

# MANSFIELD PARKS & RECREATION

Family, Fitness, and Fun



## Winter Registration Dates

Registration start dates are grouped into the following categories:

**DECEMBER 8** Members of the Community Center may register for Aquatic and Fitness related programs ONLY

**DECEMBER 11** Mansfield residents who are members begin registration for all other programs/activities  
Mansfield Residents who are *not* members of the community center begin registration for all programs/activities

**DECEMBER 15** Non-residents who are members begin to register for all other programs/activities.  
Non-resident, non-members begin registration for all programs/activities.

In person registration available during all Mansfield Community Center operational hours.

Online registration opens at 5:30 a.m. on dates above at [www.mansfieldcc.com](http://www.mansfieldcc.com)

## WINTER 2025



MANSHFIELD COMMUNITY CENTER  
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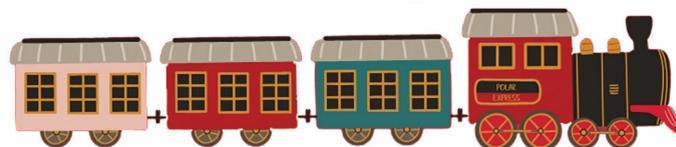
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- \* language classes \* fitness programs \* dance programs \* sports activities \*
- \* mansfield community center memberships \*

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# A Message from the Mansfield Parks & Recreation Team

## Make Time for Offline with Mansfield Parks & Recreation — Winter 2026

Parks and Recreation is proud to continue supporting Mansfield’s “**Make Time for Offline**” campaign! This community-wide initiative encourages all of us—especially our children—to step away from screens, enjoy real-world experiences, and build meaningful connections through play, movement, and creativity.

Let Mansfield Parks & Recreation help you be intentional about creating device-free moments, spaces, and times this winter!

### Explore the Outdoors

Winter is a wonderful time to enjoy Mansfield’s parks and trails! Bundle up and explore on foot, with snowshoes (available for rent for kids and adults at the Community Center, pg. 46), or even try cross-country skiing in a few favorite spots. On milder days, check out one of Mansfield’s great playgrounds: [mansfieldct.gov/playgrounds](http://mansfieldct.gov/playgrounds). Always remember to do a quick safety check for slick surfaces before you play!

### Enjoy a Family Outing

Make the most of the season with memorable community events! Celebrate tradition at *The Nutcracker*, find unique gifts at the *Holiday Craft Fair*, lace up for the *Jingle Jog*, or show your moves at the *Annual Valentine’s Dance*. Don’t miss *Community Paint Nights*, or our *Family Fun Events* (held the second Saturday and fourth Friday of each month).

### Learn Something New

Winter is the perfect time to grow your skills! Explore arts programs, earn certifications in CPR or Lifeguarding, learn a new language, or join classes in dance, music, or swimming. Mansfield truly is *Your Place to Grow!*

### Stay Active

Keep your energy up and beat the winter blues! Join one of our free fitness classes for members, or explore new drop-in sports (pg. 28-29), fitness programs (most for ages 14+), or aquatics options. For kids, check out micro-sports, tennis, our new Ninjas programs (pg. 18), Marlins swim team, and year-round swim lessons.

We’re also excited to continue offering **Renew Active and Silver Sneakers** memberships in 2026—supporting wellness and community connection for all!

Whether you plan a simple family outing or join a weekly class, we invite you to **pledge to Make Time for Offline** with us this winter!

- General Information .....5
- Inclement Weather Information.....6
- Mansfield Community Center .....8
- Free to Members..... 10
- BASF ..... 12
- April Vacation Camps..... 13
- Teen Center..... 13
- Family Special Events..... 15
- Sports..... 19
- Community School of the Arts..... 21
- Dance..... 25
- Fitness Honeycomb ..... 27
- Fitness Schedule ..... 28
- Fitness Descriptions..... 30
- Fitness ..... 32
- Health and Fitness Learning..... 35
- Specialty Classes ..... 35
- Aquatics..... 36
- Certifications..... 42
- Parks and Preserves..... 43
- Outdoor Recreation..... 46
- Rentals ..... 46
- Trips ..... 47
- Language..... 48
- How to Register ..... 50
- Activity Registration Form ..... 51

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Visit us online at [www.mansfieldcc.com](http://www.mansfieldcc.com) or e-mail us at: [parks&rec@mansfieldct.org](mailto:parks&rec@mansfieldct.org)

The Mansfield Parks & Recreation Department staff has made every effort to prepare this brochure as accurately as possible. Nonetheless, errors may make it into print. Circumstances may require that adjustments be made to the program, fees, schedules, etc. We reserve the right to make such changes. We do apologize for any inconveniences these errors or adjustments may cause.



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# General Information

## Parks & Recreation Office Information

**Location:** Mansfield Community Center,  
10 S. Eagleville Road  
Storrs/Mansfield, CT 06268-2599

### Community Center Hours:

Monday - Friday, 5:30 a.m.-8:30 p.m.  
Saturday 7 a.m.-4 p.m., Sunday, 8 a.m.-4 p.m.

### Holidays:

Thanksgiving Day – Closed  
Christmas Eve – 5:30 a.m. – 5 p.m.  
Christmas Day – Closed  
New Years Eve - 5:30 a.m. – 5 p.m.  
New Years Day - Closed

**Phone:** 860-429-3015

**Fax:** 860-429-9773

**E-mail:** [parks&rec@mansfieldct.org](mailto:parks&rec@mansfieldct.org)

### Staff:

Jay M. O'Keefe, *Director of Parks & Recreation*  
Jennifer Caldwell, *Recreation Services Manager*  
Justin Hicks, *Member Service Coordinator*  
Ariel Blair, *Administrative Support Specialist*  
Jillian Funk, *Recreation Supervisor* (Health & Fitness)  
Travis Morse, *Recreation Supervisor* (Aquatics & Outdoor Recreation)  
Bethany Burns, *Recreation Coordinator* (Community School of the Arts, Youth, Adult & Specialty Camps)  
Steven Capobianco, *Recreation Coordinator* (Before & Afterschool, Teen, Youth, Camp Mansfield, Youth Basketball)  
Dan Fichera, *Head Custodian*

### INCLUSIVE STATEMENT (Programs for all Abilities)

The Parks and Recreation Department is committed to providing quality leisure services for people of all abilities. We encourage and support people with disabilities to participate in programs offered by the Department. We will work with individuals to make reasonable accommodations to foster their participation in activities of interest. Please contact the Parks and Recreation Department for more information.

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**Non-resident, non-members** begin registration for all programs/activities.

**In person registration** available during all Mansfield Community Center operational hours.

**Online registration** opens at 5:30 a.m. on dates above at [www.mansfieldcc.com](http://www.mansfieldcc.com)

[www.mansfieldcc.com](http://www.mansfieldcc.com)



### On-line Registration

- Log on to the Department's website at [www.mansfieldcc.com](http://www.mansfieldcc.com)
- Click the online registration button on the homepage.

### Inclement Weather

- Help our Customer Service Representatives. Please use the information line.
- Full day cancellations or major storm causing partial day cancellations are also listed on the three major Connecticut TV broadcasts. (See page 6 for more information)
- Call our Info Line at 860-429-3015, ext. 4
- Visit [www.mansfieldcc.com](http://www.mansfieldcc.com) or [facebook.com/MansfieldCommunityCenter](https://facebook.com/MansfieldCommunityCenter)

### Advisory Committees

- Agriculture Committee
- Arts Advisory Committee
- Recreation Advisory Committee
- Parks and Natural Resources Committee

### Recorded Information

Program information and cancellations are available on a daily recorded voice-mail system (860-429-3015, ext. 4).

### Facilities

A full list of Parks & Recreation facilities and their locations can be found on our website and in a brochure entitled "Mansfield Parks & Preserves" which is available at the Community Center.

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APPOINTMENTS SUGGESTED

# Inclement Weather Policy

## Snow, Thunder, Lightning and Rain

Call **860-429-3015, ext. 4**  
Check [www.mansfieldcc.com](http://www.mansfieldcc.com)

Some programs may be held in inclement weather and some may not. Contact our program information line for weather related program status updates. Thunder and lightning are a serious safety concern and may force last minute cancellations on site. Active thunder and lightning in the area may force the temporary closing of the indoor pool and programs until the threat has moved out of the area.

## Programs and Classes Held in **NON-School** Facilities (Community Center, Lenard hall, Senior Center)

Classes, workshops, leagues, etc. will NOT be determined by school cancellation or delays. Decisions will be made by taking into account road conditions, facility access, and other factors to determine if programs will be held or not for the full day or a portion of the day. Information on full or partial cancellations will be listed on the Parks and Recreation information line (860-429-3015, ext. 4) and posted on the Parks and Recreation web site ([www.mansfieldcc.com](http://www.mansfieldcc.com)). Local TV and radio postings will only be used in the event of when all Mansfield Parks and Recreation classes, workshops, leagues, etc. are canceled for the full day.

### General Estimated Decision Times for Cancellations

5:30 a.m.-11:59 a.m. classes, programs, etc.	No later than 5:15 a.m.
Noon-5:00 p.m. classes, programs, etc..	No later than 10:30 a.m.
5:00 p.m. and later classes, programs, etc.	No later than 3:30 p.m.

## Programs and Classes Held in **School** Facilities

Cancelled for <b>FULL DAY</b>	When Mansfield Public Schools are cancelled for the full day
Cancelled for <b>MORNING to NOON</b>	When Mansfield Public Schools have a delayed opening
Cancelled for the <b>EVENING</b>	When Mansfield Public Schools are cancelled early for the day.

Information on full or partial cancellations will be listed on the Parks and Recreation information line (860-429-3015, ext. 4) and posted on the Parks and Recreation web site ([www.mansfieldcc.com](http://www.mansfieldcc.com)). Local TV and radio postings will only be used in the event of when all Mansfield Parks and Recreation classes, workshops, leagues, etc. are cancelled for the full day.

### Estimated General Decision Times for Cancellations

5:30 a.m.-11:59 a.m. classes, programs, etc.	No later than 5:15am
Noon-5:00 p.m. classes, programs, etc.	No later than 10:30 a.m.
5:00 p.m. and later classes, programs, etc.	No later than 3:30 p.m.



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# Mansfield Community Center

## Hours

**Your place for Family, Fitness & Fun!**

860.429.3015 • [www.mansfieldcc.com](http://www.mansfieldcc.com)

 MansfieldCommunityCenter |  @MansfieldCommunityCenter

### MCC General Open Hours:

<b>Monday-Friday</b>	5:30 a.m.-8:30 p.m.
<b>Saturday</b>	7 a.m.-4 p.m.
<b>Sunday</b>	8 a.m.-4 p.m.
<b>Holidays</b>	Thanksgiving Day - Closed Christmas Eve - 5:30 a.m. - 5 p.m. Christmas Day - Closed New Years Eve - 5:30 a.m. - 5 p.m. New Years Day - Closed

### Community Center Membership Includes:

- Priority Fitness & Aquatic Program Registration
- Aquatic Center - 6-lane, 25-yard Pool & Therapy Pool
- Cardiovascular Equipment
- Child Care
- Community Room
- Daily Locker Usage
- Dance & Exercise Studio (general use during non-scheduled times)
- Discounted Programs
- Drop-in Sports
- Family Changing Rooms
- Fitness Center
- Free Family Fun Events
- Free On-Site Parking
- Free Starting Strong Fitness Orientation Program
- Guest Passes
- Gymnasium
- Periodic Workshops, Seminars, Lectures and Special Events
- Professional Staff
- Selectorized Strength Equipment
- Teen Center (teen use and general use during designated times)
- Walking & Jogging Track
- **NEW!** Free Access to Select Fitness Classes

### Free Mansfield Days at the Community Center

Whether you're new to the Community Center or have been here often, if you're a Mansfield Resident you can come for FREE any time during MCC operational hours. Be sure to check area schedules at [www.mansfieldcc.com](http://www.mansfieldcc.com), or call us at 860-429-3015 ext. 0 for more info! Proof of residency required.

<b>Location:</b>	Mansfield Community Center
<b>Dates:</b>	Sat., November 8 (Family Fun Day) Sat., December 6 Sun., January 11 Fri., February 27 (Family Fun Day) Thur., March 19

## Non-Member Daily Admission

Non-members have the ability to purchase Day Passes for all-day facility use. The day pass grants the bearer access to the full facility for the day. Please note: to use the fitness center, the day pass holder must be at least 14 years of age. Additionally, fitness classes and child care services are not included in the day pass rate.

	Residents	Ashford/Wilmington	Non-Residents
<b>Adult (Ages 27-64)</b>	\$11	\$12	\$13
<b>Young Adult/Youth (Ages 3-26)</b>	\$8	\$9	\$10
<b>Senior (Ages 65+)</b>	\$9	\$10	\$11
<b>Under 3</b>	Free	Free	Free

Proof of age and residency may be required. Adherence of all posted facility rules is required of all day pass holders.

## Membership Rates and Options

### MANSFIELD RESIDENTS:

	Pay in Full   Annual Pass	No-commitment   Month-to-Month Pass
<b>Family</b>	\$753	\$68.40 monthly
<b>Adult/Child</b>	\$469	\$42.60 monthly
<b>Individual</b>	\$429	\$38.96 monthly
<b>YAY</b>	\$240	\$21.81 monthly

### NON-RESIDENTS:

	Pay in Full   Annual Pass	No-commitment   Month-to-Month Pass
<b>Family</b>	\$893	\$81.11 monthly
<b>Adult/Child</b>	\$556	\$49.11 monthly
<b>Individual</b>	\$507	\$46.05 monthly
<b>YAY</b>	\$295	\$26.79 monthly

### ASHFORD/WILLINGTON RESIDENTS:

	Pay in Full   Annual Pass	No-commitment   Month-to-Month Pass
<b>Family</b>	\$821	\$74.57 monthly
<b>Adult/Child</b>	\$512	\$46.50 monthly
<b>Individual</b>	\$468	\$42.51 monthly
<b>YAY</b>	\$262	\$23.80 monthly

Family/Household membership rates listed above reflect all household members. Adult/Child membership rates above reflect 1 adult and all children 11 and under in the household.

**10% discount on memberships for all Mansfield Resident Seniors (65+) starting January 1, 2026.**

### Miscellaneous Fees:

Enrollment Fee - \$35 (applies to all new and lapsed memberships)  
Auto Debit Decline Fee - \$25 (month-to-month auto debit billing)

### Membership Add-On Options: Fitness Flex Pass

We offer our members the opportunity to have the flexibility of dropping in to fitness classes. By purchasing a Fitness Flex pass you will receive 25 or 15 class visits. Fitness Flex passes expire 1 year from date of purchase.

**15 Drop-In Classes - \$135.00 | 25 Drop-In Classes - \$225.00**

**Scan the QR code to learn about future changes to Silver Sneaker and Renew Active Memberships.**



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## 2025 Holiday Food Baskets



An exciting effort aimed at building community spirit through the donation and distribution of **Holiday Food Baskets**

### Contribution Opportunity

The need for community support has grown as families struggle to put food on the table, especially during the holiday season.

### The Chronicle

has partnered with local service organizations to help fill those needs.

To participate in the Holiday Food Basket Campaign merchants contribute **\$250 to feed a family of**

**4 to 5 people for Thanksgiving and again at Christmas.** As a thank you for your support,

Pages will run twice thanking all sponsors a 3.51 x 2" ad total cost \$250

Published November 26th and December 18th in **The Chronicle**

**Ad Deadline: November 15**

*Please join us in making these upcoming Holidays happy ones for as many families as possible.*

*We thank you for your consideration.*



Call/email - 860-423-8466 • Laurie, [classified@thechronicle.com](mailto:classified@thechronicle.com)  
Jean, [jeanb@thechronicle.com](mailto:jeanb@thechronicle.com) • Jackie, [jackieg@thechronicle.com](mailto:jackieg@thechronicle.com)

# Free to Members

## Child Care (Ages 1-7) Free to Members!

Drop-in childcare is available for children of members and daily visit participants. Bring your children, ages 1-7, to play, listen to stories, and participate in arts and crafts, while you take a class, workout, swim, play basketball, accompany another child to a program, or just take some time to yourself in the sitting room. Parents must remain on site and children may only attend childcare for two hours maximum per day. Space is limited; reservations are not accepted. The following times are planned for the season, however the Parks and Recreation Department reserves the right to adjust time to reflect demands.

**Location:** CC Child Care Room  
**Days & Times:** Mon. & Wed. 9 a.m. - 1 p.m. & 4:30 p.m. - 7:45 p.m.  
Tues. & Thur. 8:30 a.m. - 12 p.m. & 4:30 p.m. - 7:45 p.m.  
Fri. & Sat. 8:30 a.m. - 12 p.m.  
Sun. 9 a.m. - 12 p.m.  
**Fee:** FREE for members, Non-member Fees: \$5/hour per child



## Family Fun Events!

Join for some fun as a family during Family Fun Events at the Mansfield Community Center! Jump and slide on the floating Wibit inflatable obstacle in the main pool (select dates), build a fort, tumble and play with the tot toys in the gym, or get a little adventurous and giant inflatable gym slide. For more fun visit the track for Family track time, or play together in the Teen Center; available to families for ping pong, billiards, and more! Watch for special activities associated with each night's theme on [www.mansfieldcc.com](http://www.mansfieldcc.com). FREE to members. No pre-registration required.

**Location:** Mansfield Community Center  
**Dates/Times:** 2nd Saturdays (12:30-3:30 p.m.) and 4th Fridays (4:30-7:30 p.m.)!

Sat., Nov. 8, 12:30-3:30 p.m.	<b>Theme:</b> Turkey Fun
Fri., Nov. 28, 4:30-7:30 p.m.	<b>Theme:</b> Thank you Day!
Sat., Dec. 13 Jingle Jog & Craft Fair!	See pg. 17
Fri. Dec. 19, 4:30-7:30 p.m.	<b>Theme:</b> HOLIDAY SHENANIGANS
Sat., Jan. 10, 12:30-3:30 p.m.	<b>Theme:</b> Hot Chocolate Day
Fri., Jan. 30, 4:30-7:30 p.m.	<b>Theme:</b> Puzzles Day
Sat., Feb. 14, 12:30-3:30 p.m.	<b>Theme:</b> Valentines Day
Fri., Feb. 27, 4:30-7:30 p.m.	<b>Theme:</b> Polar Bear Day
Sat., March 14, 12:30-3:30 p.m.	<b>Theme:</b> Green Day
Fri., March 27, 4:30-7:30 p.m.	<b>Theme:</b> Celebrate Women

**Fee:** FREE to Mansfield Community Center Members.  
Non-members welcome with daily admission.

## Spirit Days!

Members, show a little spirit! Visit the Mansfield Community Center on theme days and take part in the fun. Select dates have perks and prize opportunities.

