AM-2PM

CONNECTICUT SCIENCE CENTER
250 COLUMBUS BLVD
HARTFORD, CT 06103

Register Now



2025-2026
Mansfield Middle School
YEARBOOK
On Sale Now - Order Before April 11, 2026
Yearbook price \$28.00

You can purchase yearbooks online now!

Simply go to <https://jostensyearbooks.com/?REF=A01085650> and select Mansfield Middle School as your school. Just follow the prompts to order your yearbook!

Order online at <https://jostensyearbooks.com>
Click on Yearbook then click on **"Buy Your Yearbook"**
Enter the school name, city and state, then place your order.

If you have any questions or need assistance, feel free to contact yearbook advisor Jenny Roberts via email at robertsj@mansfieldct.org

You can order a yearbook by sending in a check made payable to: MMS STUDENT ACTIVITY FUND

Please print and return to homeroom teacher with payment

Student Name _____ Grade _____ HR # _____

Name of person ordering _____

Number of yearbooks ordered _____

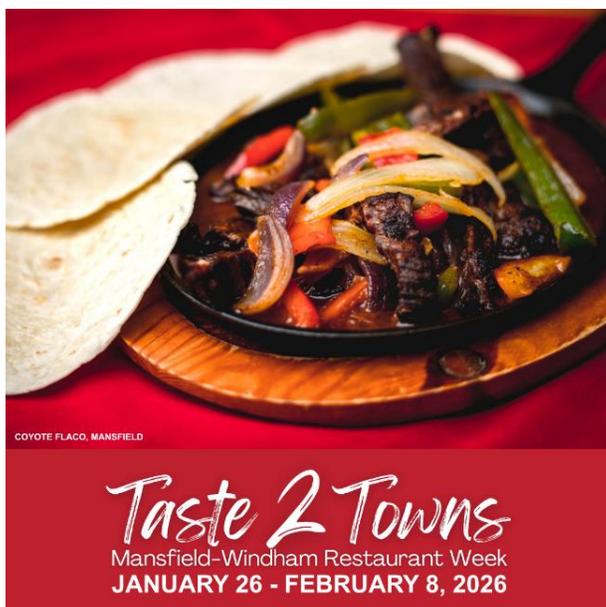
Amount enclosed _____ Cash or Check _____

Taste 2 Towns

Mansfield-Windham Restaurant Week

Popular Taste 2 Towns Returns for Fifth Year with 29 Participating Restaurants January 26 to February 8!

Special "Kids Night Out" January 30 at Mansfield Community Center Offers Free Childcare so Adults Can Enjoy a Taste 2 Towns Dinner Out!



From chef-driven full-service establishments to beloved counter-service favorites, 29 restaurants in Windham and Mansfield are showing off their best bites for Restaurant Week. The two weeks of delicious known as Taste 2 Towns returns Monday, January 26 to Sunday, February 8, 2026.

Find all the participating restaurant menus and deals at Taste2Towns.com

Thanks to a collaboration between the Mansfield Downtown Partnership and the Mansfield Community Center (MCC), families can register their children for FREE for Kid's Night Out on Friday, January 30. Ages 5 to 12.

This provides adults a chance to dine out and be part of Taste 2 Towns Restaurant Week while their children have fun at MCC!

[Register with MCC by Monday, January 26](#)

(Activity #390095-A)

Pizza, Playtime, Active Games & More!

KID'S NIGHT OUT

Parents! We encourage you to grab dinner at one of the many restaurants part of Taste 2 Towns!

This event is sponsored by **Taste 2 Towns**
Mansfield-Windham Restaurant Week

PAJAMA PARTY FUN!
8PM PICK-UP

Friday, January 30, 2026, 5 p.m. to 8 p.m.
at the Mansfield Community Center

FREE!
Limited Spaces! Registration Closes Monday, 1/26
Register Today! Activity # 390095-A

AGES 5 TO 12 NO PARENTS ALLOWED!

ENJOY A NIGHT OUT YOURSELF!

MANSFIELD DOWNTOWN PARTNERSHIP
Business and Community

MANSFIELD COMMUNITY CENTER 10 S. EAGLEVILLE ROAD, STORRS, CT 06268
860.429.305 WWW.MANSFIELDCC.COM