

JOIN US

7th and 8th grade

*Winter
party*



When

February 27, 2026

MMS

2:45PM - 4:30PM

Admission Cost:

\$5 or 2 Cans/Boxes

Permission slip &

**Donations will be collected
during C & D Lunch**

**Pizza, snacks, drinks, and
photobooth pictures for sale at
the party**



MMS School Counseling

A WEEKLY NEWSLETTER ABOUT OUR SCHOOL COUNSELING PROGRAM



WEEK OF FEBRUARY 26

THIS WEEK

MID 3RD QUARTER

BY THIS POINT, THE NOVELTY OF THE SCHOOL YEAR HAS LONG FADED, AND THE FINISH LINE STILL FEELS MILES AWAY. IT'S COMMON FOR GRADES TO DIP SLIGHTLY OR FOR "EASY" ASSIGNMENTS TO BE MISSED; INSTEAD OF JUMPING TO DISCIPLINE, TRY A "SYSTEMS CHECK" TO SEE IF YOUR CHILD'S ORGANIZATIONAL TOOLS (PLANNERS, DIGITAL FOLDERS) NEED A RESET.



FROM THE STUDENTS..

"I'M GLAD TO BE BACK IN SCHOOL. I WAS GETTING BORED AT HOME AND I MISSED MY FRIENDS."

A 7TH GRADE STUDENT

CONNECTING

WITH DAYLIGHT HOURS INCREASING, MANY STUDENTS START SACRIFICING SLEEP.

SINCE THE ADOLESCENT BRAIN IS STILL UNDER "CONSTRUCTION," TIREDNESS OFTEN LOOKS LIKE IRRITABILITY OR DEFIANCE RATHER THAN "SLEEPINESS."

CONSISTENT BEDTIMES ARE MORE PROTECTIVE NOW THAN THEY WERE IN SEPTEMBER.



STAY IN TOUCH

MRS. EILEEN MELODY
melodyem@mansfieldct.org
7th and 8th Grade Counselor

MRS. KRISTINA LEE
leek@mansfieldct.org
5th and 6th Grade Counselor

MRS. JENNIFER ROBERTS
robertsj@mansfieldct.org
5th-8th Grade Counseling Support



CONSIDER THIS

AS STUDENTS HAVE COME BACK AFTER A BREAK IN OUR TYPICAL SCHOOL ROUTINE, HELPING THEM RECALIBRATE THEIR "INTERNAL CLOCK" WITH AN EXTRA DOSE OF PATIENCE CAN MAKE THE TRANSITION MUCH SMOOTHER FOR EVERYONE.

YOU MIGHT FIND THAT SIMPLY ASKING WHAT THEY NEED TO FEEL ORGANIZED FOR THE DAY—RATHER THAN POINTING OUT WHAT'S MISSING—EMPOWERS THEM TO TAKE THE LEAD ON THEIR OWN RE-ENTRY. IT'S ALSO HELPFUL TO KEEP THE EVENING LOW-KEY, GIVING THEM SPACE TO DECOMPRESS FROM THE SOCIAL AND ACADEMIC ENERGY REQUIRED TO GET BACK INTO THE SWING OF THINGS.



MMS Athletic Clearance for School Sports

To: Parents/Guardians of students in Grade 7 and Grade 8

I hope everyone has had a great Winter. We are looking forward to the start of the Spring athletic season. Baseball, Softball and Track will begin on Monday, March 23. Baseball and softball will have three days of tryouts, 3/23-3/25. Track & field is a non-tryout team. There will be an informational meeting with students interested in being on one of the teams in early March during school. Below are links with information about the teams and season. The season schedules can be found on our athletic page on the school website. If you have additional questions please reach out to me at bucktr@mansfieldct.org and if a follow up phone call is needed I would be happy to do that as well.

The sports registration process at MMS will be as follows. Students who plan to participate in school sports must have the required forms listed below on file **prior to tryouts and practices**.