### November 25th – Giving Tuesday

Give a gift, get a gift. Make a monetary donation to the Mansfield Community Center general fund, and receive a gift in return. Watch for more details in early November. Thank you for supporting the Center!

### December 14th – Jingle & Jog!

It's the Jingle Jog! A free bit of fun for all ages! Participate by signing up with activity # 270086-A, and take a few laps on the track (bonus points for spirited attire). One free guest pass to each member who participates during the event on December 14th.

### January 2nd – New Year Teamwork

Friends can help motivate us, challenge us, and keep us on the path to attaining our goals. As we celebrate the start of 2026, bring one friend free today to swim, exercise or play.

### February 14th – Member Love!

We love our members! Stop by the center today for a sweet-treat!

### March 17th – Feeling Lucky?

Plinko is back! Test your luck on the plinko board today! Check in at the desk to play for a prize.

## The Men's Table

Looking for good conversation and new connections? Join us for an informal men's gathering — a place to pull up a chair, share a story, or just enjoy some company. This group welcomes all men, although it may be especially appealing to baby boomers and older adults. There's no agenda, no politics, no therapy — simply a chance to connect and combat the isolation many men experience today. Whether you prefer to keep things light or dive deeper into meaningful conversation, you're welcome at the table.

**Group Leader:** Paul Brody  
**Dates:** Tues. Dec. 23 – Mar. 17  
**Time:** 10:30 a.m. - 11:30 a.m.  
**Location:** Teen Center  
**Fee:** Free for Residents & Non-Residents

**FIND US ON FACEBOOK  
and INSTAGRAM!**



**@MansfieldCommunityCenter**

# FACILITY YOUTH POLICIES



## Ages 0-9

### Track Use

- Allowed only during Family Fitness Time (Mon-Fri, 12:00-8:30 PM, Sat. & Sun. all day) with parent/guardian (18+) supervision.
- **Rules:**
  - The child must run/walk next to the parent/guardian (who may not use equipment).
  - No strollers (infant carriers are allowed on the track, not on the equipment).

### Fitness Area

- **Not allowed** to wait upstairs while a parent/guardian works out.
- **Not allowed** on any equipment.

### Pool Use: Lifeguards administer a swim test

- Ages 5 & under: Must have an adult (18+) in the water within arm's reach.
- Ages 6-8: **Failed swim test:** Must have an adult (18+) in the water.
- Ages 6-8: **Passed swim test:** Must have an adult (18+) in the pool area.
- Age 9: **Failed swim test:** Must have an adult (18+) in the pool area.
- Age 9: **Passed swim test:** May use the pool independently. Parents must be in the building.
- **Locker Rooms:** Children 5 years of age or older must use gender appropriate locker rooms. Families and individuals with special needs have the option to use the family changing rooms.

### Childcare

- Ages 1-7: May use childcare during designated hours.

### Gymnasium and Teen Center

- Ages 8-9:
  - May use the Gymnasium independently while a parent/guardian is on-site and in view of child.
  - May use Teen Center outside of Teen Center hours with supervision.

## Ages 10-13

### Track Use

- Ages 10-11:
  - Allowed with parent/guardian (14+) supervision (must stay together; parent may not use equipment).
- Ages 12-13:
  - Allowed without supervision (track equipment use only during designated Family Track Time).

### Fitness Area

- Not allowed to wait upstairs while a parent/guardian works out- if on floor, must actively be working out within permitted guidelines below
- Cardio Equipment with parent/guardian (14+) supervision
  - Permitted during Family Fitness Time:
    - Mon.-Fri., 12:00-8:30 PM
    - Sat & Sun: All day
- Weights and Other Equipment (excluding cardio equipment)
  - Parent/Guardian (18+) Supervision required
  - Completion of Youth Resistance Training Orientation is required \*must show proof of completion\*

### Pool Use: Lifeguards administer a swim test

- Age 10-11:
  - Failed swim test: Must have an adult (18+) in the pool area.
  - Passed swim test: May use the pool independently.
- Ages 12-13:
  - Failed swim test: Must stay in an area where they can touch.
  - Passed swim test: May use the pool independently.

### Gymnasium and Teen Center

- Ages 10-11:
  - May use the facility independently while a parent or guardian is on-site, pending area-specific requirements.
- Ages 12-13:
  - May visit the facility for up to 4 hours per day without a parent/guardian.

## Ages 14+

### Track & Fitness Center Access

- Full access to track, cardio equipment, and fitness center equipment.
- May wait upstairs while a parent/guardian works out.

### Pool Use

- Allowed independently with a passed swim test.
- Failed swim test: Must stay in an area where they can touch.

### Gymnasium and Teen Center

- Ages 14+ may serve as a caretaker for a sibling ages 8-11 **except in pool area.**
- Ages 14-17 may visit the facility for up to 4 hours per day without a parent/guardian.

# Free to Members

## Drop-in Gymnasium Activities

Drop-in gymnasium programs are FREE to members. Non-members are welcome to participate with the purchase of a day pass.

Activities may have specific rules limiting players and/or ages of players and other requirements set forth by MPRD. These rules are subject to change based on updates from local, state and CDC health officials. Activity times are subject to change depending on MPRD programming needs and facility hour changes.

### Drop-in play activities include:

- 18+ Basketball
- 40+ Basketball
- 40+ Women's Basketball
- 15+ Futsal
- Youth Futsal (ages 8-15)
- 16+ Volleyball
- 18+ Pickleball
- Open Pickleball (All Age)
- Novice Pickleball

Family Gym  
Tot Time (ages 5 and under)



## Don't Miss Out on Health & Fitness Freebies!

See pg. 23 For information on the Starting Strong member program. This free orientation is designed to help you feel more confident in your workout and with Mansfield Community Center fitness staff and equipment.

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and INSTAGRAM!



@MansfieldCommunityCenter

# Before & After School Friends

Enroll by month, regular individual days per month or on drop-in basis!

## BEFORE AND AFTER - SCHOOL FRIENDS PROGRAM

### Location Information

2025–2026 School Year

- AM Before School: Mansfield Elementary School
- PM After School: **Mansfield Community Center**



later than 24 hours prior to the day the service is needed. Any drop-ins needed after the 24 hour mark will need to be requested and approved by the Program Coordinator. This can be done by calling 860429-3015 x 6107. If you do not hear back shortly after calling, please call the main desk at the Community Center at 860-429-3015 x 0 and they will connect you with a manager. Drop-in rates apply. Enroll by month, regular individual days per month, or on a drop-in basis!

Daily communication between staff and families is a key part of the program's success. We look forward to welcoming your child into the Before and After-School Friends community!

### Register for specific days of the week each month:

Time of Day	Pre-Registration	Drop-in Fee
Morning	\$12.65 each morning	\$20.90 each morning
Afternoon	\$15.44 each afternoon	\$25.20 each afternoon

Month	Registration Deadline
December	11/24
January	12/26
February	1/26
March	2/23
April	3/25
May	4/24
June	5/26

The **Before and After-School Friends Program** provides a safe, fun, and supportive environment for children at the start and end of the school day. Designed for families needing care or seeking enriching peer-based activities, the program includes:

- **Before School Care:** 7:00 a.m. – 8:45 a.m.
- **After School Care:** 3:15 p.m. – 6:00 p.m. (includes daily snack)

Activities are designed to support physical, emotional, and social development through arts and crafts, sports, outdoor play, group games, and themed events. Children are encouraged to participate in planning activities, fostering leadership and cooperation.

The program operates on all regular school days, including scheduled half days. **No care is available during delayed openings or early dismissals.**

### Enrollment Options:

- Enroll **monthly** or for **consistent individual days**

### Registration Information:

- Registration must be completed in person at the Community Center or **online** at [www.mansfieldcc.com](http://www.mansfieldcc.com)
- **Re-registration is required each month** for desired days
- A **monthly registration deadline** applies—see the Registration Deadline Table for specific dates
- Late registrants will be placed on a waitlist or considered for drop-in care (drop-in policies apply)

**DROP-IN POLICY:** Parents/guardians can register for drop-in days as needed online! Please follow the instructions at [mansfieldct.gov/BeforeAfter-School-Friends](http://mansfieldct.gov/BeforeAfter-School-Friends) under the tab "Online Drop-In Registration How To". Space for drop-ins is limited each day and are not guaranteed. Registering for a drop-in must be done no

### Recreation Rescues

No school? No problem! We have the answer for your kids on Mansfield teacher professional days for kids entering grades K-8. The day includes a combination of onsite activities and could have a trip to a local educational or recreational area. Drop off as early as 7:30 a.m. and pickup as late as 5:30 p.m. Times could be subject to change. If a field trip gets added to the schedule, trips typically depart between 9-10am.

**Location:** Mansfield Middle School  
**Dates:** 354011-2 Fri., Feb. 13.  
**Times:** 7:30 a.m.-5:30 p.m.  
**Fee:** \$57/day for residents \$67/day for non-residents

# April Vacation Camps

## April Vacation Camps

\*Registration opens Dec. 11 for Residents  
and Dec. 15 for Non-Residents.

### April Vacation Soccer - Ray Reid Soccer School, Young Stars (Ages 4-13)

Working in conjunction with Men's Head Soccer Coach Ray Reid, we again offer one of the finest soccer camps in the state. This three-hour a day, weeklong program offered for boys and girls ages 4-13, 9am-noon is aimed at developing and improving technique. All players will be exposed to dribbling, passing, receiving, and shooting. The emphasis for players ages 4-8 will be to improve their technique in a fun-filled environment. Players ages 9-13 will be taught technical refinement and receive an introduction to the tactical side of the game. This is a great way for your child to refine and improve his/her skills in a week. All campers will participate in fun, small-sided matches with their appropriate age groups. Players will receive a T-shirt and a certificate of attendance. All campers should come dressed in proper athletic apparel, soccer cleats and shin guards. Campers should bring sneakers, a size 4 or 5 soccer ball, snacks, and water. Please label items from home.

<b>Camp Director:</b>	Ray Reid & Staff
<b>Location:</b>	Lions Club memorial park; Fields 1 & 2
<b>Dates:</b>	Mon.-Fri., April 13-17
<b>Time:</b>	9 a.m.-noon
<b>Fee:</b>	\$210 for residents, \$220 for non-residents
<b>Activity #:</b>	452006-A

## April Vacation Camp

What do you do with the kids during vacation? Send them to our vacation camp! This program is held at **MMS** from 7:30 a.m.-5:30 p.m. Vacation camp includes games, arts & crafts, special events with potentially trips. Activities are similar to those of Camp Mansfield. A detailed flyer will be available at the Community Center and distributed to the schools in March. Children can be registered for one day or any combination of days.

<b>Location:</b>	Mansfield Middle School
<b>Dates:</b>	(454004-1) Mon. April 13* (454004-2) Tues. April 14* (454004-3) Wed. April 15* (454004-4) Thur. April 16* (454004-5) Fri. April 17*

\*Daily entertainment such as laser tag, mini golf, an art class, hula hoop fun, and more will be outlined by date on a detailed flyer distributed in March.

<b>Time:</b>	7:30 a.m.-5:30 p.m.
<b>Fees:</b>	\$57/day per resident child, \$67/day per non-resident child

[www.mansfieldcc.com](http://www.mansfieldcc.com)

## MANSFIELD TEEN CENTER

at the Mansfield Community Center

A space for connection, creativity, and fun!

The Teen Center at the Mansfield Community Center is a safe, welcoming space where pre-teens and teens can relax, hang out with friends, and take part in awesome activities.

Youth in **grades 5 and up** are eligible for a **FREE Teen Center Membership**, which grants access to the space.

To register:

- Stop by the Community Center, or
- Email [ysb@mansfieldct.org](mailto:ysb@mansfieldct.org) to request a registration form.

### Staffed After School Hours

During staffed hours (staffed by Mansfield Youth Services), the Teen Center is reserved exclusively for Mansfield Middle School and E.O. Smith students. There is **no public access during these times**. Outside of Teen Center hours, the space is open to the general public (*see the Welcome Desk staff to unlock the room*)

### School Year:

- Monday/Tuesday: 2:30 p.m.-5:30 p.m. (High School only)
- Wednesday/Thursday: 3 p.m.- 6 p.m. (Middle School only)
- Friday: Monthly Friday events as scheduled.

Hours are subject to change. See website for more details.

**Note:** Mansfield Middle School students can take the bus after school to the Teen Center with signed permission (see MMS office). MMS students will be greeted off the bus at the Community Center by Mansfield Youth Services staff. Students with Community Center memberships are allowed to go to other areas of the community center and return to the teen center. Middle School students must be signed out of the Teen Center by a parent/guardian at pick-up.

**Please note: on planned early dismissal days, teen center hours are moved up to be right after school. The Teen Center is not staffed on school vacation days, snow days, or early release days due to weather closure.**



SCAN ME



MANSFIELD  
YOUTH SERVICES

# The Nutcracker

A COMMUNITY PRODUCTION WITH

**MANSFIELD**  
CONNECTICUT

Parks & Recreation

**& MISS KELLY PRODUCTIONS**



## SHOW TIMES:

**Saturday, December 13th, 2pm (Preview Show) Tickets - Act. # 231005-A**

**Saturday, December 13th, 6pm Tickets - Act. # 231005-B**

**Sunday, December 14th, 1pm Tickets - Act. # 231005-C**

**\*All shows held at the Mansfield Middle School Auditorium\***

**PURCHASE ADVANCE TICKETS AT THE MANSFIELD  
COMMUNITY CENTER STARTING NOVEMBER 1**

**A limited number of tickets will be available at the door  
beginning one hour before each show.**

**Tickets at the door are cash or check purchase only.**

**Children & Senior Tickets (ages 3-17 & 62+) - \$10/person**

**Adult Tickets (ages 18-61) - \$15/person**

**Preview Show & Story Time (all ages) - \$8/person**



MANSFIELD COMMUNITY CENTER 10 S. EAGLEVILLE ROAD STORRS, CT 06268 860-429-3015 WWW.MANSFIELDCC.COM

# Family & Special Events

## Free Mansfield Days!

Whether you're new to the Community Center or have been here often, if you're a Mansfield Resident you can come for FREE any time during MCC operational hours. Be sure to check area schedules at [www.mansfielddcc.com](http://www.mansfielddcc.com), or call us at 860-429-3015 ext. 0 for more info! Proof of residency required.

**Location:** Mansfield Community Center  
**Dates:** Sat., November 8 (Family Fun Day)  
 Sat., December 6  
 Sun., January 11  
 Fri., February 27 (Family Fun Day)  
 Thur., March 19

## JORGENSEN CENTER FOR THE PERFORMING ARTS

### Phaeton Piano Trio

Program: Haydn, Mendelssohn, and Saint-Saëns

Tue, Nov 11, 7:30 pm



### Les Arts Florissants

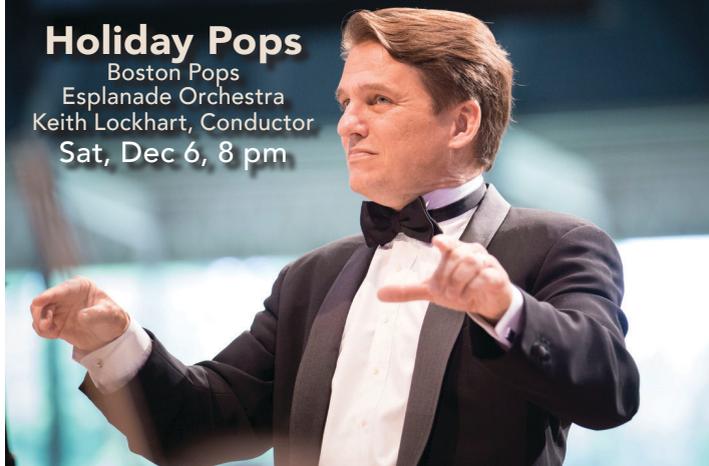
with Théotime Langlois de Swarte  
 "Vivaldi's Four Seasons at 300"

Thu, Nov 20, 7:30 pm



### Holiday Pops

Boston Pops  
 Esplanade Orchestra  
 Keith Lockhart, Conductor  
 Sat, Dec 6, 8 pm



## Call To Artist

### Winter Solstice Art Show

The Mansfield Arts Advisory Committee invites local artists to participate in our Winter Solstice Art Exhibit. A celebration of creativity and community spirit!

Applications Open: Now through November 25  
 Artist Notifications: By December 2  
 Artwork Drop Off: By December 13  
 Exhibit Dates:  
 December 13 - January 17, 2026

Don't miss this opportunity to share your art with the Mansfield community!  
 Apply today either  
 Click or Scan



MANSFIELD ARTS ADVISORY COMMITTEE

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[www.TheChronicle.com](http://www.TheChronicle.com)

[www.mansfielddcc.com](http://www.mansfielddcc.com)

## Fall Events On Sale Now



[jorgensen.uconn.edu](http://jorgensen.uconn.edu)

Box Office: M-F 10 am - 5 pm | (860) 486-4226  
 On the UConn Storrs Campus. Ticket prices vary.

Note: all artists, events, dates, programs and policies are subject to change.

UConn  
 SCHOOL OF FINE ARTS

# HALLOWEEN TRICK-A-TRUNK

Thank you to all of our  
Halloween Trick or Trunk Sponcers:

## Sponsors

**Jack-O-Lantern Sponsor:** Khal Mahmoud, Gansett Wraps, Matt Maynard, Towne Engineering, Inc. , The UPS Store, CT Valley Ortho, Mansfield Self Storage, Total Mortgage of South Windsor, First Church of Christ

**Scarecrow Sponsors:** Ben Shaikin, Mansfield Democratic Town Committee

## A very special thank you to our Trick-A-Trunkers and our great volunteers:

Mansfield DTC, Seeley Family, Caranci Family, Eastern Insurance, Mansfield Elementary and Mansfield Middle School PTO, CT Valley Orthodontics, Mansfield Youth Services, Villari's Team, Klaus Larsen Roofing, Smart Connections Electrical, Mansfield Academy of Dance, Towne Engineering, Miss Kelly Productions, Mansfield Family Dental, Anthony Raggi State Farm, First Church of Christ, Total Mortgage of South Windsor, and Alpha Sigma Phi



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- Greenhouses
- Interior & Exterior painting
- Power Washing

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# Family & Special Events

## Saturday Social Group (Ages 15+)

The social activity program is designed for those ages 15+ with developmental/cognitive disabilities. The program will typically meet select Saturday afternoons at the Mansfield Community Center. Participants will enjoy a variety of activities while meeting new friends! Pre-registration is strongly encouraged. There is a \$6 per day participation fee for residents and \$7 per day participation fee for non-residents. Feel free to bring a lunch or snack. First time participants are required to be accompanied by a parent or guardian. For more information, please contact Ellen Tulman at [TulmanE@mansfieldct.org](mailto:TulmanE@mansfieldct.org).

