



MMS School Counseling

A WEEKLY NEWSLETTER ABOUT OUR SCHOOL COUNSELING PROGRAM



WEEK OF MARCH 12

THIS WEEK

UCONN MENTORS ARE BACK!
UCONN MENTORS HAVE STARTED FOR THE SPRING SEMESTER. STUDENTS HAVE THE OPPORTUNITY TO CONNECT WITH AND RECEIVE EXTRA HELP FROM A COLLEGE STUDENT. WE APPRECIATE THIS COMMUNITY CONNECTION!



FROM THE STUDENTS..

" I LOVE WORKING WITH A UCONN MENTOR. IT'S NICE TO GET HELP WITH MY HOMEWORK AND TO HAVE A COOL PERSON TO LOOK UP TO"
~MMS 5TH GRADER

CONNECTING

OUR COUNSELING TEAM IS COMMITTED TO WORKING CLOSELY WITH TEACHERS TO ENSURE EVERY STUDENT FEELS SEEN AND SUPPORTED THROUGHOUT THE SCHOOL DAY. ONE OF THE WAYS WE ARE DOING THIS IS THROUGH OUR PARTNERSHIP WITH THE UCONN MENTOR PROGRAM, WHICH PROVIDES STUDENTS WITH POSITIVE ROLE MODELS AND AN EXTRA LAYER OF ENCOURAGEMENT.



STAY IN TOUCH

- **MRS. EILEEN MELODY**
melodyem@mansfieldct.org
7th and 8th Grade Counselor
- **MRS. KRISTINA LEE**
leek@mansfieldct.org
5th and 6th Grade Counselor
- **MRS. JENNIFER ROBERTS**
robertsj@mansfieldct.org
5th-8th Grade Counseling Support



CONSIDER THIS

Middle school is a weird in-between phase where "adult advice" often goes in one ear and out the other. That's where a college mentor comes in. Since they're just a few years ahead, they still remember the chaos of lockers and math tests, but they've also got the "big picture" perspective of university life. It's less like a lecture and more like having a savvy older sibling to show them the ropes—someone who can talk about future goals and study habits without it feeling like another chore on the to-do list.



Mansfield Middle School Presents

**DARE TO
DREAM**
A **Disney** MUSICAL REVUE 

Music Adapted and Arranged by
PATRICK SULKEN

Orchestrations by
PATRICK SULKEN

Additional Vocal Arrangements by
BRITT BONNEY

With Songs by (in alphabetical order):

Kristen Anderson-Lopez, Howard Ashman, Frank Churchill, Phil Collins, Mack David, Mikkel Eriksen, Sia Furler, Terry Gilkyson, Leigh Harline, Tor Hermansen, Al Homan, Elton John, Phillip Lawrence, Jerry Livingston, Robert Lopez, Alan Menken, Lin-Manuel Miranda, Larry Morey, Davy Nathan, Randy Newman, Tim Rice, Stephen Schwartz, Richard M. Sherman, Robert B. Sherman, Glenn Slater, Ned Washington, David Zippel

-Friday, March 27 at 7pm

-Sunday, March 29 at 1pm

-Saturday, March 28 at 7pm

-Doors Open ½ Hour Before

All Tickets are \$10 (children 3 and under free) and are available at the door or in advance online for purchase through the Event Brite site using this link:

[Dare to Dream Jr](#)

Notes from the Health Office about Head Lice

Dear Parents and Guardians,

We want to share some information about head lice (pediculosis). Finding lice can happen to anyone; it is not related to cleanliness. It is very common in school-aged children. The key is catching it early and acting fast!

Lice are transmitted most commonly by head-to-head contact. Lice cannot fly or jump; they only crawl. Lice can also spread when sharing items that touch the head, such as hats and brushes. Focusing on avoiding close head contact and limiting the sharing of these items is the best prevention.

How to Check Your Child's Hair:

We recommend checking your child's head routinely, especially around the neck and ears. A thorough check only takes a few minutes and is the best way to keep things under control.

What to Look For: Use bright light to look closely at the hair near the scalp.

- Nits (Eggs): These look like tiny yellowish or white specks that are cemented tightly to the hair strand. If you try to slide them off and they don't budge, they are likely nits.
- Lice (Bugs): These are small, fast-moving insects, often brown or grayish.

