



# MMS School Counseling

A WEEKLY NEWSLETTER ABOUT OUR SCHOOL COUNSELING PROGRAM



WEEK OF MARCH 5

## THIS WEEK

### RECHARGE DAY!

ON MARCH 11TH, 7<sup>TH</sup> AND 8<sup>TH</sup> GRADE STUDENTS PARTICIPATED IN A SPECIAL DAY ORGANIZED BY MRS. MELODY AND MRS. ROBERTS CALLED RECHARGE DAY. ASK YOUR STUDENTS WHICH SESSIONS THEY ATTENDED AND IF THEY THINK THESE HOBBIES, INTERESTS OR PASTTIMES RECHARGED THEIR BATTERIES.



## FROM THE STUDENTS..

"RECHARGE DAY WAS SO FUN. I GOT TO GO TO THREE DIFFERENT SESSIONS THAT I WANTED TO. I REALLY FELT LIKE MY BATTERY WAS RECHARGED!"

8<sup>TH</sup> GRADE STUDENT

## CONNECTING

### STUDENT LED CONFERENCES

THIS WEEK COUNSELORS AND TEACHERS ARE FACILITATING CONVERSATIONS BETWEEN STUDENTS AND FAMILIES ABOUT THE WORK STUDENTS ARE MOST PROUD OF.

WE HOPE TO SEE YOU IN THE BUILDING THIS WEEK. PLEASE STOP IN AND SAY HELLO!



## STAY IN TOUCH

### MRS. EILEEN MELODY

melodyem@mansfieldct.org  
7th and 8th Grade Counselor

### MRS. KRISTINA LEE

leek@mansfieldct.org  
5th and 6th Grade Counselor

### MRS. JENNIFER ROBERTS

robertsj@mansfieldct.org  
5th-8th Grade Counseling Support



## CONSIDER THIS



MIDDLE SCHOOL IS A HIGH-ENERGY TIME, AND KIDS OFTEN DON'T REALIZE THEY'RE RUNNING ON EMPTY UNTIL THEY HIT A WALL. HELPING THEM IDENTIFY WHAT TRULY RECHARGES THEIR BATTERY—WHETHER IT'S QUIET READING, PLAYING OUTSIDE, OR JUST UNPLUGGING FROM SCREENS—IS A LIFE SKILL THAT PREVENTS BURNOUT BEFORE IT STARTS. BY TEACHING THEM TO PRIORITIZE THESE MOMENTS NOW, WE'RE GIVING THEM THE TOOLS TO MANAGE STRESS AND STAY RESILIENT AS LIFE GETS BUSIER.



# Help *Shape the Future* of Mansfield Public Schools



The district's goal is to better understand the perceptions, hopes, and dreams our community holds for Mansfield Public Schools and the youth we serve.

***Your Voice Matters***

Please use the QR code below to give us your input, or visit our website:

[www.mansfieldct.gov/schools](http://www.mansfieldct.gov/schools)

**MANSFIELD**  
CONNECTICUT

Public Schools





# MANSFIELD MIDDLE SCHOOL ASSOCIATION



**SAT. MARCH 7 | 6:00PM**



VS



**TICKETS \$24.51 + after fees**

TO ORDER TICKETS ONLINE USE  
THE URL OR SCAN THE QR CODE

[https://www.gofevo.com/event/  
MansfieldMiddleSchoolAssocHW](https://www.gofevo.com/event/MansfieldMiddleSchoolAssocHW)  
P26



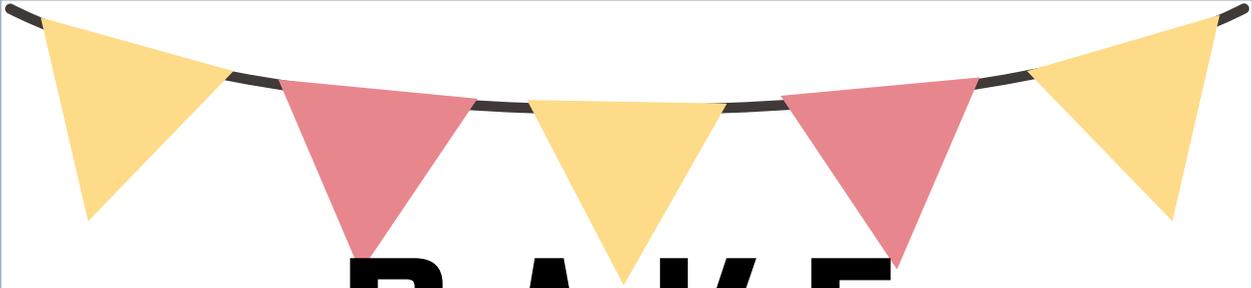
A PORTION OF EACH TICKET WILL  
GO BACK TO THE MMSA!