**Instructor:** Ellen Tulman  
**Location:** CC Arts & Crafts Room  
**Dates:** Sat., Jan. 24, (Activity #: 310063-A)  
Sat., Feb. 21, (Activity #: 310063-B)  
Sat., March 21, (Activity #: 310063-C)  
**Time:** 1-3 p.m.  
**Fees:** \$6 for residents, \$7 for non-residents

## Family Fun Events!

Join for some fun as a family during Family Fun Events at the Mansfield Community Center! Jump and slide on the floating Wibit inflatable obstacle in the main pool (select dates), build a fort, tumble and play with the tot toys in the gym, or get a little adventurous and giant inflatable gym slide. For more fun visit the track for Family track time, or play together in the Teen Center; available to families for ping pong, billiards, and more! Watch for special activities associated with each night's theme on [www.mansfieldcc.com](http://www.mansfieldcc.com). FREE to members. No pre-registration required.

**Location:** Mansfield Community Center  
**Dates/Times:** 2nd Saturdays (12:30-3:30 p.m.) and 4th Fridays (4:30-7:30 p.m.)  
Sat., Nov. 8, 12:30-3:30 p.m. **Theme:** Turkey Fun  
Fri., Nov. 28, 4:30-7:30 p.m. **Theme:** Thank you Day!  
Sat., Dec. 13 Jingle Jog & Craft Fair! See pg. 17  
Fri. Dec. 19, 4:30-7:30 p.m. **Theme:** HOLIDAY SHENANIGANS  
Sat., Jan. 10, 12:30-3:30 p.m. **Theme:** Hot Chocolate Day  
Fri., Jan. 30, 4:30-7:30 p.m. **Theme:** Puzzles Day  
Sat., Feb. 14, 12:30-3:30 p.m. **Theme:** Valentines Day  
Fri., Feb. 27, 4:30-7:30 p.m. **Theme:** Polar Bear Day  
Sat., March 14, 12:30-3:30 p.m. **Theme:** Green Day  
Fri., March 27, 4:30-7:30 p.m. **Theme:** Celebrate Women

## Kid's Night Out:

Kids! Aren't you ready for night out? We have a special night of fun planned with you in mind. This night will be filled with fun activities, pizza for dinner, crafts, and a movie. Parents, we are sorry but you are not invited to this one. We hope you are able to keep yourselves busy. Don't worry, we will be having fun!

**Location:** MCC Arts and Crafts Room, Teen Center, & Gymnasium  
**Date:** Fri., Jan. 23  
**Time:** 5-8 p.m.  
**Fee:** \$23 for residents, \$33 for non-residents  
**Activity #:** 390095-A

## Gingerbread House Fun:

Looking for something to do in the cold weather? Got some serious gingerbread house making skills? Come show us! This special event is for families of all ages or individuals. Each family will get a gingerbread house kit to decorate all together. Space is limited so make sure to sign up!

**Location:** MCC Arts and Crafts Room  
**Date:** Thurs. Jan. 15  
**Time:** 6-7 p.m.  
**Fee:** **Individual Fee:** \$5 for residents, \$15 for not residents  
**2-Person Fee:** \$10 for residents, \$20 for non-residents  
**3-Person Fee:** \$15 for residents, \$25 for non-residents  
**4-Person Fee:** \$20 for residents, \$30 for non-residents  
**Materials Fee:** \$10 due at time of registration, fee waivers do not apply  
**Activity #:** 320123-A

## Jingle Jog

Join us for this fun family friendly event. Prance, dance or blitz your way around the festive track for a chance to win prizes! Jingle bells provided with your registration. Feel free to dress up in your best holiday attire. Hot chocolate and candy canes provided when finished. Ages 0-99.

**Location:** CC Indoor Track  
**Date:** Sat., Dec. 13  
**Time:** 9-10 a.m.  
**Fee:** FREE  
**Activity #:** 270080-A, Pre-registration strongly suggested

## Craft Fair (Vendor Registration)

*Registration Deadline Nov. 14 – Limited spaces!*

Calling all craft vendors! Register to sell your crafts at the Third Annual Mansfield Community Center Craft Fair. All crafters with handmade products are required to register in order to reserve a table in the Community Center Gymnasium. Sales of commercial items, imports and novelties are not permitted. Vendors are responsible for transporting their goods in and out of the gymnasium. Booth reservation will consist of an 8' table and 2 chairs. **Registration deadline is November 14**, or before, if max capacity is reached.

**Location:** MCC Gymnasium  
**Date:** Sat., Dec. 13  
**Time:** 9 a.m.-3 p.m. (Set-up begins at 8 a.m.)  
**Table Rental:** \$30 residents, \$40 non-residents  
**Activity #:** 270085-A

*\*The Town of Mansfield and Mansfield Parks and Recreation are not responsible for any agreements made by private parties at the Craft Fair. The Town of Mansfield and Mansfield Parks and Recreation reserves the right to ask any vendors to leave the grounds if Town Policies are not followed. We also reserve the right to ask you to remove any items we find objectionable.*

## Annual Valentine's Dance (All Ages)

Spend an evening of dancing and fun with that special someone in your life at this event. This event is open to any Parent/Guardian and guest. Pre-registration is encouraged. Everyone is free!

**Location:** MCC Gym  
**Date:** Sat. Feb. 7  
**Time:** 6-8 p.m.  
**Fees:** FREE!  
**Activity #:** 390214-A

# Family & Special Events

## FREE! Community Paint Days! - 1 Day Workshops (Families-Adults)

Put your own spin on a famous artwork in this beginner friendly class with step-by-step instructions. Each participant receives one canvas. An adult and child pair can work together. Pre-registration is required. **Maximum of one registration per season, space is limited.**

**Instructor:** Noah Yllmaz

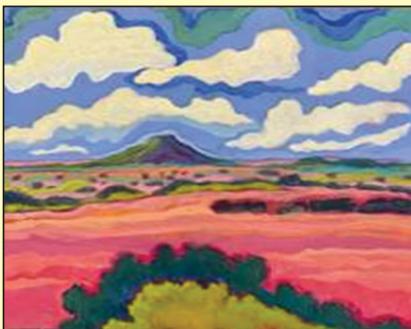
**Piece:** "Before the Snowfall",  
Bob Ross  
**Location:** Lenard Hall  
**Dates:** Thur., Jan. 15  
**Time:** 5-7 p.m.  
**Fees:** FREE  
**Activity #:** 390053-A



**Piece:** "Starry Night",  
Vincent Van Gogh  
**Location:** Lenard Hall  
**Dates:** Thur.,  
Feb 5  
**Time:** 5-7 p.m.  
**Fees:** FREE  
**Activity #:** 390053-B



**Piece:** "Distant Pederal",  
Annie O'Brien Gonzales  
**Location:** Lenard Hall  
**Dates:** Thur.,  
March 5  
**Time:** 5-7 p.m.  
**Fees:** FREE  
**Activity #:** 390053-C



## Ninja-Fit (Grades Pre K-4)

Do you enjoy climbing and fun obstacles? Then you want to make sure to sign up for this program! The Ninja-Fit program is a fitness and fun based program for elementary and middle school aged children. This is a progressive learning program where participants can grow their climbing and fitness skills while also having tons of fun navigating through obstacles.

## Mini-Ninjas (Pre-K)

**Instructor:** Christina Slater, Devon Slavic  
**Location:** CC Gym  
**Dates:** Sat., Jan. 17th - Sat., Feb. 21  
**Times:** 10-10:45a.m.  
**Fee:** \$60 for residents, \$70 for non-residents  
**Activity #:** 320059-A

## Little Ninjas (Grades K-2)

**Instructor:** Christina Slater, Devon Slavic  
**Location:** CC Gym  
**Dates:** Sat., Jan. 17th - Sat., Feb. 21  
**Times:** 11-11:45a.m.  
**Fee:** \$60 for residents, \$70 for non-residents  
**Activity #:** 320059-B

## Super Ninjas (Grades 3-4)

**Instructor:** Christina Slater, Devon Slavic  
**Location:** CC Gym  
**Dates:** Sat., Jan. 17th - Sat., Feb. 21  
**Times:** 12-12:45p.m.  
**Fee:** \$60 for residents, \$70 for non-residents  
**Activity #:** 320059-C



## NINJA-FIT CLASSES

NEW PROGRAMS  
COMING IN  
JANUARY 2026!

SCAN THIS CODE TO LEARN  
MORE ABOUT OUR FITNESS  
BASED CLASSES USING THE  
NEW G2N STRUCTURE AND  
REGISTER TODAY!



## DON'T MISS OUT

MANSFIELD COMMUNITY CENTER 10 S. EAGLEVILLE ROAD, STORRS, CT 06268  
WWW.MANSFIELDCC.COM 860-429-3015

## Itty Bitty Sports (Grades 3-5)

This clinic is to get children ages 3-5 years old active in sports. Children will learn some fundamentals of basketball, soccer, tennis, and more! The focus will be on having fun while learning how to balance, hand-eye coordination activities, dribbling, kicking, and more. Clinics will be held on Monday nights. Parent/Guardian involvement is required. This is a parent/caregiver participation class. You are their best friend!

**Location:** Mansfield CC Gym  
**Dates:** Mon. Jan. 5-Mar. 2 (7 classes)  
 \*No classes 1/19 and 2/16  
**Times:** 4-5 p.m.  
**Fee:** \$46 for residents, \$56 for non-residents  
**Activity #:** 320055-A

## Micro Sports (Grades K-2)

This clinic is to get Kindergarten – 2nd grade children active in sports. Children will learn the fundamentals of basketball, soccer, tennis, and more! Children will learn the skills necessary to play the game and have fun doing it. Clinics will be held on Monday nights.



**Location:** Mansfield CC Gym  
**Dates:** Mon. Jan. 5-Mar. 2 (7 classes)  
 \*No class 1/19 and 2/16  
**Times:** 5:15-6:15 p.m.  
**Fee:** \$46 for residents, \$56 for non-residents  
**Activity #:** 320058-A

## NEW! Adult Pickleball Instruction

Looking to learn the game of pickleball and join the fun? Register for adult pickleball lessons starting this winter. This program is focused on learning the skills of the game and improving your understanding of the sport. Don't miss out!

Instructor: MPRD Staff

**MORE INFORMATION TO COME IN PROMOTIONAL FLYER**

## Quick Start Tennis (Ages 4-7)

In these introductory skill development sessions, tennis goals are to gradually improve hand-eye coordination, learn proper grip and stroke, and have a positive introduction to the game. Larger, lighter foam tennis balls are used during instruction and are particularly effective with children because they are easier to control and reach to. Typical kid's games are used to incorporate and enforce proper use of a racquet and shadowing the coach.

**Account. #:** 320060-A  
**Dates:** Sun. Jan. 11-Mar. 1  
**Time:** 9:00-9:30 a.m.  
**Fee:** \$39 for residents, \$49 non-residents

## Beginner Tennis (Ages 7-10)

The perfect introduction to tennis! A few changes in size and format from the younger group with practice in stroke development and modified match play. In this class, participants will learn the basic strokes of tennis, making clean contact with the ball, and encourage movement on the court. Group games are played that further develop these skills. **Please make sure your child has the correct sized racquet.**

**Activity #:** 320061-A  
**Dates:** Sun. Jan. 11-Mar. 1  
**Time:** 9:40-10:25 a.m.  
**Fee:** \$59 for residents, \$69 for non-residents

## Intermediate Tennis (Ages 10-13)

Participants must have completed at least two seasonal sessions of tennis with the orange or red ball to participate in this level. If your child doesn't meet those guidelines, please register them for the Beginner Tennis program.

In this tennis program for more advanced players, there will be a different focus for each lesson (forehand, serve, consistency, angles, etc.) and play will range from drills to games and matches. The aim for the more advanced players is to have them hitting as many balls as possible and get in a good mix of drills and competitive (but friendly) games. There will be significantly more focus on instructing proper technique, grips, and strategies.

**Activity #:** 320064-B  
**Dates:** Sun. Jan. 11-Mar. 1  
**Time:** 10:35-11:20 a.m.  
**Fee:** \$62 for residents, \$72 for non-residents

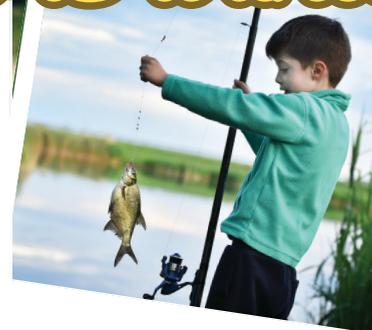
**FIND US ON FACEBOOK**

 **and INSTAGRAM!** 

**@MansfieldCommunityCenter**

# OUTDOOR

*Program Instructors wanted!*



*Do you love the outdoors? Enjoy working with people? We're looking for enthusiastic and reliable individuals to join the Mansfield Parks & Recreation outdoor team.*

Our team leads and supports a wide range of activities that help participants connect with the outdoors, learn new skills, and enjoy nature year-round.

Programs include:

Children's nature group, Constellation education, Bird watching, Snowshoeing, Beginner kayaking/canoeing, Plein air painting, Building campfire, and Fishing/Ice fishing

**INTERESTED APPLICANTS ARE ASKED TO SUBMIT AN ONLINE APPLICATION UNDER OUR GENERAL PROGRAM INSTRUCTOR JOB LISTING. TO APPLY, PLEASE VISIT THE LINK BELOW OR SCAN THE QR CODE!**

**STARTING AT \$23 PER HOUR**

**[WWW.MANSFIELDCT.GOV/JOB](http://WWW.MANSFIELDCT.GOV/JOB)**

**FOR MORE INFORMATION, CONTACT TRAVIS MORSE**



CALL 860.429.3015, EXT. 6109 OR EMAIL  
[MORSET@MANSFIELDCT.ORG](mailto:MORSET@MANSFIELDCT.ORG)

10 S. EAGLEVILLE RD, STORRS-  
MANSFIELD, CT 06268



# Community School of the Arts



The Community School of the Arts programs have delivered over 40 years of music, visual art, and performance instruction. The Community School of the Arts programs are now housed in the recently renovated Lenard Hall building located at 450 S. Eagleville Road. Through the generosity of principal donors John and Jean Lenard, and others including the Jeffrey P. Ossen Family Foundation, the Lenard Hall facility was made possible. Participants can be reassured that Mansfield Parks and Recreation is committed to continuing to provide high quality instruction, offering students of all ages and ability levels professional, affordable instruction in the performing and visual arts. **Come learn, grow, and create with us!**

**Lenard Hall Facility Hours:** Facility hours reflect scheduled programs and classes

Please call before planning your next visit or  
check our website for updates:  
860-429-3015 ext. 6250

<https://www.mansfieldct.gov/2387/Community-School-of-the-Arts>

 <https://facebook.com/CSA.Mansfield>

 [@CSA.Mansfield](https://www.instagram.com/CSA.Mansfield)



## Individual Instrumental and Voice Lessons

Please visit the Lenard Hall Reception desk or [www.mansfieldct.gov/csa](http://www.mansfieldct.gov/csa) for a list of instructors. Register online or in person with activity numbers below. Once registered, you will be contacted within two weeks to discuss your lesson appointments, once scheduled you will receive lesson schedule via email. Students meet with an instructor once per week for 30, 45, or 60 minutes. Depending upon the instrument, age requirements may apply. Lessons are offered in-person throughout the week, depending on instructor availability. **Please note there will be a once per season \$10 non-resident charge for those participating in lessons that do not live in Storrs/Mansfield.** Winter season lessons will be held January through March. \*Fees below represent an estimated 12-class season; however, final fee is adjusted for the number of lessons, additional fees will apply if there are additional lessons available in the season. **Register with activity numbers below! Please note student recitals will be held at the conclusion of the winter and spring seasons.**

**Dates:** Jan. 5-March 27 (12 classes)  
**Make Up Lessons:** March 30-April 3  
Winter season student recital will be held on Sun., Dec. 14 starting at 1 p.m.

**Activity #:** 330700-A (30 mins)  
330700-B (45 mins)  
230700-C (60 mins)

[www.mansfieldcc.com](http://www.mansfieldcc.com)

LESSON LENGTH	30 MINUTES	45 MINUTES	60 MINUTES
*Approximate Full session (12 lessons)	\$467	\$638	\$841

***Not sure you're ready for the full season?***

***Give us a try with Mini LESSONS!***

Register to request 2 thirty minute mini lessons on your instrument of choice. Times subject to instructor availability.

Two mini lessons can be scheduled for the same instrument only once per season. Please visit the Lenard Hall Reception desk or [www.mansfieldct.gov/csa](http://www.mansfieldct.gov/csa) for a list of instructors.

Register online or in person with activity number below.

**Mini Lessons:** 330700-D (2-30 minute Lessons) - \$45

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# Community School of the Arts

## Electronic Music Production - FREE 30 Minute DEMO! (Ages 10+)

Want to learn to make beats? You've come to the right place! Schedule a FREE one-on-one demo lesson focusing on producing instrumental soundtracks! Learn to create drum patterns and compose melodies for genres including Pop, Rock, Hip Hop, EDM, and more. The best part is no experience or equipment is required; though it is very helpful if students have access to a computer (iPads and iPhones are also great alternatives if a computer is not available.) Electronic production is the primary topic but lessons can be customized to include other related skills, such as recording live instruments and vocals. Small group lessons can also be arranged. **If you enjoyed your demo, register for individual lessons to get started!**

**Instructor:** Walker Suib has been practicing Electronic Music Production (his favorite activity) for the last decade. He makes beats for singers and rappers, but also enjoys sound design, sound engineering, and songwriting.

**Location:** Lenard Hall

**Demo Fee:** FREE! - Email Walker Suib at SuibWJ@mansfieldct.org to schedule your free 30-minute demo.

**Fee:** Free 30-minute demo lesson. Can register for 30, 45, or 60-minute individual lessons (see Individual Instrumental and Voice Lesson rates).

## New! Showstoppers in Training: A Broadway Adventure (Grades 7-12)

Does your teen love to sing, dance, and tell stories? Join us for a musical theatre workshop where young performers in grades 7-12 will step into the spotlight and learn the art of the triple threat! Participants will learn about characterization, stage presence, staging/choreography, and vocal techniques for musical theater. Numbers will be cast and staged from "Legally Blonde," "Wicked," "Mama Mia," "Grease", "Frozen", "Annie", "Les Miserables", and more! This workshop culminates with a showcase for families and friends!