***All forms should be handed in to Mr. Buck ASAP but no later than Monday, March 23. Forms can also be filled out and emailed to Ted Buck (Athletic Director) at any point beginning immediately. Forms can be sent to bucktr@mansfieldct.org.**

****Students who participated in athletics during the Fall or Winter do not need to complete new forms unless something has changed with health, personal information or contacts.**

Required Forms Include:

1. **Sports Permission Form**-completed by parent/guardian and signed by parent/guardian.
2. **Concussion & Cardiac Arrest Consent Policy**- To review our current Concussion and Cardiac Arrest Consent Policy please click on this link:
https://docs.google.com/document/d/1Siw9xh8CqtBgQ33bTmVy9yEOWY1aAyRY8_IC1r7Cr0/edit?usp=sharing After reviewing the policy please sign the disclosure at the bottom of the **Sports Permission Form**.
3. **Sports Participation Health Record**-completed and signed by a parent/guardian and student.
4. **Physical Exam**-Completed by an MD, PA or APRN. **Physicals are valid for 2 calendar years and may expire during the school year. This will be verified and checked by the school nurse prior to tryouts. Families have been notified if they need a new physical.**

If students fail to hand in the forms to Mr. Buck **prior to tryouts or practice**, they will not be permitted to participate until they do so.

Fall Sports	Winter Sports	Spring Sports
<i>Tryouts in September</i>	<i>Tryouts in December</i>	<i>Tryouts in March</i>
Boys & Girls Soccer	Boys & Girls Basketball	Boys Baseball
Boys & Girls Cross Country (no tryouts)		Girls Softball
		Boys and Girls Track & Field (no tryouts)

Copies of the required forms can be found at the following links as well as on the Athletics page:

Sports Permission Form:

<https://drive.google.com/file/d/1qgD6LdxO-4OSDmca4yQq-cotGE4paDM-/view?usp=sharing>

Concussion and Cardiac Arrest Consent Policy:

https://docs.google.com/document/d/1Siw9xh8CqtBgQ33bTmVy9yEQWY1aAyRY8_ICl1r7Cr0/edit?usp=sharing

Sports Participation Health Record:

<https://drive.google.com/file/d/1FkONRHkxmXU2q6mhV2ArBR5mSeJxvMOZ/view?usp=sharing>

Physical Examination:

Only needed if expired or will expire prior to conclusion of season (nurse will contact if needed):

<https://docs.google.com/document/d/1K6dWpKCJwbpJ9ZKxv-ffysU7jxnWagFYD1RMHO DgZZO/edit?usp=sharing>

Sincerely,

Ted Buck
Athletic Director

STATE REGULATION FOR SPORTS PARTICIPANTS REGARDING MEDICATION:

Student medications (inhaler or EpiPen) from the health room cannot be shared with coaches for use during interscholastic sports. If your child has an authorization for these medications on file in the health room, an additional inhaler or EpiPen must be provided for use during interscholastic sports.

Important Note to Parents/Guardians:

The MMS Health Room closes daily at 3:00. There is **no nursing coverage** for after school clubs, sports or activities. If your child has a known medical need (such as; asthma, severe allergy, seizures, diabetes...) and may need medication or medical supervision during after school sports, a parent/guardian must contact the school nurse in order to make the necessary plans or arrangements. The appropriate care and guidelines will be delegated to the coaches. MMS does not provide nursing coverage beyond the school day. These arrangements will need to be updated for each sport your child participates in each quarter.

READ ACROSS AMERICA

March 2nd - 6th 2026

**MON
02**

Sport Team Pride- wear a jersey from your favorite team

Drop Everything and Read!

9:00 - 9:55

Please make you have books before the activity begins.

Dress Like a Teacher/Student Day

5/7 Book Partners

Grades 5 and 7 will partner up during WIN with their assigned homerooms for fun reading activities.

**TUES
03**

**WED
04**

The Great Outdoors - wear plaid, flannel or a sun hat like you're hiking the trails

6/8 Book Partners

Grades 6 and 8 will partner up during WIN with their assigned homerooms for fun reading activities

Coastal Vibes - wear sunglasses or anything tropical

Field Trip to MES

Students who signed up will take a field trip in the afternoon to read to MES classes.