IT IS STAR WARS NIGHT! FIRST 2,500 FANS IN  
ATTENDANCE WILL RECEIVE A LIGHTSABER!

**LAST DAY TO PURCHASE IS MARCH 6**

FOR MORE INFORMATION & TICKET RELATED  
QUESTIONS CONTACT: JULIA BABCOCK

CONTACTMMSA@GMAIL.COM



# BAKE SALE

during the

**MMS SLCC CONFERENCES**

***MARCH 11: 12:30-3:00PM***

***MARCH 12: 5:00-7:00PM***

***MARCH 13: 12:30-3:00PM***

All proceeds go to the MMSA, which in turn funds teacher grants and student needs.



Please email [contactmmsa@gmail.com](mailto:contactmmsa@gmail.com)  
if you are able to donate baked goods  
to the cause!



# WILLIMANTIC ELKS & ANTLERS 1311

IN PARTNERSHIP WITH THE WINDHAM PREVENTION COALITION,  
WILLIMANTIC POLICE & FIRE DEPARTMENT,  
AND TONY'S PIZZA PRESENT

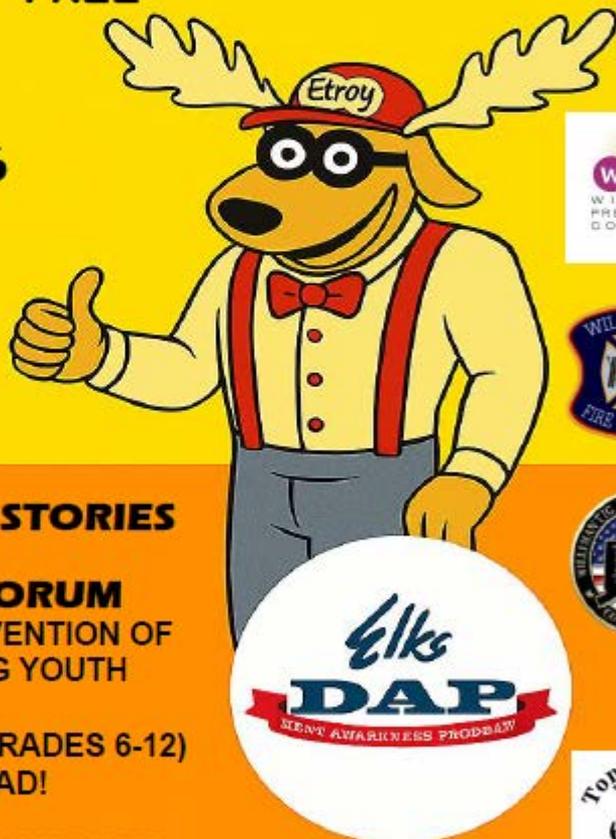
# DRUG AWARENESS & KID SAFETY EVENT

## FOR PARENTS & YOUTH

LUNCH INCLUDED – FREE  
PASTA LUNCH FOR ALL

SATURDAY  
**MARCH 14, 2026**  
12pm – 3pm

ELKS LODGE 1311  
(LOWER HALL)  
198 PLEASANT ST.  
WILLIMANTIC, CT



✓ **HEAR POWERFUL STORIES**

✓ **PARENT/ADULT FORUM**  
21 FOR A REASON: PREVENTION OF  
SUBSTANCE USE AMONG YOUTH

✓ **YOUTH FORUM:** (GRADES 6-12)  
ENGAGE, EMPOWER, LEAD!

✓ **FREE SAFETY GIVEAWAYS:** (WHILE SUPPLIES LAST)  
BIKE HELMETS, SMOKE ALARMS & CARBON MONOXIDE DETECTORS

THIS EVENT IS FREE AND OPEN TO THE COMMUNITY.  
PARENTS & CHILDREN ARE ENCOURAGED TO ATTEND TOGETHER.