**Instructor:** Jill Paterson

**Location:** Lenard Hall

**Date:** Sat., Jan. 24 - March 14 (8 classes)

**Time:** 3:15-5:15 p.m.

**Fees:** \$75 for residents, \$85 for non-residents

**Activity #:** 330613-A

## New! Blues/Funk Ensemble (Ages 17+)

This ensemble explores the raw power of the blues and the groove-driven energy of funk. Students will develop skills in rhythm, improvisation, and ensemble playing while learning classic songs and contemporary interpretations. Together we will focus on locking in tight grooves, expressive solos, and dynamic interaction, creating music that is both soulful and electrifying. Students should bring electric/acoustic guitar, bass, drumsticks, horns, or percussions. Registration includes end of term showcase. We are seeking musicians on drums, guitar, bass, keyboards, vocals, and other instruments to participate in the ensemble. Applicants should have prior playing experience, as this class is not intended for complete beginners. Auditions will be held during the first class.

**Instructor:** Steven Ohm. I dedicated myself to sharing the joy of music through both teaching and performing. Playing guitar has brought me countless hours of happiness, and it is my mission to pass that same inspiration on to my students. After graduating from Berklee College of Music, I have taught at the collegiate level as well as in private and community settings around the Boston Metro area and Willimantic, giving me the opportunity to guide students of all ages and skill levels, from complete beginners to advanced players exploring new styles. Fluent in rock, blues, jazz, and folk, I help students build strong foundations while exploring diverse styles. My lessons are structured yet creative, cater to each student's needs, and focus on technique, expression, and the joy of making music.

**Location:** Lenard Hall

**Date:** Wed., Jan. 7-March 25 (12 classes)

**Time:** 5:30-7:30 p.m. (2 hours)

**Fees:** \$110 for residents, \$120 for non-residents

**Activity #:** 330304-A



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## Theatre

### New! Themed Theater Days Series (Grades K-6)

Join us for our Themed Theater Days Series. Each day has a unique theme and will include theater games individualized to reflect the theme, songs, a themed craft, and a themed snack. These fun-filled days will be a great way to spend a Saturday! Students must bring a water bottle and a bag lunch each day. Register for one, multiple, or all days using the activity numbers below.

**Lead Instructor:** Miss Kelly Production Staff

**Location:** Lenard Hall

**Dates:** Sat., Jan. 24 - Harry Potter Day (Act. # 330612-A)  
Sat., Jan. 31 - Taylor Swift Day (Act. # 330612-B)  
Sat., Feb. 7 - Minecraft Day (Act. # 330612-C)  
Sat., Feb. 21 - Minion/Despicable Me Day (Act. # 330612-D)  
Sat., Feb. 28 - Animal Day (Act. # 330612-E)  
Sat., March 7 - Wicked Day (Act. # 330612-F)  
Sat., March 21 - Dragons & Castles Day (Act. # 330612-G)  
Sat., March 28 - Ocean Day (Act. # 330612-H)

**Time:** 9:00 a.m.-3 p.m.

**Fee:** \$65 per day for residents, \$75 per day for non-residents

**Materials Fee:** \$10 per student per day due at time of registration, fee waivers do not apply to materials fee



### Upcoming Art Shows

Location: Mansfield Community Center

#### Autumn Harvest Show

Application to display deadline - Oct. 31

Show Dates - Nov. 15 - Dec. 13

#### Winter Solstice Show

Application to display deadline - Nov. 25

Show Dates - Dec. 14 - Jan. 17

#### Annual Juried Art Show

Call to artists begins in February 2026

Application Deadline - April 1

Show Dates - April 11 - May 30

#### Plain Air Weekend Event

Event Weekend - May 15 - May 18

Application Deadline - May 28

Show Dates - June 7 - Aug. 15

Visit Website for more information

Scan for Website



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# Community School of the Arts

## Visual Arts

### Art Mentorship - Private Art Lessons (Ages 6-Adult)

This type of mentorship provides aspiring artists with the rare opportunity to receive tailored guidance, feedback, and support from someone who has undergone rigorous training in traditional techniques and principles. Artists can expect to receive individualized instruction aimed at honing their technical skills and developing their artistic voice. During the first lesson, the instructor will establish a clear understanding of the student's current skill level, discuss specific techniques they wish to learn, and set achievable artistic goals. This foundational discussion will tailor the art lessons to meet the student's individual needs and aspirations. **Allison is available for one hour lessons Mondays through Thursdays from 5:00 p.m. to 8:00 p.m.** Students meet with the instructor once per week for 60 minutes. Register online or in person with activity numbers below and list preferred lesson time during registration. Once registered, you will be contacted within two weeks to discuss your lesson appointments, once scheduled you will receive lesson schedule via email. Art materials will be provided for the first lesson; students are required to bring their own materials to the following lessons. Instructor will review a materials list with the students at the first lesson.

**Instructor:** *Allison Pillari* brings a unique perspective to art making and what it means to "Create". She provides access to art for both identified artists and especially, those who previously did not consider themselves creative.

**Location:** Lenard Hall

**Dates:** Jan. 5-March 26 (12 lessons)

**Make Up Lessons:** March 30-April 2

**Fee:** \$636 for residents, \$646 for non-residents

Day	Date	Time	Activity Number
Mondays	Jan. 5-March 23	4:30-7:30 p.m.	330801-A
Tuesdays	Jan. 6-March 24	4:30-7:30 p.m.	330801-B
Wednesdays	Jan. 7-March 25	6-8 p.m.	330801-A1
Thursdays	Jan. 8-March 26	6-8 p.m.	330801-B1

### Not sure you're ready for the full season of Art Mentorship lessons? Try it out with Mini LESSONS!

Register to request 2 sixty minute mini art mentorship lessons with Allison. Times subject to instructor availability. Two Mini lessons can be scheduled only once per season.

**Mini Lessons:** 330801-C (2-60 minute Lessons) - \$90

### New! See It and Capture It (Families and Adults)

Taking pictures and having the skill to "see something" during a moment will give you an easy way to keep memories. If you have a camera, you can learn to take pictures! This 3-day course will go over: View Point, Lighting, and Composition. Each day consists of two parts, Example of a concept and Hands on learning. Register for the 3-day course using the activity numbers below.

**Instructor:** *Allison Pillari* is a Lyme Academy College of Fine Arts Alumn Their creative ways of introducing new skills to students is backed in strong foundations, alternative teaching and positive reinforcement.

**Location:** Lenard Hall

**Dates:** Wed.-Fri., Feb. 11-13 (Act. # 330042-A)

Wed.-Fri., March 11-13 (Act. # 330042-B)

Wed.-Fri., April 15-17 (Act. # 330042-C)

**Time:** 3-5 p.m.

**Fees:** \$45 for residents, \$55 for non-residents per session

### Open Studio Space for Artists (Ages 14+)

Artists of all mediums are welcome to enjoy the open studio space at the Community School of the Arts Lenard Hall. Bring your own materials, and come create and collaborate with your peers. Please leave yourself enough time to clean up! All skill levels welcome. No instruction provided. **Dates and times subject to change or cancellation due to holidays and facility scheduling needs, fees will not be prorated or refunded.** Attendance requires monthly registration. Additional details below.

**Location:** *Lenard Hall*

**Dates & Times:** Tues., Jan. 6-27, 4-6 p.m. (330000-A)

Tues., Feb. 3-24, 4-6 p.m. (330000-B)

Tues., March 3-31, 4-6 p.m. (330000-C)

**Fees:** \$12 for residents, \$22 for non-residents per session





## Youth Dance

**Instructors:** Mia (John) Pomeranke and professional dance instructors from Mansfield Academy of Dance. Instructors at the Mansfield Academy of Dance pride themselves on being lifelong learners who continually educate themselves through certification programs, teacher-training schools, conferences, and other learning opportunities. They are certified by test to teach dance through Dance Masters of America. Mansfield Academy of Dance instructors offer high-level dance education with focus on age appropriate physical and mental development as well as proper dance technique and terminology. Our goal is to prepare young dancers for any path they wish to pursue in life. Our dancers our inspired, confident, healthy, passionate, disciplined, focused, and proud.



### Pre-Ballet (Ages 3-5)

Skip, march, gallop and more in this introduction to ballet dance! Active young dancers learn through basic movement and dance-along songs, developing motor skills and learning basic ballet positions. Leotard, tights, and leather ballet shoes recommended. Please contact instructor for help ordering: miapomeranke@gmail.com. At the end of the last class of the session, there will be a small performance for parents/guardians to enjoy their dancer's hard work!

**Location:** CC Dance/Fitness Studio  
**Time:** 12:10 a.m.-12:55 p.m.  
**Dates:** Sun. Jan. 25-March 22 (9 classes)  
**Fee:** \$81 for residents, \$91 for non-residents  
**Activity #:** 320045-A

### Acrobatics and Tumbling (6-10 years)

A great introduction to body awareness, music and movement for the young and active dancer. We will work on increased upper body strength and moving and balancing in a variety of different ways. Class will incorporate props and obstacle courses in a way that makes it fun to get stronger. This class is designed to teach acrobatics skills including rolls, back bends, walk overs, cartwheels and progressing to more difficult skills such as handsprings, aerials and intricate balances. The focus will be on safely executing basic acrobatic tricks and creating acrobatic dance combinations to music and well as becoming stronger, more flexible, more confident and healthy!

**Location:** CC Gymnasium  
**Time:** 10:30 a.m.-11:15 a.m.  
**Dates:** Sun. Jan. 25-March 22 (9 classes)  
**Fee:** \$81 for residents, \$91 for non-residents  
**Activity #:** 320044-A

### Tumble and Twirl (Ages 3-5)

Get your body moving on Sunday morning! Allow your little one to explore the fundamentals of tumbling, acrobatic movements, gross motor skills, dance and basic stretching skills. Each day will start with a warm up dance, basic stretching to warm up the body and then children will move through a series of combination on the floor, mats, wedges, balance beam and other tumbling equipment. Tumblers will focus on balance and body awareness while improving their strength and coordination. **Parent involvement is highly encouraged to assist their child in class.**

**Location:** CC Gymnasium  
**Time:** 11:15 a.m.- 12 p.m.  
**Dates:** Sun. Jan. 25-March 22 (9 classes)  
**Fee:** \$81 for residents, \$91 for non-residents  
**Activity #:** 320047-A

### Ballet 1 (Ages 6-10)

Children will learn basic ballet positions and movements while exploring music and dance. Themes, props and creative dance will be incorporated to make learning steps and terminology exciting and fun. At the end of the last class of the session, there will be a small performance for parents/guardians to enjoy their dancer's hard work!

**Location:** CC Dance/Fitness Studio  
**Time:** 1:00-1:45 p.m.  
**Dates:** Sun. Jan. 25-March 22 (9 classes)  
**Fee:** \$81 for residents, \$91 for non-residents  
**Activity #:** 320046-A



# Dance



## Adult Dance



### Adult/Teen Ballet (Beg/Adv. Beg.) (Ages 14-Adult)

Ballet is a great way to develop flexibility, strength and body awareness. This class is designed to introduce new students to ballet and technique. The class will include ballet positions and movements. The level of difficulty will be adjusted to suit the experience of the students. All ability levels welcome!

**Instructor:** Shannon Malone  
**Location:** Senior Center  
**Dates:** Tues., Jan. 13 - March 24 (11 classes)  
**Times:** 6-7:30 p.m.  
**Fee:** \$121 for residents, \$131 for non-residents  
**Activity #:** 310040-A



### Beginner Line Dancing (Ages 16+)

A fun way to get moving, make friends and have some fun! Whether you're a total novice, or looking to brush up on your moves, our Beginner's Line Dancing Class is the perfect place to start. Get ready to have a blast, meet new friends, and dance your way to fitness and fun! No prior dance experience required! Don't miss out on this opportunity to learn something new and get active in a friendly, welcoming environment.

**Instructor:** Mia (John) Pomeranke and professional dance instructors from Mansfield Academy of Dance.  
**Location:** CC Dance/Fitness Studio  
**Dates:** Wed. Jan. 14 - March 25 (11 classes)  
**Times:** 6:45-7:45 p.m.  
**Fee:** \$110 for residents, \$120 for non-residents  
**Activity #:** 210043-A

### Belly Dance (Ages 16-Adult)

Belly dancing, a mystical dance form emphasizing expressive movements, is a fun way to tone your body from head to toe! Participants will move through a warm-up series, classic belly-dance moves, and a cool-down period, engaging your mind and muscle as you learn isolation techniques of this dance. Beginner/Intermediate – mixed level class, start with the basics and progress! Advanced classes are for those with experience, start putting the pieces together into routines as we work with zils, veils, and fanveils. **Socks or slipper-like dance shoes are required.**

**Instructor:** Ann Kozikowski has been a dancer all of her adult life. She trained with Arts in Motion School of Dance and Dramatic Arts, Trinity College, Lebanon School of Dance, Mansfield Academy of Dance, Fred Astaire and Arthur Murray Dance Schools, Vermont Ballroom Dance Camp. She has performed dance all over Connecticut and Massachusetts and received her Medal Standard Bronze II at Arthur Murray Dance School, along with her work as a choreographer. Her eighteen year study of the Art of Belly dance, Veil, and Zil work began with second-generation belly dancer, Nerine Avital. She has been teaching for fourteen years.

**Location:** CC Fitness/Dance Studio

### Beginner/Intermediate - mixed level class

**Session 1 Dates:** Mon., Jan. 12-Feb. 16 (6 classes)  
**Times:** 5:15-6:15 p.m.  
**Fee:** \$78 for residents, \$88 for non-residents  
**Activity #:** 310046-A

**Session 2 Dates:** Mon., March 2-March 30 (5 classes)  
**Times:** 5:15-6:15 p.m.  
**Fee:** \$65 for residents, \$75 for non-residents  
**Activity #:** 310046-A

### ADVANCED

**Session 1 Dates:** Mon., Jan. 12-Feb. 16 (6 classes)  
**Times:** 6:20-7:20 p.m.  
**Fee:** \$78 for residents, \$88 for non-residents  
**Activity #:** 310046-C

**Session 2 Dates:** Mon., March 2-March 30 (5 classes)  
**Times:** 6:20-7:20 p.m.  
**Fee:** \$65 for residents, \$75 for non-residents  
**Activity #:** 310046-D

## Find your perfect fitness class!

**Looking to improve flexibility, range of motion or balance?**

Pilates, Yoga, TRX  
Tai Chi, Barre  
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**Need a gentle class or have mobility issues?**

Silver Sneakers Classes  
Gentle Yoga  
Senior Fit Classes  
Tai Chi  
Aqua Therapy

**Classes for Seniors**

Silver Sneakers:  
Classic, Circuit, Stability, Yoga  
Senior Fit:  
Circuit and Yoga

**Fun and Challenging**

TRX, Kettlebells  
Bootcamp, Barre  
TRX & Yoga Core  
Water Yoga, Spoga  
Extreme Spin  
ZUMBA

**Prefer a water class?**

Aqua Therapy  
Water Fitness

**Learning & Challenges**

Strong Spine  
Knee Care Restore  
Myofascial Release of Hand and Foot  
Refer to page 35

**Build Strength & Endurance with:**

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Chair Circuit  
Chair Strength

Find Your Perfect Fitness Class! We have a variety of fitness classes to satisfy participants of all abilities. Our instructors will keep you motivated while teaching you safely and effectively. You will learn new moves while challenging your body. Be part of group fitness and put the fun back into your workout!

