



## Mansfield Youth Basketball COVID Safety Protocols 2021

Revised December 22, 2020

This document is to provide details on preventative measures Mansfield Youth Recreation Basketball will take to help reduce the spread of COVID 19 throughout our community during the winter. The skills and drills format is planned to start on January 23, 2021 and go through April 3, 2021. There will be two 5 week sessions for each age group.

Changes to these measures and/or additional measures may be required due to state and local requirements.

Instructors and volunteer assistants will review these measures with participants, and also ask families to review with each participant. Families are responsible for maintaining social distancing in accordance with state and local requirements. We are asking parents and guardians to refrain from staying in the gym during the program. Parents and guardians can bring their child to the gym door entrance no more than 5 minutes before the program start time and pick up at the conclusion of their session. There will be a 15 minute break in between groups to get groups out and the next group in.

### General Preventative Measures:

**Self-Check** – participants and families will be asked to self-check/symptom check prior to arrival at the community center. Anyone with symptoms will be asked to remain home.

Symptoms include;

Fever or chills

Cough

Shortness of breath or difficulty breathing

Fatigue

Muscle or body aches

Headache

New loss of taste or smell

Sore throat

Congestion or runny nose

Nausea or vomiting

Diarrhea

- Current guidance on exposure can be found on CDC website at: <https://www.cdc.gov/coronavirus/2019-ncov/php/public-health-recommendations.html>
- Signage – Clearly marked signage will be posted reminding participants, instructors and volunteer assistants of social distancing and warnings

- Encourage participants to follow best social distancing practices – stay six (6) feet away from individuals outside their household, wear cloth face coverings at all times, and avoiding hand contact with participants, instructors and volunteer assistants.
- Anyone with a known exposure to a person with COVID-19 should not attend any sessions until cleared by a medical professional
- PPE- Participants will be required to wear masks during each session.
- Mansfield Parks and Recreation will provide hand sanitizer and sanitizer spray.
  - Instructors and volunteer assistants should utilize hand sanitizer with participants before each session and in breaks during each session.
  - Instructors and volunteer assistants will be responsible for sanitizing: 1) balls; 2) chairs 3) additional touch points.
  - Touch points are locations that people often touch.

**Spectators:**

- Parents and guardians can bring their children into the community center and program instructors will sign them in.
- Parents and guardians will not be permitted to stay in the gym during the program.
- 5 minutes prior to the end of the program, parents and guardians can come back into the gym to get their children.
- Spectators will not be permitted to attend. No others are allowed to attend during sessions.
- We encourage families and spectators to stay in their vehicles while their child is participating.
- Participants should vacate the facility as soon as reasonably possible after the conclusion of their session to minimize unnecessary contact with participants, instructors and volunteer assistants.

**Water bottles:**

- Participants, instructors and volunteer assistants should bring their own personal labeled water bottles to the program, there should be no shared beverages
- No food is allowed in the gym.

**Equipment:**

- Parents are encouraged to clean and disinfect participant's equipment (e.g., bags, balls, clothing, etc.) to the extent practical.
- Participant's equipment should be spaced at least six (6) feet apart at all times.
- Participants are strongly encouraged to have their own basketball.
- Instructors, volunteer assistants and participants should minimize the handling of participant's equipment to the extent practical.

**Skills and Drills Sessions:**

- Each session will be limited to instructors, volunteer assistants and participants only
- K-2 sessions will be 45 minutes and 3-8 will be 60 minutes.
- Cohorts will consist of 10 participants per session
- There is a 15 minute break in between sessions to allow ample time for participants, parents and guardians to drop off and pick up at the gym door entrance.
- Sessions will be staggered so groups will be out of gym in time for the next group.
- Participants will be asked to leave the gym immediately after their session.

**Games:**

- Games will not be played at this time. If sector rules change, scrimmages among cohort groups may be implemented to the skills and drills program.
- Instructor and volunteer assistants will be required to wear masks. Electronic whistles will be provided as needed during skills and drills sessions if scrimmages are permitted.

**Celebrations:**

- Participants, instructors and volunteer assistants should take measures to prevent all but the essential contact necessary. This should include refraining from handshakes, high fives, fist/elbow bumps, chest bumps, group celebrations, etc.
- At the conclusion of each session, participants will line-up across from each other, spaced at least 6 ft. apart. Each group will wave to the other participants within their group as a sign of good sportsmanship at the end of the session.