RSVP by MARCH 8

Email the [WillimanticElksEvents@gmail.com](mailto:WillimanticElksEvents@gmail.com)  
Include attendee names and children's ages.

*Those under 18 years of age to be accompanied by an adult.*

# WILLIMANTIC ELKS & ANTLERS 1311

EN COLABORACIÓN CON LA COALICIÓN DE PREVENCIÓN DE WINDHAM, EL DEPARTAMENTO DE POLICÍA Y BOMBEROS DE WILLIMANTIC Y TONY'S PIZZA PRESENTAN

## EVENTO DE CONCIENTIZACIÓN SOBRE DROGAS Y SEGURIDAD INFANTIL

### PARA PADRES Y JÓVENES

*Habrà traductores de español disponibles durante el evento.*

### ALMUERZO INCLUIDO – GRATIS

Almuerzo de pasta gratuito para todos

SÁBADO

**14 DE MARZO DE 2026**

12pm – 3pm

**ELKS LODGE 1311**

(SALÓN INFERIOR)  
198 PLEASANT ST.  
WILLIMANTIC, CT

✓ **ESCUCHE TESTIMONIOS PODEROSOS**

✓ **FORO PARA PADRES Y ADULTOS**

21 POR UNA RAZÓN: Prevención del uso de sustancias entre jóvenes

✓ **FORO JUVENIL: (GRADOS 6-12)**

¡Participa, empodérate y lidera!

✓ **OBSEQUIOS GRATUITOS DE SEGURIDAD:**

Cascos para bicicletas, alarmas de humo y detectores de monóxido de carbono (Mientras duren las existencias)



**ESTE EVENTO ES GRATUITO Y ABIERTO A LA COMUNIDAD**

Se anima a padres e hijos a asistir juntos.

**CONFIRMAR ASISTENCIA ANTES DEL 8 DE MARZO**

Enviar un correo electrónico a: [WillimanticElksEvents@gmail.com](mailto:WillimanticElksEvents@gmail.com)

Incluir los nombres de los asistentes y las edades de los niños.

*Los menores de 18 años deben estar acompañados por un adulto.*

Willington/Ashford/Mansfield & Surrounding towns

# WAM United Soccer Club SPRING Registration 2026 is OPEN!



**Serving the community since 1971**

*We love and appreciate our sponsors!*

*Gansett Wraps*

*Pizza Mike's Pizzeria*

*Storrs Family Dentistry*

*Village Springs*

*Raggi State Farm Insurance*

*King Home Selling Team*

*Nautical Bowls*

*Julien's Roofing*

*Lindsey Niarhakos RE/MAX One*

Want to be a sponsor? Contact us at  
[wamunitedsoccerclub@gmail.com](mailto:wamunitedsoccerclub@gmail.com)

## WAM Programs:

- Little Kicks 2019-2022 Birth Year
- Developmental Program 2018-2019 Birth Year
- Recreation Program 2011-2017 Birth Year
- \*Competitive Program 2011-2017 Birth Year
  - \*Invitation only based on previous tryout
- Potential U19 co-ed team for high schoolers- if there is enough interest

## Register at:

[www.wamunited.com](http://www.wamunited.com)