If You Find Lice:

- Treat the Head: Pick up an over-the-counter lice treatment from the pharmacy and make sure to follow the instructions carefully.
- Comb Every Day: Daily combing with the metal lice comb is the key to success. Keep combing every day until you haven't seen any nits or live lice for three days straight.
- Second Treatment: Mark your calendar! Many treatments require a second application in about a week (7–10 days) to kill any eggs that hatched after the first treatment.
- Home Cleanup: Wash bedding, towels, and clothes used recently in hot water and dry them on the hot cycle. Vacuum the areas where your child rests their head (like couches and car seats).
- Bag items that can't be washed for at least two weeks.

If you find live lice or nits, please call or email the Health Office.

Thank you for helping to keep our school community comfortable and healthy. Please feel free to reach out if you have any questions.

Sincerely,

Danielle Caro, RN

Mansfield Middle School Nurse

carod@mansfieldct.org 860 429-9341

Help *Shape the Future* of Mansfield Public Schools



The district's goal is to better understand the perceptions, hopes, and dreams our community holds for Mansfield Public Schools and the youth we serve.

Your Voice Matters

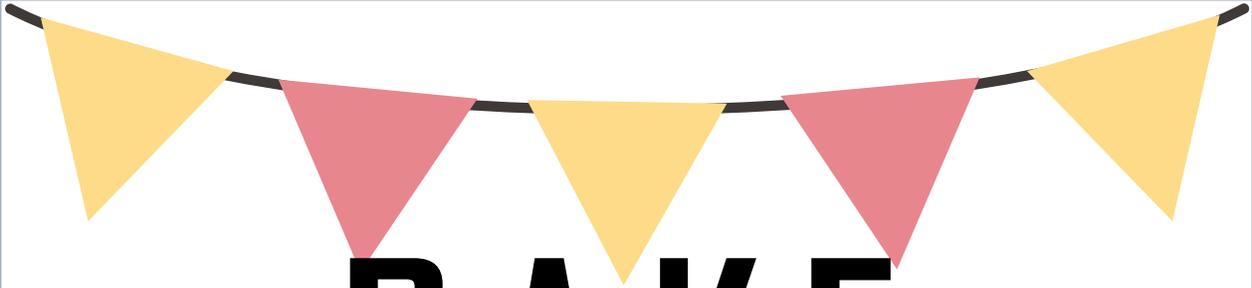
Please use the QR code below to give us your input, or visit our website:

www.mansfieldct.gov/schools

MANSFIELD
CONNECTICUT

Public Schools





BAKE SALE

during the

MMS SLCC CONFERENCES

MARCH 11: 12:30-3:00PM

MARCH 12: 5:00-7:00PM

MARCH 13: 12:30-3:00PM

All proceeds go to the MMSA, which in turn funds teacher grants and student needs.



Please email contactmmsa@gmail.com
if you are able to donate baked goods
to the cause!



Helping the Planet, One Bag at a Time!



MMSA

Mansfield Middle School Association

Buy a bag that's better for all. When you purchase this \$2.50 reusable Community Bag at our designated Big Y store during our selection month, it will send our organization a \$1 donation to help us further our work. Thank you for your support!

bigy.2givelocal.com
Community Bag Program



Benefiting Organization:

Mansfield
Middle
School
Association

Our Benefiting Month:

March
2026

Big Y Location:

Big Y
141B Storrs Road,
Mansfield CT

WILLIMANTIC ELKS & ANTLERS 1311

IN PARTNERSHIP WITH THE WINDHAM PREVENTION COALITION,
WILLIMANTIC POLICE & FIRE DEPARTMENT,
AND TONY'S PIZZA PRESENT

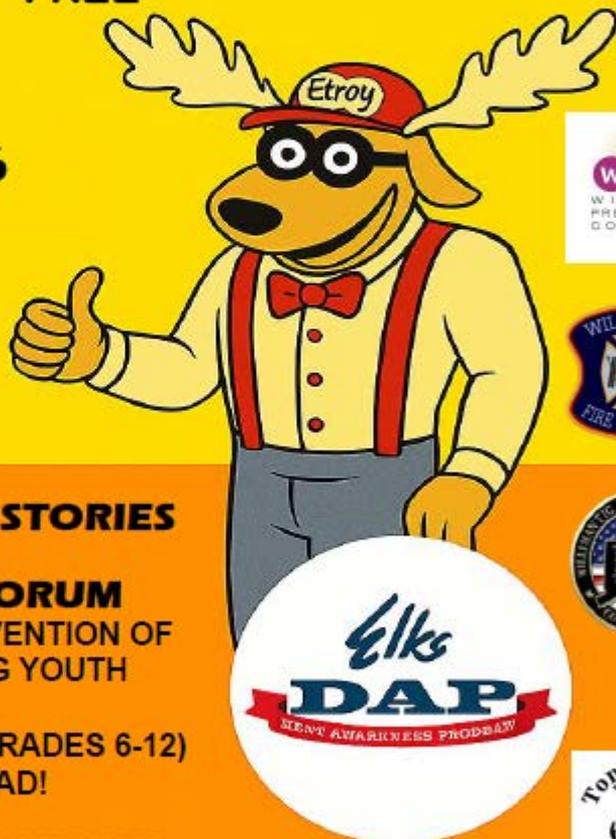
DRUG AWARENESS & KID SAFETY EVENT

FOR PARENTS & YOUTH

LUNCH INCLUDED – FREE
PASTA LUNCH FOR ALL

SATURDAY
MARCH 14, 2026
12pm – 3pm

ELKS LODGE 1311
(LOWER HALL)
198 PLEASANT ST.
WILLIMANTIC, CT



✓ **HEAR POWERFUL STORIES**

✓ **PARENT/ADULT FORUM**
21 FOR A REASON: PREVENTION OF
SUBSTANCE USE AMONG YOUTH

✓ **YOUTH FORUM:** (GRADES 6-12)
ENGAGE, EMPOWER, LEAD!

✓ **FREE SAFETY GIVEAWAYS:** (WHILE SUPPLIES LAST)
BIKE HELMETS, SMOKE ALARMS & CARBON MONOXIDE DETECTORS

THIS EVENT IS FREE AND OPEN TO THE COMMUNITY.
PARENTS & CHILDREN ARE ENCOURAGED TO ATTEND TOGETHER.

RSVP by MARCH 8

Email the WillimanticElksEvents@gmail.com
Include attendee names and children's ages.

Those under 18 years of age to be accompanied by an adult.

WILLIMANTIC ELKS & ANTLERS 1311

EN COLABORACIÓN CON LA COALICIÓN DE PREVENCIÓN DE WINDHAM, EL DEPARTAMENTO DE POLICÍA Y BOMBEROS DE WILLIMANTIC Y TONY'S PIZZA PRESENTAN

EVENTO DE CONCIENTIZACIÓN SOBRE DROGAS Y SEGURIDAD INFANTIL

PARA PADRES Y JÓVENES

Habrà traductores de español disponibles durante el evento.

ALMUERZO INCLUIDO – GRATIS

Almuerzo de pasta gratuito para todos

SÁBADO

14 DE MARZO DE 2026

12pm – 3pm

ELKS LODGE 1311

(SALÓN INFERIOR)
198 PLEASANT ST.
WILLIMANTIC, CT

✓ **ESCUCHE TESTIMONIOS PODEROSOS**

✓ **FORO PARA PADRES Y ADULTOS**

21 POR UNA RAZÓN: Prevención del uso de sustancias entre jóvenes

✓ **FORO JUVENIL: (GRADOS 6-12)**

¡Participa, empodérate y lidera!

✓ **OBSEQUIOS GRATUITOS DE SEGURIDAD:**

Cascos para bicicletas, alarmas de humo y detectores de monóxido de carbono (Mientras duren las existencias)



ESTE EVENTO ES GRATUITO Y ABIERTO A LA COMUNIDAD

Se anima a padres e hijos a asistir juntos.

CONFIRMAR ASISTENCIA ANTES DEL 8 DE MARZO

Enviar un correo electrónico a: WillimanticElksEvents@gmail.com

Incluir los nombres de los asistentes y las edades de los niños.

Los menores de 18 años deben estar acompañados por un adulto.

Willington/Ashford/Mansfield & Surrounding towns

WAM United Soccer Club SPRING Registration 2026 is OPEN!



Serving the community since 1971

We love and appreciate our sponsors!