# FITNESS SCHEDULE WINTER 2026

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
<b>Spin M</b> <b>*Member Only*</b> <b>5:45-6:45 a.m.</b> 372000-A 10 classes- no 1/19 & 2/16 Instructor: Ron	<b>Hardcore Bootcamp</b> <b>5:40-6:25 a.m.</b> 370012-A \$51/\$102 11 Classes Instructor: Tiffany	<b>Spin W/F</b> <b>5:45-6:45 a.m.</b> 370001-A \$130/\$260 18 classes- no 1/7 Instructor: Ron	<b>Hardcore Bootcamp</b> <b>*Member Only*</b> <b>5:35-6:20 a.m.</b> 372007-A 11 Classes Instructor: Tiffany	<b>Spin W/F</b> <b>5:45-6:45 a.m.</b> 370001-A \$130/\$260 18 classes- no 1/16, 1/23, 2/13 Instructor: Keri	<b>Hardcore Bootcamp</b> <b>8-8:45 a.m.</b> 370012-B \$27/\$54 5 classes only - 2/7- 3/21, no 2/14 & 3/7 Instructor: Tiffany	<b>Restore Yoga</b> <b>*Member Only*</b> <b>8:15-9:15 a.m.</b> 372010-A 9 classes - no 1/25 & 3/15 Instructor: Carol
<b>Boxing Basics</b> <b>8:45-9:30 a.m.</b> 370099-A \$50/\$100 9 classes- no 1/19 & 2/16 Instructor: Jerry	<b>Spin T/Th</b> <b>6:30-7:30 a.m.</b> 370001-B \$145/\$290 20 classes- no 1/6, 1/8 Instructor: Ron	<b>Tabata</b> <b>8-8:45 a.m.</b> 370100-B \$51/\$102 11 classes Instructor: Tiffany	<b>Spin T/Th</b> <b>6:30-7:30 a.m.</b> 370001-B \$145/\$290 20 classes- no 1/6, 1/8 Instructor: Ron	<b>Spin</b> <b>*Member Only*</b> 7:45 - 8:30 a.m. 10 classes- no 1/23 Instructor: Keri	<b>Senior Fit Yoga</b> <b>9:30-10:15 a.m.</b> 370022-B \$50/\$100 11 classes Instructor: Masila	<b>Extreme Spin</b> <b>9:30 - 11 a.m.</b> 370002-A \$90/\$180 10 classes- no 1/11 Instructor: Ron
<b>TRX Circuit</b> <b>9-9:45 a.m.</b> 370074-A \$42/\$84 9 classes- no 1/19 & 2/16 Instructor: Tiffany	<b>Pilates Level 1</b> <b>9:45-10:30 a.m.</b> 370028-B \$54/\$108 10 classes- no 2/17 Instructor: Keri	<b>Water Fitness</b> <b>9:30-10:30 a.m.</b> 370037-B \$80/\$160 11 classes Instructor: Keri	<b>Barre</b> <b>9:30-10:30 a.m.</b> 370007-A \$72/\$114 10 classes- no 2/12 Instructor: Keri	<b>Strength Fusion</b> <b>*Member Only*</b> <b>8:45-9:30 a.m.</b> 372009-A 10 classes- no 3/14 Instructor: Tiffany		
<b>Water Fitness</b> <b>10-11 a.m.</b> 370037-A \$50/\$100 7 classes- no 1/5, 1/19, 1/26, 2/16 Instructor: Keri	<b>Pilates Level 2*</b> <b>10:40 - 11:25 a.m.</b> 370028-C \$54/\$108 10 classes- no 2/17 Instructor: Keri	<b>Silver Sneakers Classic</b> <b>10-10:45 a.m.</b> 370015-B \$54/\$108 10 classes- no 2/18 Instructor: Jerry	<b>Aqua Therapy</b> <b>10:30-11:15 a.m. T/Th</b> 370041-A \$102/\$104 22 classes Instructor: Dorinda	<b>Yoga Strength and Stability</b> <b>10:30-11:30 a.m.</b> 370023-A \$79/\$158 11 classes Instructor: Sharon		
<b>Kettlebell</b> <b>10-10:30 a.m.</b> 370074-A \$28/\$56 9 classes- no 1/19 & 2/16 Instructor: Tiffany	<b>Aqua Therapy</b> <b>10:30-11:15 a.m. T/Th</b> 370041-A \$102/\$104 22 classes Instructor: Dorinda	<b>Chair Classic</b> <b>10-10:45 a.m.</b> 370015-Z \$54/\$108 10 classes- no 2/18 Instructor: Jerry	<b>Senior Fit Yoga</b> <b>*Member Only*</b> <b>11-11:45 a.m.</b> 372008-A \$42/\$84 10 classes- no 1/8 Instructor: Ron	<b>Silver Sneakers Stability</b> <b>10:00-10:45 a.m.</b> 370019-A \$42/\$84 9 classes- no 3/7, 3/14, 3/21 Instructor: Ron		
<b>Total Body Start</b> <b>10-11 a.m.</b> 370097-A \$80/\$160 11 classes Instructor: Jiani	<b>Senior Fit Circuit</b> <b>*Member Only*</b> <b>11-11:45 a.m.</b> 372004-A 10 classes- no 1/6 Instructor: Ron	<b>Gentle Yoga</b> <b>10:30-11:30 a.m.</b> 370046-A \$79/\$158 11 classes Instructor: Sharon	<b>Aqua Therapy</b> <b>11:20 a.m.-12:05 p.m. T/Th</b> 370041-B \$102/\$104 22 classes Instructor: Dorinda	<b>Silver Sneakers Stability</b> <b>11:15-12:00 p.m.</b> 370019-B \$42/\$84 9 classes- no 3/7, 3/14, 3/21 Instructor: Ron		
<b>Tabata</b> <b>*Member Only*</b> <b>10:45-11:15 a.m.</b> 372001-A 9 classes- no 1/19 & 2/16 Instructor: Tiffany	<b>Aqua Therapy</b> <b>11:20 a.m.-12:05 p.m. T/Th</b> 370041-B \$102/\$104 22 classes Instructor: Dorinda	<b>Silver Sneakers Circuit</b> <b>11-11:45 a.m.</b> 370008-B \$54/\$108 10 classes- no 2/18 Instructor: Jerry	<b>Senior Fit Circuit</b> <b>2:30-3:15 p.m.</b> 370008-C \$50/\$100 11 classes Instructor: Masila	<b>Power Pilates</b> <b>12-12:45 p.m.</b> 370028-C \$80/\$160 11 classes Instructor: Jiani		
<b>Silver Sneakers Classic</b> <b>10-10:45 a.m.</b> 370015-A \$50/\$100 9 classes- no 1/19 & 2/16 Instructor: Jerry	<b>Osteoporosis for Women</b> <b>12-1 p.m.</b> 370050-A \$50/\$100 5 Classes Only- 1/6 - 2/3	<b>Chair Circuit</b> <b>11-11:45 a.m.</b> 370008-Z \$54/\$108 10 classes- no 2/18 Instructor: Jerry	<b>Zumba</b> <b>5-6 p.m.</b> 370096-A \$65/\$130 9 Classes- no 1/15 & 2/12 Instructor: Tianna			
<b>Chair Classic</b> <b>10-10:45 a.m.</b> 370015-V \$50/\$100 9 classes- no 1/19 & 2/16 Instructor: Jerry	<b>AT for All</b> <b>12-1 p.m.</b> 370050-B \$50/\$100 5 Classes Only- 2/10 - 3/10	<b>Boxing Basics</b> <b>3-3:45 p.m.</b> 370099-B \$54/\$108 10 classes- no 2/18 Instructor: Jerry	<b>Ability Fitness</b> <b>6:15-7:00 p.m.</b> 6:15-7:00 p.m. 370005-A \$49/\$98 9 classes- no 2/19 & 3/12 Instructor: Mandy			
<b>Silver Sneakers Circuit</b> <b>11-11:45 a.m.</b> 370008-A \$50/\$100 9 classes- no 1/19 & 2/16 Instructor: Jerry	<b>Senior Fit Yoga</b> <b>2:30-3:15 p.m.</b> 370022-A \$50/\$100 11 classes Instructor: Masila	<b>Corefusion</b> <b>5-6 p.m.</b> 370055-A \$68/\$136 11 classes Instructor: Dorinda	<b>1st Year Tai Chi</b> <b>5:30-6:45 p.m.</b> 370029-A \$99/\$198 11 classes Instructor: George			
<b>Chair Circuit</b> <b>11-11:45 a.m.</b> 370008-V \$50/\$100 9 classes- no 1/19 & 2/16 Instructor: Jerry	<b>Student Yoga</b> <b>*Member Only*</b> <b>2:40 - 3:25 p.m.</b> 372011-A 11 Classes Instructor: Dorinda		<b>Continuing Tai Chi</b> <b>7-8:15 p.m.</b> 370030-A \$99/\$198 11 classes Instructor: George			
<b>Functional Power</b> <b>*Member Only*</b> <b>4:00-4:45 p.m.</b> 372002-A 11 classes Instructor: Jiani	<b>Spoga</b> <b>*Member Only*</b> <b>6:55-7:55 p.m.</b> 372005-A 11 classes Instructor: Ron		<b>Power Pilates</b> <b>7:15 - 8:00pm</b> 370028-B 11 classes Instructor: Jiani			
<b>Pilates- Dynamic</b> <b>*Member Only*</b> <b>5:15 - 6:15 p.m.</b> 372003-A 11 classes Instructor: Jiani						
<b>Pilates- Dynamic</b> <b>6:30 - 7:30 p.m.</b> 370028-A \$80/\$160 11 classes Instructor: Jiani						

**MEMBER-ONLY FITNESS CLASSES!**

NEW! Included in your membership to the community center you now get access to select classes for free. Pre-registration is required, registration opens 24hours prior to the class start time. Use the QR code below to learn more information and to learn how to register for these free classes!



SCAN HERE

How-to Instructions

Member-Only Classes

**WINTER FITNESS CLASSES 2026**

Session : Monday, January 5th - Sunday, March 22nd

Make-Up Class Week: Monday, March 23rd - Sunday, March 29th

First fee listed is for MCC Member, second fee is for non-members

MCC Member Only included in membership

See class descriptions on pages 30-31

For help finding the right class for your needs, see page 27

Please check your receipt for information updated after printing of brochure

**KEY**

- Class is in gym
- Class is in pool
- Class is in Community Room
- Class is Virtual



# Fitness Class Descriptions Winter 2025

## Member-Only Classes

CLASS	DESCRIPTION
<b>Spin</b>	Special stationary bikes, trained instructors and motivating music provide a great workout. We STRONGLY encourage participants to come to class 5 minutes early allowing time for set up and to bring a water bottle and sweat towel. Available for Member Exclusive and Non-Member.
<b>Functional Power</b>	This high-intensity class fuses functional strength, explosive core work, and dynamic movement patterns to boost performance, stability, and power. Expect sweat, challenge, and results! Available for Member Exclusive and Non-Member.
<b>Pilates- Dynamic</b>	Dynamic Pilates class is a more energetic and challenging variation of traditional Pilates. It combines controlled movements with a faster pace and added resistance to build strength, improve flexibility, and enhance core stability. Expect a full-body workout that targets deep muscles, improves posture, and leaves you feeling strong and revitalized
<b>Senior Fit Circuit</b>	Stay strong, active, and confident with this low-impact, full-body circuit workout designed specifically for older adults. Move through a series of functional exercises that improve strength, balance, flexibility, and coordination. Chair support is offered to safely perform movements.
<b>Spoga</b>	A yoga- spin hybrid class, designed to give you 30 minutes of cardiovascular workout on the spin bike, followed by 30 minutes on the yoga mat. The combination allows you to increase your overall fitness while improving flexibility and core strength.
<b>Senior Fit Yoga</b>	You will move your whole body through a complete series of seated and standing yoga poses. Chair support is offered to safely perform a variety of seated and standing postures designed to increase flexibility, balance and range of movement. Restorative breathing exercises and final relaxation will promote stress reduction.
<b>Strength Fusion</b>	A high intensity workout combining strength training and functional movements to build muscle, improve endurance, and boost overall fitness. This class blends weightlifting, bodyweight exercises, and circuit-style training to challenge your body and deliver powerful results. Perfect for all fitness levels!
<b>Tabata</b>	Tabata class is a fast-paced, high-intensity workout that combines short bursts of exercise with brief rest periods. It's designed to improve strength, endurance, and overall fitness in a short amount of time. Expect a challenging and energizing session that gets your heart rate up.
<b>Restore Yoga</b>	Join us on Sunday mornings for our restorative yoga class. This is an excellent pathway to quiet the mind and calm the body. With the use of props such as blocks, and blankets restorative postures release tension and encourage surrender into a deeper sense of relaxation and stillness. Restorative yoga classes are perfect for all levels of experience and stages of flexibility.
<b>Student Yoga</b>	Designed specifically for students, this class offers a balanced blend of gentle movement, mindful breathing, and relaxation techniques to support both physical and mental well-being. Participants will enhance flexibility, focus, and stress management while developing healthy habits for academic and personal success. Suitable for all experience levels.

## ALL OTHER CLASSES

CLASS	DESCRIPTION
<b>TRX Circuit</b>	Join us for this metabolic total body workout. Circuit training will include TRX straps as well as other aerobic and strength stations.
<b>Total Body Start</b>	A beginner-friendly class that focuses on building a strong foundation with bodyweight and dumbbell exercises. Perfect for those new to fitness, this class targets all major muscle groups to improve strength, mobility, and endurance.
<b>Water Fitness</b>	A non-impact workout in the lap pool, using both deep and shallow end of the pool. Participants can expect a total body workout!
<b>Silver Sneakers Classic</b>	Have fun and move to the music through a variety of exercised designed to increase muscular strength, range of movement and activities for daily living. Hand-held weights, elastic tubing with handles and workout balls are offered for resistance. A chair is available if need for seated or standing support. *Virtual Option Available*
<b>Silver Sneakers Circuit</b>	Combine fun with fitness to increase your cardiovascular and muscular endurance power with a standing circuit workout. Upper-body strength work with hand-held weights, elastic tubing with handles, and a workout ball is alternated with low-impact aerobics choreography. A chair is used for standing support, stretching and relaxation exercises. *Virtual Option Available*
<b>Kettlebells</b>	This class is a high intensity class incorporating all basic Kettlebell movements as well as learning some advanced moves. This class will help you gain strength while improving cardiovascular health, balance and flexibility. Pre-req: Kettlebells Basics or instructor permission required.
<b>Corefusion</b>	A class combining the fundamental movements of both Pilates and Yoga. Emphasis on breath work and core strength.
<b>Hardcore Bootcamp</b>	A major challenge. This is a total body workout with emphasis on core and muscle endurance as well as specific athletic applications for any sport. Be prepared to work hard. Please be on time for proper exercise instruction at the beginning of class. Bring a water bottle and sweat towel. Class may utilize outdoor space as weather allows.

# Fitness Class Descriptions Winter 2025

CLASS	DESCRIPTION
<b>Pilates Level 1</b>	An introduction to the fundamentals of Pilates, this class focuses on core strength, alignment, and controlled movement. Students will learn proper breathing techniques and foundational exercises to build stability, flexibility, and body awareness. Ideal for beginners or anyone looking to refine their technique.
<b>Pilate Level 2</b>	Building on the foundations of Level 1, this class offers a more challenging and dynamic practice. Participants will explore advanced variations, increased resistance, and fluid sequencing to further develop strength, coordination, and endurance. Recommended for those with prior Pilates experience seeking to deepen their practice. Please speak with instructor before signing up
<b>Aqua Therapy</b>	A gentle therapeutic water exercise class designed to increase flexibility, strength, endurance and help improve posture in the warm therapy pool! Great for individuals with arthritis, moderate joint pain, back pain or other musculoskeletal issues.
<b>Boxing Basics</b>	Step into the ring—without the hits. This high-energy, non-contact boxing class is designed for individuals looking for a powerful workout that builds strength, stamina, and stress relief without sparring. You'll learn real boxing techniques—footwork, combinations, and bag work—while improving cardiovascular fitness, coordination, and confidence. No experience required. Gloves on, stress off. Personal equipment will be needed at participants expense after the first week of classes. (wraps and gloves)
<b>Posture, Balance, &amp; Mobility</b>	Improve your posture and overall health in this 5- week session, focused on balance, mobility, and overcoming the fear of falling. The Alexander Technique is a proven technique that helps restore balance, improve coordination, and reduce chronic pain.
<b>Zumba</b>	Get ready to groove in a 60-minute Zumba class that transforms fitness into a dance party. Start with a fun warm-up to get your body moving, then dive into a high-energy mix of salsa, merengue, and hip-hop.
<b>Gentle Yoga</b>	A class for true beginners and those requiring a very basic gentle class. Gentle yoga will emphasize breath work, proper body alignment, and begin the process of improving health through the practice of yoga. Focus will also be on linking breath with the movement. Participants should be able to get on/off the floor.
<b>HIIT</b>	HIIT (High-Intensity Interval Training) is a fast-paced workout that alternates between intense bursts of exercise and short recovery periods. Designed to maximize calorie burn and improve cardiovascular fitness in a short amount of time, HIIT is effective for building strength, endurance, and increasing metabolism. It can be customized to all fitness levels and typically includes a mix of cardio, strength, and bodyweight exercises.
<b>Barre</b>	A dynamic fusion of ballet-inspired movement, Pilates, and strength training. This low-impact, high-intensity class focuses on small, precise movements that sculpt muscles, improve posture, and build endurance. Expect a full-body burn with light weights, pulsing holds, and core-focused work—all set to upbeat music.
<b>Ability Fitness</b>	For Adults and Teens with special needs. We welcome individuals ages 14+ to join us for a fun and healthy fitness class. Class will include riding stationary "spin" bikes for cardiovascular exercise as well as functional based strength training. Strength training may include body weight exercises or other forms of resistance including hand weights, resistance bands, stability balls or aerobic steps. Instructor will make modifications to meet the needs of the participants as best as possible. Individuals requiring special accommodations such as additional staff support should register at least 15 days in advance. * Please be sure to note any special accommodations or medical alerts on the registration form.
<b>1st Year Tai Chi</b>	This class will introduce students to this ancient Chinese martial and movement system that can help alleviate stress, calm the mind, improve balance and circulation and increase flexibility. We'll use various Yang style Tai Chi movement and classical Qigong healing exercises to help us learn to direct our life force (Chi) to relax and energize the mind and body and move toward a more relaxed mindfulness. This course can be repeated as many times as the student feels necessary before moving on to the Continuing class.
<b>Continuing Tai Chi</b>	This class is designed for experienced practitioners to bring their Tai Chi skills to the next level. We will focus our practice on Tai Chi fundamentals and principles, improved energy and body balance and an enhanced body-mind connection using more complex form movements and Chi (life force) cultivation exercises. Requirement: two years experience or permission of the instructor.
<b>Osteoporosis For Women</b>	This class is designed to help women build strength, improve balance, and enhance bone health in a safe and supportive environment. Through low-impact weight-bearing exercises, posture work, and flexibility training, participants will learn effective ways to maintain mobility and reduce the risk of falls or fractures. Suitable for all fitness levels, with modifications provided to meet individual needs.
<b>Strength Fusion</b>	A high intensity workout combining strength training and functional movements to build muscle, improve endurance, and boost overall fitness. This class blends weightlifting, bodyweight exercises, and circuit-style training to challenge your body and deliver powerful results. Perfect for all fitness levels!
<b>AT For All</b>	The Alexander Technique is a method for improving posture, coordination, and overall movement. It emphasizes the relationship between the head, neck, and back and how these elements influence the overall bodily coordination. By becoming conscious of these patterns, individuals can learn to release unnecessary tension and move in a more balanced and efficient manner.

## Health Assessment & Coaching

Are you stuck trying to figure out how to start on your fitness or exercise journey? Do you want to explore more aspects of your health as a whole? Have your fitness gains plateaued? We offer Personal Training for your exercise specific goals, but sometimes you just need a little more or something different to round out your routine. Email Jill Funk at [funkj@mansfieldct.org](mailto:funkj@mansfieldct.org) for more information on how to get started. Sport Specific coaching available as well.

### Functional Movement Screen

First Move Well, Then Move Often! The Functional Movement Screen is comprised of 7 tests that look at your balance, mobility and stability. These patterns of movement will show you where your weaknesses, imbalances, asymmetries and limitations lie. No matter your fitness level, this test can benefit your exercise program by finding faulty movement patterns. Find out where you are compensating in your movement; improve your biomechanics; help prevent future injuries.

**2-30 minute sessions** - \$80 (initial measurement taken at first appointment, analysis of results with specific exercise demonstration at second appointment)

### Body Composition Testing

Being healthy or getting fit is more than just exercise. We can help you look at YOUR body and give you information that you can use more effectively than just a number on the scale. Did you know...lean muscle weighs more than fat? The location of changes in skinfold measurements can provide clues about your hormone levels. Analyzing your body composition can help you set and reach goals. Initial measurements of skinfold and girth taken at 4-7 sites. Calculation of body fat and lean mass percentages.

**2-30 minute sessions** - \$80 (initial measurement and 6-week follow-up) For information on above packages email [funkj@mansfieldct.org](mailto:funkj@mansfieldct.org)

### Pre-Post Natal Exercise Counseling:

Scientific studies suggest the numerous health benefits that exercise provides for both expectant mothers and their babies. Yet, the unique physical changes that accompany pregnancy and the postnatal period necessitate specialized knowledge and attention. We can help you with personalized programs that will prioritize the well-being of both mothers and their newborns. Interested in this program? Please contact [Jill Funk @ funkj@mansfieldct.org](mailto:jill.funk@mansfieldct.org) for more information.