**THU
05**

**FRI
06**

Dress Like a Character Day

Book Trivia

In the cafeteria during the lunch waves. Answer book themed trivia to earn prizes!

$\frac{7}{8}$ Author Talk during lunches

*VEGETARIAN ITEM

MARCH 2026 LUNCH MENU

MANSFIELD MIDDLE

YOU CAN ADD FUNDS TO YOUR STUDENT'S ACCOUNT ONLINE (FEES APPLY) AT LINCCONNECT.COM OR AVOID THE FEES BY SENDING CASH OR CHECK IN TO SCHOOL.

COMPLETE LUNCH \$ 3.75
MILK ONLY \$0.50

ALL ENTREES ARE SERVED WITH:

- FRUIT (FRESH, CANNED AND DRIED) AND
- ASSORTED FRESH VEGGIES AND
- LOCAL MOUNTAIN DAIRY MILK CHOICES:
FAT-FREE CHOCOLATE FLAVORED MILK,
OR 1% PLAIN MILK



NO SAD LUNCHESES! PLEASE ENCOURAGE KIDS TO ASK IF THEY NEED SOMETHING. WE ARE HAPPY TO HELP!

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 GRILLED CHEESE* WITH OUR OWN TOMATO SOUP	3 CHICKEN FAJITA STEW WITH BROWN RICE AND GARLICKY GREEN BEANS	4 OUR OWN RAMEN NOODLE BOWL* WITH CHICKEN OR STEAMED EDAMAME* AND BROCCOLI	5 CHEESE FILLED BREAD STICKS* WITH OUR HUMMUS AND VEGGIES TO DIP	6 CHICKEN POT PIE WITH BISCUIT TOPPING AND ROASTED POTATOES
9 CRISPY BUFFALO OR PLAIN CHICKEN OR PLANT BASED* TENDERS WITH CINNAMON SWEET POTATOES AND CORNBREAD	10 BEEF OR JUST BEAN* CHILI WITH CORN TORTILLA CHIPS AND CONFETTI CORN SALAD	11 EARLY DISMISSAL LASAGNA ROLL-UP WITH MARINARA SAUCE AND GARLICKY GREEN BEANS	12 EARLY DISMISSAL CHEESE PIZZA BITES* WITH LOCAL LETTUCE & RANCH SALAD	13 EARLY DISMISSAL ALL BEEF HOT DOGS ON A ROLL WITH NEW ENGLAND STYLE BAKED BEANS*
16 ALL BEEF OR VEGGIE BURGER* ON A BUN WITH ROASTED SWEET POTATOES	17 JUST CHEESE QUESADILLA* WITH SALSA AND MEXICAN- STYLE ZUCCHINI AND CORN	18 OUR OWN MACARONI AND CHEESE* WITH ROASTED BROCCOLI	19 PEPPERONI OR CHEESE* PIZZA SLICE SERVED WITH HUMMUS AND VEGGIES TO DIP	20 MIDDLE EASTERN INSPIRED CHICKEN SHAWARMA WITH BROWN RICE AND GARLIC ROASTED POTATOES
NEW 23 BROCCOLI & CHEESE FRITTATA* WITH A WARM ROLL AND OUR HOME FRIES	24 WHITE BEAN & CHICKEN CHILI WITH WHOLE WHEAT CHEDDAR DROP BISCUITS	25 JAPANANESE INSPIRED TERIYAKI- STYLE CHICKEN OR TOFU* WITH BROWN RICE AND STIR-FRY VEGETABLES	26 PEPPERONI OR CHEESE* PIZZA SLICE SERVED WITH POWER KALE CAESAR SALAD	27 BBQ CHICKEN DRUMSTICK OR TOFU* WITH HOMEMADE CORNBREAD AND CARROTS WITH RANCH DIP
30 ALL BEEF OR VEGGIE BURGER* ON A BUN WITH ROASTED POTATOES	31 SEASONED, SHREDDED CHICKEN OR JUST CHEESE* WITH LETTUCE IN A HARD TACO SHELL SERVED WITH SALSA & MILD SPICY BEANS	APRIL 1 PASTA* & MARINARA SAUCE WITH BEEF MEATBALLS AND RANCH SALAD	APRIL 2 CHEESE* OR PEPPERONI PERSONAL PIZZA WITH CARROTS AND RANCH TO DIP	APRIL 3 CHICKEN CREOLE STEW WITH BROWN RICE AND GARLICKY GREEN BEANS

