

**FREE!**

**REGISTRATION  
REQUIRED!  
HOME  
MONITOR  
INCLUDED**

**UPCOMING  
BLOOD PRESSURE  
CONTROL  
CLASSES**

*No residency or age  
requirements*

**ASHFORD SENIOR CENTER**

FEBRUARY 12, 19, & 26 FROM 10-11 AM

**MANSFIELD SENIOR CENTER**

MARCH 10 & 24 10-11 AM WITH ONLINE  
CONTENT TO COVER AT HOME

*love your  
heart!*



**DETAILS &  
REGISTRATION:**

**GO TO HOT TOPICS AT  
EHHD.ORG  
or call the main office:  
860-429-3325**

**WILLIMANTIC ELKS & ANTLERS 1311**

IN PARTNERSHIP WITH THE WINDHAM PREVENTION COALITION,  
WILLIMANTIC POLICE & FIRE DEPARTMENT,  
AND TONY'S PIZZA PRESENT

# **DRUG AWARENESS & KID SAFETY EVENT**

## **FOR PARENTS & YOUTH**

**LUNCH INCLUDED – FREE**  
PASTA LUNCH FOR ALL

**SATURDAY**  
**MARCH 14, 2026**  
12pm – 3pm

**ELKS LODGE 1311**  
(LOWER HALL)  
198 PLEASANT ST.  
WILLIMANTIC, CT

✓ **HEAR POWERFUL STORIES**

✓ **PARENT/ADULT FORUM**  
21 FOR A REASON: PREVENTION OF  
SUBSTANCE USE AMONG YOUTH

✓ **YOUTH FORUM:** (GRADES 6-12)  
ENGAGE, EMPOWER, LEAD!

✓ **FREE SAFETY GIVEAWAYS:** (WHILE SUPPLIES LAST)  
BIKE HELMETS, SMOKE ALARMS & CARBON MONOXIDE DETECTORS



THIS EVENT IS FREE AND OPEN TO THE COMMUNITY.  
PARENTS & CHILDREN ARE ENCOURAGED TO ATTEND TOGETHER.

RSVP by MARCH 8

Email the [WillimanticElksEvents@gmail.com](mailto:WillimanticElksEvents@gmail.com)

Include attendee names and children's ages.

*Those under 18 years of age to be accompanied by an adult.*



## WILLIMANTIC ELKS & ANTLERS 1311

EN COLABORACIÓN CON LA COALICIÓN DE PREVENCIÓN DE  
WINDHAM, EL DEPARTAMENTO DE POLICÍA Y BOMBEROS DE  
WILLIMANTIC Y TONY'S PIZZA PRESENTAN

# EVENTO DE CONCIENTIZACIÓN SOBRE DROGAS Y SEGURIDAD INFANTIL

## PARA PADRES Y JÓVENES

*Habrán traductores de español disponibles durante el evento.*

### ALMUERZO INCLUIDO – GRATIS

Almuerzo de pasta gratuito para todos

SÁBADO

**14 DE MARZO DE 2026**

12pm – 3pm

**ELKS LODGE 1311**

(SALÓN INFERIOR)  
198 PLEASANT ST.  
WILLIMANTIC, CT



✓ **ESCUCHE TESTIMONIOS PODEROSOS**

✓ **FORO PARA PADRES Y ADULTOS**  
21 POR UNA RAZÓN: Prevención del  
uso de sustancias entre jóvenes

✓ **FORO JUVENIL: (GRADOS 6-12)**  
¡Participa, empodérate y lidera!

✓ **OBSEQUIOS GRATUITOS DE SEGURIDAD:**  
Cascos para bicicletas, alarmas de humo y detectores de  
monóxido de carbono (Mientras duren las existencias)

**ESTE EVENTO ES GRATUITO Y ABIERTO A LA COMUNIDAD**

Se anima a padres e hijos a asistir juntos.

**CONFIRMAR ASISTENCIA ANTES DEL 8 DE MARZO**

Enviar un correo electrónico a: [WillimanticElksEvents@gmail.com](mailto:WillimanticElksEvents@gmail.com)

Incluir los nombres de los asistentes y las edades de los niños.

*Los menores de 18 años deben estar acompañados por un adulto.*

<https://www.runyourcity.org/run-storrs>

SIGN UP NOW!!



**run**  
**your**  
**city**

# RUN YOUR CITY

SUNDAYS 1-2PM

3/15/26 - 5/3/26

NO SESSION 3/22/26 & 4/5/26

FREE ADMISSION - KIDS K-8

RUN YOUR CITY IS A NON-PROFIT RUNNING  
CAMP FOR KIDS HOSTED BY COLLEGIATE  
ATHLETES AT UCONN! EVERYONE IS  
WELCOME!