## Registration Deadline:

February 22, 2026 - Early Bird Price

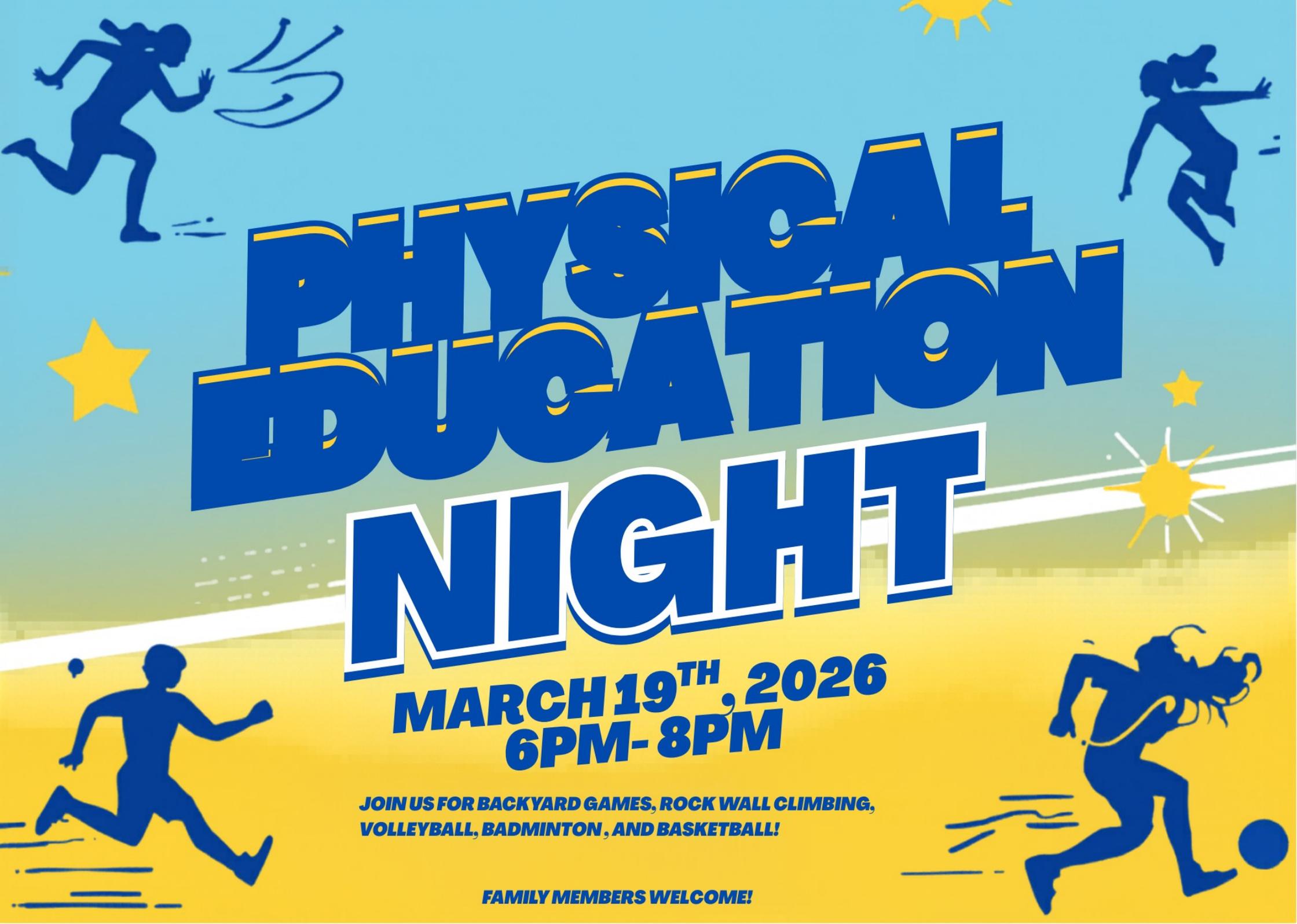
March 15, 2026- Regular Price

\*WAM believes that cost should never prevent any child from playing soccer. Please email us at the email below if the cost of registration is an issue for your family this season.

If you have any questions, please contact us at  
[wamreg2026@gmail.com](mailto:wamreg2026@gmail.com)

## Coaches/Volunteers

WAM is currently in need of parents/volunteers willing to be involved as coaches, assistant coaches and managers. We are also looking for those who want to work with us on the board. Contact us at  
[wamunitedsoccerclub@gmail.com](mailto:wamunitedsoccerclub@gmail.com)



# PHYSICAL EDUCATION NIGHT

**MARCH 19<sup>TH</sup>, 2026  
6PM-8PM**

**JOIN US FOR BACKYARD GAMES, ROCK WALL CLIMBING,  
VOLLEYBALL, BADMINTON, AND BASKETBALL!**

**FAMILY MEMBERS WELCOME!**

# MMS Athletic Clearance for School Sports

**To: Parents/Guardians of students in Grade 7 and Grade 8**

I hope everyone has had a great Winter. We are looking forward to the start of the Spring athletic season. Baseball, Softball and Track will begin on Monday, March 23. Baseball and softball will have three days of tryouts, 3/23-3/25. Track & field is a non-tryout team. There will be an informational meeting with students interested in being on one of the teams in early March during school. Below are links with information about the teams and season. The season schedules can be found on our athletic page on the school website. If you have additional questions please reach out to me at [bucktr@mansfieldct.org](mailto:bucktr@mansfieldct.org) and if a follow up phone call is needed I would be happy to do that as well.