Gansett Wraps

Pizza Mike's Pizzeria

Storrs Family Dentistry

Village Springs

Raggi State Farm Insurance

King Home Selling Team

Nautical Bowls

Julien's Roofing

Lindsey Niarhakos RE/MAX One

Want to be a sponsor? Contact us at
wamunitedsoccerclub@gmail.com

WAM Programs:

- Little Kicks 2019-2022 Birth Year
- Developmental Program 2018-2019 Birth Year
- Recreation Program 2011-2017 Birth Year
- *Competitive Program 2011-2017 Birth Year
 - *Invitation only based on previous tryout
- Potential U19 co-ed team for high schoolers- if there is enough interest

Register at:

www.wamunited.com

Registration Deadline:

February 22, 2026 - Early Bird Price

March 15, 2026- Regular Price

*WAM believes that cost should never prevent any child from playing soccer. Please email us at the email below if the cost of registration is an issue for your family this season.

If you have any questions, please contact us at
wamreg2026@gmail.com

Coaches/Volunteers

WAM is currently in need of parents/volunteers willing to be involved as coaches, assistant coaches and managers. We are also looking for those who want to work with us on the board. Contact us at
wamunitedsoccerclub@gmail.com



MARCH MADNESS

TEEN NIGHT

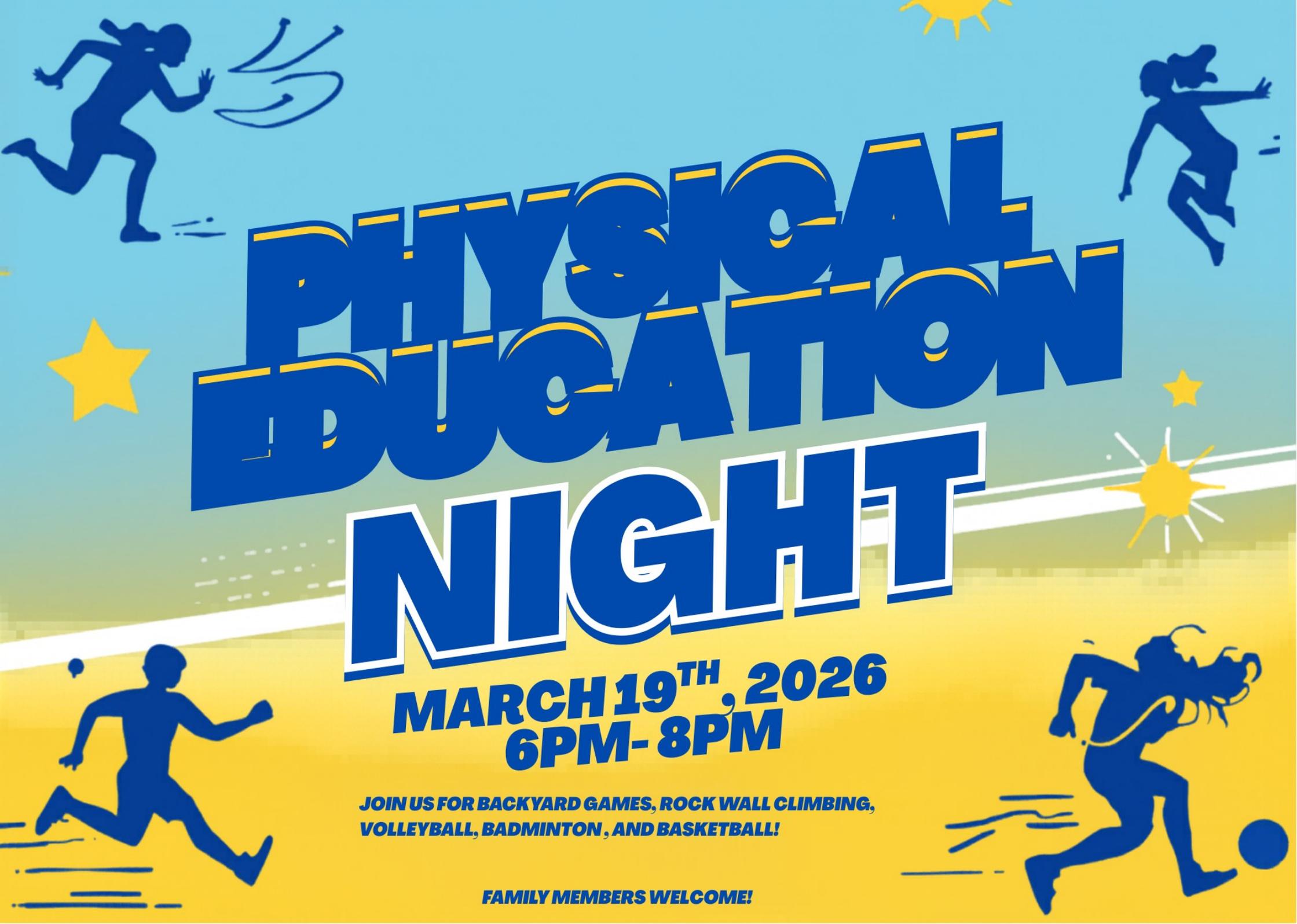
MARCH 19

6-7PM

Buchanan Auditorium
Mansfield Library

FREE PIZZA!