MENU SUBJECT TO CHANGE WITHOUT NOTICE. THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER.
DAILY ALTERNATES: PIZZA, PEANUT BUTTER & JELLY OR TURKEY & CHEESE SANDWICHES,
YOGURT PARFAITS AND BENTO-STYLE BOXES



MANSFIELD MIDDLE SCHOOL ASSOCIATION



SAT. MARCH 7 | 6:00PM



vs



TICKETS \$24.51 + after fees

TO ORDER TICKETS ONLINE USE
THE URL OR SCAN THE QR CODE

[https://www.gofevo.com/event/
MansfieldMiddleSchoolAssocHW](https://www.gofevo.com/event/MansfieldMiddleSchoolAssocHW)
P26



A PORTION OF EACH TICKET WILL
GO BACK TO THE MMSA!

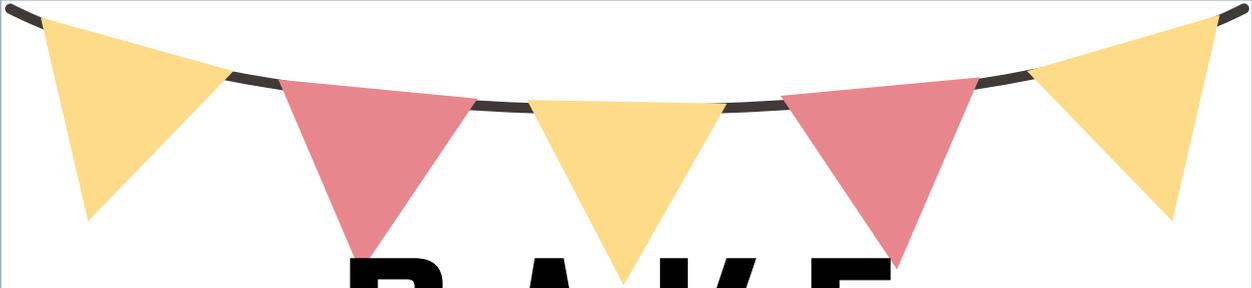
IT IS STAR WARS NIGHT! FIRST 2,500 FANS IN
ATTENDANCE WILL RECEIVE A LIGHTSABER!

DEADLINE TO ORDER: MON. FEB. 20TH BY 5PM

****This offer is NOT available at The Hartford Ticket Office At PeoplesBank Arena or on date of game ****

**FOR MORE INFORMATION & TICKET RELATED
QUESTIONS CONTACT: JULIA BABCOCK**

CONTACTMMSA@GMAIL.COM



BAKE SALE

during the

MMS SLCC CONFERENCES

MARCH 11: 12:30-3:00PM

MARCH 12: 5:00-7:00PM

MARCH 13: 12:30-3:00PM

All proceeds go to the MMSA, which in turn funds teacher grants and student needs.



Please email contactmmsa@gmail.com
if you are able to donate baked goods
to the cause!