### Youth Fitness – Cardiovascular



Youth ages 10-13 may utilize the cardiovascular equipment (ellipticals, bikes, rower) with proper parental supervision. Parent or guardian (18+) must be actively supervising youth at all times. Youth and parent must check in with Fitness Assistant upon arriving on the fitness floor. Only cardiovascular equipment may be used, unless Youth Resistance Training Class has been completed. Orientation to cardiovascular equipment is not mandatory, but strongly suggested. Please ask for help from our Fitness Assistants.

☺ See pg. 10 for corresponding Child Care hours for younger siblings  
**Days:** Tues., Thurs., Fri., 4 p.m. - Close, Sat. & Sun. all day  
**Fee:** FREE! – Members only!

## Youth Resistance Training Orientation

This Personal Trainer led class allows youth ages 10-13 and their parent of guardian (18+) to learn the basics of a safe progressive Resistance Training Program. After completion of this orientation, youth are then allowed to take this pre-designed program to the fitness area during youth fitness hours, under a parents/guardians supervision. This class is mandatory for use of the fitness center by this age group. **This program is available to Community Center Members only. Pre-registration required.**

**Instructor:** Mansfield Community Center Personal Trainers

**Location:** Exercise/Dance Studio

**Day/Time:** TBD

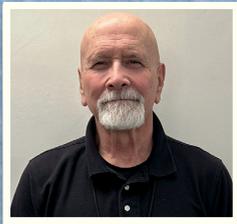
**Fees:** \$10 per youth/parent pair- Members only- **Registration Required**

**Activity Number:** 370090-A



## Meet Our Personal Trainers

Find bios at  
<https://www.mansfieldct.gov/1657/Personal-Training>



**Jerry Kleinman**  
 jerryk@anyagefitness.com



**Jill Funk**  
 funkj@mansfieldct.org  
 429-3015 ext. 6202



**Tony Singe**  
 singeat@comcast.net



**Jiani Ren**  
 jiani.106621@gmail.com

### Personal Training for All Levels of Fitness

All our trainers have a common link...the commitment to improve your health. Their commitment includes a personal program tailored to meet your needs, active involvement in your training, and a wealth of knowledge to approach your fitness program with confidence. To assist you in finding the best personal trainer to meet your needs, check out our trainer profiles online or in the fitness center, or check in with our Recreation Supervisor, Jill Funk for more information. Sessions and schedules are designed to meet individual and small group needs. Pricing per session will be \$65-\$85 per hour with options for shorter sessions or small groups to provide cost savings.

- Rehabilitative Needs
- Specific Athletic Conditioning
- Small Group Training
- Weight Loss or Gain
- Motivation

**FIND US ON FACEBOOK**



**and INSTAGRAM!**



**@MansfieldCommunityCenter**

LET OUR FITNESS STAFF HELP YOU



GET STARTED  
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JOURNEY  
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EQUIPMENT ORIENTATION  
SESSIONS AVAILABLE TO MEMBERS

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MANSFIELD  
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*Family, Fitness & Fun!*

### Calling all Elves!

Elves, we know you're out there keeping an eye on things for Santa, but he's putting out an S.O.S. (Sound Of Santa, that is) calling for your help in making sure the letter transport goes smoothly. He'd like to be sure all letters are signed and sent out to all the children who have written to him. Email [ronteykb@mansfieldct.org](mailto:ronteykb@mansfieldct.org) with your questions, or to confirm your attendance to his call for aide. He'll need his elf crew assembled Monday, December 15th, at 10 a.m. at the Mansfield Senior Center.





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State Farm Florida Insurance Company, Winter Haven, FL

# Local Drinks & Dining

We take pride in delivering great food, value and service to our friends and neighbors here in the community.

**Thanks for supporting our family business!**

Appetizers | Pizza & Calzones  
Quesadillas | Grinders & Burgers  
Wraps | Paninis | Wings Italian/  
Mexican/Greek Dishes



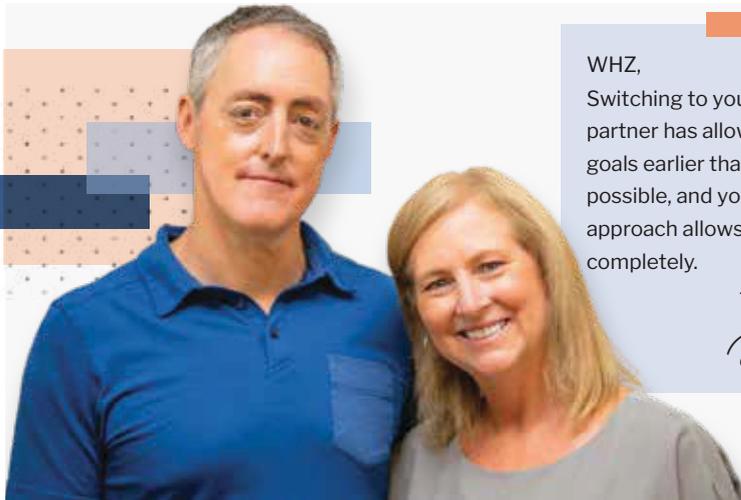
## Red Rock Restaurant

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Thank you!

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Visit [whzwealth.com](http://whzwealth.com) to read more about Dan and Lois's story.



STRATEGIC WEALTH ADVISORS

(860) 928-2341

392-A Mellow Road, Tolland, CT 06084  
697 Pomfret Street, Pomfret Center, CT 06259

This statement was provided 9/3/2025 by Dan and Lois Shaughnessy, who are clients. This statement may not be representative of the experience of others and is not a guarantee of future performance or success. For additional reviews, search us wherever local businesses are reviewed. Securities and advisory services offered through Commonwealth Financial Network®, Member FINRA/SIPC, a Registered Investment Advisor.

## Health & Fitness Learning

### Forest Bathing - A Mindfulness experience in Nature

Experience the healing and wellness practice of forest therapy; sometimes also referred to as forest bathing. Grounded in the Japanese practice; shinrin-yoku, the practice of bathing the senses in the atmosphere of the forest promotes reducing stress, enhancing mood and feelings of wellness. On the 2 hour walk, you will experience a series of guided, gentle invitations to open the senses, cultivate presence, and invite healing interactions between people and the natural world. Everyone gets something different from forest walking experiences- it may help you feel more connected to nature, or you may experience connection to others or yourself during your time on the walk. This is not a hike and is open to all ability levels; and levels of experience in nature. Come for this free activity to pause in the day and connect with the more than Human World and to others on the walk.

**Trainer:** *Gina DeVivo Brassaw* is Certified as a guide with the Association of Nature and Forest Therapy. As a forest therapy guide, Gina will guide the group, with the forest as the therapist.

**Location:** Information on park location in Mansfield will be emailed prior to the walk

**Fee:** Free for members. \$10 per date for non-members

**Activity #:** 370070-A



### Myofascial Release Hand and Foot Clinic

Reduce pain, stiffness, recover faster, get stronger. Our hands and feet are two of the most used parts of our body on a daily basis, yet how often do we show them attention and care? In this class we'll use a number of props and tools (which will be yours to take home) in order to reconnect & rebalance your body with your mind, rehydrate your fascia and release tension which will lead to overall better mobility and reduced chronic pain throughout your entire body. By the end of 7 sessions you will have an easy to follow daily protocol that you can quickly do at home to maintain the benefits. All levels of fitness are encouraged to enroll.

**Trainer:** *Keri Jenkins*

**Location:** MCC Dance/Fitness Studio

**Fee:** \$40 for members, \$80 for non-members  
\$50 Material Fee

**Sessions:** 7 classes- Tues., Jan. 27 - Tues., March 17- no 2/17

**Time:** 6-6:45 p.m.

**Activity #:** 371003-A

### Strong Spine

Build a resilient, balanced, and supported body from the core, out. This class focuses on strengthening the muscles that support your spine—including your core, back, glutes, and hips—while improving posture, alignment, and stability. Through targeted exercises, mobility work, and mindful movement, you'll enhance spinal health, reduce the risk of injury, and feel more confident in everyday movement.

**Trainer:** *Jiani Ren*

**Location:** MCC Dance/Fitness Studio

**Fee:** \$35 for members, \$70 for non-members

**Sessions:** 6 Classes- Thu., Jan. 8 - Thur., Feb. 12

**Time:** 12-12:45 p.m.

**Activity #:** 371004-A

### Knee Care Restore

Support your knees with gentle, targeted movement designed to build strength, improve mobility, and reduce discomfort. This restorative class focuses on the muscles and joints that impact knee health—hips, quads, hamstrings, calves, and feet—using mindful exercises, stretching, and stability work. Ideal for anyone recovering from knee issues, dealing with chronic pain, or simply wanting to move with more ease and confidence.

**Trainer:** *Jiani Ren*

**Location:** MCC Dance/Fitness Studio

**Fee:** \$30 for members, \$60 for non-members

**Sessions:** 5 Classes- Thu., Feb. 19 - Thur., Mar. 19

**Time:** 12-12:45 p.m.

**Activity #:** 371005-A

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**@MansfieldCommunityCenter**

# Aquatics



Welcome to the Mansfield Community Center Indoor Aquatic Center. The Center has one 6-lane 25 yard competitive lap pool with a diving area, and a mid-size therapy pool for specialized use and classes. We offer a wide range of activities and programs to accommodate all ages and abilities including swimming lessons, water fitness classes, general recreational swimming, lap swimming, and much more. Pools operate under the supervision of certified Lifeguards at all times. The pools also host several special events including our Family Fun Nights and are available for birthday party rentals as well. The Aquatic Center will close at 8:00 p.m. Monday through Friday, and on Saturday and Sunday, at 3:30 p.m. with the exception of specific holiday hours. For an overview of pool usage and designated activity time, please pick up a **bi-weekly pool** schedule located at the kiosk in the front lobby or visit our website at [www.mansfieldcc.com](http://www.mansfieldcc.com).

## You Can Choose to Swim Healthy!

Healthy Swimming behaviors are needed to protect you and your kids from RWIs (Recreational Water Illnesses) and will help prevent germs from getting in the pool.

Here are three "MUSTs" that promote Healthy Swimming:

### Three "MUSTs" for All Swimmers

1. Swimmers MUST take a shower at the MCC with warm water and soap before entering the pools.
2. Swimmers MUST avoid swimming if they have diarrhea or any communicable disease. This can spread germs in the water and make other people sick.
3. Swimmers bringing in their own approved equipment MUST rinse off equipment in the shower before use. Please see our approved equipment list for more information.

## GENERAL INFORMATION

### Main Pool

Our 6-lane, 25-yard lap pool is available for General Swim, Lap Swim, as well as hosting several aquatic classes and lessons. Please see our weekly block schedule for an overview of designated times.

### General Swim

The Main Pool is open for recreational and leisure swimming for individuals and families at designated times. All non-swimmers must be in the water with an adult at all times. The diving board will be open at various times, please see the bi-weekly schedule for details. General swim cannot be used for lap swimming.

### Lap Swim

Lap swim times are available at designated times. Lap swimming is intended for fitness and requires continuous movement with appropriate swimming strokes at your own pace. Snorkels are allowed at lap swim times only. Masks covering the nose are prohibited.

### Therapy Pool

The Therapy Pool has designated time for specialized classes, therapeutic use, and family swim. This pool's intended purpose is to provide a warmer, more comfortable environment for those with therapeutic needs such as arthritis, chronic joint pain, and fatigue, as well as individuals needing rehabilitation for injuries. This pool is available for families and swim lessons at designated times. Please see the bi-weekly schedule for an overview of times.

### Therapeutic Use

This time is designated for individuals with therapeutic needs only. Limited water exercise equipment is available for individual use upon request. Specialized water fitness equipment is allowed with staff approval. This time is reserved for 18+, special considerations will be made on a case by case basis.

### Family Use

This time is designated for families to utilize and enjoy the warm comfortable environment of the Therapy Pool. Please be respectful of those using the pool for therapeutic purposes. There is no jumping in the therapy pool.

## Lap Swim Etiquette

Due to the limited number of lap lanes, it is mandatory that patrons share lanes accordingly:

- Please group yourselves according to ability.
- Two swimmers – each swimmer stays on his/her respective side of the lane.
- Three swimmers – swim counter-clockwise in a single file line, staying on the right side of the lane.
- Make sure it is safe to pass if necessary.
- Safety First – When entering a lane that is already occupied by a swimmer, please alert that swimmer that you will be sharing a lane with them.
- Swim caps are encouraged during lap swim.



## POOL RULES -for your safety-

- All patrons **MUST** shower before entering the pools.
- All children who are not potty trained must wear appropriate swim diapers. There are No exceptions.
- Children 5 years and under must be accompanied into the water by an adult (18 years or older) who is within arms reach.
- Children 6 – 8 years old must be accompanied by an adult (18 years or older) into the pool if they have NOT passed a swim test.
- Children 6 – 8 years old must be accompanied by an adult (18 years or older) into the pool area if they have passed a swim test.
- Children who are 9 and over who have passed a swim test are allowed in the pool and pool area without a parent.
- Children who are 9 - 11 and who have NOT passed a swim test must be accompanied by an adult (18 years or older) into the pool area.
- Only MCC provided Coastguard approved lifejackets and life vests are permitted in our pool during general swim times and family use times ONLY and in designated areas of the pool. **Any child/patron wearing a lifejacket or life vest must be accompanied into the water by an adult 18 years or older and must be within arm's reach.** No one wearing a lifejacket will be permitted in the deep end of the pool.
- Only MCC provided Kickboards, pull buoys, and noodles may be used in the pools and are 18+.
- Masks without nose covering, snorkels, fins and hand paddles are allowed during lap swim only.
- Only MCC **APPROVED** pool equipment & toys may be used in the pools.
- Questionable swimmers may be asked to take a swim test consisting of one comfortable 25 yard lap of front crawl, 30 second water tread, and 10 second back float. Swimmers may be retested at any time.



## Our Aquatic Swim Test

Help keep our pool safe and ask a guard to administer a swim test. Swim tests are an important part of keeping our members and guest safe in the swimming area. All swimmers ages 6-14 should be swim tested on their first visit! Below is what the swim test consists of.



- 1. Swim 25 yards:** Child cannot touch floor, wall or lane line. Must continually be moving forward, must not stop. If child stops or holds onto something they must restart the swim test. If they do not pass they may be asked to wear a lifejacket if they can't touch the bottom of the pool in the shallow end. If a lifejacket is required a parent must enter the water with the child.
- 2. Tread Water 30 seconds:** Child must demonstrate they can tread water for 30 seconds. Any style kick is fine as long as child's head stays above water.
- 3. Back-float for 10 seconds:** Child must demonstrate the ability to get into a back float and hold it for at least 10 seconds.

## Our Policy

Children 5 years and under must be accompanied into the water by an adult (18 years or older) who is within arm's reach.

Children 6 – 8 years old must be accompanied by an adult (18 years or older) into the pool if they have NOT passed a swim test.

Children 6 – 8 years old must be accompanied by an adult (18 years or older) into the pool area if they have passed a swim test.

Children who are 9 and over who have passed a swim test are allowed in the pool and pool area without a parent.

Children who are 9 - 11 and who have NOT passed a swim test must be accompanied by an adult (18 years or older) into the pool area.

**FIND US ON FACEBOOK**



**and INSTAGRAM!**



**@MansfieldCommunityCenter**

## Mansfield Marlins Youth Swim Club

(Age 8 –18)

**Returning Swimmer Registration:** Returning swimmers need to register for the program every season. Please register your child according to when your registration date becomes available. Our pool/lane space is limited and we do not hold spots for returning swimmers. Practice groups will be the same as the last attended session unless you are explicitly communicated with regarding a practice group time change.

**New Swimmer Registration:** All new swimmers must be pre-registered into the program before the evaluation night on **Thursday Jan. 15 at 5:30 pm** (See below for more information about the swim evaluation night).

Join the Mansfield Marlins Youth Swim Club! This instructional team will help young swimmers develop their swimming skills, their stroke techniques, and teach new fundamentals such as flip turns and racing starts in the sport of competitive swimming. The team will also compete in scrimmage swim meets here at the community center and time trials. We ask that they attend a minimum of 2 practices a week if possible. **It is required that swimmers have passed Level 4 swim skills. Please keep in mind that practice consists of approximately 50 - 55 minutes of lap swimming.**

### NEW SWIMMERS EVALUATION NIGHT,

**Thursday, Jan. 15 at 5:30 p.m., at the MCC Main Pool**

**ALL** new swimmers should be pre-registered into the program before the evaluation night. If for any reason, your child does not get placed on the team, we will issue a full refund for any registration fees at that time. This is a mandatory evaluation night for all **NEW** swimmers. **Participants will be evaluated on overall safety and comfort level in the water, freestyle with rotary breathing, breaststroke, backstroke, and Butterfly kick. Swimmers may be asked to complete 25 or 50 yards of these strokes depending on age and ability.** After the evaluation night, new participants will receive an email assigning swimmers to a practice time slot for the rest of the season. **Practice group times are Tue/Thur: 5:30 – 6:30 p.m., and/ or 6:30 – 7:30 p.m., Sun., 10 – 11 a.m. Coaches will reach out prior to the first day of practice with the time and group your child is in.**

**Coaches:** Jaxon Rash, Katie Geist

**Location:** MCC Main Pool

**Dates:** Jan. 20 - Mar. 29 (10 weeks) Sunday, Tuesday or Thursdays: swimmers will be placed in practice group times according to age/ability. By the coaches.

**Fees & Activity #:**

361031-A One Practice a week: \$115 for members \$152 for non-members
361031-B Two Practices a week: \$228 for members \$302 for non-members
361031-C Three Practices a Week: \$310 for members \$410 for non-members
10% off if you register for all 3 practices



## American Red Cross Swimming & Water Safety Program

The Mansfield Community Center is proud to be an authorized provider of the American Red Cross *Swimming and Water Safety* program. If you have a passing certificate from last year or last session, then please select the next level for your child. Proper swim lesson placement is key in providing a successful, enjoyable swim lesson experience and in ensuring participant safety in the water. Please see the level descriptions page as a guide when registering your child. Fall group swim lessons are held during Monday or Wednesday evenings, or Sunday or Saturday mornings. Classes at the MCC may be cancelled in the event of lightning or thunder storms, any potential significant snow storms, and/or other unsafe pool conditions. Participants will be notified if any cancelled classes will be made up. Sunday, Monday, and Wednesday group lessons consist of 8 classes/ 30 minutes per class. Please see the winter class schedule for details and class fees. **Any classes canceled will be made up the week after the scheduled lessons end.**

### Young Adult/Adult Introduction to Swim Lessons (Ages 13+)

These lessons are designed for adults with minimal or no swimming experience, or those who need assistance adjusting to a water environment. This course will take adults through the beginner skills such as Floating, Kicking, Rotary Breathing, Treading Water, and Basic Strokes. This group-setting class will provide an appropriate level of instruction for adults wanting to discover the benefits of learning how to swim and be safe in and around water.