The sports registration process at MMS will be as follows. Students who plan to participate in school sports must have the required forms listed below on file **prior to tryouts and practices**.

**\*All forms should be handed in to Mr. Buck ASAP but no later than Monday, March 23. Forms can also be filled out and emailed to Ted Buck (Athletic Director) at any point beginning immediately. Forms can be sent to [bucktr@mansfieldct.org](mailto:bucktr@mansfieldct.org).**

**\*\*Students who participated in athletics during the Fall or Winter do not need to complete new forms unless something has changed with health, personal information or contacts.**

Required Forms Include:

1. **Sports Permission Form**-completed by parent/guardian and signed by parent/guardian.
2. **Concussion & Cardiac Arrest Consent Policy**- To review our current Concussion and Cardiac Arrest Consent Policy please click on this link:  
[https://docs.google.com/document/d/1Siw9xh8CqtBgQ33bTmVy9yEOWY1aAyRY8\\_IC1r7Cr0/edit?usp=sharing](https://docs.google.com/document/d/1Siw9xh8CqtBgQ33bTmVy9yEOWY1aAyRY8_IC1r7Cr0/edit?usp=sharing) After reviewing the policy please sign the disclosure at the bottom of the **Sports Permission Form**.
3. **Sports Participation Health Record**-completed and signed by a parent/guardian and student.
4. **Physical Exam**-Completed by an MD, PA or APRN. **Physicals are valid for 2 calendar years and may expire during the school year. This will be verified and checked by the school nurse prior to tryouts. Families have been notified if they need a new physical.**

If students fail to hand in the forms to Mr. Buck **prior to tryouts or practice**, they will not be permitted to participate until they do so.

<b>Fall Sports</b>	<b>Winter Sports</b>	<b>Spring Sports</b>
<i>Tryouts in September</i>	<i>Tryouts in December</i>	<i>Tryouts in March</i>
Boys & Girls Soccer	Boys & Girls Basketball	Boys Baseball
Boys & Girls Cross Country (no tryouts)		Girls Softball
		Boys and Girls Track & Field (no tryouts)

Copies of the required forms can be found at the following links as well as on the Athletics page:

**Sports Permission Form:**

<https://drive.google.com/file/d/1qgD6LdxO-4OSDmca4yQq-cotGE4paDM-/view?usp=sharing>

**Concussion and Cardiac Arrest Consent Policy:**

[https://docs.google.com/document/d/1Siw9xh8CqtBgQ33bTmVy9yEQWY1aAyRY8\\_ICl1r7Cr0/edit?usp=sharing](https://docs.google.com/document/d/1Siw9xh8CqtBgQ33bTmVy9yEQWY1aAyRY8_ICl1r7Cr0/edit?usp=sharing)

**Sports Participation Health Record:**

<https://drive.google.com/file/d/1FkONRHkxmXU2q6mhV2ArBR5mSeJxvMOZ/view?usp=sharing>

**Physical Examination:**

**Only needed if expired or will expire prior to conclusion of season (nurse will contact if needed):**

<https://docs.google.com/document/d/1K6dWpKCJwbpJ9ZKxv-ffysU7jxnWagFYD1RMHODgZZO/edit?usp=sharing>

Sincerely,

Ted Buck  
Athletic Director

**STATE REGULATION FOR SPORTS PARTICIPANTS REGARDING MEDICATION:**

Student medications (inhaler or EpiPen) from the health room cannot be shared with coaches for use during interscholastic sports. If your child has an authorization for these medications on file in the health room, an additional inhaler or EpiPen must be provided for use during interscholastic sports.