WILLIMANTIC ELKS & ANTLERS 1311

IN PARTNERSHIP WITH THE WINDHAM PREVENTION COALITION,
WILLIMANTIC POLICE & FIRE DEPARTMENT,
AND TONY'S PIZZA PRESENT

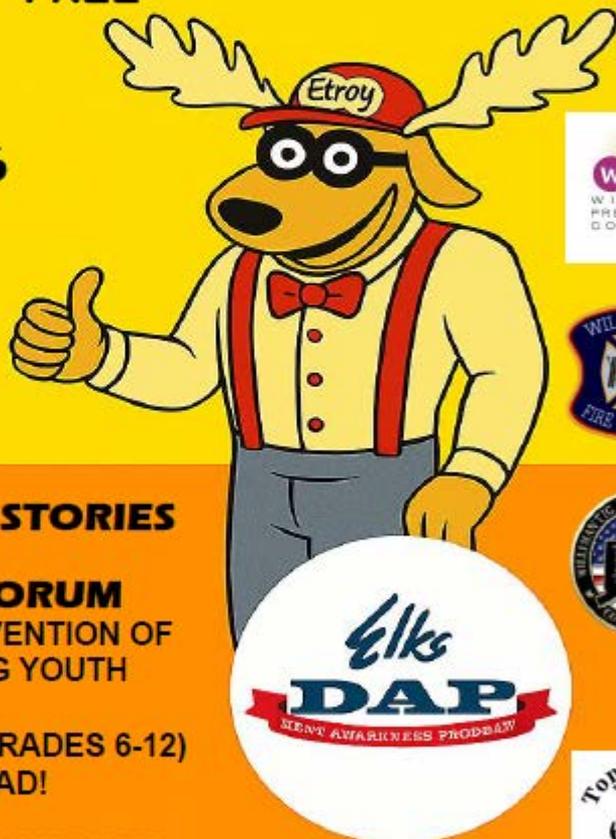
DRUG AWARENESS & KID SAFETY EVENT

FOR PARENTS & YOUTH

LUNCH INCLUDED – FREE
PASTA LUNCH FOR ALL

SATURDAY
MARCH 14, 2026
12pm – 3pm

ELKS LODGE 1311
(LOWER HALL)
198 PLEASANT ST.
WILLIMANTIC, CT



✓ **HEAR POWERFUL STORIES**

✓ **PARENT/ADULT FORUM**
21 FOR A REASON: PREVENTION OF
SUBSTANCE USE AMONG YOUTH

✓ **YOUTH FORUM:** (GRADES 6-12)
ENGAGE, EMPOWER, LEAD!

✓ **FREE SAFETY GIVEAWAYS:** (WHILE SUPPLIES LAST)
BIKE HELMETS, SMOKE ALARMS & CARBON MONOXIDE DETECTORS

THIS EVENT IS FREE AND OPEN TO THE COMMUNITY.
PARENTS & CHILDREN ARE ENCOURAGED TO ATTEND TOGETHER.

RSVP by MARCH 8

Email the WillimanticElksEvents@gmail.com
Include attendee names and children's ages.

Those under 18 years of age to be accompanied by an adult.

WILLIMANTIC ELKS & ANTLERS 1311

EN COLABORACIÓN CON LA COALICIÓN DE PREVENCIÓN DE WINDHAM, EL DEPARTAMENTO DE POLICÍA Y BOMBEROS DE WILLIMANTIC Y TONY'S PIZZA PRESENTAN

EVENTO DE CONCIENTIZACIÓN SOBRE DROGAS Y SEGURIDAD INFANTIL

PARA PADRES Y JÓVENES

Habrà traductores de español disponibles durante el evento.

ALMUERZO INCLUIDO – GRATIS

Almuerzo de pasta gratuito para todos

SÁBADO

14 DE MARZO DE 2026

12pm – 3pm

ELKS LODGE 1311

(SALÓN INFERIOR)
198 PLEASANT ST.
WILLIMANTIC, CT

✓ **ESCUCHE TESTIMONIOS PODEROSOS**

✓ **FORO PARA PADRES Y ADULTOS**

21 POR UNA RAZÓN: Prevención del uso de sustancias entre jóvenes

✓ **FORO JUVENIL: (GRADOS 6-12)**

¡Participa, empodérate y lidera!

✓ **OBSEQUIOS GRATUITOS DE SEGURIDAD:**

Cascos para bicicletas, alarmas de humo y detectores de monóxido de carbono (Mientras duren las existencias)



ESTE EVENTO ES GRATUITO Y ABIERTO A LA COMUNIDAD

Se anima a padres e hijos a asistir juntos.