**LOCATION:** COVENTRY HIGH SCHOOL TRACK  
78 RIPLEY HILL ROAD, COVENTRY, CT 06238





[www.4hcampct.org](http://www.4hcampct.org)



## OPEN HOUSE WINDHAM-TOLLAND 4-H CAMP

- Take a Tour
- Meet the Staff
- Have a Snack



326 Taft Pond Rd  
Pomfret Ctr. CT 06259

860-974-3379

## Register for Camp

### March 15<sup>th</sup> 2-4pm

LICENSED BY THE STATE OF CT, ACA ACCREDITED

**WE'RE LOOKING FOR WRITERS!**

**ASAP!'s**  
21ST ANNUAL  
**CELEBRATION**  
**OF YOUNG**  
**WRITERS**

**SUBMIT BY  
MARCH 22**

**FREE!**

**GRADES  
K-12**

Express your creativity and share your stories! All public, private, and homeschooled students are encouraged to submit a piece of writing to our annual juried event. Selected texts will be featured in a publication and on stage at ASAP! Celebrates Courage on May 30, 2026.

Visit our website to read last year's entries, check the writing guidelines, and submit your entry.

**ASAPCT.ORG**





Human Services



# PJ Run For a Cause

## 5K Run/Walk & Kids Fun Run

Supporting the Betsy Hamill Campership Program.  
Providing the experience of summer camp to families in need.

**Saturday, March 28th, 12:30 Start**

**Mansfield Middle School**

(205 Spring Hill Road, Mansfield, CT)

Register by February 28<sup>th</sup> for lowest price.

First 100 registrants get a FREE T-shirt.

**Register Here**

Or by scanning the QR code

For more race information:

[www.runsignup.com/Race/CT/StorrsMansfield/PJRunForACause5K](http://www.runsignup.com/Race/CT/StorrsMansfield/PJRunForACause5K)

### **Contact Human Services**

Phone: 860-429-3315

Email: [human.services@mansfieldct.org](mailto:human.services@mansfieldct.org)

<https://www.mansfieldct.gov/2716/Giving-Donations>

Scan me





# VOLUNTEERS NEEDED

## CTMOM 2026 MANSFIELD

The Connecticut Foundation for Dental Outreach (CFDO) facilitates the delivery of charitable dental care to the underserved. Each year, the CFDO organizes the Connecticut Mission of Mercy (CTMOM) Free Dental Clinic. These clinics provide much needed dental care to patients free of charge. Every year, the CTMOM project is held in a different location throughout the state

Let's Do This!

**APRIL  
17-18**



### WHO VOLUNTEERS WITH US?

- 🦷 Dentists
- 🦷 Hygienists
- 🦷 Certified Dental Assistants
- 🦷 Dental Lab Technicians
- 🦷 Medical Professionals
- 🦷 Community members



### For more information:

🌐 [www.CFDO.org](http://www.CFDO.org)

📞 (860) 863-5940

**REGISTER  
NOW!**



# CTMOM FREE DENTAL CLINIC

**NO APPOINTMENT NEEDED.  
FIRST COME, FIRST SERVED.  
ALL ADULTS AND CHILDREN  
WELCOME.**



## SERVICES PROVIDED:

Exams  
Cleanings  
Fluoride Treatments  
Oral Health Education  
X-Rays  
Extractions  
Fillings  
Interim Partial Dentures  
(Limited)  
Root Canals (Limited to Front  
Teeth Only)

## THINGS TO KNOW



Children under 18 must be accompanied by a parent or legal guardian.



Take your medications as prescribed. Please bring a list of your medications with you.



Wait times for treatment are expected, please bring something with you to help pass the time.



**APRIL  
17-18,  
2026**



**E. O. SMITH  
HIGH  
SCHOOL**

1235 Storrs Rd  
Storrs, CT 06268



**DOORS  
OPEN  
7:00 AM**

## MORE INFORMATION



(860) 863-5940



[www.cfdo.org](http://www.cfdo.org)



# CTMOM SERVICIO DENTAL GRATIS



**NO REQUIERE CITA. POR ORDEN DE ILEGADA. TODOS LOS ADULTOS Y NIÑOS SON BIENVENIDOS.**

## LOS SERVICIOS INCLUYEN:

Exámenes  
Limpiezas  
Tratamiento Fluoruro  
Educación Dental  
Rayos X  
Extracciones  
Empastes  
Dentadura Parcial Provisional (limitada)  
Tratamiento de Conducto (limitada)

## COSAS QUE SABER



Los niños menores de 18 años deben estar acompañados por un padre o tutor legal.