**Important Note to Parents/Guardians:**

The MMS Health Room closes daily at 3:00. There is **no nursing coverage** for after school clubs, sports or activities. If your child has a known medical need (such as; asthma, severe allergy, seizures, diabetes...) and may need medication or medical supervision during after school sports, a parent/guardian must contact the school nurse in order to make the necessary plans or arrangements. The appropriate care and guidelines will be delegated to the coaches. MMS does not provide nursing coverage beyond the school day. These arrangements will need to be updated for each sport your child participates in each quarter.

Mansfield Middle School Presents

**DARE TO  
DREAM**  
A **Disney** MUSICAL REVUE 

Music Adapted and Arranged by  
**PATRICK SULKEN**

Orchestrations by  
**PATRICK SULKEN**

Additional Vocal Arrangements by  
**BRITT BONNEY**

With Songs by (in alphabetical order):

Kristen Anderson-Lopez, Howard Ashman, Frank Churchill, Phil Collins, Mack David, Mikkel Eriksen, Sia Furler, Terry Gilkyson, Leigh Harline, Tor Hermansen, Al Homan, Elton John, Phillip Lawrence, Jerry Livingston, Robert Lopez, Alan Menken, Lin-Manuel Miranda, Larry Morey, Davy Nathan, Randy Newman, Tim Rice, Stephen Schwartz, Richard M. Sherman, Robert B. Sherman, Glenn Slater, Ned Washington, David Zippel

-Friday, March 27 at 7pm

-Sunday, March 29 at 1pm

-Saturday, March 28 at 7pm

-Doors Open ½ Hour Before

All Tickets are \$10 (children 3 and under free) and are available at the door or in advance online for purchase through the Event Brite site using this link:

[Dare to Dream Jr](#)



# PJ Run For a Cause

## 5K Run/Walk & Kids Fun Run

Supporting the Betsy Hamill Campership Program.  
Providing the experience of summer camp to families in need.

**Saturday, March 28th, 12:30 Start**

**Mansfield Middle School**

(205 Spring Hill Road, Mansfield, CT)

Register by February 28<sup>th</sup> for lowest price.

First 100 registrants get a FREE T-shirt.

**Register Here**

Or by scanning the QR code

For more race information:

[www.runsignup.com/Race/CT/StorrsMansfield/PJRunForACause5K](http://www.runsignup.com/Race/CT/StorrsMansfield/PJRunForACause5K)

### **Contact Human Services**

Phone: 860-429-3315

Email: [human.services@mansfieldct.org](mailto:human.services@mansfieldct.org)

<https://www.mansfieldct.gov/2716/Giving-Donations>

Scan me



**2025-2026**  
**Mansfield Middle School**  
**YEARBOOK**  
**On Sale Now - Order Before April 11, 2026**  
**Yearbook price \$28.00**

You can purchase yearbooks online now!

Simply go to <https://jostensyearbooks.com/?REF=A01085650> and select Mansfield Middle School as your school. Just follow the prompts to order your yearbook!

Order online at <https://jostensyearbooks.com>  
Click on Yearbook then click on **"Buy Your Yearbook"**  
Enter the school name, city and state, then place your order.

If you have any questions or need assistance, feel free to contact yearbook advisor Jenny Roberts via email at [robertsj@mansfieldct.org](mailto:robertsj@mansfieldct.org)

You can order a yearbook by sending in a check made payable to: MMS STUDENT ACTIVITY FUND

***Please print and return to homeroom teacher with payment***

Student Name \_\_\_\_\_ Grade \_\_\_\_\_ HR # \_\_\_\_\_

Name of person ordering \_\_\_\_\_

Number of yearbooks ordered \_\_\_\_\_

Amount enclosed \_\_\_\_\_ Cash or Check \_\_\_\_\_



PRESENTED BY MMSA

# FLOWER POWER FUNDRAISER

Spring will be here soon and you know what that means! You will need beautiful flowers to plant in your garden. Please purchase some bulbs and seeds to help support the Mansfield Middle School Association.

**CLICK LINK BELOW OR SCAN  
QR CODE TO PURCHASE**

<https://www.flowerpowerfundraising.com/index.php/marketplace/seller/profile/show/mmsroadrunners>



**Sale ends on May 15th . All purchases are shipped directly to the buyer.  
If you have any questions please email [contactmmsa@gmail.com](mailto:contactmmsa@gmail.com)**