**Location:** MCC Main Pool

**Dates:** Mon., Jan. 26– Mar. 23  
(no class 2/16/2026) 8 Class session

**Time:** 7:00 p.m. – 7:30 p.m.

**Fee:** \$90 for members, \$118 for non-members

**Activity #:** 361020 - A

### Young Adult/Adult Intermediate Swim Lessons (Ages 13+)

These lessons are designed for adults with minimal swimming experience who are already comfortable in and around water. This course will take adults through refining their basic skills or strokes. Improving skills like Floating and Rotary Breathing and refining strokes such as freestyle, breaststroke, and Backstrokes. This group-setting class will provide an appropriate level of instruction for adults wanting to discover the benefits of learning how to swim and continuing to improve their stroke development. **Pre-requisite for Intermediate class: Must be able to swim one 25-yard length of the pool using any stroke with comfort.**

**Location:** MCC Main Pool

**Dates:** Wed., Jan. 21 – Mar. 11, 8 Class Session

**Time:** 7:00 p.m. – 7:30 p.m.

**Fee:** \$90 for members, \$118 for non-members

**Activity #:** 361021 - A

## Adult Swim Work Out (Ages 18+)

Join us for a mid-day swim workout. This instructor-led program will offer a written swim workout twice a week. This workout is intended for lap swimmers who can swim at least a 2000-yard workout. Participants should have a strong understanding of freestyle and backstroke and a basic understanding of breaststroke and butterfly. This will be a 1-hour swim workout.

**Location:** MCC Main Pool  
**Dates:** Mon. / Wed. Jan. 21 – Mar. 11 (14 classes)  
 (No class 2/16/2026)  
**Time:** 12:00 p.m. - 1:00 p.m.  
**Fee:** \$176 for members, \$224 for non-members  
**Activity #:** 361034-A

## Aquatic Junior Leader (Age 12-14)

This program is designed for those interested in the next phase of aquatics. The program focuses on building the foundation of knowledge, attitudes, technical, and interpersonal skills, and learning about water safety to help them become future lifeguards and swim instructors. Participants MUST have a strong understanding of swimming, be able to complete a 100 swim (freestyle, breaststroke), tread water for 1 minute, and touch the bottom of a 12-foot pool. This is NOT a certification class. Participants will NOT receive a certification during this program.

**Location:** MCC Pool  
**Dates:** Sat., Jan. 24 – Mar. 14  
**Time:** 11:00 a.m. – 12:00 p.m.  
**Fee:** \$90 for members, \$118 for non-members  
**Activity #:** 361029-A



## Private Swim Lessons

Private lessons and semi-private lessons (participation max: 2 individuals) are available for both children (3 years old and above) and adults. All lessons are instructed by one of our qualified swim lesson instructors. Lessons are 30 minutes in length. Private lessons are purchased in packages of 4, with one built-in "buffer week. Once registered, an instructor will reach out to you with your specific 30-minute time slot and instructor information within a week of your first lesson. *Specific time preferences are given on a first-come, first-serve basis.*

**Location:** MCC Main & Therapy Pool  
**Dates:** Session 1: 4 Private Lessons: Jan. 20 – Feb. 22  
 Session 2: 4 Private Lessons: Feb. 24 – Mar. 29  
**Fee:** Members \$220, Non-Members \$300  
 Member semi-private: \$300  
 Non-member semi-private: \$404

### Times and Activity Numbers Private Lessons:

Day	Time	Session 1	Session 2
Tuesdays	4:30pm-7:30pm	361024-A1	361024-A2
Thursdays	4:30pm-7:30pm	361024-B1	361024-B2
Saturdays	8:30am-11:30am	361024-C1	361024-C2
Sunday	8:30am-11:30am	361024-D1	361024-D2

### Time and Activity Number Semi-Private Lesson:

Day	Time	Session 1	Session 2
Tuesdays	4:30pm-7:30pm	361024-A3	361024-A4
Thursdays	4:30pm-7:30pm	361024-B3	361024-B4
Saturdays	8:30am-11:30am	361024-C3	361024-C4
Sundays	8:30am-11:30am	361024-D3	361024-D4





# American Red Cross Winter 2026 Group Lesson Schedule

## Swim Lesson Evaluations

Unsure of your child's swim lessons level? Come to our free evaluation to have your child's swim skills tested. We offer classes from preschool to level 4, and a swim team for swimmers who have passed level 4 and are looking to stay in the sport. Evaluation Day will be held Saturday, Dec. 13, 12:00 p.m. - 1:00 p.m. Pre-registration is not required, please just drop by! Evaluations usually take about 5 - 10 min per child. Swim evaluation does not hold a space in lessons. Please reference registration dates on the cover and register accordingly. **Any classes canceled will be made up the week after the scheduled lessons end.**

**Location:** MCC Pool  
**Date:** Saturday, Dec. 13  
**Time:** 12:00 p.m.-1:00 p.m.  
**Fees:** FREE

**Instructor:** To Be Announced at First Class  
**Location:** MCC Pool  
**NOTE:** M/W/S - 8 Classes/ 30 minutes per class

**Fees:** Preschool/ Youth Level 1 & 2 M/W/S: \$86 for members | \$112 for non-members  
 Youth Level 3 Shallow/ Deep & 4 M/W/S: \$90 for members | \$118 for non-members



**Monday Evening Swim Lessons**  
**Jan. 26 - Mar. 23**  
 (no class 2/16/2026)  
 8 class sessions - 30 min per class

**Wednesday Evening Swim Lessons**  
**Jan. 21 - Mar. 11**  
 8 class sessions - 30 min per class

**Saturday Morning Lesson**  
**Jan. 24 - Mar. 14**  
 8 class sessions - 30 min per class

	5-5:30 p.m.	5:40-6:10 p.m.	6:20-6:50 p.m.	7:00-7:30 p.m.
Parent/Child	361007-A1			
Water Adjustment 1			361008-A1	
Water Adjustment 2		361009-A1		
Water Adjustment 3				361011-A1
Level 1		361001-A1		
Level 2	361002-A1		361002-A2	
Level 3 Shallow		361003-A1		361003-A2
Level 3 Deep	361010-A1			
Level 4			361004-A1	

	5-5:30 p.m.	5:40-6:10 p.m.	6:20-6:50 p.m.	7-7:30 p.m.
Parent/Infant		361007-B1		
Water Adjustment 1			361008-B1	
Water Adjustment 2				361009-B1
Water Adjustment 3	361011-B1			
Level 1	361001-B1			361001-B2
Level 2		361002-B1		
Level 3 Shallow			361003-B1	
Level 3 Deep		361010-B1		
Level 4	361004-B1		361004-B2	

	8:30-9 a.m.	9:10-9:40 a.m.	9:50-10:20 a.m.	10:30-11 a.m.	11:10-11:40 a.m.
Parent/ Child		361007-C1			
Water Adjustment 1	361008-C1				361008-C2
Water Adjustment 2			361009-C1		
Water Adjustment 3				361011-C1	
Level 1		361001-C1		361001-C2	
Level 2	361002-C1		361002-C2		
Level 3 (Shallow)			361003-C1		361003-C2
Level 3 (Deep)	361010-C1			361010-C2	
Level 4		361004-C1			361004-C2





## Parent/Infant Aquatics (Age 6 months- 2 years)

Children will have fun in the water while being exposed to basic swimming skills through games, songs, and activities. Each child must be accompanied in the water with one adult.

## Water Adjustment: Preschool Aquatics (Ages 3 and 4)

**Purpose:** Familiarize children to the aquatic environment.

**Water Adjustment I** participants learn skills centering on water acclimation and water comfort which include: water entry, blowing bubbles, floating on front and back, gliding on front and back and exploring independent movement with combined arm and leg movement. This level is great for very beginner swimmers and children with water fear or apprehension.

**Water Adjustment II** participants build and improve skills learned in Water Adjustment I. These skills include: becoming more comfortable with submersion and putting the face in while swimming, reinforcing and building the floating and gliding skills introduced in Water Adjustment I, and moving independently farther and stronger with combined arm and leg movement.

**Water Adjustment III** participants build and improve skills learned in Water Adjustment II. These skills include: swimming more independently with little to no assistance. Becoming more comfortable with submersion, putting the face in and floating without assistance. This level will reinforce and build on skills introduced in Water Adjustment II. As well as moving independently farther and stronger with combined arm and leg movement.

## Learn to Swim Aquatic Levels (Ages 5 and up)

### Level 1: Introduction to Water Skills

**Purpose:** Helps students feel comfortable in the water.

**Level 1** participants learn to:

Submerge nose, mouth and eyes, explore arm and hand movements, alternating and simultaneous leg and arm action on front and back, blow bubbles, bobbing, open eyes underwater and pick up submerged objects, float on front and back, front and back glides with recovery, combined arm and leg swim on front and back. This level is great for very beginner swimmers and children 5+ with water fear or apprehension.

### Level 2: Fundamental Aquatics Skills

**Purpose:** Gives students success with fundamental skills.

**Level 2** participants build on the following learned skills:

Enter water by stepping or jumping from the side, exit water safely using ladder or side, fully submerge and hold breath, open eyes under water and pick up a submerged object, float on front and back, tread water, perform front and back glide with recovery, roll over from front to back, back to front, swim on front and back using combined strokes front and back. Will begin rotary breathing and treading water aspect of swimming will be introduced. This is a great class to build a strong foundation for swimming.

### Level 3: Stroke Development (Shallow)

**Purpose:** Builds on the skills in Level 2 through additional guided practice.

**Level 3** participants build on:

Perform a survival float, perform front and back glide using rotary breathing, tread water, perform freestyle, perform elementary backstroke, flutter, scissor, breaststroke and dolphin kicks, push off in streamlined position and begin kicking, change from horizontal to vertical position on front and back and reaching assist from deck. This class is mostly held in the shallow end of the pool working on skills and building up to the deep end.

### Level 3: Stroke Development (DEEP)

**Purpose:** Builds on the skills in Level 3 Shallow through additional guided practice.

**Level 3** participants learn to:

Jump into deep water from the side, dive from kneeling or standing position, perform a survival float, submerged and retrieve an object, bob with the head fully submerged, perform front and back glide using rotary breathing, tread water, perform freestyle, perform elementary backstroke, flutter, scissor, breaststroke and dolphin kicks, push off in streamlined position and begin kicking, change from horizontal to vertical position on front and back and reaching assist from deck. This class is held in the deep end and prepares kids for level 4. While still working on skills for level 3 but in deep water.

### Level 4: Stroke Improvement

**Purpose:** Develops confidence in the skills learned and improves other aquatic skills

**Level 4** participants learn to:

Swim underwater, perform feet first surface dive, tread water with 2 different kicks, freestyle, elementary backstroke, backstroke, breaststroke, butterfly, sidestroke, 15 to 25 yards each stroke push off in streamlined position and begin kicking, perform open turn on front/back using any stroke, use safe diving rules, perform a throwing assist and reaching assist and to recognize recreational water illness.



# Certifications

## American Red Cross Adult & Pediatric CPR

### Registration deadlines apply

This course provides participants with the knowledge and skills necessary to prevent, recognize, and provide basic care for breathing and cardiac emergencies in adults until advanced medical personnel arrive. Participants who pass the course will receive an American Red Cross certificate, valid for two years. The course fee includes all course materials and certification costs. There is an online component that must be completed prior to the first day of class. This online course work will be sent out 1 week prior to the first day of class. See registration deadlines below.

<b>Day:</b>	360002 – A Mon. Feb., 2 ( <a href="#">deadline 1/26/2026</a> )
	360002 – B Sun. Mar. 22 ( <a href="#">deadline 3/13/2026</a> )
<b>Time:</b>	Mon. 3:00 p.m. - 8:00 p.m.
	Sun. 11:00 a.m. - 4:00 p.m.
<b>Location:</b>	MCC
<b>Fee:</b>	\$100 for members    \$130 for non-members



## Lifeguard Training Recertification and Bridge

### Class (Ages 15+)

#### Registration deadline Fri., Jan 30

The objective of this course is to enable currently certified ARC lifeguards to update their certification to the newest curriculum and safety standards (released Feb. 2024) and for those who are looking to renew their certification because they are close to expiration. This course is for **current** ARC lifeguards who are already certified **or those whose certification expired no more than 4 weeks prior to the date of this class**. Participants are required to demonstrate the following pre-course skills: a continuous 150-yard swim, two-

minutes of treading water without using hands, 50 yard swim with proficiency in both freestyle and breaststroke, and a timed 20-yard swim with surface dive to retrieve a submerged 10-pound object in which candidate returns to the starting point with the object and exit the pool without using the stairs or a ladder. Participants should bring their pocket masks with them to class as these are not provided in this course. Please bring a bathing suit, goggles, and towel. A lunch break will be provided.

<b>Location:</b>	Community Room, MCC Pool
<b>Dates:</b>	Sat. Feb. 14
<b>Time:</b>	8 a.m. – 4:15 p.m.
<b>Fee:</b>	\$150 for members    \$200 for non-members
<b>Activity #:</b>	361023-A

## Lifeguard Training - Blended Learning (Ages 15+)

### Registration deadline Friday, Feb. 27

The Mansfield Community Center is proud to provide the most current and up to date training course for lifeguard certification. This course will present the newest lifeguarding curriculum available through the American Red Cross released earlier this year (released Feb. 2024). The purpose of the ARC Lifeguard Training Program is to teach candidates safety and rescue techniques designed to prevent and respond to a variety of aquatic emergencies. This course does have pre-test that is administered during the first hour of the class. The course pre-requisites include: a continuous 150-yard swim, two-minutes of treading water without using hands, 50 yard swim with proficiency in both freestyle and breaststroke, and a timed 20 yard swim with surface dive to retrieve a submerged 10 pound object in which candidate return to the starting point with the object and exit the pool without using the stairs or a ladder. Students are only allowed to use goggles for the pre-requisite swim/tread portion of the class, students must be able to demonstrate all skills in the class without the use of goggles to pass the course.

**This is a Blended Learning Course which means there are approximately 6 hours of online learning that must be finished before the first in class session.** Upon registration (once the 5 person minimum to run the course has been met) the candidate will receive a welcome email to the course with instructions on how to access the online content. Candidates **MUST** provide the MCC a valid email address upon registration. Registration fees include: one online course manual, one pocket mask and processing fees for successful candidates to be issued a certification.

Students will receive an American Red Cross Lifeguard, First Aid and CPR for the Professional Rescuer certification upon successful completion of this course. **Please bring bathing suit and towel to each class.**

<b>Location:</b>	Community Room & Main Pool
<b>Dates:</b>	Sat. & Sun. Mar. 14, 15, & 21 (3 classes) (reg. deadline Feb. 27)
<b>Time:</b>	8:30 a.m. - 4 p.m.
<b>Fee:</b>	\$250 for members    \$315 for non-members
<b>Activity #:</b>	(361022-A)

# Parks & Preserves

*Interested in  
showing  
your  
artwork?*

**APPLY NOW TO  
DISPLAY YOUR  
ARTWORK AT THE  
COMMUNITY CENTER  
OR LENARD HALL!**

Applications can be found at the  
Community Center, Lenard Hall,  
or on the Arts Advisory  
Committee website.

Submit applications by email to  
[artsadvisory@mansfieldct.org](mailto:artsadvisory@mansfieldct.org)  
or hard copy at the Community  
Center to:  
Arts Advisory Committee,  
Attention: Bethany Burns.



**Visit the AAC website by  
scanning the QR Code**

Show Your  For Local



Taste of Mansfield is made possible by these community partners:



Mansfield Advocates for Children  
Mansfield Agriculture Committee  
Mansfield Department of Human Services  
Mansfield Downtown Partnership  
Mansfield Economic Development Commission  
Mansfield Parks and Recreation  
Mansfield Public Library  
Mansfield Public Schools  
Mansfield Senior Center  
Storrs Farmers Market



*With over 850 acres of preserved land in Mansfield,  
Joshua's Trust offers great places to explore.*



Learn more at [www.JoshuasTrust.org](http://www.JoshuasTrust.org)

**Check out our website:**

[www.mansfieldct.gov/parksandpreserves](http://www.mansfieldct.gov/parksandpreserves).

Find trails, learn about educational events,  
learn the rules of the trails, and find out how  
to rent kayaks, stand-up paddleboards,  
pavilions and more!

# Parks & Preserves

- 1 Commonfields**  Access from Bassetts Bridge Road. Features include trails, interpretive information and a bird blind.
- 2 Coney Rock Preserve**  Access from Chaffeeville Road (Town land) or Woodland Road (Joshua's Trust land). Trails climb through old pastures reverting to forest. Cliff on top offers views of Mansfield Hollow State Park.
- 3 Dorwart Preserve**  Access from Mulberry Road or from Lions Memorial Park off Route 89. Forested trails with diverse wildlife and woodland plants adjacent to Lions Memorial Park soccer fields and pavilion.
- 4 Dunhamtown Forest**  Access from White Oak Road. Loop trails and connecting trails to Dunham Pond Road and Max Felix Drive wind through mature forest. Managed as a demonstration forest.
- 5 Eagleville Preserve**    Access from Route 275 across from the Eagleville Dam through State land. Loop trail along scenic bend of Willimantic River and through old pasture reverting to forest.
- 6 Fifty-foot Cliff Preserve**  Access from behind Mansfield Historical Society on Route 195. Forested trails lead to cliff views across the Fenton River Valley and Mansfield Hollow State Park. Nipmuck Trail connects to UConn land.
- 7 Merrow Meadow Park**    Access from Merrow Road. Loop trail through meadows, wetlands and forest. Part of trail paved for handicapped access. Canoe launch along the Willimantic River.
- 8 Moss Sanctuary**   Access from South Eagleville Road (behind the Mansfield Apartments) or from Birchwood Heights Road. Parking is available at the Mansfield Community Center. Two loop trails through a variety of forest setting and around a pond.
- 9 Mt. Hope Park**   Access from Route 89. Loop trail through meadows and woodlands leading to a pond and the Mt. Hope River.
- 10 River Park**    Access from Plains Road. Willimantic River Greenway trail leads to Lynch Landing and Mansfield Depot. Features include a handicapped accessible canoe launch, multi-use recreation field, and interpretive information.
- 11 Sawmill Brook Preserve/Wolf Rock**  Access from Puddin Lane through the Guarnaccia Tract or from Joshua's Trust's Wolf Rock Preserve on Crane Hill Road. Follow the Nipmuck Trail along Sawmill Brook's wooded valley.