Tome sus medicamentos según lo prescrito. Por favor, traiga una lista de sus medicamentos.



Se esperan tiempos de espera para el tratamiento, por favor traiga algo para ayudar a pasar el tiempo.



**ABRIL  
17-18,  
2026**



**E. O. SMITH  
HIGH  
SCHOOL**

1235 Storrs Rd  
Storrs, CT 06268



**LAS  
PUERTAS  
ABRIRÁN  
A LAS 7:00  
AM**

## MÁS INFORMACIÓN



(860) 863-5940



[www.cfdo.org](http://www.cfdo.org)



# The Dyslexia Awareness Collaborative Night at the Rink

## Date & Time

**Saturday, April 18, 2026  
6:05 p.m.**

## Location

**MassMutual Center  
1277 Main Street  
Springfield, MA 01103**

## Who Should Attend

All Connecticut and Massachusetts families, educators/LEAs, students, professional organizations/advocacy agencies, community organizations, and libraries

## Contact

For more information, contact Aimee Gauvin at [aimee.gauvin@ct.gov](mailto:aimee.gauvin@ct.gov).

Presented in partnership with the Springfield Thunderbirds, the Connecticut State Department of Education (CSDE), the Massachusetts Department of Elementary and Secondary Education, and community organizations.

*The Connecticut State Department of Education is an affirmative action/equal opportunity employer.*



**Join us for an exciting night of hockey as the Hartford Wolf Pack take on the Springfield Thunderbirds in the I-91 Rivalry, all in support of Dyslexia Awareness.**

This special event shines a spotlight on the importance of understanding and supporting individuals with dyslexia, featuring educational resources, community partners, and stories of resilience shared throughout the evening. Fans can enjoy thrilling on-ice action while helping raise awareness about dyslexia and the power of early identification and support.

Together, we can celebrate the strengths of dyslexic learners and promote a future where every child has the tools to read and succeed.



Every child who participates in the **Stick to Reading** program will receive a complimentary ticket and have the opportunity to be on the ice at the opening ceremony!

**Scan or click the QR code for more information about the Stick to Reading program, and to download a reading log.**



Once reading logs are submitted to the CSDE, a QR code to claim the free ticket will be emailed.







**WINDHAM-TOLLAND 4-H CAMP**  
**326 Taft Pond Rd Pomfret, CT 06259**  
**[www.4hcampct.org](http://www.4hcampct.org)**



**PUT SOME FUN IN YOUR 2026 SUMMER!**  
**June 21 to August 14, 2026**

**Windham-Tolland 4-H Camp**, located in Pomfret Center, Connecticut, has provided summer camp experiences for thousands of youngsters for over 70 years. The camp has both overnight and day camp programs for boys and girls 6-15 years of age. The camp is located on 270 acres containing woodlands, cabins, recreation areas and scenic lakes. **The Windham-Tolland 4-H Camp maintains a state license and ACA accreditation.** Campers need not be 4-H members.

*Our caring, camper-centered, college-aged is comprised of trained staff is devoted to providing a safe, educational, and fun experience and backed by full-time support from our professional leadership team and a Registered Nurse.*

All campers have the opportunity to participate in a variety of programs each week including:

- |                                                  |           |                       |
|--------------------------------------------------|-----------|-----------------------|
| • Arts & Crafts                                  | • Fishing | • Outdoor Education   |
| • Low and Mid High Ropes courses & Climbing wall | • Sports  | • Zip-line            |
| • Swimming                                       | • Drama   | • Canoeing & Kayaking |
| • Self-defense                                   | • Dance   | • Knitting            |
|                                                  | • Archery |                       |

4-H Camp offers a variety of specialty programs also available on a weekly basis for an additional cost.  
***Wood Fiber Crafts, Horseback Riding, Farm camp and Cow camp***

### CAMP PRICING 2026

- Day Camp (ages 6-15) .....\$420 per week (Lunch & Snacks Included)
- Resident Camp (ages 9-15) .....\$650 per week
- Teen Leadership Program (ages 15-17) .....\$400 per week
- Overnight Clover Camp (ages 7-8) .....\$350 per session (3 Day, 2 Night Sessions)
- Family Camp (all ages).....\$60 per person