Minute-to-Win-It Challenges, Snacks &
NBA 2K25 on Nintendo Switch



PHYSICAL EDUCATION NIGHT

**MARCH 19TH, 2026
6PM-8PM**

**JOIN US FOR BACKYARD GAMES, ROCK WALL CLIMBING,
VOLLEYBALL, BADMINTON, AND BASKETBALL!**

FAMILY MEMBERS WELCOME!

MMSA INVITES ALL FAMILIES TO
**ROLLERSKATING
DAY!**

PARENT SUPERVISION
REQUIRED

March 22, 1-4pm

Ron-A-Roll

85 S. Frontage Rd.,
Vernon, CT

- \$13 ENTRY
- \$5.65 SKATE RENTALS
- FOOD COURT



PARENTS CAN SKATE, TOO!



SCAN THE QR CODE
WITH MOBILE DEVICE

TO SAVE TIME,
PLEASE SIGN WAIVER
AHEAD OF YOUR VISIT

(NOT A FUNDRAISER- JUST FOR FUN!)

WWW.ROAROLL.COM



MMS Athletic Clearance for School Sports

To: Parents/Guardians of students in Grade 7 and Grade 8

I hope everyone has had a great Winter. We are looking forward to the start of the Spring athletic season. Baseball, Softball and Track will begin on Monday, March 23. Baseball and softball will have three days of tryouts, 3/23-3/25. Track & field is a non-tryout team. There will be an informational meeting with students interested in being on one of the teams in early March during school. Below are links with information about the teams and season. The season schedules can be found on our athletic page on the school website. If you have additional questions please reach out to me at bucktr@mansfieldct.org and if a follow up phone call is needed I would be happy to do that as well.

The sports registration process at MMS will be as follows. Students who plan to participate in school sports must have the required forms listed below on file **prior to tryouts and practices**.

***All forms should be handed in to Mr. Buck ASAP but no later than Monday, March 23. Forms can also be filled out and emailed to Ted Buck (Athletic Director) at any point beginning immediately. Forms can be sent to bucktr@mansfieldct.org.**

****Students who participated in athletics during the Fall or Winter do not need to complete new forms unless something has changed with health, personal information or contacts.**

Required Forms Include:

1. **Sports Permission Form**-completed by parent/guardian and signed by parent/guardian.
2. **Concussion & Cardiac Arrest Consent Policy**- To review our current Concussion and Cardiac Arrest Consent Policy please click on this link:
https://docs.google.com/document/d/1Siw9xh8CqtBgQ33bTmVy9yEOWY1aAyRY8_IC1r7Cr0/edit?usp=sharing After reviewing the policy please sign the disclosure at the bottom of the **Sports Permission Form**.
3. **Sports Participation Health Record**-completed and signed by a parent/guardian and student.
4. **Physical Exam**-Completed by an MD, PA or APRN. **Physicals are valid for 2 calendar years and may expire during the school year. This will be verified and checked by the school nurse prior to tryouts. Families have been notified if they need a new physical.**

If students fail to hand in the forms to Mr. Buck **prior to tryouts or practice**, they will not be permitted to participate until they do so.

Fall Sports	Winter Sports	Spring Sports
<i>Tryouts in September</i>	<i>Tryouts in December</i>	<i>Tryouts in March</i>
Boys & Girls Soccer	Boys & Girls Basketball	Boys Baseball
Boys & Girls Cross Country (no tryouts)		Girls Softball
		Boys and Girls Track & Field (no tryouts)

Copies of the required forms can be found at the following links as well as on the Athletics page:

Sports Permission Form:

<https://drive.google.com/file/d/1qgD6LdxO-4OSDmca4yQq-cotGE4paDM-/view?usp=sharing>

Concussion and Cardiac Arrest Consent Policy:

https://docs.google.com/document/d/1Siw9xh8CqtBgQ33bTmVy9yEQWY1aAyRY8_ICl1r7Cr0/edit?usp=sharing

Sports Participation Health Record:

<https://drive.google.com/file/d/1FkONRHkxmXU2q6mhV2ArBR5mSeJxvMOZ/view?usp=sharing>

Physical Examination:

Only needed if expired or will expire prior to conclusion of season (nurse will contact if needed):

<https://docs.google.com/document/d/1K6dWpKCJwbpJ9ZKxv-ffysU7jxnWagFYD1RMHO DgZZO/edit?usp=sharing>

Sincerely,

Ted Buck
Athletic Director

STATE REGULATION FOR SPORTS PARTICIPANTS REGARDING MEDICATION:

Student medications (inhaler or EpiPen) from the health room cannot be shared with coaches for use during interscholastic sports. If your child has an authorization for these medications on file in the health room, an additional inhaler or EpiPen must be provided for use during interscholastic sports.

Important Note to Parents/Guardians:

The MMS Health Room closes daily at 3:00. There is **no nursing coverage** for after school clubs, sports or activities. If your child has a known medical need (such as; asthma, severe allergy, seizures, diabetes...) and may need medication or medical supervision during after school sports, a parent/guardian must contact the school nurse in order to make the necessary plans or arrangements. The appropriate care and guidelines will be delegated to the coaches. MMS does not provide nursing coverage beyond the school day. These arrangements will need to be updated for each sport your child participates in each quarter.



PJ Run For a Cause

5K Run/Walk & Kids Fun Run

Supporting the Betsy Hamill Campership Program.
Providing the experience of summer camp to families in need.

Saturday, March 28th, 12:30 Start

Mansfield Middle School

(205 Spring Hill Road, Mansfield, CT)

Register by February 28th for lowest price.

First 100 registrants get a FREE T-shirt.

Register Here

Or by scanning the QR code

For more race information:

www.runsignup.com/Race/CT/StorrsMansfield/PJRunForACause5K

Contact Human Services

Phone: 860-429-3315

Email: human.services@mansfieldct.org

<https://www.mansfieldct.gov/2716/Giving-Donations>

Scan me



2025-2026
Mansfield Middle School
YEARBOOK
On Sale Now - Order Before April 11, 2026
Yearbook price \$28.00

You can purchase yearbooks online now!

Simply go to <https://jostensyearbooks.com/?REF=A01085650> and select Mansfield Middle School as your school. Just follow the prompts to order your yearbook!

Order online at <https://jostensyearbooks.com>
Click on Yearbook then click on "**Buy Your Yearbook**"
Enter the school name, city and state, then place your order.

If you have any questions or need assistance, feel free to contact yearbook advisor Jenny Roberts via email at robertsj@mansfieldct.org

You can order a yearbook by sending in a check made payable to: MMS STUDENT ACTIVITY FUND

Please print and return to homeroom teacher with payment

Student Name _____ Grade _____ HR # _____

Name of person ordering _____

Number of yearbooks ordered _____

Amount enclosed _____ Cash or Check _____

MANSFIELD MIDDLE SCHOOL ASSOCIATION

THE CIRCUS IS HERE!

RINGLING
BROS. & BARNUM & BAILEY
presents

THE
GREATEST
SHOW ON EARTH

**PEOPLESBANK ARENA
HARTFORD, CT**

LOWER BOWL TICKETS: \$49.87

UPPER BOWL TICKETS: \$32.58

THURS. APR. 23RD | 7 PM

**TO ORDER PLEASE SCAN THE QR
CODE OR USE THE URL**

**[https://www.gofevo.com/event/
MMSA26RBBC](https://www.gofevo.com/event/MMSA26RBBC)**



**** This offer is NOT available at The Hartford Ticket Office at PeoplesBank Arena or on date of show ****

FINAL DATE TO ORDER: MON. APR. 13TH

FOR MORE INFORMATION OR TO ORDER CONTACT

JULIA BABCOCK

CONTACTMMSA@GMAIL.COM



PRESENTED BY MMSA

FLOWER POWER FUNDRAISER

Spring will be here soon and you know what that means! You will need beautiful flowers to plant in your garden. Please purchase some bulbs and seeds to help support the Mansfield Middle School Association.

**CLICK LINK BELOW OR SCAN
QR CODE TO PURCHASE**

<https://www.flowerpowerfundraising.com/index.php/marketplace/seller/profile/show/mmsroadrunners>



**Sale ends on May 15th . All purchases are shipped directly to the buyer.
If you have any questions please email contactmmsa@gmail.com**