- 12 Schoolhouse Brook Park**          Access from Clover Mill Road and Mansfield Middle School. Nineteen trails, including part of the Nipmuck Trail, through mature forests. Views of colonial mill sites. Park includes Bicentennial Pond Recreation Area.
- 13 Shelter Falls Park**  Access from Birch Road. Waterfall and scenic rock formations along Cedar Swamp Brook. Connecting trails to UConn lands and CTDEEP land.
- 14 Southworth Preserve**  Access from Dodd Road. Wooded trails with views of Chapins Pond and an agricultural field. Connection to Mansfield Hollow State Park.
- 15 Torrey Preserve**  Access from Gurleyville Road. Start on the Nipmuck Trail and connect to two forested loop trails with glacial features and views of an agricultural field.
- 16 Whetten Woods**  Access from Storrs Center (from Elsie Marsh Way, follow Sherwood Street to the clubhouse. Two-hour free parking available at the parking garage). Or, access from Hanks Hill Road. Trails wind through forest and wetlands.
- 17 Simpson Family Preserve**  Access from Route 89 and Mt. Hope Park parking lot. Loop trail through mature forest with scenic ledges.
- 18 Hanks Corner Preserve**  Located on the corner of Hanks Hill Road. No primary access route.
- 19 Community Playground and BMX/Skate Park**         S. Eagleville Road at Mansfield Community Center
- 20 Lions Memorial Park**     Route 89, Warrenville Road
- 21 Southeast Park**       Route 89, Warrenville Road
- 22 Spring Hill Fields**      Spring Hill Road
- 23 Sunny Acres Park**     Meadowbrook Road

## Scenic Trails

### Lynch Landing

Access from Depot Road to Willimantic River.

### Nipmuck Trail (Blue Dot Trail)

Regional trail with access at several road crossings.

† Jeffrey P. Ossen Family Foundation Community Playground and Matt Barchus Memorial BMX Park



# Outdoor Recreation

## Plein Air Painting in the Parks

Looking for additional opportunities to paint with your peers, and get outdoors? Plein Air Painting in the Parks is a great way to enjoy and observe fall in the parks. View the location schedule below; meeting time is 10 a.m. on Saturdays this fall. Bring your own supplies, easels, chairs/stools, and paint (or draw, or sketch, whatever your fancy!). No instruction or supervision provided. Inclement weather cancels. All skill levels welcome.

**Dates:** Sat., Jan. 10 – Merrow Meadow Park  
Sat., Feb. 14 – Bicentennial Pond  
Sat., Mar. 21 - Mt. Hope Park

**Time:** 10 a.m.

**Fee:** FREE (No Registration Required)

## Guided Hike/Snowshoe in Schoolhouse Brook Park

Join us for a hike (or snowshoe depending on the weather) in Schoolhouse Brook Park. Will lead a hike to enjoy winter (and find signs of spring) through a range of upland and wetland habitats. Learn more about this park before you go by downloading the trail guide at [MansfieldCT.gov/Schoolhouse-BrookPark](https://MansfieldCT.gov/Schoolhouse-BrookPark). Please dress for the weather. Rent snowshoes at the Mansfield Community Center for a small fee!

**Location:** Meet at the Clover Mill Rd Parking Area

**Date:** Saturday, February 21

**Time:** 1:00 pm

**Fee:** Free

**Activity #:** 311002-A



## Snow Shoe Rentals

Go out and explore Mansfield! Snowshoes are available to rent at the Mansfield Community Center during the months of December through March. Rentals are available on a first come first serve basis. Children and adult sizes are available (four pairs of each size). Mansfield trail maps are available upon request, or via download online at <https://mansfieldct.gov/1689/Parks-Preserves>

**Fee:** \$10 per pair per day

## GET INVOLVED

with your parks and preserves

Do you like to build things? Like to be outside? Parks and Recreation is looking for people of all ages who are independent workers interested in building bridges, wildlife observation decks and more in town-owned parks and preserves. Town staff will work with you on a design and getting the necessary permitting. We also have a small fund available for supplies directly related to the project. If you have a project in mind or would like a suggestion, please contact Jennifer Kaufman, at [Kaufman.JS@MansfieldCT.org](mailto:Kaufman.JS@MansfieldCT.org) or 860-429-3335.

# Winter Outdoor Adventures

## Winter Scavenger Hunt / Nature Bingo

Bundle up and explore the wonders of winter! Pick up or download a Winter Nature Bingo card and see how many seasonal sights you can find, from pinecones and snowflakes to animal tracks along the trail. Visit your favorite local spots like Schoolhouse Brook Park, Bicentennial Pond, or Shelter Falls and enjoy a fun, self-guided outdoor adventure for all ages.

Complete your bingo card and submit it to the Mansfield Parks & Recreation front desk for a chance to win a small prize! Discover the magic of nature this winter — one square at a time! Bingo cards can be found on the Mansfield Parks and Rec website, or pick up a copy at the Mansfield Community Center.

**Location:** Mansfield Parks & Preserves

**Dates:** Ongoing

**Fee:** FREE

## Photo Challenge: “Winter in Mansfield”

Capture the beauty and fun of the season! Take a photo of your favorite winter moments in Mansfield, from snowy hikes and wildlife sightings to cozy cocoa breaks and snow day adventures.

Send your pictures to Travis at [morset@mansfieldct.org](mailto:morset@mansfieldct.org) for a chance to be featured on our Mansfield Parks & Recreation social media pages. Look for hashtag #WinterInMansfield or #MansfieldOutdoors!

Show off your winter spirit and help us celebrate the season outdoors!

Themes to Try:

- Snow Day Fun
- Winter Wildlife
- Best Hot Cocoa Spot

**Location:** Mansfield Parks & Preserves

**Dates:** Ongoing

**Fee:** FREE

## Mansfield 100 Mile Challenge

Explore Mansfield one step at a time! From scenic trails and peaceful parks to neighborhood sidewalks, Mansfield is a pedestrian paradise. Take on the challenge to walk, hike, or run 100 miles right here in town.

Pick up a 100-Mile Challenge form at the Mansfield Community Center front desk or download one on the Mansfield Parks and Rec website. Log your miles as you go. Once you reach 100, return your completed form to the Community Center and receive a special prize for your accomplishment!

Keep moving, stay motivated, and discover the beauty of Mansfield mile by mile!

**Location:** Mansfield Parks & Preserves

**Dates:** Ongoing

**Fee:** FREE



*Trips are coordinated with Ashford, Bolton, Coventry, Mansfield, Tolland, and Willington. Please register with the recreation department in the town in which you live. If you do not live in any of the listed towns, you may register with any department. The pick-up location for everyone is the commuter lot at I-84 exit 68.*

## Bus Trip: A Day on Your Own in New York City

Enjoy a day in the "Big Apple" with friends and family. Get a jump-start on your holiday shopping, visit the museums, see a Broadway show, or just enjoy the sights of the city. Bus will drop off at Rockefeller Center and bus pick up location will be determined/communicated on the day of.

- Date:** Sat., Dec. 6
- Reg. Deadline:** Wed., Nov. 19
- Departs From:** Tolland Commuter Lot, I-84 Exit 68 (Near Dunkin Donuts)
- Departure Time:** 7 a.m.
- Return Time:** Approx. 10:30 p.m.
- Fee:** \$90 (fee includes bus transportation only)
- Activity #:** 280008-A



## WINTER WELCOME

SATURDAY, DEC. 6 | 4:00 - 6:30 PM

Celebrate the start of the season with free, frosty fun in Downtown Storrs!

**INFO:** [downtownstorrs.org/winterwelcome](http://downtownstorrs.org/winterwelcome)

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## Languages

### French

#### French Language Hacking Part 2: A Conversation Course for Beginners (Ages 17+)



All are welcome, students can easily adapt to part 2 even if they did not have the opportunity to take part 1. This is a conversation course where the focus is on building language skills you need to have meaningful, real-life conversations. By the end of this class, you will be able to introduce yourself, along with asking and answering typical questions in French. You will gain the skills to have conversations entirely in French as well as the confidence to keep progressing. Materials will be provided, no textbook required.

**Instructor:** *Dr. Valerie Ursin* is an experienced educator who has been teaching French for over 21 years. She received her PhD from University of Connecticut and is a Connecticut professional Educator. She earned the professional certification endorsement for French (#108) and has taught all levels from beginner to Honors French 5.

**Location:** CC Arts & Crafts Room  
**Dates:** Wed., Jan. 14-March 18 (10 classes)  
**Time:** 6:15-7:30 p.m.  
**Fee:** \$118 for residents, \$128 for non-residents  
**Activity #:** 310016-A



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and INSTAGRAM!



@MansfieldCommunityCenter

## Italian



### Italian (Ages 18+)

Always wanted to learn Italian? Participants in these classes will be introduced to the Italian language and to the culture of Italy. **Participants must provide textbook for all classes: Qui Italia 1 ISBN-10: 88-00-85356-0 (ISBN-13: 978-8800853569) and Qui Italia 2 ISBN-10 88-00-85357-9 (ISBN-13: 978-8800853576) by A. Mazzetti, M. Falcinelli, B. Servadio.**

**Instructor:** *Margherita Balsamo* is a native of Italy, where she visits her family as often as possible. She graduated from the University of Padua (IT) and then lived in Germany for several years before moving to the United States. She taught Italian adult classes in Germany including classes at the Ruhr University of Bochum (Germany). She enjoys learning new languages herself. She has two kids who are growing up successfully trilingual. Margherita loves to teach about her country and her culture with a lot of humor.

### Italian Beginners

This class is for you if you have taken the introductory class or something equivalent. Textbooks listed above are required.

**Location:** CC Community Room  
**Date:** Thurs., Jan. 22-April 2 (11 classes)  
**Time:** 2:15 – 3:45 p.m.  
**Fees:** \$132 for residents, \$142 for non-residents  
**Activity #:** 310011-A

### Italian Intermediate

This is the class for you if you feel confident about your basic Italian! Textbooks listed above are required.

**Location:** CC Community Room  
**Date:** Wed., Jan. 21-April 1 (11 classes)  
**Time:** 6:15-7:45 p.m.  
**Fees:** \$132 for residents, \$142 for non-residents  
**Activity #:** 310012-A

### Italian Advanced

This is the class for you if you would like to improve your intermediate Italian grammar. Textbooks listed above are required.

**Location:** CC Community Room  
**Date:** Mon. Jan. 19-March 30 (11 classes)  
**Time:** 6:15-7:45 p.m.  
**Fees:** \$132 for residents, \$142 for non-residents  
**Activity #:** 310013-A

## Korean



### New! Beginner Korean

(Ages 17+)

This class introduces the basics of the Korean language, including Hangeul (the Korean alphabet), essential vocabulary, and simple grammar structures. Students will learn how to read and write Korean, practice everyday expressions, and build confidence in speaking through common greetings and conversational phrases. No prior knowledge of Korean is required-perfect for absolute beginners! Materials will be provided, no textbook required.

**Instructor:** *Steven Ohm* holds a B.A. in English and has lived nearly half of his life in both Korea and the United States, giving him a deep understanding of both languages and cultures. With this unique perspective, he helps students learn Korean in a way that is practical, culturally informed, and easy to connect with.

**Location:** CC Arts & Crafts Room  
**Date:** Thurs., Jan. 22-March 26 (10 classes)  
**Time:** 6:15-7:45 p.m.  
**Fees:** \$118 for residents, \$128 for non-residents  
**Activity #:** 310019-A

## The CHRONICLE

Serving the Communities of Eastern Connecticut Since 1877

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## Your Community Connection



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# How to Register

## Winter Registration Dates

Registration start dates are grouped into the following categories:

**DECEMBER 8** Members of the Community Center may register for Aquatic and Fitness related programs ONLY

**DECEMBER 11** Mansfield residents who are members begin registration for all other programs/activities  
Mansfield Residents who are *not* members of the community center begin registration for all programs/activities

**DECEMBER 15** Non-residents who are members begin to register for all other programs/activities.  
Non-resident, non-members begin registration for all programs/activities.

In person registration available during all Mansfield Community Center operational hours.

Online registration opens at 5:30 a.m. on dates above at [www.mansfieldcc.com](http://www.mansfieldcc.com)



There are 3 different and convenient ways to register for the program(s) you are interested in. Register now and enjoy all the Community Center and the Parks and Recreation Department offers.

**1. WEB:** This is the best option. It allows for immediate confirmation. Log onto [www.mansfieldcc.com](http://www.mansfieldcc.com) click on the on-line registration link. Registration begins at 5:30 a.m. on dates listed. 3% convenience fee applies per program and is non-refundable..

**2. MAIL-IN:** Fill in registration form and send with separate check for each program to Mansfield Parks and Recreation 10 S. Eagleville Road, Storrs, CT 06268. No registration forms will be accepted with credit card numbers handwritten on them.

**3. IN-PERSON OPTION:** You may bring your registration with payment (credit cards need to be in hand so we can swipe them – we are no longer able to take registration forms with credit card numbers handwritten on them) at the Reception Desk of the Community Center.

**SATISFACTION GUARANTEE:** Satisfaction is the goal of the Parks and Recreation Department. We are committed to offering the best programs and services possible. If, at any time, you are not satisfied with our programs, please let us know your reasons in writing as soon as possible. If we cannot satisfactorily correct your concerns, we will arrange one of the following:

- Repeat the program at no additional charge
- Receive a partial credit that may be applied to another activity
- Receive a partial refund.

**FEE WAIVERS/SCHOLARSHIP FUND:** Program and Community Center Fee Waivers are available to qualified applicants (for Mansfield residents only). Scholarship Fund, supported solely by contributions, is available for residents who need financial assistance in addition to the fee waiver. Fee waivers do not apply to trips, rentals, and/or materials fees.

**WAITING LIST:** If your desired class is filled, you will be put on a waitlist and your money will be returned. Our department will notify you if openings become available.

**SENIOR CITIZENS:** Resident individuals aged 62 and over, will receive a 10% discount off activity fees, excluding trips, rentals, materials fees and memberships.

**CONFIRMATION/RECEIPT:** A Confirmation/receipt of your registration, which will give you enrollment or waitlist information, will be mailed to you. Program information and materials list will also be included on this form (for mail-in and drop-off registrations only. On-line registrants will print their own receipt/confirmation.)

**MINIMUMS & MAXIMUMS:** The Parks & Recreation Department reserves the right to set a minimum and maximum for each program and to cancel any program due to insufficient enrollment.

**REFUNDS:** Due to costs associated with operating each program, we rely on a minimum enrollment to hold classes. Please understand that we cannot issue refunds (except for medical reasons, upon receipt of a physician's note) within seven days (14 days for trip) of the start of a program. Refunds for cancellations made more than seven days prior to the start of a program are issued but a \$5 processing fee is charged. Refunds will not be issued for online registration convenience fees.

**DON'T BE DISAPPOINTED! REGISTER EARLY!**

Unfortunately we are sometimes forced to cancel programs two to three days before the listed program start date because of under-enrollment. Don't be disappointed. Register early!

**REGISTER ONLINE!** **REGISTRATION OPENS ON THE DATES ABOVE**

**MANSFIELD CONNECTICUT**  
Parks & Recreation

### Quick tips:

- If you have participated in a program or membership with us in the past, you already have an online account. **Check your login early** and call 860-429-3015 ext. 0 for password reset assistance.
- If you are new, create an online account before registering.
- Search by the Activity #; don't use filters.
- Current season programs appear first.

Having trouble?  
The online registration tutorial is linked at the top of the webpage.



SCAN THIS QR CODE WITH YOUR PHONE CAMERA OR VISIT [WWW.MANSFIELDCC.COM](http://WWW.MANSFIELDCC.COM)

# Activity Registration Form

PLEASE CHECK REGISTRATION DATES. PLEASE PRINT CLEARLY!

**Online Registration is available. Go to [www.mansfieldcc.com](http://www.mansfieldcc.com) and click on the on-line registration link. If registering for camp, please also fill out the additional camp form for ALL camps.**

MAIL TO: Mansfield Parks & Recreation Department, 10 South Eagleville Road, Storrs/Mansfield CT 06268

Please check here if any of the below information is new.

Primary Household Contact (Parent/Guardian)

Secondary Household Contact (Parent/Guardian)

Name:		Name:	
Address:			
Town:	Zip:		
Phone: (H)	(W)	Phone: (H)	(W)
(Cell)	Cell Provider:	(Cell)	Cell Provider:
Email Address:		Email Address:	

**LOCAL** Emergency Contact (Other than parent/guardian, i.e. grandparent, neighbor, etc.)

Name:	Phone:
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Activity#/Letters	Activity Name	Participant's Last Name	First Name	Birth Date	Gender	Fee
Contribution to Scholarship Fund						

Please check here if you have purchased a Community Center Membership.

*Some Mansfield residents may be eligible for low-income fee reductions. Check with the Parks & Recreation Office for more information and an application.*

Also fill details below for each participant:

	Grade Entering	School	Allergies, Special Asst., Meds, Other Info:
1.			
2.			
3.			
4.			

PAYMENT INFORMATION: Please make checks payable to: Town of Mansfield/MCC

Payment Method: Check  Cash (in office only)  AMEX/DS/MC/Visa (in office only)

**(Separate checks required for each program)**

**Credit Cards accepted online and in person only!**

**WAIVER OF PARTICIPANT BY PARENT OR SELF:** I hereby agree to release, discharge, and hold harmless the Town of Mansfield, its directors, officers, employees, agents, contractors, and/or volunteers from any and all liability that may occur during either my participation or the participation of my minor child in the above listed recreational activities. I understand that participation in any recreational sport or activity involves risk, and I grant permission to the Town of Mansfield to utilize any medical emergency services it deems necessary to treat any injuries that I or my minor child may incur. I further understand that the Town of Mansfield does not provide insurance for recreational program participants.

**PHOTO RELEASE:** I understand that for promotional purposes, the Town videotapes and/or takes photographs of participants enrolled in recreational activities, classes or programs. I hereby release and permit the Town of Mansfield to utilize for said promotional purposes any photographs and/or videotapes of me or my minor child engaging in the above listed recreational activities.

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

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10 South Eagleville Road  
Storrs/Mansfield, CT 06268

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