

Kelly M. Lyman  
Superintendent

December 22, 2020

Dear Mansfield Families

As we head into our winter break, we are writing to ask that all our families and staff continue to remain vigilant with mask wearing, distancing and hand washing. It has been shown that our mitigation practices WORK! Our positive COVID cases have been from community spread, *NOT* spread within our schools.

As we are sure you are aware, there has been an increase in cases post-Thanksgiving break. I hope you keep this in mind as you plan your activities over the next 2 weeks.

REMINDERS:

If staff or students have any travel plans, please adhere to the CT Travel Advisory guidelines, complete the Travel Form and have a COVID test as recommended.

- **Inform your school nurse if you are traveling.**
- Inform your nurse if staff or student has a positive COVID test, COVID symptoms and/or a known COVID exposure, **prior to returning** to school on 1/04/21.
- Self-Assess how you/your child is feeling prior to returning on 01/04/21.  
*PLEASE STAY HOME IF YOU ARE SICK*

Please see daily self-assessment instructions on the following page.  
Thank you and have a nice vacation.

Sincerely,

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## COVID-19 Daily SELF-ASSESSMENT

*People with COVID-19 have had a wide range of symptoms reported, ranging from mild symptoms to severe illness.*

*Symptoms may appear 2-14 days after exposure to the virus.*

DO YOU HAVE ANY OF THESE SYMPTOMS

- Fever (100.4° Fahrenheit or higher)
- Chills or shaking chills
- Uncontrolled new cough (not due to other known cause, such as chronic cough)
- Difficulty breathing or shortness of breath
- New loss of taste or smell
- Fatigue
- Muscle or body aches
- Headache
- Sore throat
- Congestion or runny nose
- Nausea or vomiting
- Diarrhea

**Headache? Sore Throat? Runny Nose? Congestion? Nausea? Vomiting? Diarrhea?**

**STAY HOME and contact your Healthcare Provider-**

ask if they recommend: a **COVID TEST?** further evaluation?

For information about **testing sites** ASK YOUR PROVIDER, <http://www.ehhd.org/> or look on [www.211.org](http://www.211.org)

We have almost made it to 2021 - hang in there!!

**Thank you in advance**