We follow all  
CDC, State &  
Local  
Guidelines

### THEME WEEKS FOR 2026

- |                                                          |                                                                        |
|----------------------------------------------------------|------------------------------------------------------------------------|
| • <b>Week 1 – June 21-June 26 – Winter Olympics Week</b> | • <b>Week 5 – July 19-24 – Pirates &amp; Vikings Week</b>              |
| • <b>Week 2 – June 28-July 3 – Decades Week</b>          | • <b>Week 6 – July 26- July 31 –International Week</b>                 |
| • <b>Week 3 – July 5-10 – Carnival Week</b>              | • <b>Week 7 – August 2-7 –Puddles &amp; Bubbles Week</b>               |
| • <b>Week 4 – July 12-17 –Zoo Week</b>                   | • <b>Week 8 – August 10-14 – Capture the Flag Week (Day Camp Only)</b> |

Visit our **website** at **[www.4hcampct.org](http://www.4hcampct.org)** for Online Registration

E-mail us at **[registrar@4hcampct.org](mailto:registrar@4hcampct.org)** for a camp brochure or additional information or

Call the **Camp Registrar** at **(860) 974-3379**

**CAMPERSHIPS  
AVAILABLE**  
Call for application

**OPEN HOUSES**  
**Sunday, January 11 & Saturday, February 28**  
**Sunday, March 15 & Saturday, April 18**

**Open House Times Vary Check Our Website For Details**  
An Equal Opportunity Program Provider and Employer

**EARLY BIRD  
DISCOUNTS**  
**January 1-31**



**WINDHAM-TOLLAND 4-H CAMP**  
**326 Taft Pond Rd Pomfret, CT 06259**  
**www.4hcampct.org**



**Diviértanse este verano**  
**del 21 de Junio al 15 de Agosto, 2026**

**Windham-Tolland Campamento de 4-H**, situado en Pomfret Center, Connecticut ha proporcionado experiencias de campamento de verano para miles de jóvenes por más de 60 años. El campamento cuenta con dos programas durante la noche y de día para niños y niñas de 6-15 años de edad. Los campistas no tienen que ser miembros de 4-H. El campamento está situado en 270 acres de terreno que contienen bosques, cabañas, áreas de recreación, y lagos pintorescos. Nuestro cariñoso, personal de edad universitaria y personal entrenado se compromete a proveer una experiencia segura, educativa, y divertida para todos los niños.

Todos los participantes tienen la oportunidad de participar en una variedad de programas cada semana, incluyendo:

- artes y artesanía
- curso de cuerdas y el muro de escalada
- natación
- Canoe y kayak
- pesca
- deportes
- Teatro
- el tejido
- autodefensa
- danza
- tiro con arco
- estudio de la naturaleza
- Zipline

Una variedad de programas de especialidad está también disponible en semanalmente. Estas actividades son un costo adicional. **Incluyen equitación, artesanía de madera, campamento de granja y campamento de vaca.**

## **PRECIOS DEL CAMPAMENTO 2026**

- Campamento diurno (edades 6-15) .....\$420 por semana (almuerzo y bocado incluidos)
- Campamento de residente (edades 6-15) .....\$650 por semana
- Programa de liderazgo adolescente (edades 15-17) .....\$400 por semana
- Campamento de "Clover" (edades 7-8) .....\$350 por semana (sesiones de 3 días 7 2 noches)
- Campamento para la familia (todas las edades) .....\$60 por personal

## **TEMA SEMANAS DEL 2026**

*Semana 1 – (6/21-26) - Semana de lo Juegos Olimpicos de Invierno*  
*Semana 2 – (6/28-7/3) –Semana de decades*  
*Semana 3 – (7/5-10) –Semana de Carnaval*  
*Semana 4 – (7/12-17) –Semana del zoologico*

*Semana 5 – (7/19-24) – Semana d Pirates y Vikingas*  
*Semana 6 – (7/27-31) –Semana Internacional*  
*Semana 7 – (8/2-8/7) – Semana de charcos y burbujas*  
*Semana 8 – (8/10-14) – Atrapa la bandera (diurno solamente)*

**Visite nuestro sitio web en [www.4hcampct.org](http://www.4hcampct.org) para registro en línea**

Envíenos un correo electrónico a [registrar@4hcampct.org](mailto:registrar@4hcampct.org) para un folleto de campamento o información adicional.  
Llame al registrador del campamento al **860-974-3379** para cualquier preguntas.

Becas  
disponibles  
convocatoria de  
solicitudes

**PUERTAS ABIERTAS**  
**Domingo, 11 de enero, y Sabado, 28 de febrero**  
**Domingo, 15 de marzo, y Sábado, 18 de abril**  
  
**Los horarios de puertas abiertas varían;**  
**consulta nuestro sitio web para obtener detalles**

Descuentos por  
reserva  
anticipada  
Del 1 al 31 de  
enero

**Seguiremos todas las pautas locales, estatales y de los CDC**