CONFIRMAR ASISTENCIA ANTES DEL 8 DE MARZO

Enviar un correo electrónico a: WillimanticElksEvents@gmail.com

Incluir los nombres de los asistentes y las edades de los niños.

Los menores de 18 años deben estar acompañados por un adulto.

Willington/Ashford/Mansfield & Surrounding towns

WAM United Soccer Club SPRING Registration 2026 is OPEN!



Serving the community since 1971

We love and appreciate our sponsors!

Gansett Wraps

Pizza Mike's Pizzeria

Storrs Family Dentistry

Village Springs

Raggi State Farm Insurance

King Home Selling Team

Nautical Bowls

Julien's Roofing

Lindsey Niarhakos RE/MAX One

Want to be a sponsor? Contact us at
wamunitedsoccerclub@gmail.com

WAM Programs:

- Little Kicks 2019-2022 Birth Year
- Developmental Program 2018-2019 Birth Year
- Recreation Program 2011-2017 Birth Year
- *Competitive Program 2011-2017 Birth Year
 - *Invitation only based on previous tryout
- Potential U19 co-ed team for high schoolers- if there is enough interest

Register at:

www.wamunited.com

Registration Deadline:

February 22, 2026 - Early Bird Price

March 15, 2026- Regular Price

*WAM believes that cost should never prevent any child from playing soccer. Please email us at the email below if the cost of registration is an issue for your family this season.

If you have any questions, please contact us at
wamreg2026@gmail.com

Coaches/Volunteers

WAM is currently in need of parents/volunteers willing to be involved as coaches, assistant coaches and managers. We are also looking for those who want to work with us on the board. Contact us at
wamunitedsoccerclub@gmail.com



PJ Run For a Cause

5K Run/Walk & Kids Fun Run

Supporting the Betsy Hamill Campership Program.
Providing the experience of summer camp to families in need.

Saturday, March 28th, 12:30 Start

Mansfield Middle School

(205 Spring Hill Road, Mansfield, CT)

Register by February 28th for lowest price.

First 100 registrants get a FREE T-shirt.

Register Here

Or by scanning the QR code

For more race information:

www.runsignup.com/Race/CT/StorrsMansfield/PJRunForACause5K

Contact Human Services

Phone: 860-429-3315

Email: human.services@mansfieldct.org

<https://www.mansfieldct.gov/2716/Giving-Donations>

Scan me



2025-2026
Mansfield Middle School
YEARBOOK
On Sale Now - Order Before April 11, 2026
Yearbook price \$28.00

You can purchase yearbooks online now!

Simply go to <https://jostensyearbooks.com/?REF=A01085650> and select Mansfield Middle School as your school. Just follow the prompts to order your yearbook!

Order online at <https://jostensyearbooks.com>
Click on Yearbook then click on **"Buy Your Yearbook"**
Enter the school name, city and state, then place your order.

If you have any questions or need assistance, feel free to contact yearbook advisor Jenny Roberts via email at robertsj@mansfieldct.org

You can order a yearbook by sending in a check made payable to: MMS STUDENT ACTIVITY FUND

Please print and return to homeroom teacher with payment

Student Name _____ Grade _____ HR # _____

Name of person ordering _____

Number of yearbooks ordered _____

Amount enclosed _____ Cash or Check _____



PRESENTED BY MMSA

FLOWER POWER FUNDRAISER

Spring will be here soon and you know what that means! You will need beautiful flowers to plant in your garden. Please purchase some bulbs and seeds to help support the Mansfield Middle School Association.

**CLICK LINK BELOW OR SCAN
QR CODE TO PURCHASE**

<https://www.flowerpowerfundraising.com/index.php/marketplace/seller/profile/show/mmsroadrunners>



**Sale ends on May 15th . All purchases are shipped directly to the buyer.
If you have any questions please email contactmmsa@gmail.com**